St. Stephen Protomartyr
Ukrainian Catholic Church
November, 1, 2026

Address:
4903 – 45th Street S.W.
Calgary, Alberta T3E 3W5

Office Hours
Mon-Thurs 9:00am –3:00pm

Telephone:
403-249-4818, press 0

Pastoral Emergencies:
403-249-4818, press 9

Email:
Office@Protomartyr.ca
Coordinator@Protomartyr.ca

Parish Website:
www.saintstephencalgary.ca

Parish Calendar:
www.saintstephencalgary.ca/calendar1.html

Facebook:
https://www.facebook.com/protomartyr.ca

Eparchy Website:
www.edmontoneparchy.com

DIVINE LITURGIES:

Sunday Divine Liturgies:

8:30 am—Bilingual
10:00 am—Rosary
10:30 am – English

Saturday Services:

3:00 pm—Confessions
4:00 pm — Great Vespers
5:00 pm - Divine Liturgy

Weekday Divine Liturgies:

9:00am - Tues / Wed / Thurs / Fri

Twenty-third Sunday after Pentecost; Octoechos Tone 6;
✢ Hieromartyr Theodore Romzha, Bishop of Mukachevo;
The Holy Wonderworkers and Unmercenaries Cosmas and Damian.
Polyeleos Feast. Resurrectional Gospel 1.
Passing into Eternal Life of the Servant of God Metropolitan Andrey Sheptytsky, 1944.

Troparia and Kontakia
Troparion, Tone 6: Angelic powers were upon Your tomb* and the guards became like dead men;* Mary stood before Your tomb* seeking Your most pure body.* You captured Hades without being overcome by it.* You met the Virgin and granted life.* O Lord, risen from the dead,* glory be to You!

Troparion, Tone 4: You followed the apostles' way of virtue, O priest-martyr Theodore,* and as a good Shepherd you protected the flock of Christ,* giving up your soul for it.* You, O blessed one, were killed by the godless,* thus entering eternal joy.* Adorned with wounds, O long-suffering one,* you received the crown of glory from the Lamb of God,* pray to Him for the salvation of our souls.
Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone 3: As a flower longs for the sun, so you loved the sun of truth, Christ God,* as a zealous Shepherd, you taught the wisdom of virtue through-out the Carpathian lands* revealing the deepest humility of life:* like a rock of faith, you blocked the way of the godless,* as a precious pearl, you accepted suffering even to the shedding of your blood,* and so today with heartfelt reverence we call upon you, O priest-martyr Theodore,* that you intercede for our sinful souls before the Throne of the All-Merciful One.
Now and for ever and ever. Amen.

Kontakion, Tone 6: With His life-giving hand* Christ our God, the Giver of life,* raised all the dead from the murky abyss* and bestowed resurrection upon humanity.* He is for all the Saviour,* the resurrection and the life, and the God of all.

Prokeimenon, Tone 6
Save Your people, O Lord, * and bless Your inheritance.
verse: Unto You I will cry, O Lord, my God, lest You turn from me in silence. *(Psalm 27:9,1)*

Prokeimenon, Tone 1
My mouth shall speak wisdom and the meditation of my heart understanding.

Epistle *- Ephesians 2:4-10*
Brothers and Sisters, God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ—by grace you have been saved— and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith, and this is not your own doing; it is the gift of God— not the result of works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

Alleluia, Tone 6
verse: He who lives in the aid of the Most High, shall dwell under the protection of the God of heaven.
verse: He says to the Lord: You are my protector and my refuge, my God, in Whom I hope. *(Psalm 90:1,2)*
verse: The mouth of the just man shall meditate wisdom and his tongue shall speak judgment.

HOLY MYSTERIES

CONFESSION:
Saturdays 3:00 pm
Sundays 10:00 am
OR by appointment
403-249-4818, ext. 1

MARRIAGE, BAPTISM-CHRISMATION-EUCHARIST, FUNERALS :
Contact the office at
Office@Protomartyr.ca

ANOINTING OF THE SICK:
For emergencies call
403-249-4818, ext. 9

DIVINE LITURGY INTENTIONS :
Arrangements with the office

CLERGY & RELIGIOUS

Pastor :

Father Janko Herbut
FatherJanko@protomartyr.ca
Office:403-249-4818, ext. 1

PARISH OFFICE

Office Administrator:
Linda Buck 403-249-4818, ext. 0
office@Protomartyr.ca

Communications Coordinator:
Mirna Farahat
coordinator@Protomartyr.ca

HALL RENTAL INQUIRIES

Contact the office : 403-249-4818

Upcoming events and Liturgy schedule can be found here: www.saintstephencalgary.ca/calendar1.html

Sunday liturgies Livestreaming link: www.youtube.com/@ststephenprotomartyr6181

Gospel - *Luke 8:26-39*
At that time, the Lord arrived at the country of the Gerasenes, which is opposite Galilee. As he stepped out on land, a man of the city who had demons met him. For a long time he had worn no clothes, and he did not live in a house but in the tombs. When he saw Jesus, he fell down before him and shouted at the top of his voice, "What have you to do with me, Jesus, Son of the Most High God? I beg you, do not torment me"— for Jesus had commanded the unclean spirit to come out of the man. (For many times it had seized him; he was kept under guard and bound with chains and shackles, but he would break the bonds and be driven by the demon into the wilds.) Jesus then asked him, "What is your name?" He said, "Legion"; for many demons had entered him. They begged him not to order them to go back into the abyss.
Now there on the hillside a large herd of swine was feeding; and the demons begged Jesus to let them enter these. So he gave them permission. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned.
When the swineherds saw what had happened, they ran off and told it in the city and in the country. Then people came out to see what had happened, and when they came to Jesus, they found the man from whom the demons had gone sitting at the feet of Jesus, clothed and in his right mind. And they were afraid. Those who had seen it told them how the one who had been possessed by demons had been healed. Then all the people of the surrounding country of the Gerasenes asked Jesus to leave them; for they were seized with great fear. So he got into the boat and returned. The man from whom the demons had gone begged that he might be with him; but Jesus sent him away, saying, "Return to your home, and declare how much God has done for you." So he went away, proclaiming throughout the city how much Jesus had done for him.

Communion Hymn
Praise the Lord from the heavens;* praise Him in the highest.* The just man shall be in everlasting remembrance;* of evil hearsay he shall have no fear.* Alleluia, alleluia,* alleluia.

Неділя 23 по Зісланні Святого Духа.

Тропарі і Кондаки
Тропар (глас 6): Ангельські сили на гробі Твоїм* і сторожі омертвіли;* Марія ж стояла при гробі,* шукаючи пречистого тіла Твого.* Полонив Ти ад і, не переможений від нього,* зустрів Ти Діву, даруючи життя.* Воскреслий з мертвих, Господи, слава Тобі!
+Слава Отцю, і Сину, і Святому Духові.

Прокімен (глас 6):
Спаси, Господи, * людей Твоїх * і благослови спадкоємство Твоє (Пс 27,9).
Стих: До Тебе, Господи, взиватиму; Боже мій, не відвертайсь мовчки від мене (Пс 27,1).

Апостол: (Еф 2,4-10)
*Браття і Сестри,*Бог, багатий милосердям, з-за великої своєї любови, якою полюбив нас, мертвих нашими гріхами, оживив нас разом із Христом – благодаттю ви спасені! – І разом з ним воскресив нас, і разом посадовив на небі у Христі Ісусі; щоб у наступних віках він міг показати надзвичайне багатство своєї благодаті у своїй доброті до нас у Христі Ісусі. Бо ви спасені благодаттю через віру. І це не від нас: воно дар Божий. Воно не від діл, щоб ніхто не міг хвалитися. Бо ми його створіння, створені у Христі Ісусі для добрих діл, які Бог уже наперед був приготував, щоб ми їх чинили.

Алилуя (глас 6):
Стих: Хто живе під охороною Всевишнього, під покровом Бога небесного оселиться (Пс 90,1).Стих: Скаже він Господеві: Ти заступник мій і пристановище моє, Бог мій, на котрого я надіюся (Пс 90,2).

Євангеліє: (Лк 8,26-39)
*У той час прийшов Ісус*у край Геразинський, що проти Галилеї. Як Ісус вийшов на берег, трапився йому назустріч один чоловік з міста, що мав бісів. Він з давнього часу вже не носив одежі й мешкав не в хаті, а по гробах. Побачивши Ісуса, закричав, припав йому до ніг і сказав голосом сильним: "Що мені й тобі, Ісусе, сину Бога Всевишнього? Благаю тебе, не муч мене!" Бо він велів нечистому духові вийти з чоловіка. Дух той часто хапав чоловіка, і його тоді в'язали кайданами та ланцюгами й стерегли, та він трощив окови, і демон гонив його по пустинях. Ісус же спитав його: "Як тобі на ім'я?" "Легіон!" – відповів той, багато бо

бісів увійшло в нього. І вони благали його, щоб він не велів їм іти в безодню. А було там велике стадо свиней, що паслося на горі. І демони просили його, щоб він дозволив їм увійти в них. І він дозволив їм. Вийшли ті демони з чоловіка, увійшли в свиней, і кинулося стадо з кручі в озеро та й потонуло. Побачивши, що сталося, пастухи кинулись урозтіч і розповіли про це в місті та по селах. І вийшли люди подивитися, що сталось. Вони прибули до Ісуса й знайшли, що чоловік, з якого вийшли біси, сидів при ногах Ісуса, зодягнений та при умі – і злякались. Наочні свідки їм розповіли, як вилікувався біснуватий. Тоді все населення Геразинської округи почало його просити, щоб відійшов від них, бо великий страх огорнув їх. І він увійшов до човна й повернувся. А чоловік, з якого вийшли біси, просив Ісуса, щоб бути з ним, але він відпустив його, кажучи: "Вернися додому й розкажи все те, що Бог зробив тобі." Пішов той, сповіщаючи по всьому місті, що Ісус зробив йому.

Причасний:Хваліте Господа з небес,* хваліте Його на висотах (Пс 148,1).* Алилуя (х3).

Announcements and Upcoming Events

LITURGICAL VOLUNTEERS:

Sunday, November 1st at 8:30am
Epistle – Bernadette Lukey
Host/Ushers/Candle/Cleaning – Leonora Sanchez and TBD

Sunday, November 1st at 10:30am
Rosary – Donna Korchinski
Epistle – Glen Kulak
Host/Ushers/Candle/Cleaning – Olha Sniatynska and David Wandzura

Sunday, November 8th at 8:30am
Epistle – Myron Gelleta
Host/Ushers/Candle/Cleaning – Larysa Gelleta and Maksym Gelleta

Sunday, November 8th at 10:30am
Rosary – David Franko
Epistle – Annette Kozicki
Host/Ushers/Candle/Cleaning – Viktoriia Bilichenko and Arlene Franko

- **SUNDAY SCHOOL:** Every Sunday children are welcome and encouraged to join Sunday School classes that take place during the 10:30am Divine Liturgy**. The program is open to all children ages 4 and up - NO registration is required. Parents, please drop off your children to the classroom past Fr Janko's office at 10:30am**. Once class time is done the children will be brought into the church to meet up with you for the rest of the service.
- **PRAY THE ROSARY: MONDAY EVENINGS 7:00 PM.**
- **MOTHERS IN PRAYER: MONDAY EVENING 7:30 PM following the Rosary prayers.**
- **МАТЕРІ В МОЛИТВІ: ПОНЕДІЛОК УВЕЧЕРІ @ 19:30 після молитви Розарію.**
- **HISTORY OF CHRISTIANITY: The History of Christianity: "The Church, the Whole Church, and nothing but.", led by Peter Russell. Classes continue at 10:00 AM ON THURSDAYS until DECEMBER 3rd.** All are welcome! This course is also being offered at Westview (5050 – 50th Ave SW), starting Tuesday, September 15th at 2pm in the Learning Studio. All from St. Stephen's are welcome to attend if this is a better fit for your schedule.
- **ALPHA FALL SESSION:** We invite you to join our **Alpha Fall Sessions every WEDNESDAY at 6:00 PM until the end of November.** Alpha is a program that welcomes the participation of those who may be just beginning their journey in discovering the person of Jesus as well as those maybe looking to revive their relationship with Jesus. Alpha is the first step to exploring the big questions of life and discovering who Jesus is. It's an understanding of, and an encounter with, the person of Jesus that is the most important part of what we believe. Our sessions will be held in one of the Church's classrooms (in the lower level of the Hall). If you are interested in joining this group, please contact Dan Oryschak at daniel.oryschak@gmail.com.
- **ADULT CATECHESIS: FRIDAYS AT 7:00 PM** in the Boardroom. Please join us!
- **REMEMBRANCE DAY SERVICE:** Please join us in remembering and honoring our military heroes on **WEDNESDAY, NOVEMBER 11th at the 7:00 PM DIVINE LITURGY. Our KNIGHTS OF COLUMBUS and ST. STEPHEN'S COMMUNITY** will present memorial wreaths in honor of our Canadian Military who gave their lives, and those who put theirs at risk, so that we can continue to enjoy the freedom we have. Please join us in remembering and honoring our military heroes. Refreshments in the parish hall after the Divine Liturgy. The wreaths that we place and poppies that we wear are a symbolic gesture of respect showing that **WE CARE, WE REMEMBER and that WE WILL NOT FORGET.**
- **PARISH PRAZNYK:** Please join us on **SUNDAY NOVEMBER 15TH, 2026 AFTER THE 10:30 AM DIVINE LITURGY** to celebrate St. Stephen Protomartyr, the patron saint of our parish, along with a visit from Bishop David. Cost is $10 for Adults (16+ yrs), $5 for Children (5-15 yrs), FREE for Children 5 yrs and younger and max $30 for Families (1 or 2 adults + kids). Tickets are now available for purchase in the Narthex after liturgies or contact Linda in the office. We're also looking for volunteers to help with preparation, serving, and clean-up. Please sign up on the sheet posted in the Narthex if you are available to help.
- **ST. PHILLIP'S FAST EVENING BY CANDLELIGHT:** St. Stephen UCWLC is hosting a women's evening of prayer and reflection on **FRIDAY, NOVEMBER 13 at 7PM** as we begin the season of the pre-Nativity Fast. The theme for the evening is "The Virtue of Joy through Peace". We invite all women to join us in prayer and fellowship as we seek to find the true meaning of joy in our lives. Feel free to bring a friend! RSVP to jheuser@shaw.ca.
- **PARISH SAGM: SUNDAY, NOV 22nd - SEMI-ANNUAL GENERAL MEETING (SAGM)** following 10:30am liturgy which will include a vote on our 2027 budget.
- **UCWLC MEETING: THURSDAY, NOV. 12TH AT 7:00 PM (please note change of date)**
- **KNIGHTS OF COLUMBUS MEETING: THURSDAY, NOV. 12TH AT 7:00 PM**

DIVINE LITURGY INTENTIONS

Saturday, October 31:
- 3:00pm – Confessions
- 4:00pm – Vespers
- 5:00pm – the intentions and needs of all our parishioners

Sunday, November 1:
- 8:30am - the intentions and needs of all our parishioners
- 10:30am – for many blessings of continued health and happiness to Angelica Beblow and Stephen Chelack as they celebrate their birthdays on the same day. Mnohaya Lita!
- 10:30am – for the repose of the soul of +Gloria Fedas. Vichnaya Pamyat!
- 10:30am – for the repose of the soul of +Bob Tretiak. Vichnaya Pamyat!

Monday, November 2:
- 7:00pm – Pray the Rosary
- 7:30pm – Mothers in Prayer

Tuesday, November 3:
- 9:00am – for the intentions and needs of all our parishioners

Wednesday, November 4:
- 9:00am – for the intentions and needs of all our parishioners

Thursday, November 5:
- 9:00am – the intentions and needs of all our parishioners

Friday, November 6:
- 9:00am – the intentions and needs of all our parishioners

Saturday, November 7:
- 3:00pm – Confessions
- 4:00pm – Akathist
- 5:00pm – the intentions and needs of all our parishioners

Sunday, November 8:
- 8:30am – for the repose of the soul of +Adeline Simpson. Vichnaya Pamyat!
- 10:30am – in memory of the repose of the soul of +Eleanor Bergen. Vichnaya Pamyat!
- 10:30am – for the repose of the soul of +Gloria Fedas. Vichnaya Pamyat!

- **WORKBEES:** Thank you for your continued dedication to volunteering at our workbees! The last two sessions are:
  - Tuesday, November 3rd at 9AM – Perogy Prep
  - Wednesday, November 4th at 9AM – Perogy Pinching
  - Please contact Flo to volunteer: Flo@gowithflo.ca or 403-542-9501. Hope to see you there!

- **UCWLC SNOWFLAKE BAZAAR: SUNDAY, NOVEMBER 29th, 9:30am – 1:30pm.**
  - **Now accepting registrations from Crafters / Vendors!**
    - Registration forms available at the church, or by emailing lgelleta@telus.net.
    - DEADLINE to register is November 16
  - **Pre-Order Forms are now available!**
    - Order Forms are available in the church vestibule OR on-line at https://tinyurl.com/bdmz7nuf
    - DEADLINE to order is Friday, November 20th, 2026.
    - Payment in full must accompany each order.

  Last year we sold out of Cabbage Rolls and had a limited supply of Borscht and poppy seed so please make sure to get your orders in before the deadline!

- **UCWLC WINTER FUNDRAISER – POINSETTIAS AND MORE!:** Please support our fundraising event, by ordering your Christmas greenery from Growing Smiles. Please visit: https://ssucwlc.growingsmilesfundraising.com/home.
  We will be accepting on-line orders - payment can be made with a Credit Card or by E-Transfer (*St.StephenUCWLC@hotmail.com*)
  If you would like to order and are not able to do it online, please contact Val Strashok by email at: strash@shaw.ca or by phone: 403-477-2693. Last day to Order: Saturday November 14th, 2026
  Pick-up : Sunday November 29th, 2026 at the Snowflake Bazaar, between 9:30am-12:00pm.

- **STREET SISTERS LUNCHES:** Sponsored by UCWLC. Everyone is invited to participate by donation. Always the second Sunday of the month. Upcoming event is **SUNDAY, NOVEMBER 8TH.** THANK YOU for your continued and generous support for the "Street Sister" lunches! We continue to pack 100 lunch bags each month! **Please note that the items that are required could vary a little on a monthly basis. At this time we require individual juice boxes, tuna and chicken snack packages, granola bars, fresh fruit including apples and oranges, bottled water, jars of peanut butter and jam ONLY. We are NO longer packaging protein shakes like Ensure.**
  Any comments or questions, please contact Theresa Lewchuk 403-815-6055 cell/text.
  **INVITATION for families with children to volunteer packing the lunches: WHAT is the commitment?
  Usually 2 times a year, 2 families plus a team lead would pack the lunches, 45 to 60 minutes immediately following 1030 liturgy ONLY on the second Sunday of the month. An absolutely excellent opportunity for families with children to volunteer and participate!

- **THANK YOU:** The KofC would like to thank all the families who attended our pumpkin carving evening last Sunday. It was a fun evening, and we enjoyed seeing all the smiles on the faces of the children!

- **VETERANS FOOD BANK COLLECTION:** The Knights of Columbus St Nicholas Byzantine council 7659 is once again collecting non-perishable food items for the Veterans Food Bank. As in the past years, a collection box will be set up in the narthex. Please be generous in your donation to support those who have given freely to protect the freedoms we so often take for granted. Let us show our appreciation for their service. **The donations box will be available until November 15th.** If you would prefer to make a monetary donation, or would like more information, please visit the Veterans Association Food Bank website at: https://veteransassociation.ca/get-involved/

- **CONSTRUCTION PROJECT: STARTING ON MONDAY, NOV 30TH the Hall and upper doors will be closed for 2 to 3 week**s for replacement of the flooring in the hall and upper entrance area. There will be no access to the hall or washrooms on that level during this time. Please reach out to Myron Gelleta (PropertyMgmt@protomartyr.ca) or Stephen Chelack (Chair@protomartyr.ca) if you have any questions.

- **CALLED TO BE HOLY MEN'S CONFERENCE: OPEN THE EYES OF OUR MINDS: Lifting the Veil of Liturgical Mystery.** Join fellow men of faith for a weekend of learning, laugher, fellowship, and prayer as you grow together in faith and holiness. Explore the beauty and depth of the Byzantine Divine Liturgy with keynote speaker, Ilya Galadza, a tonsured reader/cantor of the Church of St. Elias the Prophet in Brampton, ON, as well as Protodeacon Cyril Kennedy of the Edmonton Eparchy. Discover how the Liturgy can lead us to a deeper understanding of the Mystery of the Eucharist and help us become engaged participants in the worship of the Church.
  - **AGE:** 16+
  - **DATE:** Friday, Nov. 6, 2026 6:30 - 9:30 pm, Saturday, Nov. 7, 9:00 am - 5:30 pm
  - **LOCATION:** Holy Spirit Seminary, 12909 - 113 Avenue NW, Edmonton
  - **COST:** Get in on the early bird pricing! Before Oct. 1: $85.00 (commute), $145.00 (live in). After Oct. 1: $95.00 (commute), $155.00 (live in). Price includes Saturday continental breakfast, lunch & snacks. Optional Friday supper: $20.00
  - **REGISTRATION DEADLINE:** October 30, 2026. Limited overnight accommodation available – register early!
  - **CONTACT:** Mariana @ 780-424-5496, mariana.slavych@eeparchy.com

- **SEVENTEENTH ANNUAL BISHOP'S GALA: THURSDAY, DECEMBER 3, 2026**. This year's theme is "Celebrating Women in the Church Today: Serving with Faith and Love".
  Chateau Louis Conference Centre, cocktail reception, silent auction, dinner and live auction. Tickets $225 each ($1800 per table of eight), $100 tax receipt per ticket.
  Contact the Pastoral Centre for tickets or to make a cash or auction donation: 780 424 5496 or chancery@edmontoneparchy.com.
  Go to eeparchy.com/events/bishops-gala-2026 or scan the QR code for more information. All proceeds of the Gala will support eparchial ministries.