St. Stephen Protomartyr
Ukrainian Catholic Church
OCTOBER 4, 2026

Address:
4903 – 45th Street S.W.
Calgary, Alberta T3E 3W5

Office Hours
Mon-Thurs 9:00am –3:00pm

Telephone:
403-249-4818, press 0

Pastoral Emergencies:
403-249-4818, press 9

Email:
Office@Protomartyr.ca
Coordinator@Protomartyr.ca

Parish Website:
www.saintstephencalgary.ca

Parish Calendar:
www.saintstephencalgary.ca/calendar1.html

Facebook:
https://www.facebook.com/protomartyr.ca

Eparchy Website:
www.edmontoneparchy.com

DIVINE LITURGIES:

Sunday Divine Liturgies:

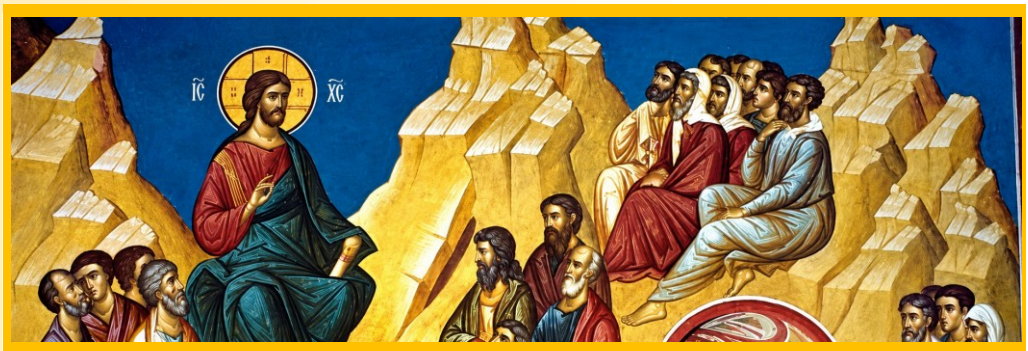
8:30 am—Bilingual
10:00 am—Rosary
10:30 am – English

Saturday Services:

3:00 pm—Confessions
4:00 pm — Great Vespers
5:00 pm - Divine Liturgy

Weekday Divine Liturgies:

9:00am - Tues / Wed / Thurs / Fri



NINETEENTH SUNDAY AFTER PENTECOST
The Holy Hieromartyr Hierotheus, Bishop of Athens
Our Venerable Father Francis of Assisi.

Troparia and Kontakia

Troparion, Tone 2: When You went down to death, O Life Immortal,* You struck Hades dead with the blazing light of Your divinity.* When You raised the dead from the nether world,* all the powers of heaven cried out:* "O Giver of Life, Christ our God, glory be to You!"

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone 2: You rose from the tomb, O almighty Saviour;* and Hades, seeing this wonder, was stricken with fear; and the dead arose.* Creation saw and rejoices with You, and Adam exults.* And the world, my Saviour, sings Your praises for ever.

Now and for ever and ever. Amen.

Theotokion, Tone 2: The tomb and death could not hold the Mother of God,* unceasing in her intercession and an unfailing hope of patronage,* for as the Mother of Life she was transferred to life* by Him Who had dwelt in her ever-virgin womb.

Prokeimenon, Tone 2

The Lord is my strength and my song of praise, and He has become my salvation.

verse: The Lord has indeed chastised me, but He has not delivered me to death. *(Psalm 117:14,18)*

Epistle

2 Corinthians 11:31-12:9

Brothers and Sisters, the God and Father of the Lord Jesus (blessed be he forever!) knows that I do not lie. In Damascus, the governor under King Aretas guarded the city of Damascus in order to seize me, but I was let down in a basket through a window in the wall, and escaped from his hands.

It is necessary to boast; nothing is to be gained by it, but I will go on to visions and revelations of the Lord. I know a person in Christ who fourteen years ago was caught up to the third heaven—whether in the body or out of the body I do not know; God knows. And I know that such a person—whether in the body or out of the body I do not know; God knows— was caught up into Paradise and heard things that are not to be told, that no mortal is permitted to repeat. On behalf of such a one I will boast, but on my own behalf I will not boast, except of my weaknesses. But if I wish to boast, I will not be a fool, for I will be speaking the truth. But I refrain from it, so that no one may think better of me than what is seen in me or heard from me, even considering the exceptional character of the revelations. Therefore, to keep me from being too elated, a thorn was given me in the flesh, a messenger of Satan to torment me, to keep me from being too elated. Three times I appealed to the Lord about this, that it would leave me, but he said to me, "My grace is sufficient for you, for power is made perfect in weakness." So, I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me.

HOLY MYSTERIES

CONFESSION:
Saturdays 3:00 pm
Sundays 10:00 am
OR by appointment
403-249-4818, ext. 1

MARRIAGE, BAPTISM-CHRISMATION-EUCHARIST, FUNERALS :
Contact the office at
Office@Protomartyr.ca

ANOINTING OF THE SICK:
For emergencies call
403-249-4818, ext. 9

DIVINE LITURGY INTENTIONS :
Arrangements with the office

CLERGY & RELIGIOUS

Pastor :

Father Janko Herbut
FatherJanko@protomartyr.ca
Office:403-249-4818, ext. 1

PARISH OFFICE

Office Administrator:
Linda Buck 403-249-4818, ext. 0
office@Protomartyr.ca

Communications Coordinator:
Mirna Farahat
coordinator@Protomartyr.ca

HALL RENTAL INQUIRIES

Contact the office : 403-249-4818

Upcoming events and Liturgy schedule can be found here: www.saintstephencalgary.ca/calendar1.html

Sunday liturgies Livestreaming link: www.youtube.com/@ststephenprotomartyr6181

Alleluia, Tone 2
verse: The Lord will hear you in the day of tribulation; the name of the God of Jacob will shield you.
verse: Lord, grant victory to the king and hear us in the day that we shall call upon You. *(Psalm 19:2,10)*

Gospel
Luke 6:31-36
The Lord said, "Do to others as you would have them do to you.
"If you love those who love you, what credit is that to you? For even sinners love those who love them. If you do good to those who do good to you, what credit is that to you? For even sinners do the same. If you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, do good, and lend, expecting nothing in return. Your reward will be great, and you will be children of the Most High; for he is kind to the ungrateful and the wicked. Be merciful, just as your Father is merciful."

Communion Hymn
Praise the Lord from the heavens;* praise Him in the highest *(Psalm 148:1).** Alleluia, alleluia,* alleluia.

19-а Неділя по Зісланні

Тропарі і Кондаки
Тропар (глас 2): Коли зійшов Ти до смерти, Життя безсмертне,* тоді ад умертвив ти блистінням Божества.* Коли ж і умерлих із глибин підземних воскресив Ти,* всі сили небесні взивали:* Життедавче, Христе Боже наш, слава Тобі.
+Слава Отцю, і Сину, і Святому Духові.
Кондак (глас 2): Воскрес єси з гробу, всесильний Спасе,* і ад, увидівши чудо, зжахнувся та й мертві встали;* а творіння, бачивши, радіє з Тобою, й Адам веселиться,* і світ, Спасе мій, повсякчас Тебе оспівує.
І нині, і повсякчас, і на віки вічні. Амінь.
Богородичний (глас 2): В молитвах невсипущу Богородицю* і в заступництвах незамінне упования* гріб і умертвіння не втримали.* Бо як Матір Життя до життя переставив той,* хто вселився в утробу приснодівственну.

Прокімен (глас 2):
Господь – моя сила і моя пісня,* і Він став моїм спасінням (Пс 117,14).
Стих: Тяжко покарав мене Господь, та не поередав мене смерті (Пс 117,18).

Апостол: (2 Кр. 11,31-12,9):
Браття і Сестри, Знає Бог і Отець Господа нашого Ісуса Христа, а Він благословенний навіки, що я не говорю неправди. У Дамаску намісник царя Арети стеріг місто Дамаск, щоб схопити мене, але по мурі мене спущено в коші віконцем, і я з рук його втік! Не корисно хвалитись мені, бо я прийду до видінь і об'явлень Господніх. Я знаю чоловіка в Христі, що він чотирнадцять років тому чи в тілі, не знаю, чи без тіла, не знаю, знає Бог був узятий до третього неба. І чоловіка я знаю такого, чи в тілі, чи без тіла, не знаю, знає Бог, що до раю був узятий, і чув він слова невимовні, що не можна людині їх висловити. Отаким похвалюся, а собою хвалитись не буду, хіба тільки своїми немочами. Бо коли я захочу хвалитись, то безумний не буду, бо правду казатиму; але стримуюсь я, щоб про мене хто більш не подумав, ніж бачить у мені або чує від мене. А щоб я через пребагато об'явлень не величався, то дано мені в тіло колючку, посланця сатани, щоб бив в обличчя мене, щоб я не величався. Про нього три рази благав я Господа, щоб він відступився від мене. І сказав Він мені: Досить тобі Моєї благодаті, бо сила Моя здійснюється в немочі. Отож, краще я буду хвалитись своїми немочами, щоб сила ристова вселилася в мене.

Алилуя (глас 2):
Стих: Бог богів, Господь мовив, і призвав землю від сходу сонця до заходу (Пс 49,1).
Стих: Зберіть Йому преподобних Його, що заповідують завіт Його в жертвах (Пс 49,5).

Євангеліє: (Лк. 6,31-36):
Сказав Господь: бажаєте, щоб вам люди чинили, так само чиніть їм і ви. А коли любите тих, хто любить вас, яка вам за те ласка? Люблять бо й грішники тих, хто їх любить. І коли добре чините тим, хто добро чинить вам, яка вам за те ласка? Бо те саме і грішники роблять. А коли позичаєте тим, що й від них сподіваєтесь взяти, яка вам за те ласка? Позичають бо й грішники грішникам, щоб одержати стільки ж. Тож любіть своїх ворогів, робіть добро, позичайте, не ждучи нічого назад, і ваша за це нагорода великою буде, і синами Всевишнього станете ви, добрий бо Він до невдячних і злих! Будьте ж милосердні, як і Отець ваш милосердний!

Причасний:
Хваліте Господа з небес,* хваліте Його на висотах (Пс 148,1). Алилуя (х3).

Announcements and Upcoming Events

- **SUNDAY SCHOOL:** Every Sunday children are welcome and encouraged to join Sunday School classes that take place during the 10:30am Divine Liturgy**. The program is open to all children ages 4 and up - NO registration is required. Parents, please drop off your children to the classroom past Fr Janko's office at 10:30am**. Once class time is done the children will be brought into the church to meet up with you for the rest of the service.

- **WEEKDAY LITURGICAL SERVICES: Please note there will be no regular scheduled liturgical service on TUESDAY, OCT 6.** The rest of the week will continue with Divine Liturgies at 9:00am.

- **PRAY THE ROSARY: MONDAY EVENINGS 7:00 PM.**

- **MOTHERS IN PRAYER: MONDAY EVENING 7:30 PM following the Rosary prayers.**

- **МАТЕРІ В МОЛИТВІ: ПОНЕДІЛОК УВЕЧЕРІ @ 19:30 після молитви Розарію.**

- **LITURGICAL VOLUNTEERS**:

  Sunday, October 4th at 8:30am (UCWLC)
  Epistle - Sylvia Harrison
  Host/Ushers/Candle/Cleaning - Elaine Derksen and Larysa Gelleta

  Sunday, October 4th at 10:30am (UCWLC)
  Rosary - Teri Macken
  Epistle - Donna Korchinski
  Host/Ushers/Candle/Cleaning - Gill Horbachewski and Jeanette O'Reilly

  Sunday, October 11th at 8:30am
  Epistle - Andy Sakundiak
  Host/Ushers/Candle/Cleaning - Leonora Sanchez and Khrystyna Klapushchak

  Sunday, October 11th at 10:30am
  Rosary - David Franko
  Epistle - Darrell Maleski
  Host/Ushers/Candle/Cleaning - Roy Drynych and Dennis Yurkiw

- **HISTORY OF CHRISTIANITY: Please join us!** This year we are excited to offer a new class series entitled **The History of Christianity: "The Church, the Whole Church, and nothing but.", led by Peter Russell.** Classes are at 10:00 AM ON THURSDAYS from SEPTEMBER 17th – DECEMBER 3rd (12 sessions). All are welcome! This course is also being offered at Westview (5050 – 50th Ave SW), starting Tuesday, September 15th at 2pm in the Learning Studio. All from St. Stephen's are welcome to attend if this is a better fit for your schedule.

- **ALPHA FALL SESSION:** We invite you to join our **Alpha Fall Sessions every WEDNESDAY at 6:00PM until the end of November.** Alpha is a program that welcomes the participation of those who may be just beginning their journey in discovering the person of Jesus as well as those maybe looking to revive their relationship with Jesus. Alpha is the first step to exploring the big questions of life and discovering who Jesus is. It's an understanding of, and an encounter with, the person of Jesus that is the most important part of what we believe. Our sessions will be held in one of the Church's classrooms (in the lower level of the Hall). If you are interested in joining this group, please contact Dan Oryschak at daniel.oryschak@gmail.com.

- **ADULT CATECHESIS: Please join us!** Fridays at 7:00pm in the Boardroom.

- **CHURCHNOTE:** As part the effort to move to a single membership database, we've begun the rollout of ChurchNote for parish email communications which include Prayer Chain and this week's digital bulletin. ChurchNote replaces FlockNote and as we continue to grow the usage you can expect to receive more and more ChurchNotes about all the good things happening in the parish.

DIVINE LITURGY INTENTIONS

Saturday, October 3:
❖3:00pm – Confessions
❖4:00pm – Akathist
❖5:00pm – for the repose of the soul of +Gloria Fedas. Vichnaya Pamyat!

Sunday, October 4:
❖8:30am – for the health and wellbeing of Michael Hryhoryshyn
❖8:30am – for the health and wellbeing of Trina Bulych
❖10:30am - for the health and wellbeing of Roxanne Koenig
❖10:30am – for all God's blessings, health and happiness for Celeste Bernakevitch on her special birthday. Mnohaya Lita!
❖10:30am – for the repose of the soul (40 days) of +Anna Murafa. Vichnaya Pamyat! (w/ Panakhyda)

Monday, October 5:
❖7:00pm – Pray the Rosary
❖7:30pm – Mothers in Prayer

Tuesday, October 6:
❖9:00am – CANCELED

Wednesday, October 7:
❖9:00am – for the intentions and needs of all our parishioners

Thursday, October 8:
❖9:00am – for the intentions and needs of all our parishioners

Friday, October 9:
❖9:00am – for the intentions and needs of all our parishioners

Saturday, October 10:
❖3:00pm – Confessions
❖4:00pm – Vespers
❖5:00pm – for the intentions and needs of all our parishioners

Sunday, October 11:
❖8:30am – for the repose of the soul of +Stanislawa Dwulit. Vichnaya Pamyat!
❖10:30am – for the health and wellbeing of Trina Bulych
❖10:30am - for the health and wellbeing of Roxanne Koenig
❖10:30am – in memory of the repose of the soul of +Al Hober. Vichnaya Pamyat!

- **WORKBEES:** We are inviting all Parishioners to help with the upcoming workbees, which benefit our fundraising and charitable projects at St. Stephens. If you or anyone you know can help it truly is greatly appreciated. All are welcome to come! **Please note that the Work Bee's begin at 9:00 am in the church hall.** Upcoming sessions are:

  Sunday, October 4th (starting at 9:30am after liturgy)
  Monday, October 5th - Perogy pinching
  Tuesday, October 20th – Cabbage rolls

  Please contact Flo to volunteer: Flo Volcko: flo@gowithflo.ca or cell # 403-542-9501.
  We thank you for your support and help. God's blessings to you all!

- **VETERANS FOOD BANK COLLECTION:** The Knights of Columbus St Nicholas Byzantine council 7659 is once again collecting non-perishable food items for the Veterans Food Bank. As in the past years, a collection box will be set up in the narthex. Please be generous in your donation to support those who have given freely to protect the freedoms we so often take for granted. Let us show our appreciation for their service. The donations box will be available until November 15th. If you would prefer to make a monetary donation, or would like more information, please visit the Veterans Association Food Bank website at: https://veteransassociation.ca/get-involved/

- **WW1 NATIONAL INTERNMENT COMMEMORATION DAY: SATURDAY, OCTOBER 24th at 2:00pm. Please consider attending a Commemorative Service, with a short program to follow, at The Military Museums, 4520 Crowchild Trail SW Calgary.** This program has taken place at St Stephen's in the past, however this year the organizing committee has been working together with the Military Museums for the Commemoration & WW1 Internment Display Unveiling. Guest Speaker is Mich Cheladyn, an Internee Descendant. He will be sharing stories of his Great Uncle, who was at the internment camp in Banff.

- **CALGARY FRIENDS OF UCU: Calgary Friends of Ukrainian Catholic University (UCU) invites you to the 18th Annual Fundraising Gala in support of UCU Health Programs, Thursday October 22, at St. Stephen's Cultural Centre**. Guest of Honour is Most Rev. Michael Kwiatkoski, Metropolitan Archbishop-elect of Winnipeg. To register: https://ucef.ca."

- **CALLED TO BE HOLY MEN'S CONFERENCE: OPEN THE EYES OF OUR MINDS: Lifting the Veil of Liturgical Mystery.** Join fellow men of faith for a weekend of learning, laugher, fellowship, and prayer as you grow together in faith and holiness. Explore the beauty and depth of the Byzantine Divine Liturgy with keynote speaker, Ilya Galadza, a tonsured reader/cantor of the Church of St. Elias the Prophet in Brampton, ON, as well as Protodeacon Cyril Kennedy of the Edmonton Eparchy. Discover how the Liturgy can lead us to a deeper understanding of the Mystery of the Eucharist and help us become engaged participants in the worship of the Church.
  AGE: 16+
  DATE: Friday, Nov. 6, 2026 6:30 - 9:30 pm, Saturday, Nov. 7, 9:00 am - 5:30 pm
  LOCATION: Holy Spirit Seminary, 12909 - 113 Avenue NW, Edmonton
  COST: Get in on the early bird pricing! Before Oct. 1: $85.00 (commute), $145.00 (live in). After Oct. 1: $95.00 (commute), $155.00 (live in). Price includes Saturday continental breakfast, lunch and snacks. Optional Friday supper: $20.00
  REGISTRATION DEADLINE: October 30, 2026. Limited overnight accommodation available – register early!
  CONTACT: Mariana @ 780-424-5496, mariana.slavych@eeparchy.com

- **NOTE TO ALL CHURCH AND HALL USERS** Please help keep our premises safe and secure!** Doors should not be propped open while using the facilities as this could allow unwanted individuals or rodents into our building. Latecomers to events should phone someone inside, signs could be posted on doors with phone numbers.

- ** You can view upcoming events and Liturgy schedule at St. Stephen's by visiting the events calendar here: https://www.saintstephencalgary.ca/calendar1.html

- ** Sunday liturgies are livestreamed on the parish YouTube channel: https://www.youtube.com/@ststephenprotomartyr6181

- **SCAM EMAILS: Please be aware of scam emails or messages using Fr. Janko's name and information. Hackers are constantly targeting people asking for money or gift cards using other people's information. Father would NEVER send you an email or a text message asking for money.**