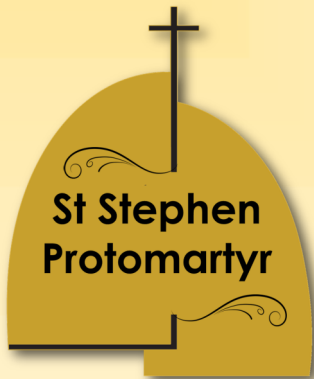


ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

MARCH 1, 2026



Second Sunday of the Great Fast: St. Gregory Palamas;

Octoechos Tone 5;

The Holy Venerable-Martyr Eudocia.

Address:
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Office Hours
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Parish Website:
www.saintstephencalgary.ca

Parish Calendar:
[www.saintstephencalgary.ca/
calendar1.html](http://www.saintstephencalgary.ca/calendar1.html)

Facebook:
[https://www.facebook.com/
protomartyr.ca](https://www.facebook.com/protomartyr.ca)

Eparchy Website:
www.edmontoneparchy.com

DIVINE LITURGIES:

Sunday Divine Liturgies:

8:30 am—Bilingual
** 10:05—Rosary **
10:30 am – English

Saturday Services:

3:00 pm—Confessions
4:00 pm — Great Vespers
5:00 pm - Divine Liturgy

Weekday Divine Liturgies:

9:00am - Tues / Wed / Thurs / Fri

Troparia and Kontakia

Troparion, Tone 5: Let us the faithful acclaim and worship the Word,* co-eternal with the Father and the Spirit,* and born of the Virgin for our salvation.* For He willed to be lifted up on the cross in the flesh, to suffer death* and to raise the dead by His glorious resurrection.

Troparion, Tone 8: Light of orthodoxy, teacher of the Church; its confirmation!* Ideal of monks and invincible champion of theologians.* Wonder-working Gregory, glory of Thessalonica and preacher of grace:* always intercede before the Lord that our souls may be saved!

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

Kontakion, Tone 4: The time for action is now revealed;* the Judge is at the door.* Let us rise and keep the fast,* offering tears of contrition with alms and crying aloud:* our sins are more numerous than the sands of the sea,* but forgive us, O Maker of all, that we may receive incorruptible crowns.

Prokeimenon, Tone 5

You, O Lord, will guard us* and will keep us* from this generation* and forever.

verse: Save me, O Lord, for there is no longer left a just man. (*Psalm 11:8,2*)

Epistle—Hebrews 1:10-2:3

Brothers and Sisters, “In the beginning, Lord, you founded the earth,
and the heavens are the work of your hands;
they will perish, but you remain;
they will all wear out like clothing;
like a cloak you will roll them up,
and like clothing they will be changed.

But you are the same,
and your years will never end.”

But to which of the angels has he ever said,

“Sit at my right hand
until I make your enemies a footstool for your feet”?

Are not all angels spirits in the divine service, sent to serve for the sake of those who are to inherit salvation?

Therefore we must pay greater attention to what we have heard, so that we do not drift away from it. For if the message declared through angels was valid, and every transgression or disobedience received a just penalty, how can we escape if we neglect so great a salvation? It was declared at first through the Lord, and it was attested to us by those who heard him.

Alleluia, Tone 5

verse: Your mercies, O Lord, I will sing for ever; from generation to generation I will announce Your truth with my mouth.

verse: For You have said: Mercy shall be built up for ever; in the heavens Your truth shall be prepared. (*Psalm 88:2,3*)

Gospel—Mark 2:1-12

At that time, Jesus returned to Capernaum after some days, and it was reported that he was at home. So many gathered around that there was no longer room for them, not even in front of the door; and he was speaking the word to them. Then some people came, bringing to him a paralyzed man, carried by four of them. And when they could not bring him to Jesus because of the crowd, they removed the roof above him; and when they had made an opening, they let down



HOLY MYSTERIES

CONFESSION:

Saturdays 3:00 pm
Sundays 10:00 am
OR by appointment
403-249-4818, ext. 1

MARRIAGE, BAPTISM-CHRISMATION-

EUCHARIST, FUNERALS :

Contact the office at
Office@Protomartyr.ca

ANOINTING OF THE SICK:

For emergencies call
403-249-4818, ext. 9

DIVINE LITURGY INTENTIONS :

Arrangements with the office

CLERGY & RELIGIOUS

Pastor :

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PARISH OFFICE

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HALL RENTAL INQUIRIES

Contact the office : 403-249-4818

the mat on which the paralytic lay. When Jesus saw their faith, he said to the paralytic, "Son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this fellow speak in this way? It is blasphemy! Who can forgive sins but God alone?" At once Jesus perceived in his spirit that they were discussing these questions among themselves; and he said to them, "Why do you raise such questions in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Stand up and take your mat and walk'? But so that you may know that the Son of Man has authority on earth to forgive sins"—he said to the paralytic—"I say to you, stand up, take your mat and go to your home." And he stood up, and immediately took the mat and went out before all of them; so that they

were all amazed and glorified God, saying, "We have never seen anything like this!"

Hymn to the Theotokos

In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins' pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider than all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest.* Alleluia, alleluia,* alleluia. (Psalm 148:1)

Неділя Посту; Неділя святого отця нашого Григорія Палами;

Св. прпмц. Євдокії. Гл. 5. Єв. 5. Літургія св. Василія Великого.
1 березня.

Тропар (глас 8): Православ'я наставнику, святителям окрасо,* богословам непереможного переможця,* Григоріє чудотворче, Солуня велика похвало, проповіднику благодаті,* моли Христа Бога, щоб спаслися душі наші.

+Слава Отцю, і Сину, і Святому Духові. І нині, і повсякчас, і на віки вічні. Амінь.

Кондак (глас 4): Нині час для діяння явився,* при дверях суд,* востаньмо, отже, постячися,* принесім сльози благання з милостинями, взиваючи:* Ми согрішили більше піску морського,* але ослаби, Творче всіх, щоб ми прийняли нетлінні вінці.

Прокімен (глас 5):

Ти, Господи, збережеш нас* і захистиш нас від роду цього і повік (Пс 11,8).
Стих: Спаси мене, Господи, бо не стало праведного. (Пс. 11,2).

Апостол: (Євр 1,10-2,3)

Браття і Сестри, «Ти, Господи, напочатку заснував землю і небеса – діло рук твоїх. Вони загинуть, ти ж перебуваєш; усі, мов одежа, постаріються. Ти їх, неначе одержину, згорнеш і, немов одежа, вони зміняться. Ти ж – той самий, і літа твої не скінчаться.» До кого з ангелів він коли мовив: «Сідай праворуч мене, доки не покладу твоїх ворогів підніжком під твої ноги?» Хіба ж не всі вони служебні духи, що їх посилають до послуг тим, які мають успадкувати спасіння? Тому ми мусимо вважати дуже пильно на те, що почули, щоб, бува, нас не знесло з дороги. Бо коли слово, оголошене ангелами, було таке зобов'язуюче, що всякий його переступ і непослух приймав справедливу кару, то як утечемо ми, коли занедбаємо таке велике спасіння? Воно, спочатку проповідане Господом, було підтвержене нам тими, що його чули.

Алилуя (глас 5):

Стих: Віслухає тебе Господь у день печалі,

захистить тебе ім'я Бóга Якова (Пс. 19,2).
Стих: Господи, спасі царя Свого і почуй нас у день, коли призовемо Тебе (Пс. 19,10).

Євангеліє: (Мр 2,1-12)

У той час коли прийшов Ісус до Капернауму, чутка пішла, що він у домі. І там зібралося стільки народу, що не було більш місця, навіть перед дверима; а він промовляв до них словом. І от прийшли до нього, несучи розслабленого; несли його четверо. А що із-за народу не могли донести до нього, розкрили стелю над місцем, де він був, й отвором спустили ліжко, на якому лежав розслаблений. Ісус, уздрівши їхню віру, до розслабленого й каже: "Сину, відпускаються тобі твої гріхи." А були й деякі книжники, що сиділи там та міркували собі: "І як може цей так говорити? Він богохульствує! Хто може прощати гріхи, крім одного лише Бога?" Ісус же, вмить збагнувши духом, що вони таке собі думають, до них і каже: "Чого таке ось намислюєте у ваших серцях? Що легше – сказати розслабленому: Відпускаються тобі гріхи, а чи сказати: Встань, візьми твоє ліжко й ходи? Та щоб ви знали, що Син Чоловічий має владу на землі гріхи відпускати, – мовить до розслабленого: Кажу тобі: Встань, візьми твоє ліжко і йди до свого дому." Устав той – і зараз же, взявши ліжко, вийшов на очу всіх; тож чудувалися всі, хвалили Бога й мовляли: "Ніколи ми такого не бачили!"

Замість Достойно: Тобою радується, Благодатная, всяка твар, ангельський собор і чоловічеський рід, освящений храме і раю словесний, дівственна похвало, що із неї Бог воплотився і младенцем став – перед віками сущий Бог наш. Лоно бо твоє престолом сотворив і утробу твою просторішою небес учинив. Тобою радується, Благодатная, всяка твар, слава тобі.

Причасний:

Хваліте Господа з небес,* хваліте Його на висотах (Пс 148,1). Алилуя (х3).

Announcements and Upcoming Events

- **2026 LITURGICAL SERVICES FOR THE LENTEN AND EASTER SEASON** can be downloaded HERE : <https://tinyurl.com/ypnx5n7>
- **PRAY THE ROSARY: MONDAY EVENINGS AT 7:00PM.**
- **NEXT SOROKOUSTY SERVICE: SATURDAY, MARCH 14 AT 10:00 AM.** Parastas/Prayer Service for the deceased - Please contact the office if you have any additions to your family page.
- **ADULT CATECHESIS: FRIDAY EVENINGS @ 7:00 PM.**
- **UCWLC STREET SISTERS: SUNDAY, MARCH 8th (2nd Sunday of the Month).** THANK YOU for your continued and generous support for the "Street Sister" lunches. May your Servant Hearts be Blessed! Since March we have been able to increase our lunch bags to 100. Thank you for continuing to watch for our need of items on a monthly basis. We require protein shakes like Ensure, Tuna and Chicken snack packages, Granola Bars, Individual Juice Boxes, Fresh Fruit, apples and oranges and Water ONLY. Any comments or questions, Please contact Theresa Lewchuk 403-815-6055 Cell/Text
- **ST. STEPHEN'S ANNUAL GENERAL MEETING: SUNDAY, MARCH 22ND** after the 10:30am Divine Liturgy. More details to come!
- **ST STEPHEN'S UCWLC SCHOLARSHIP for \$1000:** Apply TODAY! If you are a 16-24 year old daughter or granddaughter of a St Stephen's UCWLC Member who will be attending an undergraduate Post Secondary program. (E.g.) University, College, Apprenticeship, Technical School or Specialized program (Cosmetology, Hairdresser, Secretarial, etc....) YOU ARE ELIGIBLE! Include a resume and a reference letter, reasons for the choice and location of the Post Secondary School. Include a description of your Parish, Community and School involvement and explain your financial need to receive this scholarship. Submit to Scholarship Committee c/o nettielkost@gmail.com. Deadline is May 14, 2026
- **GET FORMED! FORMED** is an online Catholic resource from the Augustine Institute available for all our parishioners to access as a resource to learn more about reading scripture, how to improve your prayer life or learn more about the lives of the saints, the sacraments and the teachings of the Catholic church. Subject matter is presented in varied forms including movies, e-books, audio listening and programs. **"How to Lent"** is a timely offering as we begin our Lenten journey and continue our life long work of spiritual formation. The site provides kid friendly videos and stories too! Join us in the hall Sunday, February 15th after both liturgies for a short demonstration of the site offerings and to learn about signing up to access the site or pick up a **Formed** card in the narthex with sign up information.
- **ROYAL DOORS:** Daily readings and reflections of the Byzantine Catholic church are available at royaldoors.net. This is a resource with "English language resources for Ukrainian Greek Catholics." You can subscribe to receive the daily readings via e-mail. Check out the reflection on Prayer of St. Ephraim; the prayer used during our Lenten season.
- **ALWAYS OUR PARISHIONERS:** We are continuing the Eparchial initiative **Always Our Parishioners** which is intended to help bolster our current pastoral outreach to the sick, isolated and lonely of our parish. If you know of someone in need of pastoral care, please pick up an information card from the Narthex, provide the necessary information and then return it to the box provided. This card will then provide contact information of persons potentially in need of a phone call and/or visit from Fr Janko or his volunteer team. This contact information would be logged by the parish office for future visits.
- **29TH ANNUAL GODSQUAD CONFERENCE: MEN NEEDED FOR AN INCREDIBLE MISSION - A HEROIC CALL TO ACTION** No wages, cold shoulders, long hours of thankless work. Easy wins doubtful. Life-changing friendships and real
 - Brotherhood in event of success.
 - St. Peter's Roman Catholic Church, March 13th & 14th
 - [Registration](https://shorturl.at/Me7qG) - <https://shorturl.at/Me7qG>



DIVINE LITURGY INTENTIONS

Saturday, February 28:

- ❖ 3:00pm – Confessions
- ❖ 4:00pm – Great Vespers
- ❖ 5:00pm – for the intentions and needs of all parishioners

Sunday, March 1:

- ❖ 8:30am – for the repose of the soul of +Dennis Hataley. Vichnaya Pamyat!
- ❖ 10:30am – for the repose of the soul (40 days) of +Tony Woychyshyn. Vichnaya Pamyat!
- ❖ 10:30am - for the repose of the soul (40 days) of +Doris Watson (w/ Panakhyda). Vichnaya Pamyat!

Monday, March 2:

- ❖ 7:00pm – Pray the Rosary

Tuesday, March 3:

- ❖ 9:00am – for the intentions and needs of all parishioners

Wednesday, March 4:

- ❖ 9:00am – for the repose of the soul of +Veronica Dutchak. Vichnaya Pamyat!
- ❖ 6:30pm – Way of the Cross (Ukrainian)

Thursday, March 5:

- ❖ 9:00am – for the repose of the souls of +Helen and +Larry Mytruk. Vichnaya Pamyat!

Friday, March 6:

- ❖ 6:00pm – Liturgy of the Presanctified Gifts

Saturday, March 7:

- ❖ 3:00pm – Confessions
- ❖ 4:00pm – Akathist to the Passions of our Lord
- ❖ 5:00pm – for the intentions and needs of all parishioners

Sunday, March 8:

- ❖ 8:30am – for the intentions and needs of all parishioners
- ❖ 10:30am – for the repose of the soul of +Gene Stakiw (w/ Panakhyda). Vichnaya Pamyat!
- ❖ 10:30am - for the repose of the soul of +William Pryma. Vichnaya Pamyat!

Pope's Angelus address on the fourth anniversary of the war in Ukraine

February 23, 2026



Pope Leo XIV marked the first Sunday of Lent with an urgent appeal for peace in Ukraine, warning that war remains “a wound inflicted upon the entire human family” as the fourth anniversary of Russia’s invasion approaches.

Addressing pilgrims gathered in St Peter’s Square for the Angelus on February 22, the Pope reflected on the Gospel account of Christ’s temptation in the desert and called the faithful to embrace prayer, fasting and almsgiving during the Lenten season. He said the conflict had brought “so many victims, so many lives and families shattered, such immense destruction, such unspeakable suffering”.

In his Angelus address, the Holy Father spoke of Jesus being led by the Spirit into the desert and tempted by the devil after fasting for 40 days. He said that in experiencing hunger and temptation Christ shared in the struggles faced by all humanity, demonstrating that the devil’s deception can be overcome. Lent, he said, should be seen as a “luminous path” through which Christians renew their cooperation with God in shaping their lives as a “unique masterpiece”.

The Pope warned of the constant risk of discouragement and the lure of false satisfactions such as wealth, fame and power, which he described as “poor substitutes for the joy for which we were created”. Citing the Apostolic Constitution *Paenitemini* of February 17, 1966, by Paul VI, he recalled that penance does not impoverish humanity but “enriches, purifies and strengthens it” as believers move towards love and surrender to God.

He urged Catholics to practise penance generously, alongside prayer and works of mercy, suggesting practical steps such as turning off televisions, radios and mobile phones in order to create space for silence. The faithful were encouraged to meditate on the Word of God, approach the sacraments and listen to the Holy Spirit. He also called for greater attentiveness within fami-

lies, workplaces and communities, especially towards the elderly, the poor and the sick.

Quoting Augustine of Hippo, the Pope said that prayer offered “in humility and charity, by fasting and giving, by restraining ourselves and pardoning” would reach heaven and grant peace. He concluded the Angelus by entrusting the Lenten journey to the Virgin Mary.

After the Marian prayer he turned to the situation in Eastern Europe. “Four years have passed since the beginning of the war against Ukraine,” he said. “My heartfelt thoughts remain focused on the tragic situation unfolding before the eyes of the whole world.” He reiterated that every war leaves “a trail of pain that marks generations”.

“Peace cannot be postponed,” the Pope declared. “It is an urgent necessity that must find a home in our hearts and be translated into responsible decisions.” His Holiness appealed for an immediate ceasefire, calling for weapons to fall silent and bombings to cease, and for dialogue to be strengthened in order to pave the way towards peace.

The appeal came as reports emerged of further casualties in Ukraine on the eve of the anniversary. At least four people were killed in a fresh wave of Russian attacks, according to local officials. In the southern region of Odesa, two people died after drones struck industrial and civilian infrastructure. Regional authorities reported damage to production and warehouse facilities, administrative buildings and vehicles. In Zaporizhzhia, more than 750 attacks were said to have been carried out across 44 settlements, leaving two people dead in the city of Zaporizhzhia. Further north, a missile struck the Kholodnogradsky district of Kharkiv, with emergency teams assessing the damage.

The violence coincided with a meeting of European Union foreign ministers in Brussels to discuss additional financial assistance for Kyiv and a 20th package of sanctions against Russia. The proposed measures include restrictions on maritime services linked to Russian crude oil exports and further financial constraints intended to limit Moscow’s ability to conduct international payments. A loan of 90 billion euros, agreed in principle in December and approved by the European Parliament, is designed to meet Ukraine’s financial needs until the end of 2027, though it has faced opposition from Hungary.

While diplomatic efforts continued in Brussels, the Pope called on Catholics worldwide to join in prayer “for the embattled people of Ukraine and for all those who suffer due to this war and every conflict in the world, that the long-awaited gift of peace may shine upon our days”.

Source : <https://thecatholicerald.com/article/popes-angelus-address-on-the-fourth-anniversary-of-the-war-in-ukraine>