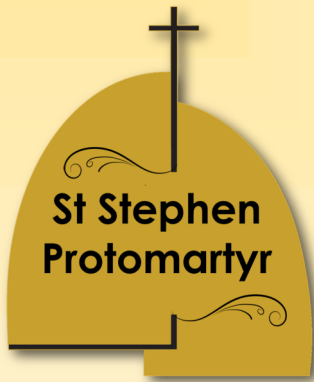


ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

JANUARY 25, 2026



Address:
4903 – 45th Street S.W.
Calgary, Alberta T3E 3W5 Canada

Office Hours
Mon-Thurs 9:00am – 3:00pm

Telephone:
403-249-4818, press 0

Pastoral Emergencies:
403-249-4818, press 9

Email:
Office@Protomartyr.ca
Coordinator@Protomartyr.ca

Parish Website:
www.saintstephencalgary.ca

Parish Calendar:
www.saintstephencalgary.ca/calendar1.html

Facebook:
<https://www.facebook.com/protomartyr.ca>

Eparchy Website:
www.edmontoneparchy.com

DIVINE LITURGIES:

Sunday Divine Liturgies:

8:30 am—Bilingual
** 10:05—Rosary **
10:30 am – English

Saturday Services:

3:00 pm—Confessions
4:00 pm — Great Vespers
5:00 pm - Divine Liturgy

Weekday Divine Liturgies:

9:00am - Tues / Wed / Thurs / Fri



Sunday of the Publican and the Pharisee;

Octoechos Tone 8;

Our Holy Father Gregory the Theologian, Archbishop of Constantinople.

Troparia and Kontakia

Troparion, Tone 8: You came down from on high, O Merciful One,* and accepted three days of burial* to free us from our sufferings.* O Lord, our life and our resurrection,* glory be to You.

Troparion, Tone 1: Like a shepherd's flute, O Father Gregory* your theology vanquished the trumpets of orators,* for searching the depths of the spirit,* beauty of speech was increased in you.* Pray Christ God that our souls may be saved.

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone 3: O glorious saint, your tongue, versed in theology,* loosed the webs of vain philosophers;* you adorned the Church with a robe of true belief woven on high.* Wearing it she cries with us, your children:* Rejoice, O Father, highest mind of theology.

Now and for ever and ever. Amen.

Kontakion, Tone 8: When You rose from the tomb,* You also raised the dead and resurrected Adam.* Eve exults in Your

resurrection,* and the ends of the world celebrate Your rising from the dead,* O most merciful One.

Prokeimenon, Tone 8

Pray and give praise to the Lord our God.

verse: In Judea God is known; His name is great in Israel. (*Psalms 75:12,2*)

Prokeimenon, Tone 1

My mouth shall speak wisdom* and the meditation of my heart understanding.

Epistle

2 Timothy 3:10-15

Timothy, my son, you have observed my teaching, my conduct, my aim in life, my faith, my patience, my love, my steadfastness, my persecutions, and my suffering the things that happened to me in Antioch, Iconium, and Lystra. What persecutions I endured! Yet the Lord rescued me from all of them. Indeed, all who want to live a godly life in Christ Jesus will be persecuted. But wicked people and impostors will go from bad to worse, deceiving others and being deceived. But as for you,



HOLY MYSTERIES

CONFESSION:

Saturdays 3:00 pm

Sundays 10:00 am

OR by appointment

403-249-4818, ext. 1

MARRIAGE, BAPTISM-CHRISMATION-

EUCHARIST, FUNERALS :

Contact the office at

Office@Protomartyr.ca

ANOINTING OF THE SICK:

For emergencies call

403-249-4818, ext. 9

DIVINE LITURGY INTENTIONS :

Arrangements with the office

CLERGY & RELIGIOUS

Pastor :

Father Janko Herbut

FatherJanko@protomartyr.ca

Office:403-249-4818, ext. 1

PARISH OFFICE

Office Administrator:

Linda Buck 403-249-4818, ext. 0

office@Protomartyr.ca

Communications Coordinator:

Mirna Farahat

coordinator@Protomartyr.ca

HALL RENTAL INQUIRIES

Contact the office : 403-249-4818

continue in what you have learned and firmly believed, knowing from whom you learned it, and how from childhood you have known the sacred writings that are able to instruct you for salvation through faith in Christ Jesus.

Alleluia, Tone 8

verse: Come, let us rejoice in the Lord; let us acclaim God our Saviour.

verse: Let us come before His countenance with praise and acclaim Him with psalms. (*Psalm 94:1,2*)

verse: Give heed, O my people, to my law, incline your ears to the words of my mouth.

Gospel

Luke 18:10-14

The Lord told this parable: "Two men went up to the temple to pray, one a Pharisee and the other a tax collector. The Pharisee, standing by himself, was praying thus, 'God, I thank you that I am not like other people: thieves, rogues, adulterers, or even like this tax

collector. I fast twice a week; I give a tenth of all my income.' But the tax collector, standing far off, would not even look up to heaven, but was beating his breast and saying, 'God, be merciful to me, a sinner!' I tell you, this man went down to his home justified rather than the other; for all who exalt themselves will be humbled, but all who humble themselves will be exalted."

The Lord said to his disciples, "I am the gate. Whoever enters by me will be saved, and will come in and go out and find pasture. The thief comes only to steal and kill and destroy. I came that they may have life, and have it abundantly.

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest (*Psalm 148:1*).* The just man shall be in everlasting remembrance;* of evil hearsay he shall have no fear.* Alleluia, alleluia,* alleluia. (*Psalm 111:6*)

Неділя про Митаря і Фарисея.

Прп. Максима Ісповідника; Св. мч. Неофіта; Свв. мчч. Євгенія, Кандида, Валеріяна й Акили.
21 Січня

Тропарі і Кондаки

Тропаріон (Тоне 8): З висоті зійшов Ти, Милосердний,* погребення прийняв Ти триднівне,* щоб нас визволити від страстей,* життя і воскресіння наше,* Господи, слава Тобі.

Тропар (г. 1): Пастирська сопілка твого богослов'я перемогла труби красномовців,* бо Тобі, що дослідив глибини духа,* була додана і краса віщування.* Моли ото Христа Бога, отче Григорію,* щоб спаслися душі наші.

+Слава Отцю, і Сину, і Святому Духові.

Кондак (г. 3): Богословним твоїм язиком Ти розрушив видумки красномовців, славний;* православ'я одежею, з висоти тканною, Ти Церкву украсив,* яку і носить, і з нами, твоїми дітьми, кличе:* Радуйся, отче, богослов'я розуме найвищий.

І нині, і повсякчас, і на віки вічні. Амінь.

Кондак Трійді, глас 3: Зітхання митарські принесім Господеві* і до Нього приступім, грішні, як до Владики;* Він бо хоче спасення всіх людей,* Він відпущення подає всім, що каються,* бо ради нас Він воплотився – Бог сущий, Отцю собезначальний.

Прокімен (глас 8):

Помоліться і воздайте Господеві, Богу нашому (*Пс. 75,12*).

Стих: Відомий у Юдеї Бог, в Ізраїлі велике ім'я Його (*Пс. 75,2*).

Прокімен (г. 1):

Уста мої промовлять премудрість і роздуми с'єрця мого — розуміння (*Пс. 48,4*).

Апостол: 2 Тим. 3, 10-15

Сину Тимотею, ти пішов слідом за мною в моїй науці, моїй поведінці, моїй настанові, вірі, довготерпеливості, любові, постійності у переслідуваннях, у стражданнях, які були спіткали мене в Антіохії, в Іконії та в Лістрі; всі ці переслідування я переніс на собі, і від усіх них Господь мене визволив. Та й усі, що побожно хочуть жити у Христі Ісусі, будуть переслідувані. А лихі люди й дурисвіти будуть дедалі більше поступати у злому, зводячи інших, і самі зведені. Ти ж тримайся того, чого навчився і в чому переконався. Відаєш бо, від кого ти навчився, і вже змалку знаєш Святе писання, яке може тебе зробити мудрим на спасіння вірою у Христа Ісуса.

Алилуя (глас 1):

Стих: Бог, що дає відплату мені, і покоровив народи мені (*Пс 18,48*)

Стих: Ти, що звеличуєш спасіння царя, і даєш милість помазаннику Своему Давидові і родові його повіки (Пс 18,51).

Стих: Уста праведного повчаться премудрости і язик його промовить суд (Пс. 36,30).

Стих: Закон Бoga його в серці його і не зупи няться сто́пи його (Пс. 36,31)

Евангеліє: Лук 18, 10-14

Сказав Господь притчу оцю: Два чоловіки увійшли в храм молитись: один був фарисей, а другий – митар. Фарисей, стоячи, молився так у собі: Боже, дякую тобі, що я не такий, як інші люди: грабіжники,

неправедні, перелюбці, або як оцей митар. Пощу двічі на тиждень, з усіх моїх прибутків даю десятину. А митар, ставши здалека, не смів і очей звести до неба, тільки бив себе в груди, кажучи: Боже, змилуйся надо мною грішним! Кажу вам: цей вернувся до свого дому виправданий, але не той; бо кожний, хто несеться вгору, буде принижений, а хто принижується, буде ввищений.

Причисний:

Хваліте Господа з небес,* хваліте Його на висотах (Пс 148,1).

В пам'яті вічний буде праведник, поголосів з лих не убоїться (Пс. 111,6-7). Алилуя (х3).



DIVINE LITURGY INTENTIONS

Saturday, January 24:

- ❖ 3:00pm – Confessions
- ❖ 4:00pm – Great Vespers
- ❖ 5:00pm – for the repose of the soul of +Rose Howat. Vichnaya Pamyat!

Sunday, January 25:

- ❖ 8:30am – for improved health and healing for Trina
- ❖ 8:30am – for improved health and healing for Rose Marie Boychuk and George Koch
- ❖ 10:30am – in memory of the repose of the souls of +Helen and +Joe Ewanchyna. Vichnaya Pamyat!
- ❖ 10:30am – for the repose of the soul of +Tony Woychshyn. Vichnaya Pamyat!
- ❖ 10:30am – in memory of the repose of the soul (10 yrs) of +William Lewchuk Sr. w/ Panakhyda

Monday, January 26:

- ❖ 7:00pm – POSTPONED until Feb 16th

Tuesday, January 27:

- ❖ 9:00am – CANCELED

Wednesday, January 28:

- ❖ 9:00am - CANCELED

Thursday, January 29:

- ❖ 9:00am – for the intentions and needs of all parishioners

Friday, January 30:

- ❖ 9:00am - for the intentions and needs of all parishioners

Saturday, January 31:

- ❖ 3:00pm – Confessions
- ❖ 4:00pm – Akathist to Theotokos
- ❖ 5:00pm – for the intentions and needs of all parishioners

Sunday, February 1:

- ❖ 8:30am – for the repose of the soul of +Carolyn Bochulak. Vichnaya Pamyat!
- ❖ 8:30am – in memory of the repose of the soul of +Joe Chychrun. Vichnaya Pamyat!
- ❖ 10:30am – in memory of the repose of the soul of +Mary Josephs. Vichnaya Pamyat!

Announcements and Upcoming Events

- **WEEKDAY DIVINE LITURGIES: TUESDAY & WEDNESDAY, JAN 27th & 28th at 9AM ARE CANCELED.** Fr Janko will be away.
- **LENTEN MISSION: SAVE THE DATES: FEBRUARY 20th, 21st and 22nd.** More information to come!
- **HOUSE BLESSINGS: It's time to bless your home again!** By sanctifying our homes with Holy Water we extend the grace of God to our individual dwellings, to invoke God's blessings and protection on it and its inhabitants. If you would like to have your home blessed this Theophany season, please contact Fr. Janko at 403-249-4818 ext 1.
- **ALWAYS OUR PARISHIONERS:** We are continuing the Eparchial initiative called *Always Our Parishioners* which is intended to help bolster our current pastoral outreach to the sick, isolated and lonely of our parish. If you know of someone in need of pastoral care, please pick up an information card from the Narthex, fill it out at your convenience and then return it to the box provided. This card would then provide contact information of persons potentially in need of a phone call and/or visit from Fr Janko or his volunteer team. This contact information would be logged by the parish office for future visits.
- **PRAY FOR PEACE: POSTPONED UNTIL FEBRUARY 16TH. MONDAY EVENINGS @ 7:00 P.M.** All are invited to come and pray the rosary for peace and an end to the war in Ukraine. Fr. Janko will also be available following the rosary for an open chat session or to answer any questions you might have.
- **МОЛІТЬСЯ ЗА МИР: ВІДКЛАДЕНО ДО 16 ЛЮТОГО. ВЕЧІР ПОНЕДІЛКА @ 19:00** Усіх запрошують прийти та помолитися на вервиці за мир та припинення війни в Україні. О. Янко також буде доступний після вервиці для відкритого чату або для відповідей на будь-які ваші запитання.
- **ADULT CATECHESIS: FRIDAY EVENINGS @ 7:00 PM.**
- **ST. STEPHEN'S 54th ANNUAL FUNDRAISER DINNER: FRIDAY, FEBRUARY 6th.** Preparations are underway! Please consider helping to make our biggest annual fundraiser another huge success! If you would like to volunteer, please fill out the following form: [2026 St. Stephen Fundraising Dinner Volunteer List – Fill out form](#). The organizing Committee will be in touch!

- **UCWLC MEMBERSHIP DRIVE: (NEW & RENEWALS)** will take place TODAY in the narthex after 8:30 & 10:30 Divine Liturgies.
 - * COST: \$25.00 There are 3 ways to pay -- CASH, CHEQUE payable to St. Stephens UCWLC, E TRANSFER: St.StephenUCWLC@hotmail.com Indicate: fees
 - * You may mail in your cheque to this address: St. Stephen Protomartyr Ukr. Catholic Church 4903 - 45th Str. S.W. CALGARY, AB T3E 3W5 ATTN: UCWLC
 - * If you would like to make alternate arrangements or require more info contact Bernadette @ 403-669-5280. You can text this number.

- **PARISH INITIATIVE – KITCHEN CLEANING: THURSDAY, JAN 22nd, 9:00am start in St. Stephen’s Kitchen. Many hands make light work and EVERYONE IS INVITED!** We are looking for volunteers to help clean the kitchen and take inventory. Please let Val or Stacey know if you are able to help. The plan is to work 9 – 11am. For information and to sign up please contact: Val Strashok by text - 403-477-2693 or by email: strash@shaw.ca or Stacey Bobyn by text – 403-860-2185 or by email: sboby1@telus.net

- **PLUS 50: HAPPY NEW YEAR!** Our first meeting this new year will be on **TUESDAY, JANUARY 27**, in the parish center. **Start time is 10:30 AM for card games and lunch is a POTLUCK at 12 noon.** All seniors are welcome. Bring a friend and a favorite dish and enjoy the camaraderie.

- **WHAT IS YOUR FAITH JOURNEY GOING TO BE IN 2026?** Do you want to deepen your relationship with God through practices like daily prayer (Morning Offering, Rosary), regular Sacraments (Confession, Mass), reading Scripture and Church documents, serving others (Works of Mercy), or fostering family faith, aiming for holiness and virtue rather than perfection, with an emphasis on gratitude, humility, and perseverance through God's grace. Here are three suggestions for your 2026 Faith Journey:
 - **The Bible in a Year - Father Mike Schmitz:** *The Bible in a Year* podcast with Fr. Mike Schmitz guides listeners through the entire Bible in 365 short episodes, combining Scripture readings, reflections, and prayer. Following the Great Adventure Bible Timeline by Jeff Cavins, the podcast helps listeners understand the context and unity of salvation history, with special episodes featuring Cavins himself. Through 20–25 minute daily episodes, listeners grow in confidence, deepen their faith, and learn to see their lives and the world through the lens of Scripture. <https://app.ascensionpress.com/podcasts/bible>
 - **Rosary in a Year - Father Mark-Mary Ames:** In Ascension’s Rosary in a Year podcast, Fr. Mark-Mary Ames, CFR, guides listeners in a step-by-step journey that will change the way you pray – no matter where you are in your spiritual life. By starting small and adding on over time, listeners will find themselves falling more in love with this powerful Marian devotion, becoming a source of grace for the whole world. <https://app.ascensionpress.com/podcasts/f050d01d-da47-4d3d-bb68-b22339db672a>
 - **Catechism in a Year - Father Mike Schmitz:** This podcast walks listeners through the entire *Catechism of the Catholic Church* in 365 short episodes, offering clear explanations, insight, and encouragement. Using Ascension’s Foundations of Faith approach, the podcast reveals the structure of the Catechism and helps listeners understand what Catholics believe, why it matters, and how Church teaching is rooted in Scripture and Tradition. Through 15–20 minute daily episodes with guided prayer, listeners deepen their understanding of the Catholic Faith and God’s plan for their lives. <https://app.ascensionpress.com/podcasts/catechism>

- **NEWS FROM CALGARY FRIENDS OF UCU:** Would your family like to host an exchange student from Ukraine? The Calgary Friends of UCU are pleased to announce that one female exchange student from the Ukrainian Catholic University in L’viv, has been approved to attend the winter semester at Calgary’s St. Mary’s University (14500 Bannister Road SE) from September to December 2026. There may be a second student approved as well. We are seeking a family to accommodate the student during her stay in Calgary until December 22. Access to the LRT Red Line is desirable. If your family may have an interest in hosting an exchange student from Ukraine please contact the Calgary Friends of UCU at calgary.ucef@gmail.com.

- **2025 PARISH PHOTO DIRECTORIES:** Available to pick up from the narthex.

- **2026 DONATION ENVELOPES AND CALENDARS:** Available to pick up from the Narthex. Thank you for your continued support to St Stephen Protomartyr Ukrainian Catholic Church!