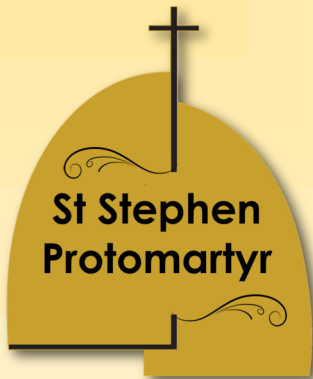


# ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

JANUARY 18, 2026



**Address:**  
4903 – 45<sup>th</sup> Street S.W.  
Calgary, Alberta T3E 3W5 Canada

**Office Hours**  
Mon-Thurs 9:00am –3:00pm

**Telephone:**  
403-249-4818, press 0

**Pastoral Emergencies:**  
403-249-4818, press 9

**Email:**  
Office@Protomartyr.ca  
Coordinator@Protomartyr.ca

**Parish Website:**  
[www.saintstephencalgary.ca](http://www.saintstephencalgary.ca)

**Parish Calendar:**  
[www.saintstephencalgary.ca/  
calendar1.html](http://www.saintstephencalgary.ca/calendar1.html)

**Facebook:**  
[https://www.facebook.com/  
protomartyr.ca](https://www.facebook.com/protomartyr.ca)

**Eparchy Website:**  
[www.edmontoneparchy.com](http://www.edmontoneparchy.com)

## **DIVINE LITURGIES:**

### **Sunday Divine Liturgies:**

8:30 am—Bilingual

\*\* 10:05—Rosary \*\*

10:30 am – English

### **Saturday Services:**

3:00 pm—Confessions

4:00 pm — Great Vespers

5:00 pm - Divine Liturgy

### **Weekday Divine Liturgies:**

9:00am - Tues / Wed / Thurs / Fri

Thirty-second Sunday after Pentecost,  
Octoechos Tone 7;  
Our Holy Fathers and Archbishops of Alexandria Athanasius and Cyril

### **Troparia and Kontakia**

**Troparion, Tone 7:** By Your cross You destroyed death;\* You opened Paradise to the thief;\* You changed the lamentation of the myrrh-bearers to joy,\* and charged the apostles to proclaim\* that You are risen, O Christ our God,\* offering great mercy to the world.

Glory be to the Father and to the Son and to the Holy Spirit.

**Kontakion, Tone 7:** No longer shall the dominion of death be able to hold humanity,\* for Christ went down shattering and destroying it s powers.\* Hades is bound.\* The prophets exult with one voice.\* The Saviour has come for those with faith, saying:\* “Come forth, O faithful, to the resurrection!”

Now and for ever and ever. Amen.

**Theotokion, Tone 7:** O all-praised treasury of our resurrection, we hope in you,\* bring us up from the pit and depth of sin,\* for you have saved those subject to sin\* by giving birth to our Salvation,\* O Virgin before childbirth, and Virgin in childbirth,\* and still a Virgin after childbirth.

### **Prokeimenon, Tone 7**

The Lord will give strength to His people;\* the

Lord will bless His people with peace.

**verse:** Bring to the Lord, O you sons of God; bring to the Lord young rams. (*Psalms 28:11,1*)

### **Epistle**

#### **1 Timothy 4:9-15**

Timothy, my son, the saying is sure and worthy of full acceptance. For to this end we toil and struggle, because we have our hope set on the living God, who is the Savior of all people, especially of those who believe.

These are the things you must insist on and teach. Let no one despise your youth, but set the believers an example in speech and conduct, in love, in faith, in purity. Until I arrive, give attention to the public reading of scripture, to exhorting, to teaching. Do not neglect the gift that is in you, which was given to you through prophecy with the laying on of hands by the council of elders. Put these things into practice, devote yourself to them, so that all may see your progress.

### **Alleluia, Tone 7**

**verse:** It is good to give praise to the Lord; and to sing to Your name, O Most High.

**verse:** To announce Your mercy in the morning, and Your truth every night. (*Psalms 91:2,3*)



## HOLY MYSTERIES

### **CONFESION:**

Saturdays 3:00 pm  
Sundays 10:00 am  
OR by appointment  
403-249-4818, ext. 1

### **MARRIAGE, BAPTISM-CHRISMATION-**

#### **EUCHARIST, FUNERALS :**

Contact the office at  
Office@Protomartyr.ca

### **ANOINTING OF THE SICK:**

For emergencies call  
403-249-4818, ext. 9

### **DIVINE LITURGY INTENTIONS :**

Arrangements with the office

## CLERGY & RELIGIOUS

### **Pastor :**

#### **Father Janko Herbut**

FatherJanko@protomartyr.ca  
Office:403-249-4818, ext. 1

## PARISH OFFICE

#### **Office Administrator:**

Linda Buck 403-249-4818, ext. 0  
office@Protomartyr.ca

#### **Communications Coordinator:**

Mirna Farahat  
coordinator@Protomartyr.ca

## HALL RENTAL INQUIRIES

Contact the office : 403-249-4818

## **Gospel**

### **Luke 19:1-10**

At that time, Jesus entered Jericho and was passing through it. A man was there named Zacchaeus; he was a chief tax collector and was rich. He was trying to see who Jesus was, but on account of the crowd he could not, because he was short in stature. So he ran ahead and climbed a sycamore tree to see him, because he was going to pass that way. When Jesus came to the place, he looked up and said to him, "Zacchaeus, hurry and come down; for I must stay at your house today." So he hurried down and was happy to welcome him. All who saw it

began to grumble and said, "He has gone to be the guest of one who is a sinner." Zacchaeus stood there and said to the Lord, "Look, half of my possessions, Lord, I will give to the poor; and if I have defrauded anyone of anything, I will pay back four times as much." Then Jesus said to him, "Today salvation has come to this house, because he too is a son of Abraham. For the Son of Man came to seek out and to save the lost."

### **Communion Hymn**

Praise the Lord from the heavens;\* praise Him in the highest (*Psalm 148:1*).\* Alleluia, alleluia,\* alleluia.

## **32-а Неділя по Зісланні Св. Духа; Неділя про Закхея.**

Прпп., у Синаї і Раїті повбиваних. Пам'ять переставл. св. рівноап. Ніни, просвітительки Грузії. Віддання Богоявлення.  
14 січня

### **Тропарі і Кондаки**

*Тропаріон (Тоне 7):* Розорів Ти хрестом Твоїм смерть,\* отворів Ти розбійникові рай,\* мироносицям плач переминів Ти,\* і апостолам проповідати повелів,\* що воскрес Ти, Христе Боже,\* даючи світові велику милість.

+Слава Отцю, і Сину, і Святому Духові.

*Кондак (глас 7):* Ужé більше влада смёртна не змóже людéй держáти,\* Христóс бо зйшóв, сокрушаючи й розоряючи síли її.\* Зв'язується ад,\* пророки сýголосо радуються,\* предстáв Спас, мóвлячи тим, що в вірі:\* Вийдіть, вірні, у воскресіння.

І нині, і повсякчас, і на віки вічні. Амінь.

*Богородичний (г. 7):* Як скарбніця нашого воскресіння\* тих, що на тебе надіються, Всехвálnа,\* виведи з рóву і глибін прогрішень,\* бо ти спасла винних у грісі,\* родівши спасіння наше.\* Ти пéред різдвóm – Діва\* і в різдві – Діва,\* і по різдві перебуваеш Дівою.

### **Прокімен (глас 7):**

Госпóдь кріпость лю́дям Своім дасть, Госпóдь благословить лю́дéй Сво́их миром (*Пс. 28,11*).  
*Стих:* Принесіть Господéві, сині́ Бóжі, принесіть Господéві молоді́х баранці́в (*Пс. 28,11*).

### **Апостол: (1Тм 4,9-15):**

*Сину Тимотею,* вірне це слово й повного довір'я гідне. На це бо й трудимся та боремось, тому що ми поклали нашу надію на живого Бога, який є Спасителем усіх людей, особливо ж вірних. Це наказуй і навчай. Ніхто твоїм молодим віком хай не

гордує, але будь зразком для вірних у слові, поведінці, любові, вірі й чистоті. Заки я прийду, віддавайся читанню, умовлянню та навчанню. Не занедбуй у собі дару, що був даний тобі через пророцтво з накладанням рук збору пресвітерів. Про це міркуй, будь увесь у цьому, щоб поступ твій усім був очевидний.

### **Алилуя (глас 7):**

*Стих:* Блáго є ісповідувати Гóспода і співáти імені Твоéму, Всеви́шній (*Пс. 91,2*).  
*Стих:* Зви́щати вдóсвіта мiлiсть Твою́ і істи́ну Твою́ на вся́ку ніч (*Пс. 91,3*).

### **Євангеліє: (Лк 19,1-10):**

*У той час,* увійшовши в Єрихон, Ісус проходив через (місто). А був там чоловік, Закхей на ім'я; він був головою над митарями й був багатий. Він бажав бачити Ісуса, хто він такий, але не міг із-за народу, бо був мало зросту. Побіг він наперед, виліз на сикомор, щоб подивитися на нього, бо Ісус мав проходити тудию. Прийшовши на те місце, Ісус глянув угору і сказав до нього: "Закхею, притьмом злізай, бо я сьогодні маю бути в твоїм домі." І зліз той швидко і прийняв його радо. Всі, бачивши те, заходилися нарікати та й казали: "До чоловіка грішника зайшов у гостину." А Закхей устав і до Господа промовив: "Господи, ось половину майна свого даю вбогим, а коли чимсь когось і покривдив, поверну вчетверо." Ісус сказав до нього: "Сьогодні на цей дiм зйшло спасіння, бо й він син Авраама. Син бо Чоловічий прийшов шукати і спасти те, що загинуло."

**Причасний:** Хваліте Господа з небес, хваліте Його на висотах (Пс 148,1). Алилуя (х3).

# Announcements and Upcoming Events

- **NAME TAG SUNDAY:** TODAY will be our first name tag Sunday of the New Year! Wear your name tag made at home or stop by the greeting table to make one that morning. Say hello to someone new and visit over coffee and refreshment provided by the hospitality team after both liturgies.
- **HOUSE BLESSINGS:** It's time to bless your home again! By sanctifying our homes with Holy Water we extend the grace of God to our individual dwellings, to invoke God's blessings and protection on it and its inhabitants. If you would like to have your home blessed this Theophany season, please contact Fr. Janko at 403-249-4818 ext 1.
- **LENTEN MISSION: SAVE THE DATE: FEBRUARY 20<sup>th</sup>, 21<sup>st</sup> and 22<sup>nd</sup>.** More information to come!
- **ALWAYS OUR PARISHIONERS:** We are continuing the Eparchial initiative called *Always Our Parishioners* which is intended to help bolster our current pastoral outreach to the sick, isolated and lonely of our parish. If you know of someone in need of pastoral care, please pick up an information card from the Narthex, fill it out at your convenience and then return it to the box provided. This card would then provide contact information of persons potentially in need of a phone call and/or visit from Fr Janko or his volunteer team. This contact information would be logged by the parish office for future visits.
- **PRAY FOR PEACE: POSTPONED UNTIL FEBRUARY 16<sup>TH</sup>. MONDAY EVENINGS @ 7:00 P.M.** All are invited to come and pray the rosary for peace and an end to the war in Ukraine. Fr. Janko will also be available following the rosary for an open chat session or to answer any questions you might have.
- **МОЛІТЬСЯ ЗА МИР: ВІДКЛАДЕНО ДО 16 ЛЮТОГО. ВЕЧІР ПОНЕДІЛКА @ 19:00** Усіх запрошують прийти та помолитися на вервиці за мир та припинення війни в Україні. О. Янко також буде доступний після вервиці для відкритого чату або для відповідей на будь-які ваші запитання.
- **ADULT CATECHESIS: FRIDAY EVENINGS @ 7:00 PM.**
- **ST. STEPHEN'S 54<sup>th</sup> ANNUAL FUNDRAISER DINNER: FRIDAY, FEBRUARY 6<sup>th</sup>.** Preparations are underway! Please consider helping to make our biggest annual fundraiser another huge success! If you would like to volunteer, please fill out the following form: [2026 St. Stephen Fund-raising Dinner Volunteer List – Fill out form](#) . The organizing Committee will be in touch!
- **UCWLC MEMBERSHIP DRIVE: (NEW & RENEWALS) will take place on SUNDAY JAN. 18th & 25th in the narthex after 8:30 & 10:30 Divine Liturgies.**
  - \* COST: \$25.00 There are 3 ways to pay -- CASH, CHEQUE payable to St. Stephens UCWLC, E TRANSFER: St.StephenUCWLC@hotmail.com Indicate: fees
  - \* You may mail in your cheque to this address: St. Stephen Protomartyr Ukr. Catholic Church 4903 - 45th Str. S.W. CALGARY, AB T3E 3W5 ATTN: UCWLC
  - \* If you would like to make alternate arrangements or require more info contact Bernadette @ 403-669-5280. You can text this number.



## DIVINE LITURGY INTENTIONS

Saturday, January 17:

- ❖ 3:00pm – Confessions
- ❖ 4:00pm – Great Vespers
- ❖ 5:00pm – in memory of the repose of the souls of +Andrew and +Fred Kuzemka w/ Panakhyda. Vichnaya Pamyat!

Sunday, January 18:

- ❖ 8:30am – in memory of the repose of the souls of +Lydia and +John Krill and +John Nedoszytko. Vichnaya Pamyat!
- ❖ 8:30am – for improved health and healing for Trina
- ❖ 10:30am – in memory of the repose of the souls of the +Swidzinski family. Vichnaya Pamyat!
- ❖ 10:30am – in memory of the repose of the soul of +Victoria Klym. Vichnaya Pamyat!

Monday, January 19:

- ❖ 7:00pm – POSTPONED until Feb 16th

Tuesday, January 20:

- ❖ 9:00am - for the intentions and needs of all parishioners

Wednesday, January 21:

- ❖ 9:00am - for the intentions and needs of all parishioners

Thursday, January 22:

- ❖ 10:00am – for the intentions and needs of all parishioners

Friday, January 23:

- ❖ 9:00am - for the intentions and needs of all parishioners

Saturday, January 24:

- ❖ 3:00pm – Confessions
- ❖ 4:00pm – Great Vespers
- ❖ 5:00pm – for the intentions and needs of all parishioners

Sunday, January 25:

- ❖ 8:30am – for improved health and healing for Trina
- ❖ 8:30am – for improved health and healing for Rose Marie Boychuk and George Koch
- ❖ 10:30am – in memory of the repose of the souls of +Helen and +Joe Ewanchyna. Vichnaya Pamyat!
- ❖ 10:30am – for the repose of the soul of +Tony Woychshyn. Vichnaya Pamyat!

- PARISH INITIATIVE – KITCHEN CLEANING: THURSDAY, JAN 22<sup>nd</sup>, 9:00am start in St. Stephen’s Kitchen. Many hands make light work and EVERYONE IS INVITED!** We are looking for volunteers to help clean the kitchen and take inventory. Please let Val or Stacey know if you are able to help. The plan is to work 9 – 11am. For information and to sign up please contact: Val Strashok by text - 403-477-2693 or by email: [strash@shaw.ca](mailto:strash@shaw.ca) or Stacey Bobyn by text – 403-860-2185 or by email: [sboby1@telus.net](mailto:sboby1@telus.net)
- FAMILY FUN NIGHT: SATURDAY, JAN 24<sup>th</sup>, 6:00-7:30PM** - following the 5pm Divine Liturgy on the 4<sup>th</sup> Saturday of every month. Come meet and visit with others, invite friends and families to our community, and enjoy the pizza, bouncy castles, and growth in friendships and faith. (Faith formation element for teens and young adults to begin in April.) CONTACT Brian O'Neill at [Youth@protomartyr.ca](mailto:Youth@protomartyr.ca) to help organize or for more info.
- SOUPED UP SWING: SATURDAY, JAN 24<sup>th</sup>: NEW START TIME 7:45PM;** Dance starts at 8:30. WHY?? Because we are starting the Family Fun Nights (see above for details). All youth, young adults and young at heart are invited! No skill nor partner needed.
- WHAT IS YOUR FAITH JOURNEY GOING TO BE IN 2026?** Do you want to deepen your relationship with God through practices like daily prayer (Morning Offering, Rosary), regular Sacraments (Confession, Mass), reading Scripture and Church documents, serving others (Works of Mercy), or fostering family faith, aiming for holiness and virtue rather than perfection, with an emphasis on gratitude, humility, and perseverance through God's grace. Here are three suggestions for your 2026 Faith Journey:

**The Bible in a Year - Father Mike Schmitz:** *The Bible in a Year* podcast with Fr. Mike Schmitz guides listeners through the entire Bible in 365 short episodes, combining Scripture readings, reflections, and prayer. Following the Great Adventure Bible Timeline by Jeff Cavins, the podcast helps listeners understand the context and unity of salvation history, with special episodes featuring Cavins himself. Through 20–25 minute daily episodes, listeners grow in confidence, deepen their faith, and learn to see their lives and the world through the lens of Scripture. <https://app.ascensionpress.com/podcasts/bible>

**Rosary in a Year - Father Mark-Mary Ames:** In Ascension’s Rosary in a Year podcast, Fr. Mark-Mary Ames, CFR, guides listeners in a step-by-step journey that will change the way you pray – no matter where you are in your spiritual life. By starting small and adding on over time, listeners will find themselves falling more in love with this powerful Marian devotion, becoming a source of grace for the whole world. <https://app.ascensionpress.com/podcasts/f050d01d-da47-4d3d-bb68-b22339db672a>

**Catechism in a Year - Father Mike Schmitz:** This podcast walks listeners through the entire *Catechism of the Catholic Church* in 365 short episodes, offering clear explanations, insight, and encouragement. Using Ascension’s Foundations of Faith approach, the podcast reveals the structure of the Catechism and helps listeners understand what Catholics believe, why it matters, and how Church teaching is rooted in Scripture and Tradition. Through 15–20 minute daily episodes with guided prayer, listeners deepen their understanding of the Catholic Faith and God’s plan for their lives. <https://app.ascensionpress.com/podcasts/catechism>
- NEWS FROM CALGARY FRIENDS OF UCU:** Would your family like to host an exchange student from Ukraine? The Calgary Friends of UCU are pleased to announce that one female exchange student from the Ukrainian Catholic University in L’viv, has been approved to attend the winter semester at Calgary’s St. Mary’s University (14500 Bannister Road SE) from September to December 2026. There may be a second student approved as well. We are seeking a family to accommodate the student during her stay in Calgary until December 22. Access to the LRT Red Line is desirable. If your family may have an interest in hosting an exchange student from Ukraine please contact the Calgary Friends of UCU at [calgary.ucf@gmail.com](mailto:calgary.ucf@gmail.com).
- 2025 PARISH PHOTO DIRECTORIES:** Available to pick up from the narthex.
- 2026 DONATION ENVELOPES AND CALENDARS:** Available to pick up from the Narthex. Thank you for your continued support to St Stephen Protomartyr Ukrainian Catholic Church!