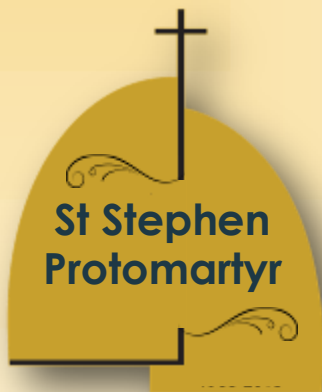


ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

APRIL 23RD, 2023



Address:
4903 – 45th Street S.W.
Calgary, Alberta T3E 3W5 Canada

Office Hours
Mon-Thurs 9:00am -2:00pm

Telephone:
403-249-4818, press 0

Pastoral Emergencies:
403-249-4818, press 9

Email:
Office@Protomartyr.ca
Coordinator@Protomartyr.ca

Parish Website:
www.saintstephencalgary.ca

Parish Calendar:
www.saintstephencalgary.ca/calendar1.html

Facebook:
<https://www.facebook.com/protomartyr.ca>

Eparchy Website:
www.edmontoneparchy.com

DIVINE LITURGIES:

Sunday Services:
8:30 am—Bilingual
10:05—Rosary
10:30 am – English
Vigil Liturgy, **Saturday** at 5:00 pm

Weekday Services:
Wednesday and Thursdays
9:00am

Third Sunday after Pascha. Sunday of the Myrrh-Bearing Women; The Holy and Glorious Great-Martyr, Victory-bearer and Wonderworker George

After the priest has exclaimed, Blessed be the Kingdom... and the people have responded, Amen, the clergy sing the Paschal Troparion once and the people repeat it. Then, the clergy sing the first half, and the people conclude it.

Paschal Troparion

Christ is risen from the dead,* trampling death by death,* and to those in the tombs* giving life.

Troparia and Kontakia

Troparion, Tone 2: When You went down to death, O Life Immortal,* You struck Hades dead with the blazing light of Your divinity.* When You raised the dead from the nether world,* all the powers of heaven cried out:* “O Giver of Life, Christ our God, glory be to You!”

Troparion, Tone 2: The noble Joseph took down Your most pure body from the tree.* He wrapped it with a clean shroud and aromatic spices* and placed it in a new tomb.* But on the third day You arose, O Lord,* granting the world Your great mercy.

Troparion, Tone 4: O victorious great-martyr George,* as a liberator of captives and helper of the poor,* physician of the sick* and champion of kings,* entreat Christ our God to save our souls.

Glory be to the Father, and to the Son, and to the Holy Spirit.

Kontakion, Tone 4: You showed yourself a most honourable harvester of godliness,* for it was God who cultivated you.* You gathered the sheaves of virtues,* for, sowing in tears, you reaped in gladness;* and in shedding your blood, you received Christ.* By your prayers, O holy one, you grant pardon of transgressions of all.

Now and for ever and ever. Amen.

Kontakion, Tone 2: You commanded the myrrh-bearers to rejoice, O Christ God,* and ended the grief of our mother Eve by Your Resurrection.* You

ordered the apostles to proclaim to all:* “The Saviour is risen from the tomb.”

Prokeimenon, Tone 6

Save Your people, O Lord, * and bless Your inheritance.

verse: Unto You I will cry, O Lord, my God, lest You turn from me in silence. (Psalm 27:9,1)

Prokeimenon, Tone 7

The just man shall be glad in the Lord and shall hope in Him.

Epistle—Acts 6:1-7; Acts 12:1-11

A reading from the Acts of the Apostles.

In those days, when *the number* of the disciples was multiplying, there arose a complaint against the Hebrews by the Hellenists, because their widows were neglected in the daily distribution. Then the twelve summoned the multitude of the disciples and said, “It is not desirable that we should leave the word of God and serve tables. Therefore, brethren, seek out from among you seven men of *good* reputation, full of the Holy Spirit and wisdom, whom we may appoint over this business; but we will give ourselves continually to prayer and to the ministry of the word.”

And the saying pleased the whole multitude. And they chose Stephen, a man full of faith and the Holy Spirit, and Philip, Prochorus, Nicanor, Timon, Parmenas, and Nicolas, a proselyte from Antioch, whom they set before the apostles; and when they had prayed, they laid hands on them.

Then the word of God spread, and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith.

In those days, Herod the king stretched out *his* hand to harass some from the church. Then he killed James the brother of John with the sword. And because he saw that it pleased the Jews, he



HOLY MYSTERIES

CONFESSION:

Saturdays 4:00 to 4:45 pm
Sundays before the 8 am and 10 am
Liturgies OR by appointment
403-249-4818, ext. 2

MARRIAGE, BAPTISM-CHRISMATION- EUCCHARIST, FUNERALS :

Contact the Sacramental Coordinator
Kim Bombak:
Sacraments@Protomartyr.ca

ANOINTING OF THE SICK:

For emergencies call
403-249-4818, ext. 9

DIVINE LITURGY INTENTIONS :

Arrangements with the office

CLERGY & RELIGIOUS

Pastor :

Fr. Michael Bombak
FatherMichael@Protomartyr.ca
Office:403-249-4818, ext. 1

Pastor, St. Basil's Melkite Greek Catholic Church

Fr. Samer Naaman
stbasilmelkitechicago@gmail.com
Facebook: St Basils Melkite Greek
Catholic Church Calgary

PARISH OFFICE

Office Administrator:

Linda Buck 403-249-4818, ext. 0
office@Protomartyr.ca

Sacramental Coordinator:

Kim Bombak
403-249-4818 ext 2
Sacraments@Protomartyr.ca

Communications Coordinator:

Mirna Farahat
coordinator@Protomartyr.ca

Ukrainian Newcomer Coordinator:

Julia Moroz
newcomers@protomartyr.ca

HALL RENTAL INQUIRIES

Maria Dwulit,
403-249-4818 ext 5
email: Hall@Protomartyr.ca

proceeded further to seize Peter also. Now it was *during* the Days of Unleavened Bread. So when he had arrested him, he put *him* in prison, and delivered *him* to four squads of soldiers to keep him, intending to bring him before the people after Passover.

Peter was therefore kept in prison, but constant prayer was offered to God for him by the church. And when Herod was about to bring him out, that night Peter was sleeping, bound with two chains between two soldiers; and the guards before the door were keeping the prison. Now behold, an angel of the Lord stood by *him*, and a light shone in the prison; and he struck Peter on the side and raised him up, saying, "Arise quickly!" And his chains fell off *his* hands. Then the angel said to him, "Gird yourself and tie on your sandals"; and so he did. And he said to him, "Put on your garment and follow me." So he went out and followed him, and did not know that what was done by the angel was real, but thought he was seeing a vision. When they were past the first and the second guard posts, they came to the iron gate that leads to the city, which opened to them of its own accord; and they went out and went down one street, and immediately the angel departed from him.

And when Peter had come to himself, he said, "Now I know for certain that the Lord has sent His angel, and has delivered me from the hand of Herod and from all the expectation of the Jewish people."

Alleluia, Tone 8

verse: You have shown favour to Your land, O Lord; You brought back the captives of Jacob.

verse: Mercy and truth have met; righteousness and peace have embraced. (Psalm 84:2,11)

verse: The just man shall flourish like the palm tree; and he shall grow like the cedar in Lebanon. (Psalm 91:13)

Gospel—Mark 15:43-16:8; John 15:17-16:2

At that time, Joseph of Arimathea, a prominent council member, who was himself waiting for the kingdom of God, coming and taking courage, went in to Pilate and asked for the body of Jesus. Pilate marveled that He was already dead; and summoning the centurion, he asked him if He had been dead for some time. So when he found out from the centurion, he granted the body to Joseph. Then he bought fine linen, took Him down, and wrapped Him in the linen. And he laid Him in a tomb which had been hewn out of the rock, and rolled a stone against the door of the tomb. And Mary Magdalene and Mary *the mother* of Joseph observed where He was laid.

Now when the Sabbath was past, Mary Magdalene, Mary *the mother* of James, and Salome bought spices, that they might come and anoint Him. Very early in the morning, on the first *day* of the week, they came to the tomb when the sun had risen. And they said among themselves, "Who will roll away the stone from the door of the tomb for us?" But when they looked up, they saw that the stone had been rolled away—for it was very large. And entering the tomb, they saw a young man clothed in a long white robe sitting on the right side; and they were alarmed.

But he said to them, "Do not be alarmed. You seek Jesus of Nazareth, who was crucified. He is risen! He is not here. See the place where they laid Him. But go, tell His disciples—and Peter—that He is going before you into Galilee; there you will see Him, as He said to you."

So they went out quickly and fled from the tomb, for they trembled and were amazed. And they said nothing to anyone, for they were afraid.

The Lord said to His disciples, "These things I command you, that you love one another.

"If the world hates you, you know that it hated Me before it *hated* you. If you were of the world, the world would love its own. Yet because you are not of the world, but I chose you out of the world, therefore the world hates you. Remember the word that I said to you, 'A servant is not greater than his master.' If they persecuted Me, they will also persecute you. If they kept My word, they will keep yours also. But all these things they will do to you for My name's sake, because they do not know Him who sent Me. If I had not come and spoken to them, they would have no sin, but now they have no excuse for their sin. He who hates Me hates My Father also. If I had not done among them the works which no one else did, they would have no sin; but now they have seen and also hated both Me and My Father. But *this happened* that the word might be fulfilled which is written in their law, 'They hated Me without a cause.'

"But when the Helper comes, whom I shall send to you from the Father, the Spirit of truth who proceeds from the Father, He will testify of Me. And you also will bear witness, because you have been with Me from the beginning.

"These things I have spoken to you, that you should not be made to stumble. They will put you out of the synagogues; yes, the time is coming that whoever kills you will think that he offers God service."

Hymn to the Mother of God

The Angel cried out to the One full of Grace: O chaste Virgin, rejoice! And again I say, Rejoice! Your Son has risen from the tomb on the third day, and raised the dead. Let all people rejoice! Shine, shine, O new Jerusalem, for the glory of the Lord has risen upon you! Exult now and be glad, O Sion! And you, O chaste Mother of God, take delight in the resurrection of your Son.

Communion Hymn

Receive the Body of Christ;* taste the fountain of immortality.* Praise the Lord from the heavens; praise Him in the highest (Psalm 148:1).* The just man shall be in everlasting remembrance;* of evil hearsay he shall have no fear.* Alleluia, alleluia,* alleluia. (Psalm 111:6)

Instead of Blessed is He Who comes... *we sing:*

Christ is risen from the dead,* trampling death by death,* and to those in the tombs* giving life.

Instead of We have seen the true light... *we sing:*

Christ is risen from the dead,* trampling death by death,* and to those in the tombs* giving life.

Instead of May our mouths be filled... *we sing three times:*

Christ is risen from the dead,* trampling death by death,* and to those in the tombs* giving life.

Instead of Blessed be the name of the Lord... *we sing three times:*

Christ is risen from the dead,* trampling death by death,* and to those in the tombs* giving life.

At the dismissal, instead of Glory be to the Father and the Son and the Holy Spirit, now and forever and ever. *we chant:*

Christ is risen from the dead,* trampling death by death,* and to those in the tombs* giving life.

After the final Amen, the Troparion Christ is risen is sung as at the beginning of the Liturgy, but with the addition:

And to us He has granted life eternal;* we bow down before His resurrection on the third day.

Announcements and Upcoming Events

- ❖ **St. Stephen's Pub Night :**
Friday, May 12, 2023. Bringing parishioners, family and friends together for a fun event for all 18+. Contact Linda at the office for tickets or more details 403-249-4818 ext 0.
- ❖ **Upcoming UCWLC Meetings :** May 4th - 7 pm, June 8 , 2023 @ 6:30 pm
- ❖ **UCWLC TAG DAY** – Sunday May 28th, 2023
- ❖ **50+ meeting on Tuesday, April 25.** Cards at 11 AM with sandwich potluck to follow. Please bring your favorite sandwiches or pickles/condiments or dessert to share for lunch.
- ❖ **Children's Summer Bible Camp July 24-28—VOLUNTEERS REQUIRED**
We are working hard to reignite our Children's Summer Bible Camp! For this program to run smoothly we require 8 adult volunteers to help in a fulltime capacity from Mon July 24-Fri July 28. Please contact Kathryn Livesey" <kalivesey@shaw.ca>, "Lynsey Lowey, childrensprogram@protomartyr.ca to offer your support or raise any questions you have.

St. Stephen is hosting Chalice child sponsorship weekend on Sunday, April 23rd



At the April 23rd Divine Liturgy's Canada's largest Catholic Child Sponsorship organization will provide you the opportunity to begin a relationship with a child in the developing world through the benefits of Child Sponsorship. It is a powerful way to reveal God's love for those most in need.

Please visit chalice.ca for more information about Chalice and its mission.

Check these links to know more:

<https://youtu.be/Hs-4oAtAQfY>

https://youtu.be/7OfzxZoH_d8

St. Stephen YARD



CLEANUP

WE NEED YOU!

Please join us for St. Stephen's yard cleanup!

Saturday, April 29th at 10am Please bring your rakes, gloves, shovels, clippers and dress for the weather, work boots and all Hamburger lunch provided.

Many hands make light work – Thank you!

Parish Easter Celebration

Parish Council invites all Parishioners for an Easter Celebration, after the 10:30 am Liturgy on May 7, 2023.

This is your opportunity to meet the new Council and say hello.

Refreshments will be served, and the cost is free!

For further information please contact:

Oliver David email: CouncilChair@protomartyr.ca or by phone: 403 620 0441



2023 SUMMER STUDENT EMPLOYMENT

Our Property Management team is planning to hire two students for the coming summer to help out with maintenance jobs around the parish property.

This is a great opportunity for our young parishioners to help out at their church while gaining some practical work experience. The work will include general maintenance, cleaning, painting, landscaping and occasional office administration support.

Applicant Eligibility:

- must be attending high school or post-secondary and planning to return to school in the fall
- available to work part-time (about 20 hrs per week) from June to end of August.

If interested, please email your resume to:

Andy Sakundiak, Director - Property Management at PropertyMgmt@protomartyr.ca

All resumes must be submitted by Wednesday May 17 for consideration.



DIVINE LITURGY INTENTIONS

Saturday, April 22:

- ❖ 5:00pm – for the intentions and needs of all parishioners

Sunday, April 23:

- ❖ 8:30am – for blessings and congratulations to Eileen Leyne as she professes her vows to become a sister in Christ
- ❖ 10:30am – for the repose of the soul of +Anne Ariss and peace and comfort for her family

Wednesday, April 26:

- ❖ 9:00am – for good health and healing of Don Jumaga

Thursday, April 27:

- ❖ 9:00am – in memory of the repose of the souls of +Jerry and +David Jumaga

Saturday, April 29:

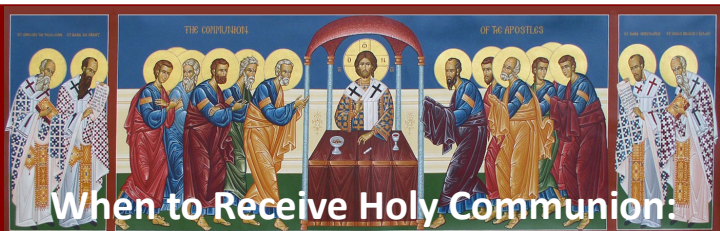
- ❖ 5:00pm – for the intentions and needs of all parishioners

Sunday, April 30:

- ❖ 8:30am – for good health and healing of Delmer Yaskiw
- ❖ 10:30am – for the repose of the soul of +John Lewchuk and peace and comfort for his family



Please beware of scam emails or messages using Fr. Mike. Hackers are constantly targeting people asking for money or information using other people's information. **Fr. Mike would never send an email or text message asking for money or a favor. Always call the office directly if you are in any way uncertain.**



When to Receive Holy Communion:

We should approach Holy Communion with great reverence and contrition of heart. We recognize on one hand that we are unworthy sinners, but on the other that our loving Lord, who calls us to repentance, also calls us to communion with Him. We should never receive communion with unrepentant and unconfessed mortal sins. Any time we commit a mortal sin we should abstain from receiving Holy Communion, but rather as quickly as we can, make a confession; otherwise, receiving unworthily becomes a spiritual condemnation for us. St. Paul teaches that when we receive communion unworthily there may even be a temporal consequence: "That is why many of you are weak and ill, and some have died" (1 Cor. 11:30). Why would St. Paul believe that sickness, death, and damnation result from an unworthy reception of the Eucharist if it were merely a symbol? The Catholic Church has always believed and taught that the Holy Eucharist is the real presence of Christ.

If you are receiving Holy Communion regularly—Every Sunday and Holy Day of Obligation—you are encouraged to follow the good practice of confessing once a month. If at any time you feel in your conscience that you should not receive and if you have committed a mortal sin—(example: Deliberate failure of fulfilling our Sunday and feast day obligation) do not go to Holy Communion, but go quickly to confession. More information to follow on mortal and venial sins.

UCWLC Spring Fundraiser



Calling all Gardeners – UCWLC is having a Spring Fundraiser. We are selling **beautiful plants** to raise money for our programs through Growing Smiles. Get out your garden boots and gloves!

Please place your orders by May 21, 2023 – for pick up at the church on June 8th & June 11th, 2023

Check out the Website: St. Stephen UCWLC Calgary ssucwlc.growingsmilesfundraising.com if you have any questions please contact : Jennifer Stadnyk by email : Jennifer.stadnyk@gmail.com or by phone : 403-540-9561

Thank you for your support! We couldn't do it without you.

ST. STEPHEN'S UKRAINE SUPPORT COMMITTEE (USC)

Our parish provides support to recent newcomers from Ukraine. If you have any questions, please contact us at ukrainesupport@protomartyr.ca.

Newcomers: Please register with Julia Moroz at newcomers@protomartyr.ca to get information about how we can help and newcomer events at our church.

Будь-ласка, відправте, будь-ласка, вашу контактну інформацію за адресоюnewcomers@protomartyr.ca, щоб отримувати інформацію про заходи для новоприбулих у нашій церкві від нашої координаторки для новоприбулих від Юлії Мороз.

DONATIONS WELCOME Please consider a small donation to support our initiative. Please visit our [website](#) for details.

SUBSCRIBE TO OUR ST STEPHEN'S TELEGRAM CHANNEL

- ✓ Actual vacancies
 - ✓ Announcements of events for new arrivals
 - ✓ Current and verified news
- It can be found at https://t.me/UANewcomers_StStepens

ПІДПИСУЙТЕСЬ НА НАШ ОФІЦІЙНИЙ ТЕЛЕГРАМ-КАНАЛ УКРАЇНСЬКОЇ ЦЕРКВИ СВ. СТЕФАНА

- ✓ Актуальні вакансії
- ✓ Анонси заходів для новоприбулих
- ✓ Актуальні та перевірені новини



Proudly presenting

Dueling Piano Kings

MAY Friday
12 6:30pm

ST. STEPHEN'S PUB NIGHT

Tickets can be purchased on Sundays after the 8:30 am and 10:30 am Divine Liturgies or by calling the office : 403-249-4818, ext 0
Cash, e-transfer or credit cards are accepted
No tickets will be sold at the door.

Pub Food
Cash bar
\$50/Ticket

All
proceeds
go to St.
Stephen's
Ukraine Support
Committee

LIVE

at St. Stephen Protomartyr
Ukrainian Cultural Centre
4903 45 St SW, Calgary