

ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

APRIL 2ND, 2023



St Stephen
Protomartyr

Address:
4903 – 45th Street S.W.
Calgary, Alberta T3E 3W5 Canada

Office Hours
Mon-Thurs 9:00am -2:00pm

Telephone:
403-249-4818, press 0

Pastoral Emergencies:
403-249-4818, press 9

Email:
Office@Protomartyr.ca
Coordinator@Protomartyr.ca

Parish Website:
www.saintstephencalgary.ca

Parish Calendar:
[www.saintstephencalgary.ca/
calendar1.html](http://www.saintstephencalgary.ca/calendar1.html)

Facebook:
[https://www.facebook.com/
protomartyr.ca](https://www.facebook.com/protomartyr.ca)

Eparchy Website:
www.edmontoneparchy.com

DIVINE LITURGIES:

Sunday Services:
8:30 am—Bilingual
10:05—Rosary
10:30 am – English
Vigil Liturgy, **Saturday** at 5:00 pm

Weekday Services:
Wednesday and Thursdays
9:00am



Palm Sunday

The Lord's Entrance into Jerusalem

First Antiphon

I am filled with love* for the Lord will hear the voice of my plea.

Through the prayers of the Mother of God, O Saviour, save us.

For He has inclined His ear to me,* and I will call to Him all the days of my life.

Through the prayers of the Mother of God, O Saviour, save us

The pangs of death encircled me,* the trials of Hades befell me.

Through the prayers of the Mother of God, O Saviour, save us

I met with anguish and pain,* and called upon the name of the Lord.

Through the prayers of the Mother of God, O Saviour, save us

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

Only-begotten...

Third Antiphon

Give thanks to the Lord for He is good,* for His mercy endures forever.

Troparion, Tone 1: Assuring us before Your Passion of the general resurrection,* You raised Lazarus from the dead, O Christ God:* and so, like the children we also carry signs of victory* and cry to You, the conqueror of death:* Hosanna in the highest!* Blessed is He who comes* in the name of the Lord.

Therefore, let the house of Israel say that He is good,* for His mercy endures forever.

Troparion, Tone 1: Assuring us before Your Passion of the general resurrection,* You raised Lazarus from the dead, O Christ God:* and so, like the children we also carry signs of victory* and cry to You, the conqueror of death:* Hosanna in the highest!* Blessed is He who comes* in the name of the Lord.

Therefore, let the house of Aaron say that He is good,* for His mercy endures forever.

Troparion, Tone 1: Assuring us before Your Passion of the general resurrection,* You raised Lazarus from the dead, O Christ God:* and so, like the children we also carry signs of victory* and cry to You, the conqueror of death:* Hosanna in the highest!* Blessed is He who comes* in the name of the Lord.

Let all who feat the Lord say that He is good,* for His mercy endures forever.

Troparion, Tone 1: Assuring us before Your Passion of the general resurrection,* You raised Lazarus from the dead, O Christ God:* and so, like the children we also carry signs of victory* and cry to You, the conqueror of death:* Hosanna in the highest!* Blessed is He who comes* in the name of the Lord.



HOLY MYSTERIES

CONFESSION:

Saturdays 4:00 to 4:45 pm
Sundays before the 8 am and 10 am
Liturgies OR by appointment
403-249-4818, ext. 2

MARRIAGE, BAPTISM-CHRISMATION- EUCCHARIST, FUNERALS :

Contact the Sacramental Coordinator
Kim Bombak:
Sacraments@Protomartyr.ca

ANOINTING OF THE SICK:

For emergencies call
403-249-4818, ext. 9

DIVINE LITURGY INTENTIONS :

Arrangements with the office

CLERGY & RELIGIOUS

Pastor :

Fr. Michael Bombak
FatherMichael@Protomartyr.ca
Office:403-249-4818, ext. 1

Pastor, St. Basil's Melkite Greek Catholic Church

Fr. Samer Naaman
stbasilmelkitechicago@gmail.com
Facebook: St Basils Melkite Greek
Catholic Church Calgary

PARISH OFFICE

Office Administrator:

Linda Buck 403-249-4818, ext. 0
office@Protomartyr.ca

Sacramental Coordinator:

Kim Bombak
403-249-4818 ext 2
Sacraments@Protomartyr.ca

Communications Coordinator:

Mirna Farahat
coordinator@Protomartyr.ca

Ukrainian Newcomer Coordinator:

Julia Moroz
newcomers@protomartyr.ca

HALL RENTAL INQUIRIES

Maria Dwulit,
403-249-4818 ext 5
email: Hall@Protomartyr.ca

Entrance

Blessed is He who comes in the name of the Lord,
we bless you from the house of the Lord,* the Lord
is God and has appeared to us.

Troparia and Kontakia

Troparion, Tone 1: Assuring us before Your Passion
of the general resurrection,* You raised Lazarus
from the dead, O Christ God:* and so, like the
children we also carry signs of victory* and cry to
You, the conqueror of death:* Hosanna in the
highest!* Blessed is He who comes* in the name of
the Lord.

Glory be to the Father and to the Son and to the
Holy Spirit.

Troparion, Tone 4: Buried with You through
Baptism, O Christ our God,* we have been granted
immortal life by Your resurrection,* and we sing
Your praises, crying out:* Hosanna in the highest!*
Blessed is He who comes in the name of the Lord.

Now and for ever and ever. Amen.

Kontakion, Tone 6: Mounted on the throne in
heaven, O Christ God,* and on a colt here on
earth,* You accepted the praise of the angels,* and
the hymn of the children who cried to You:*
Blessed are You who have come to call Adam back.

Prokeimenon, Tone 4

Blessed is He who comes in the name of the Lord;*
God the Lord has appeared to us.

verse: Give thanks to the Lord for He is good, for His
mercy endures forever. (Psalm 117:26-27)

Epistle—Philippians 4:4-9

*A reading from the Epistle of the Holy Apostle Paul
to the Philippians.*

Brothers and sisters, rejoice in the Lord always.
Again I will say, rejoice!

Let your gentleness be known to all men. The Lord
is at hand.

Be anxious for nothing, but in everything by prayer
and supplication, with thanksgiving, let your
requests be made known to God; and the peace of
God, which surpasses all understanding, will guard
your hearts and minds through Christ Jesus.

Finally, brethren, whatever things are true,
whatever things are noble, whatever things are just,
whatever things are pure, whatever things are
lovely, whatever things are of good report, if there
is any virtue and if there is anything praiseworthy—
meditate on these things. The things which you
learned and received and heard and saw in me,
these do, and the God of peace will be with you.

Alleluia, Tone 1

verse: Sing to the Lord a new song, for He has
worked wonders.

verse: All the ends of the earth have seen the
salvation of our God. (Psalm 97:1)

Gospel— John 12:1-18

Six days before the Passover, Jesus came to
Bethany, where Lazarus was who had been dead,
whom He had raised from the dead. There they
made Him a supper; and Martha served, but
Lazarus was one of those who sat at the table with
Him. Then Mary took a pound of very costly oil of
spikenard, anointed the feet of Jesus, and wiped His
feet with her hair. And the house was filled with the
fragrance of the oil.

But one of His disciples, Judas Iscariot, Simon's son,
who would betray Him, said, "Why was this fragrant
oil not sold for three hundred denarii and given to
the poor?" This he said, not that he cared for the
poor, but because he was a thief, and had the
money box; and he used to take what was put in it.

But Jesus said, "Let her alone; she has kept this for
the day of My burial. For the poor you have with
you always, but Me you do not have always."

Now a great many of the Jews knew that He was
there; and they came, not for Jesus' sake only, but
that they might also see Lazarus, whom He had
raised from the dead. But the chief priests plotted
to put Lazarus to death also, because on account of
him many of the Jews went away and believed in
Jesus.

The next day a great multitude that had come to
the feast, when they heard that Jesus was coming
to Jerusalem, took branches of palm trees and went
out to meet Him, and cried out:

"Hosanna!

'Blessed is He who comes in the name of the LORD!
The King of Israel!"

Then Jesus, when He had found a young donkey, sat
on it; as it is written:

"Fear not, daughter of Zion; Behold, your King is
coming, Sitting on a donkey's colt."

His disciples did not understand these things at
first; but when Jesus was glorified, then they
remembered that these things were written about
Him and that they had done these things to Him.

Therefore the people, who were with Him when He
called Lazarus out of his tomb and raised him from
the dead, bore witness. For this reason the people
also met Him, because they heard that He had done
this sign.

Hymn to the Mother of God

O my soul, magnify Christ who seated on a foal.

And the Irmos: The Lord is God and has appeared to
us:* together let us celebrate.* Come with great
rejoicing; let us magnify Christ* with palms and
olive branches, and with sings let us cry aloud to
Him:* Blessed is He who comes in the name of the
Lord.

Communion Hymn

Blessed is He who comes in the name of the Lord;*
God the Lord has appeared to us.* Alleluia,
alleluia,* alleluia. (Psalm 117:26-27)

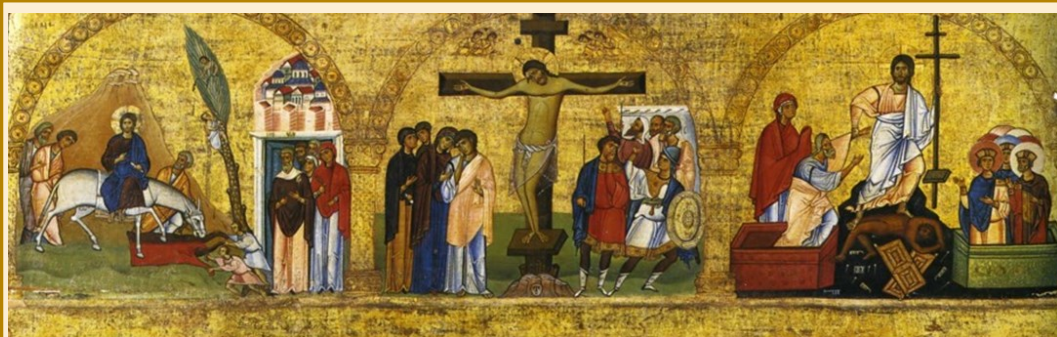
Announcements and Upcoming Events

- ❖ **Vigil at the tomb** : The vigil will run from after our Holy Friday tomb service until (1 PM) until Holy Saturday at 10 PM. This will be a combined vigil with St. Basil's parish. **People can sign up for an hour slot and will be responsible to pray and change candles as needed.**
- ❖ **The Passion of the Christ** movie will be screened in the Hall at 7 PM on Holy Friday.
- ❖ **St. Stephen's Pub Night** : Friday, May 12, 2023. Bringing parishioners, family and friends together for a fun event for all 18+. Contact Linda at the office for tickets or more details 403 -249-4818 ext 0.
- ❖ **Upcoming UCWLC Meetings** : April 13th - 7 pm, May 4th - 7 pm
- ❖ **Wine Basket Raffle.** Thank you to all who supported the K of C Wine Raffle by purchasing tickets. Draw on April 13.
- ❖ **Children's Summer Bible Camp July 24-28—VOLUNTEERS REQUIRED**
We are working hard to reignite our Children's Summer Bible Camp! For this program to run smoothly we require 8 adult volunteers to help in a fulltime capacity from Mon July 24-Fri July 28. Please contact Kathryn Livesey" <kalivesey@shaw.ca>, "Lynsey Lowey, childrensprogram@protomartyr.ca to offer your support or raise any questions you have.



DIVINE LITURGY INTENTIONS

- Saturday, April 1: LAZARUS SATURDAY**
- ❖ 9:00am – First Solemn Communion - Confessions
 - ❖ 10:30am – Teaching Liturgy
 - ❖ 4:00pm – Confessions
 - ❖ 5:00pm – for the intentions and needs of all parishioners
- Sunday, April 2: PALM SUNDAY**
- ❖ 8:30am – for the repose of the soul of Lillian Sianchuk and peace and comfort for her family
 - ❖ 10:30am – for the repose of the soul of +Leo Boyko and peace and comfort for his family
 - ❖ 10:30am – for blessings and congratulations to all the First Solemn Communicants, their families and teachers – Mnohaya Lita!
- Wednesday, April 5:**
- ❖ 9:00am – Bridegroom Matins
 - ❖ 7:00pm – Anointing service (w/ St Basil's)
- Thursday, April 6:**
- ❖ 9:00am – Passion Matins
- Friday, April 7: GREAT AND HOLY FRIDAY**
- ❖ 11:30am – Sacrament of Reconciliation
 - ❖ 1:00pm – +Shroud Service
 - ❖ 3:00pm – Sacrament of Reconciliation
 - ❖ 4:00pm – Jerusalem Matins
 - ❖ 7:00pm – "Passion of the Christ" Movie and Tomb Vigil
- Saturday, April 8: GREAT AND HOLY SATURDAY**
- ❖ 2:00pm – Blessing of Easter basket food
 - ❖ 3:00pm - Vespers Divine Liturgy
 - ❖ 6:00pm – Blessing of Easter basket food
 - ❖ 7:00pm – Nadhrobne
- Sunday, April 9: PASCHA SUNDAY**
- ❖ 7:30am – +Resurrection Matins and Easter Divine Liturgy
 - ❖ 10:30am – +Easter Divine Liturgy
 - ❖ 6:00pm – Agape Vespers



St Stephen Protomartyr Ukrainian Catholic Church, Calgary

Great and Holy Week Liturgical Services 2023

Liturgical Services booklet can be found here : <https://tinyurl.com/33am658s>



Palm Sunday, April 2

- 8:30am + **Divine Liturgy** (Ukrainian w/English homily)
- 10:30am + **Divine Liturgy** (English - Choir)

Distribution of Willows at all Saturday and Sunday Services.



Wednesday, April 5

- 9:00am **Bridegroom Matins w/Typica Eucharist** •7:00 pm **Anointing Service**



Holy Thursday - Thursday April 6

- 6:00pm **Passion Matins** (Twelve Passion Gospels)



Great and Holy Friday – Passion of Our Lord - April 7

(Strict fast – no meat or dairy products)

- 11:30am to 12:30pm – **Sacrament of Reconciliation**
- 1:00pm + **Shroud Service** (Procession of the Holy Shroud)
- 3:00pm to 3:45pm – **Sacrament of Reconciliation**
- 4:00pm **Jerusalem Matins**
- 7:00pm **Showing of "The Passion of Christ" movie and Tomb Vigil**

Church will be open for quiet prayer with our Lord in the tomb throughout the night



Great and Holy Saturday – The Descent Into Hades - April 8

- 2:00pm **Blessing of Food** (in Hall)
- 3:00pm **Vespers w/Liturgy of St. Basil the Great** (With Adult Catechumens)
- 6:00pm **Blessing of Food** (in Hall)
- 7:00pm **Nadhrobne** (Tomb service – transfer of the Holy Shroud)



Pascha – The Resurrection of Our Lord - April 9

- 7:30am + **Resurrection Matins & Easter Divine Liturgy** (Bilingual - Choir)
Blessing of Food in the Hall
- 10:30am + **Easter Divine Liturgy** (English - Cantor) *Blessing of Food in the Hall*
- 6:00pm **Agape Vespers** (A joyful evening Resurrection service)



Attention: PROSPECTIVE EMPLOYERS

Invitation to Participate in Ukrainian Evacuee Job Fair on April 21

St. Stephen's will be hosting a Job Fair for Ukrainian Newcomers on Friday, April 21, from 9-3. Our last two job fairs have been very successful. The professional and skilled labourer newcomers are hardworking, responsible, and well educated and are eager to secure employment. If you are an employer or know of employers looking for excellent quality workers, please have them contact Mark Ewanchyna at UkraineSupport@protomartyr.ca to reserve a table.

More information can be found here : <https://tinyurl.com/mr337nrk>

The people of Ukraine need your help!

As we mark the one-year anniversary of the war in Ukraine, millions of the country's inhabitants are in dire straits. Constant bombardment, frigid temperatures, fluctuating power, lack of food, shelter and other basic necessities. As part of your Lenten sacrifice, kindly consider making a donation towards providing emergency services and humanitarian and pastoral support to Ukrainians by offering care, medical supplies, food, clothing and shelter to displaced persons, the elderly and the sick, as well as educational programs and support to local priests. For example, for only \$25, an emergency food package can provide much needed relief. \$100 can buy four packages. Each package will feed 2 persons for 1 week.

Donations may be made through your local parish, the Eparchy of Edmonton (www.eeparchy.com), or directly to Catholic Near East Welfare Association - Canada (cnewa.ca).

For information on how your donation is making a difference, see Catholic Near East Welfare Association's [2022 Campaign Report: Ukraine Emergency Relief](#).

May God bless you and your family for your generosity. We pray for peace in Ukraine. God bless! Bishop David



ST. STEPHEN'S UKRAINE SUPPORT COMMITTEE (USC)

Our parish provides support to recent newcomers from Ukraine. If you have any questions, please contact us at ukrainesupport@protomartyr.ca.

Newcomers: Please register with Julia Moroz at newcomers@protomartyr.ca to get information about how we can help and newcomer events at our church.

Будь-ласка, відправте, будь-ласка, вашу контактну інформацію за [адресоюnewcomers@protomartyr.ca](mailto:адресуюnewcomers@protomartyr.ca), щоб отримувати інформацію про заходи для новоприбулих у нашій церкві від нашої координаторки для новоприбулих від Юлії Мороз.

DONATIONS WELCOME Please consider a small donation to support our initiative. Please visit our [website](#) for details.

SUBSCRIBE TO OUR ST STEPHEN'S TELEGRAM CHANNEL

- ✓ Actual vacancies
- ✓ Announcements of events for new arrivals
- ✓ Current and verified news

It can be found at https://t.me/UANewcomers_StStepnens

ПІДПИСУЙТЕСЬ НА НАШ ОФІЦІЙНИЙ ТЕЛЕГРАМ-КАНАЛ УКРАЇНСЬКОЇ ЦЕРКВИ СВ. СТЕФАНА

- ✓ Актуальні вакансії
- ✓ Анонси заходів для новоприбулих
- ✓ Актуальні та перевірені новини



Sandwich & BRACKSUNDAY April 2, 2023

UCWLC request parish members and families to participate in supporting the "Street Sisters" who are in need of 65 lunches. **WHAT is NEEDED?** A loaf of sandwiches, ONLY peanut butter and jam/jelly, Cheeze Whiz or Nutella. Pack each sandwich in individual sandwich bags. **ALSO:** granola bars, juice boxes, bottled water, bags of apples or oranges and fruit cups. Contact Katherine Letwin 403-922-9768 Cell/Text

Proudly presenting

Dueling Piano Kings

MAY Friday
12 6:30pm

Pub Food
Cash bar
\$50/Ticket

ST. STEPHEN'S PUB NIGHT



LIVE

at St. Stephen Protomartyr
Ukrainian Cultural Centre
4903 45 St SW, Calgary

Tickets can be purchased on Sundays after the 8:30 am and 10:30 am Divine Liturgies or by calling the office : 403-249-4818, ext 0 Cash, e-transfer or credit cards are accepted No tickets will be sold at the door.



Ask Fr. Mike:

Should I go to a Spiritual, New Age or Pranic Healer?

You should **NOT** go to a Spiritual, Pranic, or New Age Healer.

There are three major problems with personal spiritual healers. The first is that the cosmology (what we believe about creation, the nature of good and evil etc.) these healers hold are incompatible with Christian belief and faith. Christian belief about good and evil, creation out of nothing and the true nature of illness has been received through the Church- it is simply contradictory to hold Christian beliefs and New Age beliefs simultaneously.

The second problem is that true power to heal is essentially God's power, and not something we can "control." This view of controlling God is what the Church refers to as *magic* or *sorcery* and is a sin against the First Commandment to love God:

All practices of *magic* or *sorcery*, by which one attempts to tame occult powers, so as to place them at one's service and have a supernatural power over others—even if this were for the sake of restoring their health—are gravely contrary to the virtue of religion. These practices are even more to be condemned when accompanied by the intention of harming someone, or when they have recourse to the intervention of demons. Wearing charms is also reprehensible. *Spiritism* often implies divination or magical practices; the Church for her part warns the faithful against it. Recourse to so-called traditional cures does not justify either the invocation of evil powers or the exploitation of another's credulity.

Some spiritual healers claim to "tap into Holy Spirit" in order to provide spiritual healing. This is the language of magic explained above. The Holy Spirit is personal, *HE* is a Person, not an ambivalent power that can be used by us (even for good things). We are *His* servants, not the other way around.

Spiritual healing of any kind is the result of a relationship with the Holy Trinity. This relationship is nurtured and strengthened in the context of the Holy Church, established by Christ Himself and sustained by the Holy Spirit. For this reason, spiritual healing always happens under the purview and guidance of the priesthood and the pastorship of a particular parish. The Holy Mysteries (Sacraments) of healing in the Church are Confession and the Sacrament of the Sick. House blessings are also opportunities for spiritual healing. **Another wonderful opportunity for spiritual healing is our Anointing Service on Holy Wednesday, April 5th at 7 PM.**

Our own Catechism, [Christ our Pascha](#) put it beautifully:

Human ailments, suffering, and death are consequences of the Fall. Christ came to conquer sin, the cause of all our woes. Only Christ, as the God-man, has the power to free us from sin. He accomplishes this by means of forgiveness: "Friend, your sins are forgiven you" (*Lk*

5:20). Quite often, a physical cure or healing—as a result of forgiveness— becomes the visible sign of a spiritual change (in Greek, *metanoia*) within a person: "Stand up and take up your bed and go home" (*Lk* 5:24). Christ heals us by forgiving our sins and restoring our physical health. Healing is only possible when faith—one's openness to God—is present: "Do you believe that I am able to do this?" (*Mt* 9:28). Faith opens a person to receive God's gift, whereas unbelief becomes an obstacle to the reception of this gift: "And [Jesus] did not do many deeds of power

[in Nazareth], because of their unbelief" (*Mt* 13:58).

Thirdly, spiritual healing cannot be bought or sold. Simon the Magician in Acts 8:20, after witnessing the Apostles' healing tried to buy the Holy Spirit so that he could sell healing to others. The attempt to buy or sell spiritual things is now referred to by his name:

Simony is defined as the buying or selling of spiritual things.⁵³ To Simon the magician, who wanted to buy the spiritual power he saw at work in the apostles, St. Peter responded: "Your silver perish with you, because you thought you could obtain God's gift with money!"⁵⁴ Peter thus held to the words of Jesus: "You received without pay, give without pay."⁵⁵ It is impossible to appropriate to oneself spiritual goods and behave toward them as their owner or master, for they have their source in God. One can receive them only from him, without payment. (1578)

A wonderful prayer that helps to heal us and restores our whole soul and body to Christ is the **Jesus Prayer**. I invite you to participate in our **Jesus Prayer 33 challenges** to learn more about this incredible prayer and how it relates to true spiritual healing as attested to by the saints who have prayed this prayer for well over a millennium.

As always, I invite you to come and chat with me if you need any more guidance in this matter or other matters of faith and morals.

Glory be to Jesus Christ, the True Physician of our souls and bodies!

Christ Our Pascha 212-213

⁵³ Cf. Acts 8:9–24.

⁵⁴ Acts 8:20.

⁵⁵ Mt 10:8; cf. already Isa 55:1.

Catholic Church, [Catechism of the Catholic Church](#), 2nd Ed. (Vatican City: Libreria Editrice Vaticana, 1997), 514.