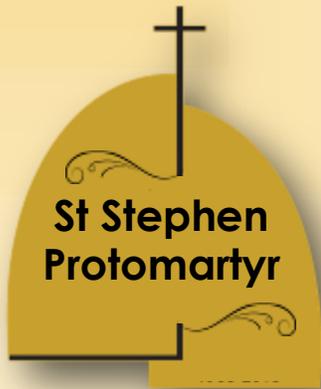


ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

MARCH 19TH, 2023



Address:
4903 – 45th Street S.W.
Calgary, Alberta T3E 3W5 Canada

Office Hours
Mon-Thurs 9:00am -2:00pm

Telephone:
403-249-4818, press 0

Pastoral Emergencies:
403-249-4818, press 9

Email:
Office@Protomartyr.ca
Coordinator@Protomartyr.ca

Parish Website:
www.saintstephencalgary.ca

Parish Calendar:
www.saintstephencalgary.ca/calendar1.html

Facebook:
<https://www.facebook.com/protomartyr.ca>

Eparchy Website:
www.edmontoneparchy.com

DIVINE LITURGIES:

Sunday Services:
8:30 am—Bilingual
10:05—Rosary
10:30 am – English
Vigil Liturgy, **Saturday** at 5:00 pm

Weekday Services:
Wednesday and Thursdays
9:00am

Fourth Sunday of the Great Fast: St. John Climacus

Odoechos Tone 8; The Holy Martyrs Chrysanthus and Daria (253-60)

Troparia and Kontakia

Troparion, Tone 8: You came down from on high, O Merciful One,* and accepted three days of burial* to free us from our sufferings.* O Lord, our life and our resurrection,* glory be to You.

Troparion, Tone 1: O John, our God-bearing father,* you were shown to be a citizen of the desert,* an angel in bodily form,* and a worker of miracles.* Through fasting, prayers and vigils you received heavenly gifts* to heal the sick and the souls of those who, in faith, run to you.* Glory to Him who gives you strength.* Glory to Him who crowned you.* Glory to Him who works healing for all through you.

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

Kontakion, Tone 4: On the heights of true abstinence,* the Lord established you as a reliable star,* giving light for guidance to the ends of the earth,* O father John, our teacher.

Prokeimenon, Tone 8

Pray and give thanks to the Lord our God.

verse: In Judea God is known; His name is great in Israel. (Psalm 75:12,2)

Prokeimenon, Tone 7

The venerable ones will exult in glory* and they shall be joyful in their beds. (Psalm 149:5)

Epistle—Hebrews 6:13-20; Ephesians 5:9-19

A reading from the Epistle of the Holy Apostle Paul to the Hebrews.

Brothers and sisters, when God made a promise to Abraham, because He could swear by no one greater, He swore by Himself, saying, "Surely blessing I will bless you, and multiplying I will multiply you." And so, after he had patiently endured, he obtained the promise. For men indeed swear by the greater, and an oath for confirmation is for them an end of all dispute. Thus God,

determining to show more abundantly to the heirs of promise the immutability of His counsel, confirmed it by an oath, that by two immutable things, in which it is impossible for God to lie, we might have strong consolation, who have fled for refuge to lay hold of the hope set before us.

This *hope* we have as an anchor of the soul, both sure and steadfast, and which enters the *Presence* behind the veil, where the forerunner has entered for us, *even* Jesus, having become High Priest forever according to the order of Melchizedek.

Brethren, the fruit of the Spirit is in all goodness, righteousness, and truth, finding out what is acceptable to the Lord. And have no fellowship with the unfruitful works of darkness, but rather expose *them*. For it is shameful even to speak of those things which are done by them in secret. But all things that are exposed are made manifest by the light, for whatever makes manifest is light. Therefore He says:

"Awake, you who sleep, Arise from the dead, And Christ will give you light."

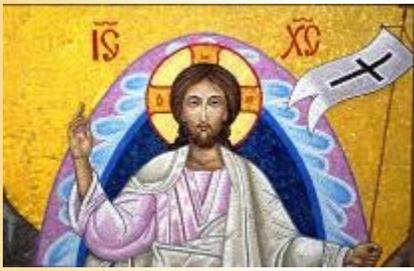
See then that you walk circumspectly, not as fools but as wise, redeeming the time, because the days are evil. Therefore do not be unwise, but understand what the will of the Lord is. And do not be drunk with wine, in which is dissipation; but be filled with the Spirit, speaking to one another in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord.

Alleluia, Tone 8

verse: Come, let us rejoice in the Lord; let us acclaim God our Saviour.

verse: Let us come before His countenance with praise and acclaim Him with psalms. (Psalm 94:1,2)

verse: They who are planted in the hose of the Lord shall flourish in the courts of our God. (Psalm 91:14)



HOLY MYSTERIES

CONFESSION:

Saturdays 4:00 to 4:45 pm
Sundays before the 8 am and 10 am
Liturgies OR by appointment
403-249-4818, ext. 2

MARRIAGE, BAPTISM-CHRISMATION- EUCCHARIST, FUNERALS :

Contact the Sacramental Coordinator
Kim Bombak:
Sacraments@Protomartyr.ca

ANOINTING OF THE SICK:

For emergencies call
403-249-4818, ext. 9

DIVINE LITURGY INTENTIONS :

Arrangements with the office

CLERGY & RELIGIOUS

Pastor :

Fr. Michael Bombak
FatherMichael@Protomartyr.ca
Office:403-249-4818, ext. 1

Pastor, St. Basil's Melkite Greek Catholic Church

Fr. Samer Naaman
stbasilmelkitecalgary@gmail.com
Facebook: St Basils Melkite Greek
Catholic Church Calgary

PARISH OFFICE

Office Administrator:

Linda Buck 403-249-4818, ext. 0
office@Protomartyr.ca

Sacramental Coordinator:

Kim Bombak
403-249-4818 ext 2
Sacraments@Protomartyr.ca

Communications Coordinator:

Mirna Farahat
coordinator@Protomartyr.ca

Ukrainian Newcomer Coordinator:

Julia Moroz
newcomers@protomartyr.ca

HALL RENTAL INQUIRIES

Maria Dwulit,
403-249-4818 ext 5
email: Hall@Protomartyr.ca

Gospel—Mark 9:17-31; Matthew 4:25-5:12

At that time, one of the multitude came to Jesus, bowed before Him, and said, "Teacher, I brought You my son, who has a mute spirit. And wherever it seizes him, it throws him down; he foams at the mouth, gnashes his teeth, and becomes rigid. So I spoke to Your disciples, that they should cast it out, but they could not."

He answered him and said, "O faithless generation, how long shall I be with you? How long shall I bear with you? Bring him to Me." Then they brought him to Him. And when he saw Him, immediately the spirit convulsed him, and he fell on the ground and wallowed, foaming at the mouth.

So He asked his father, "How long has this been happening to him?" And he said, "From childhood. And often he has thrown him both into the fire and into the water to destroy him. But if You can do anything, have compassion on us and help us."

Jesus said to him, "If you can believe, all things are possible to him who believes."

Immediately the father of the child cried out and said with tears, "Lord, I believe; help my unbelief!"

When Jesus saw that the people came running together, He rebuked the unclean spirit, saying to it: "Deaf and dumb spirit, I command you, come out of him and enter him no more!" Then the spirit cried out, convulsed him greatly, and came out of him. And he became as one dead, so that many said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose.

And when He had come into the house, His disciples asked Him privately, "Why could we not cast it out?"

So He said to them, "This kind can come out by nothing but prayer and fasting."

Then they departed from there and passed through Galilee, and He did not want anyone to know it. For He taught His disciples and said to them, "The Son of Man is being betrayed into the hands of men, and

they will kill Him. And after He is killed, He will rise the third day." At that time, great multitudes followed Him—from Galilee, and from Decapolis, Jerusalem, Judea, and beyond the Jordan.

And seeing the multitudes, He went up on a mountain, and when He was seated His disciples came to Him. Then He opened His mouth and taught them, saying:

"Blessed are the poor in spirit, For theirs is the kingdom of heaven. Blessed are those who mourn, For they shall be comforted. Blessed are the meek, For they shall inherit the earth. Blessed are those who hunger and thirst for righteousness, For they shall be filled. Blessed are the merciful, For they shall obtain mercy. Blessed are the pure in heart, For they shall see God. Blessed are the peacemakers, For they shall be called sons of God. Blessed are those who are persecuted for righteousness' sake, For theirs is the kingdom of heaven. "Blessed are you when they revile and persecute you, and say all kinds of evil against you falsely for My sake. Rejoice and be exceedingly glad, for great is your reward in heaven, for so they persecuted the prophets who were before you.

Hymn to the Mother of God

In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins' pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider than all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest. (Psalm 148:1)* The just man shall be in everlasting remembrance;* of evil hearsay he shall have no fear.* Alleluia, alleluia,* alleluia. (Psalm 111:6)

Announcements and Upcoming Events

❖ Children's Summer Bible Camp July 24-28—VOLUNTEERS REQUIRED

We are working hard to reignite our Children's Summer Bible Camp! For this program to run smoothly we require 8 adult volunteers to help in a fulltime capacity from Mon July 24-Fri July 28. This exciting program is essential to our parish which supports the future of our Church. Please contact Kathryn Livesey <kalivesey@shaw.ca>, "Lynsey Lowey, childrensprogram@protomartyr.ca to offer your support or raise any questions you have.

❖ Upcoming UCWLC Meetings : April 13th - 7 pm, May 4th - 7 pm

❖ **Wine Basket Raffle.** St. Nicholas K of C Council is raffling off ten bottles of wine from some of the best wineries around the world. Retail value is over \$450. Only 600 tickets sold. Draw on April 13. **Tickets available from any K of C member.** Proceeds will allow our Council to continue to provide activities in our Parish. Thank you for your support.

❖ **Choir trip to Edmonton :** St. Stephen's choir will be travelling to Edmonton seminary to sing liturgy (Father Greg and the seminarians) as well as a visit to St. Sophia parish with Father Rendy. Bus departs 6:00 am March 26th and returns the same day between 6-7pm. Anyone interested in joining the choir is welcome to contact Linda Dudar as limited seats are available.



Attention:

PROSPECTIVE EMPLOYERS

Invitation to Participate in Ukrainian Evacuee Job Fair on April 21

Job Fair

St. Stephen's will be hosting a Job Fair for Ukrainian Newcomers on Friday, April 21, from 9-3. Our last two job fairs have been very successful. The professional and skilled labourer newcomers are hardworking, responsible, and well educated and are eager to secure employment. If you are an employer or know of employers looking for excellent quality workers, please have them contact Mark Ewanchyna at UkraineSupport@protomartyr.ca to reserve a table.

More information can be found here : <https://tinyurl.com/mr337nrk>

2023 UCWLC Easter Sales



Pre-Order Drop Box

1. Complete form and attach payment in full.
2. Place your order (with full payment) into the box
3. Orders must be received by Sunday March 19, 2023

Pick Up on Sunday March 26th

between 9:30am & 12:30pm

NOTE: Orders received without payment **WILL NOT** be filled

UCWLC would like to invite you all to attend our **2023 UCWLC Easter Sale on March 26th, 2023.**

We are asking all parishioners to donate a bake table item, which can be dropped off on March 26th, 2023 before the liturgies.

Easter sale Hours: Between 9:30am – 12:30 pm—
Items include:

- Babkas (while supplies last)
- Sausage
- Bake Table items
- Lunch counter
- Pysanky sales

You will also be able to pick up your pre-orders during this time.

Pre-Orders: UCWLC is now accepting Pre-Orders for Easter Babka's, Sausage & Butter Lambs.

Forms are available at church OR downloadable here : <https://tinyurl.com/4takt8ht>

Please return your completed order with payment in full by March 19, 2023. Pre-orders will be available for pick up on March 26th, 2023 between the hours of 9:30 am – 12:30 pm in the hall. For further information please contact: Larysa Gelleta at: 403-993-7858 or by email: lgelleta@telus.net.



DIVINE LITURGY INTENTIONS

Saturday, March 18:

- ❖ 10:00am - Sorokousty
- ❖ 4:00pm – Confessions
- ❖ 5:00pm – for the intentions and needs of all parishioners

Sunday, March 19:

SUNDAY OF ST. JOHN CLIMACUS

- ❖ 8:30am – in memory of the repose of the souls of +Yurko and +Andrei Parkasewych
- ❖ 10:30am – in memory of the repose of the soul (1 yr) of +Verna Rawlyk

Wednesday, March 22:

- ❖ 9:00am – Lenten 6th hour Typica with Eucharist
- ❖ 7:00pm – in memory of the repose of the soul of +Maria Ojeda Orosco

Thursday, March 23:

- ❖ 9:00am – Lenten 6th hour Typica with Eucharist

Friday, March 24:

- ❖ 5:30pm – for the intentions and needs of all parishioners

Saturday, March 25:

ANNUNCIATION OF THEOTOKOS

- ❖ 9:00am – Festal Divine Liturgy
- ❖ 4:00pm – Confessions
- ❖ 5:00pm – for the intentions and needs of all parishioners

Sunday, March 26:

SUNDAY OF MARY OF EGYPT

- ❖ 8:30am – for the intentions and needs of all parishioners
- ❖ 10:30am – for many blessings, good health and happiness to Pauline Sachkiw on the occasion of her 90th birthday. Mnohaya Lita!



Calgary, Alberta



March 15, 2023

DRAFT 2023

March 15, 2023

The Ukrainian Hockey League (“UHL”) is Back for its 25th season!

The season starts on Sunday April 2nd at the Flames Community Arenas. But before they can play, they need to be Drafted to a team. Join us for the Draft on Wednesday March 15th at 7:00pm in the Parish Hall to see who gets drafted to which team. The evening will be fun and full of laughs.

Also, plan to be part of the UHL Fantasy Draft. You could win if you pick the right players! Please go to www.uhlhockey.net for more information. We hope to see you at the Draft!

Proudly presenting

Dueling Piano Kings

MAY
Friday
12 6:30pm

ST. STEPHEN'S PUB NIGHT

Tickets can be purchased on Sundays after the 8:30 am and 10:30 am Divine Liturgies or by calling the office : 403-249-4818, ext 0
Cash, e-transfer or credit cards are accepted
No tickets will be sold at the door.

Pub Food
Cash bar
\$50/Ticket

All proceeds go to St. Stephen's Ukraine Support Committee



at St. Stephen Protomartyr
Ukrainian Cultural Centre
4903 45 St SW, Calgary

St Stephen's UCWLC Scholarship for \$1000 Guidelines



- Eligibility : A 16-24 year old daughter or granddaughter of a St Stephen's UCWLC Member who will be attending an undergraduate Post Secondary program. (E.g.) University, College, Apprenticeship, Technical School or Specialized program (Cosmetology, Hairdresser, Secretarial, etc....)
- Include a resume and a reference letter
- Reasons for the choice and location of the Post Secondary School.
- Include a description of your Parish, Community and School Involvement .
- Explain your Financial Need to receive this scholarship.
- Submit to scholarship committee c/o nettiekost@gmail.com
- **Deadline is May 14, 2023**

AGM

Annual General Meeting

Please join us for St. Stephen's 2023 Annual General Meeting!

Date: Sunday, March 19th, 2023

Time: Directly following the 10:30am Divine Liturgy, approx. noon

Where: St. Stephen's Parish Hall

Other: Pancake Breakfast will be provided
by the Knights of Columbus – thank you!"

A quorum of 34 is required.

Copies of the 2022 Financial Statements and Stewardship
Report are available

Please consider joining in to see what's new!

Every person can make a difference!



NOTICE FROM PARISH COUNCIL:

My dear brothers and sisters in Christ,

I want to thank you all for your passion and contributions to our parish. Our parish family continues to grow stronger supporting each other and our brothers and sisters seeking refuge from Ukraine. Let us all continue to live the word of the Lord and be witness to his love.

I would like to take this opportunity to thank the following people as their tenure on parish council comes to an end. We really appreciate you and have been blessed to have your contributions to parish council. Thank you so much for extending your terms to get us through the pandemic.

Dawn Klassen - Parish Council Secretary
Deanne David - Membership Director
Bernadette Lukey - Pastoral Care Director
Natiliya Varenyk - Public Relations and Communications Director

Многаяліта !

At our Annual General Meeting on March 19, we are hoping to have a few parishioners who are willing to support the following vacant positions.

Parish Council Secretary: to facilitate agenda, document minutes and motions of meetings, support the scheduling of meetings

Membership Director: welcome new members to the parish, coordinate the database with parish office, count and confirm quorum for SAGM/AGM

Hospitality Director: to coordinate social functions (non-fundraising events) for the parish to bring us together in fellowship. This includes the Sunday coffee and stampede breakfast.

Pastoral Care Director: to respond to pastoral needs of the parish in coordination with the pastor. This may involve out reach to our members who are unable to attend mass.

Public Relations and Communication Director: to promote St Stephen's and its activities to the general membership and beyond. This includes the Pews News newsletter and facilitating other events.

Could it be your time to serve on Parish Council? The roles are well supported and guidance will be provided. Time commitment is depends on the role and does include one 2h monthly parish council meeting.

If you have any questions, please feel free to reach out to me at CouncilChair@protomartyr.ca

Thank you,

Слава Ісусу Христу
Oliver David
Parish Council Chair



Our parish provides support to recent newcomers from Ukraine. If you have any questions, please contact us at ukrainesupport@protomartyr.ca.

Newcomers: Please register with Julia Moroz at newcomers@protomartyr.ca to get information about how we can help and newcomer events at our church.

Будь-ласка, відправте, будь-ласка, вашу контактну інформацію за адресоюnewcomers@protomartyr.ca, щоб отримувати інформацію про заходи для новоприбулих у нашій церкві від нашої координаторки для новоприбулих від Юлії Мороз.

DONATIONS WELCOME Please consider a small donation to support our initiative. Please visit our [website](#) for details.

SUBSCRIBE TO OUR ST STEPHEN'S TELEGRAM CHANNEL

- ✓ Actual vacancies
- ✓ Announcements of events for new arrivals
- ✓ Current and verified news

It can be found at
https://t.me/UANewcomers_StStepnens

**ПІДПИСУЙТЕСЬ НА НАШ ОФІЦІЙНИЙ
ТЕЛЕГРАМ-КАНАЛ УКРАЇНСЬКОЇ ЦЕРКВИ
СВ. СТЕФАНА**

- ✓ Актуальні вакансії
- ✓ Анонси заходів для новоприбулих
- ✓ Актуальні та перевірені новини



The people of Ukraine need your help!

As we mark the one-year anniversary of the war in Ukraine, millions of the country's inhabitants are in dire straits. Constant bombardment, frigid temperatures, fluctuating power, lack of food, shelter and other basic necessities. As part of your Lenten sacrifice, kindly consider making a donation towards providing emergency services and humanitarian and pastoral support to Ukrainians by offering care, medical supplies, food, clothing and shelter to displaced persons, the elderly and the sick, as well as educational programs and support to local priests. For example, for only \$25, an emergency food package can provide much needed relief. \$100 can buy four packages. Each package will feed 2 persons for 1 week.

Donations may be made through your local parish, the Eparchy of Edmonton (www.eeparchy.com), or directly to Catholic Near East Welfare Association - Canada (cnewa.ca).

For information on how your donation is making a difference, see Catholic Near East Welfare Association's [2022 Campaign Report: Ukraine Emergency Relief](#).

May God bless you and your family for your generosity.
We pray for peace in Ukraine. God bless! Bishop David



Come Write a Pysanka!

Saturday April 1, 2023

Sponsored by UCWLC
St. Stephen's Parish Hall 3-5 pm
Supplies will be provided.

Children 6 and older must be accompanied by an adult.

Sign-up sheet in Atrium. Space is limited.
Contact Larysa Gellela at lgellela@telus.net