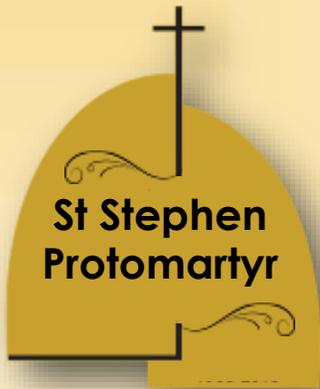


ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

MARCH 5TH, 2023



Address:
4903 – 45th Street S.W.
Calgary, Alberta T3E 3W5 Canada

Office Hours
Mon-Thurs 9:00am -2:00pm

Telephone:
403-249-4818, press 0

Pastoral Emergencies:
403-249-4818, press 9

Email:
Office@Protomartyr.ca
Coordinator@Protomartyr.ca

Parish Website:
www.saintstephencalgary.ca

Parish Calendar:
[www.saintstephencalgary.ca/
calendar1.html](http://www.saintstephencalgary.ca/calendar1.html)

Facebook:
[https://www.facebook.com/
protomartyr.ca](https://www.facebook.com/protomartyr.ca)

Eparchy Website:
www.edmontoneparchy.com

DIVINE LITURGIES:

Sunday Services:
8:30 am—Bilingual
10:05—Rosary
10:30 am – English
Vigil Liturgy, **Saturday** at 5:00 pm

Weekday Services:
Wednesday and Thursdays
9:00am

Second Sunday of the Great Fast: St. Gregory of Palamas.

The Holy Martyr Conon (249-251) Great Fast Day 14. Matins Resurrectional Gospel 6. The Divine Liturgy of St. Basil the Great is celebrated today.

Troparia and Kontakia

Troparion, Tone 6: Angelic powers were upon Your tomb* and the guards became like dead men;* Mary stood before Your tomb* seeking Your most pure body.* You captured Hades without being overcome by it.* You met the Virgin and granted life.* O Lord, risen from the dead,* glory be to You! Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

Kontakion, Tone 4: The time for action is now revealed;* the Judge is at the door.* Let us rise and keep the fast,* offering tears of contrition with alms and crying aloud:* our sins are more numerous than the sands of the sea,* but forgive us, O Maker of all, that we may receive incorruptible crowns.

Prokeimenon, Tone 5

You, O Lord, will guard us* and will keep us* from this generation* and forever.

verse: Save me, O Lord, for there is no longer left a just man. (Psalm 11:8,2)

Epistle -Hebrews 1:10-2:3

A reading from the Epistle of the Holy Apostle Paul to the Hebrews.

Brothers and sisters, "You, LORD, in the beginning laid the foundation of the earth, And the heavens are the work of Your hands. They will perish, but You remain; And they will all grow old like a garment; Like a cloak You will fold them up,

And they will be changed. But You are the same, And Your years will not fail."

But to which of the angels has He ever said: "Sit at My right hand, Till I make Your enemies Your footstool"?

Are they not all ministering spirits sent forth to minister for those who will inherit salvation?

Therefore we must give the more earnest heed to the things we have heard, lest we drift away. For if the word spoken through angels proved steadfast, and every transgression and disobedience received a just reward, how shall we escape if we neglect so great a salvation, which at the first began to be spoken by the Lord, and was confirmed to us by those who heard Him.

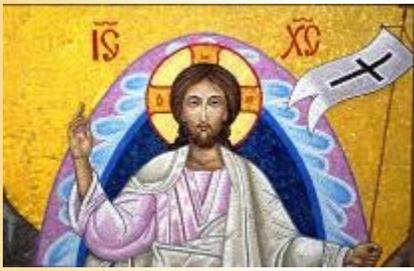
Alleluia, Tone 6

verse: He who lives in the aid of the Most High, shall dwell under the protection of the God of heaven.

verse: He says to the Lord: You are my protector and my refuge, my God, in Whom I hope. (Psalm 90:1,2)

Gospel—Mark 2:1-12

At that time, Jesus entered Capernaum after some days, and it was heard that He was in the house. Immediately many gathered together, so that there was no longer room to receive them, not even near the door. And He preached the word to them. Then they came to Him, bringing a paralytic who was carried by four men. And when they could not



HOLY MYSTERIES

CONFESSION:

Saturdays 4:00 to 4:45 pm
Sundays before the 8 am and 10 am
Liturgies OR by appointment
403-249-4818, ext. 2

MARRIAGE, BAPTISM-CHRISMATION- EUCHARIST, FUNERALS :

Contact the Sacramental Coordinator
Kim Bombak:
Sacraments@Protomartyr.ca

ANOINTING OF THE SICK:

For emergencies call
403-249-4818, ext. 9

DIVINE LITURGY INTENTIONS :

Arrangements with the office

CLERGY & RELIGIOUS

Pastor :

Fr. Michael Bombak
FatherMichael@Protomartyr.ca
Office:403-249-4818, ext. 1

Pastor, St. Basil's Melkite Greek Catholic Church

Fr. Samer Naaman
stbasilmelkitecalgary@gmail.com
Facebook: St Basils Melkite Greek
Catholic Church Calgary

PARISH OFFICE

Office Administrator:

Linda Buck 403-249-4818, ext. 0
office@Protomartyr.ca

Sacramental Coordinator:

Kim Bombak
403-249-4818 ext 2
Sacraments@Protomartyr.ca

Communications Coordinator:

Mirna Farahat
coordinator@Protomartyr.ca

Ukrainian Newcomer Coordinator:

Julia Moroz
newcomers@protomartyr.ca

HALL RENTAL INQUIRIES

Maria Dwulit,
403-249-4818 ext 5
email: Hall@Protomartyr.ca

come near Him because of the crowd, they uncovered the roof where He was. So when they had broken through, they let down the bed on which the paralytic was lying.

When Jesus saw their faith, He said to the paralytic, "Son, your sins are forgiven you."

And some of the scribes were sitting there and reasoning in their hearts, "Why does this Man speak blasphemies like this? Who can forgive sins but God alone?"

But immediately, when Jesus perceived in His spirit that they reasoned thus within themselves, He said to them, "Why do you reason about these things in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven you,' or to say, 'Arise, take up your bed and walk'? But that you may know that the Son of Man has power on earth to forgive sins"—He said to the paralytic, "I say to you, arise, take up your bed, and go to your

house." Immediately he arose, took up the bed, and went out in the presence of them all, so that all were amazed and glorified God, saying, "We never saw anything like this!"

Hymn to the Mother of God

In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins' pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider than all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest.* Alleluia, alleluia,* alleluia. (Psalm 148:1)

Announcements and Upcoming Events

❖ **Children's Summer Bible Camp July 24-28—VOLUNTEERS REQUIRED**

We are working hard to reignite our Children's Summer Bible Camp! For this program to run smoothly we require 8 adult volunteers to help in a fulltime capacity from Mon July 24-Fri July 28. This exciting program is essential to our parish which supports the future of our Church. Please contact Kathryn Livesey" <kalivesey@shaw.ca>, "Lynsey Lowey, childrensprogram@protomartyr.ca to offer your support or raise any questions you have.

❖ **Upcoming UCWLC Meetings : April 13th - 7 pm, May 4th - 7 pm**

❖ **UCWLC Work Bees:** Babka baking will be on March 16 & March 22, 2023. We are looking for Volunteers for the following Shifts: 7:30-11:03 am, 9:30-2:30 pm and 2:30-6:00 pm. Sign-up sheets are posted in the church atrium. Contact Flo Volcko by phone: 403-542-9501 or email flo@gowithflo.ca. Gentleman are welcome!

❖ **Wine Basket Raffle.** St. Nicholas K of C Council is raffling off ten bottles of wine from some of the best wineries around the world. Retail value is over \$450. Only 600 tickets sold. Draw on April 13. Tickets available from any K of C member. Proceeds will allow our Council to continue to provide activities in our Parish. Thank you for your support.

Sandwich & SNACK SUNDAY March 12th, 2023

UCWLC request parish members and families to participate in supporting the "Street Sisters" who are in need of 65 lunches. **WHAT is NEEDED?** A loaf of sandwiches, ONLY peanut butter and jam/jelly, Cheeze Whiz or Nutella. Pack each sandwich in individual sandwich bags. **ALSO:** granola bars, juice boxes, bottled water, bags of apples or oranges and fruit cups. Contact Katherine Letwin 403-922-9768 Cell/Text

The people of Ukraine need your help!

As we mark the one-year anniversary of the war in Ukraine, millions of the country's inhabitants are in dire straits. Constant bombardment, frigid temperatures, fluctuating power, lack of food, shelter and other basic necessities. As part of your Lenten sacrifice, kindly consider making a donation towards providing emergency services and humanitarian and pastoral support to Ukrainians by offering care, medical supplies, food, clothing and shelter to displaced persons, the elderly and the sick, as well as educational programs and support to local priests. For example, for only \$25, an emergency food package can provide much needed relief. \$100 can buy four packages. Each package will feed 2 persons for 1 week.

Donations may be made through your local parish, the Eparchy of Edmonton (www.eeparthy.com), or directly to Catholic Near East Welfare Association - Canada (cnewa.ca).

For information on how your donation is making a difference, see Catholic Near East Welfare Association's [2022 Campaign Report: Ukraine Emergency Relief](#).

May God bless you and your family for your generosity.

We pray for peace in Ukraine. God bless! Bishop David

Mark Your Calendars & Join Us for this Eparchial Lenten Series:

Prayer

Fasting

Almsgiving



We are encouraged to focus on Prayer, Fasting and Almsgiving especially during Great Lent, but have you ever wondered why or how? In this 3-part series, we will explore the origins of these disciplines, how we might undertake them and learn about the benefits that they can hold for our spiritual life and our personal growth in holiness.

Each session will be comprised of a presentation, discussion, and prayer. Attend any or all sessions. No registration necessary.

- March 16 – Prayer – Fr. Bo Nahachewsky
- March 23 – Fasting – Deacon Cyril Kennedy
- March 30 – Almsgiving - Staff of the Madonna House community

LOCATION: St. Nicholas Parish, Edmonton.

ZOOM : Go here <https://tinyurl.com/Lent-series-2023> or email: familyandlife@eeparchy.com



DIVINE LITURGY INTENTIONS

Saturday, March 4:

- ❖ 10:00am – Sorokousty
- ❖ 4:00pm – Confessions
- ❖ 5:00pm – for the intentions and needs of all parishioners

Sunday, March 5: SUNDAY OF ST. GREGORY of PALOMAS

- ❖ 8:30am – for health and healing for Mary Jenny (Jan) Hempel
- ❖ 10:30am – in memory of the repose of the soul (1 yr) of +Cecelia Werner

Wednesday, March 8:

- ❖ 9:00am – Lenten 6th hour Typica with Eucharist
- ❖ 7:00pm – Presanctified Liturgy

Thursday, March 9:

- ❖ 9:00am – Lenten 6th hour Typica with Eucharist

Saturday, March 11:

- ❖ 4:00pm – NO CONFESSIONS
- ❖ 5:00pm – for the intentions and needs of all parishioners

Sunday, March 12: SUNDAY OF THE HOLY CROSS

- ❖ 8:30am – for good health and blessings for Sr Laura Prokop
- ❖ 10:30am – for the repose of the soul of +Eugene Stychyshyn and peace and comfort for his family

2023 UCWLC Easter Sales



Pre-Order Drop Box

1. Complete form and attach payment in full.
2. Place your order (with full payment) into the box
3. Orders must be received by Sunday March 19, 2023

Pick Up on Sunday March 26th

between 9:30am & 12:30pm

NOTE: Orders received without payment **WILL NOT** be filled

UCWLC would like to invite you all to attend our **2023 UCWLC Easter Sale on March 26th, 2023**. We are asking all parishioners to donate a bake table item, which can be dropped off on March 26th, 2023 before the liturgies.

Easter sale Hours: Between 9:30am – 12:30 pm—
Items include:

- Babkas (while supplies last)
- Sausage
- Bake Table items
- Lunch counter
- Pysanky sales

You will also be able to pick up your pre-orders during this time.

Pre-Orders: UCWLC is now accepting Pre-Orders for Easter Babka's, Sausage & Butter Lambs.

Forms are available at church OR downloadable here :

<https://tinyurl.com/4takt8ht>

Please return your completed order with payment in full by March 19, 2023. Pre-orders will be available for pick up on March 26th, 2023 between the hours of 9:30 am – 12:30 pm in the hall. For further information please contact: Larysa Gellata at: 403-993-7858 or by email: lgellata@telus.net.

SOROKOUSTY Services

On Saturday March 4th and March 18th, we will hold Sorokousty services at 10am.

At these Lenten services we read aloud the names of our loved ones who have died and pray that we may be together with them at our Lord's second coming. We ask that you write the names of those you wish prayed for in the registry (book) prior to the service beginning.

After the service UCWLC and the Knights of Columbus would like to invite everyone for a Soup and Bread lunch in the parish hall.

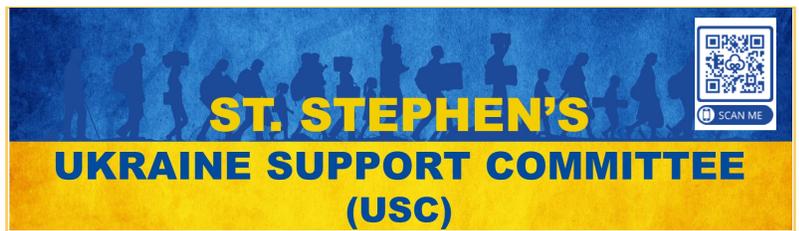
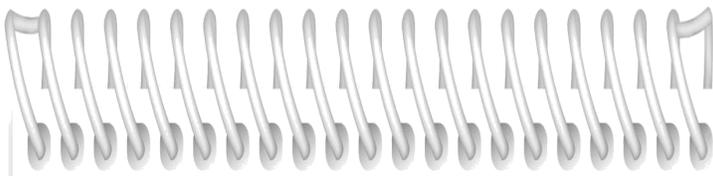
It is a great opportunity to meet others and share stories.



St Stephen's UCWLC Scholarship for \$1000 Guidelines



- Eligibility : A 16-24 year old daughter or granddaughter of a St Stephen's UCWLC Member who will be attending an undergraduate Post Secondary program. (E.g.) University, College, Apprenticeship, Technical School or Specialized program (Cosmetology, Hairdresser, Secretarial, etc....)
- Include a resume and a reference letter
- Reasons for the choice and location of the Post Secondary School.
- Include a description of your Parish, Community and School Involvement .
- Explain your Financial Need to receive this scholarship.
- Submit to scholarship committee c/o nettiekost@gmail.com
- **Deadline is May 14, 2023**



NOTICE FROM PARISH COUNCIL:

My dear brothers and sisters in Christ,

I want to thank you all for your passion and contributions to our parish. Our parish family continues to grow stronger supporting each other and our brothers and sisters seeking refuge from Ukraine. Let us all continue to live the word of the Lord and be witness to his love.

I would like to take this opportunity to thank the following people as their tenure on parish council comes to an end. We really appreciate you and have been blessed to have your contributions to parish council. Thank you so much for extending your terms to get us through the pandemic.

Dawn Klassen - Parish Council Secretary
Deanne David - Membership Director
Bernadette Lukey - Pastoral Care Director
Natiliya Varenyk - Public Relations and Communications Director

Многаяліта !

At our Annual General Meeting on March 19, we are hoping to have a few parishioners who are willing to support the following vacant positions.

Parish Council Secretary: to facilitate agenda, document minutes and motions of meetings, support the scheduling of meetings

Membership Director: welcome new members to the parish, coordinate the database with parish office, count and confirm quorum for SAGM/AGM

Hospitality Director: to coordinate social functions (non-fundraising events) for the parish to bring us together in fellowship. This includes the Sunday coffee and stamper breakfast.

Pastoral Care Director: to respond to pastoral needs of the parish in coordination with the pastor. This may involve out reach to our members who are unable to attend mass.

Public Relations and Communication Director: to promote St Stephen's and its activities to the general membership and beyond. This includes the Pews News newsletter and facilitating other events.

Could it be your time to serve on Parish Council? The roles are well supported and guidance will be provided. Time commitment is depends on the role and does include one 2h monthly parish council meeting.

If you have any questions, please feel free to reach out to me at CouncilChair@protomartyr.ca

Thank you,

Слава Ісусу Христу
Oliver David
Parish Council Chair

Our parish provides support to recent newcomers from Ukraine. If you have any questions, please contact us at ukrainesupport@protomartyr.ca.

Newcomers: Please register with Julia Moroz at newcomers@protomartyr.ca to get information about how we can help and newcomer events at our church.

Будь-ласка, відправте, будь-ласка, вашу контактну інформацію за [адресоюnewcomers@protomartyr.ca](mailto:адресуюnewcomers@protomartyr.ca), щоб отримувати інформацію про заходи для новоприбулих у нашій церкві від нашою ккординаторки для новоприбулих від Юлії Мороз.

DONATIONS WELCOME Please consider a small donation to support our initiative. Please visit our [website](#) for details.

SUBSCRIBE TO OUR ST STEPHEN'S TELEGRAM CHANNEL

- ✓ Actual vacancies
 - ✓ Announcements of events for new arrivals
 - ✓ Current and verified news
- It can be found at
https://t.me/UANewcomers_StStephens

ПІДПИСУЙТЕСЬ НА НАШ ОФІЦІЙНИЙ ТЕЛЕГРАМ-КАНАЛ УКРАЇНСЬКОЇ ЦЕРКВИ СВ. СТЕФАНА

- ✓ Актуальні вакансії
- ✓ Анонси заходів для новоприбулих
- ✓ Актуальні та перевірені новини



AGM

Annual General Meeting

Please join us for St. Stephen's 2023 Annual General Meeting!

Date: Sunday, March 19th, 2023

Time: Directly following the 10:30am Divine Liturgy, approx. noon

Where: St. Stephen's Parish Hall

Other: Lunch will be provided

A quorum of 34 is required. Copies of the 2022 Financial Statements are available in the Narthex.

Please consider joining in to see what's new!

Every person can make a difference!