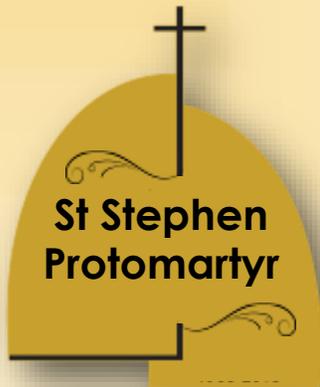


ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

FEBRUARY 26TH, 2023



Address:
4903 – 45th Street S.W.
Calgary, Alberta T3E 3W5 Canada

Office Hours
Mon-Thurs 9:00am -2:00pm

Telephone:
403-249-4818, press 0

Pastoral Emergencies:
403-249-4818, press 9

Email:
Office@Protomartyr.ca
Coordinator@Protomartyr.ca

Parish Website:
www.saintstephencalgary.ca

Parish Calendar:
www.saintstephencalgary.ca/calendar1.html

Facebook:
<https://www.facebook.com/protomartyr.ca>

Eparchy Website:
www.edmontoneparchy.com

DIVINE LITURGIES:

Sunday Services:
8:30 am—Bilingual
10:05—Rosary
10:30 am – English
Vigil Liturgy, **Saturday** at 5:00 pm

Weekday Services:
Wednesday and Thursdays
9:00am

First Sunday of the Great Fast: The Sunday of Orthodoxy; Our Holy Father Porphyrius, Bishop of Gaza (420)

Great Fast Day 7. Matins Resurrectional Gospel 5. The Divine Liturgy of St. Basil the Great is celebrated today.

Troparia and Kontakia

Troparion, Tone 5: Let us the faithful acclaim and worship the Word,* co-eternal with the Father and the Spirit,* and born of the Virgin for our salvation.* For He willed to be lifted up on the cross in the flesh, to suffer death* and to raise the dead by His glorious resurrection.

Troparion, Tone 2: We bow before Your most pure image, O kind Lord,* and beg pardon for our sins, O Christ our God.* Of Your own will You consented to ascend the Cross in the flesh to free Your handiwork from enslavement to the enemy.* In thanksgiving we cry aloud to You:* by coming to save the world, our Saviour, You filled all things with joy.

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

Kontakion, Tone 8: The uncircumscribed Word of the Father* became circumscribed when He took flesh of you, O Mother of God,* and when He restored the divine image to its ancient glory,* He suffused it with the beauty of God.* Therefore, confessing our salvation in deed and word,* we portray it in images.

Prokeimenon, Tone 4

Blessed are You, Lord God of our fathers,* and praised and glorified is Your Name for ever.

verse: For You are righteous in everything You have done to us. (Daniel 3:26,27)

Epistle—Hebrews 11:24-26,32-40; 12:1-2

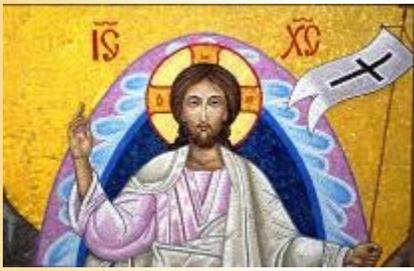
A reading from the Epistle of the Holy Apostle Paul to the Hebrews.

Brothers and sisters, by faith Moses, when he became of age, refused to be called the son of Pharaoh's daughter, choosing rather to suffer affliction with the people of God than to enjoy the passing pleasures of sin, esteeming the reproach of Christ greater riches than the treasures in Egypt; for he looked to the reward.

And what more shall I say? For the time would fail me to tell of Gideon and Barak and Samson and Jephthah, also of David and Samuel and the prophets: who through faith subdued kingdoms, worked righteousness, obtained promises, stopped the mouths of lions, quenched the violence of fire, escaped the edge of the sword, out of weakness were made strong, became valiant in battle, turned to flight the armies of the aliens. Women received their dead raised to life again.

Others were tortured, not accepting deliverance, that they might obtain a better resurrection. Still others had trial of mockings and scourgings, yes, and of chains and imprisonment. They were stoned, they were sawn in two, were tempted, were slain with the sword. They wandered about in sheepskins and goatskins, being destitute, afflicted, tormented— of whom the world was not worthy. They wandered in deserts and mountains, *in dens and caves of the earth.*

And all these, having obtained a good testimony through faith, did not receive the promise, God having provided something better for us, that they should not be made perfect apart from us. Therefore we also, since we are surrounded by so



HOLY MYSTERIES

CONFESSION:

Saturdays 4:00 to 4:45 pm
Sundays before the 8 am and 10 am
Liturgies OR by appointment
403-249-4818, ext. 2

MARRIAGE, BAPTISM-CHRISMATION- EUCCHARIST, FUNERALS :

Contact the Sacramental Coordinator
Kim Bombak:
Sacraments@Protomartyr.ca

ANOINTING OF THE SICK:

For emergencies call
403-249-4818, ext. 9

DIVINE LITURGY INTENTIONS :

Arrangements with the office

CLERGY & RELIGIOUS

Pastor :

Fr. Michael Bombak
FatherMichael@Protomartyr.ca
Office:403-249-4818, ext. 1

Pastor, St. Basil's Melkite Greek Catholic Church

Fr. Samer Naaman
stbasilmelkitechicago@gmail.com
Facebook: St Basils Melkite Greek
Catholic Church Calgary

PARISH OFFICE

Office Administrator:

Linda Buck 403-249-4818, ext. 0
office@Protomartyr.ca

Sacramental Coordinator:

Kim Bombak
403-249-4818 ext 2
Sacraments@Protomartyr.ca

Communications Coordinator:

Mirna Farahat
coordinator@Protomartyr.ca

Ukrainian Newcomer Coordinator:

Julia Moroz
newcomers@protomartyr.ca

HALL RENTAL INQUIRIES

Maria Dwulit,
403-249-4818 ext 5
email: Hall@Protomartyr.ca

great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

Alleluia, Tone 4

verse: Moses and Aaron are among His priests and Samuel among those who call upon His name.

verse: They called on the Lord, and He heard them. (Psalm 98:6)

Gospel—John 1:43-51

At that time, Jesus wanted to go to Galilee, and He found Philip and said to him, "Follow Me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael and said to him, "We have found Him of whom Moses in the law, and also the prophets, wrote—Jesus of Nazareth, the son of Joseph."

And Nathanael said to him, "Can anything good come out of Nazareth?"

Philip said to him, "Come and see."

Jesus saw Nathanael coming toward Him, and said of him, "Behold, an Israelite indeed, in whom is no deceit!" Nathanael said to Him, "How do You know

me?" Jesus answered and said to him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered and said to Him, "Rabbi, You are the Son of God! You are the King of Israel!"

Jesus answered and said to him, "Because I said to you, 'I saw you under the fig tree,' do you believe? You will see greater things than these." And He said to him, "Most assuredly, I say to you, hereafter you shall see heaven open, and the angels of God ascending and descending upon the Son of Man."

Hymn to the Mother of God

In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins' pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider than all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest. (Psalm 148:1)* Rejoice in the Lord, O you just;* praise befits the righteous.* Alleluia, alleluia,* alleluia. (Psalm 32:1)

Announcements and Upcoming Events

❖ **Children's Summer Bible Camp July 24-28—VOLUNTEERS REQUIRED**

We are working hard to reignite our Children's Summer Bible Camp! For this program to run smoothly we require 8 adult volunteers to help in a fulltime capacity from Mon July 24-Fri July 28. This exciting program is essential to our parish which supports the future of our Church. Please contact Kathryn Livesey" <kalivesey@shaw.ca>, "Lynsey Lowey, childrensprogram@protomartyr.ca to offer your support or raise any questions you have.

❖ **Upcoming UCWLC Meetings : March 2nd - 7pm, April 13th - 7pm, May 4th - 7pm**

❖ **UCWLC Work Bees:** Babka baking will be on March 16 & March 22, 2023. We are looking for Volunteers for the following Shifts: 7:30-11:03 am, 9:30-2:30 pm and 2:30-6:00 pm. Sign-up sheets are posted in the church atrium. Contact Flo Volcko by phone: 403-542-9501 or email flo@gowithflo.ca. or Skia Zidan by phone: 403-686-3626 or email szidan66@hotmail.com . Gentlemen are welcome!

Panahyda

for the Victims of
the War In Ukraine

Thursday March 2
at 6:30 pm

at St. Stephen Protomartyr,
Ukrainian Catholic Church, Calgary

Celebrated by:

Fr. Michael Bombak
and Fr. Roman Planchak



CHOIR TRIP TO EDMONTON

On Sunday March the 26th, St. Stephen's choir will be travelling to Edmonton to celebrate the Divine Liturgy at the Holy Spirit Ukrainian Catholic Seminary with Father Greg and the seminarians. The bus will depart 6:00 am with return by 6:00 pm. We pray for a successful trip and journey for Linda and the choir.

Mark Your Calendars & Join Us for this Eparchial Lenten Series:

Prayer



Fasting



Almsgiving



We are encouraged to focus on Prayer, Fasting and Almsgiving especially during Great Lent, but have you ever wondered why or how? In this 3-part series, we will explore the origins of these disciplines, how we might undertake them and learn about the benefits that they can hold for our spiritual life and our personal growth in holiness.

Each session will be comprised of a presentation, discussion, and prayer. Attend any or all sessions. No registration necessary.

- March 16 – Prayer – Fr. Bo Nahachewsky
- March 23 – Fasting – Deacon Cyril Kennedy
- March 30 – Almsgiving - Staff of the Madonna House community

LOCATION: St. Nicholas Parish, Edmonton.

ZOOM: Go here <https://tinyurl.com/Lent-series-2023> or email: familyandlife@eeparchy.com

2023 UCWLC Easter Sales



Pre-Order Drop Box

1. Complete form and attach payment in full.
2. Place your order (with full payment) into the box
3. Orders must be received by Sunday March 19, 2023

Pick Up on Sunday March 26th

between 9:30am & 12:30pm

NOTE: Orders received without payment **WILL NOT** be filled

UCWLC would like to invite you all to attend our **2023 UCWLC Easter Sale on March 26th, 2023**. We are asking all parishioners to donate a bake table item, which can be dropped off on March 26th, 2023 before the liturgies.

Easter sale Hours: Between 9:30am – 12:30 pm—
Items include:

- Babkas (while supplies last)
- Sausage
- Bake Table items
- Lunch counter
- Pysanky sales

You will also be able to pick up your pre-orders during this time.

Pre-Orders: UCWLC is now accepting Pre-Orders for Easter Babka's, Sausage & Butter Lambs.

Forms are available at church OR downloadable here : <https://tinyurl.com/4takt8ht>

Please return your completed order with payment in full by March 19, 2023. Pre-orders will be available for pick up on March 26th, 2023 between the hours of 9:30 am – 12:30 pm in the hall. For further information please contact: Larysa Gelleta at: 403-993-7858 or by email: lgelleta@telus.net.

UCWLC and Knights of Columbus, would like to invite everyone to a **soup and bread lunch** in the Parish Hall following the Sorokousty services on Saturday mornings March 4th & March 18.

What a beautiful way to start the weekend-praying for our loved ones who have fallen asleep in the Lord, and then sharing some fellowship with our brothers and sisters.

SOUP & BREAD LUNCH

Source is a group study that explores the Holy Spirit and His role in our daily lives. Surely it is necessary to give our best efforts in striving for sanctity and in rejecting sin. However, we won't be able to achieve anything if we don't also receive graces and guidance from the Holy Spirit.

Source invites participants to experience the Holy Spirit in a profound way, where participants receive the fruits, gifts, and guidance of the Holy Spirit. **Source** will start on Sat, March 4, at St. Stephen's; this program will run from 6:30 pm-7:30 pm for seven consecutive weeks.

Registration for **Source** is open to everyone. Former participants of Alpha or Discovery are strongly encouraged to sign up for **Source**. Spots for **Source** are limited so make sure to sign up soon.

SOURCE

Seven week sessions running from **March 4, 2023**

From 6:30 to 7:30 pm

At St. Stephen Protomartyr

Please email :

Evangelist@protomartyr.ca

for registration and questions



DIVINE LITURGY INTENTIONS

Friday, February 24:

- ❖ 7:00pm – Presanctified Liturgy
- ❖ 8:00pm – Panakhyda for the Victims of the War in Ukraine and Mission Session #1

Saturday, February 25:

- ❖ 4:00pm – Confessions
- ❖ 5:00pm – for the intentions and needs of all parishioners
- ❖ 7:00pm – Communal Jesus Prayer and Mission Session #2

Sunday, February 26:

SUNDAY OF ORTHODOXY

- ❖ 8:30am – in memory of the repose of the soul of +Lydia Krill / Mission Session #3
- ❖ 10:30am – in memory of the repose of the souls of +Nestor and +Patricia Ficzyz / Mission Session #3

Wednesday, March 1:

- ❖ 9:00am – Lenten 6th hour Typica with Eucharist
- ❖ 7:00pm – Presanctified Liturgy

Thursday, March 2:

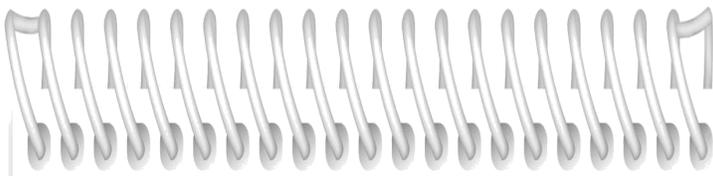
- ❖ 9:00am – Lenten 6th hour Typica with Eucharist
- ❖ 6:30pm - Panakhyda for the Victims of the War in Ukraine

Saturday, March 4:

- ❖ 4:00pm – Confessions
- ❖ 5:00pm – for the intentions and needs of all parishioners

Sunday, March 5: SUNDAY OF ST. GREGORY OF PALOMAS

- ❖ 8:30am – for health and healing for Mary Jenny (Jan) Hempel
- ❖ 10:30am – in memory of the repose of the soul (1 yr) of +Cecelia Werner



NOTICE FROM PARISH COUNCIL:

My dear brothers and sisters in Christ,

I want to thank you all for your passion and contributions to our parish. Our parish family continues to grow stronger supporting each other and our brothers and sisters seeking refuge from Ukraine. Let us all continue to live the word of the Lord and be witness to his love.

I would like to take this opportunity to thank the following people as their tenure on parish council comes to an end. We really appreciate you and have been blessed to have your contributions to parish council. Thank you so much for extending your terms to get us through the pandemic.

Dawn Klassen - Parish Council Secretary
Deanne David - Membership Director
Bernadette Lukey - Pastoral Care Director
Natiliya Varenyk - Public Relations and Communications Director

Многаяліта !

At our Annual General Meeting on March 19, we are hoping to have a few parishioners who are willing to support the following vacant positions.

Parish Council Secretary: to facilitate agenda, document minutes and motions of meetings, support the scheduling of meetings

Membership Director: welcome new members to the parish, coordinate the database with parish office, count and confirm quorum for SAGM/AGM

Hospitality Director: to coordinate social functions (non-fundraising events) for the parish to bring us together in fellowship. This includes the Sunday coffee and stampe breakfast.

Pastoral Care Director: to respond to pastoral needs of the parish in coordination with the pastor. This may involve out reach to our members who are unable to attend mass.

Public Relations and Communication Director: to promote St Stephen's and its activities to the general membership and beyond. This includes the Pews News newsletter and facilitating other events.

Could it be your time to serve on Parish Council? The roles are well supported and guidance will be provided. Time commitment is depends on the role and does include one 2h monthly parish council meeting.

If you have any questions, please feel free to reach out to me at CouncilChair@protomartyr.ca

Thank you,

Слава Ісусу Христу
Oliver David
Parish Council Chair



The USC is dedicated to providing support to recent newcomers from Ukraine. Our efforts and funds are directed towards providing newcomers with basic needs, English language classes and accommodation. We also provide different instructional presentations and workshops to help assist newcomers as they adjust to their new lives in Calgary. If you are helping a Ukrainian Newcomer family and would like help in supporting them, please contact us at ukrainesupport@protomartyr.ca.

Newcomers: Please register with Julia Moroz at newcomers@protomartyr.ca to get information about how we can help and newcomer events at our church.

Будь-ласка, відправте, будь-ласка, вашу контактну інформацію за [адресоюnewcomers@protomartyr.ca](mailto:адресюnewcomers@protomartyr.ca), щоб отримувати інформацію про заходи для новоприбулих у нашій церкві від нашої кординаторки для новоприбулих від Юлії Мороз.

HOST FAMILIES URGENTLY NEEDED:

Calgary has become a preferred city of choice for arrivals from the war in Ukraine. The flow of evacuees to Calgary is not slowing, and many Ukrainian newcomers are arriving in our city daily, without a place to stay. Please consider hosting Ukrainian arrivals in your home. There are a few settlement agencies that can assist:

- Register with Centre for Newcomers at <https://refugeeshousedhere.ca/registration/register-as-a-host/> or email the Centre for Newcomers at: n.shen@centrefornewcomers.ca
- Register with PIA (a settlement agency) by calling Marie at 403-668-0299 ext 7, or
- Contact Marianna at CCIS at 403-262-2006

To become a host home, the Centre for Newcomers simply requires registration, a security check, and a tour (can be a video tour) of your home to ensure we can make an appropriate match to a person or a family. A person from the Centre for Newcomers will also be able to answer any of your questions about becoming a host home.

**** JOBS FOR UKRAINIAN NEWCOMERS****

- If you have a job for Ukrainian newcomers please post it at <https://uatoabinfo.ca/>
- St. Stephen's will be hosting a Job Fair in conjunction with UCC on April 21, 2023.

If you are a Ukrainian Newcomer to Calgary, we hope you will attend.

DONATIONS WELCOME Please consider a small donation to support our initiative. Please visit our [website](#) for details.

SUBSCRIBE TO OUR ST STEPHEN'S TELEGRAM CHANNEL

- ✓ Actual vacancies
- ✓ Announcements of events for new arrivals
- ✓ Current and verified news

It can be found at https://t.me/UANewcomers_StStepnens

ПІДПИСУЙТЕСЬ НА НАШ ОФІЦІЙНИЙ ТЕЛЕГРАМ-КАНАЛ УКРАЇНСЬКОЇ ЦЕРКВИ СВ. СТЕФАНА

- ✓ Актуальні вакансії
- ✓ Анонси заходів для новоприбулих
- ✓ Актуальні та перевірені новини

