

ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

OCTOBER 30TH, 2022

St Stephen
Protomartyr



Address:
4903 – 45th Street S.W.
Calgary, Alberta T3E 3W5 Canada

Office Hours
Mon-Thurs 9:00am -2:00pm

Telephone:
403-249-4818, press 0

Pastoral Emergencies:
403-249-4818, press 9

Email:
Office@Protomartyr.ca
Coordinator@Protomartyr.ca

Parish Website:
www.saintstephencalgary.ca

Parish Calendar:
www.saintstephencalgary.ca/calendar1.html

Facebook:
<https://www.facebook.com/protomartyr.ca>

Eparchy Website:
www.edmontoneparchy.com

DIVINE LITURGIES:

Sunday Services:

8:30 am—Bilingual
10:05—Rosary
10:30 am – English
Vigil Liturgy, **Saturday** at 5:00 pm

Weekday Services:

Wednesday and Thursdays
9:00am

Twenty-first Sunday after Pentecost.

Octoechos Tone 4. The Holy Martyrs Zenobius and Zenobia His Sister (284-305);
Passing into eternal life of Blessed Priest-martyr Olesky Zarytsky (1963),
Pastor of Strutyn near Zolochiv, and Siberia, Martyr

Troparia and Kontakia

Troparion, Tone 4: When the disciples of the Lord learned from the angel* the glorious news of the resurrection* and cast off the ancestral condemnation,* they proudly told the apostles:* “Death has been plundered!* Christ our God is risen,* granting to the world great mercy.”

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone 4: My Saviour and Deliverer from the grave* as God raised out of bondage the children of the earth* and shattered the gates of Hades,* and as Master, He rose on the third day.

Now and for ever and ever. Amen.

Theotokion, Tone 4: By your birth, O immaculate one,* Joachim and Anna were freed from the reproach of childlessness,* and Adam and Eve* from the corruption of death.* And your people, redeemed from the guilt of their sins,* celebrate as they cry out to you:* “The barren one gives birth to the Mother of God* and nourisher of our life.”

Prokeimenon, Tone 4

How great are Your works, O Lord* You have made all things in wisdom.

verse: Bless the Lord, O my soul: O Lord my God, You are exceedingly great. (*Psalms 103:24,1*)

Epistle—Galatians 2:16-20

A reading from the Epistle of the Holy Apostle Paul

to the Galatians.

Brothers and sisters, knowing that a man is not justified by the works of the law but by faith in Jesus Christ, even we have believed in Christ Jesus, that we might be justified by faith in Christ and not by the works of the law; for by the works of the law no flesh shall be justified.

“But if, while we seek to be justified by Christ, we ourselves also are found sinners, is Christ therefore a minister of sin? Certainly not! For if I build again those things which I destroyed, I make myself a transgressor. For I through the law died to the law that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the *life* which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.

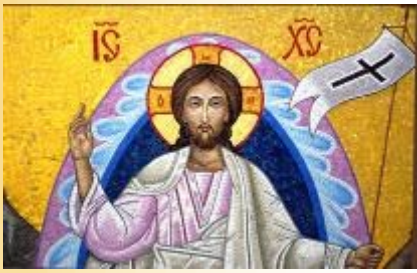
Alleluia, Tone 4

verse: Poise yourself and advance in triumph and reign in the cause of truth, and meekness, and justice.

verse: You have loved justice and hated iniquity. (*Psalms 44:5,8*)

Gospel—Luke 8:5-15

The Lord told this parable: “A sower went out to sow his seed. And as he sowed, some fell by the wayside; and it was trampled down, and the birds of the air devoured it. Some fell on rock; and as soon as it sprang up, it withered away because it lacked moisture. And some fell among thorns, and



HOLY MYSTERIES

CONFESSION:

Saturdays 4:00 to 4:45 pm
Sundays before the 8 am and 10 am
Liturgies OR by appointment
403-249-4818, ext. 2

MARRIAGE, BAPTISM-CHRISMATION- EUCCHARIST, FUNERALS :

Contact the Sacramental Coordinator,
Kim Bombak:
Sacraments@Protomartyr.ca

ANointing OF THE SICK:

For emergencies call
403-249-4818, ext. 9

DIVINE LITURGY INTENTIONS :

Arrangements with the office

CLERGY & RELIGIOUS

Pastor :

Fr. Michael Bombak
FatherMichael@Protomartyr.ca
Office:403-249-4818, ext. 1

Pastor, St. Basil's Melkite Greek Catholic Church

Pastor: Fr. Samer Naaman
stbasilmelkitecalgary@gmail.com
Facebook: St Basils Melkite Greek
Catholic Church Calgary

PARISH OFFICE

Office Administrator:

Linda Buck 403-249-4818, ext. 0
office@Protomartyr.ca

Sacramental Coordinator:

Kim Bombak
403-249-4818 ext 2
Sacraments@Protomartyr.ca

Communications Coordinator:

Mirna Farahat
coordinator@Protomartyr.ca

Ukrainian Newcomer Coordinator:

Julia Moroz
newcomers@protomartyr.ca

HALL RENTAL INQUIRIES

Maria Dwulit,
403-249-4818 ext 5
email: Hall@Protomartyr.ca

the thorns sprang up with it and choked it. But others fell on good ground, sprang up, and yielded a crop a hundredfold." When He had said these things He cried, "He who has ears to hear, let him hear!"

Then His disciples asked Him, saying, "What does this parable mean?"

And He said, "To you it has been given to know the mysteries of the kingdom of God, but to the rest it is given in parables, that 'Seeing they may not see, And hearing they may not understand.'

"Now the parable is this: The seed is the word of God. Those by the wayside are the ones who hear; then the devil comes and takes away the word out of their hearts, lest they should believe and be

saved. But the ones on the rock *are those* who, when they hear, receive the word with joy; and these have no root, who believe for a while and in time of temptation fall away. Now the ones *that* fell among thorns are those who, when they have heard, go out and are choked with cares, riches, and pleasures of life, and bring no fruit to maturity. But the ones *that* fell on the good ground are those who, having heard the word with a noble and good heart, keep it and bear fruit with patience."

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest.* Alleluia, alleluia,* alleluia. (Psalm 148:1)

WELCOME!

to Fr. Anton Tarasenko who's covering for Fr. Mike while he is away.

Operation St. Nicholas— Fundraising Campaign

The fundraising campaign for Operation St. Nicholas 2022 to support the Sister Servants Mary Immaculate in Ukraine is currently in progress. In the past the church has sent gifts and Christmas packages to the sisters, however with the war there are difficulties and challenges with shipping goods to Ukraine. By sending the monies directly to the sisters, this will allow them to purchase items that are of greatest need to support the orphans and families during this difficult time.

There are specially marked envelopes in the Narthex for donations. Thank you and God Bless your generosity!

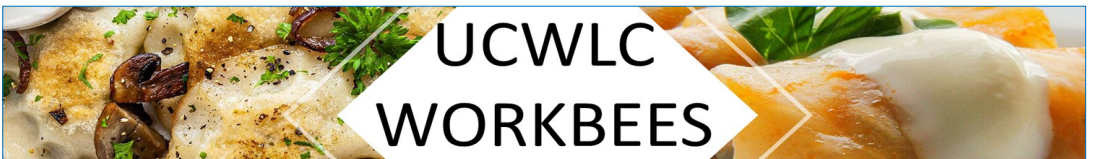


Catholic Education Sunday

Join us in celebrating Catholic Education Sunday on November 5 & 6, 2022. Let us unite with our community to support and give thanks for Catholic education in Alberta. Your dedicated donation will provide enhanced learning opportunities for Calgary and area Catholic students. For more information, please visit thecccef.ca



The Eparchies of Edmonton and New Westminster are canvassing interest in this life-changing pilgrimage and would like to hear from interested young adults (ages 18-35) by October 21. Contact the Office for Family and Life Ministries at 7804245496 or familyandlife@eeparchy.com for more information.



Many UCWLC workbees are planned until the end of the year.

Please check the dates on the UCWLC workbees page for opportunities to help out.

- November 1, 2022: Cabbage roll making
- November 7, 2022: Perogy prep
- November 8, 2022: Perogy pinching
- November 21, 2022: Perogy prep
- November 22, 2022: Perogy pinching
- December 4, 2022: Snowflake Bazaar

Join us and bring your friends!

The Knights of Columbus would like to say "Thank-you" to all the families who participated in our **ANNUAL PUMPKIN CARVING** evening last Saturday. It was great to see all the families, and all the children's smiling faces.



Thank you to all organizers and volunteers for your part in making the **Knights of Columbus Coats for Kids Giveaway** a huge success!

We couldn't have done it without YOU!



Photo Credit : Stan K



DIVINE LITURGY INTENTIONS

Saturday, October 29:

- ❖ 4:00pm – CANCELED - Confessions
- ❖ 5:00pm – Presanctified Typika

Sunday, October 30:

- ❖ 8:30am – for the repose of the soul of +Jennifer Larkee and peace and comfort for her family
- ❖ 10:30am – for the repose of the soul of +Ann Kostiuk and peace and comfort for her family

Wednesday, November 2:

- ❖ 9:00am – Presanctified Typika

Thursday, November 3:

- ❖ 9:00am – Presanctified Typika

Saturday, November 5:

- ❖ 4:00pm – CANCELED - Confessions
- ❖ 5:00pm – Presanctified Typika

Sunday, November 6:

- ❖ 8:30am – for the repose of the soul of +Ann Kostiuk and peace and comfort for her family
- ❖ 10:30am – in memory of the repose of the soul (1 yr) of +Josephine Procyk



Sunday December 4th, 2022

*St. Stephen Protomartyr Ukrainian Catholic Church
4903 – 45th Street SW*

9:30am – 1:30pm

Now Accepting Registrations from crafters/vendors

Registration fee : \$40
Includes 10'X10' space + one 8' table & chair
Additional Tables available for \$30 each

Registration forms can be found on :
<https://tinyurl.com/2p825j7f>

For more info, contact sbobyn1@telus.net

2022 UCWLC SPEAKER PRESENTATION

St. Stephen's UCWLC, are inviting all ladies to attend our special speaker session.

Date: November 5, 2022 – 9:30 AM to 12:30 PM
Doors will open at 9:00 AM, Lunch will be served after presentation

Our guest presenter, Michele Hunt, BA, RSW, PM, and trained VOC Practitioner, is an active member of the UCWLC in Sts. Peter and Paul UCC in Lethbridge. As a retired elementary school counsellor, she is very child centered and is now doing professional counselling, primarily with parents who are in conflict and need mediation and assistance in developing successful parenting plans through conflicts and divorce. Recently she has received additional training in meditation and grounding exercises. For more information, visit her website at www.seguemediation.com.

In our session, participants will experience practices that allow them to have a more meaningful and profound connection to God and the power of prayer. We will understand and experience what it feels like to be grounded in our bodies, and how this impacts our relationships and communication with others. From this place, we will experience being fully present and receptive in prayer. The presentation will conclude with experiencing the Jesus Prayer from a grounded, fully present place.

Cost: \$10.00/per person - **Please confirm your attendance by November 3rd** with:
Val Strashok: contact information: strash2@shaw.ca or cell # 403-477-2693 or
Larysa Gellela: contact information: lgellela@telus.net or cell #403-993-7858

God's blessings to you all, and hope to see you there.



Upcoming UCWLC meetings :

November 10, 2022 at 7:00 pm
December 8th, 2022 at 7:00 pm
January 12th, 2023 at 7:00pm

UCWLC Monthly meeting
UCWLC Monthly meeting/ Elections/gathering
UCWLC Monthly Meeting

ST. STEPHEN'S UKRAINE SUPPORT COMMITTEE (USC)



The USC is dedicated to providing support to recent newcomers from Ukraine. Our efforts and funds are directed towards providing newcomers with basic needs, English language classes and accommodation. We also provide different instructional presentations and workshops to help assist newcomers as they adjust to their new lives in Calgary. If you are helping a Ukrainian Newcomer family and would like help in supporting them, please contact us at ukrainesupport@protomartyr.ca.

Newcomers: Please register with Julia Moroz at newcomers@protomartyr.ca to get information about how we can help and newcomer events at our church.

Будь-ласка, відправте, будь-ласка, вашу контактну інформацію за [адресоюnewcomers@protomartyr.ca](mailto:адресуюnewcomers@protomartyr.ca), щоб отримувати інформацію про заходи для новоприбулих у нашій церкві від нашої координаторки для новоприбулих від Юлії Мороз.

HOST FAMILIES URGENTLY NEEDED:

Calgary has become a preferred city of choice for arrivals from the war in Ukraine. The flow of evacuees to Calgary is not slowing, and many Ukrainian newcomers are arriving in our city daily, without a place to stay. Please consider hosting Ukrainian arrivals in your home. There are a few settlement agencies that can assist:

- Register with Centre for Newcomers at <https://refugeeshousedhere.ca/registration/register-as-a-host/> or email the Centre for Newcomers at: n.shen@centrefornewcomers.ca
- Register with PIA (a settlement agency) by calling Marie at 403-668-0299 ext 7, or
- Contact Marianna at CCIS at 403-262-2006

To become a host home, the Centre for Newcomers simply requires registration, a security check, and a tour (can be a video tour) of your home to ensure we can make an appropriate match to a person or a family. A person from the Centre for Newcomers will also be able to answer any of your questions about becoming a host home.

THE CALGARY CENTRE FOR NEWCOMERS NEEDS UKRAINIAN LANGUAGE TRANSLATORS

The Calgary Centre for Newcomers needs Ukrainian language speakers to volunteer to assist with Ukrainian refugee resettlement to Calgary. If you or someone you know is willing to volunteer to translate between Ukrainian or Russian and English, especially on Saturdays, please contact Jon Yee directly at: j.yee@centrefornewcomers.ca. If you wish more information, please contact Deborah Johnson 403-863-0941.

ЦЕНТР НОВОПРИБУЛИХ ДО КАНАДИ ШУКАЄ ВОЛОНТЕРІВ-ПЕРЕКЛАДАЧІВ

Центр для Новоприбулих до Канади шукає волонтерів-перекладачів, які можуть допомогти переселити українських біженців у Калгарі. Якщо Ви чи хтось із Ваших знайомих можете волонтером допомогти з перекладом між українською чи російською та англійською мовами, особливо суботами, будь ласка зв'яжіться (Англійською) з Джоном Йі безпосередньо за адресою: j.yee@centrefornewcomers.ca. Якщо Вам потрібна додаткова інформація, будь ласка, зв'яжіться з Деборою Джонсон 403-863-0941.

JOBS FOR UKRAINIAN NEWCOMERS

If you have a job for Ukrainian newcomers please post it at <https://uatoabinfo.ca/>.

DONATIONS WELCOME Please consider a small donation to support our initiative. Please visit our [website](https://uatoabinfo.ca/) for details.

Veteran's Food Bank Collection

The Knights of Columbus St Nicholas Byzantine council 7659 is once again collecting food for the Veteran's Food bank. As in past years a collection box will be set up in the narthex.

Please be generous in your donation to support those who have given freely to protect the freedoms we so often take for granted. Let us show our appreciation for their service.

The donations box will be available until November 20th



Jesus Prayer 33

challenge starting soon!

Nov. 17th to Dec. 22nd 2022

In person on Thursdays from 6- 7 pm

At St. Stephen Protomartyr



www.saintstephencalgary.ca/jesusprayer33.html

Lord, Jesus Christ, Son of God, have mercy on me, a sinner."

The Jesus Prayer, also known as "The Prayer of the Heart" is an ancient and beautiful prayer of the Christian East. Repeated many times consecutively, it is a prayer which allows us to stand in the presence of the Lord, focusing on Him and asking for His mercy. This prayer has been an incredible guide for many people as they come to know the Lord and a true weapon for engaging in spiritual combat.

We hope that you will join us in this challenge

Please contact Donna at dchelack@shaw.ca for information

13th Annual Bishop's Gala



FAMILY AND THE DOMESTIC CHURCH
"Growing the Seeds of Faith"

Supporting the Office for Family and Life Ministries

Thursday, December 1, 2022
Chateau Louis Conference Centre | Edmonton
Cocktails 6:00 pm | Dinner 7:00 pm

TICKETS \$200.00

Available at the Ukrainian Catholic Pastoral Centre
780 424 5496 or chancery@edmontoneparchy.com
www.eparchy.com/gala/



HAND IN HAND

October 30th in the church hall



For more information please call
Samer Tahan (587) 225 5336
Limited places

OCTOBER 30TH

**BAZAAR
&
FRESH
MADE FOOD**
from 9.30am
to 4.30pm