

# ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

OCTOBER 16<sup>TH</sup>, 2022



St Stephen  
Protomartyr

**Address:**  
4903 – 45<sup>th</sup> Street S.W.  
Calgary, Alberta T3E 3W5 Canada

**Office Hours**  
Mon-Thurs 9:00am -2:00pm

**Telephone:**  
403-249-4818, press 0

**Pastoral Emergencies:**  
403-249-4818, press 9

**Email:**  
Office@Protomartyr.ca  
Coordinator@Protomartyr.ca

**Parish Website:**  
[www.saintstephencalgary.ca](http://www.saintstephencalgary.ca)

**Parish Calendar:**  
[www.saintstephencalgary.ca/  
calendar1.html](http://www.saintstephencalgary.ca/calendar1.html)

**Facebook:**  
[https://www.facebook.com/  
protomartyr.ca](https://www.facebook.com/protomartyr.ca)

**Eparchy Website:**  
[www.edmontoneparchy.com](http://www.edmontoneparchy.com)

## **DIVINE LITURGIES:**

### **Sunday Services:**

8:30 am—Ukr/Eng  
10:05—Rosary  
10:30 am – English

### **Weekday Services:**

**Wednesday and Thursdays at 9:00am**  
**Saturdays 4:00 –4:45pm Confessions**  
(or by appointment)  
5:00 pm Vespers



## **Nineteenth Sunday after Pentecost**

Commemoration of the Fathers of the Seventh Ecumenical Council.  
The Holy Martyr Longinus the Centurion

### ***Troparia and Kontakia***

***Troparion, Tone 2:*** When You went down to death, O Life Immortal,\* You struck Hades dead with the blazing light of Your divinity.\* When You raised the dead from the nether world,\* all the powers of heaven cried out:\* “O Giver of Life, Christ our God, glory be to You!”

***Troparion, Tone 8:*** Christ our God, You are glorified above all,\* You established our fathers as beacons on earth\* and through them guided all of us to the true faith.\* Glory to You, most compassionate Lord.

***Kontakion, Tone 2:*** You rose from the tomb, O almighty Saviour,\* and Hades, seeing this wonder, was stricken with fear; and the dead arose.\* Creation saw and rejoices with You, and Adam exults.\* And the world, my Saviour, sings Your praises for ever.

Glory be to the Father and to the Son and to the Holy Spirit.

***Kontakion, Tone 6:*** The Son who ineffably shone from the Father\* was born two-fold of nature from a woman.\* Beholding Him, we do not reject the image of His form;\* but depicting it, we revere it faithfully.\* Therefore the Church, holding the true faith,\* kisses the icon of Christ’s becoming man.

Now and forever and ever. Amen.

***Theotokion, Tone 6:*** Undaunted patroness of Christians,\* O steadfast intermediary with the Creator,\* turn not away from the suppliant voices of sinners,\* but in your kindness come to help us

who cry out to you in faith.\* Be quick to intercede, make haste to plead,\* for you are ever the patroness of those who honour you, O Mother of God.

### ***Prokeimenon, Tone 2***

The Lord is my strength and my song of praise, and He has become my salvation.

***verse:*** The Lord has indeed chastised me, but He has not delivered me to death. (*Psalm 117:14,18*)

### ***Prokeimenon, Tone 4***

Blessed are You, Lord God of our fathers,\* and praised and glorified is Your Name forever.

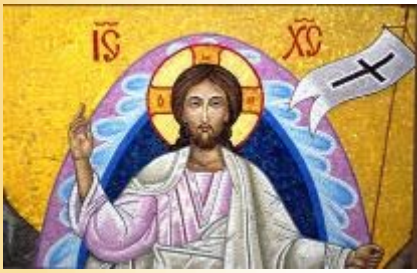
### ***Epistle—Hebrews 13:7-16***

*A reading from the Epistle of the Holy Apostle Paul to the Hebrews.*

Brothers and sisters, remember those who rule over you, who have spoken the word of God to you, whose faith follow, considering the outcome of *their* conduct. Jesus Christ *is* the same yesterday, today, and forever. Do not be carried about with various and strange doctrines. For *it* is good that the heart be established by grace, not with foods which have not profited those who have been occupied with them.

We have an altar from which those who serve the tabernacle have no right to eat. For the bodies of those animals, whose blood is brought into the sanctuary by the high priest for sin, are burned outside the camp. Therefore Jesus also, that He might sanctify the people with His own blood,





## HOLY MYSTERIES

### CONFESSION:

Saturdays 4:00 to 4:45 pm  
Sundays before the 8 am and 10 am  
Liturgies OR by appointment  
403-249-4818, ext. 2

### MARRIAGE, BAPTISM-CHRISMATION-EUCHARIST, FUNERALS :

Contact the Sacramental Coordinator,  
Kim Bombak:  
Sacraments@Protomartyr.ca

### ANOIDTING OF THE SICK:

For emergencies call  
403-249-4818, ext. 9

### DIVINE LITURGY INTENTIONS :

Arrangements with the office

## CLERGY & RELIGIOUS

### Pastor :

Fr. Michael Bombak  
FatherMichael@Protomartyr.ca  
Office:403-249-4818, ext. 1

### Pastor, St. Basil's Melkite Greek Catholic Church

Pastor: Fr. Samer Naaman  
stbasilmelkitecalgary@gmail.com  
Facebook: St Basils Melkite Greek Catholic Church Calgary

## PARISH OFFICE

### Office Administrator:

Linda Buck 403-249-4818, ext. 2  
office@Protomartyr.ca

### Sacramental Coordinator:

Kim Bombak  
403-249-4818 ext 2  
Sacraments@Protomartyr.ca

### Communications Coordinator:

Mirna Farahat  
coordinator@Protomartyr.ca

### Ukrainian Newcomer Coordinator:

Julia Moroz  
newcomers@protomartyr.ca

## HALL RENTAL INQUIRIES

Maria Dwulit,  
403-249-4818 ext 5  
email: Hall@Protomartyr.ca

suffered outside the gate. Therefore let us go forth to Him, outside the camp, bearing His reproach. For here we have no continuing city, but we seek the one to come. Therefore by Him let us continually offer the sacrifice of praise to God, that is, the fruit of *our* lips, giving thanks to His name. But do not forget to do good and to share, for with such sacrifices God is well pleased.

### Alleluia, Tone 1

**verse:** The God of gods, the Lord, spoke and summoned the earth from the rising of the sun to its setting.

**verse:** Gather to Him His devout ones, who with sacrifice make covenant with Him. (*Psalms 49:1,5*)

### Gospel—John 17:1-13

At that time, Jesus lifted up His eyes to heaven, and said: "Father, the hour has come. Glorify Your Son, that Your Son also may glorify You, as You have given Him authority over all flesh, that He should give eternal life to as many as You have given Him. And this is eternal life, that they may know You, the only true God, and Jesus Christ whom You have sent. I have glorified You on the earth. I have finished the work which You have given Me to do. And now, O Father, glorify Me together with Yourself, with the glory which I had with You before the world was.

"I have manifested Your name to the men whom You have given Me out of the world. They were Yours, You gave them to Me, and they have kept Your word. Now they have known that all things which You have given Me are from You. For I have given to them the words which You have given Me; and they have received *them*, and have known surely that I came forth from You; and they have believed that You sent Me.

"I pray for them. I do not pray for the world but for those whom You have given Me, for they are Yours. And all Mine are Yours, and Yours are Mine, and I am glorified in them. Now I am no longer in the world, but these are in the world, and I come to You. Holy Father, keep through Your name those whom You have given Me, that they may be one as We *are*. While I was with them in the world, I kept them in Your name. Those whom You gave Me I have kept; and none of them is lost except the son of perdition, that the Scripture might be fulfilled. But now I come to You, and these things I speak in the world, that they may have My joy fulfilled in themselves."

### Communion Hymn

Praise the Lord from the heavens,\* praise Him in the highest.\* Rejoice in the Lord, O you just;\* praise befits the righteous.\* Alleluia, alleluia,\* alleluia. (*Psalms 184:1; 32:1*)



SUNDAY SCHOOL IS STARTING  
Sunday, October 16 at 10:30 am

## Operation St. Nicholas

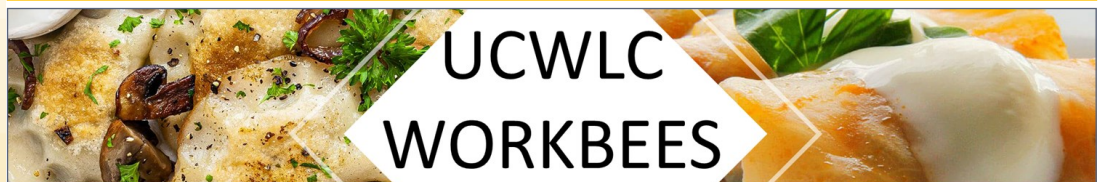
Operation St. Nicholas is launching its fundraising campaign with a newsletter in this week's bulletin describing what is Operation St. Nicholas and the Sister Servants Mary Immaculate in Ukraine. The fundraising drive for Operation St. Nicholas will go from October 23rd to November 13th with a goal to raise \$5000 USD. Special envelopes will be available in the narthex and any donation of \$20.00 or more will receive a tax receipt. Please make cheques payable to "St Stephen Protomartyr Ukrainian Catholic Church".



## Family Pumpkin Carving Event

Saturday October 22<sup>nd</sup> at 6pm  
(immediately following the Vespers Divine Liturgy).  
All families in the Parish are welcome. Pumpkins and pizza will be provided by the KofC.

Please come and join the fun!



## UCWLC WORKBEES

Many UCWLC workbees are planned until the end of the year.

Please check the dates on the UCWLC workbees page for opportunities to help out.

- October 3, 2022: Perogy prep canceled
- October 4, 2022: Perogy pinching canceled
- October 18, 2022: Cabbage roll making
- November 1, 2022: Cabbage roll making
- November 7, 2022: Perogy prep
- November 8, 2022: Perogy pinching
- November 21, 2022: Perogy prep
- November 22, 2022: Perogy pinching
- December 4, 2022: Snowflake Bazaar





## Congratulations

To the newly enlightened

**Wayne and Henry Schommer**

And their parents Clark Schommer & Melanie Hnatyshyn

The twins were baptized on October 1, 2022

May God bless them every day of their lives  
as they walk in faith with Him.



## DIVINE LITURGY INTENTIONS

Saturday, October 15:

- ❖ 4:00pm - Confessions
- ❖ 5:00pm – in memory of the repose of the soul of +Fr. Peter Pidskalny, CSSR (w/ Panakhya)

Sunday, October 16:

- ❖ 8:30am – for the intentions and needs of all parishioners
- ❖ 10:30am – for health, happiness and special birthday blessings for Sr. Laura Prokop. Mnohaya Lita!

Wednesday, October 19:

- ❖ 9:00am – in memory of the repose of the soul of +Emily Kowal

Thursday, October 20:

- ❖ 9:00am – for blessings and congratulations to Anne Sembrat in celebration of her birthday. Mnohaya Lita!

Saturday, October 22:

- ❖ 2:00pm – Ukrainian Internment Prayers
- ❖ 4:00pm - Confessions
- ❖ 5:00pm – for the intentions and needs of all parishioners

Sunday, October 23:

- ❖ 8:30am – for blessings and congratulations to Matthew and Pearly in celebration of their 5th Wedding Anniversary. Mnohaya Lita!
- ❖ 10:30am – for the repose of the soul of +Ann Kostiuk and peace and comfort for her family.

## BECOMING BYZANTINE



### An Introduction to Byzantine Catholicism from the Christ Our Pascha Catechism

The series, Becoming Byzantine, is an online introduction to Byzantine Catholic Faith, Worship, and Life, based on the teachings of the catechism, *Christ Our Pascha*.

Each month, the series sponsors a 90-minute webinar which will serve as a conversation introducing the topics and themes from the Catechism (which can be read afterwards), as well as from the recorded videos that will be available on our YouTube Channel. This can be used for individual, group, or parish study.

You can view the entire series here. <https://tinyurl.com/bddt6nk5>

## NATIONAL INTERNMENT COMMEMORATION DAY

Національний День Пам'яті Інтернованих

SATURDAY OCTOBER 22, 2022

Субота 22 жовтня 2022р



2:00 pm / 2-га год.

Commemorative Service / Панахида

St. Stephen Protomartyr Українська Католицька Церква  
Ukrainian Catholic Church Св. Стефана Мученика

4903 – 45 Street SW Calgary, Alberta

Showing of the documentary film:  
"That Never Happened" to follow

Показ документального  
фільму «Такого не було» (англомовний)



#### CONCELEBRANTS:

Fr. Michael Bombak, St. Stephen Protomartyr Ukrainian Catholic Church  
Fr. Roman Planchak, Assumption of the BVM Ukrainian Catholic Church  
Fr. Patrick Yarniuk, St. Vladimir's Ukrainian Orthodox Sobor

HOSTED BY/організовано:



## ST STEPHEN "EVANGELIST" POSITION

We are looking to hire an "Evangelist," someone tasked with spreading the gospel and making new disciples of Christ and strengthening the discipleship in our Church and parish!

The number of young adults who currently attend our parish is quite limited considering the size of our congregation. In the past, the needs of young adults may have been met (catechesis, social needs etc.) through a "youth minister," in other words, someone who has been tasked with nurturing our own members. This paradigm relies on a critical mass of young adults and a societal popular piety which both no longer exist. Therefore, In order to carry out the disciple-making asked of our Lord (Matthew 28:19) what is now required is a paradigm shift in directing our focus and labours outside of the parish in order to evangelize (share the gospel). Although this might be perceived as a novel reality for the Ukrainian Catholic Church generally and St. Stephen's particularly, our faith has many shining examples of missionary lay-people. Pope Francis continues to be unrelenting in his call to form missionary disciples throughout his papacy.

JOB DETAILS CAN BE FOUND HERE : <https://tinyurl.com/yyn2jj5t>

# ST. STEPHEN'S UKRAINE SUPPORT COMMITTEE (USC)



The USC is dedicated to providing support to recent newcomers from Ukraine. Our efforts and funds are directed towards providing newcomers with basic needs, English language classes and accommodation. We also provide different instructional presentations and workshops to help assist newcomers as they adjust to their new lives in Calgary.

If you are helping a Ukrainian Newcomer family and would like help in supporting them, please contact us at [ukrainesupport@protomartyr.ca](mailto:ukrainesupport@protomartyr.ca).

**Newcomers:** Please register with Julia Moroz at [newcomers@protomartyr.ca](mailto:newcomers@protomartyr.ca) to get information about how we can help and newcomer events at our church.

Будь-ласка, відправте, будь-ласка, вашу контактну інформацію за адресою [newcomers@protomartyr.ca](mailto:newcomers@protomartyr.ca), щоб отримувати інформацію про заходи для новоприбулих у нашій церкві від нашої координаторки для новоприбулих від Юлії Мороз.

## UPCOMING WORKSHOPS:

Location: St. Stephen's hall – upper level. Please contact Julia Moroz at [newcomers@protomartyr.ca](mailto:newcomers@protomartyr.ca) for more details and to sign up.

- Newcomers Presentation: Thursday, October 20<sup>th</sup> 6pm – 9pm

## HOST FAMILIES URGENTLY NEEDED:

Calgary has become a preferred city of choice for arrivals from the war in Ukraine. The flow of evacuees to Calgary is not slowing, and many Ukrainian newcomers are arriving in our city daily, without a place to stay. Please consider hosting Ukrainian arrivals in your home. There are a few settlement agencies that can assist:

- Register with Centre for Newcomers at <https://refugeeshousedhere.ca/registration/register-as-a-host/> or email the Centre for Newcomers at: [n.shen@centrefornewcomers.ca](mailto:n.shen@centrefornewcomers.ca)
- Register with PIA (a settlement agency) by calling Marie at 403-668-0299 ext 7, or
- Contact Marianna at CCIS at 403-262-2006

To become a host home, the Centre for Newcomers simply requires registration, a security check, and a tour (can be a video tour) of your home to ensure we can make an appropriate match to a person or a family. A person from the Centre for Newcomers will also be able to answer any of your questions about becoming a host home.

## THE CALGARY CENTRE FOR NEWCOMERS NEEDS UKRAINIAN LANGUAGE TRANSLATORS

The Calgary Centre for Newcomers needs Ukrainian language speakers to volunteer to assist with Ukrainian refugee resettlement to Calgary. If you or someone you know is willing to volunteer to translate between Ukrainian or Russian and English, especially on Saturdays, please contact Jon Yee directly at: [j.yee@centrefornewcomers.ca](mailto:j.yee@centrefornewcomers.ca). If you wish more information, please contact Deborah Johnson 403-863-0941.

## ЦЕНТР НОВОПРИБУЛИХ ДО КАНАДИ ШУКАЄ ВОЛОНТЕРІВ-ПЕРЕКЛАДАЧІВ

Центр для Новоприбулих до Канади шукає волонтерів-перекладачів, які можуть допомогти переселити українських біженців у Калгарі. Якщо Ви чи хтось із Ваших знайомих можете волонтером допомогти з перекладом між українською чи російською та англійською мовами, особливо суботами, будь ласка зв'яжіться (Англійською) з Джоном Йі безпосередньо за адресою:

[j.yee@centrefornewcomers.ca](mailto:j.yee@centrefornewcomers.ca)

Якщо Вам потрібна додаткова інформація, будь ласка, зв'яжіться з Деборою Джонсон 403-863-0941.

## HOST FAMILIES NEEDED

Many Ukrainian newcomers are arriving in our city daily, without a place to stay. The settlement agencies need more host families. Please contact Marie (at PIA) at 403-668-0299 ext 7 or Marianna (at CCIS) at 403-262-2006

## JOBS FOR UKRAINIAN NEWCOMERS

If you have a job for Ukrainian newcomers please post it at <https://uatoabinfo.ca/>

**DONATIONS WELCOME** Please consider a small donation to support our initiative. Please visit our [website](https://uatoabinfo.ca/) for details.

The Calgary Ukrainian Cultural Foundation will award four \$500 scholarships recognizes those persons whose efforts and commitment enrich the Calgary Ukrainian community.

Awards are open to Calgary youth 16 to 24 years of age planning to attend post high school educational or apprenticeship training programs.

Application forms are available on the bulletin board at the front of the church or you may contact Ron Gnyra at [CUCF@shaw.ca](mailto:CUCF@shaw.ca) for an application form.

Applications are due by October 24, 2022. Awards will be presented mid-November. More information can be found HERE : <https://tinyurl.com/mr38a332>

# Jesus Prayer 33

challenge starting soon!

**Nov. 17<sup>th</sup> to Dec. 22<sup>nd</sup> 2022**

In person on Thursdays from 6- 7 pm

At St. Stephen Protomartyr

Lord, Jesus Christ, Son of God, have mercy on me, a sinner."

The Jesus Prayer, also known as "The Prayer of the Heart" is an ancient and beautiful prayer of the Christian East. Repeated many times consecutively, it is a prayer which allows us to stand in the presence of the Lord, focusing on Him and asking for His mercy. This prayer has been an incredible guide for many people as they come to know the Lord and a true weapon for engaging in spiritual combat.

We hope that you will join us in this challenge

Please contact Donna at [dcchelack@shaw.ca](mailto:dcchelack@shaw.ca) for information

[www.saintstephencalgary.ca/jesusprayer33.html](http://www.saintstephencalgary.ca/jesusprayer33.html)

**WORLD YOUTH DAY LISBON 2023**

**WYD GLOBAL RACE**

August 1-6, 2023 Lisbon, Portugal.

Established in 1985 by John Paul II, WYD is a pilgrimage of young people from all over the world, gathering with Pope Francis to celebrate youth and the universal Church in an intense moment of evangelization! This year's theme is, "Mary arose and went with haste" (Luke 1:39). [www.lisboa2023.org/en/](http://www.lisboa2023.org/en/) The Eparchies of Edmonton and New Westminster are canvassing interest in this life-changing pilgrimage and would like to hear from interested young adults (ages 18-35) by October 21. Contact the Office for Family and Life Ministries at 7804245496 or [familyandlife@eeparchy.com](mailto:familyandlife@eeparchy.com) for more information.





## DONATIONS NEEDED: KID'S WINTER HATS, MITTS, SNOWPANTS AND BOOTS



PASS IT ON (PIO) and the Knights of Columbus (KofC) are partnering to host a COATS FOR UKRAINIAN KIDS Winter Coat Giveaway for children of Ukrainian evacuees on Sunday, October 23 at St. Stephen Protomartyr Ukrainian Catholic Church. The event will be "BY INVITATION ONLY".

St Stephens is requesting donations of **ONLY new or gently-used clean:**

- **hats/toques, mitts/gloves and boots** (no scarves) for toddlers and school children to age 18. Teens will need adult sizes XS to XL.
- **Snowpants** sizes toddler to 12.

Please bring your donations of hats/toques, mitts/gloves, snow pants and boots to St. Stephens before and after liturgies on **Sunday, October 16, 2022.**

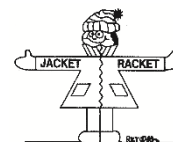
**NOTE:** There is always a great need for Boys 10-14 toques and waterproof gloves/ mitts.

DONATIONS OF COATS GRATEFULLY DECLINED as coats have already been purchased. If you have coats to donate, see Jacket Racket notice in this Bulletin.

If you require more information, please contact Deborah Johnson ([lornein@telusplanet.net](mailto:lornein@telusplanet.net) 403-863-0941) or Theresa Lewchuk ([lewchukt@hotmail.com](mailto:lewchukt@hotmail.com) 403-815-6055).



## PASS IT ON & Jacket Racket DONATIONS OF COATS NEEDED



PASS IT ON is supporting **Jacket Racket**, a volunteer organization that collects, sorts and distributes winter coats and accessories to students and their families at both the Calgary Catholic School District and Calgary Board of Education schools.

### TO DONATE TO JACKET RACKET

Jacket Racket will gratefully accept clean, gently-used winter coats and jackets in boys and girls sizes 2 - 16 (teen coats in men and women's sizes XS – XL).

**ST STEPHEN'S WILL NOT BE COLLECTING COATS. PLEASE BRING YOUR DONATIONS OF COATS TO THE FOLLOWING LOCATIONS:**

Donations may be dropped off at the following Stephen Cleaners locations:

Hamptons	1000 Hamptons Drive NW
Varsity	4625 Varsity Drive NW
West Springs	917 85th Street SW
Crowfoot	240 Crowfoot Crescent NW



Donations may also now be dropped off at the following locations **until November 18:**

Trico Centre	11150 Bonaventure Dr. SE (across from Southcentre)
Cardel Rec Centre South	333 Shawville Blvd SE #100 (located in Shawnessy Shopping Centre)
Calgary Farmers'	Market South 510 – 77th Avenue SE
Calgary Farmers'	Market West 25 Greenbriar Drive NW

If you require more information, please contact Theresa Lewchuk ([lewchukt@hotmail.com](mailto:lewchukt@hotmail.com) 403-815-6055) or Deborah Johnson ([lornein@telusplanet.net](mailto:lornein@telusplanet.net) 403-863-0941).



**Coats for Kids.** St. Nicholas K of C Council is again raising funds to purchase Coats for Kids during the month of October. This year, the coats purchased will be distributed to Ukrainian evacuee children attending the Calgary Catholic and Public school systems. We have already placed an order and hope to place another at the end of the month. Coats for Kids Donation envelopes are available in the foyer. Donations are eligible for Tax Receipts. \$30 buys on coat and \$350 buys a box of twelve coats. Thank you for your continued support and generosity.