

ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

SEPTEMBER 18TH, 2022



St Stephen
Protomartyr

Address:
4903 – 45th Street S.W.
Calgary, Alberta T3E 3W5 Canada

Office Hours
Mon-Thurs 9:00am -2:00pm

Telephone:
403-249-4818, press 0

Pastoral Emergencies:
403-249-4818, press 9

Email:
Office@Protomartyr.ca
Coordinator@Protomartyr.ca

Parish Website:
www.saintstephencalgary.ca

Parish Calendar:
[www.saintstephencalgary.ca/
calendar1.html](http://www.saintstephencalgary.ca/calendar1.html)

Facebook:
[https://www.facebook.com/
protomartyr.ca](https://www.facebook.com/protomartyr.ca)

Eparchy Website:
www.edmontoneparchy.com

DIVINE LITURGIES:

Sunday Services:

8:30 am—Ukr/Eng
10:05—Rosary
10:30 am – English

Weekday Services:

Tuesday - Thursdays at 9:00am
Saturdays 4:00 –4:45pm Confessions
(or by appointment)
5:00 pm Vespers



Sunday after the Exaltation of the Cross

Our Venerable Father Eumenes, Bishop of Gortyna

Antiphon 1

O God, my God, hear me; why have You forsaken me? The words of my transgressions put salvation far from me.

Through the prayers of the Mother of God, O Saviour, save us.

O God, I will call to You by day but You will not listen; and by night, yet it will not be foolish of me.

Through the prayers of the Mother of God, O Saviour, save us.

But You, the praise of Israel, dwell in the holy place.

Through the prayers of the Mother of God, O Saviour, save us.

Glory... Now... Only-begotten Son...

Antiphon 3

Come, let us sing joyfully to the Lord, let us acclaim God, our Saviour.

Son of God, crucified in the flesh, save us who sing to You: Alleluia.

Let us come before His face with praise, and acclaim Him in psalms.

Son of God, crucified in the flesh, save us who sing to You: Alleluia.

For God is the great Lord, and the great king over all the earth.

Son of God, crucified in the flesh, save us who sing to You: Alleluia.

Entrance

Come, let us worship and fall down before Christ.

Son of God, crucified in the flesh, save us who sing to You: Alleluia.

Troparia and Kontakia

Troparion, Tone 6: Angelic powers were upon Your tomb* and the guards became like dead men;* Mary stood before Your tomb* seeking Your most pure body.* You captured Hades without being overcome by it.* You met the Virgin and granted life.* O Lord, risen from the dead,* glory be to You!

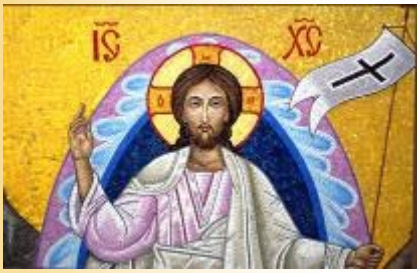
Troparion, Tone 1: Save Your people, O Lord, and bless Your inheritance.* Grant victory to Your faithful people against enemies,* and protect Your community by Your cross.

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone 6: With His life-giving hand* Christ our God, the Giver of life,* raised all the dead from the murky abyss* and bestowed resurrection upon humanity.* He is for all the Saviour,* the resurrection and the life, and the God of all.

Now and for ever and ever. Amen.

Kontakion, Tone 4: By Your own choice, O Christ our God,* You were lifted on the cross.* Grant Your mercies to Your new community* that bears Your Name.* By Your power gladden the faithful people,* and grant them victory against enemies.* May they have the help of Your instrument of peace,* the invincible sign of victory.



HOLY MYSTERIES

CONFESSION:

Saturdays 4:00 to 4:45 pm
Sundays before the 8 am and 10 am
Liturgies OR by appointment
403-249-4818, ext. 2

MARRIAGE, BAPTISM-CHRISMATION-EUCHARIST, FUNERALS :

Contact the Sacramental Coordinator,
Kim Bombak:
Sacraments@Protomartyr.ca

ANOIDING OF THE SICK:

For emergencies call
403-249-4818, ext. 9

DIVINE LITURGY INTENTIONS :

Arrangements with the office

CLERGY & RELIGIOUS

Pastor :

Fr. Michael Bombak
FatherMichael@Protomartyr.ca
Office:403-249-4818, ext. 1

Pastor, St. Basil's Melkite Greek Catholic Church

Pastor: Fr. Samer Naaman
stbasilmelkitecalgary@gmail.com
Facebook: St Basils Melkite Greek Catholic Church Calgary

PARISH OFFICE

Office Administrator:

Linda Buck 403-249-4818, ext. 2
office@Protomartyr.ca

Sacramental Coordinator:

Kim Bombak
403-249-4818 ext 2
Sacraments@Protomartyr.ca

Communications Coordinator:

Mirna Farahat
coordinator@Protomartyr.ca

Ukrainian Newcomer Coordinator:

Julia Moroz
newcomers@protomartyr.ca
403-249-4818 ext 3

HALL RENTAL INQUIRIES

Maria Dwulit,
403-249-4818 ext 5
email: Hall@Protomartyr.ca

Prokeimenon, Tone 7

Exalt the Lord our God,* and bow in worship at the footstool of his feet, for it is holy.

verse: The Lord reigns, let the people tremble.
(Psalm 98:5,1)

Epistle—Galatians 2:16-20

A reading from the Epistle of the Holy Apostle Paul to the Galatians.

Brothers and sisters, knowing that a man is not justified by the works of the law but by faith in Jesus Christ, even we have believed in Christ Jesus, that we might be justified by faith in Christ and not by the works of the law; for by the works of the law no flesh shall be justified.

“But if, while we seek to be justified by Christ, we ourselves also are found sinners, is Christ therefore a minister of sin? Certainly not! For if I build again those things which I destroyed, I make myself a transgressor. For I through the law died to the law that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.

Alleluia, Tone 1

verse: Remember Your congregation which You acquired from the beginning.

verse: But God is our king before the ages; He has wrought salvation in the midst of the earth. (Psalm 73:2,12)

Gospel—Mark 8:34-9:1

The Lord said, “Whoever desires to come after Me, let him deny himself, and take up his cross, and follow Me. For whoever desires to save his life will lose it, but whoever loses his life for My sake and the gospel’s will save it. For what will it profit a man if he gains the whole world, and loses his own soul? Or what will a man give in exchange for his soul? For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him the Son of Man also will be ashamed when He comes in the glory of His Father with the holy angels.”

And He said to them, “Assuredly, I say to you that there are some standing here who will not taste death till they see the kingdom of God present with power.”

Hymn to the Mother of God

O my soul, magnify the most precious cross of the Lord.

And the Irmos, Tone 8: You are a mystical Paradise, O Mother of God, who though untitled, have brought forth Christ. He has planted upon earth the life-giving Tree of the Cross. Therefore today as we raise it on high we bow low and we magnify you.

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest. (Psalm 148:1)*Let the light of Your countenance, O Lord,* shine upon us.* Alleluia, alleluia,* alleluia. (Psalm 4:7)

At the end of Liturgy we sing:

To Your Cross, O Master, we bow in veneration, and we glorify Your holy Resurrection. (3)

Announcements and Upcoming Events

- ❖ **Altar Boys and Myrrh-Maids Girls Club** continue on the last Saturday of the month 3 PM for boys and girls who have completed their First Solemn Holy Communion.
- ❖ **Family Fun Night** continues following the Vespertal Liturgy on the first Saturday of the month.
- ❖ **Plus 50 Luncheon and meetings** resumes on Tuesday September 27. Games begin at 11:00 am. Luncheon is Pot Luck. New members welcome.
- ❖ **Campaign Life Coalition presents Life Chain** Sunday, October 2, 2022 from 3:00 to 4:00 pm Annual Day of Public Witness for Children Killed by Abortion. For more information <https://www.campaignlifecoalition.com/life-chain>

UKRAINIAN LANGUAGE CLASSES

FALL 2022—FOR ADULTS AND YOUTH:

Do you want to be able to talk with the evacuees from Ukraine? Are you hoping for a trip to Ukraine in 2023 or 2024? This fall, St. Stephen's is offering Ukrainian language classes in-person and via Zoom for adults and youth (at least 12 years of age, preferably together with a parent).

For further details and to register, go to:

<https://www.saintstephencalgary.ca/ukrainian-language-classes.html> or contact Deborah Johnson at lornejn@telusplanet.net, phone 403-863-0941.



Upcoming Meetings

Hello members, please join us for the upcoming UCWLC meetings on: .

October 6 - 7:00 pm UCWLC Monthly meeting
November 10 - 7:00 pm UCWLC Monthly meeting

We are looking for to seeing you all after the Summer break.

We Welcome all to
ST. STEPHEN'S PRAZNYK

SUNDAY, SEPTEMBER 18, 2022

ST. STEPHEN'S CULTURAL CENTER 4903 – 45 Street SW, Calgary

BUFFET LUNCH at NOON (After 10:30 AM Liturgy)

Ham, Potatoes, Vegetables, Salad, Buns & Butter, Desert, Coffee & Tea.

TICKETS: Adults: \$15 Children (6–12 Yrs): \$ 5 Children (Under 6 Yrs): FREE

Tickets WILL NOT be sold at the door on Sunday

For tickets & information contact : Stacey Bobyn 403-860-2185 (e-transfer or credit card accepted)



Welcome **Bishop David**

KNIGHTS OF COLUMBUS 12th ANNUAL

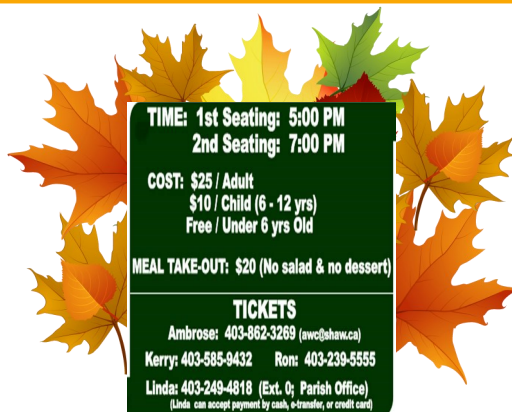
2 FALL SUPPERS

SATURDAY, OCT. 15, 2022

MUSIC ENTERTAINMENT

ST. STEPHEN'S PARISH HALL

(4903 - 45 St. S.W., Calgary)



DIVINE LITURGY INTENTIONS

Saturday, September 17:

- ❖ 4:00pm - Confessions
- ❖ 5:00pm – VESPERAL DIVINE LITURGY w/ Bishop David

Sunday, September 18:

- ❖ 8:30am – in memory of the repose of the soul of +Martha Laxdal
- ❖ 10:30am – in memory of the repose of the soul of +Adrian Sakundiak

Wednesday, September 21:

- ❖ 9:00am – for improved health and healing of Orest Bobyn

Thursday, September 22:

- ❖ 9:00am – for the intentions and needs of all parishioners

Saturday, September 24:

- ❖ 4:00pm - Confessions
- ❖ 5:00pm – for the intentions and needs of all parishioners

Sunday, September 25:

- ❖ 8:30am – for the intentions and needs of all parishioners
- ❖ 10:30am – for the repose of the souls of +Verna Klim and +Joseph Radomski



Scholarships

UCWLC offers C\$1000 two scholarships in the support Ukrainian Catholic descent young women in the pursuit of academic excellence and the furthering of Ukrainian culture and community. These are the Mary Dyma Scholarship in honour of the founder and 1st president of the UCWLC, and the Vera Buczynsky Ukrainian Studies Scholarship in honour of the long time editor of Nasha Doroha magazine.

A wonderful opportunity exists for our Ukrainian Catholic young people at the university level. The **Ukrainian Catholic Women's League of Canada National Executive** offers two scholarships to post secondary students enrolled in Ukrainian Studies and Religious Studies. **Deadline for receipt of completed applications is October 1**
 Criteria and applications are available online at www.ucwlc.ca and can be submitted electronically



Many UCWLC workbees are planned until the end of the year. Please check the dates on the UCWLC workbees page for opportunities to help out.

- September 26, 2022: Cabbage roll making
- October 3, 2022: Perogy prep
- October 4, 2022: Perogy pinching
- October 18, 2022: Cabbage roll making
- November 1, 2022: Cabbage roll making
- November 7, 2022: Perogy prep
- November 8, 2022: Perogy pinching
- November 21, 2022: Perogy prep
- November 22, 2022: Perogy pinching
- December 4, 2022: Snowflake Bazaar

Join us and bring your friends!

SUPPORT UKRAINE



VOLUNTEERS REQUIRED!

Dear Parishioners: We are now experiencing more Ukrainian Newcomers who wish to attend Divine Liturgies at St. Stephens but do not have transportation. We are asking parishioners to specifically provide rides to and from Liturgies on Sundays. No other volunteer function is requested.

The Ukraine Support Committee will collect names of Newcomers wanting to attend St. Stephens and their locations. Under the coordination of Allan Oryschak, we ask parishioners in the various quadrants in the city to network with other parishioners in area to provide rides. Ideally the clusters could alternate Sundays to avoid being burdensome for any one person.

We request your support for this important work of evangelization to support the faith of our Newcomers!

Contact newcomers@protomartyr.ca and also text Allan Oryschak at 403-650-5081 to express your interest and support.

In addition, we still need help in the following areas:

- Accompanying Newcomers to seek and arrange permanent accommodation
- Translation support, even to speak over the phone
- Volunteer support as parish initiatives are developed to enable integration into our community.

The Newcomers have shown initiative and resourcefulness but nevertheless need our support. Please contact Allan Oryschak to volunteer in any of these areas.

THE CALGARY CENTRE FOR NEWCOMERS NEEDS UKRAINIAN LANGUAGE TRANSLATORS

The Calgary Centre for Newcomers needs Ukrainian language speakers to volunteer to assist with Ukrainian refugee resettlement to Calgary. If you or someone you know is willing to volunteer to translate between Ukrainian or Russian and English, especially on Saturdays, please contact Jon Yee directly at: j.yee@centrefornewcomers.ca

If you wish more information, please contact Deborah Johnson 403-863-0941.

ЦЕНТР НОВОПРИБУЛИХ ДО КАНАДИ ШУКАЄ ВОЛОНТЕРІВ-ПЕРЕКЛАДАЧІВ

Центр для Новоприбулих до Канади шукає волонтерів-перекладачів, які можуть допомогти переселити українських біженців у Калгарі. Якщо Ви чи хтось із Ваших знайомих можете волонтером допомогти з перекладом між українською чи російською та англійською мовами, особливо суботами, будь ласка зв'яжіться (Англійською) з Джоном Йі безпосередньо за адресою: j.yee@centrefornewcomers.ca. Якщо Вам потрібна додаткова інформація, будь ласка, зв'яжіться з Деборою Джонсон 403-863-0941.

HOST FAMILIES NEEDED

Many Ukrainian newcomers are arriving in our city daily, without a place to stay. The settlement agencies need more host families. Please contact Marie (at PIA) at 403-668-0299 ext 7 or Marianna (at CCIS) at 403-262-2006

JOBS FOR UKRAINIAN NEWCOMERS

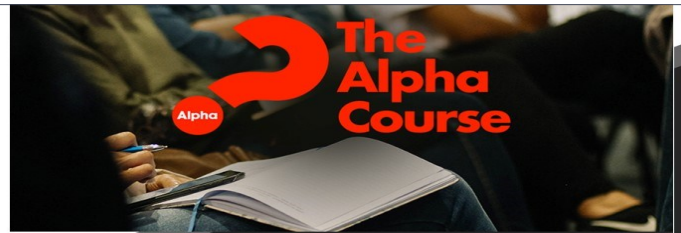
If you have a job for Ukrainian newcomers please post it at <https://uatoabinfo.ca/>

DONATIONS WELCOME

Please consider a small donation to support our initiative. See our [website](#) for details.

Будь-ласка, відправте, будь-ласка, вашу контактну інформацію за адресою newcomers@protomartyr.ca, щоб отримувати інформацію про заходи для новоприбулих у нашій церкві від нашої координаторки для новоприбулих від Юлії Мороз.

Newcomers: Please register your contact information with Julia Moroz at newcomers@protomartyr.ca to get information about newcomer events at our church.



The Alpha course is an evangelistic course which seeks to introduce the basics of the Christian faith through a series of talks and discussions. It is described by its organizers as "an opportunity to explore the meaning of life".

Join Alpha!

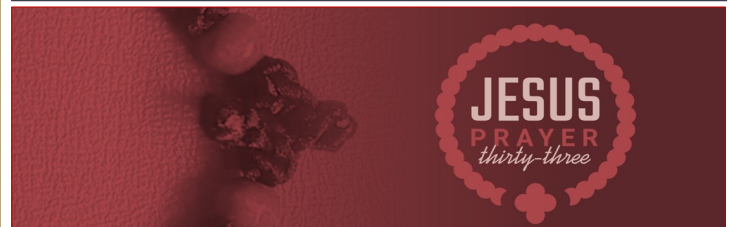
Wednesday evenings

beginning Sept 28th 6- 7 PM and ending on Dec 7th

At St. Stephen Protomartyr Ukrainian Catholic Church

Address: 4903 45 St SW, Calgary, AB T3E 3W5

Please contact fathermichael@protomartyr.ca for information



The Jesus Prayer, also known as "The Prayer of the Heart" is an ancient and beautiful prayer of the Christian East. Repeated many times consecutively, it is a prayer which allows us to stand in the presence of the Lord, focusing on Him and asking for His mercy.

This prayer has been an incredible guide for many people as they come to know the Lord and a true weapon for engaging in spiritual combat.

Join the JP 33 Prayer challenge to learn more!

Thursdays Nov 17- December 22nd
6-7 PM

At St. Stephen Protomartyr Ukrainian Catholic Church

Address: 4903 45 St SW, Calgary, AB T3E 3W5

<https://www.jesusprayer33.com/>

Please contact [Donna at dchelack@shaw.ca](mailto:Donna@dchelack@shaw.ca) for information

ROTARY RIBBONS FOR PEACE FUNDRAISER

SUPPORT FOR UKRAINIAN EVACUEES TO ALBERTA!

Join the ROTARY CLUB OF CALGARY AT STAMPEDE PARK in raising funds to assist Ukrainian evacuees relocating to Alberta.

OCTOBER 12, 2022, 6 PM - 10 PM
POLISH CANADIAN CULTURAL CENTRE, 3015 15TH STREET NE

Master of Ceremonies/Auctioneer: Danny Hooper, Danny Hooper Productions

Guests of Honour: Hon Ed and Marie Stelmach

Remarks: Olesandr Danlyeiko, Consul General of Ukraine, Edmonton

Special Entertainment by Vykrutas Ukrainian Dance Society, followed by live Auction.

Tickets for the Evening are ONLY \$175 and include dinner, entertainment, live auction and special guests.

To show your further support, custom designed **Blue and Yellow Ribbons for Peace** will be available for a donation of \$100.00.

All donations tax deductible according to CRA guidelines.

rotarystampedepark.com/ribbons-for-peace/

Slava Ukraini

