

ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

JULY 10TH, 2022



Address:
4903 – 45th Street S.W.
Calgary, Alberta T3E 3W5 Canada

Office Hours
Mon-Thurs 9:00am -2:00pm

Telephone:
403-249-4818, press 0

Pastoral Emergencies:
403-249-4818, press 9

Email:
Office@Protomartyr.ca
Coordinator@Protomartyr.ca

Parish Website:
www.saintstephencalgary.ca

Parish Calendar:
www.saintstephencalgary.ca/calendar1.html

Facebook:
<https://www.facebook.com/protomartyr.ca>

Eparchy Website:
www.edmontoneparchy.com

DIVINE LITURGIES:

Sunday Services:
8:30 am—Ukr/Eng
10:05—Rosary
10:30 am—English
(live-streamed on Facebook &
www.saintstephencalgary.ca/)

Weekday Services:
Wednesdays & Thursdays at 9:00am
Saturdays
4:00—4:45pm Confessions
(or by appointment)
5:00 pm Vespers

Fifth Sunday after Pentecost.

Our Venerable Father Anthony of the Monastery of the Caves in Kiev (1073);
Forty-Five Martyrs of Nicopolis in Armenia (321-3);
Holy Brothers Francis, Mutius and Raphael and Those with Them, Martyred in Damascus (1860)

Troparia and Kontakia

Troparion, Tone 4: When the disciples of the Lord learned from the angel* the glorious news of the resurrection* and cast off the ancestral condemnation,* they proudly told the apostles:* “Death has been plundered!* Christ our God is risen,* granting to the world great mercy.”

Troparion, Tone 4: Leaving behind worldly tumult,* O Venerable Father Anthony,* in keeping with the gospel you turned your back on the world,* and leading a life equal to that of angels you attained to the calm haven of Mount Athos* from whence you came to the Mount of Kiev* with the Fathers’ blessing* and living there an arduous life you enlightened your fatherland,* pointing the way into the Kingdom on high to a multitude of monks and nuns* and thus you lead your homeland to Christ.* Pray to Him that He save our souls.

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone 4: My Saviour and Deliverer from the grave* as God raised out of bondage the children of the earth* and shattered the gates of Hades,* and as Master, He rose on the third day.

Now and for ever and ever. Amen.

Kontakion, Tone 8: Cleaving to God,* whom you loved from your childhood above all else,* you followed Him lovingly with your whole heart,* O Father Anthony.* Scorning this passing world as a trifle* you made your dwelling a cave in the earth.*

There you fought well against the unseen enemy’s snares* and shone like the sun to the ends of the earth.* From whence you passed joyfully to heaven’s mansions* and stand now with angels at the Master’s throne.* There we ask you to remember those who feast your memory* that we may cry to you: Rejoice, O Anthony, our Father.

Prokeimenon, Tone 4

How great are Your works, O Lord* You have made all things in wisdom.

verse: Bless the Lord, O my soul: O Lord my God, You are exceedingly great. (*Psalm 103:24,1*)

Prokeimenon, Tone 7

Precious in the sight of the Lord is the death of His venerable ones. (*Psalm 115:15*)

Epistle—Romans 10:1-10; Galatians 5:22-6:2

A reading from the Epistle of the Holy Apostle Paul to the Romans.

Brothers and sisters, my heart’s desire and prayer to God for Israel is that they may be saved. For I bear them witness that they have a zeal for God, but not according to knowledge. For they being ignorant of God’s righteousness, and seeking to establish their own righteousness, have not submitted to the righteousness of God. For Christ is the end of the law for righteousness to everyone who believes.

For Moses writes about the righteousness which is



HOLY MYSTERIES

CONFESSION:

Saturdays 5:00 to 5:45 pm
or by Appointment
403-249-4818, ext. 2

MARRIAGE, BAPTISM-CHRISMATION- EUCCHARIST, FUNERALS :

Contact the Sacramental Coordinator,
Kim Bombak:
Sacraments@Protomartyr.ca

ANOIDTING OF THE SICK:

For emergencies call
403-249-4818, ext. 9

DIVINE LITURGY INTENTIONS :

Arrangements with the office

CLERGY & RELIGIOUS

Pastor :

Fr. Michael Bombak
FatherMichael@Protomartyr.ca
Office:403-249-4818, ext. 2

Pastor, St. Basil's Melkite Greek Catholic Church

Pastor: Fr. Samer Naaman
403-249-4818, ext. 3
stbasilmelkitecalgary@gmail.com
Facebook: St Basils Melkite Greek
Catholic Church Calgary

PARISH OFFICE

Office Administrator:

Linda Buck 403-249-4818, ext. 0
office@Protomartyr.ca

Sacramental Coordinator:

Kim Bombak
Sacraments@Protomartyr.ca

Communications Coordinator:

Mirna Farahat
coordinator@Protomartyr.ca

HALL RENTAL INQUIRIES

Maria Dwulit, cell: 403-816-5610,
email: Hall@Protomartyr.ca

HALL & KITCHEN

403-249-4818, ext. 6

of the law, "The man who does those things shall live by them." But the righteousness of faith speaks in this way, "Do not say in your heart, 'Who will ascend into heaven?'" (that is, to bring Christ down from above) or, "'Who will descend into the abyss?'" (that is, to bring Christ up from the dead). But what does it say? "The word is near you, in your mouth and in your heart" (that is, the word of faith which we preach): that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved. For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation.

Brethren, the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law. And those *who are* Christ's have crucified the flesh with its passions and desires. If we live in the Spirit, let us also walk in the Spirit. Let us not become conceited, provoking one another, envying one another.

Brethren, if a man is overtaken in any trespass, you who *are* spiritual restore such a one in a spirit of gentleness, considering yourself lest you also be tempted. Bear one another's burdens, and so fulfill the law of Christ.

Alleluia, Tone 4

verse: Poise yourself and advance in triumph and reign in the cause of truth, and meekness, and justice.

verse: You have loved justice and hated iniquity. (Psalm 44:5,8)

verse: Blessed is the man who fears the Lord; he shall delight exceedingly in His commandments. (Psalm 111:1)

Gospel

Matthew 8:28-9:1; Luke 6:17-23

At that time, when Jesus had come to the other side, to the country of the Gergesenes, there met Him two demon-possessed *men*, coming out of the tombs, exceedingly fierce, so that no one could pass that way. And suddenly they cried out, saying, "What have we to do with You, Jesus, You Son of God? Have You come here to torment us before the time?"

Now a good way off from them there was a herd of many swine feeding. So the demons begged Him,

saying, "If You cast us out, permit us to go away into the herd of swine."

And He said to them, "Go." So when they had come out, they went into the herd of swine. And suddenly the whole herd of swine ran violently down the steep place into the sea, and perished in the water.

Then those who kept *them* fled; and they went away into the city and told everything, including what *had happened* to the demon-possessed *men*. And behold, the whole city came out to meet Jesus. And when they saw Him, they begged *Him* to depart from their region.

So He got into a boat, crossed over, and came to His own city.

At that time, Jesus came down with them and stood on a level place with a crowd of His disciples and a great multitude of people from all Judea and Jerusalem, and from the seacoast of Tyre and Sidon, who came to hear Him and be healed of their diseases, as well as those who were tormented with unclean spirits. And they were healed. And the whole multitude sought to touch Him, for power went out from Him and healed *them* all.

Then He lifted up His eyes toward His disciples, and said:

"Blessed *are you* poor,

For yours is the kingdom of God.

Blessed *are you* who hunger now,

For you shall be filled.

Blessed *are you* who weep now,

For you shall laugh.

Blessed are you when men hate you,

And when they exclude you,

And revile *you*, and cast out your name as evil,

For the Son of Man's sake.

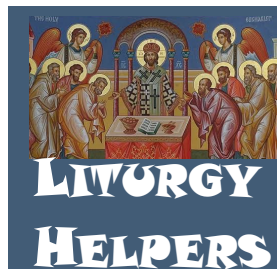
Rejoice in that day and leap for joy!

For indeed your reward *is* great in heaven,

For in like manner their fathers did to the prophets.

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest. (Psalm 148:1). * The just man shall be in everlasting remembrance;* of evil hearsay he shall have no fear.* Alleluia, alleluia,* alleluia. (Psalm 111:6)



Saturday, July 9, 2022 at 5pm

- ❖ Epistle – Brian O'Neill
- ❖ Host – Bernadette Lukey

Sunday, July 10, 2022 at 8:30am

- ❖ Epistle – Myron Gellela
- ❖ Host – Len Beblow
- ❖ Host – Larysa Gellela

Sunday, July 10, 2022 at 10:30am

- ❖ Epistle – Walter Machny
- ❖ Rosary – Diane Schular
- ❖ Host – Clayton Woitas
- ❖ Host – Linda Woitas

Please consider volunteering by
emailing :
liturgical@protomartyr.ca

JOIN OUR BOARD OF DIRECTORS



We are looking for passionate and talented individuals to join the Calgary Ukrainian Festival volunteer Board of Directors in the following roles:

- Secretary
- Fundraising Director
- Vendor Relations

If you think you would be a good fit or know a talented individual who would be, please email treasurer@calgaryukrainianfestival.ca



DIVINE LITURGY INTENTIONS

Saturday, July 9:

- ❖ 4:00pm – CANCELED - Confessions
- ❖ 5:00pm – for the intentions and needs of all parishioners

Sunday, July 10:

- ❖ 8:30am – for the repose of the soul of +Martha Kapaluck
- ❖ 8:30am – in memory of the repose of the soul of +Ben Sakundiak
- ❖ 10:30am – in memory of the repose of the souls of the +Brykalo family members

Wednesday, July 13:

- ❖ 9:00am – in memory of the repose of the souls of +Jerry and +David Jumaga

CANCELED: Thursday Divine Liturgies for July-August

Saturday, July 16:

- ❖ 4:00pm – CANCELED - Confessions
- ❖ 5:00pm – for the intentions and needs of all parishioners

Sunday, July 17:

- ❖ 8:30am – for special intentions for good health for Devin Danielson
- ❖ 10:30am – for the repose of the soul of +Michael Galas



THANK YOU!

Rev. Fr. Athanasius McVay

For his coverage for over Fr. Mike's holidays from Saturday, July 9 – Sunday, July 17



Oleksandra Zorgach

Please welcome Oleksandra Zorgach who will be our **Newcomer Coordinator**, and will act as the main point of contact for Ukrainian newcomers to our parish. She can be contacted at Newcomers@protomartyr.ca or at 403-771-4700

Pope Francis in Canada

Walking Together

July 24 – 29, 2022

TICKETS FOR HOLY MASS AT COMMONWEALTH STADIUM SOLD OUT

NEXT BATCH WILL BE AVAILABLE JULY 11 AT 10:30 MT



We look forward to welcoming Pope Francis to Canada from July 24th to July 29th, 2022.

The Pope's visit will provide an opportunity for him to listen and dialogue with Indigenous Peoples, to express his heartfelt closeness, and to address the impact of residential schools in Canada. The papal visit will also provide an opportunity for the shepherd of the world's 1.2 billion Catholics to connect with the Catholic community in Canada.

Drawing on the theme, "Walking Together", the Holy Father's journey of reconciliation, healing and hope includes visits to a former residential school, Indigenous pilgrimage sites, two public Masses and a mix of private and public events.

There will be tickets available (free) for a limited number of events, all of which will be broadcast and accessible via livestream. For ticket information, to volunteer, donate or learn more, visit www.papalvisit.ca (English) or www.visitepapale.ca (French). Tickets for the Papal mass in Edmonton on Tuesday, July 26, 2022 at the Commonwealth Stadium will be available starting this Wednesday, July 6 at 10:30am MST.

Please continue to pray for the health of Pope Francis and for all those engaged in the ongoing healing and reconciliation journey.

May the journey serve as a moment of healing and reconciliation for Indigenous Elders, knowledge keepers, residential school survivors, and all those working on the path to truth and understanding.

SUPPORT UKRAINE



Donate Online

Use the QR code to donate online to the URSP through the Calgary Foundation. Tax receipts will be issued immediately for any amounts of \$25 and over.

Cheque or Cash

You can also donate to URSP by mailing a cheque to St. Stephen Protomartyr Ukrainian Catholic Church, 4903 45 St SW Calgary AB T3E 3W5. Make cheques payable to "St Stephen's".

Cash donations can also be made at the office or in the collection plate.

Volunteers Needed!

Providing individual social support to Newcomers is a continuing need which our Ukraine Support Committee is seeking to address. We still need help in the following areas:

- Accompanying Newcomers in seeking and arranging accommodation is becoming important as they leave their hosts and arrange more permanent housing.
- Translation services, even to speak over the phone with older women, in families who do not speak English, and would feel less isolated if they could have a Ukrainian speaker to talk to.
- Transportation to attend church, group events and appointments. This is where more volunteers would improve accessibility.
- Volunteer support as parish initiatives are developed to enable integration into our community.

The Newcomers have shown initiative and resourcefulness but nevertheless need your support. Please volunteer and indicate those areas in which you could best contribute (translation, transportation, integration).

Please contact: Allan O. If interested, please fill out this form : <https://tinyurl.com/4yurw62d>

Scholarships

A wonderful opportunity exists for our Ukrainian Catholic young people at the university level. The **Ukrainian Catholic Women's League of Canada National Executive** offers two scholarships to post secondary students enrolled in Ukrainian Studies and Religious Studies.

The Vera Buczynsky

Ukrainian Language Studies Scholarship

for \$1000 is offered to a person of Ukrainian Catholic descent who is enrolled in Ukrainian Studies at the post secondary level.

Criteria and applications are available online at www.ucwlc.ca and can be submitted electronically to: **Vera Buczynsky Ukrainian Language Studies Scholarship Committee**

ucwlcnationalscholarships@gmail.com

Deadline for receipt of completed applications is October 1

The Mary Dyma

Religious Studies Scholarship

for \$1000 is offered to a lay woman of Ukrainian Catholic descent who is enrolled in Religious Studies at the post secondary level.

Criteria and applications are available online at www.ucwlc.ca and can be submitted electronically to: **Mary Dyma Religious Studies Scholarship Committee**

ucwlcnationalscholarships@gmail.com

Deadline for receipt of completed applications is October 1

The Calgary Centre for Newcomers needs

UKRAINIAN LANGUAGE TRANSLATORS

The Calgary Centre for Newcomers needs Ukrainian language speakers to volunteer to assist with Ukrainian refugee resettlement to Calgary. If you or someone you know is willing to volunteer to translate between Ukrainian or Russian and English, especially on Saturdays,

please contact Jon Yee directly at: j.yee@centrefornewcomers.ca

If you wish more information, please contact Deborah Johnson 403-863-0941.

Центр Новоприбулих до Канади шукає волонтерів-перекладачів

Центр для Новоприбулих до Канади шукає волонтерів-перекладачів, які можуть допомогти переселити українських біженців у Калгарі. Якщо Ви чи хтось із Ваших знайомих можете волонтером допомогти з перекладом між українською чи російською та англійською мовами, особливо суботами, будь ласка зв'яжіться (Англійською) з Джоном Йі безпосередньо за адресою: j.yee@centrefornewcomers.ca

Якщо Вам потрібна додаткова інформація, будь ласка, зв'яжіться з Деборою Джонсон 403-863-0941.

Sandwich & Snack Sunday

July, 10, 2022

UCWLC request parish members and families to participate in supporting the "Street Sisters" who are in need of 65 lunches.

WHAT is NEEDED? A loaf of sandwiches, ONLY peanut butter and jam/jelly, Cheeze Whiz or Nutella. Pack each sandwich in individual sandwich bags. **ALSO:** granola bars, juice boxes, bottled water, bags of apples or oranges and fruit cups. For further information contact Katherine Letwin 403-922-9768 Cell/Text