

# ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

JUNE 12<sup>TH</sup>, 2022



## First Sunday after Pentecost. All Saints Sunday.

Our Venerable Father Onuphrius the Great (c. 337); Our Venerable Father Peter of Athos (892);  
Krystynopil' Icon of the Mother of God

**Address:**  
4903 – 45<sup>th</sup> Street S.W.  
Calgary, Alberta T3E 3W5 Canada

**Office Hours**  
Mon-Thurs 9:00am -2:00pm

**Telephone:**  
403-249-4818, press 0

**Pastoral Emergencies:**  
403-249-4818, press 9

**Email:**  
[Office@Protomartyr.ca](mailto:Office@Protomartyr.ca)  
[Coordinator@Protomartyr.ca](mailto:Coordinator@Protomartyr.ca)

**Parish Website:**  
[www.saintstephencalgary.ca](http://www.saintstephencalgary.ca)

**Parish Calendar:**  
[www.saintstephencalgary.ca/  
calendar1.html](http://www.saintstephencalgary.ca/calendar1.html)

**Facebook:**  
[https://www.facebook.com/  
protomartyr.ca](https://www.facebook.com/protomartyr.ca)

**Eparchy Website:**  
[www.edmontoneparchy.com](http://www.edmontoneparchy.com)

### DIVINE LITURGIES:

**Sunday Services:**  
8:30 am—Ukr/Eng  
10:05—Rosary  
10:30 am—English  
(live-streamed on Facebook &  
[www.saintstephencalgary.ca/](http://www.saintstephencalgary.ca/))

**Weekday Services:**  
**Wednesdays & Thursdays** at 9:00am  
**Saturdays**  
4:00—4:45pm Confessions  
(or by appointment)  
5:00 pm Vespers

### **Troparia and Kontakia**

**Troparion, Tone 8:** You came down from on high, O Merciful One,\* and accepted three days of burial\* to free us from our sufferings.\* O Lord, our life and our resurrection,\* glory be to You!

**Troparion, Tone 4:** Clothed as in purple and fine linen\* with the blood of Your martyrs throughout the world,\* Your Church cries out to You through them, O Christ God:\* send down Your loving-kindness on Your people;\* grant peace to Your community,\* and to our souls great mercy.

Glory be to the Father, and to the Son, and to the Holy Spirit, now and for ever and ever. Amen.

**Kontakion, Tone 8:** O Lord, Master of nature,\* the world offers You the godly martyrs as the first-fruits of nature.\* By their supplications, through the Mother of God,\* preserve Your Church and Your people in profound peace,\* O most merciful One.

### **Prokeimenon, Tone 8**

Pray and give thanks to the Lord our God.

**verse:** In Judea God is known; His name is great in Israel. (*Psalm 76:12,2*)

### **Epistle**

**Hebrews 11:33-12:2**

A reading from the Epistle of the Holy Apostle Paul to the Hebrews.

Brothers and sisters, the saints who through faith subdued kingdoms, worked righteousness, obtained promises, stopped the mouths of lions, quenched the violence of fire, escaped the edge of the sword,

out of weakness were made strong, became valiant in battle, turned to flight the armies of the aliens. Women received their dead raised to life again.

Others were tortured, not accepting deliverance, that they might obtain a better resurrection. Still others had trial of mockings and scourgings, yes, and of chains and imprisonment. They were stoned, they were sawn in two, were tempted, were slain with the sword. They wandered about in sheepskins and goatskins, being destitute, afflicted, tormented— of whom the world was not worthy. They wandered in deserts and mountains, in dens and caves of the earth.

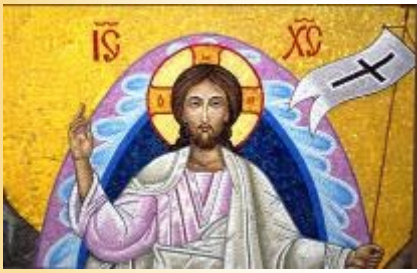
And all these, having obtained a good testimony through faith, did not receive the promise, God having provided something better for us, that they should not be made perfect apart from us.

Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

### **Alleluia, Tone 4**

**verse:** The just cried out and the Lord heard them, and delivered them out of their afflictions.

**verse:** The afflictions of the just are many, and out of them all will the Lord deliver them. (*Psalm 33:18,20*)



## **HOLY MYSTERIES**

### **CONFESSION:**

Saturdays 5:00 to 5:45 pm  
or by Appointment  
403-249-4818, ext. 2

### **MARRIAGE, BAPTISM-CHRISMATION- EUCCHARIST, FUNERALS :**

Contact the Sacramental Coordinator ,  
Kim Bombak:  
Sacraments@Protomartyr.ca

### **ANOIDTING OF THE SICK:**

For emergencies call  
403-249-4818, ext. 9

### **DIVINE LITURGY INTENTIONS :**

Arrangements with the office

## **CLERGY & RELIGIOUS**

### **Pastor :**

Fr. Michael Bombak  
FatherMichael@Protomartyr.ca  
Office:403-249-4818, ext. 2

### **Pastor, St. Basil's Melkite Greek Catholic Church**

Pastor: Fr. Samer Naaman  
403-249-4818, ext. 3  
stbasilmelkitecalgary@gmail.com  
Facebook: St Basils Melkite Greek  
Catholic Church Calgary

## **PARISH OFFICE**

### **Office Administrator:**

Linda Buck 403-249-4818, ext. 0  
office@Protomartyr.ca

### **Sacramental Coordinator:**

Kim Bombak  
Sacraments@Protomartyr.ca

### **Communications Coordinator:**

Mirna Farahat  
coordinator@Protomartyr.ca

## **HALL RENTAL INQUIRIES**

Maria Dwulit, cell: 403-816-5610,  
email: Hall@Protomartyr.ca

## **HALL & KITCHEN**

403-249-4818, ext. 6

## **Gospel**

**Matthew 10:32-33, 37-38; 19:27-30**

The Lord said to His disciples, "Whoever confesses Me before men, him I will also confess before My Father who is in heaven. But whoever denies Me before men, him I will also deny before My Father who is in heaven.

"He who loves father or mother more than Me is not worthy of Me. And he who loves son or daughter more than Me is not worthy of Me. And he who does not take his cross and follow after Me is not worthy of Me.

Then Peter answered and said to Him, "See, we have left all and followed You. Therefore what shall we have?"

So Jesus said to them, "Assuredly I say to you, that in the regeneration, when the Son of Man sits on the throne of His glory, you who have followed Me will also sit on twelve thrones, judging the twelve tribes of Israel. And everyone who has left houses or brothers or sisters or father or mother or wife or children or lands, for My name's sake, shall receive a hundredfold, and inherit eternal life. But many *who are* first will be last, and the last first."

## **Communion Hymn**

Praise the Lord from the heavens;\* praise Him in the highest. (**Psalm 148:1**)\* Rejoice in the Lord, O you just;\* praise befits the righteous. (**Psalm 32:1**) Alleluia, alleluia,\* alleluia.



## **LITURGY HELPERS**

### **Saturday, June 11 - 5PM**

Epistle - Vacant  
Host/Usher/Candle/Cleaning -  
Bernadette Lurkey

### **Sunday, June 12 - 8:30am**

Epistle - Gerald Strashok  
Host/Usher/Candle/Cleaning -  
Gerald Strashok  
Host/Usher/Candle/Cleaning -  
Val Strashok

### **Sunday, June 12—10:30am**

Rosary - Diane Schular  
Epistle - Vacant  
Host/Usher/Candle/Cleaning -  
Vacant  
Host/Usher/Candle/Cleaning -  
Vacant

Please consider volunteering by  
emailing :  
liturgical@protomartyr.ca

## **Sandwich and Snack Sunday June 12, 2022**

UCWLC request parish members and families to participate in supporting the "Street Sisters" who are in need of 65 lunches.

**WHAT is NEEDED?** A loaf of sandwiches, ONLY peanut butter and jam/jelly, Cheeze Whiz or Nutella. Pack each sandwich in individual sandwich bags. **ALSO:** granola bars, juice boxes, bottled water, bags of apples or oranges and fruit cups. For further information contact Katherine Letwin 403-922-9768 Cell/Text



## **Announcements and Upcoming Events**

### ❖ **Family Fun Night**

**Saturday June 18 after the 5 PM Vespers Divine Liturgy.**

"Bring a potluck meal to share and prepare to have some fun following the liturgy!"

### ❖ **Liturgy and Pilgrimage for Sts. Peter and Paul**

**Wednesday, June 29<sup>th</sup> at Edworthy Park Picnic Site #2. The walk begins at 5 pm and the Liturgy begins at 6:00 pm**

Join us and the parishioners of Assumption Parish for an outdoor procession, liturgy and picnic for the Feast of Sts. Peter and Paul.

### ❖ **Apostle's Fast**

**Begins this Monday, June 13** (The Monday after All-Saints Sunday) and concludes at Sts. Peter and Paul, June 29<sup>th</sup>.

The faithful are asked to fast from meat and meat products on Wednesdays and Fridays during this period.



## The Hidden Season of the Church Year

THE MORE I STUDY THE CALENDAR and seasons of the Church, the more I am aware of an interesting paradox: though there is a profound order to our Orthodox life, it is never perfectly tidy! This is undoubtedly the action of the Holy Spirit in the history of the Church, for “the Wind blows where it will.”

For example, the way the Paschal season flows into that of Pentecost is perhaps a little surprising. From the day of Pascha itself, in place of the usual epistle readings, we hear already the Acts of the Apostles—which, I believe, might equally well be titled, “The Acts of the Holy Spirit,” as the Apostles attest with the phrase, “it seemed good to the Holy Spirit, and to us ...” (Acts 15:28). So when the fiftieth day after Pascha finally comes, and we are to celebrate the coming of the Holy Spirit, we have already read about the action of the Spirit in the Church.

Next, although we celebrate a “leavetaking” of Pentecost after just one festal week, “I am with you always,” says our Lord, this being why He gave the Spirit, the Comforter. Therefore, instead of Pentecost being neatly closed off as we move on to other dogmatic topics, the Church provides a way for this season of the Spirit to remain with us much longer, by continuing to number each week from Pentecost until we again take up the Triodion at the beginning of next Lent. In fact the remembrance of Pentecost and the Holy Spirit remains with us daily in the prayer, “O Heavenly King, the Comforter, the Spirit of Truth ...”

Christ is with each of His people in the Spirit, but always through the Church, the saints, and our fellow Christians, never in isolation—not even in the case of solitary mystics who are granted to see Uncreated Light, for they would testify to the aid they receive from the prayers of the saints and of their brethren. It is therefore no accident that the Sunday of All Saints comes one week after Pentecost.

The Western All Saints Day is celebrated along with the remembrance of All Souls at the end of October—hence “Hallowe’en,” the Eve of All Hallows (meaning saints or holy ones), which historically clashed with the pagan culture around it. It was a Christian celebration of the glorified occurring at the same time as a pagan one honoring the dead, at the season when the year itself dies in the Northern hemisphere. While it is always useful to celebrate holiness, and especially so in the face of darkness (Christmas was instituted for similar reasons), the Eastern calendar shows more clearly how the sanctity of the saints flows from the gift of the Holy Spirit.

Additionally, the Sunday following this one is set aside to honor particular regional or national saints. And this leads us into what I call the “hidden season of the Church year,” the season of the saints that lasts all year long.

There is not a day of the year that does not celebrate numerous saints. Some you will not hear of in your North American parish, while they may be the chief patrons of some small village in Eastern Europe or the Mediterranean. Others will be famous and beloved of the whole Church everywhere, like Saint Nicholas, who is commemorated not only on December 6 but also with the Apostles on Thursday of every week. Only the names and dates of martyrdom are recorded of many Christians from the early centuries; of the lives of more recently canonized saints, such as Innocent of Alaska, there is often extensive documentation.

Apostles, prophets, patriarchs, hierarchs, ascetics, wonderworkers, martyrs, confessors—some saints fit more than one of the many categories, while some designations, such as teachers and fools for Christ, appear to be mutually exclusive. Certain female saints, such as Mary Magdalene, are given the title “Equal to the Apostles” to acknowledge the greatness of their contribution to Christ’s Church; while many other women of God, like Saint Monica, mother of Augustine, are best known in their character of divine humility, for their roles in nurturing others into sainthood. The more we learn of the many varieties of God’s holy ones, the more we understand this untidiness of the Spirit blowing wherever He wills. Even the short accounts we have in Scripture of patriarchs like David and apostles like Peter show us the individual characters, quite complete with faults, of those who are chosen to be vessels for the Spirit. And what good news that is for us.

It is noteworthy that the word “season” comes from the Latin root meaning “seed” or “to sow.” As a famous phrase aptly puts it, “the blood of the martyrs is the seed of the Church.” While the great seasons of the Church and of nature turn about the year, seed-time, harvest, death, and resurrection, each day brings us a little season, the lives and deaths of saints then commemorated.

By reading their lives with our children, or perhaps communally in our parishes after services such as Vespers, and by remembering to ask the prayers of those saints of the day in our individual prayers, we can celebrate this blessed “season.” In so doing, we shall plant the Pentecostal seed, the action of the Spirit, in our own lives as they have in theirs.

Donna Farley, [\*Seasons of Grace: Reflections on the Orthodox Church Year\*](#) (Chesterton, IN: Ancient Faith Publishing, 2002), 174–177.



### DIVINE LITURGY INTENTIONS

#### Saturday, June 11:

- ❖ 4:00pm – Confessions
- ❖ 5:00pm – for the intentions and needs of all parishioners

#### Sunday, June 12:

- ❖ 8:30am – for the intentions and needs of all parishioners
- ❖ 10:30am – for the repose of the soul of +Ed Zederyko

#### Wednesday, June 15:

- ❖ 9:00am – for improved health and healing for Mary and Phil Dowhaniuk

#### Thursday, June 16:

- ❖ 9:00am – for the repose of the soul of +baby Reid

#### Saturday, June 18:

- ❖ 4:00pm – Confessions
- ❖ 5:00pm – for the intentions and needs of all parishioners

#### Sunday, June 19:

- ❖ 8:30am – in memory of the repose of the souls of +Andrew Ewachow and +John James McLean
- ❖ 10:30am – in memory of the repose of the soul (1 yr) of +Janice Kowch (w/ Panakhyda)

# SUPPORT UKRAINE

## Donate Online

Use the QR code to donate online to the URSP through the Calgary Foundation. Tax receipts will be issued immediately for any amounts of \$25 and over.



SCAN ME

## Cheque or Cash

You can also donate to URSP by mailing a cheque to St. Stephen Protomartyr Ukrainian Catholic Church, 4903 45 St SW Calgary AB T3E 3W5. Make cheques payable to "St Stephen's".

Cash donations can also be made at the office or in the collection plate.

## Volunteers Needed!

One initiative of St. Stephen's Ukraine Support Committee is to provide an opportunity for all parishioners to participate in providing important social support to any Ukrainian evacuees who may turn to us for assistance. Social support will be necessary for those, mainly women often with children, who find themselves in a strange country and culture having lost all their support mechanisms and incurred personal trauma. Husbands, fathers and extended family members have been left behind.

Social support is a ministry of accompaniment. It can be someone to turn to for advice or just to have a contact to talk to. It may involve assisting with transportation to appointments, or grocery shopping. It may be just having a friend. We look to developing a roster of volunteers, indicating how they may be able to help in this very important function. Ukrainian language skills may be helpful but are not essential and should not hinder participation. If interested, please fill out this form : <https://tinyurl.com/4yurw62d>



## YAHOO! Let the party begin!

**Free Pre-Stampede Welcome Pancake breakfast**

**Open to all Ukrainian newcomers and their hosts Ukrainian Newcomers, their hosts and all St Stephen parishioners.**

**Sunday June 19<sup>th</sup>,  
St Stephen Protomartyr Ukrainian Church,**

4903-45<sup>th</sup> Street SW, 12 noon to 1:30pm

Come and let our newcomers experience some Calgary hospitality. Featuring a Live Country and Western band, breakfast served up by the Knights of Columbus. For those interested there is a Liturgy at 10:30am prior to the breakfast. For info contact Bill at 403-850-5859.

## The Calgary Centre for Newcomers needs UKRAINIAN LANGUAGE TRANSLATORS

The Calgary Centre for Newcomers needs Ukrainian language speakers to volunteer to assist with Ukrainian refugee resettlement to Calgary. If you or someone you know is willing to volunteer to translate between Ukrainian or Russian and English, especially on Saturdays, please contact Jon Yee directly

at: [j.yee@centrefornewcomers.ca](mailto:j.yee@centrefornewcomers.ca)

If you wish more information, please contact Deborah Johnson 403-863-0941.

## Центр Новоприбулих до Канади шукає волонтерів-перекладачів

Центр для Новоприбулих до Канади шукає волонтерів-перекладачів, які можуть допомогти переселити українських біженців у Калгарі. Якщо Ви чи хтось із Ваших знайомих можете волонтером допомогти з перекладом між українською чи російською та англійською мовами, особливо суботами, будь ласка зв'яжіться (Англійською) з Джоном Йі безпосередньо за адресою: [j.yee@centrefornewcomers.ca](mailto:j.yee@centrefornewcomers.ca)

Якщо Вам потрібна додаткова інформація, будь ласка, зв'яжіться з Деборою Джонсон 403-863-0941.



## Humanitarian Aid

As the war rages in Eastern Ukraine we continue to look for ways to support Ukrainian families who have chosen to come to Calgary. St Stephen's has become part of a larger Calgary community coming together to welcome and assist new immigrants with establishing a home in Canada. In our ongoing support we are running a humanitarian event to gather much needed items for Ukrainian families. You can join in by dropping off donations of the following items:

### NEW ITEMS ONLY:

- Twin Bed sheet sets / sheets and pillow cases [Ikea or Walmart]
- Queen size sheet sets / sheets and pillow cases
- New pillows
- Blankets, duvets and duvet covers
- Comforters
- Towels
- Laundry detergent pods – large boxes are welcome as they can be broken down into smaller portions
- New bottles of body lotion or hand lotion
- Chapstick

Please stay to the list of items requested, no clothes can be accepted at this time.

Your donation can be dropped off at:

**St Stephen's Protomartyr Ukrainian Catholic Church**

**Saturday June 11 between 10:00 am and 1:00 pm**

**Sunday June 12 between 8:15 am to 1:00 PM**

Thank you for your kind support of families in need.