

# ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

MAY 29<sup>TH</sup>, 2022



**Address:**  
4903 – 45<sup>th</sup> Street S.W.  
Calgary, Alberta T3E 3W5 Canada

**Office Hours**  
Mon-Thurs 9:00am -2:00pm

**Telephone:**  
403-249-4818, press 0

**Pastoral Emergencies:**  
403-249-4818, press 9

**Email:**  
Office@Protomartyr.ca  
Coordinator@Protomartyr.ca

**Parish Website:**  
[www.saintstephencalgary.ca](http://www.saintstephencalgary.ca)

**Parish Calendar:**  
[www.saintstephencalgary.ca/calendar1.html](http://www.saintstephencalgary.ca/calendar1.html)

**Facebook:**  
<https://www.facebook.com/protomartyr.ca>

**Eparchy Website:**  
[www.edmontoneparchy.com](http://www.edmontoneparchy.com)

## **DIVINE LITURGIES:**

### **Sunday Services:**

8:30 am—Ukr/Eng  
10:05—Rosary  
10:30 am – English  
(live-streamed on Facebook &  
[www.saintstephencalgary.ca/](http://www.saintstephencalgary.ca/))

### **Weekday Services:**

**Wednesdays & Thursdays** at 9:00am  
**Saturdays**  
4:00 –4:45pm Confessions  
(or by appointment)  
5:00 pm Vespers

## **Seventh Sunday after Pascha.**

Sunday of the Holy Fathers of the First Ecumenical Council of Nicaea.  
The Venerable-Martyr Theodosia the Virgin (286-305)

### **First Antiphon**

Clap your hands, all you nations;\* shout to God with the voice of joy.

*Through the prayers of the Mother of God, O Saviour, save, us.*

For the Lord most high is awesome,\* a great king over all the earth.

*Through the prayers of the Mother of God, O Saviour, save, us.*

He has subdued peoples to us,\* and nations under our feet.

*Through the prayers of the Mother of God, O Saviour, save, us.*

God ascended amid shouts of joy;\* the Lord at the sound of the trumpet.

*Through the prayers of the Mother of God, O Saviour, save, us.*

Glory... Now... Only-Begotten Son...

### **Third Antiphon**

Come, let us sing joyfully to the Lord,\* let us acclaim God, our Saviour.

*Son of God, who ascended in glory,\* save us who sing to You: Alleluia.*

Let us come before His face with praise,\* and acclaim Him in psalms.

*Son of God, who ascended in glory,\* save us who sing to You: Alleluia.*

For God is the great Lord,\* the great king over all the earth.

*Son of God, who ascended in glory,\* save us who sing to You: Alleluia.*

### **Entrance**

Come, let us worship\* and fall down before Christ.

*Son of God, who ascended in glory,\* save us who sing to You: Alleluia.*

### **Troparia and Kontakia**

**Troparion, Tone 6:** Angelic powers were upon Your tomb\* and the guards became like dead men;\* Mary stood before Your tomb\* seeking Your most pure body.\* You captured Hades without being overcome by it.\* You met the Virgin and granted life.\* O Lord, risen from the dead,\* glory be to You!

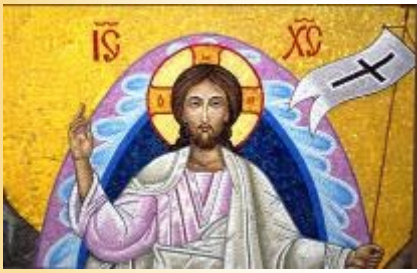
**Troparion, Tone 4:** You ascended in glory, O Christ our God,\* giving joy to Your disciples by the promise of the Holy Spirit,\* and assuring them through your blessing\* that You are the Son of God,\* the Redeemer of the world.

**Troparion, Tone 8:** Christ our God, You are glorified above all,\* You established our fathers as beacons on earth\* and through them guided all of us to the true faith.\* Glory to You, most compassionate Lord.

Glory be to the Father, and to the Son, and to the Holy Spirit.

**Kontakion, Tone 8:** The apostles' preaching and the Fathers' doctrine\* confirmed the Church's one faith,\* and wearing the garment of truth\* woven from theology that descends from on high,\* she rightly imparts\* the mystery of godliness\* and sings its glory.

Now and for ever and ever. Amen.



## **HOLY MYSTERIES**

### **CONFESSION:**

Saturdays 5:00 to 5:45 pm  
or by Appointment  
403-249-4818, ext. 2

### **MARRIAGE, BAPTISM-CHRISMATION- EUCCHARIST, FUNERALS :**

Contact the Sacramental Coordinator,  
Kim Bombak:  
Sacraments@Protomartyr.ca

### **ANOIDTING OF THE SICK:**

For emergencies call  
403-249-4818, ext. 9

### **DIVINE LITURGY INTENTIONS :**

Arrangements with the office

## **CLERGY & RELIGIOUS**

### **Pastor :**

Fr. Michael Bombak  
FatherMichael@Protomartyr.ca  
Office:403-249-4818, ext. 2

### **Pastor, St. Basil's Melkite Greek Catholic Church**

Pastor: Fr. Samer Naaman  
403-249-4818, ext. 3  
stbasilmelkitecalgary@gmail.com  
Facebook: St Basils Melkite Greek  
Catholic Church Calgary

## **PARISH OFFICE**

### **Office Administrator:**

Linda Buck 403-249-4818, ext. 0  
office@Protomartyr.ca

### **Sacramental Coordinator:**

Kim Bombak  
Sacraments@Protomartyr.ca

### **Communications Coordinator:**

Mirna Farahat  
coordinator@Protomartyr.ca

## **HALL RENTAL INQUIRIES**

Maria Dwulit, cell: 403-816-5610,  
email: Hall@Protomartyr.ca

## **HALL & KITCHEN**

403-249-4818, ext. 6

**Kontakion, Tone 6:** When you had fulfilled Your plan for us\* and united things on earth with those in heaven,\* You ascended in glory, O Christ our God,\* in no way distant, but remaining in separable,\* You cried to those who love You:\* I am with You and there is none against you.

### **Prokeimenon, Tone 4**

Blessed are You, Lord God of our fathers, and praised and glorified is Your Name forever.

**verse:** For You are righteous in everything that You have done to us. (*Daniel 3:26,27*)

### **Epistle—Acts 20:16-18, 28-36**

*A reading from the Acts of the Apostles.*

In those days, Paul had decided to sail past Ephesus, so that he would not have to spend time in Asia; for he was hurrying to be at Jerusalem, if possible, on the Day of Pentecost.

From Miletus he sent to Ephesus and called for the elders of the church. And when they had come to him, he said to them: "You know, from the first day that I came to Asia, in what manner I always lived among you. "Therefore take heed to yourselves and to all the flock, among which the Holy Spirit has made you overseers, to shepherd the church of God which He purchased with His own blood. For I know this, that after my departure savage wolves will come in among you, not sparing the flock. Also from among yourselves men will rise up, speaking perverse things, to draw away the disciples after themselves. Therefore watch, and remember that for three years I did not cease to warn everyone night and day with tears.

"So now, brethren, I commend you to God and to the word of His grace, which is able to build you up and give you an inheritance among all those who are sanctified. I have coveted no one's silver or gold or apparel. Yes, you yourselves know that these hands have provided for my necessities, and for those who were with me. I have shown you in every way, by laboring like this, that you must support the weak. And remember the words of the Lord Jesus, that He said, 'It is more blessed to give than to receive.'"

And when he had said these things, he knelt down and prayed with them all.

### **Alleluia, Tone 1**

**verse:** The God of gods, the Lord, spoke and summoned the earth from the rising of sun to its setting.

**verse:** Gather to Him His devout ones, who with sacrifice make covenant with Him. (*Psalm 49:1,5*)

### **Gospel—John 17:1-13**

At that time, Jesus lifted up His eyes to heaven, and said: "Father, the hour has come. Glorify Your Son, that Your Son also may glorify You, as You have given Him authority over all flesh, that He should give eternal life to as many as You have given Him. And this is eternal life, that they may know You, the only true God, and Jesus Christ whom You have sent. I have glorified You on the earth. I have finished the work which You have given Me to do. And now, O Father, glorify Me together with Yourself, with the glory which I had with You before the world was.

"I have manifested Your name to the men whom You have given Me out of the world. They were Yours, You gave them to Me, and they have kept Your word. Now they have known that all things which You have given Me are from You. For I have given to them the words which You have given Me; and they have received *them*, and have known surely that I came forth from You; and they have believed that You sent Me.

"I pray for them. I do not pray for the world but for those whom You have given Me, for they are Yours. And all Mine are Yours, and Yours are Mine, and I am glorified in them. Now I am no longer in the world, but these are in the world, and I come to You. Holy Father, keep through Your name those whom You have given Me, that they may be one as We *are*. While I was with them in the world, I kept them in Your name. Those whom You gave Me I have kept; and none of them is lost except the son of perdition, that the Scripture might be fulfilled. But now I come to You, and these things I speak in the world, that they may have My joy fulfilled in themselves."

### **Hymn to the Mother of God**

O my soul, magnify the Lord who in glory ascended bodily into the heavens.

O Mother of God,\* you transcended both mind and word,\* and in time, ineffably bore the Timeless One:\* it is you who, with one accord,\* we, the faithful, magnify.

### **Communion Hymn**

Praise the Lord from the heavens;\* praise Him in the highest. (*Psalm 148:1*)\* Rejoice in the Lord, O you just;\* praise befits the righteous. (*Psalm 32:1*) Alleluia, alleluia,\* alleluia.

**Instead of** We have seen the true light **and** Let our mouths be filled **we sing:**

Be exalted, O God, above the heavens, above all the earth be Your glory.



## Sunday Divine Liturgy Livestreaming at 10:05 am

<https://youtu.be/jwg0DC481ml>

Through the direction of Bishop David, and in consultation with the Parish Pastoral Council, we will be discontinuing our Sunday Divine Liturgy Live-Stream to correspond with the Eucharistic Dispensation lifting on Pentecost, June 5<sup>th</sup>.

Our last Live-Streamed Sunday Liturgy will be May 29<sup>th</sup>.

Fr. Michael's Homilies will still be available on YouTube: <https://tinyurl.com/yc2ehe96>



### LITURGY HELPERS

#### MAY 29

##### EPISTLE READERS

8:30 am Jo-Anne Heuser  
10:30 am Josie Demchuk

##### HOSTS/USHERS

8:30 am Jo-Anne Heuser  
Val Strashok  
10:30 pm Josie Demchuk  
Nettie Kost

**ROSARY** 10am UCWLC

#### JUNE 5

##### EPISTLE READERS

8:30 am UCWLC  
10:30 am UCWLC

##### HOSTS/USHERS

8:30 am UCWLC  
UCWLC  
10:30 pm UCWLC  
UCWLC

**ROSARY** 10am UCWLC



### DIVINE LITURGY INTENTIONS

#### Saturday, May 28:

- ❖ 4:00pm – Confessions
- ❖ 5:00pm – for the intentions and needs of all parishioners

#### Sunday, May 29:

- ❖ 8:30am – for peace and comfort for Rose Rautio and family
- ❖ 10:30am – for the repose of the soul of +Verna Rawlyk and peace and comfort to Donna and Stephen Chelack and family

#### Wednesday, June 1:

- ❖ 9:00am – in memory of the repose of the souls of +Joseph and +Maria Dobish

#### Thursday, June 2:

- ❖ 9:00am – in memory of the repose of the souls of +Jerry and +David Jumaga

#### Saturday, June 4:

- ❖ 9:00am – Blessing of the Graves – Mountain View
- ❖ 11:00am – Blessing of the Graves – St. Mary's
- ❖ 1:00pm – Blessing of the Graves – Eden Brook
- ❖ 3:00pm – Blessing of the Graves – Queen's Park
- ❖ 4:00pm – NO Confessions
- ❖ 5:00pm – for the intentions and needs of all parishioners

#### Sunday, June 5: PENTECOST

- ❖ 8:30am – for the repose of the soul of +Verna Rawlyk and peace and comfort to Donna and Stephen Chelack and family
- ❖ 10:30am – for good health and wellbeing for Lorne Nicholas Woychyschyn

## Children of God

### THE ASCENSION OF OUR LORD



*When You came down from heaven to things on earth, and as God raised up with You Adam's nature which lay below in the prison of Hades, You brought it to heaven by Your Ascension, O Christ, and made it sit with You on Your Father's throne, for You are merciful and love mankind. (Matins of the Ascension, Kathisma)*

Someone once asked me why the Feast of the Ascension is not a fast day. Perplexed, I inquired why he thought such a feast should be a fast day. He replied, "Because the Lord left humanity on this day, so surely it is a day of sorrow." This misses the point of the significance of the Ascension, which is not about Christ leaving the world, but rather about Him raising us up to the heavenly Father.

In ascending to God, our Lord took with Him our human nature, which He assumed for our salvation. Because He shares in our humanity, we share in His divinity; He is the first to ascend to God the Father in the flesh, thus paving the way for all of us:

"I go to prepare a place for you. And if I go and prepare a place for you, I will come again and receive you to Myself; that where I am, *there* you may be also." (John 14:2-3)

If the purpose of the Incarnation is for Christ to restore us to the image and likeness of God, then this work is completed in the Ascension. As St. Paul writes:

He who descended is also the One who ascended far above all the heavens, that He might fill all things. (Eph. 4:9-10)

In the Ascension the divine destination of humanity is made clear. Our Lord plans not only to restore us to our former dignity and to the earthly paradise that was lost, but to raise us up to heaven: He grants us something even greater than what we had before the Fall.

To be truly human is to be a child of God. Therein lies the significance of the work Christ came to do. Having become our brother, the Son of God made us children of His Father:

"I am ascending to My Father and your Father, and to My God and your God." (John 20:17)

Unlike other animals, human beings have a divine vocation. We cannot be fully human if we do not recognize and respond to that vocation. Since we know that our true home and destination is the throne of God, let our minds and hopes be fixed not on the earth, but on heaven above:

*Abandoning on earth the things of the earth, leaving to the dust the things of the dust, let us now come to our senses and lift up our eyes and minds. O mortals, let our sight and all our senses fly to the gates of heaven. (Matins of the Ascension, Ikos)*

## UCWLC Recognition Day - May 29<sup>th</sup>



St. Stephen's celebrates UCWLC work in the Parish, community, social Justice, spiritual growth and involvement in most committees which reflects the commitment that the Ladies League nurtures. Prayers and thanks to all the Members and to those who have passed. These ladies were and are the building blocks of our League. In partnership with other organizations we built St. Stephen's through prayer, worship, community, hard work and enjoyment.

We continue to nurture and grow with the changes in technology and society but stay true to the work of Jesus and his Blessed Mother, the Blessed Virgin Mary. We welcome St. Stephen's young women to be part of this organization so we can meet the challenges of today and the future. On May, 29<sup>th</sup> call a member in the League and let them share their experiences in this walk of service. Many joyful times and great experiences to share.

# SUPPORT UKRAINE

### Donate Online

Use the QR code to donate online to the URSP through the Calgary Foundation. Tax receipts will be issued immediately for any amounts of \$25 and over.



SCAN ME

### Cheque or Cash

You can also donate to URSP by mailing a cheque to St. Stephen Protomartyr Ukrainian Catholic Church, 4903 45 St SW Calgary AB T3E 3W5. Make cheques payable to "St Stephen's".

Cash donations can also be made at the office or in the collection plate.

### Volunteers Needed!

One initiative of St. Stephen's Ukraine Support Committee is to provide an opportunity for all parishioners to participate in providing important social support to any Ukrainian evacuees who may turn to us for assistance. Social support will be necessary for those, mainly women often with children, who find themselves in a strange country and culture having lost all their support mechanisms and incurred personal trauma. Husbands, fathers and extended family members have been left behind.

Social support is a ministry of accompaniment. It can be someone to turn to for advice or just to have a contact to talk to. It may involve assisting with transportation to appointments, or grocery shopping. It may be just having a friend.

We look to developing a roster of volunteers, indicating how they may be able to help in this very important function. Ukrainian language skills may be helpful but are not essential and should not hinder participation. If interested, please fill out this form : <https://tinyurl.com/4yurw62d>



### Welcome Day for Children from Ukraine

We invite children up to the age of 15 to a welcome event  
on Saturday June 4 from 3 - 6 pm  
at ABVM Church parish hall, 704 6<sup>th</sup> St NE  
This is a free of charge family event  
Advance registration required  
[to register](#) use the QR code below



St.  
Stephen's



Meetings will resume on Tuesday May 31, 2022. As usual, card games will begin at 11:00 am, and lunch will be served at 12:00 noon. There will be a short meeting after lunch. Lunch will be provided. For additional information contact Ed Tysowski at (403) 547-3226 or [tysow@shaw.ca](mailto:tysow@shaw.ca)

**Thank you to all that supported the UCWLC  
Growing Smiles plant fundraiser for Ukraine!**

Please pick up your orders from

**St. Stephen's 'Classroom 1' next weekend:**

Saturday, June 4: 9am-2pm

Sunday, June 5: 9am-1pm



**Maria Dwulit**

For organizing  
the Dinner Fundraiser for Ukraine!