

# ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

MAY 8<sup>TH</sup>, 2022



**Address:**  
4903 – 45<sup>th</sup> Street S.W.  
Calgary, Alberta T3E 3W5 Canada

**Office Hours**  
Mon-Thurs 9:00am -2:00pm

**Telephone:**  
403-249-4818, press 0

**Pastoral Emergencies:**  
403-249-4818, press 9

**Email:**  
Office@Protomartyr.ca  
Coordinator@Protomartyr.ca

**Parish Website:**  
[www.saintstephencalgary.ca](http://www.saintstephencalgary.ca)

**Parish Calendar:**  
[www.saintstephencalgary.ca/calendar1.html](http://www.saintstephencalgary.ca/calendar1.html)

**Facebook:**  
<https://www.facebook.com/protomartyr.ca>

**Eparchy Website:**  
[www.edmontoneparchy.com](http://www.edmontoneparchy.com)

## **DIVINE LITURGIES:**

**Sunday Services:**  
8:30 am—Ukr/Eng  
10:05—Rosary  
10:30 am – English  
(live-streamed on Facebook &  
[www.saintstephencalgary.ca/](http://www.saintstephencalgary.ca/))

## **Weekday Services:**

**Wednesdays & Thursdays** at 9:00am  
**Saturdays**  
4:00 pm Confessions  
5:00 pm Vespers

## **Fourth Sunday after Pascha - Sunday of the Paralytic.**

The Holy Apostle and Evangelist John the Theologian;  
Our Venerable Father Arsenius the Great (408-50); Arsenius the Great (450)

*After the priest has exclaimed, Blessed be the Kingdom... and the people have responded, Amen, the clergy sing the Paschal Troparion once and the people repeat it. Then, the clergy sing the first half, and the people conclude it.*

### **Paschal Troparion**

Christ is risen from the dead,\* trampling death by death,\* and to those in the tombs\* giving life.

### **Troparia and Kontakia**

**Troparion, Tone 3:** Let the heavens be glad, let the earth rejoice,\* for the Lord has done a mighty deed with His arm.\* He trampled death by death. He became the first-born of the dead;\* He saved us from the abyss of Hades\* and granted great mercy to the world.

**Troparion, Tone 2:** O beloved apostle of Christ our God,\* hasten, deliver a people without defense.\* He who received you when you leaned upon His breast accepts you as you bow in prayer.\* Implore Him, O Theologian, to scatter the cloud of nations that besets us,\* asking peace and great mercy.

**Kontakion, Tone 3:** Lord, as of old You raised the Paralytic,\* lift my soul by Your divine presence,\* for by many sins and foolish actions,\* I, too, am now afflicted and crippled.\* Raise me, that being saved I may cry to You:\* Glory to Your power, O merciful Christ.

Glory be to the Father, and to the Son, and to the

Holy Spirit.

**Kontakion, Tone 8:** Though You descended into a tomb, O Immortal One,\* yet You destroyed the power of Hades;\* and You rose as victor, O Christ God,\* calling to the myrrh-bearing women: Rejoice! \* and giving peace to Your Apostles:\* You, who grant Resurrection to the fallen."

Now and for ever and ever. Amen.

**Kontakion, Tone 2:** O virgin apostle, who can recount your mighty works? For you pour out wonders and healings\* and you pray for our souls as Theologian and friend of Christ.

### **Prokeimenon, Tone 1**

Let Your mercy, O Lord, be upon us, as we have hoped in You.

**verse:** Rejoice in the Lord, O you just; praise befits the righteous. (Psalm 32:22,1)

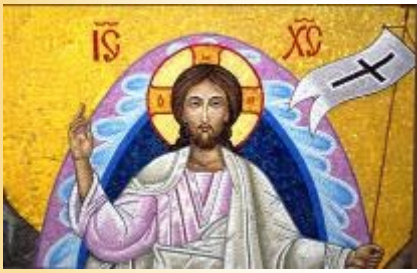
### **Prokeimenon, Tone 8**

Their utterance has gone forth into all the earth, and their words unto the ends of the world. (Psalm 18:5)

### **Epistle—Acts 9:32-42; 1 John 1:1-7**

A reading from the Acts of the Apostles.

In those days, as Peter went through all parts of the country, that he also came down to the saints who dwelt in Lydda. There he found a certain man



## **HOLY MYSTERIES**

### **CONFESSION:**

Saturdays 5:00 to 5:45 pm  
or by Appointment  
403-249-4818, ext. 2

### **MARRIAGE, BAPTISM-CHRISMATION- EUCCHARIST, FUNERALS :**

Arrangements with the Pastor  
403-249-4818, ext. 2

### **ANOINTING OF THE SICK:**

For emergencies call  
403-249-4818, ext. 9

### **DIVINE LITURGY INTENTIONS :**

Arrangements with the office

## **CLERGY & RELIGIOUS**

### **Pastor :**

Fr. Michael Bombak  
FatherMichael@Protomartyr.ca  
Office:403-249-4818, ext. 2

### **Pastor, St. Basil's Melkite Greek Catholic Church**

Pastor: Fr. Samer Naaman  
403-249-4818, ext. 3  
stbasilmelkitecalgary@gmail.com  
Facebook: St Basils Melkite Greek  
Catholic Church Calgary

## **PARISH OFFICE**

### **Office Administrator:**

Linda Buck 403-249-4818, ext. 0  
office@Protomartyr.ca

### **Sacramental Coordinator:**

Kim Bombak  
Sacraments@Protomartyr.ca

### **Communications Coordinator:**

Mirna Farahat  
coordinator@Protomartyr.ca

## **HALL RENTAL INQUIRIES**

Maria Dwulit, cell: 403-816-5610,  
email: Hall@Protomartyr.ca

## **HALL & KITCHEN**

403-249-4818, ext. 6

named Aeneas, who had been bedridden eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus the Christ heals you. Arise and make your bed." Then he arose immediately. So all who dwelt at Lydda and Sharon saw him and turned to the Lord.

At Joppa there was a certain disciple named Tabitha, which is translated Dorcas. This woman was full of good works and charitable deeds which she did. But it happened in those days that she became sick and died. When they had washed her, they laid *her* in an upper room. And since Lydda was near Joppa, and the disciples had heard that Peter was there, they sent two men to him, imploring *him* not to delay in coming to them. Then Peter arose and went with them. When he had come, they brought *him* to the upper room. And all the widows stood by him weeping, showing the tunics and garments which Dorcas had made while she was with them. But Peter put them all out, and knelt down and prayed. And turning to the body he said, "Tabitha, arise." And she opened her eyes, and when she saw Peter she sat up. Then he gave her *his* hand and lifted her up; and when he had called the saints and widows, he presented her alive. And it became known throughout all Joppa, and many believed on the Lord.

### **Alleluia, Tone 1**

*verse:* Of Your mercies, O Lord, I will sing forever; with my mouth I will proclaim Your truth from generation to generation.

*verse:* For You have said, "Mercy will be established forever." (Psalm 32:22,1)

*verse:* The heavens shall confess our wonders, O Lord, and Your truth in the church of the saints. (Psalm 88:6)

### **Gospel—John 5:1-15; John 19:25-27; 21:24-25**

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, which is called in Hebrew, Bethesda, having five porches. In these lay a great multitude of sick people, blind, lame, paralyzed, waiting for the moving of the water. For an angel went down at a certain time into the pool and stirred up the water; then whoever stepped in first, after the stirring of the water, was made well of whatever disease he had. Now a certain man was there who had an infirmity thirty-eight years. When Jesus saw him lying there, and knew that he already had been *in that condition* a long time, He said to him, "Do you want to be made well?"

The sick man answered Him, "Sir, I have no man to put me into the pool when the water is stirred up; but while I am coming, another steps down before me." Jesus said to him, "Rise, take up your bed and

walk." And immediately the man was made well, took up his bed, and walked.

And that day was the Sabbath. The Jews therefore said to him who was cured, "It is the Sabbath; it is not lawful for you to carry your bed."

He answered them, "He who made me well said to me, 'Take up your bed and walk.'"

Then they asked him, "Who is the Man who said to you, 'Take up your bed and walk'?" But the one who was healed did not know who it was, for Jesus had withdrawn, a multitude being in *that* place. Afterward Jesus found him in the temple, and said to him, "See, you have been made well. Sin no more, lest a worse thing come upon you."

The man departed and told the Jews that it was Jesus who had made him well.

### **Hymn to the Mother of God**

The Angel cried out to the One full of Grace: O chaste Virgin, rejoice! And again I say, Rejoice! Your Son has risen from the tomb on the third day, and raised the dead. Let all people rejoice! Shine, shine, O new Jerusalem, for the glory of the Lord has risen upon you! Exult now and be glad, O Sion! And you, O chaste Mother of God, take delight in the resurrection of your Son.

### **Communion Hymn**

Receive the Body of Christ;\* taste the fountain of immortality.\* Praise the Lord from the heavens; praise Him in the highest (Psalm 148:1).\* Their utterance has gone forth into all the earth,\* and their words unto the ends of the world.\* Alleluia, alleluia,\* alleluia. (Psalm 18:5)

*Instead of* Blessed is He Who comes... *we sing:*

Christ is risen from the dead,\* trampling death by death,\* and to those in the tombs\* giving life.

*Instead of* We have seen the true light... *we sing:*

Christ is risen from the dead,\* trampling death by death,\* and to those in the tombs\* giving life.

*Instead of* May our mouths be filled... *we sing three times:*

Christ is risen from the dead,\* trampling death by death,\* and to those in the tombs\* giving life.

*Instead of* Blessed be the name of the Lord... *we sing three times:*

Christ is risen from the dead,\* trampling death by death,\* and to those in the tombs\* giving life.

*At the dismissal, instead of* Glory be to the Father and the Son and the Holy Spirit, now and forever and ever. Amen. *we chant:*

Christ is risen from the dead,\* trampling death by death,\* and to those in the tombs\* giving life.

*After the final Amen, the Troparion* Christ is risen *is sung as at the beginning of the Liturgy, but with the addition:*

And to us He has granted life eternal;\* we bow down before His resurrection on the third day.

*Sunday Divine Liturgy Livestreaming at 10:05 am*

<https://youtu.be/2dTJCh5pbXI>





## LITURGY HELPERS

**MAY 8**

### EPISTLE READERS

8:30 am Gerald Strashok  
10:30 am Josie Demchuk  
5:00 pm Vacant

### HOSTS/USHERS

8:30 am Val Strashok  
Maria Pilipowicz  
10:30 pm Josie Demchuk  
UCWLC  
5:00 pm Bernadette Lukey  
Evangeline Lejan

**ROSARY** 10am Teri Macken

**MAY 15**

### EPISTLE READERS

8:30 am UCWLC  
10:30 am UCWLC  
5:00 pm UCWLC

### HOSTS/USHERS

8:30 am UCWLC  
UCWLC  
10:30 pm UCWLC  
UCWLC  
5:00 pm UCWLC

**ROSARY** 10am UCWLC



## DIVINE LITURGY INTENTIONS

**Saturday, May 7:**

- ❖ 4:00pm – Confessions
- ❖ 5:00pm – for the intentions and needs of all parishioners

**Sunday, May 8: MOTHER'S DAY**

- ❖ 8:30am – in memory of the repose of the soul of +Genevieve Breynty
- ❖ 10:30am – for the repose of the souls of +Julian Sanchez Amador, +Eustacio Sanchez Munoz and +Zofia Glab
- ❖ 5:00pm – NO DIVINE LITURGY

**Wednesday, May 11:**

- ❖ 9:00am – in memory of the repose of the souls of +Anna and +Nikolas Jumaga

**Thursday, May 12:**

- ❖ 9:00am – for the repose of the soul of +Conrad Hryhoryshyn

**Saturday, May 14:**

- ❖ 4:00pm – Confessions
- ❖ 5:00pm – for the intentions and needs of all parishioners

**Sunday, May 15:**

- ❖ 8:30am – for the repose of the soul of +Andrie Parkasewych
- ❖ 10:30am – for health and God's blessings for Diane and Craig Green

## St Stephen's UCWLC Scholarship for \$1000 Guidelines



- Eligibility : A daughter or granddaughter of a St Stephen's UCWLC Member who will be attending an undergraduate Post Secondary program. (E.g.) University, College, Apprenticeship, Technical School or Specialized program (Cosmetology, Hairdresser, Secretarial, etc....)
- Age of applicant will be 16 to 24.
- Include a resume
- Reasons for the choice and location of the Post Secondary School.
- Include a description of your Parish, Community and School Involvement .
- Explain your Financial Need to receive this scholarship.
- Include a reference letter.
- Submit to UCWLC scholarship committee
- **Deadline is May 12, 2022**

## FUNDRAISER FOR UKRAINE

**Sunday, May 15, 2022 at 3:00 pm**

at St. Stephen Cultural Centre

DELICIOUS MEAL AND A UKRAINIAN DANCE GROUP FOR A CAUSE!

CATERING : MAGDA'S KITCHEN

(CAESAR SALAD, CHICKEN BREAST, GREEN BEANS, CARROTS, BEETS OR COLESLAW, DESSERT, COFFEE AND TEA)

**Cost: \$50 /person**

**TICKET SALES:**

Maria: 403-816-5610

Ambrose: 403-862-3269

Linda : 403-249-4818 (ettransfer & Credit card)



## Sandwich and Snack Sunday

**May 8th, 2022**

UCWLC request parish members and families to participate in supporting the "Street Sisters" who are in need of 65 lunches.

**WHAT is NEEDED?** A loaf of sandwiches, ONLY peanut butter and jam/jelly, Cheeze Whiz or Nutella. Pack each sandwich in individual sandwich bags. **ALSO:** granola bars, juice boxes, bottled water, bags of apples or oranges and fruit cups. For further information contact Katherine Letwin 403-922-9768 Cell/Text



## A Prayer for Mothers on mother's day

Mary, Mother of Jesus, we ask you on this Mother's day to pray for our own dear mothers. May your Son, Jesus, reward them for all the care they have so lovingly given us over the years. May He give them peace of heart for all the time they have soothed us in times of trouble or failure.

May Jesus give them joy of spirit for all the times they have healed our wounds and wiped away our tears. We ask you, Mary, on this day when we honor and praise our mothers for their unconditional love and care that Jesus might bestow upon them His peace and blessings and His deepest love. AMEN

# BLESSING OF THE GRAVES

## REVISED:

JUNE 4: 9am – Mountain View Funeral Home  
11am – St. Mary Cemetery  
1pm – Eden Brook Memorial  
3pm – Queen's Park Cemetery

Please call the office if you plan to attend @ 403-249-4818 ext 0

## Candle Maintenance Volunteers

The parish needs volunteers to replace candles in the candle holders under the icon of Mary.  
If you are interested in serving or would like additional information, please contact:

**Len Beblow:** lenbeblow@icloud.com or (403) 589-2086  
**Phyllis Kozak:** pjkozak@shaw.ca or (403) 246-5640



## SUMMER STUDENT EMPLOYMENT

Our Property Management team is planning to hire two students for the coming summer to help out with maintenance jobs around the parish property. This is a great opportunity for our young parishioners to help out at their church while gaining some practical work experience.

The work will include general maintenance, cleaning, painting, landscaping and occasional office administration support.

### Applicant Eligibility:

- must be attending high school or post-secondary and planning to return to school in the fall
- available to work part-time (about 20 hrs per week) from June to end of August.

if interested, please email your resume to: **Andy Sakundiak, Director - Property Management** at [PropertyMgmt@protomartyr.ca](mailto:PropertyMgmt@protomartyr.ca)

All resumes must be submitted by Wednesday May 25 for consideration.



Volunteers needed for the upcoming Men's Dinner on Friday June 3, 2022. Sign up sheets are posted in the atrium.

Please consider volunteering your time for this important fundraising event; many hands are needed to make this event a success. Lunch will be provided. If you have any questions, please contact **Jo-Anne Heuser** at 403-978-9724 OR **Nettie Kost** 403 829 3235, [nettiekost@gmail.com](mailto:nettiekost@gmail.com)

- **Monday May 9th:** Perogy Prep 9am
- **Tuesday, May 10th:** Perogy Pinching - 9am till 1
- **Monday May 16th:** Perogy Prep 9 am
- **Tuesday, May 17th:** Perogy Pinching - 9 am till 1
- **Wednesday June 1st:** Cabbage roll making 9 am till 1

## UCWLC Meeting



We invite all UCWLC member's to attend an in person meeting in the hall on Thursday May 12, 2022. Meeting will begin at 7:00 pm. We cannot wait to see you all again. For further information please do not hesitate to contact: **Val Strashok** email: [trash2@shaw.ca](mailto:trash2@shaw.ca) phone 403-256-2693 or **Larysa Gellela** [lgellela@telus.net](mailto:lgellela@telus.net) phone: 403-993-7858. Blessings to you all.

## Fundraiser for St. Nicholas pastor Fr. Yuriy and his family

Saint Nicholas Ukrainian Church Rectory, Victoria, was the target of an arsonist early Wednesday morning April 20, 2022. Saint Nicholas parish has organized a fundraising page through Canada Helps.

Please consider donating to :

<https://tinyurl.com/2khxmf9>

Details can be found **HERE** : <https://tinyurl.com/5xev9zz5>

Please keep Fr Yuriy and his family in your prayers.



## Raising funds in support of Catholic Education

May 27th, 2022 from 6:00 pm to 10:00 pm  
at Hotel Arts

**Co-chairs:** Dr. Lucy Millerand and Mrs. Linda Woitas

**For tickets and more information visit :**

[THECCEF.CA/GALA](http://THECCEF.CA/GALA)

## FUNDRAISING EVENT

UCWLC is fundraising for UKRAINE by selling vegetable plants, hanging baskets, herbs, and much more from Growing Smiles Fundraising (Canadian Company BC).

- To view items: Visit: <https://ssucwlc.growingsmilesfundraising>
- Name: St. Stephens UCWLC
- **Deadline to purchase May 19, 2022**
- Pick Up on June 4-5, 2022
- Cheques or Cash maybe given to UCWL Executive
- On-line purchases are recommended usir credit card or E-transfer





# Ukraine Support – Volunteers Needed!

One initiative of St. Stephen's Ukraine Support Committee is to provide an opportunity for all parishioners to participate in providing important social support to any Ukrainian evacuees who may turn to us for assistance. Social support will be necessary for those, mainly women often with children, who find themselves in a strange country and culture having lost all their support mechanisms and incurred personal trauma. Husbands, fathers and extended family members have been left behind.

Social support is a ministry of accompaniment. It can be someone to turn to for advice or just to have a contact to talk to. It may involve assisting with transportation to appointments, or grocery shopping. It may be just having a friend.

We look to developing a roster of volunteers, indicating how they may be able to help in this very important function. Ukrainian language skills may be helpful but are not essential and should not hinder participation. If interested, please contact Allan Oryschak at [aoryschak@gmail.com](mailto:aoryschak@gmail.com)



The Calgary Friends of the Ukrainian Catholic University (UCU) is hosting a national virtual fundraiser on Wednesday, May 11 at 6:00 pm in support of the Adopt a Student campaign. This initiative supports UCU students who have lost the ability to pay tuition.

Without a lifeline, 1,900 students will be unable to continue their studies, and the University and its Seminary, dependant solely on tuition payments and the support of donors, will be unable to continue to operate. Learn more about this urgent need.

Attend our virtual event. Registration is free. Help keep UCU Strong. Complete registration and donations online at

<https://ucef.ca/>.

**Online fundraiser Wednesday, May 11, 2020 /6 p.m MT**



## Moleben

for the Sanctity of the Human Life

Join us for prayers for the protection of the preborn!

A joint prayer service with Assumption parish will take place at St. Stephen's Parish this Thursday, May 12<sup>th</sup> 7 PM.