

ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

MAY 1ST, 2022



Address:
4903 – 45th Street S.W.
Calgary, Alberta T3E 3W5 Canada

Office Hours
Mon-Thurs 9:00am -2:00pm

Telephone:
403-249-4818, press 0

Pastoral Emergencies:
403-249-4818, press 9

Email:
Office@Protomartyr.ca
Coordinator@Protomartyr.ca

Parish Website:
www.saintstephencalgary.ca

Parish Calendar:
[www.saintstephencalgary.ca/
calendar1.html](http://www.saintstephencalgary.ca/calendar1.html)

Facebook:
[https://www.facebook.com/
protomartyr.ca](https://www.facebook.com/protomartyr.ca)

Eparchy Website:
www.edmontoneparchy.com

DIVINE LITURGIES:

Sunday Services:
8:30 am—Ukr/Eng
10:05—Rosary
10:30 am—English
(live-streamed on Facebook &
www.saintstephencalgary.ca/)
5:00 pm—English

Weekday Services:

Wednesdays & Thursdays at 9:00am
Saturdays
5:00 pm Confessions
6:00 pm Vespers

Third Sunday after Pascha.

Sunday of the Myrrh-Bearing Women. Octoechos Tone 2. The Holy Prophet Jeremiah (625-585 BC); Coronation of Pochaiv Icon of the Mother of God (1773); Passing into Eternal Life (1951) of Blessed Klymentii (Clement) Sheptytsky, Archimandrite of the Studites and Confessor

After the priest has exclaimed, Blessed be the Kingdom... and the people have responded, Amen, the clergy sing the Paschal Troparion once and the people repeat it. Then, the clergy sing the first half, and the people conclude it.

Paschal Troparion

Christ is risen from the dead,* trampling death by death,* and to those in the tombs* giving life.

Troparia and Kontakia

Troparion, Tone 2: When You went down to death, O Life Immortal,* You struck Hades dead with the blazing light of Your divinity.* When You raised the dead from the nether world,* all the powers of heaven cried out:* “O Giver of Life, Christ our God, glory be to You!”

Troparion, Tone 2: The noble Joseph took down Your most pure body from the tree.* He wrapped it with a clean shroud and aromatic spices* and placed it in a new tomb.* But on the third day You arose, O Lord,* granting the world Your great mercy.

Glory be to the Father, and to the Son, and to the Holy Spirit.

Kontakion, Tone 2: You commanded the myrrh-bearers to rejoice, O Christ God,* and ended the grief of our mother Eve by Your Resurrection.* You ordered the apostles to proclaim to all:* “The Saviour is risen from the tomb.”

Now and for ever and ever. Amen.

Kontakion, Tone 8: Though You descended into a

tomb, O Immortal One,* yet You destroyed the power of Hades;* and You rose as victor, O Christ God,* calling to the myrrh-bearing women: Rejoice!* and giving peace to Your Apostles:* You, who grant Resurrection to the fallen.

Prokeimenon, Tone 6

Save Your people, O Lord, * and bless Your inheritance.

verse: Unto You I will cry, O Lord, my God, lest You turn from me in silence. (*Psalms 27:9,1*)

Epistle—Acts 6:1-7

A reading from the Acts of the Apostles.

In those days, when the number of the disciples was multiplying, there arose a complaint against the Hebrews by the Hellenists, because their widows were neglected in the daily distribution. Then the twelve summoned the multitude of the disciples and said, “It is not desirable that we should leave the word of God and serve tables. Therefore, brethren, seek out from among you seven men of good reputation, full of the Holy Spirit and wisdom, whom we may appoint over this business; but we will give ourselves continually to prayer and to the ministry of the word.”

And the saying pleased the whole multitude. And they chose Stephen, a man full of faith and the Holy Spirit, and Philip, Prochorus, Nicanor, Timon, Parmenas, and Nicolas, a proselyte from Antioch, whom they set before the apostles; and when they had prayed, they laid hands on them.



HOLY MYSTERIES

CONFESSION:

Saturdays 5:00 to 5:45 pm
or by Appointment
403-249-4818, ext. 2

MARRIAGE, BAPTISM-CHRISMATION-EUCHARIST, FUNERALS :

Arrangements with the Pastor
403-249-4818, ext. 2

ANointing of the Sick:

For emergencies call
403-249-4818, ext. 9

DIVINE LITURGY INTENTIONS :

Arrangements with the office

CLERGY & RELIGIOUS

Pastor :

Fr. Michael Bombak
FatherMichael@Protomartyr.ca
Office:403-249-4818, ext. 2

Pastor, St. Basil's Melkite Greek Catholic Church

Pastor: Fr. Samer Naaman
403-249-4818, ext. 3
stbasilmelkitecalgary@gmail.com
Facebook: St Basils Melkite Greek Catholic Church Calgary

PARISH OFFICE

Office Administrator:

Linda Buck 403-249-4818, ext. 0
office@Protomartyr.ca

Sacramental Coordinator:

Kim Bombak
Sacraments@Protomartyr.ca

Communications Coordinator:

Mirna Farahat
coordinator@Protomartyr.ca

HALL RENTAL INQUIRIES

Maria Dwulit, cell: 403-816-5610,
email: Hall@Protomartyr.ca

HALL & KITCHEN

403-249-4818, ext. 6

Then the word of God spread, and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith.

Alleluia, Tone 8

verse: You have shown favour to Your land, O Lord; You brought back the captives of Jacob.

verse: Mercy and truth have met; righteousness and peace have embraced. (Psalm 84:2,11)

Gospel—Mark 15:43-16:8

At that time, Joseph of Arimathea, a prominent council member, who was himself waiting for the kingdom of God, coming and taking courage, went in to Pilate and asked for the body of Jesus. Pilate marveled that He was already dead; and summoning the centurion, he asked him if He had been dead for some time. So when he found out from the centurion, he granted the body to Joseph. Then he bought fine linen, took Him down, and wrapped Him in the linen. And he laid Him in a tomb which had been hewn out of the rock, and rolled a stone against the door of the tomb. And Mary Magdalene and Mary the mother of Jesus observed where He was laid.

Now when the Sabbath was past, Mary Magdalene, Mary the mother of James, and Salome bought spices, that they might come and anoint Him. Very early in the morning, on the first day of the week, they came to the tomb when the sun had risen. And they said among themselves, "Who will roll away the stone from the door of the tomb for us?" But when they looked up, they saw that the stone had been rolled away—for it was very large. And entering the tomb, they saw a young man clothed in a long white robe sitting on the right side; and they were alarmed.

But he said to them, "Do not be alarmed. You seek Jesus of Nazareth, who was crucified. He is risen! He is not here. See the place where they laid Him. But go, tell His disciples—and Peter—that He is going before you into Galilee; there you will see Him, as He said to you."

So they went out quickly and fled from the tomb, for they trembled and were amazed. And they said nothing to anyone, for they were afraid.

Hymn to the Mother of God

The Angel cried out to the One full of Grace: O chaste Virgin, rejoice! And again I say, Rejoice! Your Son has risen from the tomb on the third day, and raised the dead. Let all people rejoice! Shine, shine, O new Jerusalem, for the glory of the Lord has risen upon you! Exult now and be glad, O Sion! And you, O chaste Mother of God, take delight in the resurrection of your Son.

Communion Hymn

Receive the Body of Christ;* taste the fountain of immortality.* Praise the Lord from the heavens; praise Him in the highest.* Alleluia, alleluia,* alleluia. (Psalm 148:1)

Instead of Blessed is He Who comes... **we sing:**

Christ is risen from the dead,* trampling death by death,* and to those in the tombs* giving life.

Instead of We have seen the true light... **we sing:**

Christ is risen from the dead,* trampling death by death,* and to those in the tombs* giving life.

Instead of May our mouths be filled... **we sing three times:**

Christ is risen from the dead,* trampling death by death,* and to those in the tombs* giving life.

Instead of Blessed be the name of the Lord... **we sing three times:**

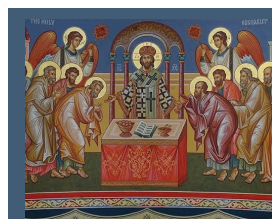
Christ is risen from the dead,* trampling death by death,* and to those in the tombs* giving life.

At the dismissal, instead of Glory be to the Father and the Son and the Holy Spirit, now and forever and ever. Amen. **we chant:**

Christ is risen from the dead,* trampling death by death,* and to those in the tombs* giving life.

After the final Amen, the Troparion Christ is risen **is sung as at the beginning of the Liturgy, but with the addition:**

And to us He has granted life eternal;* we bow down before His resurrection on the third day.



**LITURGY
HELPERS**

MAY 1

EPISTLE READERS

8:30 am Vacant
10:30 am Trudy Nibogie
5:00 pm Vacant

HOSTS/USHERS

8:30 am Bernadette Lukey
Vacant
10:30 pm Vacant
Vacant
5:00 pm Vacant

ROSARY 10am Vacant

MAY 8

EPISTLE READERS

8:30 am Vacant
10:30 am Vacant
5:00 pm Vacant

HOSTS/USHERS

8:30 am Vacant
Vacant
10:30 pm Vacant
Vacant
5:00 pm Vacant

ROSARY 10am Vacant

Sunday Divine Liturgy Livestreaming at 10:05 am
<https://youtu.be/QfSWFYpMYiE>



St Stephen's UCWLC Scholarship for \$1000 Guidelines

- Eligibility : A daughter or granddaughter of a St Stephen's UCWLC Member who will be attending an undergraduate Post Secondary program. (E.g.) University, College, Apprenticeship, Technical School or Specialized program (Cosmetology, Hairdresser, Secretarial, etc....)
- Age of applicant will be 16 to 24.
- Include a resume
- Reasons for the choice and location of the Post Secondary School.
- Include a description of your Parish, Community and School Involvement .
- Explain your Financial Need to receive this scholarship.
- Include a reference letter.
- Submit to UCWLC scholarship committee
- **Deadline is May 12, 2022**



DIVINE LITURGY INTENTIONS

Saturday, April 30:

- ❖ 4:00pm – Confessions
- ❖ 5:00pm – NEW – Vespers
DLiturgy - for a speedy recovery
from illness for Michael
Ostopowich

Sunday, May 1:

- ❖ 8:30am – for the repose of the
soul of +Conception Menjivar
- ❖ 10:30am – for continued comfort
for Rev. Dcn. John Doll
- ❖ 5:00pm – for the repose of the
soul of +Emil Arabsky

Wednesday, May 4:

- ❖ 9:00am – for peace and comfort
for Ken Schnirer & family

Thursday, May 5:

- ❖ 9:00am – in memory of the
repose of the soul of +Ed
Sakundiak

Saturday, May 7:

- ❖ 4:00pm – Confessions
- ❖ 5:00pm – for the intentions and
needs of all parishioners

Sunday, May 8: MOTHER'S DAY

- ❖ 8:30am – in memory of the
repose of the soul of +Genevieve
Breyne
- ❖ 10:30am – for the repose of the
souls of +Julian Sanchez Amador,
+Eustacio Sanchez Munoz and
+Zofia Glab
- ❖ 5:00pm – NO DIVINE LITURGY

Ukraine Support – Volunteers Needed!

One initiative of St. Stephen's Ukraine Support Committee is to provide an opportunity for all parishioners to participate in providing important social support to any Ukrainian evacuees who may turn to us for assistance. Social support will be necessary for those, mainly women often with children, who find themselves in a strange country and culture having lost all their support mechanisms and incurred personal trauma. Husbands, fathers and extended family members have been left behind.

Social support is a ministry of accompaniment. It can be someone to turn to for advice or just to have a contact to talk to. It may involve assisting with transportation to appointments, or grocery shopping.

It may be just having a friend.

We look to developing a roster of volunteers, indicating how they may be able to help in this very important function. Ukrainian language skills may be helpful but are not essential and should not hinder participation. If interested, please contact Allan Oryschak at aoryschak@gmail.com

FUNDRAISER FOR UKRAINE

Sunday, May 15, 2022 at 3:00 pm

at St. Stephen Cultural Centre

DELICIOUS MEAL AND A UKRAINIAN DANCE GROUP FOR A CAUSE!

CATERING : MAGDA'S KITCHEN

(CAESAR SALAD, CHICKEN BREAST, GREEN BEANS, CARROTS, BEETS OR
COLESLAW, DESSERT, COFFEE AND TEA)

Cost: \$50 /person

TICKET SALES:

Maria: 403-816-5610

Ambrose: 403-862-3269

Linda : 403-249-4818 (etransfer &
Credit card)



WE NEED YOUR HELP!

SANDWICH & SNACK SUNDAY

May 8th, 2022

UCWLC request parish members and families to participate in supporting the "Street Sisters" who are in need of 65 lunches.

WHAT is NEEDED? A loaf of sandwiches, ONLY peanut butter and jam/jelly, Cheeze Whiz or Nutella. Pack each sandwich in individual sandwich bags. **ALSO:** granola bars, juice boxes, bottled water, bags of apples or oranges and fruit cups. For further information contact Katherine Letwin 403-922-9768 Cell/Text

CANDLE VOLUNTEERS

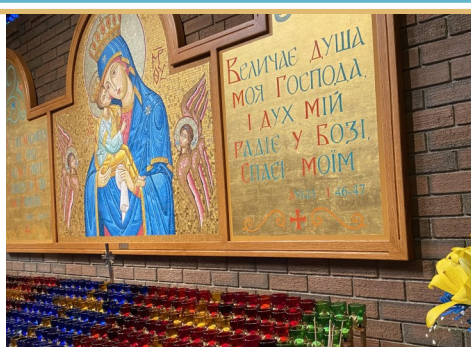
Adeline is holding a "teaching session" for all new candle volunteers to learn the ropes of this important task. If you are new to the job or want to join in on the fun please attend this session.

Date: Saturday, May 7th

Time: 6pm, after the 5pm Vespers Divine Liturgy

Where: In the church

Hope to see you there!



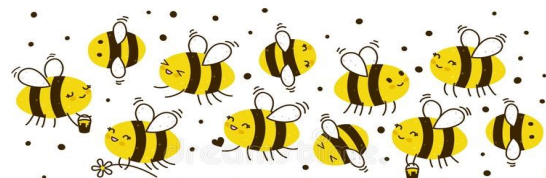
FAMILY Fun Night

Join us for fellowship, supper and fun following the

May 7th Saturday 5 PM Liturgy.

Bring a potluck meal to share and meet new and old friends.
There will be a bouncy castle for children.

All are welcome! More details to follow.



workbees for Men's Dinner

Please consider volunteering for these workbees on these dates:

Monday May 9th: Perogy Prep 9am

Tuesday, May 10th: Perogy Pinching - 9am till 1

Monday May 16th: Perogy Prep 9 am

Tuesday, May 17th: Perogy Pinching - 9 am till 1

Wednesday June 1st: Cabbage roll making 9 am till 1.

Coffee and lunch provided.

Please sign up at church, or let Nettie know by contacting her:

Email nettiekost@gmail.com or phone: 403-829-3235

If someone would like to assist Nettie (co-lead) she would really appreciate the help.

BLESSING OF THE GRAVES

REVISED:

JUNE 4: 9am – Mountain View Funeral Home
11am – St. Mary Cemetery
1pm – Eden Brook Memorial
3pm – Queen's Park Cemetery

Please call the office if you plan to attend @ 403-249-4818 ext 0

Message from Bishop David—

Dispensation from Divine Liturgy attendance

At the outset of the pandemic, a **dispensation from the obligation of attending the Sunday and Feast Day Divine Liturgy** was granted, with the intent of safeguarding the health and well-being of the faithful in the midst of the global pandemic.

With the significant lessening in recent months of pandemic danger both provincially and globally, we are now at a stage where the dispensation can no longer be justified. Accordingly, the **dispensation will be lifted as of Pentecost Sunday, June 5.**

Participation in Divine Liturgy on Sundays, and on Holy Days of Obligation, is a duty that is at once sacred and joyful. It springs from the commandment to keep holy the Sabbath Day. In the Christian tradition, the Sabbath is Sunday, when we celebrate with joy the victory of the Risen Christ over death. Regular celebration of Sunday Divine Liturgy gives to our lives right order, since it places the worship of God before all else and orients us toward our ultimate destiny in Christ.

With you, we rejoice in the return to gathering in person to worship God at Sunday Divine Liturgy, and to living the Sabbath fully with our parish community, family, and friends. It is our hope that the fulfillment of our sacred duty to worship God on Sundays and Holy Days of Obligation will spur us along the path of spiritual renewal.

May the celebration of Pentecost Sunday inspire us to rejoice in worshipping the Lord always. "Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love."

With the removal of the dispensation from Divine Liturgy, we here at St. Stephens will discontinue our Sunday Liturgy and Festal livestreams beginning Pentecost, June 5. We encourage all our parishioners to return to worship in-person.

ADOPT A STUDENT
Keep UCU Strong!

Ukrainian Catholic University
UKRAINIAN CATHOLIC EDUCATION FOUNDATION

The Calgary Friends of the Ukrainian Catholic University (UCU) is hosting a national virtual fundraiser on Wednesday, May 11 at 6:00 pm in support of the Adopt a Student campaign.

This initiative supports UCU students who have lost the ability to pay tuition.

Without a lifeline, 1,900 students will be unable to continue their studies, and the University and its Seminary, dependant solely on tuition payments and the support of donors, will be unable to continue to operate. Learn more about this urgent need.

Attend our virtual event. Registration is free. Help keep UCU Strong. Complete registration and donations online at <https://ucef.ca/>.

Online fundraiser Wednesday, May 11, 2020 /6 p.m MT