



ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

MARCH 20TH, 2022

Address:
4903 – 45th Street S.W.
Calgary, Alberta T3E 3W5 Canada

Office Hours
Mon-Thurs 9:00am -2:00pm

Telephone:
403-249-4818, press 0

Pastoral Emergencies:
403-249-4818, press 9

Email:
Office@Protomartyr.ca
Coordinator@Protomartyr.ca

Parish Website:
www.saintstephencalgary.ca

Parish Calendar:
www.saintstephencalgary.ca/calendar1.html

Facebook:
<https://www.facebook.com/protomartyr.ca>

Eparchy Website:
www.edmontoneparchy.com

DIVINE LITURGIES:

Sunday Services:

8:30 am—Ukr/Eng
10:05—Rosary
10:30 am—English
(live-streamed on Facebook &
www.saintstephencalgary.ca/)
5:00 pm—English

Weekday Services:

Wednesdays & Thursdays at 9:00am
Saturdays
5:00 pm Confessions
6:00 pm Vespers



Third Sunday of the Great Fast: Veneration of the Holy Cross.

Our Venerable Fathers Martyred by the Saracens at the Monastery of St. Sabbas (580-97)

Troparia and Kontakia

Troparion, Tone 2: When You went down to death, O Life Immortal,* You struck Hades dead with the blazing light of Your divinity.* When You raised the dead from the nether world,* all the powers of heaven cried out:* “O Giver of Life, Christ our God, glory be to You!”

Troparion, Tone 1: Save Your people, O Lord, and bless Your inheritance.* Grant victory to Your faithful people against enemies,* and protect Your community by Your cross.

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

Kontakion, Tone 7: No longer does the flaming sword guard the gate of Eden;* the tree of the Cross has quenched its flames gloriously.* The sting of death and the victory of Hades are banished,* and You O my Saviour came and called to those in Hades: “Return again to Paradise!”

Instead of Holy God, we sing:

To Your Cross, O Master,* we bow in veneration,* and we glorify Your holy Resurrection!

Prokeimenon, Tone 6

Save Your people, O Lord, and bless Your inheritance.

verse: Unto You I will cry, O Lord my God, lest You turn from me in silence. (*Psalm 27:9,1*)

Epistle—Hebrews 4:14-5:6

A reading from the Epistle of the Holy Apostle Paul to the Hebrews.

Brothers and sisters, seeing then that we have a great High Priest who has passed through the heavens, Jesus the Son of God, let us hold fast *our* confession. For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all *points* tempted as *we are*, yet without sin. Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.

For every high priest taken from among men is appointed for men in things *pertaining* to God, that he may offer both gifts and sacrifices for sins. He can have compassion on those who are ignorant and going astray, since he himself is also subject to weakness. Because of this he is required as for the people, so also for himself, to offer *sacrifices* for sins. And no man takes this honor to himself, but he who is called by God, just as Aaron was.

So also Christ did not glorify Himself to become High Priest, but *it was* He who said to Him:

“You are My Son, Today I have begotten You.”

As *He* also says in another *place*:

“You *are* a priest forever According to the order of Melchizedek.”



Alleluia, Tone 8

verse: Remember Your congregation which You acquired from the beginning.

verse: But God is our king before the ages; He has wrought salvation in the midst of the earth. (*Psalm 73:2,12*)

Gospel—Mark 8:34-9:1

The Lord said, "Whoever desires to come after Me, let him deny himself, and take up his cross, and follow Me. For whoever desires to save his life will lose it, but whoever loses his life for My sake and the gospel's will save it. For what will it profit a man if he gains the whole world, and loses his own soul? Or what will a man give in exchange for his soul? For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him the Son of Man also will be ashamed when He comes in the glory of His Father with the holy angels."

And He said to them, "Assuredly, I say to you that there are some standing here who will not taste death till they see the kingdom of God present with power."

Hymn to the Mother of God

In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins' pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider than all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

Communion Hymn

Let the light of Your countenance, O Lord* shine upon us.* Alleluia, alleluia,* alleluia. (*Psalm 4:7*)

HOLY MYSTERIES

CONFESSION:

Saturdays 5:00 to 5:45 pm
or by Appointment
403-249-4818, ext. 2

MARRIAGE, BAPTISM-CHRISMATION-EUCHARIST, FUNERALS :

Arrangements with the Pastor
403-249-4818, ext. 2

ANointing of the Sick:

For emergencies call
403-249-4818, ext. 9

DIVINE LITURGY INTENTIONS :

Arrangements with the office

CLERGY & RELIGIOUS

Pastor :

Fr. Michael Bombak
FatherMichael@Protomartyr.ca
Office:403-249-4818, ext. 2

Pastor, St. Basil's Melkite Greek Catholic Church

Pastor: Fr. Samer Naaman
403-249-4818, ext. 3
stbasilmelkitecalgary@gmail.com
Facebook: St Basils Melkite Greek Catholic Church Calgary

PARISH OFFICE

Office Administrator:
Linda Buck 403-249-4818, ext. 0
office@Protomartyr.ca

Sacramental Coordinator:

Kim Bombak
Sacraments@Protomartyr.ca

Communications Coordinator:

Mirna Farahat
coordinator@Protomartyr.ca

HALL RENTAL INQUIRIES

Maria Dwulit, cell: 403-816-5610,
email: Hall@Protomartyr.ca

HALL & KITCHEN

403-249-4818, ext. 6

Sunday Divine Liturgy Livestreaming at 10:05 am

<https://youtu.be/9OMGwgkPL7s>



ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH
LENT AND

EASTER Liturgical Services

<https://tinyurl.com/26v6prdh>



LITURGY HELPERS

MARCH 20

EPISTLE READERS

8:30 am Don Verdonck
10:30 am Glen Kulak
5:00 pm Brad & Karen Swidzinski

HOSTS/USHERS

8:30 am David Ostopowich
Gerald Strashok
10:30 pm Robert Cavers
David & Arlene Franko
5:00 pm Brad
& Karen Swidzinski

ROSARY 10am William Lewchuk

MARCH 27

EPISTLE READERS

8:30 am Gerald Strashok
10:30 am Vacant
5:00 pm Vacant

HOSTS/USHERS

8:30 am David Ostopowich
Gerald Strashok
10:30 pm Vacant
Vacant
5:00 pm Robert Cavers
Roy Drynych

ROSARY 10am Vacant



Sunday School will resume beginning May 1st

until the end of June and breaking
over July and August!

Sunday Coffee



We are excited to be back up and
running – in person!

Please join us for coffee and
hospitality in the hall after the 8:30
and 10:30 Divine Liturgies.

Looking for 4 designated volunteers
to help after each service.
Please call Maria: 403-816-5610.



Visit the Ark
temporarily relocated
to classroom number
2 for Lenten reading
materials, rosaries, gift
ideas for Solemn First
Holy Communion,
Easter and pysanky
making supplies.

Purchases can be paid
for in cash, cheque
and e-transfer.



St Stephen's UCWLC Scholarship for \$1000 Guidelines

- Eligibility : A daughter or granddaughter of a St Stephen's UCWLC Member who will be attending an undergraduate Post Secondary program. (E.g.) University, College, Apprenticeship, Technical School or Specialized program (Cosmetology, Hairdresser, Secretarial, etc....)
- Age of applicant will be 16 to 24.
- Include a resume
- Reasons for the choice and location of the Post Secondary School.
- Include a description of your Parish, Community and School Involvement.
- Explain your Financial Need to receive this scholarship.
- Include a reference letter.
- Submit to UCWLC scholarship committee
- **Deadline is May 12, 2022**



SOUP & BREAD LUNCH :

UCWLC and Knights of Columbus, would like to invite everyone to a soup and bread lunch in the Parish Hall following the Sorokousty services on **Saturday mornings - March 19 & March 26, 2022.**

What a beautiful way to start the weekend-praying for our loved ones who have fallen asleep in the Lord, and then sharing some fellowship with our brothers and sisters.



UCWLC Work Bees: Babka baking will be on March 23, 2022. We are looking for Volunteers for the following Shifts: 8:00-11:00 am, 9:30-2:00 pm and 2:00-5:00 pm. Sign-up sheets are posted in the church atrium.

Contact Flo Volcko at 403-542-9501 or email flo@gowithflo.ca. or Val Strashok at 403-256-2693 or email strash@shaw.ca.
Gentlemen are welcome!

UCWLC Easter Bake Sale April 3, 2022

We would like to invite all parishioners to bring a bake table item, which can be dropped off on **April 3, 2022 before liturgy.**

Hours: Between 9:30am – 12:30 pm

Items include: Babkas (while supplies last), Sausage, Bake Table items, Raffle table.

You will also be able to pick up your pre-orders during this time.

Pre-Order forms for Easter are now available at the back of the church or online at:

<https://tinyurl.com/2p8kwdb3>



STAND WITH UKRAINE

All donations to the "Aid for Humanitarian Crisis in Ukraine" will be directed to regional organizations in Ukraine, who support all people in need including refugees fleeing their homes to other parts of Ukraine. The Eparchy is forwarding funds through CNEWA Canada who collaborates closely with local churches and Caritas Ukraine. They supply aid by accessing and delivering food, shelter, medical supplies and providing spiritual and psychological support for those in need.

A generous family from Alberta has pledged to match all donations in support of humanitarian aid in Ukraine up to \$500000. Help us meet this goal. Please donate generously!



SCAN ME

The Knights of Columbus is inviting you!

Founded by Blessed Fr Michael J. McGivney in 1882, we have grown to be the largest Catholic Fraternal organization in the world. With the four cornerstones of Charity, Unity, Fraternity and Patriotism we put our faith, our families our community and our country in the forefront of all we do. We encourage all men to become better husbands, fathers and community leaders. We are not a politically motivated organization but support our Bishops and clergy.

On Sunday 27th March, 2022 we will be hosting an information session, and exemplification for those men wishing to be part of the Knights of Columbus. The session will commence at 12 noon in the upper hall of St Stephen's parish and should last about 30-35 mins. **We encourage all family members to attend.** It is being hosted at 12 noon to accommodate St Stephen parishioners after the 10:30 liturgy as well as St Basil parishioners prior to their 1pm liturgy. For any additional information please contact Bill at 403-850-5859.



DIVINE LITURGY INTENTIONS

Saturday, March 19:

- ❖ 10:00am - Sorokousty
- ❖ 5:00pm – Confessions
- ❖ 6:00pm - Great Vespers

Sunday, March 20:

SUNDAY OF THE HOLY CROSS

- ❖ 8:30am – for the health and healing of Nadia and Witalia
- ❖ 9:00am – First Solemn Communion – Lesson 8
- ❖ 10:30am – for the repose of the soul of +Stella Iwanciw
- ❖ 5:00pm – for the repose of the soul of +Arvin Schnirer

❖ **Wednesday, March 23:**

- ❖ 9:00am – Lenten 6th Hour Typica w/ Eucharist
- ❖ 6:00pm – Liturgy of the Presanctified Gifts – in memory of the repose of the souls of +Alexandra and +Mike Sakundiak

Thursday, March 24:

- ❖ 9:00am – Lenten Typica w/ Eucharist

Saturday, March 26:

- ❖ 10:00am - Sorokousty
- ❖ 5:00pm – Confessions
- ❖ 6:00pm - Great Vespers

Sunday, March 27:

SUNDAY OF ST. JOHN CLIMACUS

- ❖ 8:30am – in memory of the repose of the souls of +Nettie and +Joseph Tysowski
- ❖ 9:00am – First Solemn Communion – Lesson 9
- ❖ 10:30am – for the repose of the soul of +Ed Zederayko and peace and comfort for Donna and family
- ❖ 5:00pm – for the repose of the souls of +Julian Sanchez Amador and +Estacio Sanchez Munoz and peace and comfort for their family

ANNUAL GENERAL MEETING

UPDATE

**March 20th, 2022
at 12:00 pm**

**You are invited to attend St Stephen's
Annual General Meeting**

Due to circumstances beyond our control we are unable to have a virtual component to this year's AGM. **The meeting will be in-person only. The start time has also been moved to 12:00pm.** A pizza lunch will be provided.

A quorum of 33 eligible parish members is required in order to conduct this meeting. Your attendance is appreciated as every voice counts!

If you want to receive
information regarding the
Humanitarian Aid
for Ukraine

TEXT
AIDUKRAINE
TO 514-900-0130



OR CONNECT WITH US ONLINE AT:
ststephenprotomartyr1.flocknote.com

St. Stephen's Lenten Mission - Led by Fr. Mykhailo Ozorovych

HEALING In Christ

The Physician of our Souls and Bodies



- ❖ **Wednesday, April 6th** : Presanctified Liturgy at 5 PM - with opening talk beginning at 6 PM
- ❖ **Thursday, April 7th** : Talk #2 7 PM
- ❖ **Friday, April 8th** : Talk #3 and healing (anointing) service with confessions beginning at 7 PM

Join the Eparchial Lenten Series: Learn from the Liturgy

The Divine Liturgy is central for faithful Christians. We will examine prayers voiced by the priest on our behalf, within the Divine Liturgy to learn the depth of the meaning of these prayers for a richer experience of the Divine Liturgy.



March 24 - Part I from 7:00 pm to 8:30 pm

Fr. Mykhailo Ozorovych from the Eparchy of New Westminster will introduce us to the prayers that the priests pray silently as he prepares to celebrate the Divine Liturgy. We will learn about the depth of the symbolism in the vesting, the preparation of the prosphora (holy bread) and the spiritual preparation that takes place. An amazing place to start.

NEXT SESSION DATES

- ❖ **March 31 - Part II**
- ❖ **April 7 - Part III**

You are welcome to attend any or all of the sessions. No registration necessary.

In person: Holy Eucharist Parish: 6425 120 Ave NW, Edmonton.

Online:

- ❖ Zoom link: <https://tinyurl.com/yc8c539b>
- ❖ Eparchy of Edmonton website: www.eeparchy.com
- ❖ Eparchy of Edmonton Facebook page for the link.

A perfect way to prepare hearts for Pascha!

The Feast of the Annunciation will be celebrated on Friday, March 25th at 6:30 pm with a Festal Divine Liturgy. This feast day coincides with Pope Francis consecrating Russia and the Ukraine to the Immaculate Heart of Mary. This date is historically significant, as on the same day in 1984, Saint John Paul II consecrated Russia and the world to the Immaculate Heart of Mary. During this time of immense suffering in Ukraine, we continue to ask for our Blessed Virgin Mary's intercession.

In recognition of the Marian feast day and the consecration by Pope Francis, there will be Rosary for the people of the Ukraine and world peace starting at 6:05 pm. Please come early and join the St. Stephen community to pray the rosary.

If you are unable to join in person, please consider offering up a personal prayer to Our Lady, for example praying the rosary as a family.

*"For I was hungry and you gave me food, I was thirsty and you gave me drink.
As you did it to one of the least of these my brothers, you did it to Me" Matthew 25: 37-40*

UCWLC Lenten Food collection

UCWCL is sponsoring a Lenten food collection **from March 6th to April 10th inclusive**. We are inviting you to share and fill these boxes for the less fortunate in our community. In addition to high-protein items like peanut butter and canned fish/meat, it would be greatly appreciated if we could also collect individual pack items of Ensure, protein drinks, as well as individual packets of fish, meat and cheese with crackers.

We will also be providing to those who help others including Sisters Seeds of the Word, Franciscan Sisters Of Mary and Street Sisters Outreach Program. Adults can deposit their donations in the Narthex.

We are encouraging all children to partake in this collection. A suggestion would be to have them go to your pantry on Sunday morning and pick out one item and bring it with them. A special basket will be placed in front of the icon of St. Nicholas. Children can come up to hold a candle at the time of the proclamation of the Gospel and place their items in the basket just before the reading.

For more information call or text Theresa at 403-815-6055.

