

ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

MARCH 13TH, 2022



Address:
4903 – 45th Street S.W.
Calgary, Alberta T3E 3W5 Canada

Office Hours
Mon-Thurs 9:00am -2:00pm

Telephone:
403-249-4818, press 0

Pastoral Emergencies:
403-249-4818, press 9

Email:
Office@Protomartyr.ca
Coordinator@Protomartyr.ca

Parish Website:
www.saintstephencalgary.ca

Parish Calendar:
www.saintstephencalgary.ca/calendar1.html

Facebook:
<https://www.facebook.com/protomartyr.ca>

Eparchy Website:
www.edmontoneparchy.com

DIVINE LITURGIES:

Sunday Services:
8:30 am—Ukr/Eng
10:05—Rosary
10:30 am—English
(live-streamed on Facebook &
www.saintstephencalgary.ca/)
5:00 pm—English

Weekday Services:
Wednesdays & Thursdays at 9:00am
Saturdays
5:00 pm Confessions
6:00 pm Vespers

Second Sunday of the Great Fast

The Transfer of the Relics of Our Holy Father Nicephorus, Patriarch of Constantinople (847)

Troparia and Kontakia

Troparion, Tone 1: Though the stone was sealed by the Judeans,* and soldiers guarded Your most pure body,* You arose, O Saviour, on the third day,* and gave life to the world.* And so the heavenly powers cried out to You, O Giver of Life:* Glory to Your resurrection, O Christ!* Glory to Your kingdom!* Glory to Your saving plan,* O only Lover of mankind.

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

Kontakion, Tone 4: The time for action is now revealed;* the Judge is at the door.* Let us rise and keep the fast,* offering tears of contrition with alms and crying aloud:* our sins are more numerous than the sands of the sea,* but forgive us, O Maker of all, that we may receive incorruptible crowns.

Prokeimenon, Tone 5

You, O Lord, will guard us* and will keep us* from this generation* and forever.

verse: Save me, O Lord, for there is no longer left a just man. (*Psalms 11:8,2*)

Epistle— Hebrews 1:10-2:3

A reading from the Epistle of the Holy Apostle Paul to the Hebrews.

Brothers and sisters, “You, LORD, in the beginning laid the foundation of the earth, And the heavens are the work of Your hands.

They will perish, but You remain; And they will all grow old like a garment; Like a cloak You will fold them up, And they will be changed. But You are the same, And Your years will not fail.”

But to which of the angels has He ever said:

“Sit at My right hand, Till I make Your enemies Your footstool”?

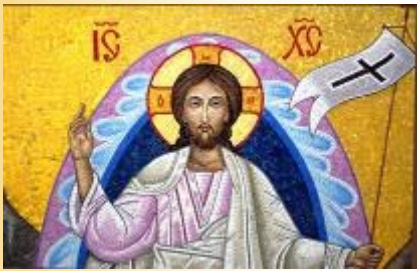
Are they not all ministering spirits sent forth to minister for those who will inherit salvation?

Therefore we must give the more earnest heed to the things we have heard, lest we drift away. For if the word spoken through angels proved steadfast, and every transgression and disobedience received a just reward, how shall we escape if we neglect so great a salvation, which at the first began to be spoken by the Lord, and was confirmed to us by those who heard Him.

Alleluia, Tone 1

verse: God gives me vindication, and has subdued people under me.

verse: Making great the salvation of the king, and showing mercy to His anointed, to David, and to His posterity forever. (*Psalms 17:48,51*)



Gospel—Mark 2:1-12

At that time, Jesus entered Capernaum after *some* days, and it was heard that He was in the house. Immediately many gathered together, so that there was no longer room to receive *them*, not even near the door. And He preached the word to them. Then they came to Him, bringing a paralytic who was carried by four *men*. And when they could not come near Him because of the crowd, they uncovered the roof where He was. So when they had broken through, they let down the bed on which the paralytic was lying.

When Jesus saw their faith, He said to the paralytic, "Son, your sins are forgiven you."

And some of the scribes were sitting there and reasoning in their hearts, "Why does this *Man* speak blasphemies like this? Who can forgive sins but God alone?"

But immediately, when Jesus perceived in His spirit that they reasoned thus within themselves, He said to them, "Why do you reason about these things in your hearts? Which is easier, to say to the

paralytic, 'Your sins are forgiven you,' or to say, 'Arise, take up your bed and walk'? But that you may know that the Son of Man has power on earth to forgive sins"—He said to the paralytic, "I say to you, arise, take up your bed, and go to your house." Immediately he arose, took up the bed, and went out in the presence of them all, so that all were amazed and glorified God, saying, "We never saw *anything* like this!"

Hymn to the Mother of God

In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins' pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider that all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest.* Alleluia, alleluia,* alleluia. (Psalm 148:1)

HOLY MYSTERIES

CONFESSION:

Saturdays 5:00 to 5:45 pm
or by Appointment
403-249-4818, ext. 2

MARRIAGE, BAPTISM-CHRISMATION-EUCHARIST, FUNERALS :

Arrangements with the Pastor
403-249-4818, ext. 2

ANointing of the Sick:

For emergencies call
403-249-4818, ext. 9

DIVINE LITURGY INTENTIONS :

Arrangements with the office

CLERGY & RELIGIOUS

Pastor :

Fr. Michael Bombak
FatherMichael@Protomartyr.ca
Office:403-249-4818, ext. 2

Pastor, St. Basil's Melkite Greek Catholic Church

Pastor: Fr. Samer Naaman
403-249-4818, ext. 3
stbasilmelkitecalgary@gmail.com
Facebook: St Basils Melkite Greek Catholic Church Calgary

PARISH OFFICE

Office Administrator:
Linda Buck 403-249-4818, ext. 0
office@Protomartyr.ca

Sacramental Coordinator:

Kim Bombak
Sacraments@Protomartyr.ca

Communications Coordinator:

Mirna Farahat
coordinator@Protomartyr.ca

HALL RENTAL INQUIRIES

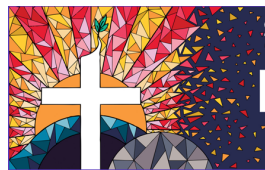
Maria Dwulit, cell: 403-816-5610,
email: Hall@Protomartyr.ca

HALL & KITCHEN

403-249-4818, ext. 6

Sunday Divine Liturgy Livestreaming at 10:05 am

https://youtu.be/d0Eg5GP0_bY



ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH
LENT AND

EASTER Liturgical Services

<https://tinyurl.com/26v6prdh>



LITURGY HELPERS

MARCH 13

EPISTLE READERS

8:30 am Gerald Strashok
10:30 am Chris Macken
5:00 pm Vacant

HOSTS/USHERS

8:30 am Gerald Strashok
UCWLC
10:30 pm UCWLC
UCWLC
5:00 pm UCWLC

ROSARY 10am UCWLC

MARCH 20

EPISTLE READERS

8:30 am Don Verdonck
10:30 am Glen Kulak
5:00 pm Brad & Karen Swidzinski

HOSTS/USHERS

8:30 am David Ostopowich
Gerald Strashok
10:30 pm Vacant
Vacant
5:00 pm Brad & Karen Swidzinski

ROSARY 10am William Lewchuk



Sunday School
will resume beginning
May 1st

until the end of June and breaking
over July and August!

Sunday Coffee



We are excited to be back up and running – in person!

Please join us for coffee and hospitality in the hall after the 8:30 and 10:30 Divine Liturgies.

Looking for 4 designated volunteers to help after each service.
Please call Maria: 403-816-5610.



Visit the Ark temporarily relocated to classroom number 2 for Lenten reading materials, rosaries, gift ideas for Solemn First Holy Communion, Easter and pysanky making supplies.

Purchases can be paid for in cash, cheque and e-transfer.



St Stephen's UCWLC Scholarship for \$1000 Guidelines

- Eligibility : A daughter or granddaughter of a St Stephen's UCWLC Member who will be attending an undergraduate Post Secondary program. (E.g.) University, College, Apprenticeship, Technical School or Specialized program (Cosmetology, Hairdresser, Secretarial, etc....)
- Age of applicant will be 16 to 24.
- Include a resume
- Reasons for the choice and location of the Post Secondary School.
- Include a description of your Parish, Community and School Involvement .
- Explain your Financial Need to receive this scholarship.
- Include a reference letter.
- Submit to UCWLC scholarship committee
- **Deadline is May 12, 2022**



SOUP & BREAD LUNCH :

UCWLC and Knights of Columbus, would like to invite everyone to a soup and bread lunch in the Parish Hall following the Sorokousty services on Saturday morning's March 19 & March 26, 2022.

What a beautiful way to start the weekend-praying for our loved ones who have fallen asleep in the Lord, and then sharing some fellowship with our brothers and sisters.



UCWLC Work Bees: Babka baking will be on March 16 & March 23, 2022. We are looking for Volunteers for the following Shifts: 8:00-11:00 am, 9:30-2:00 pm and 2:00-5:00 pm. Sign-up sheets are posted in the church atrium.

Contact Flo Volcko at 403-542-9501 or email flo@gowithflo.ca. or Val Strashok at 403-256-2693 or email strash@shaw.ca .
Gentlemen are welcome!

UCWLC Easter Bake Sale



We would like to invite all parishioners to bring a bake table item, which can be dropped off on April 3, 2022 before liturgy.

Hours: Between 9:30am – 12:30 pm

Items include: Babkas (while supplies last), Sausage, Bake Table items, Raffle table.

You will also be able to pick up your pre-orders during this time.

Stand with Ukraine



SCAN ME

All donations to the "Aid for Humanitarian Crisis in Ukraine" will be directed to regional organizations in Ukraine, who support all people in need including refugees fleeing their homes to other parts of Ukraine.

The Eparchy is forwarding funds through CNEWA Canada who collaborates closely with local churches and Caritas Ukraine. They supply aid by accessing and delivering food, shelter, medical supplies and providing spiritual and psychological support for those in need.

A generous family from Alberta has pledged to match all donations in support of humanitarian aid in Ukraine up to \$500000. Help us meet this goal.

Please donate generously!



DIVINE LITURGY INTENTIONS

Saturday, March 12:

- ❖ 10:00am – Sorokousty
- ❖ 1:30om – Funeral Parastas +Ed Zederayko – Vichnaya Pamyat
- ❖ 5:00pm – Confessions
- ❖ 6:00pm - Great Vespers

Sunday, March 13:

**SUNDAY OF ST. GREGORY OF
PALAMAS**

- ❖ 8:30am – for the repose of the soul of +Bishop Remi De Roo
- ❖ 9:00am – First Solemn Communion – Lesson 7
- ❖ 10:30am – in memory of the repose of the souls of +Anne and +Walter Jumaga
- ❖ 5:00pm – for the intentions and needs of all parishioners

Wednesday, March 16:

- ❖ 9:00am – Lenten 6th Hour Typica w/ Eucharist
- ❖ 6:00pm – Liturgy of the Presanctified Gifts – in memory of the repose of the souls of +Joseph and +Julia Cachay

Thursday, March 17:

- ❖ 9:00am – Lenten Typica w/ Eucharist

Saturday, March 19:

- ❖ 10:00am - Sorokousty
- ❖ 5:00pm – Confessions
- ❖ 6:00pm - Great Vespers

Sunday, March 20:

SUNDAY OF THE HOLY CROSS

- ❖ 8:30am – for the health and healing of Nadia and Witalia
- ❖ 9:00am – First Solemn Communion – Lesson 8
- ❖ 10:30am – for the repose of the soul of +Stella Iwanciw
- ❖ 5:00pm – for the repose of the soul of +Arvin Schnirer

ANNUAL GENERAL MEETING

March 20th, 2022
at 1:00 pm

You are invited to attend St Stephen Annual General Meeting

We will provide both in-person (in the hall) and online options for attendance. If you plan to attend online you must register in advance using the following link:

<https://tinyurl.com/5d7fwjx>

A quorum of 33 eligible parish members is required in order to conduct this meeting. Your attendance is appreciated as every voice counts!

If you want to receive information regarding the
Humanitarian Aid for Ukraine

TEXT
AIDUKRAINE
TO 514-900-0130



OR CONNECT WITH US ONLINE AT:
ststephenprotomartyr1.flocknote.com



FUNDRAISER FOR UKRAINE

Sunday, March 13, from 11 a.m. to 3 p.m.
at St. Stephen's Hall
(4903 45 St SW, Calgary, AB T3E 3W5)

In solidarity and support for our brothers and sisters in Ukraine who are suffering the scourge of war, St. Basil's parish invites you to participate widely in the "Falafel Sandwich Sale" campaign, the proceeds of which go to helping the Ukrainian people.

Join the Eparchial Lenten Series: Learn from the Liturgy



The Divine Liturgy is central for faithful Christians. We will examine prayers voiced by the priest on our behalf, within the Divine Liturgy to learn the depth of the meaning of these prayers for a richer experience of the Divine Liturgy.

A perfect way to prepare hearts for Pascha!

DATES & TIMES: 7:00 pm. - 8:30 pm.

- ❖ March 24 - Part I
- ❖ March 31 - Part II
- ❖ April 7 - Part III

LOCATION: In person attendance at Holy Eucharist Parish: 6425 120 Ave NW, Edmonton, following all applicable protocols.

For online participation go to :

<https://tinyurl.com/5dw6pp26> or go to the Eparchy of Edmonton **website:** www.eeparchy.com or the Eparchy of Edmonton **Facebook** page for the link. You are welcome to attend any or all of the sessions.

No registration necessary.

CONTACT: education@edmontoneparchy.com if you

WE NEED YOUR HELP!

SANDWICH & SNACK SUNDAY

March 13th, 2022— (2nd Sunday of each month)



UCWLC request parish members and families to participate in supporting the "Street Sisters" who are in need of 65 lunches.

WHAT is NEEDED? A loaf of sandwiches, ONLY peanut butter and jam/jelly, Cheeze Whiz or Nutella. Pack each sandwich in individual sandwich bags.

ALSO: granola bars, juice boxes, bottled water, bags of apples or oranges and fruit cups. For further information contact Katherine Letwin 403-922-9768 Cell/Text

*"For I was hungry and you gave me food, I was thirsty and you gave me drink.
As you did it to one of the least of these my brothers, you did it to Me" Matthew 25: 37-40*

UCWLC Lenten Food collection

UCWLC is sponsoring a Lenten food collection **from March 6th to April 10th inclusive**. We are inviting you to share and fill these boxes for the less fortunate in our community. In addition to high-protein items like peanut butter and canned fish/meat, it would be greatly appreciated if we could also collect individual pack items of Ensure, protein drinks, as well as individual packets of fish, meat and cheese with crackers.

We will also be providing to those who help others including Sisters Seeds of the Word, Franciscan Sisters Of Mary and Street Sisters Outreach Program. Adults can deposit their donations in the Narthex.

We are encouraging all children to partake in this collection. A suggestion would be to have them go to your pantry on Sunday morning and pick out one item and bring it with them. A special basket will be placed in front of the icon of St. Nicholas. Children can come up to hold a candle at the time of the proclamation of the Gospel and place their items in the basket just before the reading.

For more information call or text Theresa at 403-815-6055.

