



**St Stephen
Protomartyr**

ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

MARCH 6TH, 2022



First Sunday of the Great Fast: The Sunday of Orthodoxy;

The Holy Forty-Two Martyrs of Ammorium (848)

Address:
4903 – 45th Street S.W.
Calgary, Alberta T3E 3W5 Canada

Office Hours
Mon-Thurs 9:00am -2:00pm

Telephone:
403-249-4818, press 0

Pastoral Emergencies:
403-249-4818, press 9

Email:
Office@Protomartyr.ca
Coordinator@Protomartyr.ca

Parish Website:
www.saintstephencalgary.ca

Parish Calendar:
[www.saintstephencalgary.ca/
calendar1.html](http://www.saintstephencalgary.ca/calendar1.html)

Facebook:
[https://www.facebook.com/
protomartyr.ca](https://www.facebook.com/protomartyr.ca)

Eparchy Website:
www.edmontoneparchy.com

DIVINE LITURGIES:

Sunday Services:
8:30 am—Ukr/Eng
10:05—Rosary
10:30 am—English
(live-streamed on Facebook &
www.saintstephencalgary.ca/)
5:00 pm—English

Weekday Services:
Wednesdays & Thursdays at 9:00am
Saturdays
5:00 pm Confessions
6:00 pm Vespers

Troparia and Kontakia

Troparion, Tone 8: You came down from on high, O Merciful One,* and accepted three days of burial* to free us from our sufferings.* O Lord, our life and our resurrection,* glory be to You.

Troparion, Tone 2: We bow before Your most pure image, O kind Lord,* and beg pardon for our sins, O Christ our God.* Of Your own will You consented to ascend the Cross in the flesh to free Your handiwork from enslavement to the enemy.* In thanksgiving we cry aloud to You:* by coming to save the world, our Saviour, You filled all things with joy.

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

Kontakion, Tone 8: The uncircumscribed Word of the Father* became circumscribed when He took flesh of you, O Mother of God,* and when He restored the divine image to its ancient glory,* He suffused it with the beauty of God.* Therefore, confessing our salvation in deed and word,* we portray it in images.

Prokeimenon, Tone 4

Blessed are You, Lord God of our fathers,* and praised and glorified is Your Name for ever.

verse: For You are righteous in everything You have

done to us. (*Daniel 3:26,27*)

Epistle—Hebrews 11:24-26,32-40; 12:1-2

A reading from the Epistle of the Holy Apostle Paul to the Hebrews.

Brothers and sisters, by faith Moses, when he became of age, refused to be called the son of Pharaoh's daughter, choosing rather to suffer affliction with the people of God than to enjoy the passing pleasures of sin, esteeming the reproach of Christ greater riches than the treasures in Egypt; for he looked to the reward.

And what more shall I say? For the time would fail me to tell of Gideon and Barak and Samson and Jephthah, also of David and Samuel and the prophets: who through faith subdued kingdoms, worked righteousness, obtained promises, stopped the mouths of lions, quenched the violence of fire, escaped the edge of the sword, out of weakness were made strong, became valiant in battle, turned to flight the armies of the aliens. Women received their dead raised to life again.

Others were tortured, not accepting deliverance, that they might obtain a better resurrection. Still others had trial of mockings and scourgings, yes, and of chains and imprisonment. They were stoned, they were sawn in two, were tempted, were slain with the sword. They wandered about in



HOLY MYSTERIES

CONFESSION:

Saturdays 5:00 to 5:45 pm
or by Appointment
403-249-4818, ext. 2

MARRIAGE, BAPTISM-CHRISMATION- EUCCHARIST, FUNERALS :

Arrangements with the Pastor
403-249-4818, ext. 2

ANointing OF THE SICK:

For emergencies call
403-249-4818, ext. 9

DIVINE LITURGY INTENTIONS :

Arrangements with the office

CLERGY & RELIGIOUS

Pastor :

Fr. Michael Bombak
FatherMichael@Protomartyr.ca
Office:403-249-4818, ext. 2

Pastor, St. Basil's Melkite Greek Catholic Church

Pastor: Fr. Samer Naaman
403-249-4818, ext. 3
stbasilmelkitecalgary@gmail.com
Facebook: St Basils Melkite Greek
Catholic Church Calgary

PARISH OFFICE

Office Administrator:
Linda Buck 403-249-4818, ext. 0
office@Protomartyr.ca

Sacramental Coordinator:

Kim Bombak
Sacraments@Protomartyr.ca

Communications Coordinator:

Mirna Farahat
coordinator@Protomartyr.ca

HALL RENTAL INQUIRIES

Maria Dwulit, cell: 403-816-5610,
email: Hall@Protomartyr.ca

HALL & KITCHEN

403-249-4818, ext. 6

sheepskins and goatskins, being destitute, afflicted, tormented— of whom the world was not worthy. They wandered in deserts and mountains, in dens and caves of the earth.

And all these, having obtained a good testimony through faith, did not receive the promise, God having provided something better for us, that they should not be made perfect apart from us.

Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

Alleluia, Tone 4

verse: Moses and Aaron are among His priests and Samuel among those who call upon His name.

verse: They called on the Lord, and He heard them.
(Psalm 98:6)

Gospel—John 1:43-51

At that time, Jesus wanted to go to Galilee, and He found Philip and said to him, "Follow Me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael and said to him, "We have found Him of whom Moses in the law, and also the prophets, wrote—Jesus of Nazareth, the son of Joseph."

And Nathanael said to him, "Can anything good come out of Nazareth?"

Philip said to him, "Come and see."

Jesus saw Nathanael coming toward Him, and said of him, "Behold, an Israelite indeed, in whom is no deceit!" Nathanael said to Him, "How do You know me?"

Jesus answered and said to him, "Before Philip called you, when you were under the fig tree, I saw you."

Nathanael answered and said to Him, "Rabbi, You are the Son of God! You are the King of Israel!"

Jesus answered and said to him, "Because I said to you, 'I saw you under the fig tree,' do you believe? You will see greater things than these." And He said to him, "Most assuredly, I say to you, hereafter you shall see heaven open, and the angels of God ascending and descending upon the Son of Man."

Hymn to the Mother of God

In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins' pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider that all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest. (Psalm 148:1)* Rejoice in the Lord, O you just;* praise befits the righteous.* Alleluia, alleluia,* alleluia. (Psalm 32:1)

Sunday Divine Liturgy Livestreaming at 10:05 am

https://youtu.be/nl_vCon-zAs



ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH
LENT AND

EASTER Liturgical Services

<https://tinyurl.com/26v6prdh>



LITURGY HELPERS

MARCH 6

EPISTLE READERS

8:30 am: Gerald Strashok
10:30 am: David & Arlene Franko
5:00 pm: K of C

HOSTS/USHERS

8:30 am— Gerald Strashok
K of C
10:30 pm K of C
K of C
5:00 pm K of C
ROSARY 10am David & Arlene Franko

MARCH 13

EPISTLE READERS

8:30 am: Vacant
10:30 am: Chris Macken
5:00 pm: Vacant

HOSTS/USHERS

8:30 am— Vacant
Vacant
10:30 pm Vacant
Vacant
5:00 pm Vacant
ROSARY 10am Vacant



March 2 - April 10
40 DAYS FOR LIFE

HELP SAVE LIVES IN CALGARY!

❖ **Vigil location:** Abortion "Kensington Clinic" 2431 5 Ave NW – Calgary, AB
❖ **Vigil hours:** 7 am to 7 pm
❖ **Questions or comments:** 403-870-3905 OR
40daysforlife.calgary@gmail.com
❖ **Learn more ... get involved ... and sign up for prayer times**

40daysforlife.com/calgary



St Stephen's UCWLC Scholarship for \$1000 Guidelines

- Eligibility : A daughter or granddaughter of a St Stephen's UCWLC Member who will be attending an undergraduate Post Secondary program. (E.g.) University, College, Apprenticeship, Technical School or Specialized program (Cosmetology, Hairdresser, Secretarial, etc....)
- Age of applicant will be 16 to 24.
- Include a resume
- Reasons for the choice and location of the Post Secondary School.
- Include a description of your Parish, Community and School Involvement .
- Explain your Financial Need to receive this scholarship.
- Include a reference letter.
- Submit to UCWLC scholarship committee
- **Deadline is May 12, 2022**



SOUP & BREAD LUNCH :

UCWLC and Knights of Columbus, would like to invite everyone to a soup and bread lunch in the Parish Hall following the Sorokousty services on **Saturday morning's March 19 & March 26, 2022.** What a beautiful way to start the weekend-praying for our loved ones who have fallen asleep in the Lord, and then sharing some fellowship with our brothers and sisters.



UCWLC Work Bees: Babka baking will be on March 16 & March 23, 2022. We are looking for Volunteers for the following Shifts: 8:00-11:00 am, 9:30-2:00 pm and 2:00-5:00 pm. Sign-up sheets are posted in the church atrium. Contact Flo Volcko at 403-542-9501 or email flo@gowithflo.ca. or Val Strashok at 403-256-2693 or email strash@shaw.ca . Gentlemen are welcome!

PARISH ANNUAL GENERAL MEETING

Please join us!

When: March 20th, 2022

Time: 1:00pm

More details to come...

ANNUAL GENERAL MEETING

Stand with Ukraine



SCAN ME

All donations to the "Aid for Humanitarian Crisis in Ukraine" will be directed to regional organizations in Ukraine, who support all people in need including refugees fleeing their homes to other parts of Ukraine. The Eparchy is forwarding funds through CNEWA Canada who collaborates closely with local churches and Caritas Ukraine. They supply aid by accessing and delivering food, shelter, medical supplies and providing spiritual and psychological support for those in need.

A generous family from Alberta has pledged to match all donations in support of humanitarian aid in Ukraine up to \$500000. Help us meet this goal.

Please donate generously!



DIVINE LITURGY INTENTIONS

Saturday, March 5:

- ❖ 5:00pm – NO Confessions
- ❖ 6:00pm - Great Vespers

Sunday, March 6:

SUNDAY OF ORTHODOXY

- ❖ 8:30am – for peace and comfort for Don Jumaga
- ❖ 9:00am – First Solemn Communion – Lesson 6
- ❖ 10:30am – in memory of the repose of the souls of +Maria and +Joseph Dobish
- ❖ 5:00pm – for the intentions and needs of all parishioners

Wednesday, March 9:

- ❖ 9:00am – Lenten 6th Hour Typica w/ Eucharist
- ❖ 6:00pm – Liturgy of the Presanctified Gifts – in memory of the repose of the souls of +Steve and +Ollie Nebozenko

Thursday, March 10:

- ❖ 9:00am – Lenten Typica w/ Eucharist

Saturday, March 12:

- ❖ 10:00am - Sorokousty
- ❖ 5:00pm – Confessions
- ❖ 6:00pm - Great Vespers

Sunday, March 13: SUNDAY OF ST. GREGORY OF PALAMAS

- ❖ 8:30am – for the repose of the soul of +Bishop Remi De Roo
- ❖ 9:00am – First Solemn Communion – Lesson 7
- ❖ 10:30am – in memory of the repose of the souls of +Anne and +Walter Jumaga
- ❖ 5:00pm – for the intentions and needs of all parishioners

COVID-19 UPDATE

Effective March 1, 2022

According to Alberta's provincial announcement and as per Bishop David's direction, please note the following:

- Capacity limits on places of worship are now removed, including for weddings and funerals.
- Congregation and choral singing are now permitted.
- Individuals should continue to monitor health symptoms and stay home if sick.
- Hand-sanitize regularly.
- Continued use of single-use Communion spoons.
- Clean and sanitize churches after each use.
- In-person meetings and fellowship are now allowed.

As we move from "pandemic" to "endemic" in our approach to COVID-19, let us continue to do our part in reducing the spread of COVID-19 and in caring one for another, especially our elderly and vulnerable.

God bless,
Bishop David

WE NEED YOUR HELP!

SANDWICH

March 13th, 2022 — (2nd Sunday of each month)



UCWLC request parish members and families to participate in supporting the "Street Sisters" who are in need of 65 lunches.

WHAT is NEEDED? A loaf of sandwiches, ONLY peanut butter and jam/jelly, Cheeze Whiz or Nutella. Pack each sandwich in individual sandwich bags.

ALSO: granola bars, juice boxes, bottled water, bags of apples or oranges and fruit cups. For further information contact Katherine Letwin 403-922-9768 Cell/Text

Join the Eparchial Lenten Series: Learn from the Liturgy

The Divine Liturgy is central for faithful Christians. We will examine prayers voiced by the priest on our behalf, within the Divine Liturgy to learn the depth of the meaning of these prayers for a richer experience of the Divine Liturgy.



A perfect way to prepare hearts for Pascha!

DATES & TIMES: 7:00 pm. - 8:30 pm.

❖ **March 24 - Part I**

❖ **March 31 - Part II**

❖ **April 7 - Part III**

LOCATION: In person attendance at Holy Eucharist Parish: 6425 120 Ave NW, Edmonton, following all applicable protocols.

For online participation go to :

<https://tinyurl.com/5dw6pp26> or go to the Eparchy of Edmonton **website:** www.eeparchy.com or the Eparchy of Edmonton **Facebook** page for the link.

You are welcome to attend any or all of the sessions.

No registration necessary.

CONTACT: education@edmontoneparchy.com if you have other questions.

St. Stephen's Lenten Mission - Led by Fr. Mykhailo Ozorovych

HEALING In Christ

The Physician of our Souls and Bodies



❖ **Wednesday, April 6th** : Presanctified Liturgy at 5 PM - with opening talk beginning at 6 PM

❖ **Thursday, April 7th** : Talk #2 7 PM

❖ **Friday, April 8th** : Talk #3 and healing (anointing) service with confessions beginning at 7 PM

*"For I was hungry and you gave me food, I was thirsty and you gave me drink.
As you did it to one of the least of these my brothers, you did it to Me" Matthew 25: 37-40*

UCWLC Lenten Food collection

UCWLC is sponsoring a Lenten food collection from March 6th to April 10th inclusive. We are inviting you to share and fill these boxes for the less fortunate in our community. In addition to high-protein items like peanut butter and canned fish/meat, it would be greatly appreciated if we could also collect individual pack items of Ensure, protein drinks, as well as individual packets of fish, meat and cheese with crackers.

We will also be providing to those who help others including Sisters Seeds of the Word, Franciscan Sisters Of Mary and Street Sisters Outreach Program. Adults can deposit their donations in the Narthex.

We are encouraging all children to partake in this collection. A suggestion would be to have them go to your pantry on Sunday morning and pick out one item and bring it with them. A special basket will be placed in front of the icon of St. Nicholas. Children can come up to hold a candle at the time of the proclamation of the Gospel and place their items in the basket just before the reading.

For more information call or text Theresa at 403-815-6055.

