

# ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

FEBRUARY 27<sup>TH</sup>, 2022

**Address:**  
4903 – 45<sup>th</sup> Street S.W.  
Calgary, Alberta T3E 3W5 Canada

**Office Hours**  
Mon-Thurs 9:00am -2:00pm

**Telephone:**  
403-249-4818, press 0

**Pastoral Emergencies:**  
403-249-4818, press 9

**Email:**  
Office@Protomartyr.ca  
Coordinator@Protomartyr.ca

**Parish Website:**  
[www.saintstephencalgary.ca](http://www.saintstephencalgary.ca)

**Parish Calendar:**  
[www.saintstephencalgary.ca/  
calendar1.html](http://www.saintstephencalgary.ca/calendar1.html)

**Facebook:**  
[https://www.facebook.com  
protomartyr.ca](https://www.facebook.com/protomartyr.ca)

**Eparchy Website:**  
[www.edmontoneparchy.com](http://www.edmontoneparchy.com)

## **DIVINE LITURGIES:**

### **Sunday Services:**

8:30 am—Ukr/Eng  
10:05—Rosary  
10:30 am—English  
(live-streamed on Facebook &  
[www.saintstephencalgary.ca/](http://www.saintstephencalgary.ca/))  
5:00 pm—English

### **Weekday Services:**

**Wednesdays & Thursdays** at 9:00am  
**Saturdays**  
5:00 pm Confessions  
6:00 pm Vespers



## **Sunday of Cheesefare - Sunday of Forgiveness;**

Our Venerable Father and Confessor Procopius the Decapolitan (716-40)

**Matins Resurrectional Gospel 7**

### ***Troparia and Kontakia***

**Troparion, Tone 7:** By Your cross You destroyed death;\* You opened Paradise to the thief;\* You changed the lamentation of the myrrh-bearers to joy,\* and charged the apostles to proclaim\* that You are risen, O Christ our God,\* offering great mercy to the world.

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

**Kontakion, Tone 6:** O Master, Guide to Wisdom\*, Bestower of prudent counsel,\* Instructor of the foolish and Defender of the poor ones;\* make firm my heart and give it understanding.\* Give me a word, O Word of the Father.\* Behold, I shall not stop my lips from crying out to You.\* In Your mercy, have mercy on me who am fallen.

### ***Prokeimenon, Tone 8***

Pray and give praise to the Lord our God.\* Pray and give praise to the Lord our God.

**verse:** In Judea God is known; His name is great in Israel. (*Psalms 75:12,2*)

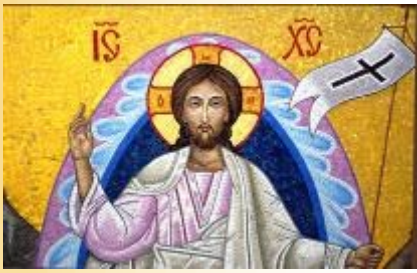
### ***Epistle***

**Romans 13:11-14:4**

*A reading from the Epistle of the Holy Apostle Paul to the Romans.*

Brothers and sisters, *do this*, knowing the time, that now *it is* high time to awake out of sleep; for now our salvation *is* nearer than when we *first* believed. The night is far spent, the day is at hand. Therefore let us cast off the works of darkness, and let us put on the armor of light. Let us walk properly, as in the day, not in revelry and drunkenness, not in lewdness and lust, not in strife and envy. But put on the Lord Jesus Christ, and make no provision for the flesh, to *fulfill its* lusts.

Receive one who is weak in the faith, *but* not to disputes over doubtful things. For one believes he may eat all things, but he who is weak eats *only* vegetables. Let not him who eats despise him who does not eat, and let not him who does not eat judge him who eats; for God has received him. Who are you to judge another's servant? To his own master he stands or falls. Indeed, he will be made to stand, for God is able to make him stand.



## **HOLY MYSTERIES**

### **CONFESSION:**

Saturdays 5:00 to 5:45 pm  
or by Appointment  
403-249-4818, ext. 2

### **MARRIAGE, BAPTISM-CHRISMATION- EUCHARIST, FUNERALS :**

Arrangements with the Pastor  
403-249-4818, ext. 2

### **ANointing OF THE SICK:**

For emergencies call  
403-249-4818, ext. 9

### **DIVINE LITURGY INTENTIONS :**

Arrangements with the office

## **CLERGY & RELIGIOUS**

### **Pastor :**

Fr. Michael Bombak  
FatherMichael@Protomartyr.ca  
Office:403-249-4818, ext. 2

### **Pastor, St. Basil's Melkite Greek Catholic Church**

Pastor: Fr. Samer Naaman  
403-249-4818, ext. 3  
stbasilmelkitecalgary@gmail.com  
Facebook: St Basils Melkite Greek  
Catholic Church Calgary

### **PARISH OFFICE**

**Office Administrator:**  
Linda Buck 403-249-4818, ext. 0  
office@Protomartyr.ca

**Sacramental Coordinator:**  
Kim Bombak  
Sacraments@Protomartyr.ca

**Communications Coordinator:**  
Mirna Farahat  
coordinator@Protomartyr.ca

### **HALL RENTAL INQUIRIES**

Maria Dwulit, cell: 403-816-5610,  
email: Hall@Protomartyr.ca

### **HALL & KITCHEN**

403-249-4818, ext. 6

## **Alleluia, Tone 6**

**verse:** It is good to give praise to the Lord, and to sing to Your name, O Most High.

**verse:** To announce Your mercy in the morning and Your truth every night. (*Psalm 91:2,3*)

## **Gospel**

### **Matthew 6:14-21**

The Lord said to His disciples, "If you forgive men their trespasses, your heavenly Father will also forgive you. But if you do not forgive men their trespasses, neither will your Father forgive your trespasses.

"Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward. But you, when you fast, anoint your

head and wash your face, so that you do not appear to men to be fasting, but to your Father who *is* in the secret *place*; and your Father who sees in secret will reward you openly.

"Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal; but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. For where your treasure is, there your heart will be also."

## **Communion Hymn**

Praise the Lord from the heavens;\* praise Him in the highest.\* Alleluia, alleluia,\* alleluia. (*Psalm 148:1*)

*Sunday Divine Liturgy Livestreaming at 10:05 am*

<https://youtu.be/0zjtHRfhfKU>



## **LITURGY HELPERS**

### **FEBRUARY 27**

#### **EPISTLE READERS**

8:30 am: Don Verdonck  
10:30 am: Annette Kozicki  
5:00 pm: Brad & Karen Swidzinski

#### **HOSTS/USHERS**

8:30 am— Bernadette Lukey  
Larysa Geletta  
10:30 pm Vacant  
Vacant  
5:00 pm Brad & Karen Swidzinski  
**ROSARY** 10:00 am Nettie Kost

### **MARCH 6**

#### **EPISTLE READERS**

8:30 am: Vacant  
10:30 am: David & Arlene Franko  
5:00 pm: Vacant

#### **HOSTS/USHERS**

8:30 am— Vacant  
Vacant  
10:30 pm Vacant  
Vacant  
5:00 pm Vacant  
**ROSARY** 10am David & Arlene Franko



## **SUNDAY OF ORTHODOXY**

**REMINDER**

Bring your Icons

(already blessed or still in need of blessing)  
next Sunday—March 6th, 2022

*"For I was hungry and you gave me food, I was thirsty and you gave me drink. As you did it to one of the least of these my brothers, you did it to Me" Matthew 25: 37-40*

## **UCWLC Lenten Food collection**

UCWLC is sponsoring a Lenten food collection from March 6<sup>th</sup> to April 10<sup>th</sup> inclusive. We are inviting you to share and fill these boxes for the less fortunate in our community. We will also be providing to those who help others including Sisters Seeds of the Word, Franciscan Sisters Of Mary and Street Sisters Outreach Program. Adults can deposit their donations in the Narthex.

We are encouraging all children to partake in this collection. A suggestion would be to have them go to your pantry on Sunday morning and pick out one item and bring it with them. A special basket will be placed in front of the icon of St. Nicholas. Children can come up to hold a candle at the time of the proclamation of the Gospel and place their items in the basket just before the reading.

**For more information call or text Theresa at 403-815-6055.**





## St Stephen's UCWLC Scholarship for \$1000 Guidelines

- Eligibility : A daughter or granddaughter of a St Stephen's UCWLC Member who will be attending an undergraduate Post Secondary program. (E.g.) University, College, Apprenticeship, Technical School or Specialized program (Cosmetology, Hairdresser, Secretarial, etc....)
- Age of applicant will be 16 to 24.
- Include a resume
- Reasons for the choice and location of the Post Secondary School.
- Include a description of your Parish, Community and School Involvement .
- Explain your Financial Need to receive this scholarship.
- Include a reference letter.
- Submit to UCWLC scholarship committee
- **Deadline is May 12, 2022**

## BIBLE STUDY

We will be starting our Bible Class on Thursday Mar. 3rd after the Divine Liturgy. This will be a great way to enter our Lenten journey.

The Bible class will be **The Great Adventure -- The Bible Timeline** by Jeff Cavins. If you're interested in joining, please text or phone your info to Bernadette @ 403-669-5280 or email at corolla2007@shaw.ca. AHS guidelines will be followed. Updates to follow.

An evening class can be held, perhaps on a Tuesday. If you are interested in the evening class please call Fr. Mike @ 403-249-4818 ext 2 OR EMAIL : [FatherMichael@Protomartyr.ca](mailto:FatherMichael@Protomartyr.ca)



## DIVINE LITURGY INTENTIONS

### Saturday, February 26:

- ❖ 4:00pm – Altar Boys/ Myrrhbearing Girls
- ❖ 5:00pm - Confessions
- ❖ 6:00pm - Great Vespers

### Sunday, February 27:

- ❖ 8:30am – for the intentions and needs of all parishioners
- ❖ 9:00am – First Solemn Communion – Lesson 5
- ❖ 10:30am – in thanksgiving and blessings for the kindness of Bill and Theresa Lewchuk
- ❖ 5:00pm – in memory of the repose of the soul (1 year) of +Patricia Ficzyz (w/ Panakhyda)

### Wednesday, March 2:

#### CLEAN WEDNESDAY

- ❖ 9:00am – Lenten 6th Hour Typica w/ Eucharist
- ❖ 6:00pm – Liturgy of the Presanctified Gifts – for health and healing of Mary and Phil Dowhaniuk

### Thursday, March 3:

#### CLEAN THURSDAY

- ❖ 9:00am – Lenten Typica w/ Eucharist

### Saturday, March 5:

- ❖ 5:00pm – NO Confessions
- ❖ 6:00pm - Great Vespers

### Sunday, March 6:

#### SUNDAY OF ORTHODOXY

- ❖ 8:30am – for peace and comfort for Don Jumaga
- ❖ 9:00am – First Solemn Communion – Lesson 6
- ❖ 10:30am – in memory of the repose of the souls of +Maria and +Joseph Dobish
- ❖ 5:00pm – for the intentions and needs of all parishioners

## Ukraine strongly needs your support!

On the 24th of February, at 5.00 AM the armed forces of the Russian Federation backed by the Republic of Belarus launched an intensive shelling of numerous Ukrainian cities and delivered missile/ bomb strikes on the military infrastructure of the Armed Forces of Ukraine. At the same time, the aggressor started artillery shelling of the areas and settlements along the state border and administrative boundary with the temporarily occupied territory of Crimea.

This war has been going on for the last 8 years, but today, Ukraine and the whole world face the greatest danger since 2014. Do not believe that this war was provoked by Ukraine. We are a peaceful people defending right now our Motherland and a right to live in a free democratic country! We call on now all our Partners abroad to be alert and show your solidarity with the Ukrainian people and the Ukrainian academic community. The evil is revealed now, and there is no space for cajoling the aggressor. Now, more than ever, we need the support of the entire global academic community. It will be extremely helpful for us if you approach your governments with institutional and/or individual appeals to support Ukraine with military, economic, and humanitarian assistance and to impose devastating sanctions against Russia. Remaining silent and apathetic are the greatest enemies right now.

This war is not just the war of the Russian Federation with Ukraine. The Kremlin's regime is ruining the fundamentals of international order. So, for all of us, this is the war of the entire civilized world against dictatorship and against violation of the basic rules of international law.

Despite the harsh circumstances and no matter how great the challenges stemming from today's world crisis, our spirit remains strong, and together with the help of our Lord, strong Ukrainian Army, and inexhaustible global academic support, we are – incomparably stronger to defeat the evil that rebelled against humanity! <https://www.youtube.com/watch?v=sL7Lh3x3Tfk>

**Ukraine strongly needs your support! Please, pray for the peace and victory of Ukraine!**

## Support the Armed Forces of Ukraine!

The National Bank of Ukraine has decided to open a special fundraising account to support the Armed Forces of Ukraine. The number of the special account:

**UA843000010000000047330992708**

The account accepts multiple currencies, you can transfer funds in international currencies (USD, Euro, Pounds) as well as in Ukrainian currency.

For more information please contact the Secretariat of UCU: +38 (032)240-99-40 or [info@ucu.edu.ua](mailto:info@ucu.edu.ua)



In response to a proposal from a parishioner, we are considering moving the Sunday evening 5 PM Liturgy to a Vigil Liturgy (combined with a short vespers) at 5 PM on Saturday evenings.

This would mean a Vespers Divine Liturgy Saturdays at 5PM and NO Divine Liturgy Sundays at 5PM. Do you have a strong preference as to either of these two days?

Please let us know! Currently we are only in the discussion phase of this consideration and would like your feedback. Please email Linda at [office@protomartyr.ca](mailto:office@protomartyr.ca)



# Congratulations

## Congratulations to the new UCWLC Executive and Committee Members for 2022!

May the Lord continue to bless you in your ministry,  
called by the Lord Himself.

The blessing of the new is after the 8:30 Divine Liturgy

## Ukraine Humanitarian Appeal

Russian invaded Ukraine and is posing the largest threat to international global security since WWII. The Ukrainian people will fight to defend their homeland and in doing so, will prevent the spread of Russian aggression.

Russia's aggression will result in one of the largest humanitarian crises of this century. Hundreds of thousands, if not millions, of Ukrainians will be displaced, forced to flee their homeland.

This campaign is being run by the Canada-Ukraine Foundation (CUF) in partnership with the Ukrainian Canadian Congress.

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**Donate HERE :** [shorturl.at/bioqE](https://shorturl.at/bioqE)

## Jesus Prayer 100 Challenge



Will begin on February 28, 2021  
ending the last day of Lent.

We are excited to announce that Jesus Prayer 100 will start the next stage of the JP 33 prayer challenge pilgrimage. Over the course of the next 40 days, we will commit to practicing the Jesus Prayer 100 times per day, as well read the spiritual classic "The Way of the Pilgrim." There will be short catechetical videos to introduce the various chapters and provide extra challenges throughout the week. Whereas JP 33 can be seen as a wider program to inspire interest in the Jesus Prayer and lay the foundations of a spiritual life, JP 100 is a more focused program requiring a greater commitment.

### To participate you must:

- ❖ Have completed JP 33.
- ❖ Have permission from your Spiritual Director or be in the process of asking for Direction and have the blessing of your pastor (parish priest).
- ❖ Parish participation, including participation in liturgy and reception of the sacraments (as one is able) is presumed for this program.
- ❖ Although any version of "The Way of the Pilgrim" will work for our discussion, the copy Fr. Mike will use is "The Way of a Pilgrim: The Jesus Prayer Journey—Annotated & Explained" that can be found on Amazon. This version is interspersed with notes and quotes and provides a helpful glossary of terms.
- ❖ ZOOM discussion will take place on Thursdays at 6 PM MT or the occasional Friday, depending on Fr. Mike's availability.

I hope you will join us as we continue our journey together!

### Find out more on :

<https://www.jesusprayer33.com/new-jp100>

## Join the Eparchial Lenten Series: Learn from the Liturgy

The Divine Liturgy is central for faithful Christians. We will examine prayers voiced by the priest on our behalf, within the Divine Liturgy to learn the depth of the meaning of these prayers for a richer experience of the Divine Liturgy. A perfect way to prepare hearts for Pascha!

**DATES & TIMES:** 7:00 pm. - 8:30 pm.

- **March 24 - Part I**
- **March 31 - Part II**
- **April 7 - Part III**

**LOCATION:** In person attendance at Holy Eucharist Parish: 6425 120 Ave NW, Edmonton, following all applicable protocols.

**For online participation go to :** <https://tinyurl.com/5dw6pp26>  
or go to the Eparchy of Edmonton **website:** [www.eeparchy.com](http://www.eeparchy.com)  
or the Eparchy of Edmonton **Facebook** page for the link.

You are welcome to attend any or all of the sessions.

No registration necessary.

**CONTACT:** [education@edmontoneparchy.com](mailto:education@edmontoneparchy.com) if you have other questions.

