

ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

FEBRUARY 6TH, 2022



Address:
4903 – 45th Street S.W.
Calgary, Alberta T3E 3W5 Canada

Office Hours
Mon-Thurs 9:00am -2:00pm

Telephone:
403-249-4818, press 0

Pastoral Emergencies:
403-249-4818, press 9

Email:
Office@Protomartyr.ca
Coordinator@Protomartyr.ca

Parish Website:
www.saintstephencalgary.ca

Parish Calendar:
[www.saintstephencalgary.ca/
calendar1.html](http://www.saintstephencalgary.ca/calendar1.html)

Facebook:
[https://www.facebook.com
protomartyr.ca](https://www.facebook.com/protomartyr.ca)

Eparchy Website:
www.edmontoneparchy.com

DIVINE LITURGIES:

Sunday Services:
8:30 am—Ukr/Eng
10:05—Rosary
10:30 am—English
(live-streamed on Facebook &
www.saintstephencalgary.ca/)
5:00 pm—English

Weekday Services:

Wednesdays & Thursdays at 9:00am
Saturdays
5:00 pm Confessions
6:00 pm Vespers

Sunday of the Publican and Pharisee

Post-feast of the Encounter; Our Venerable Father Boucolus, Bishop of Smyrna;
the Holy Priest-Martyr Sylvanus, Bishop of Emessa and Those with Him

Troparia and Kontakia

Troparion, Tone 4: When the disciples of the Lord learned from the angel* the glorious news of the resurrection* and cast off the ancestral condemnation,* they proudly told the apostles:* “Death has been plundered!* Christ our God is risen,* granting to the world great mercy.”

Troparion, Tone 1: Rejoice, full of grace, Virgin Mother of God!* From you there dawned the Sun of Righteousness, Christ our God,* who enlightens those who dwell in darkness.* And you, O righteous Elder, be glad!* You received in your embrace* the Liberator of our souls,* who grants us resurrection.

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone 3: Let us bring sighs of sorrow to the Lord as did the Publican* and approach the Master as sinners,* for He desires salvation for everyone.* He grants forgiveness to all who repent.* For as God, the One-who-is, co-eternal with the Father, He became flesh for us.

Now and for ever and ever. Amen.

Kontakion, Tone 1: By Your birth, You sanctified a

virgin womb* and fittingly blessed the hands of Simeon.* You have come also now and saved us, O Christ our God,* give peace to Your community in time of war,* and strengthen its rulers, whom You love,* for You alone,* are the Lover of mankind.

Prokeimenon, Tone 4

How great are Your works, O Lord* You have made all things in wisdom.

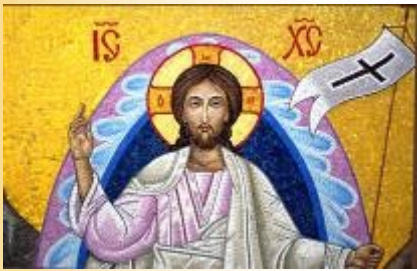
verse: Bless the Lord, O my soul: O Lord my God, You are exceedingly great. (*Psalm 103:24,1*)

Epistle

2 Timothy 3:10-15

A reading from the Second Epistle of the Holy Apostle Paul to Timothy.

Timothy, my son, you have carefully followed my doctrine, manner of life, purpose, faith, longsuffering, love, perseverance, persecutions, afflictions, which happened to me at Antioch, at Iconium, at Lystra—what persecutions I endured. And out of *them* all the Lord delivered me. Yes, and all who desire to live godly in Christ Jesus will suffer persecution. But evil men and impostors will grow



HOLY MYSTERIES

CONFESSION:

Saturdays 5:00 to 5:45 pm
or by Appointment
403-249-4818, ext. 2

MARRIAGE, BAPTISM-CHRISMATION- EUCCHARIST, FUNERALS :

Arrangements with the Pastor
403-249-4818, ext. 2

ANOIDTING OF THE SICK:

For emergencies call
403-249-4818, ext. 9

DIVINE LITURGY INTENTIONS :

Arrangements with the office

CLERGY & RELIGIOUS

Pastor :

Fr. Michael Bombak
FatherMichael@Protomartyr.ca
Office:403-249-4818, ext. 2

Pastor, St. Basil's Melkite Greek Catholic Church

Pastor: Fr. Samer Naaman
403-249-4818, ext. 3
stbasilmelkitecalgary@gmail.com
Facebook: St Basils Melkite Greek
Catholic Church Calgary

PARISH OFFICE

Office Administrator:

Linda Buck 403-249-4818, ext. 0
office@Protomartyr.ca

Sacramental Coordinator:

Kim Bombak
Sacraments@Protomartyr.ca

Communications Coordinator:

Mirna Farahat
coordinator@Protomartyr.ca

HALL RENTAL INQUIRIES

Maria Dwulit, cell: 403-816-5610,
email: Hall@Protomartyr.ca

HALL & KITCHEN

403-249-4818, ext. 6

worse and worse, deceiving and being deceived. But you must continue in the things which you have learned and been assured of, knowing from whom you have learned *them*, and that from childhood you have known the Holy Scriptures, which are able to make you wise for salvation through faith which is in Christ Jesus.

Alleluia, Tone 4

verse: Poise yourself and advance in triumph and reign in the cause of truth, and meekness, and justice.

verse: You have loved justice and hated iniquity. (Psalm 44:5,8)

Gospel

Luke 18:10-14

The Lord told this parable: "Two men went up to the temple to pray, one a Pharisee and the other a tax collector. The Pharisee stood and prayed thus with himself, 'God, I thank You that I am not like other men—extortioners, unjust, adulterers, or even as this tax collector. I fast twice a week; I give tithes of all that I possess.' And the tax collector, standing afar off, would not so much as raise his

eyes to heaven, but beat his breast, saying, 'God, be merciful to me a sinner!' I tell you, this man went down to his house justified *rather* than the other; for everyone who exalts himself will be humbled, and he who humbles himself will be exalted."

Hymn to the Mother of God

O God-bearing Virgin, hope of Christians, protect and guard and save all those who put their trust in you.

and the Irmos, Tone 3: In the law, the shadow, and the scriptures, we the faithful see a figure: every male child that opens the womb shall be sanctified to God. Therefore do we magnify the first-born Word and Son of the Father who is without beginning, the first-born Child of a Mother who had not known man.

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest (Psalm 148:1).* I will take the chalice of salvation;* and I will call upon the name of the Lord.* Alleluia, alleluia,* alleluia. (Psalm 116:13)



Sunday Divine Liturgy Livestreaming at 10:05 am

<https://youtu.be/Q83vxpy1P9A>

BIBLE STUDY



We will be starting our Bible Class on Thursday Mar. 3rd after the Divine Liturgy. This will be a great way to enter our Lenten journey.

The Bible class will be **The Great Adventure -- The Bible Timeline by Jeff Cavins**. We have the email list from the previous bible study but I'm sure there will be individuals who may want to join us for the first time. Please text or phone your info to Bernadette @ 403-669-5280 or email at corolla2007@shaw.ca. AHS guidelines will be followed. Updates to follow.

An evening class can be held, perhaps on a Tuesday. If you are interested in the evening class please call Fr. Mike @ 403-249-4818 ext 2 OR EMAIL :

FatherMichael@Protomartyr.ca

Seniors Presentation

Location: St. Stephen Protomartyr

Title of Topic: We need not be overcome by fear

Guest speaker : Alicia Dykstra-

Date & Time: February 23rd (following the Divine Liturgy)

Activity: Mini art activity

Please contact Linda Dudar for any additional information. lindadudar@shaw.ca

MORE INFORMATION WILL FOLLOW NEXT WEEK





2022 CASH RAFFLE

WIN UP TO \$30,000

Early Bird Draws: Jan 14 & Feb 11, 2022
Grand Prize Draw: Mar 1, 2022

50/50 ADD ON

GROW THE JACKPOT



THE CCEF CASH RAFFLE

The Calgary Catholic Education Foundation supports over 57000 students in the 117 schools in the Calgary Catholic School District.

Our \$2500 EARLY BIRD draw takes place on February 11, 2022!

Tickets are available online at <https://bit.ly/22Raffle> All net proceeds fund grants for the CCSD schools.

Please join and invite your organizations and friends to join the rally* on Sunday, February 6, at 2 pm at Crescent Heights Lookout Point, 240 Crescent Rd NW, Calgary, AB T2M 4A3. Parking is available around the Crescent Heights Park.

*Initially planned downtown, it is no longer an option since there will be a recently announced city-wide outdoor winter festival at a time.



STAND WITH UKRAINE

BLUE AND YELLOW CANADA

SUNDAY, FEBRUARY 6TH, 2 PM



Crescent Heights Lookout Point
240 Crescent Rd NW
CALGARY ALBERTA



Following the most recent AB COVID-19 update, and after speaking to authorities, we are opening the rally to a larger group than could be accommodated during the previous protest.

Please follow COVID-19 restrictions and precautions. Please stay at home if you exhibit any symptoms or/and in isolation: <https://www.alberta.ca/covid-19-testing-in-alberta.aspx>

The rally will start at Crescent Heights Lookout Point with speeches and anthems.

We hope to have a walk together after that for more pics. Ukraine's Consul in Canada Oleksandr Danyleiko is coming from Edmonton to join our rally. Media will be invited to the lookout point. Please bring Ukrainian and Canadian flags and symbols. **Posters will be welcome too, including: Stand With Ukraine, Stop Russian Aggression, Stop Putin Stop War.**

Ukraine Conflict: In recent months, the threat of a large-scale escalation of military conflict in Ukraine by Russia advances. Yet, we oftentimes forget the "Forgotten War," the already eight-year conflict brought about Russia in eastern Ukraine with some 2.9 million people impacted by the existing conflict and already in need of humanitarian assistance and protection. The immediate threat of escalated potential military action only highlights the need for an emergency humanitarian response on our part towards the purchase of food, water, basic hygiene, medicine, psychological support, shelter, evacuation, protection, and so on. Can you help your brothers and sisters in need?

Parishes are invited to take up an emergency humanitarian collection to aid the people in Ukraine. The donated funds are to be sent to the Pastoral Centre, who in turn will forward them to our partner Catholic Near East Welfare Association (CNEWA Ottawa), who are coordinating humanitarian relief efforts with Caritas Ukraine.

To stay informed on the greatest need and the developing humanitarian efforts, visit CNEWA's website (cnewa.org/ca).

If you would like to Aid to Humanitarian Crisis in Ukraine, please go to :
<https://eeparchy.com/donate/>



DIVINE LITURGY INTENTIONS

Saturday, February 5:

- ❖ 5:00pm – CANCELED - Confessions
- ❖ 6:00pm - Great Vespers

Sunday, February 6:

- ❖ 8:30am – for health and endurance for Missy
- ❖ 9:00am – First Solemn Communion – Lesson 3
- ❖ 10:30am – in memory of the repose of the soul of +Mary Josephs
- ❖ 5:00pm – for the intentions and needs of all parishioners

Wednesday, February 9:

- ❖ 9:00am – for health and wellbeing for Mary and Phil Dowhaniuk

Thursday, February 10:

- ❖ 9:00am – for improved health and healing and successful surgery for Dcn. Richard Nibogie

Saturday, February 12:

- ❖ 5:00pm - Confessions
- ❖ 6:00pm - Great Vespers

Sunday, February 13:

- ❖ 8:30am – in memory of the repose of the souls of +Wayne and +Darlene Sokoloski family
- ❖ 9:00am – First Solemn Communion – Lesson 4
- ❖ 10:30am – congratulations on the 50th Anniversary of vows of religious life for Sr. Maria. Mnohaya Lita!
- ❖ 5:00pm – for the intentions and needs of all parishioners

Make this a Great Lent



The Great Lent is almost upon us. We use the terms Lent, Great Lent, and Great Fast interchangeably. This year it begins on Feb 15 (Mar 15 Julian Calendar).

During this time we are encouraged to take forty days to prepare ourselves, and our families, so as to be spiritually ready, and worthy to celebrate and worship the Resurrection—April 4 (May 2 Julian Calendar). We are encouraged to fast, pray more, and to practice intentional charity(almsgiving). Here are some resources and suggestions which can help guide us in our journey.

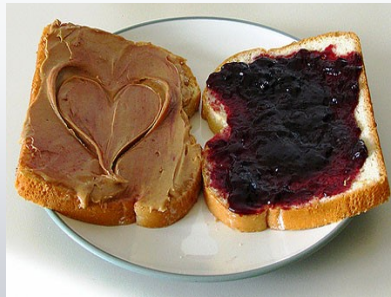
Increase Prayer, Fasting, and Almsgiving:

- Almsgiving, along with prayer and fasting make up the three-legged stool, which holds us up in our Lenten journey. These three when practiced together help to open our hearts to the Lord, so we may be touched by divine grace.
- If you have a family, speak with your spouse, and children about your expectations for Great Lent and decide as a family what you will do to increase your prayer, fasting, and almsgiving.
- It is a beautiful and encouraged practice to set aside the money we save from fasting during Great Lent. The money saved by not going out for lunch or supper, eating simpler and less each day can be donated to those in need.
- Consider sacrificing by increasing your donations at your parish, either in general or for a special project. Be purposeful about making the extra time to pray and to listen to God. Give yourself a few minutes to read the Holy Scriptures and contemplate the coming day before setting off to work and school. You can sign up to get short daily readings and reflections from Royal doors at <https://royaldoors.net/>
- Read the lives of the saints, the Psalter (psalms), or a book on prayer. There is some suggested Lenten reading material down below.
- Get the calendar of your parish or check out live-streamed services and plan to attend as a family. Consider attending the Canon of St. Andrew (this is good for both the body and soul!), the Liturgy of Presanctified Gifts, Sorokousty, or Vespers.
- Start your Lenten journey on the right foot with forgiveness. Some parishes will offer Forgiveness Vespers, on the evening of Cheese-fare Sunday, or will attach the forgiveness service to the end of the Sunday Divine Liturgy. You could also call family, friends and those who we may have offended and ask forgiveness.
- **Make a Good Confession:** Take time to thoroughly examine your heart and soul.

More resources can be found here: <https://eeparchy.com/2021/02/16/how-will-i-make-this-lent-great-fast-really-great/>

WE NEED YOUR HELP! Sandwich/ Snack Sunday

Sunday February 13, 2022
(2nd Sunday of each month)



UCWLC request parish members and families to participate in supporting the "Street Sisters" who are in need of 65 lunches.

WHAT is NEEDED?

A loaf of sandwiches, ONLY peanut butter and jam/jelly, Cheeze Whiz or Nutella. Pack each sandwich in individual sandwich bags.

ALSO: granola bars, juice boxes, bottled water, bags of apples or oranges and fruit cups.

For further information contact Katherine Letwin 403-922-9768 Cell/
Text



New year 2022

Raffle

Fund Raiser

ST. BASIL'S MELKITE GREEK CATHOLIC CHURCH

10,000 \$ in prizes

1 Prize For 5000\$ 1 Prize For 1500\$

3 Prizes For 500\$ 10 Prizes For 200\$

Ticket Price 100\$

**200
Tickets
Only**



**Draw Date
February
13
2022**

Must be at least 18 years of age to purchase

For Tickets Please Call:

SAMER TAHHAN: 587 225 5336 - SARA ALBDEWI: 587 717 0774 - FADI YACOB: 587 703 2280