



ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

SEPTEMBER 19TH, 2021



Address:
4903 – 45th Street S.W.
Calgary, Alberta T3E 3W5 Canada

Office Hours (July—Aug)
Mon-Thurs 9:00am -2:00pm

Telephone:
403-249-4818, press 0

Pastoral Emergencies:
403-249-4818, press 9

Email:
Office@Protomartyr.ca
Coordinator@Protomartyr.ca

Parish Website:
www.saintstephencalgary.ca

Parish Calendar:
[www.saintstephencalgary.ca/
calendar1.html](http://www.saintstephencalgary.ca/calendar1.html)

Facebook:
[https://www.facebook.com
protomartyr.ca](https://www.facebook.com/protomartyr.ca)

Eparchy Website:
www.edmontoneparchy.com

DIVINE LITURGIES:

Sunday Services:
8:30 am—Ukr/Eng
10:05—Rosary
10:30 am—English
(live-streamed on Facebook &
www.saintstephencalgary.ca/)
5:00 pm—English

Weekday Services:
Wednesdays & Thursdays at 9:00am
Saturdays
5:00 pm Confessions
6:00 pm Vespers

Sunday after the Exaltation of the Cross **Sunday after the Exaltation of the Cross** **Holy Martyrs Trophimus, Sabbatius and Dorymedontus (276-82)**

Antiphon 1

O God, my God, hear me; why have You forsaken me? The words of my transgressions put salvation far from me.

Through the prayers of the Mother of God, O Saviour, save us.

O God, I will call to You by day but You will not listen; and by night, yet it will not be foolish of me.

Through the prayers of the Mother of God, O Saviour, save us.

But You, the praise of Israel, dwell in the holy place.

Through the prayers of the Mother of God, O Saviour, save us.

Glory... Now... Only-begotten Son...

Antiphon 3

Come, let us sing joyfully to the Lord, let us acclaim God, our Saviour.

Son of God, crucified in the flesh, save us who sing to You: Alleluia.

Let us come before His face with praise, and

acclaim Him in psalms.

Son of God, crucified in the flesh, save us who sing to You: Alleluia.

For God is the great Lord, and the great king over all the earth.

Son of God, crucified in the flesh, save us who sing to You: Alleluia.

Entrance

Come, let us worship and fall down before Christ.

Son of God, crucified in the flesh, save us who sing to You: Alleluia.

Troparia and Kontakia

Troparion, Tone 8: You came down from on high, O Merciful One,* and accepted three days of burial* to free us from our sufferings.* O Lord, our life and our resurrection,* glory be to You.

Troparion, Tone 1: Save Your people, O Lord, and bless Your inheritance.* Grant victory to Your faithful people against enemies,* and protect Your community by Your cross.

Glory be to the Father and to the Son and to the Holy Spirit.



HOLY MYSTERIES

CONFESSION:

Saturdays 5:00 to 5:45 pm
or by Appointment
403-249-4818, ext. 2

MARRIAGE, BAPTISM-CHRISMATION- EUCHARIST, FUNERALS :

Arrangements with the Pastor
403-249-4818, ext. 2

ANOIDTING OF THE SICK:

For emergencies call
403-249-4818, ext. 9

DIVINE LITURGY INTENTIONS :

Arrangements with the office

CLERGY & RELIGIOUS

Pastor :

Fr. Michael Bombak
FatherMichael@Protomartyr.ca
Office:403-249-4818, ext. 2

Pastor, St. Basil's Melkite Greek Catholic Church

Pastor: Fr. Samer Naaman
403-249-4818, ext. 3
stbasilmelkitecalgary@gmail.com
Facebook: St Basils Melkite Greek
Catholic Church Calgary

PARISH OFFICE

Office Administrator:

Linda Buck 403-249-4818, ext. 0
office@Protomartyr.ca

Sacramental Coordinator:

Kim Bombak
Sacraments@Protomartyr.ca

Communications Coordinator:

Mirna Farahat
coordinator@Protomartyr.ca

HALL RENTAL INQUIRIES

Maria Dwulit, cell: 403-816-5610,
email: Hall@Protomartyr.ca

HALL & KITCHEN

403-249-4818, ext. 6

Kontakion, Tone 8: When You rose from the tomb,* You also raised the dead and resurrected Adam.* Eve exults in Your resurrection,* and the ends of the world celebrate Your rising from the dead,* O most merciful One.

Now and for ever and ever. Amen.

Kontakion, Tone 4: By Your own choice, O Christ our God,* You were lifted on the cross.* Grant Your mercies to Your new community* that bears Your Name.* By Your power gladden the faithful people,* and grant them victory against enemies.* May they have the help of Your instrument of peace,* the invincible sign of victory.

Prokeimenon, Tone 7

Exalt the Lord our God,* and bow in worship at the footstool of his feet, for it is holy.

verse: The Lord reigns, let the people tremble.
(Psalm 98:5,1)

Epistle

Galatians 2:16-20

Brothers and sisters, knowing that a man is not justified by the works of the law but by faith in Jesus Christ, even we have believed in Christ Jesus, that we might be justified by faith in Christ and not by the works of the law; for by the works of the law no flesh shall be justified.

"But if, while we seek to be justified by Christ, we ourselves also are found sinners, is Christ therefore a minister of sin? Certainly not! For if I build again those things which I destroyed, I make myself a transgressor. For I through the law died to the law that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the *life* which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.

Alleluia, Tone 1

verse: Remember Your congregation which You

acquired from the beginning.

verse: But God is our king before the ages; He has wrought salvation in the midst of the earth. (Psalm 73:2,12)

Gospel—Mark 8:34-9:1

The Lord said, "If anyone wishes to come after Me, let him deny himself, and take up his cross, and follow Me. For whoever desires to save his life will lose it, but whoever loses his life for My sake and the gospel's will save it. For what will it profit a man if he gains the whole world, and loses his own soul? Or what will a man give in exchange for his soul? For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him the Son of Man also will be ashamed when He comes in the glory of His Father with the holy angels."

And He said to them, "Assuredly, I say to you that there are some standing here who will not taste death till they see the kingdom of God present with power."

Hymn to the Mother of God

O my soul, magnify the most precious cross of the Lord.

And the Irmos: You are a mystical Paradise, O Mother of God, who though untitled, have brought forth Christ. He has planted upon earth the life-giving Tree of the Cross. Therefore today as we raise it on high we bow low and we magnify you.

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest. (Psalm 148:1)* Let the light of Your countenance, O Lord,* shine upon us.* Alleluia, alleluia,* alleluia. (Psalm 4:7)

At the end of Liturgy we sing:

To Your Cross, O Master, we bow in veneration, and we glorify Your holy Resurrection. (3)

The Church will be limited to 110 people, with overflow seating in the hall (pre-registration/registration are not required). We will keep counts of attendees.



Congratulations to all our children who celebrated their First Solemn Communion on September 12th.

May the blessings of our Lord be upon them and may they grow in the light and love that comes from our Lord Jesus Christ.

Special thanks go to Kathryn Livesey and all those who have helped in preparing our children for this special occasion!



UCWLC: DROP OFF BOTTLE DRIVE:

THANK YOU to Parishioners and Friends for YOUR Contribution of Bottles, Cartons and Cans. We also had donations of cash and E-Transfers to a total of \$561 and more E-Transfers to come at St.StephenUCWLC@hotmail.com

Thank you to the Volunteers who cleaned, steamed and cut 600 lbs. cabbage for future Work Bees and also prepared cooked beets for Borsch.

A few Work Bees will be Postponed until safer times but we hope to get back to making Perogies and Cabbage Rolls for the Snow Flake Bazaar .



ST. STEPHEN'S

PRAZNYK

SUNDAY, SEPTEMBER 26, 2021

ST. STEPHEN'S CULTURAL CENTER

4903 - 45 Street SW, Calgary

Tickets on sale soon.

\$10 adults and youth
12 years and older \$10
Family \$20.

POSTPONED

Stay tuned for more information.



DIVINE LITURGY INTENTIONS

Saturday, September 18:

- ❖ 1:00pm – Wedding – Peter Ewanchyna and Pippa Cookson-Hills
- ❖ 5:00pm – Confessions
- ❖ 6:00pm – Great Vespers

Sunday, September 19:

- ❖ 8:30am – for blessings of health and wellbeing for Stephanie Sakundiak
- ❖ 10:30am – in memory of the repose of the soul (1 yr) of +Adrian Sakundiak (w/ Panakhyda)
- ❖ 5:00pm – in memory of the repose of the souls of +Joe and +Maria Girardi

Wednesday, September 22:

- ❖ 9:00am – in memory of the repose of the soul of +Jerry Jumaga

Thursday, September 23:

- ❖ 9:00am – for blessings of health and healing for Joe Sakundiak

Saturday, September 25:

- ❖ 5:00pm – Confessions
- ❖ 6:00pm – Great Vespers

Sunday, September 26:

- ❖ 8:30am – for blessings of health and healing for Joe Sakundiak
- ❖ 10:30am – for blessings and congratulations to Christian & Linda Buck on their 25th Wedding Anniversary. Mnohaya Lita!
- ❖ 5:00pm – in memory of the repose of the souls of +Joe and +Julia Cachay



We are planning many functions from September until the end of 2021. We will be following AHS guidelines for safety with direction from Bishop David. Please check the dates on the UCWLC workbees page for opportunities to help out.

Here are some opportunities to help out during the month of September

- **Tuesday, September 21st** Cabbage Rolls 9 am till 1 pm
- **Saturday and Sunday, September 25th and 26th** Praznyk
- **Wednesday September 29th** Perogy prep.—9 am until 1 p.m.
- **Thursday, September 30th** Perogy pinching) - 9 am until 1 p.m.

More UCWLC workbees in 2021 : www.saintstephencalgary.ca/ucwlc-workbees.html

OPERATION ST. NICHOLAS 2021

Charity, the highest form of love, signifying the reciprocal love between God and man that is made manifest in unselfish love of one's fellow men.

Thank you for your tremendous support of St Stephen's Christmas charity event, Operation St Nicholas 2021. All 57 children have sponsors and time to get your gifts bags back to church.

Please check your home for unwanted extra-large binder clips that you could donate to OSN to be used to secure the packages for each child. You can drop them off in the box on the table in the Narthex.

We are still accepting cash donation that will be used to purchase food for the families and to offset the cost of shipping by sea container to Ukraine. Cheques are to be made payable to St. Stephen's Parish and tax receipts will be issued.



WE NEED YOUR HELP! Sandwich / Snack Sunday

2nd Sunday of each month—October 10

UCWLC requests parish members and families to participate in supporting the "Street Sisters" who are in need of 40 lunches. Volunteers are required to pack the lunch supplies after 10:30 liturgies. For further information contact Theresa Lewchuk 403-208-0850.



CALGARY FRIENDS OF UCU

UCU STRONG
FAITH – TEACHING – LEARNING



LIVESTREAM

IN SUPPORT OF UCU SCHOLARSHIP
AND EXCHANGE PROGRAMS

THURSDAY **OCTOBER 28, 2021**

7:00 to 8:15 pm MDT

Entertainment and student presentations

Keynote Speaker: **Michael Bociurkiw**, writer and global affairs analyst

Community salute to **Dr. Gerry Turcotte**, President St. Mary's University

FOR INFORMATION VISIT:

<https://www.facebook.com/CalgaryFriendsOfUCU>
or ucef.ca



Calgary Friends of UCU announces a change in plans

In the interest of avoiding COVID health risks for banquet guests, the Calgary Friends of UCU is replacing the 2021 Gala Banquet with an online Virtual Soiree on Thursday October 28, 2021, at 7 pm. The program includes a keynote address by noted Ukrainian Canadian writer and global affairs analyst Michael Bociurkiw; a salute Dr. Gerry Turcotte of St. Mary's University; and local Ukrainian entertainment.

Registration is **free**. Donations are accepted in support of UCU student scholarships and the vital student exchange program between UCU and St. Mary's University in Calgary. To register or donate please visit <https://ucef.ca/>. For more information, please contact the Calgary Friends of UCU at (403) 670-9145.

Save the Date

KofC Fall Supper

On

October 22, 2021

Stay tuned
for more information...



YOU BET YOUR BORSCH
I'M UKRAINIAN!

UKRAINIAN LANGUAGE CLASSES FALL 2021 FOR ADULTS AND YOUTH:

**Are you planning a trip to Ukraine in 2022 or 2023?
Start to prepare now!**

St. Stephen's Protomartyr Ukrainian Catholic Church is offering Ukrainian language classes this fall for adults and youth (at least 12 years of age, preferably together with a parent) in-class and via Zoom.

For further details and to register:

<https://bit.ly/3iTnuq5> or contact Deborah Johnson
at lornejn@telusplanet.net or phone 403-201-6225.



Your **FEEDBACK**
MATTERS

We're seeking feedback regarding St. Stephen's bulletin, website and Facebook site. Please send us an email with:

What you would like to see, and any ideas or suggestions on how we can do things better.

Email : Linda @ office@protomartyr.ca
or Mirna @ coordinator@protomartyr.ca

Please Donate!

thank you!

St. Stephen's maintenance group is looking for any old and unusable downhill skis and/or snowboards to enable easier mobility of the Nativity scene. Please drop off at the office at your convenience or call John Kowal at 403-880-0577.

SCAM ALERT!

PLEASE BEWARE OF SCAM EMAILS OR MESSAGES USING FR. MIKE

Hackers are constantly targeting people asking for money or information using other people's information. **Fr. Mike would never send an email or text message asking for money or a favor. Always call the office directly if you are in any way uncertain.**