

ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

MAY 30TH, 2021



Address:
4903 – 45th Street S.W.
Calgary, Alberta T3E 3W5 Canada

Office Hours (during outbreak)
Mon-Friday 9:00 am—12:00 pm
Phone enquiries only

Telephone:
403-249-4818, press 0

Pastoral Emergencies:
403-249-4818, press 9

Email:
Office@Protomartyr.ca
Coordinator@Protomartyr.ca

Parish Website:
www.saintstephencalgary.ca

Facebook:
<https://www.facebook.com/protomartyr.ca>

Eparchy Website:
www.edmontoneparchy.com

DIVINE LITURGIES:

Sunday Services:
8:30 am—Ukr/Eng
10:30 am—English
5:00 pm—English (children choir)
Pre-registration recommended :
<https://bit.ly/2N4H1Ch>

Weekday Services:

Tuesdays, Wednesdays & Thursdays
at 9:00am

Saturdays
5:00 pm Confessions
6:00 pm Vespers

First Sunday after Pentecost. All Saints Sunday;

Our Venerable Father Isaac, Hegumen of the Dalmatin Monastery (406-25)

Troparia and Kontakia

Troparion, Tone 8: You came down from on high, O Merciful One,* and accepted three days of burial* to free us from our sufferings.* O Lord, our life and our resurrection,* glory be to You!

Troparion, Tone 4: Clothed as in purple and fine linen* with the blood of Your martyrs throughout the world,* Your Church cries out to You through them, O Christ God:* send down Your loving-kindness on Your people;* grant peace to Your community,* and to our souls great mercy.

Glory be to the Father, and to the Son, and to the Holy Spirit, now and for ever and ever. Amen.

Kontakion, Tone 8: O Lord, Master of nature,* the world offers You the godly martyrs as the first-fruits of nature.* By their supplications, through the Mother of God,* preserve Your Church and Your people in profound peace,* O most merciful One.

Prokeimenon, Tone 8

Pray and give thanks to the Lord our God.

verse: In Judea God is known; His name is great in Israel. (*Psalms 76:12,2*)

Epistle

Hebrews 11:33-12:2

Brothers and sisters, the saints who through faith subdued kingdoms, worked righteousness, obtained promises, stopped the mouths of lions, quenched the violence of fire, escaped the edge of the sword, out of weakness were made strong, became valiant in battle, turned to flight the armies of the aliens. Women received their dead raised to life again.

Others were tortured, not accepting deliverance, that they might obtain a better resurrection. Still others had trial of mockings and scourgings, yes, and of chains and imprisonment. They were stoned, they were sawn in two, were tempted, were slain with the sword. They wandered about in sheepskins and goatskins, being destitute, afflicted, tormented— of whom the world was not worthy. They wandered in deserts and mountains, in dens and caves of the earth.

And all these, having obtained a good testimony through faith, did not receive the promise, God

having provided something better for us, that they should not be made perfect apart from us.

Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

Alleluia, Tone 4

verse: The just cried out and the Lord heard them, and delivered them out of their afflictions.

verse: The afflictions of the just are many, and out of them all will the Lord deliver them. (*Psalms 33:18,20*)

Gospel

Matthew 10:32-33, 37-38; 19:27-30

The Lord said to His disciples, "Whoever confesses Me before men, him I will also confess before My Father who is in heaven. But whoever denies Me before men, him I will also deny before My Father who is in heaven.

"He who loves father or mother more than Me is not worthy of Me. And he who loves son or daughter more than Me is not worthy of Me. And he who does not take his cross and follow after Me is not worthy of Me.

Then Peter answered and said to Him, "See, we have left all and followed You. Therefore what shall we have?"

So Jesus said to them, "Assuredly I say to you, that in the regeneration, when the Son of Man sits on the throne of His glory, you who have followed Me will also sit on twelve thrones, judging the twelve tribes of Israel. And everyone who has left houses or brothers or sisters or father or mother or wife or children or lands, for My name's sake, shall receive a hundredfold, and inherit eternal life. But many *who are* first will be last, and the last first."

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest. (*Psalms 148:1*)* Rejoice in the Lord, O you just;* praise befits the righteous. (*Psalms 32:1*) Alleluia, alleluia,* alleluia.



HOLY MYSTERIES

CONFESSION:

Saturdays 5:00 to 5:45 pm
or by Appointment
403-249-4818, ext. 2

MARRIAGE, BAPTISM-CHRISMATION- EUCHARIST, FUNERALS :

Arrangements with the Pastor
403-249-4818, ext. 2

ANOIDING OF THE SICK:

For emergencies call
403-249-4818, ext. 9

DIVINE LITURGY INTENTIONS :

Arrangements with the office

CLERGY & RELIGIOUS

Pastor :

Fr. Michael Bombak
FatherMichael@Protomartyr.ca
Office:403-249-4818, ext. 2

Pastor, St. Basil's Melkite Greek Catholic Church

Pastor: Fr. Samer Naaman
403-249-4818, ext. 3
stbasilmelkitecalgary@gmail.com
Facebook: St Basils Melkite Greek
Catholic Church Calgary

PARISH OFFICE

Office Administrator:

Linda Buck 403-249-4818, ext. 0
office@Protomartyr.ca

Communications Coordinator:

Mirna Farahat
coordinator@Protomartyr.ca

HALL RENTAL INQUIRIES

Maria Dwulit, cell: 403-816-5610,
email: Hall@Protomartyr.ca

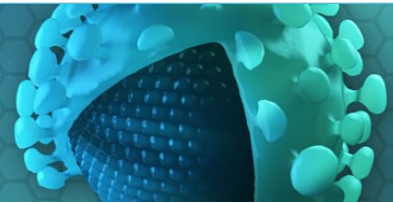
HALL & KITCHEN

403-249-4818, ext. 6

Please



CORONA VIRUS COVID-19 UPDATE



- Starting May 28th, 2021, the capacity for worship services increases to 15% of fire code occupancy. **This means we are back to being able to have 50 people in the church and 60 people in the hall for a total of 110 people. Seating will again be on a first come first serve basis. Pre-registration is recommended. Distancing and masking requirements remain in effect.**
- Funeral ceremonies may have up to 20 people, not including facility staff, funeral clergy or organizers not considered guests. Receptions remain prohibited.
- Wedding ceremonies may have up to 10 people, including the officiant, bride/groom, witnesses and any photographers/videographers. Receptions remain prohibited.
- Those with medical conditions who are unable to wear a mask will be allowed to attend this week but they will need to obtain a medical exemption letter from a health professional if they are planning to attend in the upcoming weeks.
- Every measure will continue to be taken to keep everyone safe from the virus with social distancing, sanitizing and mandatory face masks. We look forward to you joining us!
- **Ushering and cleaning volunteers are required for ALL Divine Liturgies.** We would appreciate any assistance that you are able to offer. Please join our volunteer crew by contacting our Liturgical Director, Len Beblow by email at liturgical@protomartyr.ca or the office by phone 403-249-4818.

Announcements

- ❖ The Rosary will be prayed and live-streamed on Sundays at 10:05 AM
- ❖ **Sunday Divine Liturgy Live-streaming link :** <https://youtu.be/rDSpt5xhCyA> The recording will be made available to watch later on Facebook and St. Stephen's website
- ❖ **Sunday Divine Liturgy sign-up :** <https://bit.ly/2N4HlCh>.
- ❖ **NEW DATE** - Blessing of Graves #2 : Saturday, June 12
 - ⇒ 11:00AM - EdenBrook Memorial Gardens 24223 Township Road 24217th Ave & Lower Springbank Rd, Calgary, AB
 - ⇒ 2:00PM - St Mary's Cemetery Erlton Street/32 Ave SW Calgary, AB
- ❖ **Effective Saturday, May 29th, we are moving back to 5:00 Confessions and 6:00 Great Vespers, so NO DIVINE LITURGY Saturday evenings.**
- ❖ Deadline for including announcements in the bulletin is no later than WEDNESDAY at 2:00pm.

Iconography Summer School 2021



Online learning

We offer our courses **online** (pre-recorded video-demonstrations; real-time online tutoring and lecturing via Zoom or similar platforms), **July 26 – August 14**. We hope that next year we will meet together offline.

The applications deadline is June 28—For more details, please CONTACT :

Email: arsacra@gmail.com

Web: <https://sites.google.com/view/iconography-summer-school-2021/>

Registration form is in shorturl.at/ftNO2

Phone: +380680691730

UCWLC Recognition Day - May 30th



St. Stephen's UCWLC Celebrates Their work in the Parish, community, social Justice, spiritual growth and involvement in most committees which reflects the commitment that the Ladies League nurtures.

Prayers and thanks to all the Members and to those who have passed. These ladies were and are the building blocks of our League. In partnership with other organizations we built St. Stephen's through prayer, worship, community, hard work and enjoyment.

We continue to nurture and grow with the changes in technology and society but stay true to the work of Jesus and his Blessed Mother, the Blessed Virgin Mary.

We welcome St. Stephen's young women to be part of this organization so we can meet the challenges of today and the future. On May, 30th call a member in the League and let them share their experiences in this walk of service. Many joyful times and great experiences to share.



DIVINE LITURGY INTENTIONS

Saturday, May 29:

- ❖ 5:00pm - Confessions
- ❖ 6:00pm - Great Vespers

Sunday, May 30:

- ❖ 8:30am - in memory of the repose of the soul of +John McLean
- ❖ 10:30am - for special blessings for Connie Sakundiak in memory of the repose of the soul of +Adrian Sakundiak
- ❖ 5:00pm - for health and wellbeing for Phil and Mary Dowhaniuk

Tuesday, June 1:

- ❖ 9:00am - for the repose of the soul of +Leone Wolasyyn
- ❖ 9:00am - for special intentions for Michael & Courtney Yakimetz and family

Wednesday, June 2:

- ❖ 9:00am - in memory of the repose of the soul of +Andrew Ewachow
- ❖ 9:00am - for the repose of the soul of +Walter Kohuch

Thursday, June 3:

- ❖ 9:00am - for the health and wellbeing of Lorne Nicholas Woychysyn

Saturday, June 5:

- ❖ 5:00pm - Confessions
- ❖ 6:00pm - Great Vespers

Sunday, June 6:

- ❖ 8:30am - in memory of the repose of the souls of +Bernice and +Eugene Ewachow
- ❖ 10:30am - for the repose of the soul of +Gordon Hryhoryshen
- ❖ 5:00pm - for the repose of the soul of +Nicholas Adam Laniel



Charity

Coordinates and markets the efforts of all parish charitable activity.

Contact: Mary Chudyk, Charity Director

Email: Charity@Protomartyr.ca

Pass It On - Clothing charity for families.

Contact: Theresa Lewchuk, Co-Convener, Operations

Telephone: 403-815-6055

Email: lewchukt@hotmail.com

Contact: Deborah Johnson, Co-Convener, Communications

Telephone: 403-863-0941

Email: lornejn@telusplanet.net

Men's Dinner

Annual major church fundraiser for capital expenses plus charity endeavors.

Contact: Greg Bobyn

Email: greg.bobyn@mnp.ca

The Helping Others Network

Distributes used furnishings and clothing to the needy.

Contact: Des Peplinski

Telephone: 403-238-0804

Email: dlp238@shaw.ca

Religious Art Committee

Discusses and coordinates religious artwork for the parish.

Contact: Jim Ochitwa

Email: jimochitwa@shaw.ca

UCWLC: Ukrainian Catholic Women's League of Canada

Responds to parish and community needs through volunteerism, pastoral works, Ukrainian culture & aid.

Contact: Nettie Kost, UCWLC President

Email: nettiekost@gmail.com

Knights of Columbus: *Provides financial aid & support for members and their families, and helps the sick, needy and disabled in our parish, city and abroad.*

Contact: Ivan Weleschuk (3rd Degree)

Email: ivanweleschuk@hotmail.com

Contact: Bohdan Tyrawski (4th Degree)

Email: bohdaytyrawski@gmail.com

Plus 50 Club: *Provides social interaction for seniors. Also promotes programs and activities relevant to seniors.*

Contact: Ed Tysowski, President

Phone: 403-547-3226

E-mail: tysow@shaw.ca

REFLECTION

Ever been to a corporate dinner party and witnessed *shmoozing*? Or maybe you were the one doing it? Shmoozing is chatting persuasively in a casual manner to gain favour, business, or connections. Although it's mostly harmless, it is to a certain extent inauthentic and shares the same roots with some of the other behaviour that Our Lord condemns in His message to us today.

Christ is the New Moses, and our reading comes from His New Law delivered on the Mount of Olives. Although the people "have heard it said" in the Law and customs which came before, Christians are not concerned with simply outward behaviours, but ultimately, the heart of the matter. It is not enough to simply love those who love us, we must love everyone, even (and especially!) those who hate us. God gives to everyone, and we are on the mission of becoming *like* God. Although our translation today says "that you may be" sons of the Father, the word in Greek has more of meaning of "become." It's not a "once and done" thing. As we practice, day by day, becoming more like Christ, we become more the perfect children of God that we are called to be, or in other worlds: saints! Let us trade shmoozing for loving and hearts of stone for hearts of flesh.



May 29: St. Theodosia of Tyre

She was a virgin of Tyre who was not yet eighteen years old. When some martyrs of her church who had been arrested were being brought before the magistrate in Caesarea, she went to them to encourage them to be steadfast and to ask for their prayers. While doing so, she herself was arrested with them. The commander had her tortured, digging into her sides and breasts to the very bone. Still alive, she was cast into the sea. She suffered with cheerfulness and joy and inherited the heavenly glory in 300.



May 30: The Venerable Isaac the Confessor

Isaac lived as a hermit in the east, and came to Constantinople in the fourth century. Isaac possessed prophetic gifts, and warned the Emperor of danger from the invading Goths. The citizens of the Imperial city were impressed by his holiness and his prophetic gifts, and a certain one of them, Saturnius, and urged him to stay in the capital, and built him a monastery there. Before Isaac's death, he appointed a disciple of his named Dalmatus as his successor (thus the monastery was later known as "the Dalmatian monastery"). Isaac died in peace in 383.

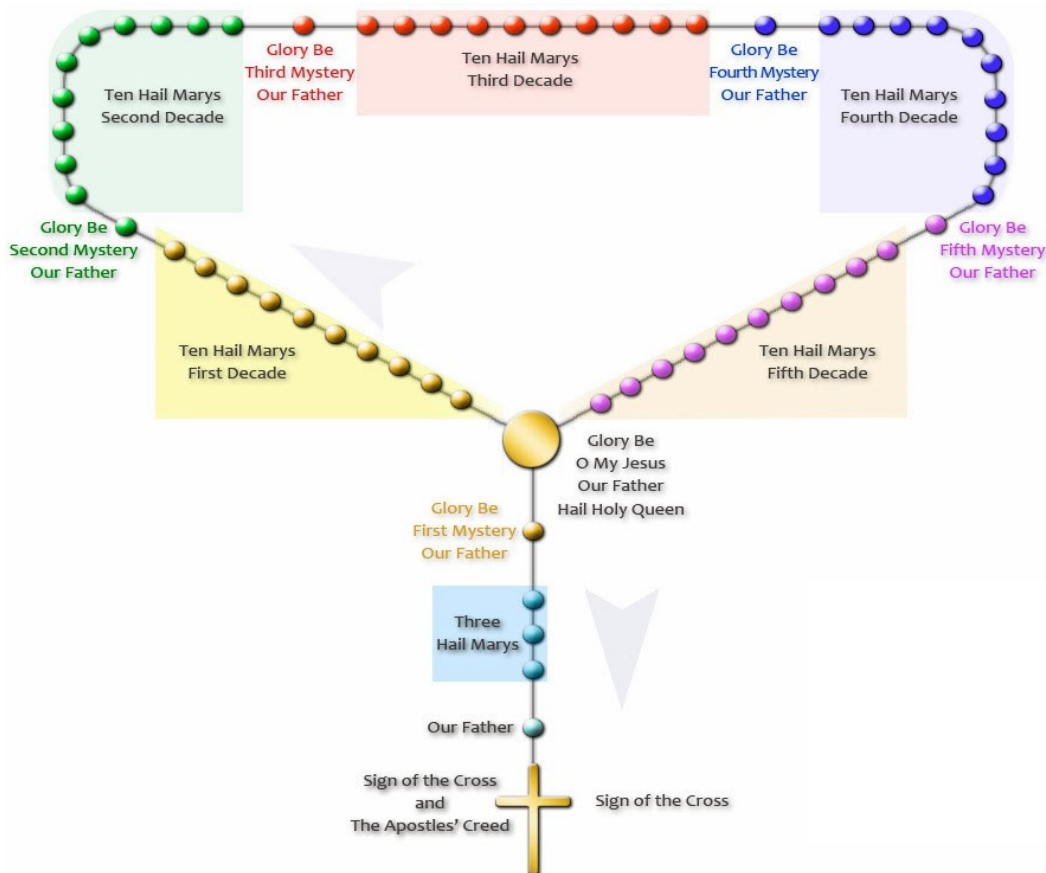


Kids Bulletin



THE HAIL MARY

HAIL MARY, FULL OF GRACE, THE LORD IS WITH THEE. BLESSED ART THOU AMONG WOMEN, AND BLESSED IS THE FRUIT OF THY WOMB, JESUS. HOLY MARY, MOTHER OF GOD, PRAY FOR US SINNERS, NOW AND AT THE HOUR OF OUR DEATH. AMEN.



Prayer & Support Group: Accepts prayer requests for the confidential needs and intentions of parishioners and others.

Contact: Marilyn Comchi

Telephone: 403-220-9624

Email: marilyncomchi@shaw.ca

Support Network: Provides support, encouragement & help for parishioners facing various difficulties/situations with referrals to services or help they need.

Contact: Bernadette Lukey, Pastoral Care Director

Email: PastoralCare@Protomartyr.ca

International Trust Fund: Solicits & invests donations and disburses earned income to international charities in 2nd and 3rd world countries.

Contact: Steve Groch

Email: swgctc@aol.com

Family Support Trust Fund: Solicits & invests donations and disburses earned income to parishioners in need.

Contact: Mary Chudyk, Charity Director

Email: Charity@Protomartyr.ca

Planned Giving: A program for individuals to make legacy donations to St. Stephen's through a will or other planned giving options. Contact: Greg Yuzwa, CPA, Co-ordinator
Email: PlannedGiving@Protomartyr.ca

ARK Store: Looking for the perfect religious item as a gift or for yourself? Check out the Ark store at the entrance to our hall.

Contact: Donna Chelack

Email: dchelack@shaw.ca or

Office@Protomartyr.ca

Sunday School: A program run on most Sundays during the 10:30am Divine Liturgy for preschoolers age 4 through grade 2 children (pre-First Solemn Communion). Currently canceled
Email: ChildrensPrograms@Protomartyr.ca

First Solemn Communion (FSC): Sacramental Classes for children around grade 2 who are ready to approach for the Sacraments of Reconciliation and Eucharist on their own.

Contact: Kathy Livesey

Email: Education@Protomartyr.ca

Calgary Pro-Life Association: Raises funds for educational awareness programs.

Contact: John Siroishka

Telephone: 403-271-2128

Email: johnsiroishka@shaw.ca

The Ukrainian Festival is having a PEROGY Drive-thru
WHEN? Saturday, June 5th from 4:00 to 7:30 pm
WHERE? St. Stephen Protomartyr Ukrainian Catholic Church 4903 45 St SW
Perogy Drive Thru - June 5 2021

Preorders only
<https://shop.calgaryukrainianfestival.ca/>



LOCATION
TRYZUB STUDIOS
115, 3953 112 AVE SE
CALGARY AB

REGISTER ONLINE
WWW.TRYZUB.CA

OUR CAMPS

July 12 - 16
AGES 4-6: 9AM-12PM
AGES 1-12: 1PM-4PM

July 19-23
AGES 7-9: 9AM-12PM
AGES 13+: 1PM-4PM

tryzub
SCHOOL OF UKRAINIAN DANCE

**Ukrainian
SUMMER
DANCE CAMPS
2021**

www.tryzub.ca

DANCE FOOTWEAR IS RECOMMENDED
(NO RUNNING SHOES ALLOWED).
USED DANCE SLIPPERS ARE AVAILABLE TO BE
SIGNED OUT (BORROWED) IN LIMITED SIZES.

JOIN US VIRTUALLY!



CALGARY 
UKRAINIAN FESTIVAL
JUNE 5TH & 6TH, 2021

Eparchial Marian Retreat for Women
A morning to ponder...



With Our Holy Mother, the Theotokos
Saturday, May 29th 2021, 10:00 am -12:00 pm

"And blessed is she who believed that there would be a fulfillment of what was spoken to her from the Lord (Luke 1,49).

As we take the Mother of God, the Holy Theotokos; as our true model of discipleship, Denise will lead us in a time of prayerful reflection and group sharing, looking more closely at what wells up within us when we contemplate Mary.

To register:

<https://tinyurl.com/cdc67vym>

Registration Deadline: May 27

A Zoom link will be sent to the registrants the day before the retreat (May 28)

Cost: Free — any donations will support the Religious Education Department of the Eparchy of Edmonton



Tryzub Ukrainian Dance Society's 2nd Annual Wine & Spirits Survivor is open for registration until Thursday, June 3rd. Winning teams share 50% of the proceeds and receive gift cards from J Webb Wine Merchants.

Form a team of 6 (\$240) or enter as singles (\$40) and we'll put you on a team. Buy an immunity for \$20.

Go to www.tryzub.ca for more information and the link to the registration.

**SCAM
ALERT**

PLEASE BEWARE OF SCAM EMAILS OR MESSAGES USING FR. MIKE

Hackers are constantly targeting people asking for money or information using other people's information.

Fr. Mike would never send an email or text message asking for money or a favor. Always call the office directly if you are in any way uncertain.