



ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

APRIL 18TH, 2021

Third Sunday of Pascha, Sunday of the Myrrh-Bearing Women

our Venerable Father John, Disciple of Gregory the Decapolitan (c. 842)



Address:

4903 – 45th Street S.W.
Calgary, Alberta T3E 3W5 Canada

Office Hours (during outbreak)

Mon-Friday 9:00 am—12:00 pm
Phone enquiries only

Telephone:

403-249-4818, press 0

Pastoral Emergencies:

403-249-4818, press 9

Email:

Office@Protomartyr.ca
Coordinator@Protomartyr.ca

Parish Website:

www.saintstephencalgary.ca

Facebook:

<https://www.facebook.com/protomartyr.ca>

Eparchy Website:

www.edmontoneparchy.com

DIVINE LITURGIES:

Sunday Services:

8:30 am—Ukr/Eng
10:30 am—English
5:00 pm—English (children choir)
Pre-registration recommended :
<https://bit.ly/2N4H1Ch>

Weekday Services:

Tuesdays, Wednesdays & Thursdays
at 9:00am

Saturdays

5:00 pm Confessions
6:00 pm Vespers

After the priest has exclaimed, Blessed be the Kingdom... and the people have responded, Amen, the clergy sing the Paschal Troparion once and the people repeat it. Then, the clergy sing the first half, and the people conclude it.

Paschal Troparion

Christ is risen from the dead,* trampling death by death,* and to those in the tombs* giving life.

Troparia and Kontakia

Troparion, Tone 2: When You went down to death, O Life Immortal,* You struck Hades dead with the blazing light of Your divinity.* When You raised the dead from the nether world,* all the powers of heaven cried out:* "O Giver of Life, Christ our God, glory be to You!"

Troparion, Tone 2: The noble Joseph took down Your most pure body from the tree.* He wrapped it with a clean shroud and aromatic spices* and placed it in a new tomb.* But on the third day You arose, O Lord,* granting the world Your great mercy.

Glory be to the Father, and to the Son, and to the Holy Spirit.

Kontakion, Tone 2: You commanded the myrrh-bearers to rejoice, O Christ God,* and ended the grief of our mother Eve by Your Resurrection.* You ordered the apostles to proclaim to all:* "The Saviour is risen from the tomb."

Now and for ever and ever. Amen.

Kontakion, Tone 8: Though You descended into a tomb, O Immortal One,* yet You destroyed the power of Hades;* and You rose as victor, O Christ God,* calling to the myrrh-bearing women: Rejoice!* and giving peace to Your Apostles:* You, who grant Resurrection to the fallen.

Prokeimenon, Tone 6

Save Your people, O Lord, * and bless Your inheritance.

verse: Unto You I will cry, O Lord, my God, lest You turn from me in silence. (*Psalms 27:9,1*)

Epistle

Acts 6:1-7

In those days, when the number of the disciples was multiplying, there arose a complaint against the Hebrews by the Hellenists, because their

widows were neglected in the daily distribution. Then the twelve summoned the multitude of the disciples and said, "It is not desirable that we should leave the word of God and serve tables. Therefore, brethren, seek out from among you seven men of good reputation, full of the Holy Spirit and wisdom, whom we may appoint over this business; but we will give ourselves continually to prayer and to the ministry of the word."

And the saying pleased the whole multitude. And they chose Stephen, a man full of faith and the Holy Spirit, and Philip, Prochorus, Nicanor, Timon, Parmenas, and Nicolas, a proselyte from Antioch, whom they set before the apostles; and when they had prayed, they laid hands on them.

Then the word of God spread, and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith.

Alleluia, Tone 8

verse: You have shown favour to Your land, O Lord; You brought back the captives of Jacob.

verse: Mercy and truth have met; righteousness and peace have embraced. (*Psalms 84:2,11*)

Gospel

Mark 15:43-16:8

At that time, Joseph of Arimathea, a prominent council member, who was himself waiting for the kingdom of God, coming and taking courage, went in to Pilate and asked for the body of Jesus. Pilate marveled that He was already dead; and summoning the centurion, he asked him if He had been dead for some time. So when he found out from the centurion, he granted the body to Joseph. Then he bought fine linen, took Him down, and wrapped Him in the linen. And he laid Him in a tomb which had been hewn out of the rock, and rolled a stone against the door of the tomb. And Mary Magdalene and Mary the mother of Joseph observed where He was laid.

Now when the Sabbath was past, Mary Magdalene, Mary the mother of James, and Salome bought spices, that they might come and anoint Him. Very early in the morning, on the first day of the week, they came to the tomb when the sun had risen. And they said among themselves,



HOLY MYSTERIES

CONFESSION:

Saturdays 5:00 to 5:45 pm
or by Appointment
403-249-4818, ext. 2

MARRIAGE, BAPTISM-CHRISMATION- EUCHARIST, FUNERALS :

Arrangements with the Pastor
403-249-4818, ext. 2

ANOINTING OF THE SICK:

For emergencies call
403-249-4818, ext. 9

DIVINE LITURGY INTENTIONS :

Arrangements with the office

CLERGY & RELIGIOUS

Pastor :

Fr. Michael Bombak
FatherMichael@Protomartyr.ca
Office:403-249-4818, ext. 2

Pastor, St. Basil's Melkite Greek Catholic Church

Pastor: Fr. Samer Naaman
403-249-4818, ext. 3
stbasilmelkitecalgary@gmail.com
Facebook: St Basils Melkite Greek
Catholic Church Calgary

PARISH OFFICE

Office Administrator:

Linda Buck 403-249-4818, ext. 0
office@Protomartyr.ca

Communications Coordinator:

Mirna Farahat
coordinator@Protomartyr.ca

HALL RENTAL INQUIRIES

Maria Dwulit, cell: 403-816-5610,
email: Hall@Protomartyr.ca

HALL & KITCHEN

403-249-4818, ext. 6

"Who will roll away the stone from the door of the tomb for us?" But when they looked up, they saw that the stone had been rolled away—for it was very large. And entering the tomb, they saw a young man clothed in a long white robe sitting on the right side; and they were alarmed.

But he said to them, "Do not be alarmed. You seek Jesus of Nazareth, who was crucified. He is risen! He is not here. See the place where they laid Him. But go, tell His disciples—and Peter—that He is going before you into Galilee; there you will see Him, as He said to you."

So they went out quickly and fled from the tomb, for they trembled and were amazed. And they said nothing to anyone, for they were afraid.

Hymn to the Mother of God

The Angel cried out to the One full of Grace: O chaste Virgin, rejoice! And again I say, Rejoice! Your Son has risen from the tomb on the third day, and raised the dead. Let all people rejoice! Shine, shine, O new Jerusalem, for the glory of the Lord has risen upon you! Exult now and be glad, O Sion! And you, O chaste Mother of God, take delight in the resurrection of your Son.

Communion Hymn

Receive the Body of Christ;* taste the fountain of immortality.* Praise the Lord from the heavens; praise Him in the highest.* Alleluia, alleluia,*

alleluia. (Psalm 148:1)

Instead of "Blessed is He Who comes..." we sing:

Christ is risen from the dead,* trampling death by death,* and to those in the tombs* giving life.

Instead of "We have seen the true light..." we sing:

Christ is risen from the dead,* trampling death by death,* and to those in the tombs* giving life.

Instead of "May our mouths be filled..." we sing three times:

Christ is risen from the dead,* trampling death by death,* and to those in the tombs* giving life.

Instead of "Blessed be the name of the Lord..." we sing three times:

Christ is risen from the dead,* trampling death by death,* and to those in the tombs* giving life.

At the dismissal, instead of "Glory be to the Father and the Son and the Holy Spirit, now and forever and ever. Amen." we chant:

Christ is risen from the dead,* trampling death by death,* and to those in the tombs* giving life.

After the final Amen, the Troparion "Christ is risen" is sung as at the beginning of the Liturgy, but with the addition:

And to us He has granted life eternal;* we bow down before His resurrection on the third day.

Announcements

All liturgies are now open to a total of 100 people. It will be on first come first serve as to where you sit, so no segregation of church and hall for the signups is necessary.

❖ **Sunday Divine Liturgy sign-up :** <https://bit.ly/2N4HlCh>

❖ **Family Room sign-up :** <https://tinyurl.com/yywouvzx>

(For infants and toddlers accompanied by their parents or guardians. Limit 1 family per Liturgy)

❖ **Sunday 10:30am live-streaming :** <https://youtu.be/8UlgJL1CcLO>

The recording will be made available to watch later on Facebook and St. Stephen's website

❖ **April 17 - Vespers and Confessions are canceled.**

❖ **April 21 - Divine Liturgy will start at 8:30 am as there is a Clergy Conference at 10 AM**

Please refer to the **COVID-19 regulations** on: <https://www.saintstephencalgary.ca/covid-19-regulations.html>

Ushering and cleaning volunteers are required for ALL Divine Liturgies.

We would appreciate any assistance that you are able to offer. Please join our volunteer crew by contacting our Liturgical Director, Len Beblow by email at liturgical@protomartyr.ca or the office by phone 403-249-4818.

We are offering weekday Divine Liturgies on Tuesdays, Wednesdays and Thursdays at 9:00am, open in the church to a maximum of 50 people.

Given the amount of vaccinations that have been administered we will be opening up these services to all the faithful. Every measure will continue to be taken to keep everyone safe from the virus with social distancing, sanitizing and mandatory face masks. We look forward to you joining us!

Please





St Stephen's UCWLC Scholarship for \$1000 Guidelines

Eligibility : A daughter or granddaughter of a St Stephen's UCWLC Member who will be attending an undergraduate Post Secondary program. (E.g.) University, College, Apprenticeship, Technical School or Specialized program (Cosmetology, Hairdresser, Secretarial, etc....)

- Age of applicant will be 16 to 24.
- Include a resume
- Reasons for the choice and location of the Post Secondary School.
- Include a description of your Parish, Community and School Involvement .
- Explain your Financial Need to receive this scholarship.
- Include a reference letter.
- Submit to scholarship committee c/o nettiekost@gmail.com
- **Deadline is May 14, 2021**



DIVINE LITURGY INTENTIONS

Saturday, April 17:

- ❖ **CANCELLED** - 5:00pm – Confessions
- ❖ **CANCELLED** - 6:00pm – Great Vespers

Sunday, April 18:

- ❖ 8:30am – for the repose of the soul of +Molly Pudlubny
- ❖ 10:30am – in memory of the repose of the soul of +Orest Sachkiw
- ❖ 5:00pm – for the repose of the soul of +Arnie Wawruch

Tuesday, April 20:

- ❖ 9:00am – for the repose of the soul of +Patricia Mary Brown and peace and comfort for her family

Wednesday, April 21:

- ❖ **8:30am** – in memory of the repose of the souls of +John and +Marie Perhac and +Marie Elder

Thursday, April 22:

- ❖ 9:00am – for good health and healing for Barry Bulych

Saturday, April 24:

- ❖ 5:00pm – Confessions
- ❖ 6:00pm – Great Vespers

Sunday, April 25:

- ❖ 8:30am – for the repose of the soul of +Ed Samoil
- ❖ 10:30am – for the repose of the soul of +David Tkachuk
- ❖ 5:00pm – for the repose of the soul of +Ludmilla Tkalych



K of C 50/50 Raffle

Please support your St. Nicholas Byzantine K of C Council by purchasing 50/50 tickets.

Go to www.koc5050.com click on the "in support of" button, scroll down, select "**07659 St. Nicholas Byzantine**" and then continue with your online purchase.

This will ensure that proceeds from your purchase will be directed to our Council. Last year's proceeds were directed to youth programs in our Parish.

Thank you for supporting our Council by purchasing tickets. The winner will receive between \$20,000 and \$50,000 (depending on how many tickets sold). Tickets are limited so please act quickly.

Sales End: Wed Apr 28 2021

Draw Date: Fri Apr 30 2021



In celebration of the 20th anniversary of the Shevchenko Bookmark Campaign, we are excited to announce a nationwide Children's Bookmark Contest to encourage a new generation of visual artists and a new generation of readers of Taras Shevchenko's poems.

Guidelines

- **Submissions are due by Friday, April 30th**
- One winner per province will be randomly selected for a pizza party prize for a group of 10.
- Winners will be notified on Monday, May 3rd.

By entering the Contest, you agree to let the Shevchenko Foundation post your child's artwork on social media and/or the website.

For information go to :

<https://bit.ly/38P7TT8>

UCWLC is Collecting and Recycling old used Greeting cards

(Birthday, Easter, Christmas, Get well, Mother and Father's Day.....) for a project in the Spring.

There is a box in the Foyer by the registration desk.

This is a great opportunity for you to go through cards and they will be put to good use.

LOCATION

TRYZUB STUDIOS
115, 3953 112 AVE SE
CALGARY AB

REGISTER ONLINE

WWW.TRYZUB.CA

OUR CAMPS

July 12 - 16
AGES 4-6: 9AM-12PM
AGES 1-12: 1PM-4PM

July 19-23
AGES 7-9: 9AM-12PM
AGES 13+: 1PM-4PM

DANCE FOOTWEAR IS RECOMMENDED
(NO RUNNING SHOES ALLOWED).
USED DANCE SLIPPERS ARE AVAILABLE TO BE
SIGNED OUT (BORROWED) IN LIMITED SIZES.

tryzub
SCHOOL OF UKRAINIAN DANCE

**Ukrainian
SUMMER
DANCE CAMPS
2021**

www.tryzub.ca



REFLECTION



Charity

Coordinates and markets the efforts of all parish charitable activity.

Contact: Mary Chudyk, Charity Director

Email: Charity@Protomartyr.ca

Pass It On - Clothing charity for families.

Contact: Theresa Lewchuk, Co-Convener, Operations

Telephone: 403-815-6055

Email: lewchukt@hotmail.com

Contact: Deborah Johnson, Co-Convener, Communications

Telephone: 403-863-0941

Email: lornejn@telusplanet.net

Men's Dinner

Annual major church fundraiser for capital expenses plus charity endeavors.

Contact: Greg Bobyn

Email: greg.bobyn@mnp.ca

The Helping Others Network

Distributes used furnishings and clothing to the needy.

Contact: Des Peplinski

Telephone: 403-238-0804

Email: dlp238@shaw.ca

Religious Art Committee

Discusses and coordinates religious artwork for the parish.

Contact: Jim Ochitwa

Email: jimochitwa@shaw.ca

UCWLC: Ukrainian Catholic Women's League of Canada

Responds to parish and community needs through volunteerism, pastoral works, Ukrainian culture & aid.

Contact: Nettie Kost, UCWLC President

Email: nettiekost@gmail.com

Knights of Columbus: *Provides financial aid & support for members and their families, and helps the sick, needy and disabled in our parish, city and abroad.*

Contact: Ivan Weleschuk (3rd Degree)

Email: ivanweleschuk@hotmail.com

Contact: Bohdan Tyrawski (4th Degree)

Email: bohduantyranski@gmail.com

Plus 50 Club: *Provides social interaction for seniors. Also promotes programs and activities relevant to seniors.*

Contact: Ed Tysowski, President

Phone: 403-547-3226

E-mail: tysow@shaw.ca

Tears and Myrrh

WEEK OF THE MYRRH-BEARING WOMEN

This feast of the women who brought myrrh and of the august, noble Joseph has now appeared unto us as another Paradise bringing a fountain of life. It wells up for all the world with waters of grace, and it pours forth in strength the streams of the Resurrection. Wherefore the faithful keep feast and cry out: Glory to Him who bestows grace and Resurrection upon all the world. (Monday of the Myrrh-bearing Women, Vespers, third hymn of the stichera)

On the third Sunday of Pascha, we commemorate the Myrrh-bearing Women, who went to the tomb of Christ to anoint His body, only to find the tomb empty and an angel declaring that He had risen:

Now when the Sabbath was past, Mary Magdalene, Mary *the mother* of James, and Salome bought spices, that they might come and anoint Him. Very early in the morning, on the first day of the week, they came to the tomb when the sun had risen. And they said among themselves, "Who will roll away the stone from the door of the tomb for us?" But when they looked up, they saw that the stone had been rolled away—for it was very large.

And entering the tomb, they saw a young man clothed in a long white robe sitting on the right side; and they were alarmed. But he said to them, "Do not be alarmed. You seek Jesus of Nazareth, who was crucified. He is risen! He is not here. See the place where they laid Him. But go, tell His disciples—and Peter—that He is going before you into Galilee; there you will see Him, as He said to you." (Mark 16:1–7)

Two images that are a recurring theme in our hymns remind us of baptism: tears and myrrh.

Why do you mingle tears with myrrh, O women disciples? The stone has been rolled away, the tomb is empty. Behold, decay has been trodden under by Life, the seals bear witness, the guards of the disobedient are fast asleep. Mortal nature is saved by the flesh of God, and Hades laments. Hasten with joy and tell the Apostles: Christ, the First-born of the dead, has slain death and goes before you into Galilee. (Vespers for the Sunday of the Myrrh-bearing Women, second hymn of the stichera of the Myrrh-bearers)

The women sprinkled myrrh with tears upon Your tomb; and their mouth was filled with joy, saying: The Lord has risen! (Matins for the Sunday of the Myrrh-bearing Women, fifth hymn of the Praises)

Grieving, the myrrh-bearing women who followed Christ cried out.... But while they were weeping, an angel spoke to them of godly joy, saying: Christ the Lord has risen! Make haste, proclaim to all people His divine resurrection from the tomb! (Matins for the Wednesday of the Myrrh-bearing Women, fourth hymn of the Praises)

While myrrh reminds us of the holy chrism (in Greek, *myron*) with which we are anointed in baptism, signifying the descent of the Holy Spirit upon us, tears of righteous sorrow and repentance are described in Orthodox literature as a renewal of baptism. As St. John of the Ladder writes:

The tears that come after baptism are greater than baptism itself, though it may seem rash to say so. Baptism washes off those evils that were previously within us, whereas the sins committed after baptism are washed away by tears. The baptism received by us as children we have all defiled, but we cleanse it anew with our tears.

The Myrrh-bearing Women went to the tomb of Christ in tears of sorrow, only to have them transformed into tears of joy and gladness. So too does Christ transform our tears of repentance into tears of gratitude for His love and forgiveness. However much we may have defiled our baptism, however short we have fallen of our calling to be children of light and vessels of the Holy Spirit, there is still hope. For our tears wash away our sins as do the waters of baptism.

It may seem a contradiction, but the tears of repentance are a wellspring of joy. The *Pentecostarion* thus continues in positive terms the same "bright sadness" that characterizes the *Lenten Triodion*. For every time we repent, we are washed clean, receiving anew a pure and resurrected life. Therefore, let us pray:

Gather my scattered mind, O Lord, and purify my hardened heart. Grant me repentance, even as You did to Peter; and sighs of the heart, as You did to the publican; and tears, as You did to the harlot, that with a mighty voice I may cry to You: Save me, O God, for You alone are compassionate and the Lover of mankind. (Tuesday of the Paralytic, Matins, second hymn of the stichera of the Praises)



Kids Bulletin



Early on Easter morning some women went to the tomb and saw that Jesus' body was gone! Can you help the women find their way to the tomb?

www.thekidsbulletin.com

The Tomb Is Empty

Matthew 28; Mark 16; John 20

It was dawn on the first day of the week. Mary Magdalene and the other Mary went to look at the tomb. They saw that the stone had been rolled away. They entered the tomb. As they did, they saw an angel dressed in a white robe.



The angel said to the women, "Don't be afraid. I know you are looking for Jesus. He is not here! He has risen, just as he said! Go! Tell his disciples and Peter." So the women hurried away from the tomb. They were afraid, but they were filled with joy. They ran to tell the disciples. 🙌

Prayer & Support Group: Accepts prayer requests for the confidential needs and intentions of parishioners and others.

Contact: Marilyn Comchi

Telephone: 403-220-9624

Email: marilyncomchi@shaw.ca

Support Network: Provides support, encouragement & help for parishioners facing various difficulties/situations with referrals to services or help they need.

Contact: Bernadette Lukey, Pastoral Care Director

Email: PastoralCare@Protomartyr.ca

International Trust Fund: Solicits & invests donations and disburses earned income to international charities in 2nd and 3rd world countries.

Contact: Steve Groch

Email: swgctc@aol.com

Family Support Trust Fund: Solicits & invests donations and disburses earned income to parishioners in need.

Contact: Mary Chudyk, Charity Director

Email: Charity@Protomartyr.ca

Planned Giving: A program for individuals to make legacy donations to St. Stephen's through a will or other planned giving options. Contact: Greg Yuzwa, CPA, Co-ordinator
Email: PlannedGiving@Protomartyr.ca

ARK Store: Looking for the perfect religious item as a gift or for yourself? Check out the Ark store at the entrance to our hall.

Contact: Donna Chelack

Email: dchelack@shaw.ca or

Office@Protomartyr.ca

Sunday School: A program run on most Sundays during the 10:30am Divine Liturgy for preschoolers age 4 through grade 2 children (pre-First Solemn Communion). Currently canceled
Email: ChildrensPrograms@Protomartyr.ca

First Solemn Communion (FSC): Sacramental Classes for children around grade 2 who are ready to approach for the Sacraments of Reconciliation and Eucharist on their own.

Contact: Kathy Livesey

Email: Education@Protomartyr.ca

Calgary Pro-Life Association: Raises funds for educational awareness programs.

Contact: John Siroishka

Telephone: 403-271-2128

Email: johnsiroishka@shaw.ca

Welcome

A BIG WELCOME!

To the new members alongside those that continue to hold position on St. Stephen's Parish Pastoral Council, we appreciate YOU!

Chair:	Oliver David
Vice Chair:	Jarrod Olson
Secretary:	Dawn Klassen
Treasurer:	Pierre Loczy
Charity:	Mary Chudyk
Liturgical:	Len Beblow
Membership:	Deanne David
Hall Mgmt:	Maria Dwulit
Pastoral Care:	Bernadette Lukey
Property Mgmt:	Andy Sakundiak
Communications:	Nataliya Varenky
Religious Education:	Kathy Livesey
Without Portfolio:	Kristine Denham

Thank you

And a BIG THANK YOU to all of those who have moved on from their PPC positions. Your service and dedication to our Parish over the years is so valued and appreciated.

Chair:	Glen Kulak
Vice Chair:	Oliver David
Liturgical:	Darrell Maleski
Hall Mgmt:	John Kowal
Property Mgmt:	Mark Ewanchyna
Religious Education:	Wendy Joevenazzo
Without Portfolio:	Len Beblow

And to all the Auxiliaries and Affiliates, Advisors, Committee Heads, Staff and numerous Volunteers that work behind the scenes we THANK YOU for your continued support and effort. Your tireless dedication to all the different facets of our Parish keeps St. Stephen's strong and vibrant!

SUMMER STUDENT EMPLOYMENT Opportunity

Our Property Management team is planning to hire two students for the coming summer to help out with maintenance jobs around the parish property.

This is a great opportunity for our young parishioners to help out at their church while gaining some practical work experience.

The work will include general maintenance, cleaning, painting, landscaping and occasional office administration support.

Applicant Eligibility:

- must be attending high school or post-secondary and planning to return to school in the fall
- available to work part-time (about 20 hrs per week) from June to end of August.

If interested, please email your resume to Andy Sakundiak, Director - Property Management at PropertyMgmt@protomartyr.ca

All resumes must be submitted by Wednesday May 5 for consideration

BLESSING OF THE GRAVES

Saturday, May 1:

- ❖ 11:00am – Queen's Park Cemetery, 3219 – 4th St NW
- ❖ 3:00pm – Mountain View Memorial Gardens, 1605 – 100th St SE

Saturday, May 8:

- ❖ 11:00am – Eden Brook Memorial Gardens, 24223 Township Rd 242
- ❖ 3:00pm – St. Mary's Cemetery, 3157 Erlton St SW

Please meet at location 10 minutes ahead of start time. Group Parastasis followed by blessing prayer and water sprinkling at each grave. No sign up necessary, just show up.

UCWLC April monthly Zoom Meeting on Thursday April 22, at 7p.m.



Amoris Laetitia Family
Year 2021 - 2022

Welcome to the "Year of the Family!" declared by Pope Francis.
March 19, 2021 – June 26, 2022. A year that will focus on love in the family.

Watch the introduction video here: <https://youtu.be/AERy96AETEA>

10 videos will be released over the course of the year focusing on love in the Family.

The first one has been released and it is entitled: Walking Together: <https://youtu.be/ug7VC5iCydQ>

Click here for a reflection guide that can be used with the videos: <https://bit.ly/3aeo9Om>