

ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

APRIL 11TH, 2021

Sunday of St. Thomas — Antipascha

The Holy Priest-Martyr Antipas, Bishop of Pergamos in Asia (81-96)



Address:
4903 – 45th Street S.W.
Calgary, Alberta T3E 3W5 Canada

Office Hours (during outbreak)
Mon-Friday 9:00 am—12:00 pm
Phone enquiries only

Telephone:
403-249-4818, press 0

Pastoral Emergencies:
403-249-4818, press 9

Email:
Office@Protomartyr.ca
Coordinator@Protomartyr.ca

Parish Website:
www.saintstephencalgary.ca

Facebook:
<https://www.facebook.com/protomartyr.ca>

Eparchy Website:
www.edmontoneparchy.com

DIVINE LITURGIES:

Sunday Services:
8:30 am—Ukr/Eng
10:30 am—English
5:00 pm—English (children choir)
Pre-registration recommended :
<https://bit.ly/2N4H1Ch>

Weekday Services:

Tuesdays, Wednesdays & Thursdays
at 9:00am

Saturdays
5:00 pm Confessions
6:00 pm Vespers

After the priest has exclaimed, Blessed be the Kingdom... and the people have responded, Amen, the clergy sing the Paschal Troparion once and the people repeat it. Then, the clergy sing the first half, and the people conclude it.

Paschal Troparion

Christ is risen from the dead,* trampling death by death,* and to those in the tombs* giving life.

Troparia and Kontakia

Troparion, Tone 7: While the tomb was sealed, O Christ God, You dawned as life from the sepulcher, and while the doors were shut, You came to Your disciples, the Resurrection of all, renewing a right spirit in us through them, according to Your great mercy.

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

Kontakion, Tone 8: With his searching hand, Thomas explored Your life-giving side, O Christ God. For when You entered while the doors were shut, he called out to You with the rest of the Apostles: You are my Lord and my God!

Prokeimenon, Tone 3

Great is our Lord and great is His strength,* and of His knowledge there is no end.

verse: Praise the Lord, for a psalm is good; may praise be sweet to our God. (*Psalms 146:5,1*)

Epistle

Acts 5:12-20

In those days, through the hands of the apostles many signs and wonders were done among the people. And they were all with one accord in Solomon's Porch. Yet none of the rest dared join them, but the people esteemed them highly. And believers were increasingly added to the Lord, multitudes of both men and women, so that they brought the sick out into the streets and laid them on beds and couches, that at least the shadow of Peter passing by might fall on some of them. Also a multitude gathered from the surrounding cities to Jerusalem, bringing sick people and those who were tormented by unclean spirits, and they were all healed.

Then the high priest rose up, and all those who were with him (which is the sect of the Sadducees), and they were filled with indignation, and laid their hands on the apostles and put them in the common prison. But at night an angel of the Lord opened the prison doors and brought them out, and said, "Go, stand in the temple and speak to the people all the words of this life."

Alleluia, Tone 8

verse: Come, let us sing joyfully to the Lord, let us acclaim God our Saviour.

verse: For God is the great Lord and the great king over all the earth. (*Psalms 94:1,3*)

Gospel

John 20:19-31

The same day at evening, being the first day of the week, when the doors were shut where the disciples were assembled, for fear of the Jews, Jesus came and stood in the midst, and said to them, "Peace be with you." When He had said this, He showed them His hands and His side. Then the disciples were glad when they saw the Lord.

So Jesus said to them again, "Peace to you! As the Father has sent Me, I also send you." And when He had said this, He breathed on them, and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained."

Now Thomas, called the Twin, one of the twelve, was not with them when Jesus came. The other disciples therefore said to him, "We have seen the Lord."

So he said to them, "Unless I see in His hands the print of the nails, and put my finger into the print of the nails, and put my hand into His side, I will not believe."

And after eight days His disciples were again inside, and Thomas with them. Jesus came, the doors being shut, and stood in the midst, and said, "Peace to you!" Then He said to Thomas, "Reach your finger here, and look at My hands; and reach your hand here, and put it into My side. Do not be unbelieving, but believing."



HOLY MYSTERIES

CONFESSION:

Saturdays 5:00 to 5:45 pm
or by Appointment
403-249-4818, ext. 2

MARRIAGE, BAPTISM-CHRISMATION- EUCHARIST, FUNERALS :

Arrangements with the Pastor
403-249-4818, ext. 2

ANointing OF THE SICK:

For emergencies call
403-249-4818, ext. 9

DIVINE LITURGY INTENTIONS :

Arrangements with the office

CLERGY & RELIGIOUS

Pastor :

Fr. Michael Bombak
FatherMichael@Protomartyr.ca
Office:403-249-4818, ext. 2

Pastor, St. Basil's Melkite Greek Catholic Church

Pastor: Fr. Samer Naaman
403-249-4818, ext. 3
stbasilmelkitecalgary@gmail.com
Facebook: St Basils Melkite Greek
Catholic Church Calgary

PARISH OFFICE

Office Administrator:

Linda Buck 403-249-4818, ext. 0
office@Protomartyr.ca

Communications Coordinator:

Mirna Farahat
coordinator@Protomartyr.ca

HALL RENTAL INQUIRIES

John Kowal
403-249-4818, ext. 4
Cell:403-880-0577
maintenance@Protomartyr.ca

HALL & KITCHEN

403-249-4818, ext. 6

And Thomas answered and said to Him, "My Lord and my God!"

Jesus said to him, "Thomas, because you have seen Me, you have believed. Blessed are those who have not seen and yet have believed."

And truly Jesus did many other signs in the presence of His disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in His name.

Hymn to the Mother of God

The Angel cried out to the One full of Grace: O chaste Virgin, rejoice! And again I say, Rejoice! Your Son has risen from the tomb on the third day, and raised the dead. Let all people rejoice! Shine, shine, O new Jerusalem, for the glory of the Lord has risen upon you! Exult now and be glad, O Sion! And you, O chaste Mother of God, take delight in the resurrection of your Son.

Communion Hymn

Praise the Lord, O Jerusalem.* Praise your God, O Sion.* Alleluia, alleluia,* alleluia. (Psalm 147:1)

Instead of "Blessed is He Who comes..." we sing:

Christ is risen from the dead,* trampling death by

death,* and to those in the tombs* giving life.

Instead of "We have seen the true light..." we sing:

Christ is risen from the dead,* trampling death by death,* and to those in the tombs* giving life.

Instead of "May our mouths be filled..." we sing three times:

Christ is risen from the dead,* trampling death by death,* and to those in the tombs* giving life.

Instead of "Blessed be the name of the Lord..." we sing three times:

Christ is risen from the dead,* trampling death by death,* and to those in the tombs* giving life.

At the dismissal, instead of "Glory be to the Father and the Son and the Holy Spirit, now and forever and ever. Amen." we chant:

Christ is risen from the dead,* trampling death by death,* and to those in the tombs* giving life.

After the final Amen, the Troparion "Christ is risen" is sung as at the beginning of the Liturgy, but with the addition:

And to us He has granted life eternal;* we bow down before His resurrection on the third day.

Announcements

All liturgies are now open to a total of 100 people. It will be on first come first serve as to where you sit, so no segregation of church and hall for the signups is necessary.

❖ **Sunday Divine Liturgy sign-up :** <https://bit.ly/2N4H1Ch>

❖ **Family Room sign-up :** <https://tinyurl.com/yywouvzx>

(For infants and toddlers accompanied by their parents or guardians. Limit 1 family per Liturgy)

❖ **Sunday 10:30am live-streaming :** <https://youtu.be/8UlgJL1CcL0>

The recording will be made available to watch later on Facebook and St. Stephen's website

Please refer to the **COVID-19 regulations** on: <https://www.saintstephencalgary.ca/covid-19-regulations.html>

Ushering and cleaning volunteers are required for ALL Divine Liturgies.

We would appreciate any assistance that you are able to offer. Please join our volunteer crew by contacting our Liturgical Director, Darrell Maleski by email at liturgical@protomartyr.ca or the office by phone 403-249-4818.

*****NEW! After Bright week starting April 13, 2021 we will be offering weekday Divine Liturgies on Tuesdays, Wednesdays and Thursdays at 9:00am, open in the church to a maximum of 50 people.**

Given the amount of vaccinations that have been administered we will be opening up these services to all the faithful. Every measure will continue to be taken to keep everyone safe from the virus with social distancing, sanitizing and mandatory face masks. We look forward to you joining us!

Please



CHURCH YARD CLEANUP

Saturday, April 17, 10:00am

Bring your smile and your rake! Lunch provided.
Many hands make light work.



K of C 50/50 Raffle

Please support your St. Nicholas Byzantine K of C Council by purchasing 50/50 tickets.

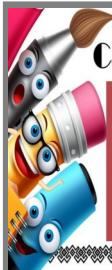
Go to www.koc5050.com click on the "in support of" button, scroll down, select "07659 St. Nicholas Byzantine" and then continue with your online purchase.

This will ensure that proceeds from your purchase will be directed to our Council. Last year's proceeds were directed to youth programs in our Parish.

Thank you for supporting our Council by purchasing tickets. The winner will receive between \$20,000 and \$50,000 (depending on how many tickets sold). Tickets are limited so please act quickly.

Sales End: Wed Apr 28 2021

Draw Date: Fri Apr 30 2021



Calling all young artists!

Children's Bookmark Contest!

In celebration of the 20th anniversary of the Shevchenko Bookmark Campaign, we are excited to announce a nationwide Children's Bookmark Contest to encourage a new generation of visual artists and a new generation of readers of Taras Shevchenko's poems.

Guidelines

- **Submissions are due by Friday, April 30th**
- One winner per province will be randomly selected for a pizza party prize for a group of 10.
- Winners will be notified on Monday, May 3rd.

By entering the Contest, you agree to let the Shevchenko Foundation post your child's artwork on social media and/or the website.

For information go to :

<https://bit.ly/38P7TT8>



DIVINE LITURGY INTENTIONS

Saturday, April 10:

- ❖ 5:00pm – Confessions
- ❖ 6:00pm – Great Vespers

Sunday, April 11:

- ❖ 8:30am – in thanksgiving for answered prayers and health and blessings for a parishioner
- ❖ 10:30am – belated happy birthday blessings to Most Rev. Bishop David Motiuk. Mnohaya Lita!
- ❖ 5:00pm – in memory of the repose of the souls of +Joseph and +Julia Cachay

Tuesday, April 13:

- ❖ 9:00am – blessings for continued health for Eugene Stychyshyn & family

Wednesday, April 14:

- ❖ 9:00am – for continued blessings and protection for David and Jake Planinsic

Thursday, April 15:

- ❖ 9:00am – blessings for good health for Lorne Nicholas Woychysyn

Saturday, April 17:

- ❖ 5:00pm – Confessions
- ❖ 6:00pm – Great Vespers

Sunday, April 18:

- ❖ 8:30am – for the repose of the soul of +Molly Pudlubny
- ❖ 10:30am – in memory of the repose of the soul of +Orest Sachkiw
- ❖ 5:00pm – for the repose of the soul of +Arnie Wawruch

LOCATION

TRYZUB STUDIOS
115, 3953 112 AVE SE
CALGARY AB

REGISTER ONLINE

WWW.TRYZUB.CA

OUR CAMPS

July 12 - 16

AGES 4-6: 9AM-12PM
AGES 1-12: 1PM-4PM

July 19-23

AGES 7-9: 9AM-12PM
AGES 13+: 1PM-4PM

tryzub
SCHOOL OF UKRAINIAN DANCE

Ukrainian
SUMMER
DANCE CAMPS
2021

www.tryzub.ca

DANCE FOOTWEAR IS RECOMMENDED
(NO RUNNING SHOES ALLOWED).
USED DANCE SLIPPERS ARE AVAILABLE TO BE
SIGNED OUT (BORROWED) IN LIMITED SIZES.

UCWLC is Collecting and Recycling old used Greeting cards

(Birthday, Easter, Christmas, Get well, Mother and Father's Day.....) for a project in the Spring.

There is a box in the Foyer by the registration desk.

This is a great opportunity for you to go through cards and they will be put to good use.



REFLECTION

RENEWAL WEEK/BRIGHT WEEK

Come, let us drink a new drink, not one wondrously brought forth from a barren rock, but the Source of immortality, which springs forth from the tomb of Christ, in whom we are established. (Third ode of the Canon of Pascha, Sunday of Pascha)

The week following pascha is known as Renewal Week, since all things have been made new by the Lord's Resurrection. "Therefore, if anyone *is* in Christ, *he* is a new creation; old things have passed away; behold, all things have become new" (2 Cor. 5:17). It is also called Bright Week, since the Resurrection has enlightened all things:

Now all things have been filled with light, both heaven and earth and those beneath the earth; so let all creation sing of Christ's rising, by which it is established. (Canon of Pascha, troparion of the third ode)

The whole of *Renewal Week*, or *Bright Week*, is a celebration of Pascha. Yet even now, the theme of Pentecost is already present, particularly in the image of the "spring" or "fountain" of life—reminiscent of our Lord's words to the Samaritan woman, which is the theme of the fifth Sunday of Pascha:

"Whoever drinks of the water that I shall give him will never thirst. But the water that I shall give him will become in him a fountain of water springing up into everlasting life." (John 4:14)

This image becomes apparent on the Friday of Renewal Week, when "we celebrate the consecration of the temple of our most-holy Lady, the Mother of God of the Life-giving Spring" (Synaxarion of the Friday of Renewal Week):

O Virgin Mother of God, for me you now pour forth grace from the Fount, thus granting me eloquence to praise your Spring, which pours forth life and grace for the faithful; for from you flowed forth the Incarnate Word. (First ode of the Canon to the Mother of God, Friday of Renewal Week)

I know you to be a radiant and holy temple of the Master of all, O Maiden, and a Spring whence sprang forth Christ, the Water of immortality, wherefrom we are given to drink. (Third ode of the Canon to the Mother of God, Friday of Renewal Week)

The Life-giving Spring is an epithet of the Holy Mother of God that originated with her revelation of a sacred spring in Constantinople to a soldier named Leo Marcellus, who later became Byzantine Emperor Leo I (457–474). Leo built the historic Church of St. Mary of the Spring over this site, which witnessed numerous miraculous healings over the centuries. The feast reminds us of our due veneration of the Mother of God as the source of that wellspring of life which is Jesus Christ, who ascended to the Father that He might send down the Holy Spirit to us (John 14:15; 15:26).

These three themes of the week after Pascha—water, light, and renewal—bring to mind the words of the ablution said at our baptism:

You have been justified. You have been enlightened. You have been sanctified. You have been cleansed in the name of our Lord Jesus Christ and by the Spirit of God. You have been baptized. You have been illumined. You have been anointed with myrrh. You have been hallowed. You have been washed clean. In the name of the Father and of the Son and of the Holy Spirit. Amen.

In remembering these words, we are reminded that our lives should reflect the calling of our baptism to "become worthy of the incorruptible Kingdom ... to be a child of light and heir of eternal blessings ... a partaker in the death and resurrection of Christ our God," and to "preserve the garment of Baptism and the pledge of the Holy Spirit unblemished and undefiled on the dread Day of Christ our God" (Litany of Holy Baptism). Have we continued to walk in the light?

If we say that we have fellowship with Him, and walk in darkness, we lie and do not practice the truth. But if we walk in the light as He is in the light, we have fellowship with one another, and the blood of Jesus Christ His Son cleanses us from all sin. (1 John 1:6–7)

Charity

Coordinates and markets the efforts of all parish charitable activity.

Contact: Mary Chudyk, Charity Director

Email: Charity@Protomartyr.ca

Pass It On - Clothing charity for families.

Contact: Theresa Lewchuk, Co-Convener, Operations

Telephone: 403-815-6055

Email: lewchukt@hotmail.com

Contact: Deborah Johnson, Co-Convener, Communications

Telephone: 403-863-0941

Email: lornejn@telusplanet.net

Men's Dinner

Annual major church fundraiser for capital expenses plus charity endeavors.

Contact: Greg Bobyn

Email: greg.bobyn@mnp.ca

The Helping Others Network

Distributes used furnishings and clothing to the needy.

Contact: Des Peplinski

Telephone: 403-238-0804

Email: dlp238@shaw.ca

Religious Art Committee

Discusses and coordinates religious artwork for the parish.

Contact: Jim Ochitwa

Email: jimochitwa@shaw.ca

UCWLC: Ukrainian Catholic Women's League of Canada

Responds to parish and community needs through volunteerism, pastoral works, Ukrainian culture & aid.

Contact: Nettie Kost, UCWLC President

Email: nettiekost@gmail.com

Knights of Columbus: *Provides financial aid & support for members and their families, and helps the sick, needy and disabled in our parish, city and abroad.*

Contact: Ivan Weleschuk (3rd Degree)

Email: ivanweleschuk@hotmail.com

Contact: Bohdan Tyrawski (4th Degree)

Email: bohchantyrawski@gmail.com

Plus 50 Club: *Provides social interaction for seniors. Also promotes programs and activities relevant to seniors.*

Contact: Ed Tysowski, President

Phone: 403-547-3226

E-mail: tysow@shaw.ca



Kids Bulletin

Jesus Appears to His Disciples

Complete the paragraph by filling in the blanks with the correct words from the word bank at the bottom of the story.



On the evening of that first day of the week, when the disciples were together, with the doors locked for fear of the Jews, _____ came and stood among them and said, "Peace be with you!" After he said this, he showed them his _____ and _____. The disciples were overjoyed when they saw the Lord.

Now _____, one of the Twelve, was not with the disciples when Jesus came. So the other disciples told him, "We have _____ the Lord!" But he said to them, "Unless I see the _____ marks in his hands and put my _____ where the nails were, and put my hand into his side, I will not _____ it."

A week later his disciples were in the house again, and Thomas was with them. Though the doors were _____, Jesus came and stood among them and said, "Peace be with you!" Then he said to Thomas, "Put your finger here; see my hands. Reach out your hand and put it into my side. Stop _____ and believe."

Thomas said to him, "My Lord and my God!"

John 20:19-28 (NIV)

believe	finger	jesus	nail	side
doubting	hands	locked	seen	Thomas

Prayer & Support Group: Accepts prayer requests for the confidential needs and intentions of parishioners and others.

Contact: Marilyn Comchi

Telephone: 403-220-9624

Email: marilyncomchi@shaw.ca

Support Network: Provides support, encouragement & help for parishioners facing various difficulties/situations with referrals to services or help they need.

Contact: Bernadette Lukey, Pastoral Care Director

Email: PastoralCare@Protomartyr.ca

International Trust Fund: Solicits & invests donations and disburses earned income to international charities in 2nd and 3rd world countries.

Contact: Steve Groch

Email: swgctc@aol.com

Family Support Trust Fund: Solicits & invests donations and disburses earned income to parishioners in need.

Contact: Mary Chudyk, Charity Director

Email: Charity@Protomartyr.ca

Planned Giving: A program for individuals to make legacy donations to St. Stephen's through a will or other planned giving options.
Contact: Greg Yuzwa, CPA, Co-ordinator
Email: PlannedGiving@Protomartyr.ca

ARK Store: Looking for the perfect religious item as a gift or for yourself? Check out the Ark store at the entrance to our hall.

Contact: Donna Chelack

Email: dchelack@shaw.ca or

Office@Protomartyr.ca

Sunday School: A program run on most Sundays during the 10:30am Divine Liturgy for preschoolers age 4 through grade 2 children (pre-First Solemn Communion). Currently canceled
Email: ChildrensPrograms@Protomartyr.ca

First Solemn Communion (FSC): Sacramental Classes for children around grade 2 who are ready to approach for the Sacraments of Reconciliation and Eucharist on their own.

Contact: Kathy Livesey

Email: kalivesey@shaw.ca

Calgary Pro-Life Association: Raises funds for educational awareness programs.

Contact: John Siroishka

Telephone: 403-271-2128

Email: johnsiroishka@shaw.ca

HIGHLIGHTS FROM THE EASTER SERVICES

Photo credits : Stan K.

