



Address:

4903 – 45th Street S.W. Calgary, Alberta T3E 3W5 Canada

Office Hours (during outbreak)

Mon-Friday 9:00 am—12:00 pm Phone enquiries only

Telephone:

403-249-4818, press 0

Pastoral Emergencies:

403-249-4818, press 9

Email:

Office@Protomartyr.ca Coordinator@Protomartyr.ca

Parish Website:

www.saintstephencalgary.ca

Facebook:

https://www.facebook.com protomartyr.ca

Eparchy Website:

www.edmontoneparchy.com

DIVINE LITURGIES:

Sunday Services:

8:30 am—Ukr/Eng 10:30 am—English 5:00 pm—English (children choir) Pre-registration recommended: https://bit.ly/2N4HICh

Weekday Services:

Wednesdays at 9:00am (seniors and those at higher risk)

Saturdays

5:00 pm Confessions 6:00 pm Vespers

ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

MARCH 21ST, 2021

Fifth Sunday of the Great Fast: Our Venerable Mother, Mary of Egypt,

our Venerable Father and Confessor James, Bishop of Catania (813-20)

Great Fast Day 35. The Divine Liturgy of St. Basil the Great is celebrated today.

Troparia and Kontakia

Troparion, Tone 1: Though the stone was sealed by the Judeans,* and soldiers guarded Your most pure body,* You arose, O Saviour, on the third day,* and gave life to the world.* And so the heavenly powers cried out to You, O Giver of Life:* Glory to Your resurrection, O Christ!* Glory to Your kingdom!* Glory to Your saving plan,* O only Lover of mankind.

Troparion, Tone 8: The divine image was faithfully preserved in you, O mother,* for taking up the Cross, you followed Christ.* By your deeds you have taught us to see beyond the flesh, which passes,* and care for the soul, a thing immortal.* And so, O venerable Mary,* your spirit rejoices with the angels.

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

Kontakion, Tone 3: Once you were filled with every impurity,* now through repentance you have been revealed as a bride of Christ,* following the angelic life, you crushed demons with the weapon of the Cross.* Therefore, O glorious Mary, you have been shown to be a bride of the kingdom.

Prokeimenon, Tone 1

Let Your mercy, O Lord, be upon us, as we have hoped in You.

verse: Rejoice in the Lord, O you just; praise befits the righteous. (Psalm 32:22,1)

Prokeimenon, Tone 4

verse: God is wonderful in His saints,* the God of Israel. (Psalm 67:36)

Epistle: Hebrews 9:11-14; Galatians 3:23-29

Brothers and sisters, Christ came *as* High Priest of the good things to come, with the greater and more perfect tabernacle not made with hands, that is, not of this creation. Not with the blood of goats and calves, but with His own blood He entered the Most Holy Place once for all, having obtained eternal redemption. For if the blood of bulls and goats and the ashes of a heifer, sprinkling the unclean, sanctifies for the purifying of the flesh, how much more shall the blood of Christ, who through the eternal Spirit offered Himself without spot to God, cleanse your

conscience from dead works to serve the living God?

Alleluia, Tone 1

verse: God gives me vindication, and has subdued people under me.

verse: Making great the salvation of the king, and showing mercy to His anointed, to David, and to His posterity forever. (Psalm 17:48,51)

Gospel: Mark 10:32-45; Luke 7:36-50

At that time, Jesus took the twelve aside again and began to tell them the things that would happen to Him: "Behold, we are going up to Jerusalem, and the Son of Man will be betrayed to the chief priests and to the scribes; and they will condemn Him to death and deliver Him to the Gentiles; and they will mock Him, and scourge Him, and spit on Him, and kill Him. And the third day He will rise again."

Then James and John, the sons of Zebedee, came to Him, saying, "Teacher, we want You to do for us whatever we ask."

And He said to them, "What do you want Me to do for you?"

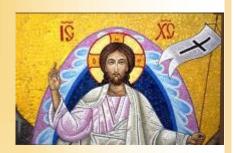
They said to Him, "Grant us that we may sit, one on Your right hand and the other on Your left, in Your glory."

But Jesus said to them, "You do not know what you ask. Are you able to drink the cup that I drink, and be baptized with the baptism that I am baptized with?"

They said to Him, "We are able."

So Jesus said to them, "You will indeed drink the cup that I drink, and with the baptism I am baptized with you will be baptized; but to sit on My right hand and on My left is not Mine to give, but it is for those for whom it is prepared."

And when the ten heard *it*, they began to be greatly displeased with James and John. But Jesus called them to *Himself* and said to them, "You know that those who are considered rulers over the Gentiles lord it over them, and their great ones exercise authority over them. Yet it shall not be so among you; but whoever desires to become great among you shall be your servant. And whoever of you desires to be first shall be slave of all. For even the Son of Man did not come to be



HOLY MYSTERIES

CONFESSION:

Saturdays 5:00 to 5:45 pm or by Appointment 403-249-4818, ext. 2

Marriage, Baptism-Chrismation-Eucharist, Funerals:

Arrangements with the Pastor 403-249-4818, ext. 2

ANOINTING OF THE SICK:

For emergencies call 403-249-4818, ext. 9

DIVINE LITURGY INTENTIONS:

Arrangements with the office

CLERGY & RELIGIOUS

Pastor:

Fr. Michael Bombak
FatherMichael@Protomartyr.ca
Office:403-249-4818, ext. 2

Pastor, St. Basil's Melkite Greek Catholic Church

Pastor: Fr. Samer Naaman 403-249-4818, ext. 3 stbasilmelkitecalgary@gmail.com Facebook: St Basils Melkite Greek Catholic Church Calgary

PARISH OFFICE

Office Administrator:

Linda Buck 403-249-4818, ext. 0 office@Protomartyr.ca

Communications Coordinator:

Mirna Farahat coordinator@Protomartyr.ca

HALL RENTAL INQUIRIES

John Kowal 403-249-4818, ext. 4 Cell:403-880-0577 maintenance@Protomartyr.ca

HALL & KITCHEN

403-249-<mark>4818, ext. 6</mark>

be air

served, but to serve, and to give His life a ransom for many."

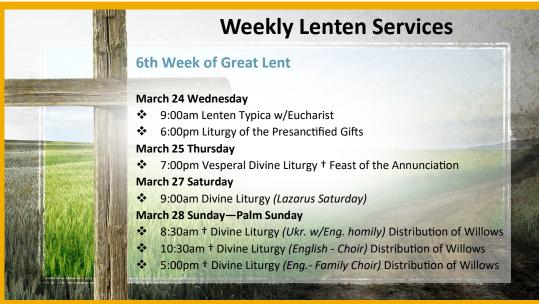
Hymn to the Mother of God

In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins' pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made

it wider that all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest. (*Psalm 148:1*)* The just man shall be in everlasting remembrance;* of evil hearsay he shall have no fear.* Alleluia, alleluia,* alleluia. (*Psalm 111:6*)



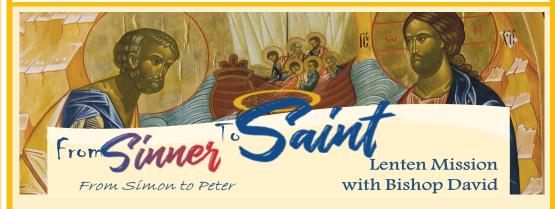
All liturgies are now open to a total of 100 people. It will be on first come first serve as to where you sit, so no segregation of church and hall for the signups is necessary.

- Sunday Divine Liturgy Registration : https://bit.ly/2N4HICh
- Holy Week pre-registration : https://bit.ly/3txBW9U
- Family Room booking: https://tinyurl.com/yywouvzx
 (For infants and toddlers accompanied by their parents or guardians. Limit 1 family per Liturgy)
- Sunday 10:30am live-streaming: https://youtu.be/Milsh-NRbpQ

The recording will be made available to watch later on Facebook and St. Stephen's website Please refer to the COVID-19 regulations on: https://www.saintstephencalgary.ca/covid-19-regulations.html

Ushering and cleaning volunteers are required for ALL Divine Liturgies.

We would appreciate any assistance that you are able to offer. Please join our volunteer crew by contacting our Liturgical Director, Darrell Maleski by email at liturgical@protomartyr.ca or the office by phone 403-249-4818.



March 20 Saturday 6:00pm MT Great Vespers † Lenten Mission (Day 1)

- Vespers Registration (Church & Hall): https://bit.ly/3lqpfLa
- Online live streaming Link: https://youtu.be/SCBXG2LtXRI

March 21 Sunday 10:30am MT Divine Liturgy † Lenten Mission (Day 2)

- Divine Liturgy Registration: (Church & Hall): https://bit.ly/3tzouCe
- Online live streaming Link: https://youtu.be/MiIsh NRbpQ

TODAY, March 21st, 2021

after the 10:30am liturgy (12noon approximate time)

Please consider attending:

- 1: Online If you plan to attend remotely you are required to register in advance using the following link: https://tinyurl.com/48a2bndx
- 2: Parish hall physically distanced we can accommodate up to 80 people, face masks mandatory (Lunch cannot be provided due to Covid-19 restrictions, but you are welcome to bring your own bagged lunch)

Please go to https://www.saintstephencalgary.ca/agm.html to review the Financial report, Stewardship report and SAGM Minutes.

St. Stephen's parish council nominations committee are currently seeking candidates for the following positions: Youth Director and Hospitality Director. If you, or you know anyone that is interested in any of these roles, please contact our current Council Chair, Glen Kulak on CouncilChair@protomartyr.ca



Zoom in on Butter Lamb Carving

Carve and shape you own butter lamb from scratch and start a new family tradition!

Saturday, March 27 @ 1p.m.

Brought to you by St. Stephen UCWLC

Register in advance for this meeting: https://bit.ly/3cMcu9I After registering, you will receive a confirmation email containing information about joining the meeting.

Social Mission Commission of the Edmonton Eparchy Survey

Are asking each parish to fill out a short survey to help direct the work they do. This should take less than 10 minutes to complete and will be very helpful as we go forward.

Please complete this by March 28, 2021.

More information can be found here:

https://eeparchy.com/social-mission/

To complete the survey click here:

https://forms.gle/CoVCnDATfgNqrn5t8

From the ARC....

Share in a pilgrim's journey with "The Way of the **Pilgrim**", the story of a pilgrim learning to pray the Jesus Prayer or travel to the Holy Land with a copy of "Closed for Renovation" by Peter Sabella a pictorial spiritual guide of the Holy Land.

Learn about or revisit the places in the life of Jesus and His Ministry as they appear in scriptural readings with a and accompanying prayer. Copies are available for purchase from the church office. Pysanky supplies also available.

DONATION

ST. STEPHEN'S UCWLC | LENTEN PROJECT

Donations will be passed on to Street Sisters Society. This volunteer run, non-profit does weekly outreach in downtown Calgary to support vulnerable women and help meet their unique and complex needs.

- **Ladies Winter** iackets
- Ladies Winter boots
- **NEW** socks
- **Gloves**
- **Purses/backpacks**
- Juice boxes/water
- soft granola bars
- NEW ladies underwear
- Travel size toiletries
- Feminine hygiene items:
 - Tampons/pads
 - Deodorant
 - Razors

Drop off items in the St. Stephen's Church Atrium

Contact: Dalyce.Zuk@albertahealthservices.ca or streetsisterssociety@gmail.com

K of C 50/50 Raffle

Please support your St. Nicholas Byzantine K of C Council by purchasing 50/50

Go to www.koc5050.com click on the "in support of" button, scroll down, select "07659 St. Nicholas Byzantine" and then continue with your online purchase. This will ensure that proceeds from your purchase will be directed to our Council. Last year's proceeds were directed to youth programs in our Parish.

Thank you for supporting our Council by purchasing tickets. The winner will receive between \$20,000 and \$50,000 (depending on how many tickets sold). Tickets are limited so please act quickly.



DIVINE LITURGY INTENTIONS

Saturday, March 20:

- 5:00pm Confessions
- 6:00pm Great Vespers / Lenten Mission #1

Sunday, March 21:

- * 8:30am Lenten Mission #2
- for blessings and good health for Ann Kostiuk
- 10:30am Lenten Mission #2
- for the repose of the soul (40 days) of +Elaine Karlonas
- in memory of the repose of the soul of +Carolyn Taillon
- 5:00pm for a full and speedy recovery from surgery for Don Bobyn
- for a full and speedy recovery from surgery for Evangeline LeJan

Wednesday, March 24:

- ❖ 9:00am Lenten Typica no intentions
- 6:00pm Liturgy of the Presanctified Gifts - in memory of the repose of the soul of +Joseph Borys

Saturday, March 27:

- ❖ 9:00am Divine Liturgy with anointing of the sick
- 5:00pm Confessions
- 6:00pm Great Vespers

Sunday, March 28: PALM SUNDAY

- 8:30am for the repose of the soul (40 days) of +Janet Lacey
- ❖ 10:30am in memory of the repose of the soul of +Ed Sakundiak
- 5:00pm for the repose of the soul of +Aurele St Godard



Coordinates and markets the efforts of all parish charitable activity.

Contact: Mary Chudyk, Charity Director Email: Charity@Protomarty.ca

Pass It On - Clothing charity for families. Contact: Theresa Lewchuk, Co-

Convener, Operations **Telephone:** 403-815-6055 Email: lewchukt@hotmail.com Contact: Deborah Johnson, Co-Convener, Communications **Telephone:** 403-863-0941 Email: lornejn@telusplanet.net

Men's Dinner

Annual major church fundraiser for capital expenses plus charity endeavors.

Contact: Greg Bobyn Email: greg.bobyn@mnp.ca

The Helping Others Network

Distributes used furnishings and clothing to the needy.

Contact: Des Peplinski Telephone: 403-238-0804 Email: dlp238@shaw.ca

Religious Art Committee

Discusses and coordinates religious artwork for the parish. Contact: Jim Ochitwa

Email: jimochitwa@shaw.ca

UCWLC: Ukrainian Catholic Women's League of Canada

Responds to parish and community needs through volunteerism, pastoral works, Ukrainian culture & aid. Contact: Nettie Kost, UCWLC President

Email: nettiekost@gmail.com

Knights of Columbus: Provides financial aid & support for members and their families, and helps the sick, needy and disabled in our parish, city and abroad.

Contact: Ivan Weleschuk (3rd Degree) Email: <u>ivanweleschuk@hotmail.com</u> Contact: Bohdan Tyrawski (4th Degree)

Email: bohdantyrawski@gmail.com

Plus 50 Club: Provides social interaction for seniors. Also promotes programs and activities relevant to seniors.

Contact: Ed Tysowski, President

Phone: 403-547-3226 E-mail: tysow@shaw.ca

Journey to Pascha

Desiring to commune with the Divine Pascha ... let us pursue victory over the devil through fasting. (First hymn of the aposticha for Vespers, Thursday of the first week of Lent)

FROM THE MIDDLE OF LENT, the Sunday of the Cross, we begin to see our journey's end, and the radiant feast of the Resurrection comes into view. Lent is a journey to Pascha. It is thus a season of joyful expectation. If we take Lent seriously, the journey is arduous, but this only makes Pascha all the more radiant and joyful. But throughout Lent, we are never allowed to forget the Resurrection, which fills all things, all ascetic labors, all solemnity, sorrow, and contrition, with gladness and brightness.

It would be a mistake to think of the sacrifices of Lent in purely negative terms—in terms of struggle and deprivation. We are to think of Lent as liberation. Lent calls us to sacrifice many of those things which, while they tend to occupy such a central position in our lives, while they seem to us to be so important, are in reality things we can do without. Lent is thus the rediscovery of that which is most essential in our lives. In this rediscovery, we return to God and to the very meaning of

Thus, having stripped ourselves of all that is petty and futile, having cast off the burdensome baggage of our worldly and often complex lifestyles, we can truly experience Lent as liberation and purification, as the necessary, fruitful, and wonderful journey to the joy of Pascha.

The Fifth Sunday of Great Lent: St. Mary of Egypt

She was born in the fifth century and lived as a prostitute in Alexandria from the age of twelve. She was quite sick spiritually and often had sex with partners for no charge, engaging in all kinds of unnatural sexual practices. One day when she was about twenty-nine years old, out of boredom, she followed a crowd heading for the Holy Land for the Feast of the Elevation of the Holy Cross. She had no money and so paid for her passage by sleeping with the crew, consumed, as she was, with a desire to seduce as many as she could.

With the crowd of pilgrims, she went to enter the Church of the Resurrection, but found herself physically unable to do so. At last she understood—God Himself rejected her from His Presence. All the shame of her past came flooding upon her and she broke down and wept. Seeing an icon of the Theotokos, she prayed that if she would by her intercession be allowed to enter, she would dedicate the rest of her life to holiness. Then she effortlessly entered the church and venerated the Holy Cross there. She then set out for the Palestinian desert where she lived in seclusion and repentant prayer for the next forty-seven years.

At first she was tormented by the vivid memories of her old life. But she persevered in the struggle for holiness and sanity, depending on the intercessions of the Mother of God and after seventeen years found sanctity and peace.

At the end of the forty-seven years, a priest-monk named Zosimas chanced to find her during his journey in the desert during Great Lent. He found her naked in the desert and, giving her his cloak to cover her, learned her story. She prayed with him and Zosimas was terror-struck to see that when she prayed fervently she was raised and floated over a foot off the ground! She had received the gift of prophetic insight and knew all about him.

Upon her request, he brought her Holy Communion on Holy Thursday of the next year. She came to him, walking on the water of the Jordan River. She received the Holy Mysteries and again asked him to come to her again next year. Taking leave of him, she said, "Pray, for God's sake, pray for me and remember a miserable wretch." When Zosimas returned to her next year, he found her dead, with the words she had traced in the sand before she died: "Abba Zosimas, bury on this spot the body of humble Mary. Return the dust to the dust and pray to the Lord for me." The earth was too hard to allow him to bury her with no tools but a lion came and dug in the earth a place for her grave. Mary, formerly a wretched and sick prostitute had become through repentance and grace a bride of the Kingdom. She entered into glory about 530.

Papavassiliou, V. (2012). Meditations for Great Lent: Reflections on the Triodion (pp. 87-89). Chesterton,

IN: Ancient Faith Publishing.



 ∞ THE LIFE OF ST. MARY OF EGYPT



MARY EGYPT, AND SHE LIVED A LIFE OF SHAME. ONE DAY SHE GOT ON A BOAT TO GO TO JERUSALEM

SHE WANTED TO GO IN THE CHURCH TO SEE THE LIFE-GIVING CROSS





...BUT SHE COULDN'T GO IN! SHE SAW AN ICON OF THE MOTHER OF GOD, AND WEPT FOR ALL HER SINS.

SHE HEARD A VOICE FROM THE HEAVENS...







SHE MET FR. ZOSIMAS IN THE DESERT. WHEN HE BROUGHT HER HOLY COMMUNION SHE WALKED ACROSS THE JORDAN AS ON DRY LAND.



HOLY ST. MARY OF EGYPT, PRAY TO GOD FOR US!



In celebration of the 20th anniversary of the Shevchenko Bookmark Campaign, we are excited to announce a nationwide Children's Bookmark Contest to encourage a new generation of visual artists and a new generation of readers of Taras Shevchenko's poems.

Guidelines

- Submissions are due by Friday, April 30th
- One winner per province will be randomly selected for a pizza party prize for a group of 10.
- Winners will be notified on Monday, May 3rd.

By entering the Contest, you agree to let the Shevchenko Foundation post your child's artwork on social media and/or the website.

For information go to: https://bit.ly/38P7TT8



aged 7 to 14 years old to our

FIRST EVER ONLINE EASTER CAMP!

Running from April 1,2,3 and 5th 2021 -That's Holy Thursday, Good Friday, Holy Saturday and Holy Monday! http://tinyurl.com/campstbasil

Prayer & Support Group: Accepts prayer requests for the confidential needs and intentions of parishioners and others.

Contact: Marilyn Comchi Telephone: 403-220-9624 Email: marilyncomchi@shaw.ca

Support Network: Provides support, encouragement & help for parishioners facing various difficulties/situations with referrals to services or help they need.

Contact: Bernadette Lukey, Pastoral

Care Director

Email: PastoralCare@Protomartyr.ca

International Trust Fund: Solicits & invests donations and disburses earned income to international charities in 2nd and 3rd world countries.

Contact: Steve Groch Email: swgctc@aol.com

Family Support Trust Fund: Solicits & invests donations and disburses earned income to parishioners in need.

Contact: Mary Chudyk, Charity Director Email: Charity@Protomartyr.ca

Planned Giving: A program for individuals to make legacy donations to St. Stephen's through a will or other planned giving options. Contact: Greg Yuzwa, CPA, Co-ordinator

Email: PlannedGiving@Protomartyr.ca

ARK Store: Looking for the perfect religious item as a gift or for yourself? Check out the Ark store at the entrance to our hall.

Contact: Donna Chelack Email: dchelack@shaw.ca or Office@Protomartyr.ca

Sunday School: A program run on most Sundays during the 10:30am Divine Liturgy for preschoolers age 4 through grade 2 children (pre-First Solemn Communion). Currently canceled Email: ChildrensPrograms@Protomartyr.ca

First Solemn Communion (FSC):

Sacramental Classes for children around grade 2 who are ready to approach for the Sacraments of Reconciliation and Eucharist on their own.

Contact: Kathy Livesey Email: kalivesey@shaw.ca

Calgary Pro-Life Association: Raises funds for educational awareness programs.

Contact: John Siroishka Telephone: 403-271-2128 Email: johnsiroishka@shaw.ca



Holy Week Liturgical Services 2021

Palm Sunday, March 28

- •8:30am † Divine Liturgy (Ukrainian w/English homily) Distribution of Willows Pre-registration required: https://bit.ly/3txBW9U
- •10:30am † Divine Liturgy (English Choir) Distribution of Willows Pre-registration required: https://bit.ly/3txBW9U
- •5:00pm † Divine Liturgy (English Family Choir) Distribution of Willows Pre-registration required: https://bit.ly/3txBW9U

Wednesday, March 31

- •9:00am Bridegroom Matins w/Typica Eucharist
- •6:00pm Liturgy of the Presanctified Gifts

Thursday, April 1

- •6:00pm Passion Matins (Twelve Passion Gospels)
- •10:00 am Holy Thursday Divine Liturgy will be celebrated by Bishop David and clergy at Saint Basil Parish, Edmonton. To attend in person, pre-register at Saint Basil Parish by calling (780) 434-8010 or by email st.basils@shawbiz.ca. To follow live, click on the following link: https://youtu.be/ejd1aNDIdUo

Great and Holy Friday – Passion of Our Lord - April 2 (Strict fast – no meat or dairy products)

- •11:30am to 12:30pm Sacrament of Reconciliation
- •1:00pm † Shroud Service (Procession of the Holy Shroud) Pre-registration required: https://bit.ly/3txBW9U
- •3:00pm to 3:45pm Sacrament of Reconciliation
- •4:00pm Jerusalem Matins Pre-registration required: https://bit.ly/3txBW9U

Great and Holy Saturday — The Descent Into Hades - April 3

- •2:00pm Blessing of Food (in the parking lot)
- •3:00pm Vespers w/Liturgy of St. Basil the Great
- •6:00pm Blessing of Food (in the parking lot)
- •7:00pm Nadhrobne (Tomb service transfer of the Holy Shroud)

Pascha — The Resurrection of Our Lord - April 4

- •7:30am † Resurrection Matins & Easter Divine Liturgy (Bilingual Choir) Pre-registration required: https://bit.ly/3txBW9U
 Blessing of Food in the parking lot
- •10:30am † Easter Divine Liturgy (English Cantor) Pre-registration required: https://bit.ly/3txBW9U
 Blessing of Food in the parking lot
- •6:00pm Agape Vespers (A joyful evening Resurrection service) Pre-registration required: https://bit.ly/3txBW9U