

Address:

4903 – 45th Street S.W. Calgary, Alberta T3E 3W5 Canada

Office Hours (during outbreak)

Mon-Friday 9:00 am—12:00 pm Phone enquiries only

Telephone:

403-249-4818, press 0

Pastoral Emergencies:

403-249-4818, press 9

Email:

Office@Protomartyr.ca Coordinator@Protomartyr.ca

Parish Website:

www.saintstephencalgary.ca

Facebook:

https://www.facebook.com protomartyr.ca

Eparchy Website:

www.edmontoneparchy.com

DIVINE LITURGIES:

Sunday Services:

8:30 am—Ukr/Eng 10:30 am — English 5:00 pm—English (children choir) Pre-registration recommended: https://bit.ly/2N4HICh

Weekday Services:

Wednesdays at 9:00am (seniors and those at higher risk)

Saturdays (CANCELED)

There is no pre-registration for these liturgies. Registration is upon arrival.

ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

JANUARY 31ST, 2021

Sunday of the Prodigal Son

The Holy Wonderworkers and Unmercenaries Cyrus and John (284-305)

Troparia and Kontakia

Troparion, Tone 2: When You went down to death, O Life Immortal,* You struck Hades dead with the blazing light of Your divinity.* When You raised the dead from the nether world,* all the powers of heaven cried out:* "O Giver of Life, Christ our God, glory be to You!"

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

Kontakion, Tone 3: Foolishly have I fled from Your glory, O Father,* wasting the wealth You gave me on vices.* Therefore, I offer You the words of the Prodigal:* Loving Father, I have sinned before You.* Take me, for I repent, and make me as one of Your hired hands.

Prokeimenon, Tone 2

The Lord is my strength and my song of praise, and He has become my salvation.

verse: The Lord has indeed chastised me, but He has not delivered me to death. (Psalm 117:14,18)

Epistle

1 Corinthians 6:12-20

Brothers and sisters, all things are lawful for me, but all things are not helpful. All things are lawful for me, but I will not be brought under the power of any. Foods for the stomach and the stomach for foods, but God will destroy both it and them. Now the body is not for sexual immorality but for the Lord, and the Lord for the body. And God both raised up the Lord and will also raise us up by His power.

Do you not know that your bodies are members of Christ? Shall I then take the members of Christ and make *them* members of a harlot? Certainly not! Or do you not know that he who is joined to a harlot is one body *with her?* For "the two," He says, "shall become one flesh." But he who is joined to the Lord is one spirit *with Him*.

Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body. Or do you not know that your body is the temple of the Holy Spirit *who is* in you, whom you have from God, and you are not your own? For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's.

Alleluia, Tone 2

verse: The Lord will hear you in the day of tribulation; the name of the God of Jacob will shield you.

verse: Lord, grant victory to the king and hear us in the day that we shall call upon You. (Psalm 19:2,10)

Gospel

Luke 15:11-32

The Lord told this parable: "A certain man had two sons. And the younger of them said to his father, 'Father, give me the portion of goods that falls to me.' So he divided to them his livelihood. And not many days after, the younger son gathered all together, journeyed to a far country, and there wasted his possessions with prodigal living. But when he had spent all, there arose a severe famine in that land, and he began to be in want. Then he went and joined himself to a citizen of that country, and he sent him into his fields to feed swine. And he would gladly have filled his stomach with the pods that the swine ate, and no one gave him anything.

"But when he came to himself, he said, 'How many of my father's hired servants have bread enough and to spare, and I perish with hunger! I will arise and go to my father, and will say to him, "Father, I have sinned against heaven and before you, and I am no longer worthy to be called your son. Make me like one of your hired servants."

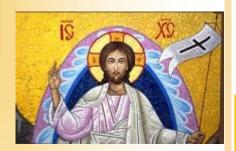
"And he arose and came to his father. But when he was still a great way off, his father saw him and had compassion, and ran and fell on his neck and kissed him. And the son said to him, 'Father, I have sinned against heaven and in your sight, and am no longer worthy to be called your son.'

"But the father said to his servants, 'Bring out the best robe and put it on him, and put a ring on his hand and sandals on his feet. And bring the fatted calf here and kill it, and let us eat and be merry; for this my son was dead and is alive again; he was lost and is found.' And they began to be merry.

"Now his older son was in the field. And as he came and drew near to the house, he heard music and dancing. So he called one of the servants and asked what these things meant. And he said to him, 'Your brother has come, and because he has received him safe and sound, your father has killed the fatted calf.'

"But he was angry and would not go in. Therefore his father came out and pleaded with him. So he answered and said to his father, 'Lo, these many years I have been serving you; I never transgressed your commandment at any time; and yet you never gave me a young goat, that I might make merry with my friends. But as soon as this son of yours came, who has devoured your livelihood with harlots, you killed the fatted calf for him.'

"And he said to him, 'Son, you are always with me, and all that I have is yours. It was right that



HOLY MYSTERIES

CONFESSION:

Saturdays 5:00 to 5:45 pm or by Appointment 403-249-4818, ext. 2

MARRIAGE, BAPTISM-CHRISMATION-**EUCHARIST, FUNERALS:**

Arrangements with the Pastor 403-249-4818, ext. 2

ANOINTING OF THE SICK:

For emergencies call 403-249-4818, ext. 9

DIVINE LITURGY INTENTIONS:

Arrangements with the office

CLERGY & RELIGIOUS

Pastor:

Fr. Michael Bombak FatherMichael@Protomartyr.ca Office:403-249-4818, ext. 2

Pastor, St. Basil's Melkite Greek Catholic Church

Pastor: Fr. Samer Naaman 403-249-4818, ext. 3 stbasilmelkitecalgary@gmail.com Facebook: St Basils Melkite Greek Catholic Church Calgary

PARISH OFFICE

Office Administrator:

Linda Buck 403-249-4818, ext. 0 office@Protomartyr.ca

Communications Coordinator:

Mirna Farahat coordinator@Protomartyr.ca

HALL RENTAL INQUIRIES

John Kowal 403-249-4818, ext. 4 Cell:403-880-0577 maintenance@Protomartyr.ca

HALL & KITCHEN

403-249-4818, ext. 6

we should make merry and be glad, for your Communion Hymn brother was dead and is alive again, and was lost and is found.""

Praise the Lord from the heavens;* praise Him in the highest.* Alleluia, alleluia,* alleluia. (Psalm

DIVINE LITURGY TIMES

SATURDAYS: (CANCELED for 2021)

08:30 am Ukr / Eng **SUNDAY:** Doors open 08:00 am - 8:30 am

10:30 am English Doors open 10:00 am- 10:30 am 05:00 pm Liturgy (children choir) Doors open 04:30 pm - 5:00 pm WEDNESDAY*: 09:00 am English Doors open 08:30 am - 9:00 am

 st for seniors and those with underlying medical conditions that put them at a greater risk for severe illness from COVID-19.

Effective January 18th, 2021 and as per the Provincial mandate, we are now restricting the amount of people in the church to 50 for our regular Divine Liturgies.

St. Stephen's parish will strictly adhere to these new measures outlined in detail below. Changes to our existing mandate are in **bold**:

- Two-meter physical distancing between households must be maintained
- Mask use is mandatory unless you have a medical exemption. Those choosing not to wear a mask will not be permitted to enter the church for the safety of other parishioners.
- Hand-sanitizing at entrance/exit to church is required.
- The faithful are required to sign-in upon entry for tracking purposes should someone present as COVID-19 positive.
- Ushers are to remind the faithful of the above requirements.
- Recited liturgies are encouraged. Where singing is practiced, no congregational singing. Rather, a single cantor may lead the responses, while the faithful remain prayerfully silent.
- Online liturgical services are encouraged
- In-person faith group meetings can continue but physical distancing and public health measures must be followed
- Receptions are not permitted
- Maximum of 10 people for weddings and baptisms and 20 people for funerals
 - This includes the officiant, bride/groom, and witnesses
 - This does not include staff or organizers who are not considered an invited guest
 - This applies to any facility, including places of worship and funeral homes.
 - This includes services held indoors or outdoors, seated or non-seated.

Thank you for continuing to do your part in keeping our parish family safe. Remember, we are in this together!



Sunday Divine Liturgy Registration: https://bit.ly/2N4HICh

The FAMILY ROOM can be booked for all three Sunday Divine Liturgies at:

https://tinyurl.com/yywouvzx

(For infants and toddlers accompanied by their parents or guardians. Limit 1 family per Liturgy)



PLEASE KEEP OUR DIVINE LITURGIES POSSIBLE!

Ushering and cleaning volunteers are required for ALL Divine Liturgies.

We would appreciate any assistance that you are able to offer. Please join our volunteer crew by contacting our Liturgical Director, Darrell Maleski by email at liturgical@protomartyr.ca or the office by phone 403-249-4818.



Great Vespers Saturdays at 6:00 PM at St. Stephen

This prayer service is a beautiful way to welcome in the Lord's rest on the Lord's day and prepare for our participation at the Divine Liturgy on Sunday morning.

A few things to keep in mind:

- Confessions are available on most Saturday evenings before vespers beginning at 5:00 PM.
- Pre-registration is required at this time for the service. Please register at: https://bit.ly/3nK7dE1
- Registration is limited to 50 people at this time.
- Masking and distancing according to AHS/Calgary City by-laws is required at this time.

Prayer is an "essential service" during these trying times. I sincerely hope that you will join us on Saturday nights!









You can protect mothers and children by joining this worldwide mobilization to pray and fast for an end to abortion!

Through prayer and fasting, peaceful vigils and community outreach, 40 Days for Life has inspired 1,000,000 volunteers!

With God's help, here are the proven results over 27 coordinated campaigns:

- 18,000 babies saved from abortion
- 211 abortion workers converted
- 107 abortion centers closed

Here's how to take part in 40 Days for Life in our community:

- Vigil location: Abortion "Kensington Clinic" 2431 5 Ave NW
- Vigil hours: 7 am to 7 pm
- Local contact: Jairo Garzon 403-870-3905 or 40daysforlife.calgary@gmail.com

Learn more ... get involved ... and sign up for prayer times by visiting our campaign at the web address

40daysforlife.com/calgary



Part-Time Contract Position: Program Manager

Part time: up to 20 hours per month Compensation: maximum \$480/month

Start date: February 5, 2021

Application Deadline: January 31, 2021

How to Apply: Please email a detailed resume and cover letter, in confidence, to each of the

Selection Committee members:

Bohdan Romaniuk at don.romaniuk@telus.net Michael Ilnycky at michael.ilnycky@gmail.com, Stephanie Savyn at stephaniesavyn@gmail.com

DONATIONS NEEDED

Donations to **Street Sisters** who are collecting gloves, toques, scarves for women who are homeless, have illnesses and other life issues.

A Donation Bin will be in the Atrium starting in the New Year. A chance to check your drawers, or knit during our long winter days or find inexpensive deals post Christmas. For more information, please contact Street Sisters or contact Dalyce Zuk at dmzuk@hotmail.com or 403 981 4613.



The Bishop's Thank-You Campaign is a movement to recognize and thank the individuals and volunteers who make our parishes throughout Alberta vibrant.

We'd love to acknowledge these individuals!

You can nominate a member of your church as an exceptional member on the eparchy website!

https://bit.ly/3q0nXYf

THE BIBLE IN A YEAR

New Podcast From Fr. Mike Schmitz: The Bible In A Year

Sign up and receive the Bible reading plan Fr. Mike will be following for the podcast. You'll also get a link to listen to the podcast!

https://ascensionpress.com/pages/biy-registration

2020

Donation Tax Receipts are ready for pick up in the atrium.

Please pick up yours before/after Divine Liturgy or by dropping into the church any weekday during office hours (M-F 9:00am-2:00pm). and perhaps consider delivering that of a friend(s) that cannot make it to the church.

Thank you for your generosity!



DIVINE LITURGY INTENTIONS

Wednesday, January 27: (correction from last week)

- 9:00am for special intentions for Vanessa
- 9:00am in memory of the repose of the soul (1 yr) of +Fr. Bill Hupalo

Saturday, January 30:

- 5:00pm Confessions
- 6:00pm Great Vespers

Sunday, January 31: SUNDAY OF THE PRODIGAL SON

- ❖ 8:30am for the repose of the soul of +Arnie Wawruch
- 10:30am for special intentions for Vanessa
- 5:00pm in memory of the repose of the souls of +Joseph & +Maria Dobish

Wednesday, February 3:

 9:00am – for special intentions for Vanessa

Saturday, February 6:

- 5:00pm NO Confessions
- 6:00pm Great Vespers

Sunday, February 7: MEATFARE SUNDAY

- 8:30am for the repose of the souls of +Harry and +Natalie Kostiuk (w/ Panakhyda)
- 10:30am in memory of the repose of the soul of +Rev. Fr. Josaphat Tyrkalo
- 5:00pm in memory of the repose of the souls of +Joseph & +Maria Dobish



Catechetical resources and Upcoming events

can be found here:

https://godwithusonline.org/upcoming-events/



Charity

Coordinates and markets the efforts of all parish charitable activity.

Contact: Mary Chudyk, Charity Director

Email: Charity@Protomarty.ca

Pass It On - Clothing charity for families.
Contact: Theresa Lewchuk, Co-

Convener, Operations
Telephone: 403-815-6055
Email: lewchukt@hotmail.com
Contact: Deborah Johnson, CoConvener, Communications
Telephone: 403-863-0941
Email: lornejn@telusplanet.net

Men's Dinner

Annual major church fundraiser for capital expenses plus charity endeavors.

Contact: Greg Bobyn
Email: greg.bobyn@mnp.ca

The Helping Others Network

Distributes used furnishings and clothing to the needy.

Contact: Des

Contact: Des Peplinski Telephone: 403-238-0804 Email: dlp238@shaw.ca

Religious Art Committee

Discusses and coordinates religious artwork for the parish.

Contact: Jim Ochitwa Email: jimochitwa@shaw.ca

UCWLC: Ukrainian Catholic Women's League of Canada

Responds to parish and community needs through volunteerism, pastoral works, Ukrainian culture & aid.

Contact: Nettie Kost, UCWLC President

Email: nettiekost@gmail.com

Knights of Columbus: Provides financial aid & support for members and their families, and helps the sick, needy and disabled in our parish, city and abroad.

Contact: Ivan Weleschuk (3rd Degree)
Email: ivanweleschuk@hotmail.com
Contact: Bohdan Tyrawski (4th Degree)
Email: bohdantyrawski@gmail.com

Plus 50 Club: Provides social interaction

for seniors. Also promotes programs and activities relevant to seniors.

Contact: Ed Tysowski, President

Phone: 403-547-3226 E-mail: tysow@shaw.ca

REFLECTION

Maybe you've met someone who claims to be "spiritual" but not "religious?" That was a fairly common statement a few years back, which essentially entails that whatever faith a person may or may not hold remains personal and private and is not brought out into the public square. It's a convenient sentiment to hold because that idea of faith never demands anything from us.

St. Paul, when writing to the Corinthians, is dealing with a similar situation. He is addressing Christians who are being swayed by the motto of the Corinthians which he quotes: "all things are lawful for me." In other words, if they believed that they were spiritual people, they felt that it didn't really matter what they did with their bodies. In fact, the term "Corinthian" came to mean someone who lived a loose or immoral life. St. Paul tells us today that this is an unacceptable worldview for a Christian. We are our bodies and what we do with them matters tremendously. We are not our own, our bodies belong to Christ, being purchased with His blood. Our bodies are temples of the Holy Spirit.

In our increasingly technological and isolating culture, sexual temptation is only heightened. Internet pornography is an ever-present temptation. To those struggling for chastity today, St. Paul presents us with a beautiful vision: chastity is a great "yes" to Christ instead of a lot of "nos" to things we would rather enjoy. The Lord, Maker and Redeemer of our bodies, has given us the only lasting and fulfilling goal for our bodies. The fight for chastity is worth fighting!

For those who struggle with internet pornography, good resources exist to help equip you for the struggle. Take a look at: https://brandonvogt.com/how-to-conquer-porn-an-interview-with-matt-fradd/

The Encounter of Our Lord—Celebrated on February 2nd



We read in Luke 2:22–40 that the parents of Jesus, following Mosaic law bring their firstborn son to be dedicated to God in the temple at Jerusalem forty days after his birth. We pray in the hymnography of the feast: "the creator of the law fulfills the law." This brings us to Feb. 2, the Feast of the Encounter (meeting, presentation) of Our Lord in the Temple, which concludes the Christmas cycle of feast days. We see the parents of Jesus as they offer their child. The Theotokos, her head bowed, holds her hand in offering as she dedicates herself along with her Son to God. This hand gesture should be familiar to us. We see it in most of the icons of her and Christ. Throughout her life and throughout eternity, in all humility, she deflects our gaze towards her Son.

Behind the Theotokos, stands Joseph. His hands are covered, indicating his humility and reverence before God. Most icons of the encounter also show him holding sacrificial turtledoves as required by the law. St. Simeon is central to the icon along with the Christ child. He receives the awaited child holding Him as if on a throne.

The canopy behind them depicts the altar of the Temple. Simeon together with the prophetess Anna who stands behind him, represents all that is good and God-seeking in the Old Testament. They have been awaiting the Messiah for many years. It was promised that he would not die before seeing the Messiah Lk 2:25–32.

He has devoted His life to God and has allowed the Holy Spirit to guide his life. On this day he has been led by the Holy Spirit to the temple. His body is bowed and his hands are covered in reverence; recognizing whom he holds. This is the defining moment in his life an in salvation history as, recognizing the Messiah, he reaches for the infant. The Old Testament covenant is now fulfilled and the New Testament covenant begins.

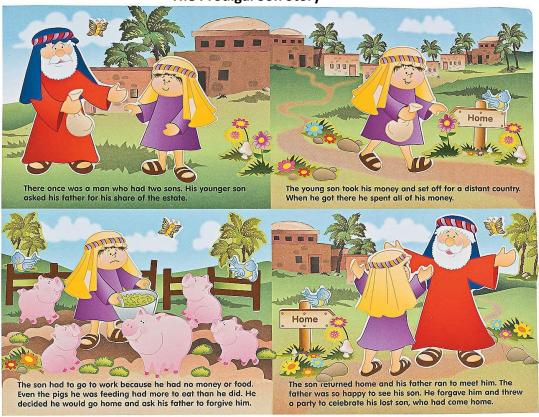
The icon reminds us that even as an infant, only 40 day old, Jesus is Our Lord, the high priest. His right hand is held in blessing. The nimbus (halo) surrounds His head bears a cruciform containing the Greek letters omikron, omega, nu "I am He who is" the name of God in Ex 3:14. Outside the nimbus (halo) are the Greek letters ICXC – the Christogram (an abbreviation of Jesus Christ).

The Prophetess Anna looks on. She is identified as a prophetess by the scroll that she holds in her hand. She also immediately recognizes Jesus as the Christ, the awaited Messiah. In Scripture we read that she "spoke of Him to all those who looked for redemption in Jerusalem." She is an eager evangelist pointing all to Christ just as all the Old Testament Prophets did. This is indicated by her hand pointing to the Christ child in Simeon's arms who will be a light for revelation to the Gentiles Lk. 2:32.

Righteous Simeon and Anna awaited the Messiah, praying and dedicating their lives to God. This allowed them the vision to see what others could not. The Messiah had come. As we contemplate this icon, we pray that we might dedicate our lives to God and open ourselves to the promptings of the Holy Spirit as they did so that our eyes may be open to see His presence all around us.



The Prodigal Son Story



The Son who was Sorry



Today's Gospel reading tells us about God's forgiveness. We are like the son who ran away and wasted all his money whenever we don't use our gifts or talents to serve God or others.

God is like the father in this story. He lets the younger son do whatever he wants, but he loves him even when he chooses to be bad. All he wants is for his son to come home and be sorry. He is ready and waiting to forgive the prodigal son.

God is waiting to forgive us too, in the sacrament of Confession. He wants us to be sorry for our sins and tell Him we are sorry so He can take them away.

Try to make sure you go to confession before Easter so your soul will be clean and ready for the great celebration!



Prayer & Support Group: Accepts prayer requests for the confidential needs and intentions of parishioners and others.

Contact: Marilyn Comchi Telephone: 403-220-9624 Email: marilyncomchi@shaw.ca

Support Network: Provides support, encouragement & help for parishioners facing various difficulties/situations with referrals to services or help they need.
Contact: Bernadette Lukey, Pastoral

Care Director

Email: PastoralCare@Protomartyr.ca

International Trust Fund: Solicits & invests donations and disburses earned income to international charities in 2nd and 3rd world countries.

Contact: Steve Groch Email: swgctc@aol.com

Family Support Trust Fund: Solicits & invests donations and disburses earned income to parishioners in need.

Contact: Mary Chudyk, Charity Director Email: Charity@Protomartyr.ca

Planned Giving: A program for individuals to make legacy donations to St. Stephen's through a will or other planned giving options.
Contact: Greg Yuzwa, CPA, Co-ordinator

Email: PlannedGiving@Protomartyr.ca

ARK Store: Looking for the perfect religious item as a gift or for yourself? Check out the Ark store at the entrance to our hall.

Contact: Donna Chelack Email: <u>dchelack@shaw.ca</u> or Office@Protomartyr.ca

Sunday School: A program run on most Sundays during the 10:30am Divine Liturgy for preschoolers age 4 through grade 2 children (pre-First Solemn Commission). Currently canceled

Email: ChildrensPrograms@Protomartyr.ca

First Solemn Communion

(FSC): Sacramental Classes for children around grade 2 who are ready to approach for the Sacraments of Reconciliation and Eucharist on their own.

Contact: Kathy Livesey
Email: kalivesey@shaw.ca

Calgary Pro-Life Association: Raises funds for educational awareness programs.

Contact: John Siroishka Telephone: 403-271-2128 Email: johnsiroishka@shaw.ca



Live-Stream Update

We continue to work towards live-stream capabilities for our 10:30 AM Sunday Divine Liturgy. In the past we would record our Saturday morning liturgy for release on Sunday morning.

During this interim period, we continue to record our Wednesday liturgy (with Sunday propers) for release on Sunday morning. This liturgy will be available for viewing beginning Saturday morning at midnight (essentially available all day on Saturday and anytime Sunday morning).

Once live-stream is available (early to mid-February) the Sunday Divine Liturgy will be available for live-stream viewing at 10:30 AM.

This liturgy will also be recorded for those who cannot access it at that time, however, it will not be available before 10:30 AM, only after.

We are excited to have the potential to celebrate together through live-stream in the near future!

Jan. 30 - Feb. 6 SIGN UP www.32auctions.com/yalenka email: info@yalenka.com CELEBRATING YALENKA'S 46TH ANNIVERSARY ONLINE SILENT AUCTION

FIRST HOLY COMMUNION 2021



St. Stephen's offers a First Communion program to teach children and their families about God, His Church and the Sacraments. It prepares children to celebrate their first Confession and their First Solemn Communion, teaching them what Life with Christ is about, and to encourage them to take more responsibility for their own spiritual wellbeing.

Classes are set to begin on Sunday, January 24, 2021. Lessons will take place on Sunday mornings at 9:00 am. There are a total of 10 Lessons ending with First Reconciliation and First Solemn Communion. In the light of the pandemic, we realize that our FSC classes may need to be re-structured in an online format rather than in person. We are flexible and will accommodate both COVID-19 restrictions and family preferences for either instructional format. For more information please contact Kathy Livesey at kalivesey@shaw.ca

For registration, please visit our website at :

www.saintstephencalgary.ca/first-solemn-communion.html

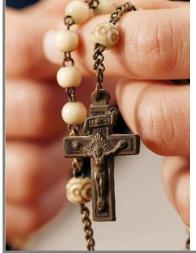


The membership drive will run from Sundays (at 8:30 and 10:30 AM Divine Liturgy) and Wednesdays (9:00AM Divine Liturgy) Jan. 17th - Feb. 7th. Thank you to all the ladies who have already renewed. The fees remain at \$25.00. When you enter and register there will be a box marked UCWLC dues on the table. This year we have three options for payment.

- E-TRANSFER: <u>St.StephenUCWLC@hotmail.com</u> (indicate membership dues)
- CHEQUE: Payable to: St. Stephen's UCWLC for \$25. If you
 wish to mail address is: St. Stephen's UCWLC Membership
 4903 45th Street SW Calgary AB T3E 3W5
- 3. **CASH**: Please indicate your name on the envelope.

If these options don't work for you OR if someone is interested in inquiring/joining please contact Bernadette @ 403-251-7738 OR email :corolla2007@shaw.ca

Thank you for all your support!



Men's Faith Sharing Group

Gentlemen of the eparchy are invited to take part in a **Men's faith sharing group** facilitated by **Fr. Greg Faryna**, and assisted by Alex Pankiw a seminarian at Holy Spirit Seminary. The group will focus on the call to holiness as presented in the Apostolic Exhortation *Gaudete et Exsultate*. Don't let the sound of that scare you! Pope Francis writes in a way that is down to earth and speaks to the heart.

Here is a quote by Pope Francis from this exhortation: The Lord asks everything of us, and in return he offers us true life, the happiness for which we were created. He wants us to be saints and not to settle for a bland and mediocre existence.

These sessions we will explore what this "true life" might look like and discover how one can answer God's call to holiness in this world in which we live.

When: Thursdays at 7:00 pm, Jan. $21 - March 25 1 - 1 \frac{1}{2}$ hours in length.

Where: online via ZOOM

Cost: \$9 + GST to cover the study material. **Register:** <u>education@edmontoneparchy.com</u>