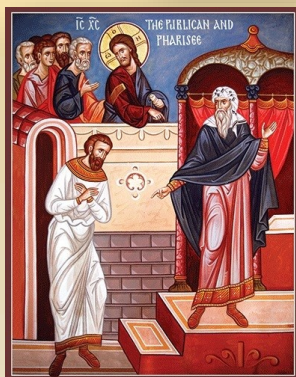


ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

JANUARY 24th, 2021



Address:
4903 – 45th Street S.W.
Calgary, Alberta T3E 3W5 Canada

Office Hours (during outbreak)
Mon-Friday 9:00 am—12:00 pm
Phone enquiries only

Telephone:
403-249-4818, press 0

Pastoral Emergencies:
403-249-4818, press 9

Email:
Office@Protomartyr.ca
Coordinator@Protomartyr.ca

Parish Website:
www.saintstephencalgary.ca

Facebook:
<https://www.facebook.com/protomartyr.ca>

Eparchy Website:
www.edmontoneparchy.com

DIVINE LITURGIES:

Sunday Services:
8:30 am—Ukr/Eng
10:30 am—English
5:00 pm—English (children choir)
Pre-registration recommended :
<https://bit.ly/2N4H1Ch>

Weekday Services:

Wednesdays at 9:00am (seniors and those at higher risk)

Saturdays (CANCELED)

There is no pre-registration for these liturgies. Registration is upon arrival.

Sunday of the Publican and the Pharisee

Our Venerable Mother Xenia the Roman

Troparia and Kontakia

Troparion, Tone 1: Though the stone was sealed by the Judeans,* and soldiers guarded Your most pure body,* You arose, O Saviour, on the third day,* and gave life to the world.* And so the heavenly powers cried out to You, O Giver of Life:* Glory to Your resurrection, O Christ!* Glory to Your kingdom!* Glory to Your saving plan,* O only Lover of mankind.

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

Kontakion, Tone 3: Let us bring sighs of sorrow to the Lord as did the Publican* and approach the Master as sinners,* for He desires salvation for everyone.* He grants forgiveness to all who repent.* For as God, the One-who-is, co-eternal with the Father, He became flesh for us.

Prokeimenon, Tone 1

Let Your mercy, O Lord, be upon us, as we have hoped in You.

verse: Rejoice in the Lord, O you just; praise befits the righteous. (*Psalm 32:22,1*)

Epistle

2 Timothy 3:10-15

Timothy, my son, you have carefully followed my doctrine, manner of life, purpose, faith, longsuffering, love, perseverance, persecutions, afflictions, which happened to me at Antioch, at Iconium, at Lystra—what persecutions I endured. And out of *them* all the Lord delivered me. Yes, and all who desire to live godly in Christ Jesus will suffer persecution. But evil men and impostors will grow worse and worse, deceiving and being

deceived. But you must continue in the things which you have learned and been assured of, knowing from whom you have learned *them*, and that from childhood you have known the Holy Scriptures, which are able to make you wise for salvation through faith which is in Christ Jesus.

Alleluia, Tone 1

verse: God gives me vindication, and has subdued people under me.

verse: Making great the salvation of the king, and showing mercy to His anointed, to David, and to His posterity forever. (*Psalm 17:48,51*)

Gospel

Luke 18:10-14

The Lord told this parable: “Two men went up to the temple to pray, one a Pharisee and the other a tax collector. The Pharisee stood and prayed thus with himself, ‘God, I thank You that I am not like other men—extortioners, unjust, adulterers, or even as this tax collector. I fast twice a week; I give tithes of all that I possess.’ And the tax collector, standing afar off, would not so much as raise *his* eyes to heaven, but beat his breast, saying, ‘God, be merciful to me a sinner!’ I tell you, this man went down to his house justified *rather* than the other; for everyone who exalts himself will be humbled, and he who humbles himself will be exalted.”

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest.* Alleluia, alleluia,* alleluia. (*Psalm 148:1*)





HOLY MYSTERIES

CONFESSION:

Saturdays 5:00 to 5:45 pm
or by Appointment
403-249-4818, ext. 2

MARRIAGE, BAPTISM-CHRISMATION-EUCHARIST, FUNERALS :

Arrangements with the Pastor
403-249-4818, ext. 2

ANointing OF THE SICK:

For emergencies call
403-249-4818, ext. 9

DIVINE LITURGY INTENTIONS :

Arrangements with the office

CLERGY & RELIGIOUS

Pastor :

Fr. Michael Bombak
FatherMichael@Protomartyr.ca
Office:403-249-4818, ext. 2

Pastor, St. Basil's Melkite Greek Catholic Church

Pastor: Fr. Samer Naaman
403-249-4818, ext. 3
stbasilmelkitecalgary@gmail.com
Facebook: St Basils Melkite Greek Catholic Church Calgary

PARISH OFFICE

Office Administrator:

Linda Buck 403-249-4818, ext. 0
office@Protomartyr.ca

Communications Coordinator:

Mirna Farahat
coordinator@Protomartyr.ca

HALL RENTAL INQUIRIES

John Kowal
403-249-4818, ext. 4
Cell:403-880-0577
maintenance@Protomartyr.ca

HALL & KITCHEN

403-249-4818, ext. 6

DIVINE LITURGY TIMES

SATURDAYS: (CANCELED for 2021)

SUNDAY: 8:30 am Ukr / Eng
10:30 am English
5:00 pm Liturgy (children choir)
WEDNESDAY*: 9:00 am English

Doors open 8:00—8:30am
Doors open 10:00—10:30am
Doors open 4:30 pm - 5:00 pm
Doors open 8:30 am—9:00 am

**for seniors and those with underlying medical conditions that put them at a greater risk for severe illness from COVID-19.*

Effective January 18th, 2021 and as per the Provincial mandate, we are now restricting the amount of people in the church to 50 for our regular Divine Liturgies.

St. Stephen's parish will strictly adhere to these new measures outlined in detail below. Changes to our existing mandate are in **bold**:

- Two-meter physical distancing between households must be maintained
- Mask use is mandatory unless you have a medical exemption. Those choosing not to wear a mask will not be permitted to enter the church for the safety of other parishioners.
- Hand-sanitizing at entrance/exit to church is required.
- The faithful are required to sign-in upon entry for tracking purposes should someone present as COVID-19 positive.
- Ushers are to remind the faithful of the above requirements.
- Recited liturgies are encouraged. **Where singing is practiced, no congregational singing. Rather, a single cantor may lead the responses, while the faithful remain prayerfully silent.**
- Online liturgical services are encouraged
- In-person faith group meetings can continue but physical distancing and public health measures must be followed
- **Receptions are not permitted**
- **Maximum of 10 people for weddings and baptisms and 20 people for funerals**
 - This includes the officiant, bride/groom, and witnesses
 - This does not include staff or organizers who are not considered an invited guest
 - This applies to any facility, including places of worship and funeral homes.
 - This includes services held indoors or outdoors, seated or non-seated.

*Thank you for continuing to do your part in keeping our parish family safe.
Remember, we are in this together!*

ONLINE
REGISTRATION

Sunday Divine Liturgy Registration : <https://bit.ly/2N4H1Ch>

The **FAMILY ROOM** can be booked for all three Sunday Divine Liturgies at :
<https://tinyurl.com/yywouvzx>

(For infants and toddlers accompanied by their parents or guardians. Limit 1 family per Liturgy)

VOLUNTEERS
NEEDED

PLEASE KEEP OUR DIVINE LITURGIES POSSIBLE!

Ushering and cleaning volunteers are required for ALL Divine Liturgies.

We would appreciate any assistance that you are able to offer. Please join our volunteer crew by contacting our Liturgical Director, Darrell Maleski by email at liturgical@protomartyr.ca or the office by phone 403-249-4818.

40 DAYS FOR LIFE™

February 17—March 28

You can protect mothers and children by joining this worldwide mobilization to pray and fast for an end to abortion!

Through prayer and fasting, peaceful vigils and community outreach, 40 Days for Life has inspired 1,000,000 volunteers!

With God's help, here are the proven results over 27 coordinated campaigns:

- ❖ **18,000** babies saved from abortion
- ❖ **211** abortion workers converted
- ❖ **107** abortion centers closed

Here's how to take part in 40 Days for Life in our community:

- **Vigil location:** Abortion "Kensington Clinic" – 2431 5 Ave NW
- **Vigil hours:** 7 am to 7 pm
- **Local contact:** Jairo Garzon - 403-870-3905 or 40daysforlife.calgary@gmail.com

Learn more ... get involved ... and sign up for prayer times by visiting our campaign at the web address

40daysforlife.com/calgary

Please



Planned Giving program launch



Planned Giving is the next step in the Finance and Investment Committees' strategy to provide strong financial governance toward the long term health of St. Stephen's Parish. Parishioners are encouraged to review the Planned Giving program and consider making donations to the Parish through their will or current estate to ensure their personal desires are honored.

For more information please visit the Parish website www.saintstephencalgary.ca/planned-giving.html

or email Greg Yuzwa directly at plannedgiving@protomartyr.ca for a confidential, no cost meeting.

Planned Giving is the result of 3 years development from the parish Finance Committee specifically for St. Stephen's parishioners, we look forward to your feedback and support.



DIVINE LITURGY INTENTIONS

Saturday, January 23:

- ❖ 5:00pm – Confessions
- ❖ 6:00pm – Great Vespers

Sunday, January 24:

SUNDAY OF THE PUBLICAN

- ❖ 8:30am – for the repose of the soul of +Arnie Wawruch
- ❖ 10:30am – in thanksgiving and blessings for Bill & Theresa Lewchuk
- ❖ 5:00pm – in memory of the repose of the souls of +Joseph & +Maria Dobish

Wednesday, January 27:

- ❖ 9:00am – for the repose of the soul of +Nestor Shular

Saturday, January 30:

- ❖ 5:00pm – Confessions
- ❖ 6:00pm – Great Vespers

Sunday, January 31:

SUNDAY OF THE PRODIGAL SON

- ❖ 8:30am – for the repose of the soul of +Arnie Wawruch
- ❖ 10:30am – for special intentions for Vanessa
- ❖ 5:00pm – in memory of the repose of the souls of +Joseph & +Maria Dobish

Great Vespers Saturdays at 6:00 PM at St. Stephen

This prayer service is a beautiful way to welcome in the Lord's rest on the Lord's day and prepare for our participation at the Divine Liturgy on Sunday morning.

A few things to keep in mind:

- Confessions are available on most Saturday evenings before vespers beginning at 5:00 PM.
- Pre-registration is required at this time for the service. Please register at: <https://bit.ly/3nK7dE1>
- Registration is limited to 50 people at this time.
- Masking and distancing according to AHS/Calgary City by-laws is required at this time.

Prayer is an "essential service" during these trying times. I sincerely hope that you will join us on Saturday nights!



The Bishop's Thank-You Campaign is a movement to recognize and thank the individuals and volunteers who make our parishes throughout Alberta vibrant.

We'd love to acknowledge these individuals!

You can nominate a member of your church as an exceptional member on the eparchy website!

<https://bit.ly/3qOnXYf>

DONATIONS NEEDED

Donations to Street Sisters who are collecting gloves, toques, scarves for women who are homeless, have illnesses and other life issues.

A Donation Bin will be in the Atrium starting in the New Year. A chance to check your drawers, or knit during our long winter days or find inexpensive deals post Christmas. More information will be made available by contacting Street Sisters or Dalyce Zuk who invited us to participate and support this cause.



ASK A PRIEST

ANY QUESTION ANONYMOUSLY!

Ask a priest a question anonymously about anything to help learn more about the Catholic faith! <https://eeparchy.com/ask-a-catholic-priest/>





REFLECTION

St. Paul, writing to Timothy in his letter today reassured him that he is on the right track in ministry by appealing to what we would least expect: struggle! If we could have backed up a couple of verses, we would have seen that Paul is contrasting men of the world with true disciples. If we are truly to follow Christ, we must prepare for struggle, suffering and persecution. St. John Chrysostom reminds us “war against us means we are making war.”

This Sunday marks the second Sunday of preparation for the Great Fast. In a few short weeks we will engage in an increase of prayer, fasting and almsgiving. It is important to remember at this time that the disciplines and struggles of the Fast are seen not as defensive measures, but offensive initiatives. The desert was often seen as the devil’s territory- hostile to life, mysterious, monotonous etc. By going into the desert to pray and fast the monks were taking the fight to the evil one himself- doing battle in the Devil’s own territory. This Lent remember that we are making progress for the kingdom through our repentance and restoration.

What is one essential tool in this struggle? St. Paul reminds Timothy of the great gift he was given in his knowledge of the Scriptures. At this time that meant the Old Testament, but how much more blessed are we, brothers and sisters, in that we have added to those this very letter to Timothy, the gospels, and all the other writings of the New Testament?! Truly, in the thick of the struggle of discipleship, the Holy Scriptures are what feed, strengthen and support us. Starting now, and continuing through the Great Fast, make it a commitment to read and meditate over the scriptures in a deeper way. Tackle some of the books you haven’t read with the help a good commentary and rejoice in the story of our salvation!

FROM “CHRIST OUR PASCHA”

408 Participation in the life of the Most Holy Trinity becomes a reality for us through the Holy Mysteries of Baptism, Chrismation, and Eucharist. In other words, we partake of God’s life by being united to Christ, receiving the seal of the Holy Spirit, and sharing the Body and Blood of Christ in the community called Church. As a person after birth begins to breathe and then receives nourishment in order to live, so the newly baptized, born to new life in the baptismal font, begins to breathe by the Holy Spirit and receives the nourishment of Holy Communion in order to grow in Christ. Through the prayers and sacred actions of the liturgical rite of each of these Mysteries, the Church leads the faithful (the Greek Fathers speak of mystagogy—leading into the mystery) into an understanding of the Mystery and perceiving it as a single, unified action of God’s grace. This is why in the tradition of the Eastern Church, these three Holy Mysteries are celebrated together.

Quote from St. Clement of Alexandria

“When we are baptized, we are enlightened. Being enlightened, we are adopted as sons. Adopted as sons, we are made perfect. Made perfect, we become immortal . . . ‘and sons of the Most High’ [Ps. 82:6]. This work is variously called grace, illumination, perfection, and washing. It is a washing by which we are cleansed of sins, a gift of grace by which the punishments due our sins are remitted, an illumination by which we behold that holy light of salvation”—Clement of Alexandria, The Instructor of Children 1:6:26:1 Date: 191 A.D.

Congratulations

to the Newly Enlightened **Grayson Anatoli Ward**, baptized this Thursday, January 21st! May he lead an unblemished Christian life, witnessing to His Lord and Saviour Christ Jesus in all that he says and does. May the Lord God grant Grayson, his parents Tyler and Yuliya and Godparents Lily and Michael many happy healthy years. *Многая літа!*



Charity

Coordinates and markets the efforts of all parish charitable activity.

Contact: Mary Chudyk, Charity Director

Email: Charity@Protomarty.ca

Pass It On - Clothing charity for families.

Contact: Theresa Lewchuk, Co-Convener, Operations

Telephone: 403-815-6055

Email: lewchukt@hotmail.com

Contact: Deborah Johnson, Co-Convener, Communications

Telephone: 403-863-0941

Email: lornejn@telusplanet.net

Men’s Dinner

Annual major church fundraiser for capital expenses plus charity endeavors.

Contact: Greg Bobyn

Email: greg.bobyn@mnp.ca

The Helping Others Network

Distributes used furnishings and clothing to the needy.

Contact: Des Peplinski

Telephone: 403-238-0804

Email: dlp238@shaw.ca

Religious Art Committee

Discusses and coordinates religious artwork for the parish.

Contact: Jim Ochitwa

Email: jimochitwa@shaw.ca

UCWLC: Ukrainian Catholic Women’s League of Canada

Responds to parish and community needs through volunteerism, pastoral works, Ukrainian culture & aid.

Contact: Nettie Kost, UCWLC President

Email: nettiekost@gmail.com

Knights of Columbus: *Provides financial aid & support for members and their families, and helps the sick, needy and disabled in our parish, city and abroad.*

Contact: Ivan Weleschuk (3rd Degree)

Email: ivanweleschuk@hotmail.com

Contact: Bohdan Tyrawski (4th Degree)

Email: bohchantyrawski@gmail.com

Plus 50 Club: *Provides social interaction for seniors. Also promotes programs and activities relevant to seniors.*

Contact: Ed Tysowski, President

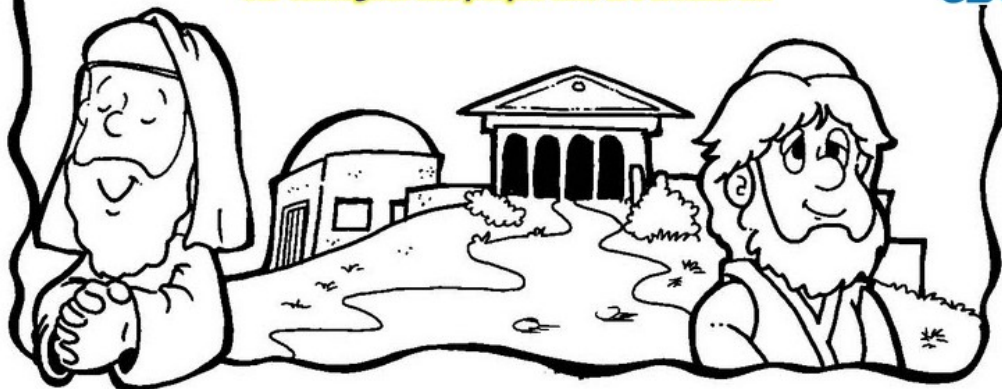
Phone: 403-547-3226

E-mail: tysov@shaw.ca



Kids Bulletin

*Jesus teaches us to be humble and treat well
our colleagues and people who are around us.*



Be humble.

In today's Gospel reading Jesus tells the story about two men praying in the temple. One of them, a Pharisee, always looked like he loved God, but on the inside he really only loved himself. The other man was a tax collector. The people in those days hated tax collectors because they took too much money and worked for their enemies.

When the Pharisee was praying he was really just telling God how much better he was than other people. Do you think that God was pleased with his prayer?



The tax collector, on the other hand, was standing far off and prayed to God with his head bowed down, asking God to have mercy on him. He knew that he was a sinner and that he needed God's help. Do you think that God was pleased with the tax collector's prayer?

Being humble isn't a sad or bad thing. It means knowing that all the good things we have and do come from God. Being humble also lets us be sorry for the selfish things we have done, because it lets us admit that it was our own fault and God can help us overcome our selfishness.

*Lord Jesus Christ, Son of God,
have mercy on me a sinner!*

www.thekidsbulletin.com

Prayer & Support Group: Accepts prayer requests for the confidential needs and intentions of parishioners and others.

Contact: Marilyn Comchi
Telephone: 403-220-9624

Email: marilyncomchi@shaw.ca

Support Network: Provides support, encouragement & help for parishioners facing various difficulties/situations with referrals to services or help they need.

Contact: Bernadette Lukey, Pastoral Care Director

Email: PastoralCare@Protomartyr.ca

International Trust Fund: Solicits & invests donations and disburses earned income to international charities in 2nd and 3rd world countries.

Contact: Steve Groch

Email: swgctc@aol.com

Family Support Trust Fund: Solicits & invests donations and disburses earned income to parishioners in need.

Contact: Mary Chudyk, Charity Director

Email: Charity@Protomartyr.ca

Planned Giving: A program for individuals to make legacy donations to St. Stephen's through a will or other planned giving options.
Contact: Greg Yuzwa, CPA, Co-ordinator
Email: PlannedGiving@Protomartyr.ca

ARK Store: Looking for the perfect religious item as a gift or for yourself? Check out the Ark store at the entrance to our hall.

Contact: Donna Chelack

Email: dchelack@shaw.ca or
Office@Protomartyr.ca

Sunday School: A program run on most Sundays during the 10:30am Divine Liturgy for preschoolers age 4 through grade 2 children (pre-First Solemn Communion). Currently canceled
Email: ChildrensPrograms@Protomartyr.ca

First Solemn Communion

(FSC): Sacramental Classes for children around grade 2 who are ready to approach for the Sacraments of Reconciliation and Eucharist on their own.

Contact: Kathy Livesey

Email: kalivesey@shaw.ca

Calgary Pro-Life Association: Raises funds for educational awareness programs.

Contact: John Siroishka

Telephone: 403-271-2128

Email: johnsiroishka@shaw.ca



Live-Stream Update

We continue to work towards live-stream capabilities for our 10:30 AM Sunday Divine Liturgy. In the past we would record our Saturday morning liturgy for release on Sunday morning.

During this interim period, we continue to record our Wednesday liturgy (with Sunday propers) for release on Sunday morning. This liturgy will be available for viewing beginning Saturday morning at midnight (essentially available all day on Saturday and anytime Sunday morning).

Once live-stream is available (early to mid-February) the Sunday Divine Liturgy will be available for live-stream viewing at 10:30 AM.

This liturgy will also be recorded for those who cannot access it at that time, however, it will not be available before 10:30 AM, only after.

We are excited to have the potential to celebrate together through live-stream in the near future!

UCWLC Christmas Rizzdo Artwork Contest

To capture the TRUE meaning of Christmas.



All children are encouraged to participate for a chance to win \$50

Check the submission guidelines and rules here :

www.saintstephencalgary.ca/artwork-contest.html

Submission Deadline:
January 29, 2021



FOLLOW

FR. MICHAEL BOMBAK'S
BLOG

On Facebook :

www.facebook.com/MusingswithFrMike

On YouTube :

bit.ly/3mtE6ET



FIRST HOLY COMMUNION 2021



St. Stephen's offers a First Communion program to teach children and their families about God, His Church and the Sacraments. It prepares children to celebrate their first Confession and their First Solemn Communion, teaching them what Life with Christ is about, and to encourage them to take more responsibility for their own spiritual wellbeing.

Classes are set to begin on Sunday, January 24, 2021. Lessons will take place on Sunday mornings at 9:00 am. There are a total of 10 Lessons ending with First Reconciliation and First Solemn Communion. In the light of the pandemic, we realize that our FSC classes may need to be re-structured in an online format rather than in person. We are flexible and will accommodate both COVID-19 restrictions and family preferences for either instructional format. For more information please contact Kathy Livesey at kalivesey@shaw.ca

For registration, please visit our website at :

www.saintstephencalgary.ca/first-solemn-communion.html



MEMBERSHIP RENEWAL

RENEWAL OF 2021 UCWLC MEMBERSHIPS

The membership drive will run from Sundays (at 8:30 and 10:30 AM Divine Liturgy) and Wednesdays (9:00AM Divine Liturgy) **Jan. 17th - Feb. 7th**. Thank you to all the ladies who have already renewed. The fees remain at \$25.00. When you enter and register there will be a box marked UCWLC dues on the table. This year we have three options for payment.

1. **E-TRANSFER:** St.StephenUCWLC@hotmail.com (indicate membership dues)
2. **CHEQUE:** Payable to: St. Stephen's UCWLC for \$25. If you wish to mail address is: St. Stephen's UCWLC Membership 4903 45th Street SW Calgary AB T3E 3W5
3. **CASH:** Please indicate your name on the envelope.

If these options don't work for you OR if someone is interested in inquiring/joining please contact Bernadette @ 403-251-7738 OR email :corolla2007@shaw.ca

Thank you for all your support!



Men's Faith Sharing Group

Gentlemen of the eparchy are invited to take part in a **Men's faith sharing group** facilitated by **Fr. Greg Faryna**, and assisted by Alex Pankiw a seminarian at Holy Spirit Seminary. The group will focus on the call to holiness as presented in the Apostolic Exhortation *Gaudete et Exsultate*. Don't let the sound of that scare you! Pope Francis writes in a way that is down to earth and speaks to the heart.

Here is a quote by Pope Francis from this exhortation: *The Lord asks everything of us, and in return he offers us true life, the happiness for which we were created. He wants us to be saints and not to settle for a bland and mediocre existence.*

These sessions we will explore what this "true life" might look like and discover how one can answer God's call to holiness in this world in which we live.

When: Thursdays at 7:00 pm, Jan. 21 – March 25 1 – 1 ½ hours in length.

Where: online via ZOOM

Cost: \$9 + GST to cover the study material.

Register: education@edmontoneparchy.com