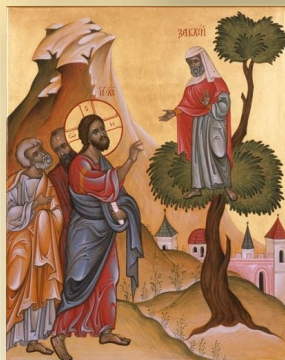


ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

JANUARY 17th, 2021



Address:
4903 – 45th Street S.W.
Calgary, Alberta T3E 3W5 Canada

Office Hours (during outbreak)
Mon-Friday 9:00 am—12:00 pm
Phone enquiries only

Telephone:
403-249-4818, press 0

Pastoral Emergencies:
403-249-4818, press 9

Email:
Office@Protomartyr.ca
Coordinator@Protomartyr.ca

Parish Website:
www.saintstephencalgary.ca

Facebook:
<https://www.facebook.com/protomartyr.ca>

Eparchy Website:
www.edmontoneparchy.com

DIVINE LITURGIES:

Sunday Services:
8:30 am—Ukr/Eng
10:30 am—English
5:00 pm—English
Pre-registration recommended :
<https://bit.ly/2N4H1Ch>

Weekday Services:

Wednesdays at 9:00am (seniors and those at higher risk)

Saturdays (CANCELED)

There is no pre-registration for these liturgies. Registration is upon arrival.

Thirty Second Sunday after Pentecost

Sunday of Zacchaeus

Our Venerable and God-bearing Father Anthony the Great (356)

Troparia and Kontakia

Troparion, Tone 8: You came down from on high, O Merciful One,* and accepted three days of burial* to free us from our sufferings.* O Lord, our life and our resurrection,* glory be to You.

Troparion, Tone 4: By your life you imitated the zealous Elias* and by following straight paths you emulated the Baptist, John.* O Father Anthony,* you peopled the desert and strengthened the world by your prayers;* intercede with Christ God to save our souls.

Kontakion, Tone 8: When You rose from the tomb,* You also raised the dead and resurrected Adam.* Eve exults in Your resurrection,* and the ends of the world celebrate Your rising from the dead,* O most merciful One.

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone 2: You rejected earthly worries* and finished your life in silence imitating the Baptist in every way* and so with him we honour you,* O Anthony, most venerable, first of the Fathers.

Now and for ever and ever. Amen.

Theotokion, Tone 2: The tomb and death could not hold the Mother of God,* unceasing in her intercession and an unfailing hope of patronage,* for as the Mother of Life she was transferred to life* by Him Who had dwelt in her ever-virgin womb.

Prokeimenon, Tone 8

Pray and give thanks to the Lord our God.

verse: In Judea God is known; His name is great in Israel. (*Psalm 75:12,2*)

Prokeimenon, Tone 7

verse: Precious in the sight of the Lord is the death of His venerable ones.

Epistle

1 Timothy 4:9-15; Hebrews 13: 17-21

Timothy, my son, this is a faithful saying and worthy of all acceptance. For to this end we both labor and suffer reproach, because we trust in the living God, who is the Savior of all men, especially of those who believe. These things command and teach.

Let no one despise your youth, but be an example to the believers in word, in conduct, in love, in spirit, in faith, in purity. Till I come, give attention

to reading, to exhortation, to doctrine. Do not neglect the gift that is in you, which was given to you by prophecy with the laying on of the hands of the eldership. Meditate on these things; give yourself entirely to them, that your progress may be evident to all.

Brothers and sisters, obey those who rule over you, and be submissive, for they watch out for your souls, as those who must give account. Let them do so with joy and not with grief, for that would be unprofitable for you.

Pray for us; for we are confident that we have a good conscience, in all things desiring to live honorably. But I especially urge you to do this, that I may be restored to you the sooner.

Now may the God of peace who brought up our Lord Jesus from the dead, that great Shepherd of the sheep, through the blood of the everlasting covenant, make you complete in every good work to do His will, working in you what is well pleasing in His sight, through Jesus Christ, to whom be glory forever and ever. Amen.

Alleluia, Tone 8

verse: Come, let us rejoice in the Lord; let us acclaim God our Saviour.

verse: Let us come before His countenance with praise and acclaim Him with psalms. (*Psalm 94:1,2*)

verse: Blessed is the man who fears the Lord; he shall delight exceedingly in His commandments.

verse: His posterity shall be mighty upon the earth. (*Psalm 111:1,2*)

Gospel

Luke 19:1-10; Luke 6: 17-23

At that time, Jesus entered and passed through Jericho. Now behold, there was a man named Zacchaeus who was a chief tax collector, and he was rich. And he sought to see who Jesus was, but could not because of the crowd, for he was of short stature. So he ran ahead and climbed up into a sycamore tree to see Him, for He was going to pass that way. And when Jesus came to the place, He looked up and saw him, and said to him, "Zacchaeus, make haste and come down, for today I must stay at your house." So he made haste and came down, and received Him joyfully. But when they saw it, they all complained, saying, "He has gone to be a guest with a man who is a sinner."



HOLY MYSTERIES

CONFESSION:

Saturdays 5:00 to 5:45 pm
or by Appointment
403-249-4818, ext. 2

MARRIAGE, BAPTISM-CHRISMATION-EUCHARIST, FUNERALS :

Arrangements with the Pastor
403-249-4818, ext. 2

ANOIDING OF THE SICK:

For emergencies call
403-249-4818, ext. 9

DIVINE LITURGY INTENTIONS :

Arrangements with the office

CLERGY & RELIGIOUS

Pastor :

Fr. Michael Bombak
FatherMichael@Protomartyr.ca
Office:403-249-4818, ext. 2

Pastor, St. Basil's Melkite Greek Catholic Church

Pastor: Fr. Samer Naaman
403-249-4818, ext. 3
stbasilmelkitecalgary@gmail.com
Facebook: St Basils Melkite Greek Catholic Church Calgary

PARISH OFFICE

Office Administrator:

Linda Buck 403-249-4818, ext. 0
office@Protomartyr.ca

Communications Coordinator:

Mirna Farahat
coordinator@Protomartyr.ca

HALL RENTAL INQUIRIES

John Kowal
403-249-4818, ext. 4
Cell:403-880-0577
maintenance@Protomartyr.ca

HALL & KITCHEN

403-249-4818, ext. 6

Then Zacchaeus stood and said to the Lord, "Look, Lord, I give half of my goods to the poor; and if I have taken anything from anyone by false accusation, I restore fourfold."

And Jesus said to him, "Today salvation has come to this house, because he also is a son of Abraham; for the Son of Man has come to seek and to save that which was lost."

At that time, Jesus came down with them and stood on a level place with a crowd of His disciples and a great multitude of people from all Judea and Jerusalem, and from the seacoast of Tyre and Sidon, who came to hear Him and be healed of their diseases, as well as those who were tormented with unclean spirits. And they were healed. And the whole multitude sought to touch Him, for power went out from Him and healed them all.

Then He lifted up His eyes toward His disciples, and said:

"Blessed are you poor, For yours is the kingdom of God.

Blessed are you who hunger now, For you shall be filled.

Blessed are you who weep now, For you shall laugh.

Blessed are you when men hate you, And when they exclude you, And revile you, and cast out your name as evil, For the Son of Man's sake. Rejoice in that day and leap for joy! For indeed your reward is great in heaven, For in like manner their fathers did to the prophets.

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest. (Psalm 148:1) * The just man shall be in everlasting remembrance;* of evil hearsay he shall have no fear.* Alleluia, alleluia,* alleluia. (Psalm 111:6)



DIVINE LITURGY TIMES

SATURDAYS: (CANCELED for 2021)

SUNDAY: 8:30 am Ukr / Eng
10:30 am English
5:00 pm Liturgy

WEDNESDAY*: 9:00 am English

Doors open 8:00—8:30am
Doors open 10:00—10:30am
Doors open 4:30 pm - 5:00 pm
Doors open 8:30 am—9:00 am

*for seniors and those with underlying medical conditions that put them at a greater risk for severe illness from COVID-19.

Effective December 12th and as per the Provincial mandate, we are now restricting the amount of people in the church to 50 for our regular Divine Liturgies until Jan 13, 2021. We will also be able to open up the hall to an additional 40 persons for the 2020 Christmas Divine Liturgies.

St. Stephen's parish will strictly adhere to these new measures outlined in detail below. Changes to our existing mandate are in **bold**:

- Two-meter physical distancing between households must be maintained
- Mask use is mandatory unless you have a medical exemption. Those choosing not to wear a mask will not be permitted to enter the church for the safety of other parishioners.
- Hand-sanitizing at entrance/exit to church is required.
- The faithful are required to sign-in upon entry for tracking purposes should someone present as COVID-19 positive.
- Ushers are to remind the faithful of the above requirements.
- Recited liturgies are encouraged. **Where singing is practiced, no congregational singing. Rather, a single cantor may lead the responses, while the faithful remain prayerfully silent.**
- Online liturgical services are encouraged
- In-person faith group meetings can continue but physical distancing and public health measures must be followed
- **Receptions are not permitted**
- **Maximum of 10 people for weddings, funerals, and baptisms**
 - This includes the officiant, bride/groom, and witnesses
 - This does not include staff or organizers who are not considered an invited guest
 - This applies to any facility, including places of worship and funeral homes.
 - This includes services held indoors or outdoors, seated or non-seated.

*Thank you for continuing to do your part in keeping our parish family safe.
Remember, we are in this together!*

ONLINE
REGISTRATION

Sunday Divine Liturgy Registration : <https://bit.ly/2N4HlCh>

The **FAMILY ROOM** can be booked for all three Sunday Divine Liturgies at :

<https://tinyurl.com/vywouvyx>

(For infants and toddlers accompanied by their parents or guardians. Limit 1 family per Liturgy)

VOLUNTEERS
NEEDED

PLEASE KEEP OUR DIVINE LITURGIES POSSIBLE!

Ushering and cleaning volunteers are required for ALL Divine Liturgies.

We would appreciate any assistance that you are able to offer. Please join our volunteer crew by contacting our Liturgical Director, Darrell Maleski by email at liturgical@protomartyr.ca or the office by phone 403-249-4818.

Please



Planned Giving program launch

Planned Giving

Planned Giving is the next step in the Finance and Investment Committees' strategy to provide strong financial governance toward the long term health of St. Stephen's Parish. Parishioners are encouraged to review the Planned Giving program and consider making donations to the Parish through their will or current estate to ensure their personal desires are honored.

For more information please visit the Parish website www.saintstephencalgary.ca/planned-giving.html

or email Greg Yuzwa directly at plannedgiving@protomartyr.ca for a confidential, no cost meeting.

Planned Giving is the result of 3 years development from the parish Finance Committee specifically for St. Stephen's parishioners, we look forward to your feedback and support.

Great Vespers Saturdays at 6:00 PM at St. Stephen

This prayer service is a beautiful way to welcome in the Lord's rest on the Lord's day and prepare for our participation at the Divine Liturgy on Sunday morning.

A few things to keep in mind:

- Confessions are available on most Saturday evenings before vespers beginning at 5:00 PM.
- Pre-registration is required at this time for the service. Please register at: <https://bit.ly/3nK7dE1>
- Registration is limited to 50 people at this time.
- Masking and distancing according to AHS/Calgary City by-laws is required at this time.

Prayer is an "essential service" during these trying times. I sincerely hope that you will join us on Saturday nights!



DIVINE LITURGY INTENTIONS

Saturday, January 16:

- ❖ 5:00pm – NO Confessions
- ❖ 6:00pm – Reader's Vespers

Sunday, January 17:

- ❖ 8:30am – in memory of the repose of the soul of +Susan Sakundiak
- ❖ 10:30am – for special intentions for Vanessa
- ❖ 5:00pm – in memory of the repose of the soul (1 yr) of +Victoria Klym
- ❖ 5:00pm – for the repose of the soul of +Arnie Wawruch

Wednesday, January 20:

- ❖ 9:00am – for the repose of the soul of +Nestor Shular

Saturday, January 23:

- ❖ 5:00pm – Confessions
- ❖ 6:00pm – Great Vespers

Sunday, January 24:

- ❖ 8:30am – for the repose of the soul of +Arnie Wawruch
- ❖ 10:30am – in thanksgiving and blessings for Bill & Theresa Lewchuk
- ❖ 5:00pm – in memory of the repose of the souls of +Joseph & +Maria Dobish



Call To Holiness Program

In 2018, Pope Francis shared a pastoral message addressing the call to holiness in today's life. It was an apostolic exhortation called *Gaudete Et Exultate*, which means "Rejoice and Be Glad." Since then its message has been used world-wide as a wonderful study program for spiritual development. For an overview check: <https://bit.ly/2XiVsc>

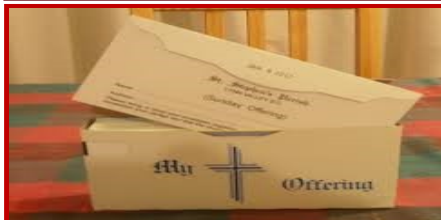
The UCWLC piloted the first of the five chapters in December with 8 members on Zoom and the consensus was that we should restart the program in the New Year and open the registration to all women in the parish. If you have questions or are interested in being involved please contact Phyllis Kozak by email at kozakpj@gmail.com or phone at 403-246-5640 by January 20, 2021.

Time and date of sessions will be determined by participants

DONATIONS NEEDED

Donations to Street Sisters who are collecting gloves, toques, scarves for women who are homeless, have illnesses and other life issues.

A Donation Bin will be in the Atrium starting in the New Year. A chance to check your drawers, or knit during our long winter days or find inexpensive deals post Christmas. More information will be made available by contacting Street Sisters or Dalyce Zuk who invited us to participate and support this cause.



Donation envelopes for 2021 are available for pickup in the Atrium. **Please pick up yours TODAY!**



Charity

Coordinates and markets the efforts of all parish charitable activity.

Contact: Mary Chudyk, Charity Director

Email: Charity@Protomarty.ca

Pass It On - Clothing charity for families.

Theresa Lewchuk, Co-Convener, Operations

Cell-phone: 403-815-6055

Email: lewchukt@hotmail.com

Deborah Johnson, Co-Convener, Communications

Cell-phone: 403-863-0941

Email: lornein@telusplanet.net

Men's Dinner

Annual major church fundraiser for capital expenses plus charity endeavors.

Contact: Greg Bobyn

Email: greg.bobyn@mnp.ca

The Helping Others Network

Distributes used furnishings and clothing to the needy.

Contact: Des Peplinski

Telephone: 403-238-0804

Email: dlp238@shaw.ca

Religious Art Committee

Discusses religious artwork for the parish.

Contact: Jim Ochitwa

Email: jimochitwa@shaw.ca

UCWLC: Ukrainian Catholic Women's League of Canada

Responds to parish and community needs through volunteerism, pastoral works, Ukrainian culture & aid.

Contact: Nettie Kost, UCWLC President

Email: nettiekost@gmail.com

Knights of Columbus: *Provides financial aid & support for members and their families, and helps the sick, needy and disabled in our parish, city and abroad.*

Contact: David McMillan

Email: s.david.mcmillan@gmail.com

Plus 50 Club: *Provides social interaction for parish seniors, promotes Ukrainian cultural events, and raises funds for the parish.*

Contact: Phyllis Kozak

Telephone: 403-246-5640

Email: pjkozak@shaw.ca

REFLECTION

Desire

Have you ever been walking through a mall, or a market, minding your own business, when suddenly you encounter the beautiful scent of baked goods? Perhaps it was a cinnamon roll, or freshly baked bread? All of a sudden there's a grumble in your stomach as the hunger kicks in. You weren't hungry before, but now you certainly are, and you wouldn't have been if you hadn't encountered that beautiful scent.

In St. Paul's letter to Timothy, we read that he encourages his young disciple to continue desiring the Lord, that what should motivate Timothy in his striving and toiling is "hope set on the Living God." In our gospel, Zacchaeus desired to see the Lord so badly that he climbed a tree, an embarrassing endeavour for a grown man, simply to catch a glimpse of Jesus!

What are you hungry for? This is the question we must ask ourselves as we begin this, the first Sunday of preparation for the Great and Holy Fast. Our first lesson in this pre-Lenten "warm-up session" is: desire. This hunger and desire is lived out in a very practical way with our fasting Tradition. The point of fasting before we receive the Eucharist is to place us into a state of hunger. When our bodies are reminding us that we need to eat, we remember that we are not self-sufficient. When we satiate ourselves through the Eucharist, we realize all our desires are ultimately answered in Him, the Bread who came down from Heaven.

As we limber-up for the race we are preparing to run, take some time this week to contemplate where your desires are, and make the firm commitment to desire the Lord above all else!



St.. Anthony the Great feast—January 17

Anthony was born of wealthy parents in middle Egypt, in a village near Heracleopolis in 251 and raised a Christian. When his parents died when Anthony was about twenty, he was left with the care of his sister. At Liturgy one day he heard the Saviour's words, "If you would be perfect, sell all you have and give it to the poor." Struck to the heart by these words, he sold all his property, arranged for the care of his sister, and gave all the rest to the poor. The young man then moved to live in a tiny hut on the edge of his parents' estate, devoting himself to poverty, fasting and prayer according to the custom of those days.

There Anthony began a struggle with the demonic Enemy. He left his hut for a cave used as a tomb and was so set upon by the spiritual Enemy that he was found unconscious and carried to a nearby church. Anthony insisted on

returning to the cave to finish the struggle and when at length he won and Christ's light chased the horrors away, he asked, "Where were you Lord? Why didn't you come earlier to relieve me of my agony?" The Lord replied, "Anthony, I was there, but I was waiting to see you in action. Now, because you have triumphed, I will always help you and make your efforts known everywhere."

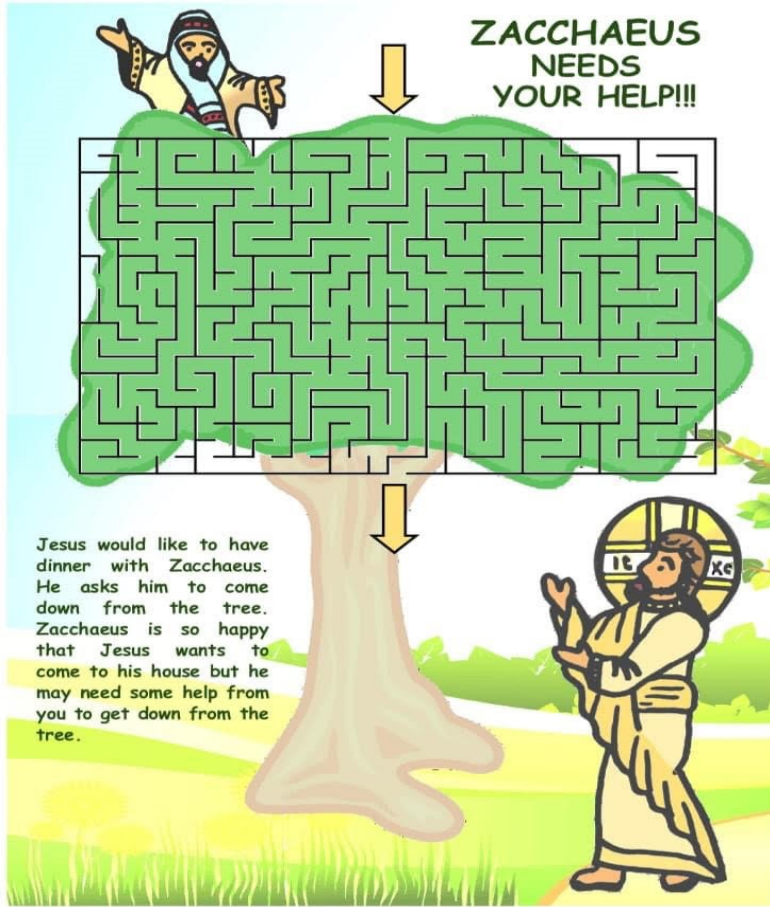
Anthony soon left for the great solitude of the desert—a novelty in those days. He lived in an abandoned fort for the next twenty years, being brought his supply of bread only twice a year. Afterwards, friends broke down the door and Anthony came forth—"neither dried up nor fat through idleness but as God-borne and standing in his natural condition". Word spread everywhere and crowds came to see him. The desert soon became populated with those emulating the man of God and looking to him as their father.

As St. Anthony's fame grew, he found it harder to find solitude, so in 313, he moved further into the desert—to the foot of a mountain near the Red Sea, his "Inner Mountain". He returned to Alexandria only twice: once in 311 to strengthen the Christians arrested in the persecution and once in 338 to publicly strive against Arianism, supporting St. Athanasius who invited him. In the desert, he continued to pray and care for the monks. So it was that he came at the age of ninety, to meet St. Paul of Thebes, another hermit who lived in complete solitude.

Anthony was visited by many from the world as well. When challenged by some pagan philosophers on how he could claim wisdom though he was not educated, he answered "Which is older—the mind or the book? And which is the source of the other? So, to the man whose mind is sound, there is no need for books to attain wisdom." He was known as one who had frequent visions and revelations, who drove out demons and healed the sick by his prayer and as one who lived in cheerfulness and joy. Anthony died in peace after a full eighty-five years in the desert.



Kids Bulletin



**ZACCHAEUS
NEEDS
YOUR HELP!!!**

Jesus would like to have dinner with Zacchaeus. He asks him to come down from the tree. Zacchaeus is so happy that Jesus wants to come to his house but he may need some help from you to get down from the tree.

Jesus entered Jericho and was passing through. A man was there by the name of _____; he was a chief tax collector and was wealthy. He wanted to see who Jesus was, but being a _____ man he could not, because of the crowd. So he ran ahead and _____ a sycamore-fig tree to see him, since Jesus was coming that way.

When Jesus reached the spot, he looked up and said to him, "Zacchaeus, come down immediately. I must stay at your _____ today." So he came down at once and welcomed him gladly.

All the people saw this and began to mutter, "He has gone to be the guest of a '_____'."

But Zacchaeus stood up and said to the Lord, "Look, Lord! Here and now I give half of my possessions to the _____, and if I have _____ anybody out of anything, I will pay back four times the amount."

Jesus said to him, "Today salvation has come to this house, because this man, too, is a son of Abraham. For the Son of Man came to _____ and to _____ what was _____."

Luke 19:1-10 (NIV)

sinner	climbed	lost	save	short
cheated	house	poor	seek	Zacchaeus

Prayer & Support Group: Accepts prayer requests for the confidential needs and intentions of parishioners and others.

Contact: Marilyn Comchi

Telephone: 403-220-9624

Email: marilyncomchi@shaw.ca

Support Network: Provides support, encouragement & help for parishioners facing various difficulties/situations with referrals to services or help they need.

Contact: Bernadette Lukey, Pastoral Care Director

Email: PastoralCare@Protomartyr.ca

International Trust Fund: Solicits & invests donations and disburses earned income to international charities in 2nd and 3rd world countries.

Contact: Steve Groch

Email: swgctc@aol.com

Family Support Trust Fund: Solicits & invests donations and disburses earned income to parishioners in need.

Contact: Mary Chudyk, Charity Director

Email: Charity@Protomartyr.ca

Parish Library: A great place to borrow great books about our faith.

Contact: St Stephen's Office

Email: Office@Protomartyr.ca

ARK Store: Looking for the perfect religious item as a gift or for yourself? Check out the Ark store at the entrance to our hall.

Contact: Donna Chelack

Email: dchelack@shaw.ca

Sunday School: A program run on most Sundays during the 10:30am Divine Liturgy for preschoolers age 4 through grade 2 children (pre-First Solemn Communion). Currently canceled

Contact: Lynsey Lowey

Email: ChildrensPrograms@Protomartyr.ca

First Solemn Communion

(FSC): Sacramental Classes for children around grade 2 who are ready to approach for the Sacraments of Reconciliation and Eucharist on their own.

Contact: Wendy Joevenazzo, Religious Education Director

Email: Education@Protomartyr.ca

Calgary Pro-Life Association: Raises funds for educational awareness programs.

Contact: John Siroishka

Telephone: 403-271-2128

Email: johnsiroishka@shaw.ca

Fill out the blanks:



Live-Stream Update

We continue to work towards live-stream capabilities for our 10:30 AM Sunday Divine Liturgy. In the past we would record our Saturday morning liturgy for release on Sunday morning.

During this interim period, we continue to record our Wednesday liturgy (with Sunday propers) for release on Sunday morning. This liturgy will be available for viewing beginning Saturday morning at midnight (essentially available all day on Saturday and anytime Sunday morning).

Once live-stream is available (early to mid-February) the Sunday Divine Liturgy will be available for live-stream viewing at 10:30 AM.

This liturgy will also be recorded for those who cannot access it at that time, however, it will not be available before 10:30 AM, only after.

We are excited to have the potential to celebrate together through live-stream in the near future!

UCWLC Christmas Rizzdo Artwork Contest

To capture the TRUE meaning of Christmas.



All children are encouraged to participate for a chance to win \$50

Check the submission guidelines and rules here :

www.saintstephencalgary.ca/artwork-contest.html

Submission Deadline:
January 29, 2021

UCWLC Zoom Meeting

On January 21st, 2021
at 7 p.m.

Inviting ladies of St. Stephen's Parish to participate and consider joining.

Make a difference, share ideas and help make St. Stephen's UCWLC a place for everyone, young and old.

Activities, spirituality growth, outreach, family, relationships and prayer.

Link will be sent Thursday morning.

FIRST HOLY COMMUNION 2021



St. Stephen's offers a First Communion program to teach children and their families about God, His Church and the Sacraments. It prepares children to celebrate their first Confession and their First Solemn Communion, teaching them what Life with Christ is about, and to encourage them to take more responsibility for their own spiritual wellbeing.

Classes are set to begin on Sunday, January 24, 2021. Lessons will take place on Sunday mornings at 9:00 am. There are a total of 10 Lessons ending with First Reconciliation and First Solemn Communion. In the light of the pandemic, we realize that our FSC classes may need to be re-structured in an online format rather than in person. We are flexible and will accommodate both COVID-19 restrictions and family preferences for either instructional format. For more information please contact Kathy Livesey at kalivesey@shaw.ca

For registration, please visit our website at :

www.saintstephencalgary.ca/first-solemn-communion.html



MEMBERSHIP RENEWAL

RENEWAL OF 2021 UCWLC MEMBERSHIPS

The membership drive will run from Sundays (at 8:30 and 10:30 AM Divine Liturgy) and Wednesdays (9:00AM Divine Liturgy) **Jan. 17th - Feb. 7th**. Thank you to all the ladies who have already renewed. The fees remain at \$25.00. When you enter and register there will be a box marked UCWLC dues on the table. This year we have three options for payment.

1. **E-TRANSFER:** St.StephenUCWLC@hotmail.com (indicate membership dues)
2. **CHEQUE:** Payable to: St. Stephen's UCWLC for \$25. If you wish to mail address is: St. Stephen's UCWLC Membership 4903 45th Street SW Calgary AB T3E 3W5
3. **CASH:** Please indicate your name on the envelope.

If these options don't work for you OR if someone is interested in inquiring/joining please contact Bernadette @ 403-251-7738 OR email :corolla2007@shaw.ca

Thank you for all your support!



Men's Faith Sharing Group

Gentlemen of the eparchy are invited to take part in a **Men's faith sharing group** facilitated by **Fr. Greg Faryna**, and assisted by Alex Pankiw a seminarian at Holy Spirit Seminary. The group will focus on the call to holiness as presented in the Apostolic Exhortation *Gaudete et Exsultate*. Don't let the sound of that scare you! Pope Francis writes in a way that is down to earth and speaks to the heart.

Here is a quote by Pope Francis from this exhortation: *The Lord asks everything of us, and in return he offers us true life, the happiness for which we were created. He wants us to be saints and not to settle for a bland and mediocre existence.*

These sessions we will explore what this "true life" might look like and discover how one can answer God's call to holiness in this world in which we live.

When: Thursdays at 7:00 pm, Jan. 21 – March 25 1 – 1 ½ hours in length.

Where: online via ZOOM

Cost: \$9 + GST to cover the study material.

Register: education@edmontoneparchy.com