



#### Address:

4903 – 45<sup>th</sup> Street S.W. Calgary, Alberta T3E 3W5 Canada

#### Office Hours (during outbreak)

Mon-Friday 9:00 am—12:00 pm Phone enquiries only

#### Telephone:

403-249-4818, press 0

#### **Pastoral Emergencies:**

403-249-4818, press 9

#### Email:

Office@Protomartyr.ca Coordinator@Protomartyr.ca

#### Parish Website:

www.saintstephencalgary.ca

#### Facebook:

https://www.facebook.com protomartyr.ca

#### **Eparchy Website:**

www.edmontoneparchy.com

#### **DIVINE LITURGIES:**

#### Sunday Services:

8:30 am—Ukr/Eng 10:30 am — English 5:00 pm—English Pre-registration recommended: https://bit.ly/2N4HICh

#### Weekday Services:

Wednesdays at 9:00am (seniors and those at higher risk)

#### Saturdays (CANCELED)

There is no pre-registration for these liturgies. Registration is upon arrival.

# ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

JANUARY 3<sup>rd</sup>, 2021

#### Sunday before Theophany

The Holy Prophet Malachi (5th c. BC); the Holy Martyr Gordius (313-24)

#### Troparia and Kontakia

Troparion, Tone 6: Angelic powers were upon Your tomb\* and the guards became like dead men;\* Mary stood before Your tomb\* seeking Your most pure body.\* You captured Hades without being overcome by it.\* You met the Virgin and granted life.\* O Lord, risen from the dead,\* glory be to You!

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone 6: With His life-giving hand\* Christ our God, the Giver of life,\* raised all the dead from the murky abyss\* and bestowed resurrection upon humanity.\* He is for all the Saviour,\* the resurrection and the life, and the God of all.

Now and for ever and ever. Amen.

Theotokion, Tone 6: Undaunted patroness of Christians,\* O steadfast intermediary with the Creator,\* turn not away from the suppliant voices of sinners,\* but in your kindness come to help us who cry out to you in faith.\* Be quick to intercede, make haste to plead,\* for you are ever the patroness of those who honour you, O Mother of God.

#### Prokeimenon, Tone 6

Save Your people, O Lord,\* and bless Your inheritance.

verse: Unto You I will cry, O Lord my God, lest You turn from me in silence. (Psalm 27:9,1)

#### **Epistle**

2 Timothy 4:5-8

Timothy, my son, be watchful in all things, endure afflictions, do the work of an evangelist, fulfill your ministry.

For I am already being poured out as a drink offering, and the time of my departure is at hand. I have fought the good fight, I have finished the

race, I have kept the faith. Finally, there is laid up for me the crown of righteousness, which the Lord, the righteous Judge, will give to me on that Day, and not to me only but also to all who have loved His appearing.

#### Alleluia, Tone 8

verse: God, be merciful to us and bless us.

verse: Make the light of Your face shine upon us and have mercy on us. (Psalm 66:2)

#### Gospel

Mark 1:1-8

The beginning of the gospel of Jesus Christ, the Son of God. As it is written in the Prophets:

"Behold, I send My messenger before Your face,

Who will prepare Your way before You."

"The voice of one crying in the wilderness:

'Prepare the way of the LORD;

Make His paths straight.""

John came baptizing in the wilderness and preaching a baptism of repentance for the remission of sins. Then all the land of Judea, and those from Jerusalem, went out to him and were all baptized by him in the Jordan River, confessing their sins.

Now John was clothed with camel's hair and with a leather belt around his waist, and he ate locusts and wild honey. And he preached, saying, "There comes One after me who is mightier than I, whose sandal strap I am not worthy to stoop down and loose. I indeed baptized you with water, but He will baptize you with the Holy Spirit."

#### **Communion Hymn**

Praise the Lord from the heavens;\* praise Him in the highest.\* Alleluia, alleluia,\* alleluia. (Psalm 148:1)





#### **HOLY MYSTERIES**

#### CONFESSION:

Saturdays 5:00 to 5:45 pm or by Appointment 403-249-4818, ext. 2

#### Marriage, Baptism-Chrismation-Eucharist, Funerals:

Arrangements with the Pastor 403-249-4818, ext. 2

#### **ANOINTING OF THE SICK:**

For emergencies call 403-249-4818, ext. 9

#### **DIVINE LITURGY INTENTIONS:**

Arrangements with the office

#### **CLERGY & RELIGIOUS**

#### Pastor:

Fr. Michael Bombak
FatherMichael@Protomartyr.ca
Office:403-249-4818, ext. 2

#### Pastor, St. Basil's Melkite Greek Catholic Church

Pastor: Fr. Samer Naaman 403-249-4818, ext. 3 stbasilmelkitecalgary@gmail.com Facebook: St Basils Melkite Greek Catholic Church Calgary

#### **PARISH OFFICE**

#### Office Administrator:

Linda Buck 403-249-4818, ext. 0 office@Protomartyr.ca

#### **Communications Coordinator:**

Mirna Farahat coordinator@Protomartyr.ca

#### HALL RENTAL INQUIRIES

John Kowal 403-249-4818, ext. 4 Cell:403-880-0577 maintenance@Protomartyr.ca

HALL & KITCHEN

403-249-4818, ext. 6

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# **DIVINE LITURGY TIMES**

SATURDAYS: (CANCELED for 2021)

SUNDAY: 8:30 am Ukr / Eng Doors open 8:00—8:30am

10:30 am English Doors open 10:00—10:30am 5:00 pm Liturgy Doors open 4:30 pm - 5:00 pm 9:00 am English Doors open 8:30 am—9:00 am

\*for seniors and those with underlying medical conditions that put them at a greater risk for severe illness from COVID-19.

Effective December 12th and as per the Provincial mandate, we are now restricting the amount of people in the church to 50 for our regular Divine Liturgies until Jan 13, 2021. We will also be able to open up the hall to an additional 40 persons for the 2020 Christmas Divine Liturgies.

St. Stephen's parish will strictly adhere to these new measures outlined in detail below. Changes to our existing mandate are in **bold**:

- Two-meter physical distancing between households must be maintained
- Mask use is mandatory unless you have a medical exemption. Those choosing not to wear a mask will
  not be permitted to enter the church for the safety of other parishioners.
- Hand-sanitizing at entrance/exit to church is required.
- The faithful are required to sign-in upon entry for tracking purposes should someone present as COVID -19 positive.
- Ushers are to remind the faithful of the above requirements.
- Recited liturgies are encouraged. Where singing is practiced, no congregational singing. Rather, a single cantor may lead the responses, while the faithful remain prayerfully silent.
- Online liturgical services are encouraged
- In-person faith group meetings can continue but physical distancing and public health measures must be followed
- Receptions are not permitted

WEDNESDAY\*:

- Maximum of 10 people for weddings, funerals, and baptisms
  - This includes the officiant, bride/groom, and witnesses
  - This does not include staff or organizers who are not considered an invited guest
  - This applies to any facility, including places of worship and funeral homes.
  - This includes services held indoors or outdoors, seated or non-seated.

Thank you for continuing to do your part in keeping our parish family safe.

Remember, we are in this together!

<u>Sunday Divine Liturgy Registration</u>: https://bit.ly/2N4HICh
The FAMILY ROOM can be booked for all three Sunday Divine Liturgies at:

https://tinyurl.com/yywouvzx

(For infants and toddlers accompanied by their parents or guardians. Limit 1 family per Liturgy)



#### PLEASE KEEP OUR DIVINE LITURGIES POSSIBLE!

Ushering and cleaning volunteers are required for ALL Divine Liturgies.

We would appreciate any assistance that you are able to offer. Please join our volunteer crew by contacting our Liturgical Director, Darrell Maleski by email at <a href="mailto:liturgical@protomartyr.ca">liturgical@protomartyr.ca</a> or the office by phone 403-249-4818.



### **Great Vespers** Saturdays at 6:00 PM at St. Stephen's

This prayer service is a beautiful way to welcome in the Lord's rest on the Lord's day and prepare for our participation at the Divine Liturgy on Sunday morning. Fr. Mike will be providing a very brief overview/ explanation of the service beginning at 5:45 PM on Jan 2<sup>nd</sup>.

#### A few things to keep in mind:

- Confessions are available on most Saturday evenings before vespers beginning at 5:00 PM.
- Pre-registration is required at this time for the service. Please register at: https://bit.ly/3nK7dE1
- Registration is limited to 50 people at this time.
- Masking and distancing according to AHS/Calgary City by-laws is required at this time.

Prayer is an "essential service" during these trying times. I sincerely hope that you will join us on Saturday nights!

## **Planned Giving program launch**



Planned Giving is the next step in the Finance and Investment Committees' strategy to provide strong financial governance toward the long term health of St. Stephen's Parish. Parishioners are encouraged to review the Planned Giving program and consider making donations to the Parish through their will or current estate to ensure their personal desires are honored.

For more information please visit the Parish website www.saintstephencalgary.ca/planned-giving.html

or email Greg Yuzwa directly at <a href="mailto:plannedgiving@protomartyr.ca">plannedgiving@protomartyr.ca</a> for a confidential, no cost meeting.

Planned Giving is the result of 3 years development from the parish Finance Committee specifically for St. Stephen's parishioners, we look forward to your feedback and support.



Call To Holiness is a 10 week program on Zoom.

Pope Francis wrote this 5 chapter book and now it has turned into a wonderful study program for parishioners wanting to increase their spiritual life.

If you are interested in signing up for a mid January start on Zoom, please send an email to Phyllis Kozak at kozakpj@gmail.com or phone 403 619 2040



Donations to Street Sisters who are collecting gloves, toques, scarves for women who are homeless, have illnesses and other life issues.

A Donation Bin will be in the Atrium starting in the New Year. A chance to check your drawers, or knit during our long winter days or find inexpensive deals post Christmas. More information will be made available by contacting Street Sisters or Dalyce Zuk who invited us to participate and support this cause.



# DIVINE LITURGY INTENTIONS

#### Saturday, January 2:

- 5:00pm Confessions
- 6:00pm Great Vespers

#### Sunday, January 3: SUNDAY BEFORE THEOPHANY

- 8:30am for blessings and continued health for John Doll
- ★ 10:30am for the repose of the soul of +Nestor Shular
- 5:00pm for the repose of the soul of +Arnie Wawruch

#### Tuesday, January 5:

7:00pm – Vigil of Theophany

# Wednesday, January 6: FEAST OF THEOPHANY

 9:00am – for the repose of the soul of +Arnie Wawruch and comfort for Marjorie

#### Saturday, January 9:

- 5:00pm Confessions
- 6:00pm Great Vespers

#### Sunday, January 10: SUNDAY AFTER THEOPHANY

- 8:30am for blessings and continued health for John & Pat Siroishka
- 10:30am for blessings and improved health for Delmer Yaskiw
- 5:00pm for the repose of the soul of +Nestor Shular and comfort for Diane

#### Aid to Ukraine

In the process of planning Operation St. Nicholas 2020, we learned that due to the COVID-19 pandemic, many families have become impoverished, having lost employment or due to illness, and lacked funds for the most basic need — food and medicine. We collaborated with Assumption of the Blessed Virgin Mary Parish in this effort and sent \$3,000 USD at the end of November, money originally donated by parishioners.

Acknowledgement of funds and thank you notes from the Sisters Servants at four locations were received. St Stephen's will send a second tranche of funds end of January 2021 and Assumption of the Blessed Virgin Mary Parish will send out funds at the end of March 2021.

#### <u>Translation of thank you letter received:</u>

Dear ladies and gentlemen! Thank you so much for your generous support of our low-income families and singles. During a pandemic, when we keep a social distance, it is so important to keep that closeness of heart, for which I thank you very much. Thanks to your sensitivity and sacrifice, we were able to feel kindness and love in action. Everyone accepted the food package with great gratitude, sometimes with a tear. We have prepared the packages for the feast of St. Nicholas, so that adults can feel we care for them and, thanks to you, remember that God loves them.

Personally, along with the sisters, we thank you, that we could work "with your hands" in creating good.



#### Live-streamer required

In the new year, St. Stephen's will begin live-streaming our 10:30 AM Sunday Divine Liturgy!

We are currently looking for an individual who is interested in filming and recording this liturgy, as well as working with CoOrdinator in ensuring that those participating at home have access through our website and social media accounts. Equipment and training will be provided. This is an essential ministry. If you feel called to serve in this manner, or you have further questions, please contact our parish office.



#### 2<sup>nd</sup> Annual UCWLC Christmas Food Hamper Collection

Our Second Annual UCWLC Christmas Food Hamper Collection of families in need. We are collecting tea, jam, crackers, peanut butter, coffee, cookies, pasta, sauces, canned meat, tuna, canned fruit, canned vegetables... (Running until the new year)

If you have any questions, please contact Theresa Lewchuk Cell: 403-815-6055 - lewchukt@hotmail.com



#### UCWLC Christmas Rizdvo Artwork Contest

To capture the TRUE meaning of Christmas



All children are encouraged to participate for a chance to win \$50

Check the submission guidelines and rules here:

www.saintstephencalgary.ca/ artwork-contest.html Submission Deadline: January 29, 2021



On-line Ukrainian language classes for adults and youth (at least 12 years of age, preferably with a parent in proximity) will continue in January, 2021, commencing January 12 and 13.

All classes will resume where we left off at the end of the Fall session.

Participants are requested to be pre-registered by Friday, January 8, 2021. Please use the following link for more information and to register:

https://bit.ly/2WWSqKv



# The Feast of the Theophany of our Lord and Savior Jesus Christ

Will be celebrated on on Jan 5<sup>th</sup> at 7:00 PM

Please register at : https://bit.ly/3aM3Oky



Married Love and Sexuality in the Christian Tradition

STP 578E i

Winter 2021 January 15 & 16, February 5 & 6 February 26 & 27, March 12 & 13

### FIRST HOLY COMMUNION 2021



St. Stephen's offers a First Communion program to teach children and their families about God, His Church and the Sacraments. It prepares children to celebrate their first Confession and their First Solemn Communion, teaching them what Life with Christ is about, and to encourage them to take more responsibility for their own spiritual wellbeing.

Classes are set to begin on Sunday, January 24, 2021. Lessons will take place on Sunday mornings at 9:00 am. There are a total of 10 Lessons ending with First Reconciliation and First Solemn Communion. In the light of the pandemic, we realize that our FSC classes may need to be re-structured in an online format rather than in person. We are flexible and will accommodate both COVID-19 restrictions and family preferences for either instructional format. For more information please contact Kathy Livesey at kalivesey@shaw.ca

For registration, please visit our website at: www.saintstephencalgary.ca/first-solemn-communion.html

This course will explore the human dimensions of love and sexuality, and the religious meaning of human sexuality in the Judeo-Christian tradition, with special reference to Christian marriage in the Eastern Christian Tradition. Issues raised by the contemporary sexual revolution. Doctrinal, liturgical, moral, pastoral, sacramental and spiritual dimensions of Christian marriage.



Register at 780-392-2451 or see Winter Course offerings 2021 at newman.edu

The human dimensions of love and sexuality. The religious meaning of human sexuality in the Judeo- Christian tradition, with special reference to Christian marriage.

Issues raised by the contemporary sexual revolution. Doctrinal, liturgical, moral, pastoral, sacramental and spiritual dimensions of Christian marriage.

Online participation is available!

Register at 780-392-2451 or see winter course offerings 2021 at <a href="newman.edu">newman.edu</a>