

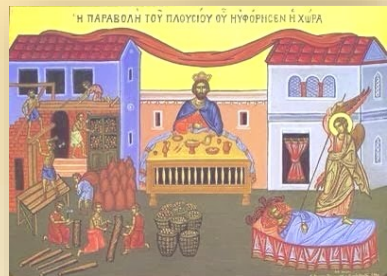
# ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

NOVEMBER 29<sup>th</sup>, 2020

## Twenty-Sixth Sunday after Pentecost

Martyr Paramon (249-51); Martyr Philomenus (270-75);  
Our Father Acacius, of Whom Testimony is Found in the Ladder of Divine Ascent

**Nativity Fast** (minimum fasting requirements asked for us by the Church  
is to abstain from meat and meat products on Wednesdays and Fridays)



**Address:**  
4903 – 45<sup>th</sup> Street S.W.  
Calgary, Alberta T3E 3W5 Canada

**Office Hours (during outbreak)**  
Mon-Friday 9:00 am—12:00 pm  
Phone enquiries only

**Telephone:**  
403-249-4818, press 0

**Pastoral Emergencies:**  
403-249-4818, press 9

**Email:**  
Office@Protomartyr.ca  
Coordinator@Protomartyr.ca

**Parish Website:**  
[www.saintstephencalgary.ca](http://www.saintstephencalgary.ca)

**Facebook:**  
<https://www.facebook.com/protomartyr.ca>

**Eparchy Website:**  
[www.edmontoneparchy.com](http://www.edmontoneparchy.com)

### DIVINE LITURGIES:

**Sunday Services:**  
8:30 am—Ukr/Eng  
10:30 am—English  
5:00 pm—English  
Pre-registration recommended :  
<https://bit.ly/2N4H1Ch>

### **Weekday Services:**

**Wednesdays** at 9:00am (seniors and those at higher risk)

**Saturdays** at 9:00am (everyone welcome)

There is no pre-registration for these liturgies. Registration is upon arrival.

### **Troparia and Kontakia**

**Troparion:** Though the stone was sealed by the Judeans,\* and soldiers guarded Your most pure body,\* You arose, O Saviour, on the third day,\* and gave life to the world.\* And so the heavenly powers cried out to You, O Giver of Life:\* Glory to Your resurrection, O Christ!\* Glory to Your kingdom!\* Glory to Your saving plan,\* O only Lover of mankind.

**Glory be to the Father and to the Son and to the Holy Spirit.**

**Kontakion:** You arose in glory from the tomb\* and with Yourself You raise the world.\* All humanity acclaims You as God.\* and death has vanished.\* Adam exults, O Master,\* and Eve, redeemed from bondage now, cries out for joy:\* “You are the One, O Christ, Who offer resurrection to all.”

**Now and for ever and ever. Amen.**

**Theotokion:** When Gabriel uttered to you, O Virgin, his ‘Rejoice!’\* at that sound the Master of all became flesh in you, the Holy Ark.\* As the just David said,\* you have become wider than the heavens carrying your Creator.\* Glory to Him Who dwelt in you!\* Glory to Him Who came forth from you!\* Glory to Him Who freed us through birth from you!

**Prokeimenon:** Let Your mercy, O Lord, be upon us,\* as we have hoped in You.  
**verse:** Rejoice in the Lord, O you just;\* praise befits the righteous.

**Epistle:** A reading from the Epistle of the Holy Apostle Paul to the Ephesians.

Brothers and Sisters, live as children of light— for the fruit of the light is found in all that is good and right and true. Try to find out what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them. For it is

shameful even to mention what such people do secretly; but everything exposed by the light becomes visible, for everything that becomes visible is light. Therefore it says, “Sleeper, awake! Rise from the dead, and Christ will shine on you.”

Be careful then how you live, not as unwise people but as wise, making the most of the time, because the days are evil. So do not be foolish, but understand what the will of the Lord is. Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts. (Ephesians 5:9-19)

**Alleluia:** God gives me vindication,\* and has subdued people under me.

**verse:** Making great the salvation of the king,\* and showing mercy to His anointed, to David, and to His posterity forever.

### **Gospel: Luke 12:16-21**

The Lord told this parable: “The land of a rich man produced abundantly. And he thought to himself, ‘What should I do, for I have no place to store my crops?’ Then he said, ‘I will do this: I will pull down my barns and build larger ones, and there I will store all my grain and my goods. And I will say to my soul, Soul, you have ample goods laid up for many years; relax, eat, drink, be merry.’ But God said to him, ‘You fool! This very night your life is being demanded of you. And the things you have prepared, whose will they be?’ So it is with those who store up treasures for themselves but are not rich toward God.”

**Communion verse:** Praise the Lord from the heavens;\* praise Him in the highest.\* Alleluia (x3)





#### HOLY MYSTERIES

#### CONFESSION:

By Appointment  
403-249-4818, ext. 2

#### MARRIAGE, BAPTISM-CHRISMATION-EUCHARIST, FUNERALS :

Arrangements with the Pastor  
403-249-4818, ext. 2

#### ANointing OF THE SICK:

For emergencies call  
403-249-4818, ext. 9

#### DIVINE LITURGY INTENTIONS :

Arrangements with the office

#### CLERGY & RELIGIOUS

#### Pastor :

Fr. Greg Faryna  
Office: 403-249-4818, ext. 2  
Cell: 403-700-0882  
FatherGreg@Protomartyr.ca

#### Assistant Pastor

Fr. Michael Bombak  
FatherMichael@Protomartyr.ca

#### Pastor, St. Basil's Melkite Greek Catholic Church

Pastor: Fr. Samer Naaman  
403-249-4818, ext. 3  
stbasilmelkitecalgary@gmail.com  
Facebook: St Basils Melkite Greek Catholic Church Calgary

#### PARISH OFFICE

Office Administrator: Linda Buck  
403-249-4818, ext. 0  
office@Protomartyr.ca

Sacramental Coordinator:  
coordinator@Protomartyr.ca

#### HALL RENTAL INQUIRIES & MAINTENANCE

John Kowal  
403-249-4818, ext. 4  
Cell: 403-880-0577  
maintenance@Protomartyr.ca

#### HALL & KITCHEN

403-249-4818, ext. 6

## DIVINE LITURGY TIMES

<b>SATURDAY:</b>	9:00am English	Doors open 8:30—9:00am
<b>SUNDAY:</b>	8:30am Ukr / Eng	Doors open 8:00—8:30am
	10:30am English	Doors open 10:00—10:30am
	5:00 pm Liturgy	Doors open 4:30 pm - 5:00 pm
<b>WEDNESDAY*:</b>	9:00am English	Doors open 8:30 am—9:00 am

\*for seniors and those with underlying medical conditions that put them at a greater risk for severe illness from COVID-19.

**NEW...** The Government of Alberta updated its COVID-19 restrictions as of November 24, which are in place for at least the next three weeks. This measure will help limit exposure to the virus, reducing outbreaks and protecting vulnerable members who attend.

St. Stephen's parish will strictly adhere to these new measures outlined in detail below. Changes to our existing mandate are in **bold**:

- Two-meter physical distancing between households must be maintained
- Mask use is mandatory unless you have a medical exemption. Those choosing not to wear a mask will not be permitted to enter the church for the safety of other parishioners.
- Hand-sanitizing at entrance/exit to church is required.
- The faithful are required to sign-in upon entry for tracking purposes should someone present as COVID-19 positive.
- Ushers are to remind the faithful of the above requirements.
- Recited liturgies are encouraged. **Where singing is practiced, no congregational singing. Rather, a single cantor may lead the responses, while the faithful remain prayerfully silent.**
- Online liturgical services are encouraged
- In-person faith group meetings can continue but physical distancing and public health measures must be followed
- **Receptions are not permitted**
- **Maximum of 10 people for weddings, funerals, and baptisms**
  - This includes the officiant, bride/groom, and witnesses
  - This does not include staff or organizers who are not considered an invited guest
  - This applies to any facility, including places of worship and funeral homes.
  - This includes services held indoors or outdoors, seated or non-seated.

*Thank you for continuing to do your part in keeping our parish family safe. Remember, we are in this together!*

[Click Here](https://bit.ly/2N4H1Ch)  
TO REGISTER!

**Sunday Divine Liturgy Registration :** <https://bit.ly/2N4H1Ch>

**NEW**

**The FAMILY ROOM can now be booked for all three Sunday Divine Liturgies at :** <https://tinyurl.com/yywouvzx>

(For infants and toddlers accompanied by their parents or guardians. Limit 1 family per Liturgy)

**VOLUNTEERS NEEDED**

#### PLEASE KEEP OUR DIVINE LITURGIES POSSIBLE!

Ushering and cleaning volunteers are required for ALL Divine Liturgies. We would appreciate any assistance that you are able to offer. Please join our volunteer crew by contacting our Liturgical Director, Darrell Maleski by email at [liturgical@protomartyr.ca](mailto:liturgical@protomartyr.ca) or the office by phone 403-249-4818.

**COMING TO CHURCH THIS SUNDAY? PLEASE WEAR A MASK.**

**FACE COVERINGS MANDATORY.**  
Please keep 6 ft apart.

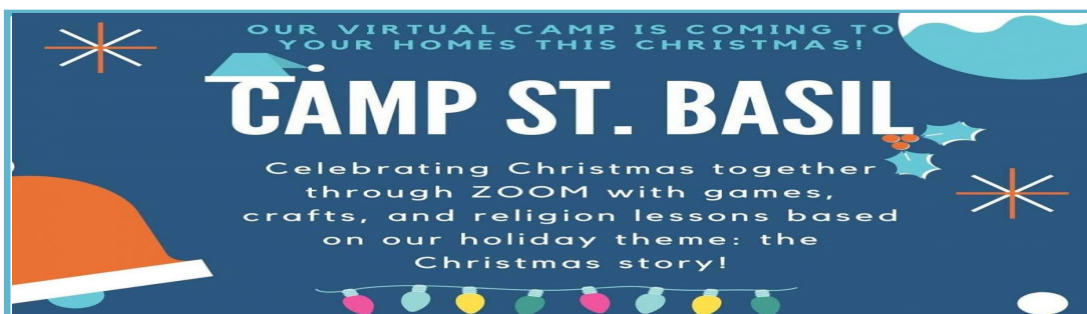


Non-medical masks, bandanas, scarves, and cloth can be used.

Please







We are so excited to share that we will be hosting a Christmas camp from Dec. 27-31!

Join our Christmas themed games, crafts, and a lesson on the Christmas story!

**Details:** December 28-31 2020, 10:00 to 11:15 A.M. MST

**Cost:** FREE OF CHARGE

**Ages:** Attendees are *required* to be between the ages of 7 and 14

**Register Now:** <https://sites.google.com/view/campsaintbasil/register?authuser=0>

**Further questions? Contact:** [campsaintbasils@gmail.com](mailto:campsaintbasils@gmail.com) or call 1-780-434-8010



**Date:** December 17, 2020 7:00 p.m. - 7:45 p.m.

**Supporting:** The Eparchy of Edmonton 2021 Evangelization Plan.

**Special Gift:** For everyone who generously donates \$250 or more.

**Auction:** Bid on unique items from December 9 to 15.

**Event:** Bishop David's Message, a look back at 2020, the first look at the 2021 Evangelization Plan, faith testimonials, winners of our online auction, and more!

**Entrance:** All donors will receive a link emailed for this private event, and a warm meal will be donated to a local shelter on behalf of each attendee.

Details and tickets : <https://eeparchy.com/gala/>



The Bishop's Thank-You Campaign is a movement to recognize and thank the individuals and volunteers who make our parishes throughout Alberta vibrant.

We'd love to acknowledge these individuals!

You can nominate a member of your church as an exceptional member on the eparchy website!

<https://eeparchy.com/2020/11/09/bishops-thank-you-campaign/>



A selection of items from the Ark are available for purchase from the office. "Magnify the Lord" or sing along to the Divine Liturgy CD with the choir. Prayer books, Advent devotionals, Icons and the Nativity puzzle from St. Josaphat Cathedral along with a limited quantity of ornaments and Nativity sets are available.

Check our online catalog for posted items and contact the church office for payment and to pick up your purchase.

Online Catalog & pricelist : <https://www.saintstephencalgary.ca/the-ark-store.html>



## K of C St. Nicholas Council Meeting

**Thursday December 3 at 7:00 pm via Zoom.**

If you did not receive an email from Delmer, please contact [yaskiwd@gmail.com](mailto:yaskiwd@gmail.com) or call 403-280-8483 for information on how to connect by computer or by phone .

Hope to see all there!



## DIVINE LITURGY INTENTIONS

**Saturday, November 28:**

- ❖ 9:00am – in memory of the repose of the soul (5 yrs) of +Helene M. Yuzwa (w/ Panakhyda)

**Sunday, November 29:**

**26<sup>th</sup> SUNDAY AFTER PENTECOST**

- ❖ 8:30am – for health and healing for Victor Fedyna
- ❖ 10:30am – for peace and comfort for Nestor Shular and in memory of the repose of the soul of +Elizabeth Gelsinger
- ❖ 5:00pm – in memory of the repose of the soul (1 yr) of +May Kindrat (w/ Panakhyda)

**Wednesday, December 2:**

- ❖ 9:00am – in memory of the repose of the soul of +Agnes (Schibli) Adomeit

**Saturday, December 5:**

- ❖ 9:00am – in memory of the repose of the souls of +Anne & +Michael Rebenchuk and +Ewfrozyina & +Roman Drynych

**Sunday, December 6:**

**27<sup>th</sup> SUNDAY AFTER PENTECOST**

- ❖ 8:30am – for the repose of the soul of +Adrian Sakundiak
- ❖ 10:30am – for the repose of the soul of +Nick Franko
- ❖ 5:00pm – for keeping Pat & John Siroishka in prayers for a quick return to good health



## Christmas Gift Ideas ...

### With Baba's Blessing... Smachnoho!

This incredible 480 page cookbook published by UCWLC Edmonton Eparchy is filled with 685 recipes from babas and mothers throughout Alberta. Each book sells for only \$25 and would make a wonderful Christmas gift. Please contact Darlene Atamaniuk at (587)523-6141 email [darlene.atamaniuk@gmail.com](mailto:darlene.atamaniuk@gmail.com)

**These blank greeting cards "Mama, where will we hang the icon?"** were printed to celebrate the 75<sup>th</sup> anniversary of the Ukrainian Catholic Women's League of Canada. The image on the card was printed from a painting by Peter Shostak, commissioned by UCWLC Edmonton Eparchy. \$3 each or a package of 4 for \$10.

What a wonderful stocking stuffer!

**Buy a cookbook and a package of cards and receive a 10% discount!**



**FOLLOW  
FR. MICHAEL BOMBAK'S  
BLOG**

**On Facebook :**  
[www.facebook.com/  
MusingswithFrMike](http://www.facebook.com/MusingswithFrMike)

**On YouTube :**  
[bit.ly/3mtE6ET](http://bit.ly/3mtE6ET)



### UCWLC Christmas Food Hamper Collection

Our Second Annual UCWLC Christmas Food Hamper Collection of families in need. We are collecting tea, jam, crackers, peanut butter, coffee, cookies ,pasta, sauces, canned meat, tuna, canned fruit, canned vegetables.....  
If you have any questions, please contact Theresa Lewchuk.



## VIRTUAL UCWLC CHRISTMAS SALE

Borsch, Wheat, Poppy seed.

Pre-order forms and pricelist can be found at the church  
and on St. Stephen's website :

<https://www.saintstephencalgary.ca/snow-flake-bazaar.html>

Please **drop off** order form with payment at church by Wednesday  
December 9th , 2020.

**Pickup** is on Saturday, December 12th and Sunday December 13,  
10a.m to 2:00 pm and Wednesday December 16th,  
from 10:15 am to 12:00 pm outside North hall entrance  
(Same as Babka pick up at Easter).



**Married Love and Sexuality in the Christian Tradition**

STP 578E i

Winter 2021

January 15 & 16, February 5 & 6  
February 26 & 27, March 12 & 13

**Available online—register at 780-392-2451**

This course will explore the human dimensions of love and sexuality, and the religious meaning of human sexuality in the Judeo-Christian tradition, with special reference to Christian marriage in the Eastern Christian Tradition. Issues raised by the contemporary sexual revolution. Doctrinal, liturgical, moral, pastoral, sacramental and spiritual dimensions of Christian marriage.



Register at 780-392-2451  
or see Winter Course offerings 2021 at [newman.edu](http://newman.edu)



## FIRST HOLY COMMUNION 2021

St. Stephen's offers a First Communion program to teach children and their families about God, His Church and the Sacraments. It prepares children to celebrate their first Confession and their First Solemn Communion, teaching them what Life with Christ is about, and to encourage them to take more responsibility for their own spiritual wellbeing.

Classes are set to begin on Sunday, January 24, 2021. Lessons will take place on Sunday mornings at 9:00 am. There are a total of 10 Lessons ending with First Reconciliation and First Solemn Communion. In the light of the pandemic, we realize that our FSC classes may need to be re-structured in an online format rather than in person. We are flexible and will accommodate both Covid restrictions and family preferences for either instructional format. For more information please contact Kathy Livesey at [kalivesey@shaw.ca](mailto:kalivesey@shaw.ca).

For registration, please visit our website at : [www.saintstephencalgary.ca/first-solemn-communion.html](http://www.saintstephencalgary.ca/first-solemn-communion.html)