



#### Address:

4903 – 45<sup>th</sup> Street S.W. Calgary, Alberta T3E 3W5 Canada

#### Office Hours (during outbreak)

Mon-Friday 9:00 am—12:00 pm Phone enquiries only

#### Telephone:

403-249-4818, press 0

#### Pastoral Emergencies:

403-249-4818, press 9

#### Email:

Office@Protomartyr.ca Coordinator@Protomartyr.ca

#### Parish Website:

www.saintstephencalgary.ca

#### Facebook:

https://www.facebook.com protomartyr.ca

#### **Eparchy Website:**

www.edmontoneparchy.com

#### **DIVINE LITURGIES:**

#### **Sunday Services:**

8:30 am—Ukr/Eng 10:30 am – English 5:00 pm—English (Starting Oct 11) Pre-registration recommended : https://bit.ly/2N4HICh

#### Weekday Services:

Wednesdays at 9:00am (seniors and those at higher risk)

Saturdays at 9:00am (everyone welcome)

There is no pre-registration for these liturgies. Registration is upon arrival.

# ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

NOVEMBER 8<sup>TH</sup>, 2020

#### **Twenty-Third Sunday after Pentecost**

Synaxis of the Archangel Michael and the Other Bodiless Powers of Heaven

#### Troparia and Kontakia

Troparion: Angelic powers were upon Your tomb\* and the guards became like dead men;\* Mary stood before Your tomb\* seeking Your most pure body.\* You captured Hades without being overcome by it.\* You met the Virgin and granted life.\* O Lord, risen from the dead,\* glory be to You!

Troparion: Princes of the heavenly hosts,\* we, though unworthy, beg you\* to encircle us through your prayers\* under the shelter of the wings your spiritual glory.\* Guard us as we come to you and sincerely cry:\* Deliver us from dangers,\* O princes of the powers on high!

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion: With His life-giving hand\* Christ our God, the Giver of life,\* raised all the dead from the murky abyss\* and bestowed resurrection upon humanity.\* He is for all the Saviour,\* the resurrection and the life, and the God of all.

Now and for ever and ever. Amen.

Kontakion: Princes of God's hosts, ministers of divine glory,\* leaders of angels and guides of men,\* pray for our welfare and for great mercy,\* O princes of the incorporeal powers.

**Prokeimenon:** Save Your people, O Lord, \* and bless Your inheritance.

verse: Unto You I will cry, O Lord, my God,\* lest You turn from me in silence.

**Prokeimenon:** He makes spirits His angels\* and flaming fire His ministers.

**Epistle:** A reading from the Epistle of the Holy Apostle Paul to the Ephesians.

Brothers and Sisters, God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ—by grace you have been saved— and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith, and this is not your own doing; it is the gift of God— not the result of works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life. (Ephesians 2:4-10)

Alleluia: He who lives in the aid of the Most High,\*

shall dwell under the protection of the God of heaven.

verse: He says to the Lord: You are my protector\* and my refuge, my God, in Whom I hope.

Gospel: Luke 8:26-39

At that time, the Lord arrived at the country of the Gerasenes, which is opposite Galilee. As he stepped out on land, a man of the city who had demons met him. For a long time he had worn no clothes, and he did not live in a house but in the tombs. When he saw Jesus, he fell down before him and shouted at the top of his voice, "What have you to do with me, Jesus, Son of the Most High God? I beg you, do not torment me"- for Jesus had commanded the unclean spirit to come out of the man. (For many times it had seized him; he was kept under guard and bound with chains and shackles, but he would break the bonds and be driven by the demon into the wilds.) Jesus then asked him, "What is your name?" He said, "Legion"; for many demons had entered him. They begged him not to order them to go back into the abyss.

Now there on the hillside a large herd of swine was feeding; and the demons begged Jesus to let them enter these. So he gave them permission. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned.

When the swineherds saw what had happened. they ran off and told it in the city and in the country. Then people came out to see what had happened, and when they came to Jesus, they found the man from whom the demons had gone sitting at the feet of Jesus, clothed and in his right mind. And they were afraid. Those who had seen it told them how the one who had been possessed by demons had been healed. Then all the people of the surrounding country of the Gerasenes asked Jesus to leave them; for they were seized with great fear. So he got into the boat and returned. The man from whom the demons had gone begged that he might be with him; but Jesus sent him away, saying, "Return to your home, and declare how much God has done for you." So he went away, proclaiming throughout the city how much Jesus had done for

**Communion verse:** Praise the Lord from the heavens;\* praise Him in the highest.

Second verse: He makes spirits His angels,\* and flaming fire His ministers.\* Alleluia (x3)



#### **HOLY MYSTERIES**

#### **CONFESSION:**

By Appointment 403-249-4818, ext. 2

#### Marriage, Baptism-Chrismation-Eucharist, Funerals:

Arrangements with the Pastor 403-249-4818, ext. 2

#### **ANOINTING OF THE SICK:**

For emergencies call 403-249-4818, ext. 9

#### **DIVINE LITURGY INTENTIONS:**

Arrangements with the office

#### **CLERGY & RELIGIOUS**

#### Pastor:

Fr. Greg Faryna
Office:403-249-4818, ext. 2
Cell: 403-700-0882
FatherGreg@Protomartyr.ca

#### **Assistant Pastor**

Fr. Michael Bombak
FatherMichael@Protomartyr.ca

### Pastor, St. Basil's Melkite Greek Catholic Church

Pastor: Fr. Samer Naaman 403-249-4818, ext. 3 stbasilmelkitecalgary@gmail.com Facebook: St Basils Melkite Greek Catholic Church Calgary

#### **PARISH OFFICE**

Office Administrator: Linda Buck 403-249-4818, ext. 0 office@Protomartyr.ca

Sacramental Coordinator: coordinator@Protomartyr.ca

### HALL RENTAL INQUIRIES & MAINTENANCE

John Kowal 403-249-4818, ext. 4 Cell:403-880-0577 maintenance@Protomartyr.ca

#### HALL & KITCHEN

403-249-4818, ext. 6



## **DIVINE LITURGY TIMES**

Following the practice of other Calgary churches, St. Stephen's is now restricting entrance to a 30 minute window before each service.

This gives us additional flexibility in relation to the City Mask Usage Bylaw.

SATURDAY: 9:00am English Doors open 8:30—9:00am SUNDAY: 8:30am Ukr / Eng Doors open 8:00—8:30am 10:30am English Doors open 10:00—10:30a

10:30am English Doors open 10:00—10:30am
5:00 pm Liturgy Doors open 4:30 pm - 5:00 pm
WEDNESDAY\*: 9:00am English Doors open 8:30 am—9:00 am

\*for seniors and those with underlying medical conditions that put them at a greater risk for severe illness from COVID-19.

- Online registration is strongly recommended. We will no longer be using the hall so seating is limited to 70 persons per Liturgy. Non-registered attendees will be welcomed in only if there is space, otherwise we will happily register you for a future Liturgy.
- Please come early. All must be signed in (name & phone number will be required
- First come first serve seating.
- Be patient and follow the guidance of ushers.
- Maintain personal distancing practices at all times (2m or 6').
- Masks are mandatory.
- Please park in the north or east parking lots—
   South parking lot is reserved for those with mobility challenges
- Entrance into the church is through the <u>SOUTH DOORS</u> only

Click Here

Sunday Divine Liturgy Registration : https://bit.ly/2N4HICh



The FAMILY ROOM can now be booked for all three Sunday Divine Liturgies at: <a href="https://tinyurl.com/yywouvzx">https://tinyurl.com/yywouvzx</a>

(For infants and toddlers accompanied by their parents or guardians. Limit 1 family per Liturgy)



#### PLEASE KEEP OUR DIVINE LITURGIES POSSIBLE!

**Ushering and cleaning volunteers** are required for ALL Divine Liturgies. We would appreciate any assistance that you are able to offer. Please join our volunteer crew by contacting our Liturgical Director, Darrell Maleski by email at liturgical@protomartyr.ca or the office by phone 403-249-4818.

COMING TO CHURCH THIS SUNDAY? PLEASE WEAR A MASK.

# FACE COVERINGS MANDATORY. Please keep 6 ft apart.







Non-medical masks, bandanas, scarves, and cloth can be used.

### **Veteran's Food Bank Collection**



The Knights of Columbus St Nicholas Byzantine council 7659 is once again collecting food for the Veteran's Food bank.

As in past years a collection box will be set up in the narthex. Please be generous in your donation to support those who have given freely to protect the freedoms we so often take for granted. Let us show our appreciation for their service. **The donations box will be available until November 15**<sup>th</sup>.

### **SAGM 2020**

#### **November 22, 2020**

It's that time of year again and we would like to welcome YOU to join our Semi- Annual General Meeting, find out what's going on, ask questions and have your voice heard! Many things have changed this year and we would like to keep you informed and up to date with all these changes! Among other items the **2021 Budget** will be presented and discussed for approval.

When: Sunday, November 22, 2020, after the 10:30am Divine Liturgy

Where: We have 2 options this year:

1: **Online** – requires pre-registration for a Zoom meeting link (stay tuned for registration details)

2: **Parish hall** – physically distanced we can accommodate up to 80 people, face masks mandatory (sorry, no KofC Pancake breakfast this year due to Covid-19 restrictions)

A quorum of 34 eligible parish members is required in order to conduct this meeting, so we strongly urge you to attend in person or online.

#### **Every voice counts!**



Inspiring Catholic Women to be Transformational and Influential Leaders Where They Live, Work, and Volunteer!

Launched in 2015, the Foundation has supported the development of transformative leadership skills in Catholic women across the country through its program at Providence School of Transformative Leadership and Spirituality at Saint Paul University.

The women from 22 different regions across Canada who have completed the program have taken their newfound leadership skills and education based on Catholic social teachings to their workplaces, churches, communities, and homes.

We are accepting applications for our 2021-2022 program. We are spreading the word about this program.

More details can be found here : <a href="https://cwlfcanada.ca/our-leadership-program/">https://cwlfcanada.ca/our-leadership-program/</a>.

# Applications for the 2021 program are due by November 20, 2020

Please contact <a href="mailto:info@cwlfcanada.ca">info@cwlfcanada.ca</a> or 604-813-1612 for more information

#### Calgary Friends of UCU



Thank you The Calgary Friends of the Ukrainian Catholic University (UCU) expresses a sincere thank you to everyone who supported our 12th annual event in support of UCU. For 2020, we adopted a virtual on-line format, and viewers were captivated by the variety of presentations and Ukrainian entertainment.

Funds raised this year are to be dedicated entirely to support UCU scholarships — our goal was to support 30 semester scholarships, and as of now we achieved 24.

If you missed the event, or wish to watch some segments again, go to YouTube at

https://tinyurl.com/y4tn82sa.

And if you would like to help us reach our goal, you can still contribute at <a href="https://ucef.ca/">https://ucef.ca/</a> or call (403) 670-9145.



# DIVINE LITURGY INTENTIONS

#### Saturday, November 7:

- 9:00am for blessings of comfort and peace for Connie Sakundiak & family
- 9:00am in memory of the repose of the soul (1 yr) of + Russell Unilowsky (w/ Panakhyda)

## Sunday, November 8: 23rd SUNDAY AFTER PENTECOST

- 8:30am in memory of the repose of the soul (1 yr) of + Eleanor Bergen (w/ Panakhyda)
- 10:30am for the repose of the soul of + Adrian Sakundiak
- 5:00pm for successful surgery for a parishioner

## Wednesday, November 11: (changed from Mon, Nov 9)

9:00am – in memory of the repose of the soul of + Wm. J. Dowhaniuk

#### Saturday, November 14:

9:00am – for the repose of the soul of + Marilyn Kennedy

#### Sunday, November 15: 24th SUNDAY AFTER PENTECOST

- 8:30am for the intentions and needs of all parishioners
- 10:30am for the repose of the soul of + Jennie Franko
- 5:00pm for the intentions and needs of all parishioners



# PASS IT ON & Jacket Racket



PASS IT ON is supporting Jacket Racket, a volunteer organization that collects, sorts and distributes winter coats and accessories (no footwear) to students and their families at both the Calgary Catholic School District and Calgary Board of Education schools.

#### TO DONATE TO JACKET RACKET

Jacket Racket will gratefully accept clean, gently-used winter coats and jackets, snow pants, hats, mitts and fleece jackets (no footwear) in boys and girls sizes 2 - 16 (XS – XL) and for men and women.

In particular, there is currently a need for Boys size 10-12 coats, ski pants and waterproof gloves.

Donations may be dropped off at the following Stephen Cleaners locations:

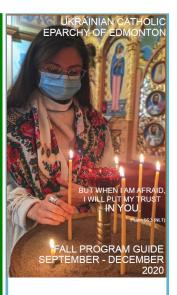
Hamptons1000 Hamptons Drive NWVarsity4625 Varsity Drive NWWest Springs917 85th Street SWCrowfoot240 Crowfoot Crescent NW





**Trico Centre** 11150 Bonaventure Dr. SE (across from Southcentre)

Cardel Rec Centre South 333 Shawville Blvd SE #100 (located in Shawnessy Shopping Centre)



The Fall
Program Guide
is finally here!

https://tinyurl.com/ y4g2t5yf



# THE CATHOLIC MOMS SUMMIT

Find Lasting Balance, Peace, & Joy!

NOVEMBER 13-15th, 2020



Sign up HERE for a huge November 13-15, 2020 CATHOLIC MOM'S VIRTUAL SUMMIT (a percentage of your entrance fee goes to Daughters of St. Paul): choose "all access pass" where you can access all the talks even after November 15 before the price goes up: <a href="https://tinyurl.com/yym533rb">https://tinyurl.com/yym533rb</a>

Please share with the amazing women in YOUR life!



Join us on our pilgrimage of the

#### **JESUS PRAYER 33**

prayer challenge.

Nov. 15—DEC. 24

Details and registration can be found here: <a href="https://tinyurl.com/y4a34wc7">https://tinyurl.com/y4a34wc7</a>



#### ONLINE REMEMBRANCE DAY COMMEMORATION

"They shall grow not old, as we that are left grow old: Age shall not weary them, nor the years condemn. At the going down of the sun and in the morning we will remember them."

**Please join us online this Wednesday, November 11**<sup>th</sup> as we honour those who gave up their lives, and those who put their lives at risk, so that we can continue to enjoy the freedoms we have.

ST. STEPHEN'S PARISH, together with the KNIGHTS OF COLUMBUS and the UKRAINIAN CATHOLIC WOMEN'S LEAGUE OF CANADA will present memorial wreaths in honor of those who have fallen in defence of freedom and justice. "We will remember them."