

ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

SEPTEMBER 20TH, 2020

Sunday after the Exaltation of the Cross;

Great-Martyr Eustathius and those with him (276-82); Martyrs and Confessors for the Faith, the Grand Prince Michael, and His Nobleman Theodore, Wonderworkers of Chernihiv (1245)



Address:
4903 – 45th Street S.W.
Calgary, Alberta T3E 3W5 Canada

Office Hours (during outbreak)
Mon-Friday 9:00 am—12:00 pm
Phone enquiries only

Telephone:
403-249-4818, press 0

Pastoral Emergencies:
403-249-4818, press 9

Email:
Office@Protomartyr.ca
Coordinator@Protomartyr.ca

Parish Website:
www.saintstephencalgary.ca

Facebook:
<https://www.facebook.com/protomartyr.ca>

Eparchy Website:
www.edmontoneparchy.com

DIVINE LITURGIES:

Sunday Services: (starting Sept 13)
8:30 am—Ukr/Eng
10:30 am—English
Pre-registration recommended :
<https://bit.ly/2N4H1CH>

Weekday Services:

Mondays at 9:00am (seniors and those at higher risk)

Saturdays at 9:00am (everyone welcome)

There is no pre-registration for these liturgies. Registration is upon arrival.

Antiphon 1

O God, my God, hear me; why have You forsaken me? The words of my transgressions put salvation far from me.

Through the prayers of the Mother of God, O Saviour, save us.

O God, I will call to You by day but You will not listen; and by night, yet it will not be foolish of me.

Through the prayers of the Mother of God, O Saviour, save us.

But You, the praise of Israel, dwell in the holy place.

Through the prayers of the Mother of God, O Saviour, save us.

Glory... Now... Only-begotten Son...

Antiphon 3

Come, let us sing joyfully to the Lord, let us acclaim God, our Saviour.

Son of God, crucified in the flesh, save us who sing to You: Alleluia.

Let us come before His face with praise, and acclaim Him in psalms.

Son of God, crucified in the flesh, save us who sing to You: Alleluia.

For God is the great Lord, and the great king over all the earth.

Son of God, crucified in the flesh, save us who sing to You: Alleluia.

Entrance: Come, let us worship and fall down before Christ.

Son of God, crucified in the flesh, save us who sing to You: Alleluia.

Troparia and Kontakia

Troparion: By Your cross You destroyed death;* You opened Paradise to the thief;* You changed the lamentation of the myrrh-bearers to joy,* and charged the apostles to proclaim* that You are risen, O Christ our God,* offering great mercy to the world.

Troparion: Save Your people, O Lord, and bless Your inheritance.* Grant victory to Your faithful people against enemies,* and protect Your

community by Your cross.

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion: No longer shall the dominion of death be able to hold humanity,* for Christ went down shattering and destroying its powers.* Hades is bound.* The prophets exult with one voice.* The Saviour has come for those with faith, saying:* "Come forth, O faithful, to the resurrection!"

Now and for ever and ever. Amen.

Kontakion: By Your own choice, O Christ our God,* You were lifted on the cross.* Grant Your mercies to Your new community* that bears Your Name.* By Your power gladden the faithful people,* and grant them victory against enemies.* May they have the help of Your instrument of peace,* the invincible sign of victory.

Prokeimenon: Exalt the Lord our God,* and bow in worship at the footstool of his feet, for it is holy.

verse: The Lord reigns, let the people tremble.

Epistle: A reading from the Epistle of the Holy Apostle Paul to the Galatians.

Brothers and Sisters, we know that a person is justified not by the works of the law but through faith in Jesus Christ. And we have come to believe in Christ Jesus, so that we might be justified by faith in Christ, and not by doing the works of the law, because no one will be justified by the works of the law. But if, in our effort to be justified in Christ, we ourselves have been found to be sinners, is Christ then a servant of sin? Certainly not! But if I build up again the very things that I once tore down, then I demonstrate that I am a transgressor. For through the law I died to the law, so that I might live to God. I have been crucified with Christ; and it is no longer I who live, but it is Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me. (*Galatians 2:16-20*)

Alleluia: Remember Your congregation* which You acquired from the beginning.
Verse: But God is our king before the ages,* He has wrought salvation in the midst of the earth.



HOLY MYSTERIES

CONFESSION:

By Appointment
403-249-4818, ext. 2

MARRIAGE, BAPTISM-CHRISMATION-EUCHARIST, FUNERALS :

Arrangements with the Pastor
403-249-4818, ext. 2

ANOINTING OF THE SICK:

For emergencies call
403-249-4818, ext. 9

DIVINE LITURGY INTENTIONS :

Arrangements with the office

CLERGY & RELIGIOUS

Pastor :

Fr. Greg Faryna
Office: 403-249-4818, ext. 2
Cell: 403-700-0882
FatherGreg@Protomartyr.ca

Assistant Pastor

Fr. Michael Bombak
FatherMichael@Protomartyr.ca

Pastor, St. Basil's Melkite Greek Catholic Church

Pastor: Fr. Samer Naaman
403-249-4818, ext. 3
stbasilmelkitecalgary@gmail.com
Facebook: St Basils Melkite Greek Catholic Church Calgary

PARISH OFFICE

Office Administrator: Linda Buck
403-249-4818, ext. 0
office@Protomartyr.ca

Sacramental Coordinator:
coordinator@Protomartyr.ca

HALL RENTAL INQUIRIES & MAINTENANCE

John Kowal
403-249-4818, ext. 4
Cell: 403-880-0577
maintenance@Protomartyr.ca

HALL & KITCHEN
403-249-4818, ext. 6

Gospel: Mark 8:34-9:1

The Lord said, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels." And he said to them, "Truly I tell you, there are some standing here who will not taste death until they see that the kingdom of God has come with power."

Hymn to the Mother of God: O my soul, magnify the most precious cross of the Lord.
Irmos: You are a mystical Paradise, O Mother of God, who though untilled, have brought forth Christ. He has planted upon earth the life-giving Tree of the Cross. Therefore today as we raise it on high we bow low and we magnify you.

Communion verse: Praise the Lord from the heavens;* praise Him in the highest.

Second verse: Let the light of Your countenance, O Lord,* shine upon us.* Alleluia (x3)

At the end of Liturgy we sing:

To Your Cross, O Master, we bow in veneration, and we glorify Your holy Resurrection. (x3)



** DIVINE LITURGY TIMES **

Following the practice of other Calgary churches, St. Stephen's is now restricting entrance to a 30 minute window before each service. This gives us additional flexibility in relation to the City Mask Usage Bylaw .

SATURDAY: 9:00am English Doors open 8:30—9:00am
SUNDAY: 8:30am Ukr / Eng Doors open 8:00—8:30am
10:30am English Doors open 10:00—10:30am
MONDAY: 9:00am English ONLY for seniors and those with underlying medical conditions that put them at a greater risk for severe illness from COVID-19. Doors open 8:30—9:00am

- **Online registration is strongly recommended.** We will no longer be using the hall so seating is limited to 60 persons per Liturgy. Non-registered attendees will be welcomed in only if there is space, otherwise we will happily register you for a future Liturgy.
- **Please come early. All must be signed in (name & phone number will be required).** First come first serve seating.
- **Be patient and follow the guidance of ushers.**
- **Maintain personal distancing practices at all times (2m or 6').**
- **Masks are mandatory.**
- **Please park in the north or east parking lots—**
South parking lot is reserved for those with mobility challenges
- **Entrance into the church is through the SOUTH DOORS only**

Sunday Divine Liturgy Registration : <https://bit.ly/2N4HlCh>

**VOLUNTEERS
NEEDED**

PLEASE KEEP OUR DIVINE LITURGIES POSSIBLE!

Ushering and cleaning volunteers are required for ALL Divine Liturgies. We would appreciate any assistance that you are able to offer. Please join our volunteer crew by contacting our Liturgical Director, Darrell Maleski by email at liturgical@protomartyr.ca or the office by phone 403-249-4818.

**COMING TO
CHURCH THIS
SUNDAY?
PLEASE WEAR
A MASK.**

FACE COVERINGS MANDATORY.
Please keep 6 ft apart.



Non-medical masks, bandanas, scarves, and cloth can be used.

Please



LIVESTREAM EVENT

THURSDAY
OCTOBER 22, 2020
at 7:00 pm MDT

SAVE THE DATE



CALGARY FRIENDS OF
THE UKRAINIAN CATHOLIC UNIVERSITY

UCU STRONG! – BEYOND COVID

UPDATE ON UCU EVOLUTION,
STUDENT PRESENTATIONS,
ENTERTAINMENT

FUNDRAISER IN SUPPORT
OF UCU SCHOLARSHIP PROGRAMS

TO REGISTER VISIT: www.facebook.com/CalgaryFriendsOfUCU or ucef.ca



UCWLC
Meeting on
Zoom
on Thursday
September
24th at
7pm.
Link will be
sent
out earlier
that day



DIVINE LITURGY INTENTIONS

Saturday, September 19:

- ❖ 9:00am – for the repose of the soul of + Hazel Foreman
- ❖ 9:00am – for the repose of the soul of + Mary Josephs

Sunday, September 20:
SUNDAY AFTER EXALTATION

- ❖ 8:30am - for spiritual support and blessings during a difficult time for Darren Zatwarnitski
- ❖ 10:30am – God's blessings for health and wellbeing for Pat Siroishka

Monday, September 21:

- ❖ 9:00am – in humble thanksgiving for the blessing of good health for a parishioner

Saturday, September 26:

- ❖ 9:00am – for the repose of the soul of + Bernice Zatwarnitski

Sunday, September 27:
17th SUNDAY AFTER PENTECOST

- ❖ 8:30am - for blessings for good health for Tom and Sonja Shindruk
- ❖ 10:30am – for the repose of the soul of + Ted Valentine

St Stephen and UCWLC Operation St Nicholas 2020 charity event



A gentle reminder for all those that chose to sponsor a child for Operation St. Nicholas 2020; your gift bag is due back by Sunday September 20th. If you were not able to return your gifts by today, please contact Jo-Anne Heuser at jheuser@shaw.ca / 403-978-9724 or Mary Chudyk at mlchudyk@shaw.ca / 403-278-8544 for alternate arrangements.

If you would like to make a tax-deductible donation to help offset some of the costs, envelopes are available at the North exit following Liturgy. Stay tuned for further developments as we get closer to packing day.

THE LUMEN CHRISTI INSTITUTE AND THE GODBEARER INSTITUTE PRESENT

EASTERN CATHOLIC THEOLOGY IN ACTION

A FALL WEBINAR SERIES

Thursday, September 24, 7 p.m. CDT

Eastern Churches, Latin Territories: Ecclesial Catholicity and the Notion of Diaspora | Alexander Laschuk (Sheptytsky Institute of Eastern Christian Studies at University of St. Michael's College)

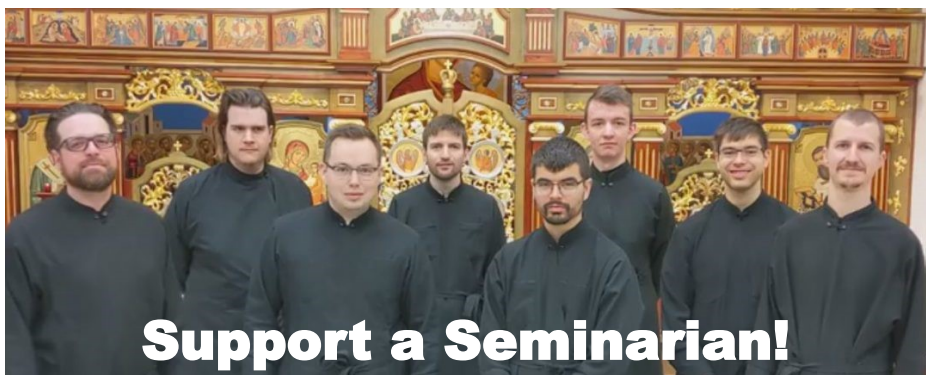
Thursday, October 1, 7 p.m. CDT

Expanding the Archive: Syriac Literature and the Study of Early Christianity Today | Erin Walsh (University of Chicago)

Thursday, November 12, 7 p.m. CDT

Quo Vadis: the Direction of Eastern Catholic Theology, a Pastoral Perspective for the 21st Century | Archbishop Borys Gudziak (Ukrainian Catholic Archeparchy of Philadelphia and Metropolitan of the Ukrainian Catholic Church in the USA)

To register for any or all webinars, please follow this link. <https://bit.ly/3bGFjni>



Support a Seminarian!

During the month of September, the Eparchy of Edmonton conducts its annual Vocations and Seminary Collection.

"It takes a whole village to raise a child." It likewise takes the support of the whole Church to form a deacon, priest, religious, monastic and lay member for ministry in the Church. It also takes our support to offer on-going education and formation for those already in sacred orders or involved in lay ministry.

The faithful can acknowledge the role they play in nurturing vocations by offering their financial support to help defray such expenses as formation programs, retreats, conferences, seminars, tuition, books, and room and board.

Studying for the priesthood this year, on behalf of the Eparchy Edmonton are:

- ❖ **Volodymyr Babiak** (Philosophy Studies, Newman Theological College, Edmonton);
- ❖ **Deacon Cyril Kennedy** (Doctoral Studies in Sacred Scripture, Catholic University, Washington, DC);
- ❖ **Julian Savaryn** (Theology Studies, Newman Theological College);
- ❖ **Orion Wiebe** (Theology Studies, Newman Theological College).

The suggested donation amount is \$25.00 per family.

Thank you for your generosity! May God bless you and your families!

Please click here to **"Support a Seminarian"**

<https://eeparchy.com/2020/09/11/support-a-seminarian/>



FOLLOW FR. MICHAEL BOMBAK'S BLOG

On Facebook : <https://www.facebook.com/MusingswithFrMike>

On Youtube : <https://bit.ly/3mtE6ET>



Ask a Priest a Question ANONYMOUSLY!

Ask your question to one of our Catholic priests anonymously! Questions could be anything from prayer, sacraments, saints, morals, what does the church teach, ethics, tradition, and so forth. Your message must be a question, not a statement. Please keep entries respectful as we will answer genuine questions only.

We will post responses on this page in 5 to 7 days from one of our priests!

<https://eeparchy.com/ask-a-catholic-priest/>

Our Social Mission Commission needs you!

Volunteer with our Social Mission Commission!

If social development and justice is something that you have a passion for and if you would like to be more involved in what the Eparchy is doing in this regard, you are invited respond by filling out the form below telling us about your interests! This will be considered and then forwarded to Bishop David who makes the final determination of acceptance on the commission.

A term of 3 years is *recommended* but not required. Attendance at most of our meetings is required – approximately 4 maximum per year (**either by Zoom or in-person**).

Participation in the works of the commission in some way is also part of membership – this will generally take the form of being on a committee – environment, sanctity of human life, indigenous relations, ethical consumption, for example (helping out with communications and/or planning events within those areas).

For more details visit: <http://eeparchy.com/social-mission>

EDMONTON EPARCHY'S SOCIAL MISSION COMMISSION

POSTER CONTEST FOR KIDS!

Create a poster that will encourage people to love the earth and take care of it. To allow it to heal because we know that God has given it to us to care for as a beautiful and lifegiving gift

Age 5-9 – \$25 and a surprise gift

Age 10-14 – \$25 and a surprise gift

Age 15-18 – \$50 and a surprise gift

THANKS TO OUR SPONSOR:
KNIGHTS OF COLUMBUS FR. HANNAS COUNCIL



The deadline to submit is Sept 21, but get them in early because we want to post them on our website and other social media all through the Season of Creation (Sept 1 – Oct 4)!

More info: <https://tinyurl.com/y5edcplm>