

ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

MAY 31ST 2020

St Stephen
Protomartyr



Address:
4903 – 45th Street S.W.
Calgary, Alberta T3E 3W5 Canada

Office Hours (during outbreak)
Mon-Friday 9:00 am—12:00 pm
Phone enquiries only

Telephone:
403-249-4818, press 0

Pastoral Emergencies:
403-249-4818, press 9

Email:
Office@Protomartyr.ca
Coordinator@Protomartyr.ca

Parish Website:
www.saintstephencalgary.ca

Facebook:
https://www.facebook.com/
protomartyr.ca

Eparchy Website:
www.edmontoneparchy.com

DIVINE LITURGIES

Sunday Services:
Online at
www.saintstephencalgary.ca

Weekday Services:
Canceled until further notice
Friday at Westview Lodge-
Canceled until further notice

Descent of the Holy Spirit. Holy and Glorious Pentecost;

The Holy Apostle Hermas; the Holy Martyr Hermes (138-61)
Great Feast. Holy day of obligation.

Please note that all Public Services are canceled until further notice.
Consider following the Divine Liturgy online at www.saintstephencalgary.ca

Antiphon 1

The heavens tell the glory of God, and the firmament declares the work of his hand.

Through the prayers of the Mother of God, O Saviour, save us.*

Day to day pours forth the message and night proclaims this knowledge to night.

Through the prayers of the Mother of God, O Saviour, save us.*

Their utterance has gone forth into all the earth, and their words unto the ends of the world.

Through the prayers of the Mother of God, O Saviour, save us.*

Glory... Now... Only-begotten Son...

Antiphon 3

O Lord, by Your power the king shall rejoice and greatly exult in Your salvation.

Troparion: Blessed are You, O Christ our God who revealed the fishermen as most wise* by sending them the Holy Spirit;* through them You caught the entire world.* Loving Master, glory to You.

You gave him his heart's desire and did not deny the request of his lips.

Troparion: Blessed are You, O Christ our God who revealed the fishermen as most wise* by sending them the Holy Spirit;* through them You caught the entire world.* Loving Master, glory to You.

For You have gone before him with gracious blessings, you have placed upon his head a crown of precious stones.

Troparion: Blessed are You, O Christ our God who revealed the fishermen as most wise* by sending them the Holy Spirit;* through them You caught the entire world.* Loving Master, glory to You.

Entrance: Be exalted, O Lord, in Your strength;* we will sing and make music to Your might.

Troparia and Kontakia

Troparion: Blessed are You, O Christ our God who

revealed the fishermen as most wise* by sending them the Holy Spirit;* through them You caught the entire world.* Loving Master, glory to You.

Glory be to the Father, and to the Son, and to the Holy Spirit, now and for ever and ever. Amen.

Kontakion: When the Most High came down and confused the tongues,* He parted the nations.* When He divided the tongues of fire,* He called all to unity;* thus with one voice* we glorify the all-Holy Spirit.

Instead of Holy God: All you who have been baptized into Christ, you have put on Christ! Alleluia! (x3)
Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.
You have put on Christ! Alleluia!
All you who have been baptized into Christ, you have put on Christ! Alleluia!

Prokeimenon: Their utterance has gone forth into all the earth,* and their words unto the ends of the world.

verse: The heavens tell the glory of God,* and the firmament declares the work of His hand.

Epistle: A reading from the Acts of the Apostles.

In those days, when the day of Pentecost had come, they were all together in one place. And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability.

Now there were devout Jews from every nation under heaven living in Jerusalem. And at this sound the crowd gathered and was bewildered, because each one heard them speaking in the native language of each. Amazed and astonished, they asked, "Are not all these who are speaking Galileans? And how is it that we hear, each of us, in our own native language? Parthians, Medes, Elamites, and residents of Mesopotamia, Judea



and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, Cretans and Arabs—in our own languages we hear them speaking about God’s deeds of power.” (Acts 2:1-11)

Alleluia: By the Lord’s words the heavens were established,* and by the Breath of His mouth all their host.
verse: The Lord has looked down from heaven * and beheld the whole human race.

Gospel: John 7:37-52; 8:12

On the last day of the festival, the great day, while Jesus was standing there, he cried out, “Let anyone who is thirsty come to me, and let the one who believes in me drink. As the scripture has said, ‘Out of the believer’s heart shall flow rivers of living water.’” Now he said this about the Spirit, which believers in him were to receive; for as yet there was no Spirit, because Jesus was not yet glorified.

When they heard these words, some in the crowd said, “This is really the prophet.” Others said, “This is the Messiah.” But some asked, “Surely the Messiah does not come from Galilee, does he? Has not the scripture said that the Messiah is descended from David and comes from Bethlehem, the village where David lived?” So there was a division in the crowd because of him. Some of them wanted to arrest him, but no one laid hands on him.

Then the temple police went back to the chief priests and Pharisees, who asked them, “Why did you not arrest him?” The police answered, “Never has anyone spoken like this!” Then the Pharisees replied, “Surely you have not been deceived too, have you? Has any one of the authorities or of the Pharisees believed in him? But this crowd, which does not know the law—they are accursed.” Nicodemus, who had gone to Jesus before, and who was one of them, asked, “Our law does not judge people without first giving them a hearing to find out what they are doing, does it?” They replied, “Surely you are not also from Galilee, are you? Search and you will see that no prophet is to arise from Galilee.”

Again Jesus spoke to them, saying, “I am the light of the world. Whoever follows me will never walk in darkness but will have the light of life.”

Hymn to the Mother of God: O my soul, magnify the one Divinity in three Persons.

Irmos: Rejoice, O Queen, boast of the virgins and mothers, for every tongue, though capable and eloquent, cannot hymn you as is your due, and every mind is confounded in seeking to comprehend the way in which you gave birth. Wherefore with one accord we glorify you.

Communion verse: Your good Spirit will lead me* to the land of righteousness.* Alleluia (x3)



Prayer of Spiritual Communion

My Jesus, I believe that You are present in these Holy Gifts!
I love You above all things and I desire to receive You into my soul.
Since I cannot receive You now, I place before You my whole life and hope, O loving Master;
and I ask, pray, and entreat You:
Make me worthy to partake in a mystical way and with a pure conscience
of Your awesome and heavenly Mysteries:
for forgiveness of sins, for the pardon of offenses,
for communion of the Holy Spirit,
for the inheritance of the kingdom of heaven,
for confidence before You, and not for judgment or condemnation.
I embrace You as You enter and abide in me, and I unite myself completely to You.
Permeate my soul and body, and never permit me to be separated from You. Amen.

Bishop David included this prayer for the faithful. It is meant to be prayed while watching the Divine Liturgy when distribution of the Eucharist is taking place.

HOLY MYSTERIES

CONFESSION:

By Appointment
403-249-4818, ext. 2

MARRIAGE, BAPTISM-CHRISMATION- EUCHARIST, FUNERALS :

Arrangements with the Pastor
403-249-4818, ext. 2

ANOINTING OF THE SICK:

For emergencies call
403-249-4818, ext. 9

DIVINE LITURGY INTENTIONS :

Arrangements with the office

CLERGY & RELIGIOUS

Pastor :

Fr. Greg Faryna
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Pastor, St. Basil’s Melkite Greek Catholic Church

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PARISH OFFICE

Office Administrator: Linda Buck
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Sacramental Coordinator:
coordinator@Protomartyr.ca

HALL RENTAL INQUIRIES & MAINTENANCE

John Kowal
403-249-4818, ext. 4
Cell:403-880-0577
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HALL & KITCHEN

403-249-4818, ext. 6



ANNOUNCEMENTS

- ❖ **Private Prayer in Church :** Our doors are open for weekday private prayer and meditation. Please practice social distancing and respect the limit of 15 persons in church.
 - ❖ The doors will be open Monday thru Friday 9:00am to Noon - Seniors only
- ❖ **St. Stephen is currently developing a church opening protocol within the coming two weeks.** Bishop David's directives for re-opening of Churches and the resumption of public liturgical services is on [Page 6](#) of this bulletin
- ❖ The faithful are encouraged to follow the **celebration of the Sunday Divine Liturgy** through these links:
 - ❖ **Saint Stephen Parish (Calgary)** <http://www.saintstephencalgary.ca> or St. Stephen's facebook page : <https://www.facebook.com/protomartyr.ca>
 - ❖ **St. Josaphat Cathedral (Edmonton)** <http://www.stjosaphat.ab.ca>
 - ❖ **St. Basil the Great Parish Chapel, Edmonton** <http://www.stbasilschurch.com>
 - ❖ **Livestreaming Liturgical services :** <https://www.royaldoors.net/2020/03/2020-streaming-liturgical-services/>
- ❖ **Liturgical booklets** can be found here. <https://stjosaphat.ab.ca/liturgical-booklets/>
- ❖ **Pastoral Emergencies including the Sacrament of the Sick** please call (403-249-4818, ext 9)
- ❖ **Link to COVID 19 Prevention** (<https://www.saintstephencalgary.ca>)
- ❖ **Link to Bishop David's Response** (<https://bit.ly/3bdQhPP>)
- ❖ Please consider **donating to St. Stephen's** during these unprecedented times : <https://www.saintstephencalgary.ca/donate.html>

May God bless you with good health, inner peace, wisdom and love!

SCAM ALERT!

Please beware of scam emails or messages using Fr. Greg's name.

Hackers are constantly targeting people asking for money or information using other people's information.

Fr. Greg would never send you an email or a text message asking for money.



vibrant and active.

UCC-APC Hetman Awards

Deadline Extended to June 30th, 2020

In 1998, the UCC-Alberta Provincial Council initiated an Annual Hetman Awards to acknowledge significant volunteer achievements of outstanding Ukrainian Albertans.

The Annual Hetman Awards are dedicated to the celebration of all volunteers who have chosen to give their time, effort and expertise in order to keep our Ukrainian Canadian community in Alberta strong,

vibrant and active.

In 2020 new recognition category was added – Professional Achievement Award (<https://bit.ly/2ZpXpFU>) The UCC-APC recognizes that many members within and beyond our community make substantial, positive impacts on Ukrainian issues through their professional work. For more information and to download application forms, please visit <https://bit.ly/2ZpXpFU>

**We are beyond excited to invite you to CUF's First Ever Virtual Festival!
There will live dances, vendors, giveaways and MORE ...**

CALGARY 
UKRAINIAN FESTIVAL

- ◆ Follow us on Facebook : [Calgary Ukrainian Festival](#) - <https://bit.ly/2yQdPg4>
- ◆ Instagram: calgaryukrainianfestival
- ◆ website : <https://calgaryukrainianfestival.ca/>

JUNE 6TH & 7TH, 2020

We look forward to celebrating Ukrainian culture with you online!



TODAY, Sunday May 31st is the deadline for supporting St. Stephen's Hike for Life Team!
Donation can be done through this link <https://bit.ly/2VaggIQ>

Thank you for participating at Hike for Life

From Monique Achtman, Calgary Pro Life:

Thank you to all the Hikers who are witnesses to the culture of life and are supporting the Calgary Pro-Life Assn. educational programs for our Catholic students in schools and youth groups. This is our 40th Annual Hike for Life (Virtual). We have participation from 9 teams (parishes, KofC and CWL), 53 participants (including 7 priests) and more joining daily!

So far we have raised \$23,198.00 and climbing to our goal of \$50,000 to run our programs for the next year. Our education program give presentations to 4500 students per year at schools. Calgary Pro-Life Association has been educating and witnessing to the respect and protection of all human life starting from conception until natural death for more than 40 years!

Special thanks for all those who have donated for this great cause!



DIVINE LITURGY INTENTIONS

A Divine Liturgy will be celebrated
 this week for: ** the repose of the
 soul (1 yr) for the servant of God
 + Elizabeth Pelech



UCWLC League Day

Sunday, May 31st is recognizing the ladies, past and present who have and are part of this important contribution to the church.

St. Stephens and St Josaphat will acknowledge this day on the very special celebration of Pentecost.

History of Salvation Timeline

Online Adult Bible Study every Wednesday at 7:00 pm

Interested in Scripture Study while you are staying home and staying healthy? Well good news! Fr. Peter Babej will be presenting the "History of Salvation Timeline" online. Learn more about God's promises made to us and fulfilled throughout salvation history!

Live stream is available on our Facebook page AND on: <https://bit.ly/3bOMnws>
 Check out the website for more details : <https://stjosaphat.ab.ca/>
 OR <https://eeparchy.com/2020/05/21/bible-study-with-father-peter/>



UCWLC Zoom Meeting

Thursday June 4th at 7 p.m.

The Link will be sent to you the evening before. If you have problems getting on, please check with any of the Executive or a family member who will help you get set up.

Lots of info on Church reopening!!!

God With Us

✦ ONLINE ✦

New Catechetical Resources for the Domestic Church

In conjunction with our Eastern Catholic bishops of the United States, we are pleased to announce our new catechetical & domestic church resources.

These resources are designed to assist our Eastern Catholic faithful to prepare for a full encounter with Christ through our liturgical cycle. We are especially thrilled to welcome our bishops, who will be providing their *Voice of the Shepherd*, offering insights and helping us grow in the faith.

UPCOMING EVENTS: <https://godwithusonline.org/upcoming-events/>

EVENTS LIBRARY: <https://godwithusonline.org/event-library/>

CATECHETICAL RESOURCES: <https://godwithusonline.org/catechetical-resources/>

TOM SHINDRUK

NEVER GIVE UP

12 WAYS TO HAVE AN OUTSTANDING LIFE

NEVER GIVE UP -

12 Ways to Have an Outstanding Life - by Tom Shindruk

NEVER GIVE UP....this is the title of a book written by me and just published. This book is all about life's journey and how I have managed to cope with my many health and life challenges by maintaining a "NEVER GIVE UP" attitude.

With the messages in this book, I hope to inspire others to "live life to the fullest".

Also please note that I have a portion of the royalties of my book go to the Canadian Cancer Society to help fund research, this is a charity near and dear to my heart.

- Any questions can be directed to me personally by calling me at 403-813-7730 Or email me at: tomshindruk@shaw.ca.
- I also have a them at my office. If you would like to purchase a copy send me your cheque for \$20.00, and I will mail your copy to you. Make cheques payable to T.S.E. Inc.
- You also have the option of paying via e-transfer using the security code; [nevergiveup](https://www.nevergiveup.ca) Make sure to include your mailing address with your payment.
- You might also like to buy some to give away to your friends and family as gifts. This is all to help fight Cancer and make the world a better place.
- Tom Shindruk. 21 Ceduna Lane SW. Calgary, AB. T2W 6H5
- The book is also available from Friesen Press at.... <https://bit.ly/2Xgv7LI>



INTERNMENT 100 - JUNE 20, 2020

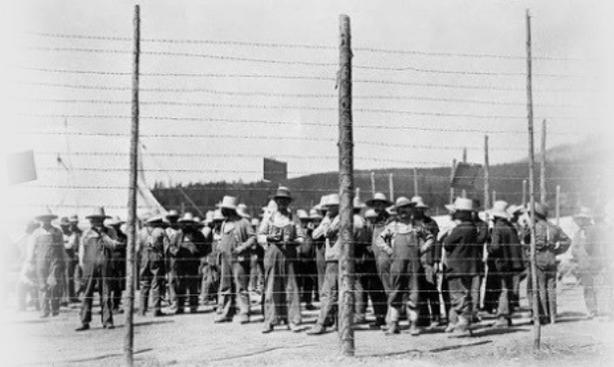


Photo: In the Enclosure, Ukrainian internees at Castle Mountain, BNF, GWH Millican Collection, Glenbow Museum, Calgary

**Ukrainian Canadian Congress - Alberta Provincial Council
invites you to commemorate the 100th anniversary of
the end of the Internment Operations.**

During June 1-19, 2020 we will be posting virtual online daily segments to honour the internees and to inform our wider community.

З 1 по 19 червня Конгрес Українців Канади - Провінційна Рада Альберти віртуально розміщуватиме щоденні онлайн-повідомлення для вшанування жертв та для навчальної мети.

Згадуючи наше минуле, ми зможемо запобігти повторенню історію.

Join us on all social media platforms!
Приєднуйтеся до нас у соціальних мережах!

Supported by:



<https://uccab.ca/>

During June 1-19, 2020, join us for a virtual daily commemoration to mark the Centennial of the end of Internment Operations in Canada

Did you know that 100 years ago Ukrainian immigrants along with other Eastern European immigrants such as Poles, Germans, Croats, Serbs, Hungarians and others, were confined to forced labour and internment camps across Canada strictly based on their countries of origin?

June 20, 2020 will mark the 100th anniversary of the end of the 1914-1920 National Internment Operations in Canada.

This is a very tragic but important part of our Ukrainian Canadian history that involves the violation of human rights and should never be forgotten.

Ukrainian Canadian Congress – Alberta Provincial Council will commemorate from June 1 - 19 the end of Internment Operations in Canada by hosting online daily segments to honour the internees and help inform our wider community of this very important period in Canadian history.

Join us virtually on all social media platforms: Facebook, Twitter, Instagram and website uccab.ca

There will be daily UCC-APC e-newsletters -

please signup by going to the uccab.ca website.

Re-Opening of Churches and the Resumption of Public Liturgical Services

Слава Ісусу Христу!

Glory be to Jesus Christ!

Dear Reverend Pastors and Faithful,

As we celebrate the Feast of the Ascension of Our Lord, Jesus – just before ascending to heaven and returning to the Father – commissions the apostles, saying, “Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age” (Matthew 28: 19-20).

We too have been commissioned by Jesus through our baptism to share the Good News of the Gospel message with all people, starting with our family, friends and neighbours.

It is in this light that, with joy in our hearts, we announce the re-opening of our churches and the resumption of public liturgical services, although with limits and restrictions.

From time to time, it may be necessary to update our Directives based upon advice from our health care officials and “best practice feedback” from our parishes as they re-open.

As we move towards gradual re-opening and the resumption of public liturgical services, it is critical that we understand the potential for the spread of COVID-19 among our faithful and take steps to minimize the risk of spread, especially among high risk populations within our congregations.

The health and safety of everyone is first and foremost.

To be successful in Alberta’s relaunch and church re-openings, we will need to continue to do what we are doing, namely:

1. follow public health measures,
2. practice physical distancing and good hygiene; and
3. continue acting responsibly.

The following *Directives for the Re-opening of Churches and the Resumption of Public Liturgical Services* adhere to the Government of Alberta directives on places of worship: *Guidance for Places of Worship*; and *Workplace Guidance for Business Owners*. Included in these Directives are the following:

1. Readyng our parishes for re-opening
2. Deciding whether to attend church services or not
3. Determining the 50-person or less maximum
4. Physical distancing seating
5. Entering and exiting the church
6. Participating in the Divine Liturgy and other services

Readyng our parishes for re-opening

1. Pastors, in consultation with their Parish Pastoral Councils, parish staff and others concerned, must communicate clearly and effectively with their parishioners about their plans for when and how they will resume public liturgical services.
2. Specifically, the communication should cover the following areas:
 - 2.1 How the parish will determine the 50-person or less maximum to participate in the Divine Liturgy and other liturgical

services.

2.2 How the parish will ensure physical distancing.

2.3 The measures the parish will take to ensure proper sanitation.

3. The Divine Liturgy schedule, if altered to allow more time between services, should be published.
4. No “drive in” or “parking lot” services are permitted.
5. An adequate stock of hand sanitizer and other cleaning supplies should be readily available at the time of reopening.
6. Social gatherings before or after church services (including coffee and doughnuts) are not to take place at this time.
7. If a parish is unable for practical or other reasons to maintain strict physical distancing and perform the cleaning requirements as indicated in these Directives, the pastor must not celebrate the Divine Liturgy or any other liturgical services publicly until such time as the parish is able to do so.

Deciding whether to attend or not to attend church services

1. The faithful continue to be dispensed from the obligation to attend the Divine Liturgy in church at this time.
2. All those attending church services do so at their own risk. It is important for individuals and families to take responsibility for protecting themselves – and others.
3. Prior to attending liturgical services, the faithful should use the self-assessment tool provided by the Government of Alberta.
4. The following individuals *must* stay home for the sake of the wider community:
 - ◆ Those with COVID-19 and those who live with someone with COVID-19.
 - ◆ Those who have been exposed to someone with COVID-19.
 - ◆ Anyone feeling sick with a cough, fever, shortness of breath, runny nose or sore throat, even if symptoms appear to be mild or resemble a cold.
 - ◆ Anyone at high risk from COVID-19, for example, those with chronic medical conditions, especially with upper respiratory or flu-like symptoms.
 - ◆ Those who have recently travelled outside of Canada.
5. The following individuals *are encouraged* to stay home for the sake of the wider community:
 - ◆ Those who live with someone with upper respiratory or flu-like symptoms.
 - ◆ Older persons and persons with pre-existing medical conditions (such as high blood pressure, heart disease, lung disease, cancer or diabetes).

Family members who live with the elderly or those who are at risk.

1. When at home, individuals and families are encouraged to follow the liturgical services on livestream or Telus (channel 876), or set aside some time to pray, read the Sacred Scriptures or some other spiritual reading.
2. Clergy (priests, deacons, subdeacons) and assistants (sacristans, altar servers, lectors, cantors) with a respiratory infection of any kind must not celebrate or participate in public Divine Liturgies and the sacraments.

Determining the 50-person or less maximum

1. Stage 1 of the Alberta relaunch limits the number of faithful gathering for the Divine Liturgy and other liturgical services to no more than 50 people or one third of normal worship space, whichever is smaller, and whichever ensures that physical distancing of at least 2 metres (6 feet) will be maintained. This includes clergy, sacristans, altar servers, lectors, cantors, etc.
2. All individuals found to be in violation of gathering restrictions are subject to a \$1,000 penalty.
3. Additional Divine Liturgies may be scheduled with greater frequency to accommodate the spiritual needs of the faithful.
4. To ensure that the maximum number of 50 people is not exceeded at any time, the faithful must pre-register through email or by calling the parish, indicating their wish to attend a particular Divine Liturgy or other liturgical service – they must receive confirmation prior to attending.
5. The faithful should not pre-register for more than one liturgical service until everyone who wishes to attend has had an opportunity to do so (which might be every week, or every 2 or 3 weeks).
6. A list of attendees and their contact information must be maintained should someone test positive for COVID-19, thereby assisting public health officials with contact tracing and follow-up. The list must be kept until advised otherwise.

Physical distancing and seating

1. Except for members of the same household, physical distancing of at least 2 metres (6 feet) from another person must be maintained by everyone on the church property (in the church, on the church steps, in the parking lot, in the washrooms, etc.)
2. Tape or rope can be used to close off 2 or 3 rows of pews between the seating pews, to ensure physical distancing.
3. Seats which can be used should be clearly marked.
4. Members of the same household may sit together in the same pew.
5. Infants and children should remain with their parents at all times. Cry rooms are closed at this time.
6. When the faithful are required to stand in line, for example, to receive Holy Communion, go to confession, or use the washroom, tape can be placed on the church floor to indicate proper spacing between persons.
7. Clergy and assistants are to remain at least 2 metres (6 feet) from each other and from the congregation during the entire liturgical service.

Entering and exiting the church

1. Entry to the church is provided through a single door of entry, taking into consideration access for the handicapped.
2. A separate point of exit is to be used, where possible.
3. Entrance and exit doors should be propped open, where possible, as people enter/exit so that the faithful need not touch the door handles or doors.
4. The faithful are to be welcomed by a greeter/usher, who will:
 - 4.1 assist in staggering the time of their arrival and departure to ensure physical distancing of at least 2 metres (6 feet);
 - 4.2 check their name off the list of confirmed attendees;
 - 4.3 remind them of the requirement for physical distancing;
 - 4.4 remind them to sanitize their hands upon entry to and exit from the church; and
 - 4.5 remind the faithful that the veneration of icons, crosses, etc., should be done without touching or kissing them.
5. Members of the same household may enter and exit together.
6. Once the maximum permitted space has been reached, additional people are not permitted to enter the church building.
7. People who simply show up must be turned away; however, they are to be informed of how they can register for another Divine Liturgy or liturgical service.
8. The greeter/usher will dismiss the faithful by rows at the end of the liturgical service.
9. There should be no social gatherings after the liturgical services. The faithful should promptly leave the church and parking lot upon the completion of the services.

Participating during Liturgical Services

Use of face masks

1. The faithful are encouraged to wear face masks, however, it is not required if physical distancing is maintained at all times.

Singing led by a single cantor

1. Congregational and choral (choir) singing is a high-risk activity and is not allowed because infected people can transmit the virus through their saliva or respiratory droplets.
2. Instead, the sung responses during the liturgical services may be led by a single cantor, while the faithful remain prayerfully silent.
3. A designated area, completely separated from the faithful, must be set aside for the cantor, as singing disperses droplets in a wider area than speaking.
4. Where the parish has chosen to recite the entire Divine Liturgy, the faithful may actively participate in the responses, provided that physical distancing is maintained.
5. Where the parish recites some parts of the Divine Liturgy and sings others, again, the sung parts are to be led by a single cantor, while the faithful remain prayerfully silent.

Collection

1. Rather than passing a collection basket hand-to-hand, a basket is to be placed at the front of the Church for the convenience of the faithful in making their financial contribution in support of the mission of the Church.

Kiss of Peace

1. At the Kiss of Peace, the faithful can acknowledge each other with a simple bow and refrain from hand shaking altogether.

Distribution of Holy Communion

1. The priest is to wash his hands with soap and water or use hand sanitizer immediately before the preparation of the gifts of bread and wine prior to the celebration of the Divine Liturgy (Proskomedie).
2. The priest prays the prayers of the Rite of Preparation (Proskomedie) silently so that droplets dispersed by speaking is avoided. Alternatively, the priest is to wear a mask. The priest is always must prepare a second chalice from which he will partake at communion.
3. Once the gifts of bread and wine are transferred to the holy table (altar) at the Great Entrance, they are to remain completely covered with the veils until the consecration.
4. During the consecration, when the gifts of bread and wine are uncovered, the priest is to step back from the holy table at least 2 metres (6 feet) and remains there until communion in order to avoid droplets being dispersed in speaking or singing the words of consecration.
5. The priest again is to wash his hands with hand sanitizer immediately before the fraction of the Lamb and the placing of the consecrated particles into the chalice for distribution to the faithful.
6. After the priest partakes of the precious Body of Christ in the usual way, he then partakes from the precious Blood of Christ from the chalice which has prepared for his own use.
7. Where there are concelebrants, the priests receive the Eucharist by intinction, that is, they dip the precious Body of Christ into the separately prepared chalice for clergy, always being careful not to touch the precious Blood with their fingers. For this purpose, specially prepared longer particles (rectangular) can be used. Alternatively, the concelebrants are to receive the precious Blood of Christ from the individual chalices prepared for them.
8. Only one priest should distribute Holy Communion to the entire congregation.
9. The priest should wear a face mask when distributing the Eucharist. He silently prays the usual prayer, "The servant of God, [name], partakes of the precious, most holy and most pure Body and Blood of our Lord..." as each communicant approaches. This avoids the dispersion of any droplets by the priest.
10. Holy Communion is to be distributed to the faithful at the usual time during the Divine Liturgy.
11. The Eucharist is to be distributed with single-use disposable wooden spoons, which are to be burnt and properly disposed after usage.
12. If the priest senses that his fingers have made contact with a person's mouth or hands, he should pause, place the chalice on the tetrapod, and use hand sanitizer to cleanse his hands prior to continuing to distribute the Eucharist.
13. For people with celiac disease, a separate small chalice is to be prepared. The amount of wine used must be small enough for the communicant to drink it entirely.
14. After everyone who wishes to approach to receive Holy Communion has done so, the priest is to recite the Prayer of Spiritual Communion, since not everyone may feel comfortable in approaching to receive the Eucharist at this time.
15. All sacred vessels are to be thoroughly cleansed and purified with soap and hot water.

Cleaning and disinfecting the Church

1. Hand sanitizing should take place at the entrance of the church for those attending the Divine Liturgy and other liturgical services. Hand sanitizer must contain at least 60% alcohol.
2. A bottle of hand sanitizer, touched by many, should not be used. Instead, use an automatic dispenser or have an usher/greeter spray the hands of those entering and exiting the church.
3. Holy water fonts are to be remain empty.
4. Personal protective practices are to be promoted (coughing and sneezing etiquette, hand hygiene).
5. Increased frequency of cleaning and disinfecting the church should take place, including surfaces that are touched often, including doors, railings, pews, common areas, washrooms).
6. The church should be cleaned and disinfected between each service. See "cleaning and disinfecting," *Workplace Guidance for Business Owners – Government of Alberta*, for accepted products and practices.
7. All Divine Liturgy books, hymnals, paper, and other items are to be removed from the pews for the protection of the faithful.

People may bring their own Divine Liturgy books or download the Divine Liturgy text on their mobile device.

8. Individual church bulletins should not be distributed, unless they are handed out by an usher/greeter as parishioners enter the church.

Baptisms, weddings and funerals

1. The celebration of baptisms, weddings and funerals are permitted, while maintaining the precautions listed above.

Grave blessings

1. Grave-side blessings are permitted, while maintaining the precautions listed above.

Parish Pastoral Council meetings

1. Meetings of the parish pastoral council is permitted, again while maintaining the precautions listed above.
2. No coffee or socializing after meetings is allowed.
3. All other meetings are not permitted at this time, including bible study groups, youth groups, UCWLC, UCBC, and Knights of Columbus.

Financial Support

At this critical time, your financial support is greatly appreciated. Our eparchy and parishes continue to incur expenses as we strive to fulfill the mission which God has entrusted to the Church. If you are able, you may mail a donation directly to the Eparchy of Edmonton or your parish. You may also donate online at www.eeparthy.com by clicking "Donate." If you are donating to a given parish, specify which parish in the memo box: "Include a message for this charity."

Stay safe and healthy

During the COVID-19 pandemic, the Government of Alberta continues to ask each of us to stay safe and to continue acting responsibly to prevent the spread of the coronavirus.

The success of the Alberta relaunch and the re-opening of Churches and the resumption of public liturgical services depends to a great extent on how closely we adhere to the provincial health regulations and church liturgical directives.

Together, our actions can make a difference in the lives of family, friends and strangers alike.

With gratitude for your patience and cooperation, I assure you that your well-being, both spiritual and physical, is of paramount importance as we take these initial steps to resume public participation in our liturgical services.

May the blessings of the All Holy Trinity be upon you and your family.

Bishop David

Eparchial Bishop



Catholic Education Week 2020

Looking back and celebrating...

United in prayer...

GrACE @GrACE4cathed · May 19

We are grateful for the Bishops of Alberta who shepherd us daily. Thank you for having the heart of Jesus. #BelieveInCatholicEd



2020 Catholic Education Week

A special message for #CatholicEducationWeek from ...

Roman Catholic Diocese of Calgary
May 19 · 971 Views



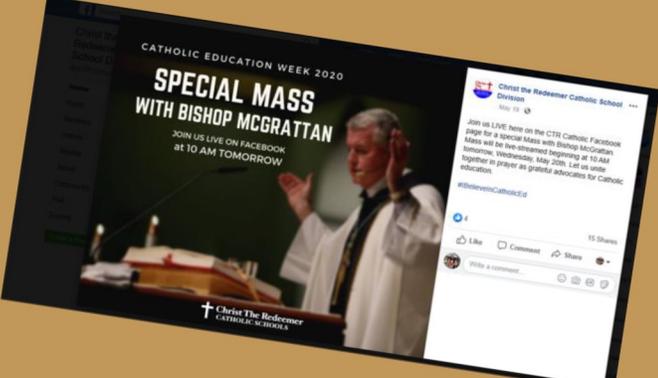
CATHOLIC EDUCATION WEEK 2020

SPECIAL MASS WITH BISHOP MCGRATTAN

JOIN US LIVE ON FACEBOOK AT 10 AM TOMORROW

Christ the Redeemer Catholic School Division

Join us LIVE here on the CTR Catholic Facebook page for a special Mass with Bishop McGrattan tomorrow, Wednesday, May 20th. Let us unite together in prayer as grateful advocates for Catholic education.



Chaplet of Divine Mercy



Holy Spirit Catholic School Division @HolySpiritCSD · May 18

In honour of #CatholicEducationWeek, our Mental Health Capacity Building team has issued Challenge 7 - to "Spend Time in Prayer." Don't forget to send pictures to guentherc@holyspirit.ab.ca by Thursday, May 21, 2020. #BelieveInCatholicEd #H7

SPEND TIME IN PRAYER

CREATE SPACE IN YOUR DAY TO REFLECT. FIND A COZY SPACE, MAKE A ROSARY, DO A PRAYER WALK

Tell us how you are keeping connected to your faith or share a photo of your favorite space to pray. Submit to guentherc@holyspirit.ab.ca by Thursday, May 21 at Noon for a chance to win!



Lakeland Catholic School Division

15 hrs ·

Thursday, May 21 is World Catholic Education - a day of prayer, gratitude, and celebration. Follow this link and let us join in prayer with Richard Smith Roman Catholic Archdiocese of Edmonton for #BelieveInCatholicEd Don't forget to wear #BlueforCatholicEd Hope to see you in the morning! #LCSDJoy

https://www.youtube.com/watch?v=-tC_wH7VieU&feature=youtu.be

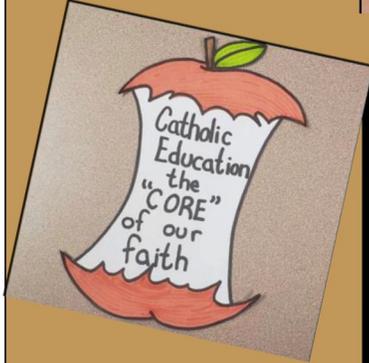




Holy Rosary

Loving Father, we thank you for the Bishops, priests, and all clergy who help support our students and staff in our Catholic Schools. May their guiding presence as shepherds of our faith continue to strengthen us as a family of faith.

CATHOLIC EDUCATION WEEK 2020: UNITED IN PRAYER AND GRATEFUL FOR CATHOLIC SCHOOLS



WORLD CATHOLIC EDUCATION DAY

DIVISION-WIDE ADORATION WITH FR. TROY

LIVE ON CTR FACEBOOK AT 11 AM | THURSDAY, MAY 21

Christ the Redeemer Catholic School Division

Throughout the month of May, CTR Catholic has partnered with our local parish priests in offering the opportunity for students to attend Adoration of the Blessed Sacrament. In light of the current restrictions, this was not possible. However, we are strong believers in the power of community and prayer and felt it was important to provide this opportunity using a virtual platform. Join us here, live on our Facebook page, for Division-Wide Adoration at 11 AM with Fr. Troy, Associate Pastor at St. James Parish (Okotoks).

Never attended before? We hope you will join us! Come sit with us, enjoy the silence, and listen to a phenomenal storyteller, all while surrounded in prayer.

#IBelieveinCatholicEd

13 Likes 10 Shares

DEAR JESUS,
 LET YOUR LIGHT SHINE IN OUR CATHOLIC SCHOOLS.
 LET YOUR GRACE RAIN DOWN BRINGING HOPE TO EACH PERSON WE ENCOUNTER, BRINGING WISDOM TO OUR TEACHERS AND LEADERS, BRINGING STRENGTH IN TIMES OF TRIAL. PROTECT US FROM HARM. LET THE CHILDREN COME TO YOU, FOR THE KINGDOM OF GOD IS THEIRS.
 ST. THOMAS AQUINAS, PATRON SAINT OF CATHOLIC SCHOOLS, PRAY FOR US.

AMEN.

CELEBRATE CATHOLIC EDUCATION WEEK



TUESDAY, MAY 19
 We are grateful for...

Bishops, priests and clergy who shepherd us with love.

#BlueforCatholicEd
 #IBelieveinCatholicEd

GSACRD Faith @gsacrd_faith · May 19

Celebrating #CatholicEducationWeek with daily videos from our amazing parish priests - our shepherds! So grateful for their support. Today, Father Ignacy Warias, OMI of St. Albert Parish! @GrACE4cathed

#ibelieveincatholiced @GSACRD



Holy Spirit Catholic Schools-
 Mass with Fr. Kevin

Catholic Education Week
 May 18-22, 2020

Our Lady of Angels Catholic School is grateful for our teachers, leaders and staff who serve as gospel witnesses.

"Love. It always protects, always trusts, always hopes, always perseveres. Love never fails."
 1 Corinthians 7-8

#lovefirststandalways

...And Grateful for Catholic Schools

World Catholic Education Day
Virtual Pub Night
May 21, 2020 @ 7:30pm

Presented by RMEC

7:30 Welcome 7:45 Dan Taylor 8:00 Colin Forbes 8:15 Lars Callison
8:30 CELEBRATE CATHOLIC EDUCATION (ZOOM breakout rooms) 9:00 Closing remarks.

STAR Catholic @STARCatholic · May 19

Thank you to Piper from École Notre Dame School for sharing your beautiful Sign of Gratitude with us! We are so grateful for the togetherness we feel in our schools & we can't wait to return to them! #IBelieveInCatholicEd #CatholicEducationWeek #CEW2020



St Marguerite School @SMBInnisfail · May 19

Please join Mrs. Clarke for Tuesday's Catholic Education Prayer.
@rdcrs
#ibelieveincatholic

1:00 188 views

And a big thank you to His Grace, Archbishop Smith, for taking time out of his day to help! #ECSDFaithInspires #ibelieveincatholic

Grandin Media | Alberta Catholic News @grandinmedia · May 19

Over 800 hampers (morning & afternoon) were made today by @EdmCathSchools trustees and staff to help the nutritional needs of students during remote learning. #yeg #ECSDFaithInspires

0:17 1.7K views

GRACE @GRACEcathed · May 18

#ibelieveincatholic

St. Maria Goretti @SMG_CCSO · May 18

World Catholic Education week, celebrating our faith in our lives and in our teachings.

MH Catholic Schools @MHCatholic · May 19

Bennett and Brinlee from @MotherTeresaMH are so excited to celebrate #CatholicEducationWeek that they wanted to share it with their whole neighborhood!

#IBelieveInCatholicEd #WeAreMHCBE @ACSTANews @GrACE4cathed

Free Chalk!

Please take a chest full of colorful chalk to share with your neighbors. #IBelieveInCatholicEd

#IBelieveInCatholicEd

FMCS @FMCS - May 17

This is Catholic Education Week. Thank you to Father Turcotte Principal, and our Religious Education Principal Lead, Jody Seymour for sharing what Catholic education means in our family.

youtu.be/yG8MIMEKN3M

#WeAreFMCS #ymm #IBelieveInCatholicEd @ACSTANews @GrACE4cathed



Jody Seymour
Religious Education Principal Lead

THURSDAY, MAY 21
We are grateful for...

Teacher, leaders and staff who serve as gospel witness.

#BlueforCatholicEd
#IBelieveInCatholicEd




Catholic Schools
Learn. Serve. Lead. Succeed.

The Gift of Catholic Education



stdominic_ccsd @stdominic_ccsd - May 19

Celebrating the Month of May and Mary with our students. Did you get a Mary postcard in the mail yet? One of our kindergarten students did!

#spreadingjoy @PamRath
@GrACE4cathed @CCSD_edu #IBelieveInCatholicEd



0:04 390 views

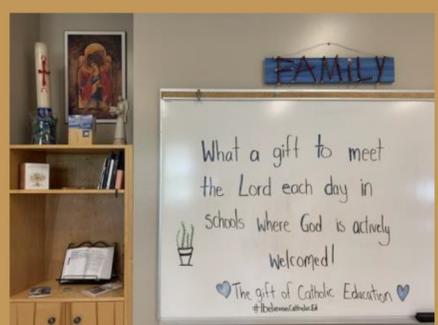
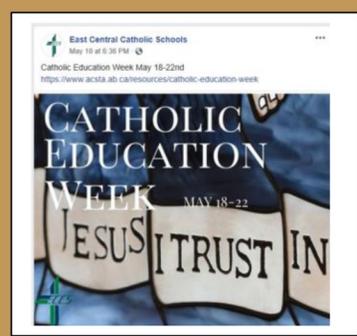
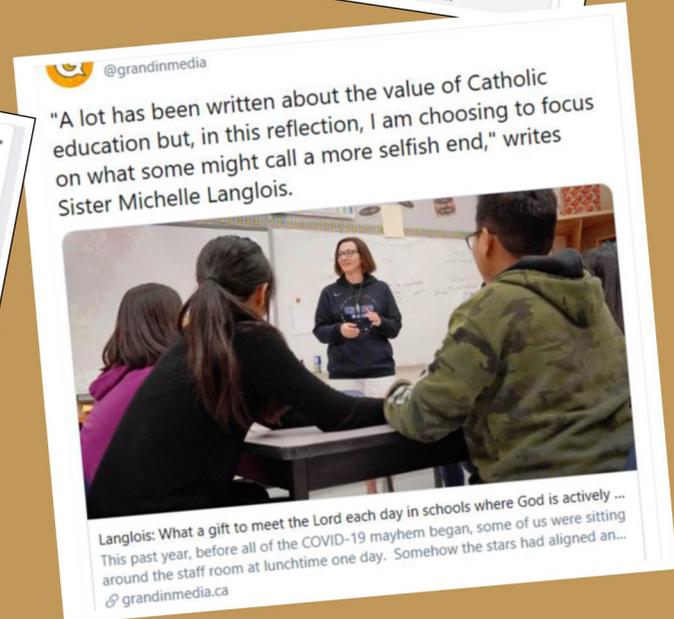


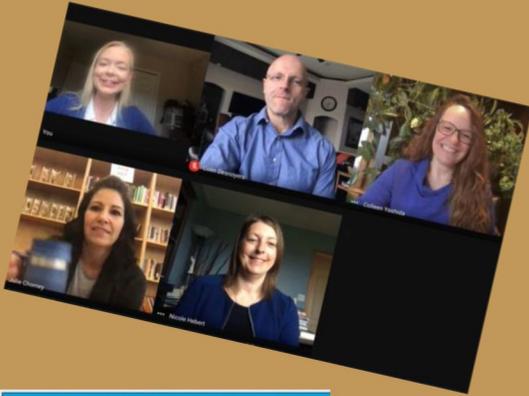
FMCS @FMCS - May 20

What does Catholic Education mean to you? We are proud to share our faith in the #WeAreFMCS family! #IBelieveInCatholicEd #ymm #rmwb @ACSTANews @GrACE4cathed



"Catholic Schools offers quality education within a faith based environment that allows us to talk about Jesus and our faith. We are able to guide children 1 to make good decisions, show compassion for others, 'act like Jesus' would. We teach our students about God and prayer life. Our schools are families where we care about one another, support each other, celebrate the holidays, and reach





#JeCroisEnL'ÉducationCatholique

21 mai 2020 - Journée mondiale de l'éducation catholique

On behalf of the Alberta Catholic School Trustees' Association staff, wishing everyone had a happy Catholic Education Week.

Spread love everywhere you go. Let no one ever come to you without leaving better and happier.

— MOTHER TERESA

Mark Two: Catholic Worldview

An excellent Catholic school has a visible and tangible Catholic vision evident in its physical space, liturgical celebrations, and prayer life.

Red Deer Catholic Regional Schools

Celebrating Catholic Education Week
WE ARE GRATEFUL FOR OUR SCHOOL STAFF.

United in prayer and grateful for Catholic schools, we pray today for our secretaries and educational assistants, the custodians and the librarians, and the teachers, our youth ministers and chaplain and all the others, who by their words and actions, witness Jesus in our midst. Bless them, Lord, and may they see even just a glimpse of how the seeds of their faithfulness will bear fruit and impact generations to come. Amen.

Jesus

#IBelieveInCatholicEd

WHAT A GIFT TO MEET THE LORD EACH DAY IN SCHOOLS WHERE GOD IS ACTIVELY WELCOMED

GrACE Facebook address is www.facebook.com/GrACE4cathed

Grace email is gracedirector7@gmail.com

GrACE Twitter address is [@GrACE4cathed](https://twitter.com/GrACE4cathed)

GOD'S LOVE

ABOVE INSPIRATION