

St Stephen Protomartyr



Address:
4903 – 45th Street S.W.
Calgary, Alberta T3E 3W5 Canada

Office Hours (during outbreak)
Mon-Friday 9:00 am—12:00 pm
Phone enquiries only

Telephone:
403-249-4818, press 0

Pastoral Emergencies:
403-249-4818, press 9

Email:
Office@Protomartyr.ca
Coordinator@Protomartyr.ca

Parish Website:
www.saintstephencalgary.ca

Facebook:
<https://www.facebook.com/protomartyr.ca>

Eparchy Website:
www.edmontoneparchy.com

DIVINE LITURGIES

Sunday Services:
Online at
www.saintstephencalgary.ca

Weekday Services:
Canceled until further notice
Friday at Westview Lodge-
Canceled until further notice

ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

MAY 24TH, 2020

Seventh Sunday after Pascha

Sunday of the Holy Fathers of the First Ecumenical Council of Nicaea;
Venerable Simeon of the "Mountain of Wonders" (596)

Please note that all Public Services are canceled until further notice.
Consider following the Divine Liturgy online at www.saintstephencalgary.ca

First Antiphon

Clap your hands, all you nations,* shout to God
with the voice of joy.

*Through the prayers of the Mother of God, O
Saviour, save, us.*

For the Lord most high is awesome,* a great king
over all the earth.

*Through the prayers of the Mother of God, O
Saviour, save, us.*

He has subdued peoples to us,* and nations under
our feet.

*Through the prayers of the Mother of God, O
Saviour, save, us.*

God ascended amid shouts of joy,* the Lord at the
sound of the trumpet.

*Through the prayers of the Mother of God, O
Saviour, save, us.*

Glory... Now... Only-Begotten Son...

Third Antiphon

Come, let us sing joyfully to the Lord,* let us
acclaim God, our Saviour.

Son of God, who ascended in glory, save us who
sing to You: Alleluia.*

Let us come before His face with praise,* and
acclaim Him in psalms.

Son of God, who ascended in glory, save us who
sing to You: Alleluia.*

For God is the great Lord,* the great king over all
the earth.

Son of God, who ascended in glory, save us who
sing to You: Alleluia.*

Entrance: Come, let us worship* and fall down
before Christ.

Son of God, who ascended in glory, save us who
sing to You: Alleluia.*

Troparia and Kontakia

Troparion: Angelic powers were upon Your tomb*
and the guards became like dead men,* Mary
stood before Your tomb* seeking Your most pure

body.* You captured Hades without being
overcome by it.* You met the Virgin and granted
life.* O Lord, risen from the dead,* glory be to
You!

Troparion: You ascended in glory, O Christ our
God,* giving joy to Your disciples by the promise
of the Holy Spirit,* and assuring them through
your blessing* that You are the Son of God,* the
Redeemer of the world.

Troparion: Christ our God, You are glorified above
all,* You established our fathers as beacons on
earth* and through them guided all of us to the
true faith.* Glory to You, most compassionate
Lord.

*Glory be to the Father, and to the Son, and to the
Holy Spirit.*

Kontakion: The apostles' preaching and the
Fathers' doctrine* confirmed the Church's one
faith,* and wearing the garment of truth* woven
from theology that descends from on high,* she
rightly imparts* the mystery of godliness* and
sings its glory.

Now and for ever and ever. Amen.

Kontakion: When you had fulfilled Your plan for
us* and united things on earth with those in
heaven,* You ascended in glory, O Christ our
God,* in no way distant, but remaining in
separable,* You cried to those who love You:* I
am with You and there is none against you.

Prokeimenon: Blessed are You, Lord God of our
fathers,* and praised and glorified is Your Name
forever.

verse: For You are righteous * in everything that
You have done to us.

Epistle: A reading from the Acts of the Apostles.

In those days, Paul had decided to sail past
Ephesus, so that he might not have to spend time
in Asia; he was eager to be in Jerusalem, if
possible, on the day of Pentecost. From Miletus he
sent a message to Ephesus, asking the elders of
the church to meet him. When they came to him,
he said to them:



HOLY MYSTERIES

CONFESSION:

By Appointment
403-249-4818, ext. 2

MARRIAGE, BAPTISM-CHRISMATION- EUCHARIST, FUNERALS :

Arrangements with the Pastor
403-249-4818, ext. 2

ANOIDING OF THE SICK:

For emergencies call
403-249-4818, ext. 9

DIVINE LITURGY INTENTIONS :

Arrangements with the office

CLERGY & RELIGIOUS

Pastor :

Fr. Greg Faryna
Office:403-249-4818, ext. 2
Cell: 403-700-0882
FatherGreg@Protomartyr.ca

Pastor, St. Basil's Melkite Greek Catholic Church

403-249-4818, ext. 3
stbasilmelkitecalgary@gmail.com
Facebook: St Basils Melkite Greek
Catholic Church Calgary

PARISH OFFICE

Office Administrator: Linda Buck
403-249-4818, ext. 0
office@Protomartyr.ca

Sacramental Coordinator:
coordinator@Protomartyr.ca

HALL RENTAL INQUIRIES & MAINTENANCE

John Kowal
403-249-4818, ext. 4
Cell:403-880-0577
maintenance@Protomartyr.ca

HALL & KITCHEN

403-249-4818, ext. 6

"You yourselves know how I lived among you the entire time from the first day that I set foot in Asia.

"Keep watch over yourselves and over all the flock, of which the Holy Spirit has made you overseers, to shepherd the church of God that he obtained with the blood of his own Son. I know that after I have gone, savage wolves will come in among you, not sparing the flock. Some even from your own group will come distorting the truth in order to entice the disciples to follow them. Therefore be alert, remembering that for three years I did not cease night or day to warn everyone with tears. And now I commend you to God and to the message of his grace, a message that is able to build you up and to give you the inheritance among all who are sanctified. I coveted no one's silver or gold or clothing. You know for yourselves that I worked with my own hands to support myself and my companions. In all this I have given you an example that by such work we must support the weak, remembering the words of the Lord Jesus, for he himself said, 'It is more blessed to give than to receive.'"

When he had finished speaking, he knelt down with them all and prayed. (Acts 20:16-18, 28-36)

Alleluia: The God of gods, the Lord, spoke and summoned the earth * from the rising of sun to its setting.

verse: Gather to Him His devout ones,* who with sacrifice make covenant with Him.

Gospel: John 17:1-13

At that time, Jesus looked up to heaven and said, "Father, the hour has come; glorify your Son so that the Son may glorify you, since you have given him authority over all people, to give eternal life to all whom you have given him. And this is eternal life, that they may know you, the only true God, and Jesus Christ whom you have sent. I glorified you on earth by finishing the work that you gave me to do. So now, Father, glorify me in your own presence with the glory that I had in your presence before the world existed.

"I have made your name known to those whom you gave me from the world. They were yours, and you gave them to me, and they have kept your word. Now they know that everything you have given me is from you; for the words that you gave to me I have given to them, and they have received them and know in truth that I came from you; and they have believed that you sent me. I am asking on their behalf; I am not asking on behalf of the world, but on behalf of those whom you gave me, because they are yours. All mine are yours, and yours are mine; and I have been glorified in them. And now I am no longer in the world, but they are in the world, and I am coming to you. Holy Father, protect them in your name that you have given me, so that they may be one, as we are one. While I was with them, I protected them in your name that you have given me. I guarded them, and not one of them was lost except the one destined to be lost, so that the scripture might be fulfilled. But now I am coming to you, and I speak these things in the world so that they may have my joy made complete in themselves."

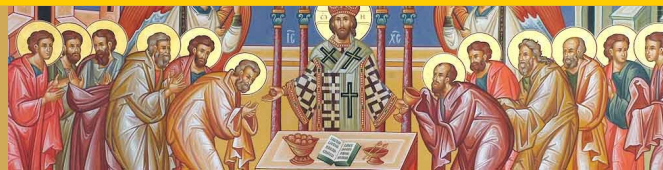
Hymn to the Mother of God: O my soul, magnify the Lord who in glory ascended bodily into the heavens.

Irmos: O Mother of God,* you transcended both mind and word,* and in time, ineffably bore the Timeless One:* it is you who, with one accord,* we, the faithful, magnify.

Communion verse: Praise the Lord from the heavens;* praise Him in the highest.

Second verse: Rejoice in the Lord, O you just;* praise befits the righteous.* Alleluia (x3)

Instead of "We have seen the true light" and "Let our mouths be filled" we sing:
Be exalted, O God, above the heavens, above all the earth be Your glory.



Prayer of Spiritual Communion

My Jesus, I believe that You are present in these Holy Gifts!
I love You above all things and I desire to receive You into my soul.
Since I cannot receive You now, I place before You my whole life and hope, O loving Master;
and I ask, pray, and entreat You:
Make me worthy to partake in a mystical way and with a pure conscience
of Your awesome and heavenly Mysteries:
for forgiveness of sins, for the pardon of offenses,
for communion of the Holy Spirit,
for the inheritance of the kingdom of heaven,
for confidence before You, and not for judgment or condemnation.
I embrace You as You enter and abide in me, and I unite myself completely to You.
Permeate my soul and body, and never permit me to be separated from You. Amen.

Bishop David included this prayer for the faithful. It is meant to be prayed while watching the Divine Liturgy when distribution of the Eucharist is taking place.

Please
bear
aware

ANNOUNCEMENTS

- ❖ **Private Prayer in Church :** Our doors are open for weekday private prayer and meditation. Please practice social distancing and respect the limit of 15 persons in church.
 - ❖ The doors will be open Monday thru Friday 9:00am to Noon - Seniors only
- ❖ The faithful are encouraged to follow the **celebration of the Sunday Divine Liturgy** through these links:
 - ❖ **Saint Stephen Parish (Calgary)** <http://www.saintstephencalgary.ca> or St. Stephen's facebook page : <https://www.facebook.com/protomartyr.ca>
 - ❖ **St. Josaphat Cathedral (Edmonton)** <http://www.stjosaphat.ab.ca>
 - ❖ **St. Basil the Great Parish Chapel, Edmonton** <http://www.stbasilschurch.com>
 - ❖ **Livestreaming Liturgical services :** <https://www.royaldoors.net/2020/03/2020-streaming-liturgical-services/>
- ❖ **Liturgical booklets** can be found here. <https://stjosaphat.ab.ca/liturgical-booklets/>
- ❖ **Pastoral Emergencies including the Sacrament of the Sick** please call (403-249-4818, ext 9)
- ❖ **Link to COVID 19 Prevention** (<https://www.saintstephencalgary.ca>)
- ❖ **Link to Bishop David's Response** (<https://bit.ly/3bdQhPP>)
- ❖ Please consider **donating to St. Stephen's** during these unprecedented times : <https://www.saintstephencalgary.ca/donate.html>

May God bless you with good health, inner peace, wisdom and love!



UCC-APC Hetman Awards

Deadline Extended

In 1998, the UCC-Alberta Provincial Council initiated an Annual Hetman Awards to acknowledge significant volunteer achievements of outstanding Ukrainian Albertans.

The Annual Hetman Awards are dedicated to the celebration of all volunteers who have chosen to give their time, effort and expertise in order to keep our Ukrainian Canadian community in Alberta strong, vibrant and active.

In 2020 new recognition category was added – Professional Achievement Award. The UCC-APC recognizes that many members within and beyond our community make substantial, positive impacts on Ukrainian issues through their professional work.

In 2020 new recognition category was added – Professional Achievement Award (<https://bit.ly/2ZpXpFU>) The UCC-APC recognizes that many members within and beyond our community make substantial, positive impacts on Ukrainian issues through their professional work. For more information and to download application forms, please visit <https://bit.ly/2ZpXpFU>

YOU'RE INVITED TO CUF'S FIRST EVER
VIRTUAL FESTIVAL!

We are beyond excited to invite you to CUF's First Ever Virtual Festival!



Due to these difficult times, we are unable to meet in person for our 11th Anniversary Festival but that won't stop us from connecting as a community and sharing our love of Ukrainian culture online. We are bringing the festival to you on June 6th & 7th and we will recreate the aspects of the festival you love most. Stay tuned on social media for updates and announcements!

Thank you for your support during these uncertain times. We hope this online Festival will be a way for us to come together as a community and show the strength that comes from working with one another. We can't wait to have you be a part of our First Ever Virtual Festival.

JUNE 6TH & 7TH, 2020

For more details go to : <https://calgaryukrainianfestival.ca/>



The Pro-Life campaign has been
extended until May 31, 2020.

Please support St. Stephen's
Hike for Life Team by donating
through this link.

<https://bit.ly/2VagglQ>

Thank you for participating at Hike for Life

From Monique Achtman, Calgary Pro Life:

Thank you to all the Hikers who are witnesses to the culture of life and are supporting the Calgary Pro-Life Assn. educational programs for our Catholic students in schools and youth groups. This is our 40th Annual Hike for Life (Virtual). We have participation from 9 teams (parishes, KofC and CWL), 53 participants (including 7 priests) and more joining daily!

So far we have raised \$23,198.00 and climbing to our goal of \$50,000 to run our programs for the next year. Our education program give presentations to 4500 students per year at schools. Calgary Pro-Life Association has been educating and witnessing to the respect and protection of all human life starting from conception until natural death for more than 40 years!

Special thanks for all those who have donated for this great cause!

History of Salvation Timeline

Online Adult Bible Study every Wednesday at 7:00 pm

Interested in Scripture Study while you are staying home and staying healthy? Well good news!

Fr. Peter Babej will be presenting the "History of Salvation Timeline" online.

Learn more about God's promises made to us and fulfilled throughout salvation history!

Live stream is available on our Facebook page AND on:

<https://bit.ly/3bOMnws>

Check out the website for more details : <https://stjosaphat.ab.ca/>



DIVINE LITURGY INTENTIONS

A Divine Liturgy will be celebrated
this week for:

blessings in congratulation and

celebration of

Bill and Theresa Lewchuk's

45th Wedding Anniversary.

Mnohaya Lita!

God With Us

* ONLINE *

New Catechetical Resources for the Domestic Church

In conjunction with our Eastern Catholic bishops of the United States, we are pleased to announce our new catechetical & domestic church resources.

These resources are designed to assist our Eastern Catholic faithful to prepare for a full encounter with Christ through our liturgical cycle. We are especially thrilled to welcome our bishops, who will be providing their *Voice of the Shepherd*, offering insights and helping us grow in the faith.

UPCOMING EVENTS:

<https://godwithusonline.org/upcoming-events/>

EVENTS LIBRARY:

<https://godwithusonline.org/event-library/>

CATECHETICAL RESOURCES:

<https://godwithusonline.org/catechetical-resources/>

TOM SHINDRUK

NEVER GIVE UP

12 WAYS TO HAVE AN
OUTSTANDING LIFE

NEVER GIVE UP -

12 Ways to Have an Outstanding Life - by Tom Shindruk

NEVER GIVE UP....this is the title of a book written by me and just published. This book is all about life's journey and how I have managed to cope with my many health and life challenges by maintaining a "NEVER GIVE UP" attitude.

With the messages in this book, I hope to inspire others to "live life to the fullest".

Also please note that I have a portion of the royalties of my book go to the Canadian Cancer Society to help fund research, this is a charity near and dear to my heart.

- Any questions can be directed to me personally by calling me at 403-813-7730 Or email me at: tomshindruk@shaw.ca.
- I also have a them at my office. If you would like to purchase a copy send me your cheque for \$20.00, and I will mail your copy to you. Make cheques payable to T.S.E. Inc.
- You also have the option of paying via e-transfer using the security code; [nevergiveup](#) Make sure to include your mailing address with your payment.
- You might also like to buy some to give away to your friends and family as gifts. This is all to help fight Cancer and make the world a better place.
- Tom Shindruk. 21 Ceduna Lane SW. Calgary, AB. T2W 6H5
- The book is also available from Friesen Press at.... <https://bit.ly/2Xgv7LI>



INTERMENT 100 - JUNE 20, 2020

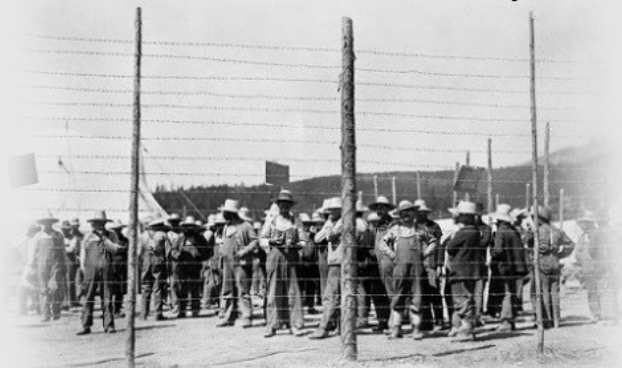


Photo: In the Enclosure, Ukrainian internees at Castle Mountain, BNF, CWH Millican Collection, Glenbow Museum, Calgary

**Ukrainian Canadian Congress - Alberta Provincial Council
invites you to commemorate the 100th anniversary of
the end of the Internment Operations.**

**During June 1-19, 2020 we will be posting virtual online daily segments to honour the
internees and to inform our wider community.**

З 1 по 19 червня Конгрес Українців Канади - Провінційна Рада Альберти
віртуально розміщуватиме щоденні онлайн-повідомлення для вшанування
жертв та для навчальної мети.

Згадуючи наше минуле, ми зможемо запобігти повторенню історію.

Join us on all social media platforms!
Приєднуйтеся до нас у соціальних мережах!

Supported by:



<https://uccab.ca/>

During June 1-19, 2020, join us for a virtual daily commemoration to mark the Centennial of the end of Internment Operations in Canada

Did you know that 100 years ago Ukrainian immigrants along with other Eastern European immigrants such as Poles, Germans, Croats, Serbs, Hungarians and others, were confined to forced labour and internment camps across Canada strictly based on their countries of origin?

June 20, 2020 will mark the 100th anniversary of the end of the 1914-1920 National Internment Operations in Canada.

This is a very tragic but important part of our Ukrainian Canadian history that involves the violation of human rights and should never be forgotten.

Ukrainian Canadian Congress – Alberta Provincial Council will commemorate from June 1 - 19 the end of Internment Operations in Canada by hosting online daily segments to honour the internees and help inform our wider community of this very important period in Canadian history.

Join us virtually on all social media platforms: Facebook, Twitter, Instagram and website uccab.ca

There will be daily UCC-APC e-newsletters -

please signup by going to the uccab.ca website.