

# ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

MARCH 1<sup>st</sup>, 2020

St Stephen  
Protomartyr



**Address:**  
4903 – 45<sup>th</sup> Street S.W.  
Calgary, Alberta T3E 3W5 Canada

**Office Hours:**  
Mon-Thursday: 8:30am - 4:00pm  
Friday- Sunday - Closed  
Closed Statutory Holidays

**Telephone:**  
403-249-4818, press 0

**Pastoral Emergencies:**  
403-249-4818, press 9

**Email:**  
Office@Protomartyr.ca  
Coordinator@Protomartyr.ca

**Parish Website:**  
[www.saintstephencalgary.ca](http://www.saintstephencalgary.ca)

**Facebook:**  
<https://www.facebook.com/protomartyr.ca>

**Eparchy Website:**  
[www.edmontoneparchy.com](http://www.edmontoneparchy.com)

## DIVINE LITURGIES

**Sunday Services:**  
8:30am - Ukrainian / English  
10:30am - English  
1:00pm - Arabic / English [Melkite]  
5:00pm - English

## Weekday Services:

Wednesday, Thursday & Saturday  
English @ 9:00 am  
Friday at Westview Lodge-  
English @ 10:00 am

## First Sunday of the Great Fast Sunday of Orthodoxy

### *Troparia and Kontakia*

*Troparion:* Let us the faithful acclaim and worship the Word,\* co-eternal with the Father and the Spirit,\* and born of the Virgin for our salvation.\* For He willed to be lifted up on the cross in the flesh, to suffer death\* and to raise the dead by His glorious resurrection.

*Troparion:* We bow before Your most pure image, O kind Lord,\* and beg pardon for our sins, O Christ our God.\* Of Your own will You consented to ascend the Cross in the flesh to free Your handiwork from enslavement to the enemy.\* In thanksgiving we cry aloud to You:\* by coming to save the world, our Saviour, You filled all things with joy.

*Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.*

*Kontakion:* The uncircumscribed Word of the Father\* became circumscribed when He took flesh of you, O Mother of God,\* and when He restored the divine image to its ancient glory,\* He suffused it with the beauty of God.\* Therefore, confessing our salvation in deed and word,\* we portray it in images.

*Prokeimenon:* Blessed are You, Lord God of our fathers,\* and praised and glorified is Your Name for ever.

*verse:* For You are righteous in everything You have done to us.

*Epistle:* A reading from the Epistle of the Holy Apostle Paul to the Hebrews.

Brothers and Sisters, by faith Moses, when he was grown up, refused to be called a son of Pharaoh's daughter, choosing rather to share ill-treatment with the people of God than to enjoy the fleeting pleasures of sin. He considered abuse suffered for the Christ to be greater wealth than the treasures of Egypt, for he was looking ahead to the reward.

And what more should I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets— who through faith conquered kingdoms, administered justice, obtained promises, shut the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight. Women received their dead by resurrection. Others were tortured, refusing to accept release,

in order to obtain a better resurrection. Others suffered mocking and flogging, and even chains and imprisonment. They were stoned to death, they were sawn in two, they were killed by the sword; they went about in skins of sheep and goats, destitute, persecuted, tormented— of whom the world was not worthy. They wandered in deserts and mountains, and in caves and holes in the ground.

Yet all these, though they were commended for their faith, did not receive what was promised, since God had provided something better so that they would not, apart from us, be made perfect.

Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight and the sin that clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfecter of our faith, who for the sake of the joy that was set before him endured the cross, disregarding its shame, and has taken his seat at the right hand of the throne of God. (*Hebrews 11:24-26,32-40; 12:1-2*)

*Alleluia:* Moses and Aaron are among His priests and Samuel among those who call upon His name.

*verse:* They called on the Lord, and He heard them.

### *Gospel John 1:43-51*

At that time, Jesus decided to go to Galilee. He found Philip and said to him, "Follow me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael and said to him, "We have found him about whom Moses in the law and also the prophets wrote, Jesus son of Joseph from Nazareth." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." When Jesus saw Nathanael coming toward him, he said of him, "Here is truly an Israelite in whom there is no deceit!" Nathanael asked him, "Where did you get to know me?" Jesus answered, "I saw you under the fig tree before Philip called you." Nathanael replied, "Rabbi, you are the Son of God! You are the King of Israel!" Jesus answered, "Do you believe because I told you that I saw you under the fig tree? You will see greater things than these." And he said to him, "Very truly, I tell you, you will see heaven opened and the angels of God ascending and descending upon the Son of Man."



## HOLY MYSTERIES

### CONFESSION:

Weekdays: Before or after  
Liturgies or by appointment.  
Sundays: Before Liturgy

### MARRIAGE, BAPTISM-CHRISMATION- EUCCHARIST, FUNERALS :

Arrangements with the Pastor

### ANointing OF THE SICK:

For emergencies call  
403-249-4818, ext. 9

### DIVINE LITURGY INTENTIONS :

Arrangements with the office

### CLERGY & RELIGIOUS

#### Pastor :

Fr. Greg Faryna  
Office: 403-249-4818, ext. 2  
Cell: 403-700-0882  
FatherGreg@Protomartyr.ca

#### Pastor, St. Basil's Melkite Greek Catholic Church

403-249-4818, ext. 3  
stbasilmelkitecalgary@gmail.com  
Facebook: St Basils Melkite Greek  
Catholic Church Calgary

#### PARISH OFFICE

Office Administrator: Linda Buck  
403-249-4818, ext. 0  
office@Protomartyr.ca

#### Sacramental Coordinator:

coordinator@Protomartyr.ca

#### HALL RENTAL INQUIRIES

#### & MAINTENANCE

John Kowal  
403-249-4818, ext. 4  
Cell: 403-880-0577  
maintenance@Protomartyr.ca

#### HALL & KITCHEN

403-249-4818, ext. 6

**Hymn to the Mother of God:** In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins' pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider that all the heavens.

In you, O Full of Grace, all creation rejoices. Glory be to you.

**Communion verse:** Praise the Lord from the heavens;\* praise Him in the highest.

**Second verse:** Rejoice in the Lord, O you just;\* praise befits the righteous.\* Alleluia (x3)



### MARCH 1

#### EPISTLE READERS

8:30 am: KofC  
10:30 am: KofC  
5:00 pm: KofC

#### HOSTS/USHERS

8:30 am : KofC  
10:30 am: KofC

#### ROSARY 10 am: KofC

ARK STORE: Letwin

### MARCH 8

#### EPISTLE READERS

8:30 am: Vince Letwin  
10:30 am: Dave Wandzura  
5:00 pm: Christine Knights

#### HOSTS/USHERS

8:30 am : Vince Letwin  
10:30 am: Dave Wandzura

#### ROSARY 10 am: Mario Toneguzzi

ARK STORE: Chelack

## ANNOUNCEMENTS

- ❖ The Ukrainian Canadian Congress, Calgary Branch will be holding the **annual Shevchenko Concert** on Sunday, March 8th, 2020 at 3 PM at the Assumption Church Hall, 704 - 6th Street N.E. Calgary
- ❖ On behalf of **Medical Mercy Canada and in conjunction with The Lion's Club** we are collecting any used, broken or unwanted glasses and hearing aids to send to offshore needy people, including the Ukraine. A drop box is located beside the donation envelopes in the atrium.
- ❖ **UCWLC Meeting and Speaker** : All Parishioners are invited to listen to Sister Mary Elizabeth, from the Sisters of the Word from Ecuador. She will talk on their role and work in Calgary on March 5th from 7 to 7:30pm. Refreshments will be served at 6:30 pm.



## Falafel Lunch Fundraiser

You are invited for a Falafel Lunch on March 1st after the 10:30 am Divine Liturgy.  
St. Basil's Women League

## JOIN US AT THE UHL PLAYER DRAFT



**At the Church Hall On Monday March 2nd, 2020 at 6:00 pm**  
to watch your favorite Ukrainian Hockey Player from St. Stephen get drafted by a team. The UHL (Ukrainian Hockey League) season kicks off late March, so they need to draft their players and create some teams!!!

Lite snacks and food available.  
We will also be serving beer and wine for \$2.50 each.

## UHL FANTASY DRAFT - 2020

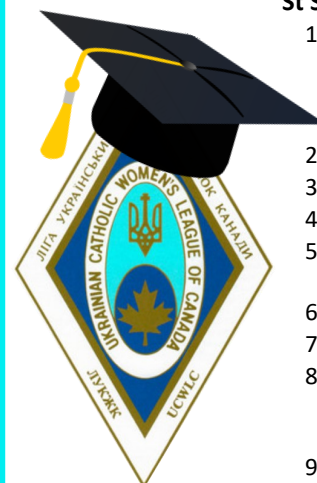
We have space for you to enter your **"Fantasy Team"** for only \$20 per entry. Last year almost 60 entries were in the Fantasy Draft, and the winners took home half the winnings. **The Entry Form is on our website at [www.uhlhockey.net](http://www.uhlhockey.net)**



## UCWLC Scholarship Applications 2020

### St Stephen's UCWLC Scholarship for \$1000 Guidelines:

1. Eligibility : A daughter or granddaughter of a St Stephen's UCWLC Member who will be attending an undergraduate Post Secondary program. (E.g.) University, College, Apprenticeship, Technical School or Specialized program (Cosmetology, Hair Dresser, Secretarial....)
2. Age of applicant will be 16 to 24.
3. Include a resume
4. Reasons for the choice and location of the Post Secondary School.
5. Include a description of your Parish, Community and School Involvement .
6. Explain your Financial Need to receive this scholarship.
7. Include a reference letter.
8. Submit to one of the UCWLC Scholarship Committee:  
dewald\_chris@hotmail.com, josiened@shaw.ca , spice4u@shaw.ca  
and the three members will review and decide on the best applicant
9. Deadline is May 15, 2020



Please  
**be air aware**

All That  
Glitters

presents... **A GRAND AFFAIRE**

Friday, May 8<sup>th</sup>, 2020

6:00 pm Cocktails

7:00 pm Dinner Catering by De Minico's

8:30—11:30 pm Entertainment *Dueling Piano Kings*

**\$125/ticket.**

Please contact Linda at 403-249-4818 or [office@protomartyr.ca](mailto:office@protomartyr.ca) for tickets.

The office accepts e-transfer, VISA, MC, cash or cheque.

*Currently looking for Business & Personal  
sponsors for our Exclusive Women's event.*

Please contact Lisa Loczy, Director of Sponsorship to learn how you can participate

Lisa : 403-217-7524 [loczylisa@gmail.com](mailto:loczylisa@gmail.com)

Stacey : 403-860-2185 [sboby1@telus.net](mailto:sboby1@telus.net)

**"Coming Together in Friendship to Enrich the Lives of Women"**

Organized and hosted by the Women of St. Stephen Ukrainian Catholic Church

#### St. Stephen's Lenten Mission

Partakers of Divine Nature -  
The Christian Life  
Through the Eyes of St. Mary of Egypt.



The Word of God became flesh to make us "partakers of the divine nature." Our Parish Lenten Mission will explore what it means to partake of the divine nature with a focus of the exemplary life of St. Mary of Egypt.

The Mission will be led by Fr. Michael Winn, Rector of Holy Spirit Ukrainian Catholic Seminary in Edmonton. March 29 to April 1, 2020. All are encouraged to read beforehand the Life of St. Mary of Egypt - available at Royal Doors ([bit.ly/2P9aw8x](http://bit.ly/2P9aw8x)).



**Remembering Canada's  
First National Internment Operations 1914—1920**

The Ukrainian Canadian Congress, Calgary Branch  
cordially invites you to

**Commemorate the 100-year Anniversary  
of the End of the Internment Operations.**

On Saturday, June 20<sup>th</sup>, 2020 at 9:30 AM

at St. Stephen Protomartyr Ukrainian Catholic Church



## St. Stephen's Parish Pastoral Council needs YOU!

**Would you like to make a difference in your parish and fill a rewarding position amongst the Parish Pastoral Council team?**

Candidates are currently needed to stand for election to fill a variety of positions at the March 22, 2020 Parish Annual General Meeting. Interest in election/re-election has been expressed for some of the positions. We are now looking for others to fill the following positions:

#### ♦ Treasurer— Hospitality—Youth

If you would like more information or would like to be nominated for any of these positions, please contact our nominations committee members:

- ♦ Jay Lalach— [jlalach@gmail.com](mailto:jlalach@gmail.com), Fr. Greg Faryna— [fathergreg@protomartyr.ca](mailto:fathergreg@protomartyr.ca), Ambrose Comchi—403-862-3269 or [awc@shaw.ca](mailto:awc@shaw.ca), Oliver David— [vicechair@protomartyr.ca](mailto:vicechair@protomartyr.ca)

**THANK YOU FOR CONSIDERING BEING A PART OF THIS REWARDING TEAM OF INDIVIDUALS!**



## DIVINE LITURGY INTENTIONS

**Sunday, March 1:**

**1st SUNDAY OF LENT**

- ❖ 8:30am – in memory of the repose of the soul (1 yr) of + Martha (Nowosad) Semchuk (w/ Panakhyda)
- ❖ 10:30am – blessings for good health for Ken Wawruch
- ❖ 5:00pm – for the intentions and needs of all parishioners

**Monday, March 2:**

- ❖ NO DIVINE LITURGY

**Tuesday, March 3:**

- ❖ NO DIVINE LITURGY

**Wednesday, March 4:**

9:00am – Lenten Typica

6:30pm – Lenten Presanctified Liturgy

**Thursday, March 5:**

- ❖ 9:00am – Lenten Typica

**Friday, March 6:**

10:00am at Westview – for the intentions and needs of all parishioners



**Saturday, March 7:**

- ❖ 9:00am – for the repose of the souls of + Gary and + Valerie

**Sunday, March 8:**

**2nd SUNDAY OF LENT**

- ❖ 8:30am – in memory of the repose of the soul of + Maria Dobish
- ❖ 10:30am – for the repose of the soul of + Martha Spilchak
- ❖ 5:00pm – for blessings for health and healing for Guilia

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> <ul style="list-style-type: none"> <li>8:30 am Divine Liturgy</li> <li>10:30 am Divine Liturgy with Sunday School followed by St. Basil's Fundraiser Lunch</li> <li>5:00 pm Divine Liturgy</li> </ul>	<b>2</b> <ul style="list-style-type: none"> <li>7:00 pm Finance Committee Mtg</li> </ul> <p><b>UHL DRAFT NIGHT</b></p>	<b>3</b> <ul style="list-style-type: none"> <li>6:30 pm Ukrainian Language Class</li> <li>7:00 pm All that Glitters Mtg</li> <li>7:00 pm PPC Mtg</li> </ul>	<b>4</b> <ul style="list-style-type: none"> <li>9:00 am Lenten Typica (with Presanctified Eucharist)</li> <li>6:30 pm Lenten Presanctified Liturgy</li> <li>6:30 pm Ukrainian Language Class</li> <li>7:00 pm Choir Practice</li> <li>7:30 pm Summer Festival Mtg</li> <li>7:45 pm Ukrainian Class</li> </ul>	<b>5</b> <ul style="list-style-type: none"> <li>9:00 am Lenten Typica (with Presanctified Eucharist)</li> <li>10:00 am Bible study</li> <li>7:00 pm KofC 3rd degree Mtg</li> <li>7:00 pm UCWLC Mtg</li> </ul>	<b>6</b>  <ul style="list-style-type: none"> <li>10:00 am Divine Liturgy at West View Lodge</li> </ul>	<b>7</b> <ul style="list-style-type: none"> <li>9:00 am Divine Liturgy</li> <li>10:00 am Sorokousty—All Souls Saturday</li> </ul>
<b>8</b> <ul style="list-style-type: none"> <li>8:30 am Divine Liturgy</li> <li>10:30 am Divine Liturgy with Sunday School</li> <li>5:00 pm Divine Liturgy</li> </ul>	<b>9</b> <ul style="list-style-type: none"> <li>9:00 am Icon Painting—Open Studio</li> </ul>	<b>10</b> <ul style="list-style-type: none"> <li>6:30 pm Ukrainian Language Class</li> </ul> <p><b>UCWLC BABKA BAKING</b></p>	<b>11</b> <ul style="list-style-type: none"> <li>9:00 am Lenten Typica (with Presanctified Eucharist)</li> <li>6:30 pm Lenten Presanctified Liturgy</li> <li>6:30 pm Ukrainian Language Class</li> <li>7:00 pm Choir Practice</li> <li>7:45 pm Ukrainian Language Class</li> </ul>	<b>12</b> <ul style="list-style-type: none"> <li>9:00 am Lenten Typica (with Presanctified Eucharist)</li> <li>10:00 am Bible study</li> <li>7:00 pm Design Committee Mtg</li> <li>7:00 pm Christ in the old testament Session 1 Livestream</li> </ul> <p><b>UCWLC BABKA BAKING</b></p>	<b>13</b>  <ul style="list-style-type: none"> <li>10:00 am Divine Liturgy at West View Lodge</li> </ul>	<b>14</b> <ul style="list-style-type: none"> <li>9:00 am Divine Liturgy</li> <li>10:00 am Sorokousty—All Souls Saturday soup luncheon to follow</li> </ul>

## SOROKOUSTY



During Great Lent we are called to renew and strengthen our relationships with others (both living and dead) and with God. A special service during Lent is Sorokousty, when we remember all those who have gone before us.

"Sorokousty" literally means "forty mouths", referring to an ancient monastic practice of 40 monks or priests singing this commemoration of our departed sisters and brothers.

Each family in our parish can or have registered the names of family members, who have died, at the office.

AFTER the service last year it was decided to invite the participants of the service for Soup and a Bun to enjoy and encourage visiting, and mingling with our community.

The UCWLC enjoyed preparing the soup and the community enjoyed the FELLOWSHIP and the FOOD. This year our goals are to INVITE FAMILIES to participate in making the soup for 30 to 40 people.

**YOUR FAMILY CAN SHARE IN THIS FUN AND REWARDING EXPERIENCE ON MARCH 21<sup>st</sup>.**

Contact : [nettiekost@gmail.com](mailto:nettiekost@gmail.com) or phone 403 829 3235

## Pysanka open House

Join us for an afternoon participating in the time honored cultural tradition of writing Ukrainian Easter eggs. **Saturday, March 21 from 1-4 p.m.** In lieu of a fee, please bring a non-perishable food item if you are able. Supplies will be provided. Children must be at least 6 years old and accompanied by an adult. *Sponsored by St. Stephen UCWLC.*



## JESUS

THE WAY  
THE TRUTH  
AND  
THE LIFE

**Jesus, The way, the truth & the Life!**

**Video Study Program –March 3rd, at 7:00 pm at the Assumption Parish**

Participants will meet **every week** to view an engaging video presentation followed by a lively group discussion and fellowship.

For more information or to register, contact Fr. Roman Planchak at [abvm@shaw.ca](mailto:abvm@shaw.ca)

**We hope you can join us!**



**Bishop Sus  
visit to Calgary  
March 8<sup>th</sup>, 2020**

Calgary Friends of Ukrainian Catholic University invites you to celebrate Divine Liturgy and a High Tea reception with Most Rev. Bishop Stefan Sus of Kyiv.

Bishop Stefan, is a graduate of UCU, and at age 38, is the youngest Catholic Bishop in the world.

Divine Liturgy is at 10 a.m. at Assumption of the Blessed Virgin Mary parish, 704 6th Street NE.