



ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

MARCH 18TH, 2018

St. Stephen Protomartyr
Ukrainian Catholic Parish

Address:

4903 – 45th Street S.W.
Calgary, Alberta T3E 3W5 Canada

Office Hours:

Mon-Thursday: 8:30am - 4:00pm
Friday- Sunday - Closed
Closed Statutory Holidays

Telephone:

403-249-4818, press 0

Pastoral Emergencies:

403-249-4818, press 9

Email:

Office@Protomartyr.ca
Coordinator@Protomartyr.ca

Parish Website:

www.saintstephencalgary.ca

Facebook:

St. Stephen Protomartyr Ukrainian
Catholic Church

Eparchy Website:

www.edmontoneparchy.com

DIVINE LITURGIES

Sunday Services:

8:30am - Ukrainian
10:30am - English
1:00pm - Arabic / English [Melkite]
5:00pm - English

Weekday Services:

Monday - Thursday & Saturday
English @ 9:00 am
Friday at Westview - English
@ 10:00 am

FIFTH SUNDAY OF THE GREAT FAST

OUR VENERABLE MOTHER, MARY OF EGYPT,
OUR HOLY FATHER CYRIL, ARCHBISHOP OF JERUSALEM (386)

Troparia and Kontakia

Troparion: You came down from on high, O Merciful One,* and accepted three days of burial* to free us from our sufferings.* O Lord, our life and our resurrection,* glory be to You.

Troparion: The divine image was faithfully preserved in you, O mother,* for taking up the Cross, you followed Christ.* By your deeds you have taught us to see beyond the flesh, which passes,* and care for the soul, a thing immortal.* And so, O venerable Mary,* your spirit rejoices with the angels.

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

Kontakion: Once you were filled with every impurity,* now through repentance you have been revealed as a bride of Christ,* following the angelic life, you crushed demons with the weapon of the Cross.* Therefore, O glorious Mary, you have been shown to be a bride of the kingdom.

Prokeimenon: Pray and give thanks to the Lord our God.

verse: In Judea God is known; His name is great in Israel. (Psalm 75:12,2)

Prokeimenon: God is wonderful in His saints,* the God of Israel. (Psalm 67:36)

Epistle

Hebrews 9:11-14

A reading from the Epistle of the Holy Apostle Paul to the Hebrews.

Brothers and Sisters, when Christ came as a high priest of the good things that have come, then through the greater and perfect tent (not made with hands, that is, not of this creation), he entered once for all into the Holy Place, not with the blood of goats and calves, but with his own blood, thus obtaining eternal redemption. For if the blood of goats and bulls, with the sprinkling of the ashes of a heifer, sanctifies those who have been defiled so that their flesh is purified, how much more will the blood of Christ, who through the eternal Spirit

offered himself without blemish to God, purify our conscience from dead works to worship the living God!

Please gather your children to hold candles for the Gospel.

Alleluia

Alleluia, Alleluia, Alleluia!

verse: Come, let us rejoice in the Lord; let us acclaim God our Saviour.

verse: Let us come before His countenance with praise and acclaim Him with psalms. (Psalm 94:1,2)

Gospel

Mark 10:32-45

At that time, Jesus took the twelve aside again and began to tell them what was to happen to him, saying, "See, we are going up to Jerusalem, and the Son of Man will be handed over to the chief priests and the scribes, and they will condemn him to death; then they will hand him over to the Gentiles; they will mock him, and spit upon him, and flog him, and kill him; and after three days he will rise again."

James and John, the sons of Zebedee, came forward to him and said to him, "Teacher, we want you to do for us whatever we ask of you." And he said to them, "What is it you want me to do for you?" And they said to him, "Grant us to sit, one at your right hand and one at your left, in your glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or be baptized with the baptism that I am baptized with?" They replied, "We are able." Then Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared."

When the ten heard this, they began to be angry with James and John. So Jesus called them and said to them, "You know that among the Gentiles those whom they recognize as their rulers lord it

HOLY MYSTERIES

Confession:

Weekdays: Before or after
Liturgies or by appointment.
Sundays: Before and during
liturgy

Marriage, Baptism-Chrismation- Eucharist, Funerals :

Arrangements with the office

Anointing of the Sick:

For emergencies call
403-249-4818, press 9

Divine Liturgy Intentions :

Arrangements with the office

CLERGY and RELIGIOUS

Pastor :

Fr. Greg Faryna
Office: 403-249-4818, ext. 201
Cell: 403-700-0882
FatherGreg@Protomartyr.ca

Associate Pastor:

Fr. Bo (Bohdan) Nahachewsky
403-249-4818, ext. 202
FatherBo@Protomartyr.ca

Pastor, St. Basil's Melkite Greek Catholic Church

Fr. Ephrem Kardouh
1-514-224-1664
403-249-4818, ext. 302
emkardouh@gmail.com

Facebook: St Basils Melkite Greek
Catholic Church Calgary

PARISH OFFICE

Office Administrator: Linda Buck
403-249-4818, ext. 0
office@Protomartyr.ca

Sacramental Coordinator:
coordinator@Protomartyr.ca

MAINTENANCE

John Kowal
403-249-4818, ext. 207
maintenance@Protomartyr.ca

HALL RENTAL INQUIRIES

Brett Bernakevitch
Parish Centre Management
403-615-9561
blebernak@gmail.com

HALL / KITCHEN

403-249-4818, ext. 204

over them, and their great ones are tyrants over them. But it is not so among you; but whoever wishes to become great among you must be your servant, and whoever wishes to be first among you must be slave of all. For the Son of Man came not to be served but to serve, and to give his life a ransom for many."

Hymn to the Mother of God

In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins' pride and

boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider than all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest. (Psalm 148:1)* The just man shall be in everlasting remembrance;* of evil hearsay he shall have no fear.* Alleluia, alleluia,* alleluia. (Psalm 111:6)

LITURGICAL HELP

MARCH 18

EPISTLE READERS, HOSTS AND USHERS, ROSARY AT
ALL LITURGIES : KofC
ARK STORE: Chelack

MARCH 25 (PALM SUNDAY)

EPISTLE READERS, HOSTS AND USHERS, ROSARY AT
ALL LITURGIES : KofC
ARK STORE: Popel

The Mystery of Repentance: A Ukrainian Catholic Guide to Confession

"Confession is an act of honesty and courage – an act of entrusting ourselves, beyond sin, to the mercy of a loving and forgiving God. It is an act of the prodigal son who returns to his Father and is welcomed by him with the kiss of peace... To all the young people of the Church, I extend a special invitation to receive Christ's forgiveness and his strength in the Sacrament of Penance. It is a mark of greatness to be able to say: I have made a mistake; I have sinned. Father, I have offended you; my God, I am sorry; I ask for pardon; I will try again, because I rely on your strength and I believe in your love." (John Paul II)

Behold, my child, Christ stands here invisibly and receives your confession. Therefore do not be ashamed, do not be afraid, hide nothing from Him; but tell Him without hesitation all the things you have done, and so you shall have pardon from our Lord Jesus Christ.

Coming Clean: Why we need to tell our sins. Why should we go to confession? When we were baptized, God completely forgave all our sins. Because of this, we have access to Communion with God and we are members of His Body, the Church. When we turn away from God by committing a serious sin, we break this union and damage our relationship with God. It must be restored before we can return to Communion. We need to go to confession to restore our relationship with God, with the people who make up the Body of Christ and with ourselves. We also go to confession to strengthen us in our struggle against our tendencies toward sin that keep us from growing closer to God. Even though we were freed from sin through baptism, we need God's continuing help to grow in our faith and our relationship with God.

What is sin? We sin when we think, do or say things that damage our relationship with God, with other people or with ourselves. The Byzantine Church does not focus on categorizing sins as venial and mortal. We open ourselves to God with all our sins and weaknesses realizing that any sin offends God's goodness and severs, in some way, the bond of love between us.

Why do we confess to a priest? Our priest stands before us as the sign of the truth and grace of God. He has been given to us to help us. He hears our confession in Christ's place and he forgives us in Christ's name. He keeps the secret of our confession as God keeps it. When we go to our priest to confess, we are going to God. We are confessing to God, not the priest. The priest's role is not that of a judge. He is a witness, a healer and a counselor. He reminds us of God's mercy and love. He instructs, encourages and guides us towards living a fuller Christian life. He prescribes a penance, not as a punishment, but as a way for us to be purified and consoled.

How often should I go to confession? We are encouraged to confess our sins whenever we realize that we have seriously strayed from the Lord's way, but at least once per year. Because we receive so much grace from this mystery, it is a shame not to take advantage of it when it is available to us.

How should I prepare for confession?

1. Pray that the Holy Spirit guide you as you prepare for this mystery.
2. Give thanks to God for the many gifts and graces you have received.
3. Examine your conscience using a prepared examination of conscience or by reviewing how you have acted toward all people, creatures, and creation, what you have talked about and what you have neglected to do.
4. If you have done any good, give the thanks and glory to God. Pray that you will be strengthened and that you will continue to do good.
5. If you have done anything sinful, i.e. anything to damage or strain your relationship with God or

others, admit that this comes from you and your weakness, from bad habits and a weak will. Repent (express sorrow and have the intention of not doing these things again) and pray for forgiveness. To participate in this mystery, you must be sorry for your sins and you must have a change of heart. You must decide that you will avoid these sins in the future as well as the people, places and things that prompted you to sin in the first place.

6. Resolve to ask forgiveness of anyone you may have offended by these actions.

How to Celebrate the Mystery of Repentance After you have prepared for your confession, go to the confessional: Penitent: (+) In the name of the Father and the Son and the Holy Spirit. Glory to Jesus Christ! (Slava Isusu Khrystu!) I confess to Almighty God, one in the Holy Trinity, to Mary the Mother of God, to all the saints, and to you, Father, all my sins. Tell your sins to the priest. Remember to make a full and honest confession. Everything you say is confidential. You may choose to list your sins or to talk about where you are struggling in your life. Don't make excuses. Don't try to disguise or minimize. Let go of your pride. When you are finished say: These are all the sins I remember. I am truly sorry for all my sins. Father will speak to you, giving you advice and guidance. He will give you a penance. When he is finished he will ask you to make your act of contrition while he absolves you through the power of Christ. Know, with certainty, that at this time, God is forgiving you, healing you and giving you strength to become like Jesus: (+) God, be merciful to me a sinner. (+) God cleanse me of my sins and have mercy on me. (+) I have sinned without number, forgive me, O Lord. The priest will dismiss you with a blessing. Try to spend some time in prayer, thanking God for his love and mercy. Perform the penance as soon as possible.

Read the full article at the Eparchy of Edmonton website : <http://eeparchy.com/wp-content/uploads/2018/02/Repentance-Guide-Adult-PDF.pdf>



Announcements

TEA WITH THE BISHOP

In Honor of His Excellency Bishop David Motiuk, you are invited for **Tea with the Bishop** on Sunday, April 29, 2018 at 12:30 pm at St. Stephen Protomartyr Parish Centre. Free Admission. Hosted by St. Stephen Protomartyr Parish and UCWLC

SANDWICHES FOR THE DROP-IN CENTRE :

Next collection Sunday March 18. Thank you for your generosity

LIVING AS GOD'S BELOVED—AN INVITATION TO DANCE—Friday April 20 & 21

All women are invited to experience renewal at a 24 hour women's retreat at Camp Oselia. Early bird before April 1, \$60. After April 1, \$65, Shuttle to camp Oselia \$15. Saturday meals are all included. To register call 780-424-5496 or email education@edmontoneparchy.com

CATECHIST WORKSHOP—April 13 from 5:0 pm to 9:00 pm

If you are working in your parish teaching children or adults, please join us for an evening of professional development, spiritual growth and networking with other catechists at the Eparchial Pastoral Office, 9645-108 Ave, Edmonton. Register by April 6th at 780-4245496 or education@edmontoneparchy.com.

Cost \$20 chargeable to your parish. Those at a distance are welcome to join us online.

ST ANDREW SCHOOL

Is now accepting registrations Kindergarten to Grade 6. Phone 403-500-2031

FINAL DIRECTORY PHOTO SESSIONS:

Thanks to all families that have had their photo taken for the new Directory, and to Artistic Impressions for being so accommodating! If you were unable to schedule a sitting or had to miss your appt. do not worry! We have scheduled 3 more days of photos as follows, sign up sheets in the atrium.

- ◆ Saturday April 7, 10 :00 am – 4:30 pm
- ◆ Monday April 9, 2:00 pm – 9:00 pm
- ◆ Tuesday April 10, 2:00 pm – 9:00 pm

Pictures taken during the 1st two weeks of February (up to Feb 17) are ready to be picked up from tables in the atrium. Later photos will be placed in the atrium as they are processed.

Anyone wishing to submit a family photo can do so by emailing the photo as an attachment to Don.Zarsky@telus.net along with your names, address and phone number. A fee of \$15 will be charged.

TRYZUB UKRAINIAN DANCE ENSEMBLE is hosting their first Paint Night Event March, 22, 2017! The event will take place at Raw Canvas (1130 Kensington Road SW), beginning at 7:00 PM. Tickets are \$45.00 each and can be purchased through the website: <https://www.canadahelps.org/en/charities/tryzub-ukrainian-dance-society/events/tryzub-paint-night/> Please feel free to contact fundraising@tryzub.ca with any additional questions, and to see the painting you will be creating!

LITURGY INTENTIONS

Sunday, March 18:

FIFTH SUNDAY OF LENT

8:30am – in memory of the repose of the soul of +Mrs. Rose Krysko

10:30am – for the intentions and needs of all parishioners

5:00pm – for blessings and healing for Ann

Monday, March 19:

9:00am – Lenten Typica

Tuesday, March 20:

9:00am – Lenten Typica

Wednesday, March 21:

9:00am – Lenten Typica

6:00pm – Presanctified Liturgy

Thursday, March 22:

9:00am – Lenten Typica

Friday, March 23:

10:00am – WestView – for the repose of the souls of +Louise St Lewis and +Paul Roch

6:00pm – Sorokousty – Lenten Prayers for the Dead

Saturday, March 24:

9:00am – for the repose of the soul of +Jaroslaw Lukasewycz (40-day) w/ panakyhda

Sunday, March 25:



WILLOW SUNDAY

8:30am – for the intentions and needs of all parishioners

10:30am – for the intentions and needs of all parishioners

5:00pm – for the intentions and needs of all parishioners

MARCH 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 5th Sunday of Lent <ul style="list-style-type: none"> 8:30 am Divine Liturgy: Ukrainian 9:00 am FSC Class 10:30 am Divine Liturgy - with Sunday School 12:00 Annual General Meeting & Pancake breakfast 5:00pm Divine Liturgy <p>Sandwiches for drop-in centre</p>	19 <ul style="list-style-type: none"> 9:00 am Lenten Typica No Open Iconography No Bible Study 7:00 pm Lenten Mission 	20 <ul style="list-style-type: none"> 9:00 am Lenten Typica 6:30 pm Ukrainian language Class 7:00 pm Lenten Mission 	21 <ul style="list-style-type: none"> 9:00 am Lenten Typica 6:00 pm Presanctified Liturgy 6:30 pm Kingdom Quest III 7:00 pm Ukrainian Language Class 7:00 pm Choir Practice 	22 <ul style="list-style-type: none"> 9:00 am Lenten Typica 6:00 pm Bishop's Tea Committee Mtg 7:00 pm 50th Anniversary Mtg 7:00 UCWLC Mtg 	23  <ul style="list-style-type: none"> 10:00 am Divine Liturgy at Westview 6:00 pm Akathist 	24 <ul style="list-style-type: none"> 9:00 am Divine Liturgy 9:30 am Love and Care - Easter bag packaging
25 Annunciation and Willow Sunday <ul style="list-style-type: none"> 8:30 am Divine Liturgy: Ukrainian 9:00 am FSC Class 10:30 am Divine Liturgy - No Sunday School 5:00pm Divine Liturgy 	26 <ul style="list-style-type: none"> 9:00 am Lenten Typica No Open Iconography 6:00 UHL 2018 Draft (?) 7:00 pm Bible Study 	27 <ul style="list-style-type: none"> 9:00 am Lenten Typica 11:00 am Plus 50 Mtg 6:30 pm Ukrainian language Class 	28 Holy Wednesday <ul style="list-style-type: none"> 9:00 am Lenten Typica 6:00 pm Presanctified Liturgy 7:00 pm Ukrainian Language Class 7:00 pm Choir Practice 	29 Holy Thursday <ul style="list-style-type: none"> 3:00 pm Divine Liturgy of St Basil 6:00 pm Confessions 7:00 pm Reading of the 12 Passion Gospels 	30  Good Friday <ul style="list-style-type: none"> 1:00 pm Vespers with Shroud 3:00 pm Confessions 4:00 pm Jerusalem Matins 5:00 pm Confessions 	31 Holy Saturday <ul style="list-style-type: none"> 2:00 pm Paska Blessing 3:00 pm Vespers with DLiturgy of St Basil 5:30 pm Paska Blessing 6:00 pm Nadhrobne Service by the Tomb

St. Stephen Protomartyr Ukrainian Catholic Church Holy Week and Easter Schedule

Palm Sunday (March 25)

8:30 am Divine Liturgy & Willow Blessing — Bilingual (*sung*)
 10:30 am Divine Liturgy & Willow Blessing — English (*choir*)
 5:00 pm Divine Liturgy & Willow Blessing — English (*recited*)

Holy Wednesday (March 28)

6:00 pm Liturgy of the Presanctified Gifts

Holy Thursday (March 29)

3:00 pm Vespers with Liturgy of St. Basil the Great
 6:00 pm Confessions
 7:00 pm Reading of the Twelve Passion Gospels

Good Friday (March 30)

1:00 pm Vespers with veneration of the Holy Shroud
 3:00 pm Confessions
 4:00 pm Jerusalem Matins
 5:00 pm Confessions

Holy Saturday (March 31)

2:00 pm Blessing of Easter Foods (*Parish Hall*)
 3:00 pm Vespers with Liturgy of St. Basil the Great
 5:30 pm Blessing of Easter Foods (*Parish Hall*)
 6:00 pm Nadhrobne — Transfer of the Holy Shroud

Easter Sunday (April 01)

8:00 am Resurrection Matins and Easter Divine Liturgy — Bilingual (*choir*)*
 10:30 am Easter Divine Liturgy — Bilingual (*sung*)*
 * Blessing of Easter Foods following the Liturgy

You are Invited to our

2018 PARISH ANNUAL GENERAL MEETING

On Sunday, March 18th in the Parish Hall following the 10:30am Divine Liturgy.

Election of the 2018-2019 Parish Pastoral Council will take place, as well as a highlight of directorate reports, projects and issues pertaining to all parishioners.

We need a quorum of 70 eligible voting members, so please **come for pancakes and stay for the meeting!**

Copies of the 2017 Financial Statements as well as the 2017 Stewardship Report are available in the atrium for pickup in advance of the AGM, for your review.

If you are interested in serving on council and would like your name to be included on the list of nominees, please speak to nominating Committee member Ambrose Comchi at 403-862-3269 or awc@shaw.ca.

You may also step forward at the AGM. One specific vacancy on council is for **Youth Director**, so please consider volunteering for this very important position.

See you all there!



Lenten Mission at St Stephen

On **Sunday**, March 18 at the 8:30 and 10:30 Liturgies.

Monday & Tuesday evenings:
 March 19-20 at 7:00 pm

Theme:

The Gospel in Catholic Social Teachings

Mission Leader: Fr. Charles Pottie-Pâté, SJ