



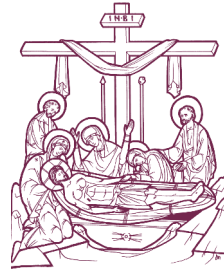
Feast of the Annunciation — March 25

We celebrate the Virgin Mary's "fiat" or "yes" to the greeting of the Archangel Gabriel that she will give birth to our Lord Jesus Christ, the Salvation of our souls. This is a day of obligation is equal to the Lord's Day and all should try to gather to celebrate the Eucharist together. The day is so honoured that we break away from our Lenten fast for one day to celebrate the feast with great joy. The feast is celebrated even if it falls on Good Friday itself.



Reading of the Twelve Passion Gospels

In anticipation of Good Friday we read twelve Gospel passages that narrate the Passion of our Lord. The twelve readings retell the account of Judas' betrayal, Jesus' final words to the Apostles, His anguish in the Garden, His arrest and trial before Pilate, the denial of Peter, the scourging and crucifixion, and our Lord's death and burial. This service will move even the hardest of hearts to the Lord. "Glory to Your Passion, O Lord!" "Glory to Your long-suffering, O Lord!"



Procession and Veneration of the Holy Shroud

On Good Friday we observe a strict fast and spend the day in quiet meditation of our Crucified Lord. We celebrate Vespers with a procession and veneration of the Holy Shroud. During the procession children "clack" wooden blocks symbolic of the sounds made by hammers as Jesus is nailed to the Cross. Those not in the procession turn in their pews so as to never turn their back towards the image of Christ. The Shroud is then laid in a tomb for all to venerate.



Holy Saturday — The Descent into Hades and Nadhrobne

When the time for Vespers arrives we begin to see a great transformation. Just before the Gospel is proclaimed the clergy change from red vestments to gold in anticipation of our Lord's Resurrection. Easter foods are blessed and yet reserved for the following day so that we can partake of the blessed meal immediately after the Easter Sunday morning service. At the end of the day we celebrate the "Nadhrobne" or transfer of the Shroud to the Holy Altar.



Pascha — The Resurrection of Our Lord

Early in the morning we journey with myrrh-bearing women to the tomb. The doors of the Church are closed and the people assembled. At a certain point the priest knocks on the doors, commanding that they be opened to the King of Glory as we sing "Christ is risen from the dead...". We share the risen Lord in the Most Holy Eucharist. At the end of the service we are anointed with the Oil of Gladness and greeted with "Christ is Risen!" to which we respond "Indeed, He is risen?"

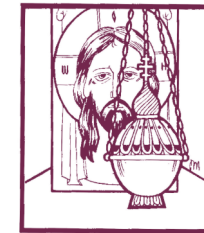
ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

2019

Liturgical Services

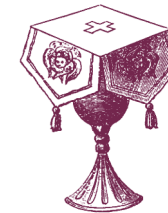
for the

Lenten and Easter Season



Liturgy of the Presanctified Gifts

The Liturgy of the Presanctified Gifts was first documented by Pope St. Gregory I (540–604), who at the time was the papal legate to Constantinople. He noted that the Byzantines even fasted from the act of "consecration" during the weekdays of Holy Lent. This tradition continues today and is practiced to varying degrees in North America. The prayers of incense and a solemn silent procession of the Blessed Sacrament are at the core of this Eucharistic service.



Lenten Typica with distribution of the Eucharist

This simple Lenten service is based on the morning "matins" service and adapted for the distribution of the presanctified Eucharist. Scripture readings all come the Prophets of the Old Testament who spoke of the coming of the Anointed One of God. We anticipate the "fullness of time" as God welcomes us to live in His Kingdom. We end the service with prostrations praying the prayer of St. Ephrem the Syrian: "O Lord and Master of my life, keep from me the spirit of indifference..."



Sorokousty

"At the signal given by the voice of the Archangel and the trumpet of God, the Lord himself will come down from heaven; those who have died in Christ will be the first to rise, and only after that shall we who remain alive be taken up in the clouds, together with them, to meet the Lord in the air" (1Thess.4:16-17). At this Lenten service we read aloud the names of our loved ones who have died and pray that we may be together with them at our Lord's second coming.



Akathist to the Passion of Our Lord

This centuries old "standing prayer" recalls Passion of our Lord. This emotional service recalls the sorrow of the Blessed Mother who stood at the foot of the Cross watching as her Son offered Himself as a sacrifice for our sins once and for all. The beautiful Greek melody used in this service was embraced by the ecumenical Taizé community and has been featured at Papal prayer services for years: "Jesus my God, remember me when You come into Your kingdom!"

2019 – Lenten and Easter Services

1st Week of Great Lent

Mar. 4	Monday	Beginning of Great and Holy Lent (Strict fast – no meat or dairy products)	
6	Wednesday	9:00am	Lenten Typica w/Eucharist
		6:30pm	Liturgy of the Presanctified Gifts
7	Thursday	9:00am	Lenten Typica w/Eucharist
8	Friday	10:00am	Divine Liturgy at Westview Manor
9	Saturday	9:00am	Divine Liturgy
		10:00am	Sorokousty (all souls – remembering the names of deceased)

2nd Week of Great Lent – Sunday of Orthodoxy

10	1 st Sunday	8:30am	***Canceled – please join us at 10:30am***
		10:30am	† Lenten Mission (Day 1) – Divine Liturgy (Bilingual - Choir)
		5:00pm	Divine Liturgy (English - recited)
11	Monday	6:00pm	Sacrament of Reconciliation
		7:00pm	† Lenten Mission (Day 2) w/Stations of the Cross
12	Tuesday	6:00pm	Sacrament of Reconciliation
		7:00pm	† Lenten Mission (Day 3) w/Akathist to the Passion
13	Wednesday	9:00am	Lenten Typica w/Eucharist
		6:00pm	Sacrament of Reconciliation
		7:00pm	† Lenten Mission (Day 4) w/Divine Liturgy
14	Thursday	9:00am	Lenten Typica w/Eucharist
15	Friday	10:00am	Divine Liturgy at Westview Manor
16	Saturday	9:00am	Divine Liturgy
		10:00am	Sorokousty (all souls – remembering the names of deceased)

3rd Week of Great Lent – Sunday of St. Gregory of Palamas

17	2 nd Sunday	8:30am	Divine Liturgy (Ukrainian w/English homily)
		10:30am	Divine Liturgy (English - Choir)
		5:00pm	Divine Liturgy (English – recited)
20	Wednesday	9:00am	Lenten Typica w/Eucharist
		6:30pm	Liturgy of the Presanctified Gifts
21	Thursday	9:00am	Lenten Typica w/Eucharist
22	Friday	10:00am	Divine Liturgy at Westview Manor
23	Saturday	9:00am	Divine Liturgy
		10:00am	Sorokousty (all souls – remembering the names of deceased)

4th Week of Great Lent – Sunday of the Holy Cross

24	3 rd Sunday	8:30am	Divine Liturgy (Ukrainian w/English homily)
		10:30am	Divine Liturgy (English - Choir)
		5:00pm	Divine Liturgy (English – recited)
25	Monday	7:00pm	Divine Liturgy † Feast of the Annunciation
27	Wednesday	9:00am	Lenten Typica w/Eucharist
		6:30pm	Liturgy of the Presanctified Gifts
28	Thursday	9:00am	Lenten Typica w/Eucharist
29	Friday	10:00am	Divine Liturgy at Westview Manor
30	Saturday	9:00am	Divine Liturgy
		10:00am	Sorokousty (all souls – remembering the names of deceased)

5th Week of Great Lent – Sunday of St. John Climacus

31	4 th Sunday	8:30am	Divine Liturgy (Ukrainian w/English homily)
		10:30am	Divine Liturgy (English - Choir)
		5:00pm	Divine Liturgy (English – recited)
Apr. 3	Wednesday	9:00am	Lenten Typica w/Eucharist
		6:30pm	Liturgy of the Presanctified Gifts
4	Thursday	9:00am	Lenten Typica w/Eucharist
5	Friday	10:00am	Divine Liturgy at Westview Manor
6	Saturday	9:00am	Divine Liturgy
		10:00am	Akathist to the Passion (Akathistos Saturday)

6th Week of Great Lent – Sunday of St. Mary of Egypt

7	Sunday	8:30am	Divine Liturgy (Ukrainian w/ English homily)
		10:30am	Divine Liturgy (English - Choir)
		5:00pm	Divine Liturgy (English - recited)
10	Wednesday	9:00am	Lenten Typica w/Eucharist
		6:30pm	Liturgy of the Presanctified Gifts
11	Thursday	9:00am	Lenten Typica w/Eucharist
12	Friday	10:00am	Divine Liturgy at Westview Manor
13	Saturday	9:00am	Divine Liturgy w/anointing of the sick (Lazarus Saturday)

Holy Week – Palm Sunday

14	Sunday	8:30am	† Divine Liturgy (Ukrainian w/English homily) Distribution of Willows
		10:30am	† Divine Liturgy (English - Choir) Distribution of Willows
		5:00pm	† Divine Liturgy (English - recited) Distribution of Willows
17	Wednesday	9:00am	Lenten Typica w/Eucharist
		6:30pm	Liturgy of the Presanctified Gifts
18	Thursday	9:00am	Lenten Typica w/Eucharist
		6:00pm	Twelve Passion Gospels

Good Friday – Passion of Our Lord

			(Strict fast – no meat or dairy products)
			11:30am to 12:30pm – Sacrament of Reconciliation
19	Friday	1:00pm	† Shroud Service (Procession of the Holy Shroud)
			3:00pm to 3:45pm – Sacrament of Reconciliation
		4:00pm	Jerusalem Matins

Holy Saturday – The Descent Into Hades

20	Saturday	2:00pm	Blessing of Food (in Hall)
		3:00pm	Vespers w/Liturgy of St. Basil the Great
		5:00pm	Blessing of Food (in Hall)
		6:00pm	Nadhrobne (Tomb service – transfer of the Holy Shroud)
			6:30pm to 7:30pm – Sacrament of Reconciliation

Easter Sunday – Resurrection of Our Lord

21	Sunday	8:00am	† Resurrection Matins & Easter Divine Liturgy (Bilingual - Choir)
			w/anointing and Blessing of Food in church
		10:30am	† Easter Divine Liturgy (English - Cantor)
			w/anointing and Blessing of Food in church