

ADDRESS 4903 – 45th Street S.W. Calgary, Alberta Canada T3E 3W5

Office Hours & Telephone:
Mon-Thurs: 8:30am - 4:00pm
Friday: Closed
Saturday: 8:30-4:00pm
Sunday: Open btwn
liturgies
403 249-4818, press 0

Facsimile: 403-685-9001

For Pastoral Emergencies: 403 249-4818, press 9

Email: Office@Protomartyr.ca

Parish Website: www.saintstephencalgary.ca

Eparchy Website: www.edmontoneparchy.com

DIVINE LITURGIES
Sundays:
8:30am – Ukrainian
[chanted]
10:30am – English [choir]
1:00pm -Arabic/English
[Melkite]
5:00pm – English [recited]
Mon/Tues/Thurs/Sat:
9:00am – English
Friday: 10:00am Westview,

ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

FEBRUARY 5TH - 2017

Sunday of the Publican and Pharisee

Post-feast of the Encounter; The Holy Martyr Agatha

Changeable Parts for Today's Divine Liturgy

Troparia and Kontakia

Troparion: Let us the faithful acclaim and worship the Word,* co-eternal with the Father and the Spirit,* and born of the Virgin for our salvation.* For He willed to be lifted up on the cross in the flesh, to suffer death* and to raise the dead by His glorious resurrection.

Troparion: Rejoice, full of grace, Virgin Mother of God!* From you there dawned the Sun of Righteousness, Christ our God,* who enlightens those who dwell in darkness.* And you, O righteous Elder, be glad!* You received in your embrace* the Liberator of our souls,* who grants us resurrection.

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion: Let us bring sighs of sorrow to the Lord as did the Publican* and approach the Master as sinners,* for He desires salvation for everyone.* He grants forgiveness to all who repent.* For as God, the One-whois, co-eternal with the Father, He became flesh for us.

Now and for ever and ever. Amen.

Kontakion: By Your birth, You sanctified a virgin womb* and fittingly blessed the hands of Simeon.* You have come also now and saved us, O Christ our God;* give peace to Your community in time of war,* and strengthen its rulers, whom You love,* for You alone,* are the Lover of mankind.

Prokeimenon:

You, O Lord, will guard us and will keep us* from this generation and for ever. verse: Save me, O Lord, for there is no longer left a just man. (Psalm 11:8,2)

Epistle

2 Timothy 3:10-15

Timothy, my son, Now you have observed my teaching, my conduct, my aim in life, my faith, my patience, my love, my steadfastness, my persecutions and suffering the things that



happened to me in Antioch, Iconium, and Lystra. What persecutions I endured! Yet the Lord rescued me from all of them. Indeed, all who want to live a godly life in Christ Jesus will be persecuted. But wicked people and impostors will go from bad to worse, deceiving others and being deceived. But as for you, continue in what you have learned and firmly believed, knowing from whom you learned it, and how from childhood you have known the sacred writings that are able to instruct you for salvation through faith in Christ Jesus.

Alleluia

Please direct your Sunday School children to gather at the alter to hold candles and meet their teacher who will escort them to class.

verse: Your mercies, O Lord, I will sing for ever; from generation to generation I will announce Your truth with my mouth.

verse: For You have said: Mercy shall be built up for ever; in the heavens Your truth shall be prepared. (Psalm 88:2,3)

Gospel

Luke 18:10-14

The Lord said his parable, "Two men went up to the temple to pray, one a Pharisee and the other a tax collector. The Pharisee, standing by himself, was praying thus, 'God, I thank you that I am not like other people: thieves, rogues, adulterers, or even like this tax collector. I fast twice a week; I give a tenth of all my income.' But the tax collector, standing far off, would not even look up to heaven, but was beating his breast and saying, 'God, be merciful to me, a sinner!' I tell you, this man went down to his home justified rather than the other; for all who exalt themselves will be humbled, but all who humble themselves will be exalted."

HOLY MYSTERIES

Confession:
Saturdays at 4pm,
occasionally on Sundays from
10-11 and by appt.
Marriage:
Arrangements with Fr. Bo.
Baptism-ChrismationEucharist:
Arrangements with Fr. Bo.
Anointing of the Sick:
For emergencies call

CLERGY and RELIGIOUS

Funerals: Arrangements with

403 249-4818, press 9

Fr. Bo.

Priest and Administrator Fr. Bo (Bohdan) Nahachewsky 403-249-4818, ext. 202 FatherBo@Protomartyr.ca

Deacon and Intern: Dcn. Andrij Nykyforuk 403-249-4818, ext. 203 DeaconAndrij@Protomartyr.ca

Pastor, St. Basil's Melkite Church Fr. Ephram Kardouh 1-514-223-1664 403-249-4818, ext. 302 emkardouh@gmail.com www.facebook.com/St.Basils-Melkite-Greek-Catholic-Church-Calgary-1567658193459037/

Pastor (on Sabbatical): Fr. Mark Bayrock 1-403-973-4120 mabayrock.iphone@gmail.com

PARISH OFFICE

Office Administrator: Linda Buck 403-249-4818, ext. 0 office@protomartyr.ca

Sacramental Coordinator: Violet Bird coordinator@protomartyr.ca

MAINTENANCE

John Kowai 403-249-4818 ext. 207 maintenance@protomartyr.ca

HALL RENTAL INQUIRIES

Brett Bernakevitch
Director, Parish Centre
Management
403-615-9561
blebernak@gmail.com

Hymn to the Mother of God

O God-bearing Virgin, hope of Christians, protect and guard and save all those who put their trust in you.

In the law, the shadow, and the scriptures, we the faithful see a figure: every male child that opens the womb shall be sanctified to God. Therefore do we magnify the first-born Word and Son of the Father who is without beginning, the first-born Child of a Mother who had not known man.

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest.* Alleluia, alleluia,* alleluia. (Psalm 148:1)

LENTEN MISSION 2017

Coming Home - Rediscovering the Merciful Love of God February 26 to March 1st

WELCOME TO ALL! Lent season is coming up quickly, a perfect time to grow spiritually. Let us feed you!

SCHEDULE

Sunday, February 26

Homily at each Divine Liturgy Holy – Who, Me? Experiencing the Divine Mystery

Monday, February 27

Ambassadors for Christ – The Primacy of Forgiveness

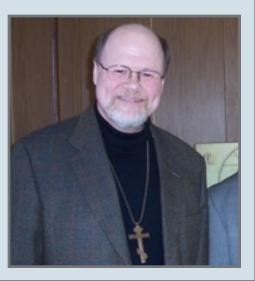
Tuesday, February 28

The Kiss of Christ – The Healing Power of the Holy Mystery of Confession

Wednesday, March 1st

The Medicine of Immortality – The Connection between Holy Confession and Holy Communion

We are very pleased to announce our speaker, Fr. Stephen Wojcichowsky, recent Director of the Metropolitan Andrey Sheptytsky Institute at Saint Paul University in Ottawa and current chancellor and vicar general of the Ukrainian Catholic Eparchy of Edmonton. It is a rare and exciting opportunity to snag this talented, dynamic speaker. Be sure to attend! All sessions begin at 7:00 pm, and are free to attend. Bring your friends!



"(This) Sunday is that of the **Publican** and the **Pharisee**. The focus here is on the two men who went to the Temple to pray—one a pharisee who was a very decent and righteous man of religion, the other a publican who was a truly sinful tax-collector who was cheating the people. The first, although genuinely righteous, boasted before God and was condemned, according to Christ. The second, although genuinely

sinful, begged for mercy, received it, and was justified by God (Lk 18.9). The meditation here is that we have neither the religious piety of the pharisee nor the repentance of the publican by which alone we can be saved. We are called to see ourselves as we really are in the light of Christ's teaching, and to beg for mercy."

Excerpt taken from www.oca.org



YOU CAN HELP MARRIAGES and FAMILIES STAY TOGETHER! by taking the Retrouvaille program, married couples can learn to use practical communication tools to bring greater intimacy to their relationship. The program begins March 10-12, 2017. For information about registering access their website at www.helpourmarriage.com or call 403-879-7893 if you

GLORY BE TO JESUS CHRIST!

	TODAY, Feb. 5th	NEXT WEEK, Feb. 12th
EPISTLE READERS	8:30 am - Dianna Rygiel 10:30 am- Craig Pichach 5:00 pm - Christine Knights	8:30 am - Del & Donna Yaskiw 10:30 am- David McMillan 5:00 pm - Cynthia Tremblay
HOSTS/USHERS	8:30 am - Dianna Rygiel 10:30 am- Craig Pichach	8:30 am - Del & Donna Yaskiw 10:30 am- David McMillan
ROSARY	10:00 am - Bill Lewchuk	10:00 am - Donna Korchinkski
ARK STORE	Longfield Family	Siroishka Family

Prayer & Catechesis

Sunday School Today
and Sunday School next week.

CONFESSIONS

at 4:00 pm every Saturday.

GREAT VESPERS

at 5:00 pm every Saturday

FIRST SOLEMN COMMUNION

Today we are celebrating Book of Life! There are no classes for FSC today.

WEDDING PREP COURSE

There is still time to sign up! Our course is Feb. 10th to Monday, Feb 12th. You cannot get married in our church without taking a marriage prep course! Please email coordinator@protomartyr.ca to register.

CARDS & DIVINE LITURGY

If you know someone in our Parish Family who the Love & Care Committee should be attending to, please contact Anne Lozinski at 403-241-8905.

HOUSE BLESSINGS

Please email <u>coordinator@protomartyr.ca</u> or call the Parish Office to schedule.

REGNUM CHRISTI

Prayers Tuesday, February 21st at 1:00pm

CHOIR PRACTICE

Sing proud and aloud! Wednesday, February 8th at 7:00pm

Parish Meetings & Events

KNIGHTS OF COLUMBUS

3rd degree meeting, on Thursday, Feb. 9th at 7:00 pm

EVENING WITH THE BISHOP

A planning meeting for our June 9, 2017 "Evening with Bishop David" will be held on Thursday February 9th. Please join us as we plan the **Kickoff to our 50**th **Anniversary Year**. We need you! Contact Laurie Kindrachuk: laurie.kindrachuk@shaw.ca Cell: 403-614-5581

TABLES FOR TWO

Join us for a romantic 5-course dinner. Each course will be served with conversation starters to help married or engaged couples reflect on and deepen their relationship. Arrive at 5:30 pm, February 25th, \$70/ couple. Tickets available only until February 19th, at the parish office.

ARTS COMMITTEE

Meeting at 7:00 pm, Tuesday

KNIGHTS OF COLUMBUS

Padre night, February 23rd. Be there or be square.

FAITH FRIDAY

February 24th. Catechesis for all ages! Programming for our small, medium, and large children, adults too! This is Potluck dinner at 6:15, with time to socialize and time to learn.

PRAYER INTENTIONS

Sunday, February 5:

8:30am – for the intentions and needs of all parishioners 10:30am - for blessings for good health for Robert Yurkovich 5:00pm – for blessings for a successful surgery and healing for Anne 7:00pm – Funeral prayers for +Joe Ewanchyna

Monday, February 6:

9:00am - No Divine Liturgy 10:00am - Funeral Liturgy for +Joe Ewanchyna

Tuesday, February 7:

9:00am – for the repose of the soul of +Joe Ewanchyna

Wednesday, February 8:

No Divine Liturgy

Thursday, February 9:

9:00am – for complete and full recovery from surgery for Mike Verbisky

Friday, February 10:

10:00am (Westview) – for the intentions and needs of all parishioners

Saturday, February 11:

9:00am – for blessings for good health for Olga

Sunday, February 12:

8:30am – for the intentions and needs of all parishioners 10:30am - for the repose of the soul of +Roman Skrypka 5:00pm – in memory of the repose of the soul of +Nestor Ficzycz

ST. STEPHEN CHARITABLE COMMITTEES, ACTIVITIES & ORGANIZATIONS

Charity Subcommittee:

Coordinate & market the efforts of all parish charitable activity. Contact: Eugene Woychyshyn 587-891-9898 eugene.woychyshyn@gmail.com

Pass It On: Donates clothing to needy families in Calgary . Contact: Theresa Lewchuk 403-208-0850; lewchukt@hotmail.com

Men's Dinner: Annual major church fundraiser for capital expenses plus Inn From the Cold endeavours. Contact: Greg Bobyn 403-271-0011; greg.bobyn@mnp.ca

The Helping Others Network:

Distributes used furnishings and clothing to the needy. Contact: Des Peplinski 403-271-0804 dlp238@shaw.ca

Art Committee: discusses religious artwork for parish. Contact: Jim Ochitwa jim.ochitwa@maryngroup.com

UCWLC: Responds to parish and community needs through volunteerism, pastoral works, Ukrainian culture & aid. Contact: Stacey Bobyn 403-860-2185 sbobyn1@telusplanet.net

Knights of Columbus: Provide financial aid & support for members & their families, and help the sick, needy & disabled in our parish, city & abroad. Contact: Earle Kowalewich 403-831-5503

Plus 50 Club: Provides social interaction for parish seniors, promotes Ukrainian cultural events, and raises funds for the parish.

* 5:00 pm Divine Liturgy: English

Contact: Ed Tysowski 403-547-3226 tysow@shaw.ca

St. Stephen Protomartyr Ukrainian Catholic Church January & February 2017

Sunday	Monday	Tuesday			
5 Sunday of the Publican and Pharisee Welcome to Guest Priest, Father Gary * 8:30 am Divine Liturgy: Ukrainian * 9:00 am First Solemn Communion Class * 10:30 am Divine Liturgy: English with Sunday School * 1:00 pm Divine Liturgy: Melkite * 5:00 pm Divine Liturgy: English * 7:00 pm Funeral * Iconography Workshop, Lethbridge Fr. Bo is away	6 * 10:00 am Funeral * 4:00 pm Newman College Course * 7:00 pm Bible Study * 7:00 pm Finance Committee Meeting	7 * 9:00 am Divine Liturgy * 6:30 pm Ukrainian Language Class * 7:00 pm Art Committee Meeting * 7:45 Ukrainian Language Class			
12 Sunday of Prodigal Son * 8:30 am Divine Liturgy: Ukrainian * 9:00 am First Solemn Communion Class * 10:30 am Diving Liturgy: English with Sunday School * Blessings for Marriage Prep Course * 1:00 pm Divine Liturgy: Melkite * 5:00 pm Divine Liturgy: English	13 Presentation of Our Lord into the Temple * 9:00 am Divine Liturgy * 10:00 am Open Iconography Studio * 7:00 pm Bible Study	14 St. Valentine's Day * 9:00 am Divine Liturgy * 6:30 pm Ukrainian Language Class * 7:45 Ukrainian Language Class			
19 Meatfare Sunday * 8:30 am Divine Liturgy: Ukrainian No FSC or Sunday School Classes * 10:30 am Diving Liturgy: English * 1:00 pm Divine Liturgy: Melkite * 5:00 pm Divine Liturgy: English SANDWICHES FOR THE DROP-IN CENTRE	20 Family Day * 9:00 am Divine Liturgy * 4:00 pm Newman College Course	21 * 9:00 am Divine Liturgy * 1:00 pm Regnum Christi * 6:30 pm Ukrainian Language Class * 7:45 Ukrainian Language Class			
26 Cheesefare Sunday * PARISH LENTEN MISSION 7 pm * 8:30 am Divine Liturgy: Ukrainian * 9:00 am First Solemn Communion Class * 10:30 am Divine Liturgy: English with Sunday School * 1:00 pm Divine Liturgy: Melkite * 5:00 pm Divine Liturgy: English	27 Great Fast Begins PARISH LENTEN MISSION 7 pm * 10:00 am Open Iconography Studio * 4:00 pm Newman College Course * 7:00 pm Bible Study	PARISH LENTEN MISSION 7 pm * 11:00 Plus 50 Meeting * 7:00 pm			
5 First Week of Lent: Sunday of Orthodoxy Beginner Icon Workshops with Fr. Bo * 8:30 am Divine Liturgy: Ukrainian * 9:00 am First Solemn Communion Class * 10:30 am Divine Liturgy: English with Sunday School * 1:00 pm Divine Liturgy: Melkite * 5:00 pm Divine Liturgy: English	6 * 10:00 am Open Iconography Studio * 4:00 pm Newman College Course * 7:00 pm Bible Study * 7:00 pm Finance Committee Meeting	7 * 6:30 pm Ukrainian Language Class * 7:45 Ukrainian Language Class * 7:00 pm PPC Meeting			

Parish Calendar

For the most current calendar please go our website; www.protomartyr.ca

Wednesday	Thursday	Friday	Saturday
8 No Divine Liturgy * 5 pm Eparchial Council Meeting * 7:00 pm Ukrainian Language Class * 7:00 pm Choir Practice	9 * 9:00 am Divine Liturgy * 7:00 pm K of C 3rd Degree Meeting * 7:00 pm Evening with the Bishop Meeting	* 10:00 am Divine Liturgy: West View Lodge with Fr. Michael * 6:30 pm Marriage Prep Course	11 * 9:00 am Divine Liturgy * 9:00 am Marriage Prep Course * 4:00 pm Confessions * 5:00 pm Vespers
15 No Divine Liturgy * 7:00 pm PPC Meeting * 7:00 pm Ukrainian Language Class	16 9:00 am Divine Liturgy	* 10:00 am Divine Liturgy: West View Lodge	18 All Souls Saturday * 9:00 am Divine Liturgy followed by Soroko- ooste (prayers for the deceased) * Hall Booking * 4:00 pm Confessions * 5:00 pm Vespers
22 No Divine Liturgy * 7:00 pm Property Management Meeting * 7:00 pm Ukrainian Language Class * 7:00 pm Choir Practice	23 9:00 am Divine Liturgy Knight's Of Columbus Padre Night	24 * 10:00 am Divine Liturgy: West View Lodge with Fr. Michael FAITH FRIDAY AT 6:15	25 * 9:00 am Divine Liturgy * 1:00 pm PLAST * Tables for Two 5:30pm
PARISH LENTEN MISSION 7pm * 7:00 Presanctified Service	7:00 pm Knights of Columbus 3rd Degree Meeting	* Calgary Beginner Icon Workshop with Fr. Bo * 10:00 am Divine Liturgy: West View Lodge * 7:00 pm Presanctified Service	* Calgary Beginner Icon Workshop with Fr. Bo * 9:00 am Divine Liturgy * 1:00 pm PLAST * 4:00 pm Confessions * 5:00 pm Vespers
No Divine Liturgy * 7:00 Choir Practice * 7:00 pm Ukrainian Language Class * 7:00 pm Presanctified	9 * 7:00 pm Knights of Columbus 4rd Degree Meeting	* 10:00 am Divine Liturgy: West View Lodge with Fr. Michael * 7:00 pm Presanctified Service FAITH AT 6:15	11 * 9:00 am Divine Liturgy * 4:00 pm Confessions * 5:00 pm Vespers

Support Network: Provides support, encouragement & help for parishioners facing various difficulties/situations with referrals to services or help they need.

Contact: Marilyn Comchi 403-220-9624 marilyncomchi@shaw.ca

International Trust Fund:

Solicits & invests donations and disburses earned income to international charities in 2nd & 3rd world countries.
Contact: Eugene Woychyshyn 587-891-9898 eugene.woychyshyn@gmail.com

Family Support Trust Fund:

Solicits & invests donations and disburses earned income to parishioners in need.
Contact: Eugene Woychyshyn 587-891-9898
eugene.woychyshyn@gmail.com

Calgary Pro-Life Association:

Raises funds for educational awareness programs. Contact: John Siroishka 403-271-2128; johnsiroishka@shaw.ca

Parish Library: A great place to borrow great books about our faith.

Contact: Olga Kizlyk-Scarpari ststephens.library@gmail.com

ARK Store: Looking for the perfect religious item? Check it out at the entrance to our hall.

Open most Sunday mornings after Liturgy.

Contact: Danna Chelesk

Contact: Donna Chelack 403-764-0811 dchelack@shaw.ca Mothers and Fathers in Action (M.A.F.I.A.): A group for parents and little ones from 'in utero' to Preschool. Contact: Zenon Berg zenonberg@gmail.com

Sunday School: A program run on most Sundays during the 10:30am Divine Liturgy for preschoolers through grade 2 children.

Contact: Lynsey Lowey lklowey@hotmail.com

First Solemn Communion (FSC): Sacramental Classes for children in and around grade 2 who are ready to approach for the Sacraments of Reconciliation and Eucharist on their own. Contact: Karen McMillan s.david.mcmillan@gmail.com

Children of Mary & Altar Servers: Elementary school children who have completed their FSC, are encouraged to get involved by serving at the Altar, learning, playing and growing together. Contact: Fr. Bo Nahachewsky

Junior Youth & Senior Youth: This is an active group of Jr. & Sr. High School students who work, play and grow together in Christ. Contact: Philip Bird philipdbird@gmail.com

fr.bo.nahachewsky@gmail.com

Young Adults: Those aged 18 - 35 are encouraged to gather as a community and learn, embrace and celebrate their faith.

Contact: Philip Bird philipdbird@gmail.com

Adult Catechism (RCIA):

This program is open to Adults and Teens who want to receive the sacraments or just understand the faith. Contact: Fr. Bo Nahachewsky fr.bo.nahachewsky@gmail.com

Bible Study: On many Mondays we study our faith through Sacred Scripture. Join us.

Contact: Fr. Bo Nahachewsky fr.bo.nahachewsky@gmail.com



The Sermon

At some point during the Divine Liturgy—sometimes right after the Gospel, sometimes after the Divine Liturgy ends—our priest will talk to us. He will talk to us about the Gospel and about how we can live our lives as Jesus wants us to live. Our priest may tell us stories that will make us smile or stories that will make us sad, but he will always tell us how we can be better people. This talk by our priest is called the **SERMON**.

Three rhyming words will define the word "sermon."

Using the letters in the stars, complete the rhyming words in the sentence below.







A sermon is a _____eech which Father will ____each in order to ____each.

For many people, Father's sermon is one of the most important ways in which they learn about God. We must always listen carefully to our Priest's sermon and try to live the way he tells us to live.

We love our faith, and many of us love our social media and tech. Connect with your church family using these exciting forums! We are on

facebook, youtube, and have an awesome website. Check it out; www.saintstephenprotomartyr.ca bit.do/protomartyr (youtube) www.facebook.com/protomartyr.ca







Interested in your child learning a second language?

Sadochok is Calgary's only accredited bilingual Ukrainian/English preschool and daycare program for children aged 3 to 5 years old.

Highly skilled staff provide a safe and comfortable atmosphere where children learn life skills in preparation for kindergarten.

Age appropriate methods are used to teach literacy, numeracy, music and art. Large indoor and secure outdoor play areas allow ample time for self guided play and social interaction.

Field trips and special activities throughout the term. Our hours are 7:30am-5:30pm, minutes from downtown.

For additional information please contact: director@ukrainianpreschool.ca or 403-264-3437

Make Your Baba Proud!

www.ukrainianpreschool.ca

Come on out for Faith Fridays! Enjoy drop in Potluck and fellowship, followed by catechesis. We can't wait! Join us, February 24th, doors open at 6:15.



GET READY FOR IT

Summer Camp 2017, for our preschool and elementary aged parishioners. It may be cold and wintry here in Calgary, but we can dream of fun in the sun. Get ready, get excited. Contact:
Lyndsey Lowey at

Iklowey@hotmail.com



TEEN SPRING

RETREAT Hello to our youth! Friday, March 24- Monday, March 27th the Edmonton Eparchy is hosting a Teen Spring Retreat at Camp Oselia. This is your invitation to be with other interesting young catholics from the exotic north. Let's all go to Edmonton! Unwind, recharge and share some prayers. \$75.00 Contact Millie before March 17th at: youth@eeparchy.com 780-424-5496 or 780-446-1061





OPEN HOUSE FEBRUARY 7, 2017 5-7PM

COUNTING OUR BLESSINGS... The Helping Others Network

This story stems from a CTV news clip last week where Des Peplinski was honoured as an "Inspiring Albertan". After watching the news clip I felt it was important to learn more about Des and his work with "The Helping Others Network".

Des and Loyola Peplinski moved to Calgary and joined St. Stephen's Parish in 2003. As their children grew, they asked their parents where to take goods they no longer needed and much of it ended up in Des and Loyola's garage. Des and Loyola started supplying clothing and other items to Inn From The Cold which St. Stephen's sponsored. From there, through the generosity and kindness of two big hearted individuals, has sprung a *huge* network for helping people in need.

The Helping Others Network objective is to match goods that people can afford to give away with the needs of the less fortunate folks who can't afford to buy them. The internet makes this charity possible, and, more efficient than most. Des & Loyola linked a variety of contacts together (approximately 400 including St. Stephen's parishioners, people they knew in many different faiths and many non church people), via email and acted as a "broker" matching up folks in need with those that were disposing of goods. These 400 contacts also linked with others in their social networks. "Getting people of so many different religious views to work together effectively for a good cause has been a major achievement of the Helping Others Network" says Darrel Janz of CTV News. "What is admirable about your work is that it is totally free from monetary gain" says a friend.

Des says the most important component in the system, (which he fondly refers to as "the Amazon.com of the Sally Ann stores"), are the people that work with the disadvantaged folks, identify their needs and direct them to us. Those that benefit from the network are many: refugees, victims of floods and other disasters, single mothers, students, Medical Mercy, St. Vincent de Paul, Dream Centre and the list goes on. Des estimates that over 95% is brokered and he never sees it, and, he goes on to say that "we supply 80% of the items requested".

Sadly, Loyola passed away in November of 2014. Des says that Loyola devoted her life to the care of her family and community with *superb skill*. "She was a living Saint and a Saint to live with. By continuing to work on Helping Others Network I am keeping some of Loyola's spirit alive. A major

impediment now is that she could do 3 times as much as I could! Looking ahead, I am now in my 84th year and I have less memory than hair. We need people to take over parts of the system. Anyone can set up a similar network. All they have to do is make a list on their computer of people that wish to help others. I am willing to help with our years of experience."

Contact Des Peplinski: HelpingOthers@shaw.ca

Laurie Kindrachuk, editor Contact me: laurie.kindrachuk@shaw.ca Cell: 403-614-5581



PEPLINSKI, Desmond & Loyola

At St. Stephen Protomartyr we know that we are not perfect, but we strive to grow closer to God in all that we do.

Our faith is Christ Centered, saturated with sacred scripture, holy Tradition, authentic, profound, and ancient - yet completely relevant.

As a community we understand that we must know, love and serve God and all people in order to become balanced and complete. This call to profound personal intimacy is beautiful and real; both solemn and joyful at the same time.

What's a Byzantine - Ukrainian Catholic Church?
Byzantine Christians are those whose traditions, theology and spirituality flow from the early Church in the Middle East and Eastern Europe. Most Eastern Christians are commonly called Orthodox.

Byzantine Catholics are those who proudly maintain their rich Eastern (Orthodox) liturgical, spiritual and theological ways, and yet are in full communion with the Roman Catholic Church. We recognize the leadership of the Pope of Rome, but are not ourselves Roman Catholic.

Our liturgical life is rich with meaning and actions, that speak to our whole beings. Much of our worship remains unchanged from that of our Fathers and Mothers of the early centuries of Christianity.

At St. Stephen Protomartyr, ALL PEOPLE ARE WELCOME who wish to live a Christian and Catholic way of life, regardless of their ethnic, economic, history or any other backgrounds. We are part of God's Holy Church, here to joyfully lead the life taught by the Risen Christ, reaching out with love and proclaiming His word to all people for the glory of God. If you are spiritually hungry, and if you are looking for a vibrant community to grow with, we welcome you to check us out at protomartyr.ca or visit us in person. We look forward to getting to know you.



Icons are images of Christ and His saints that teach us about, and challenge us into, deeper union with Him.

This intensive, prayerful weekend workshop will allow all participants to complete a traditional Byzantine "egg tempera" Icon of Christ the Good Shepherd (see image to the left). It will take place at St. Stephen Protomartyr Ukrainian Catholic Church.

This is a course for beginner and intermediate level students. No previous experience is required. All materials are covered in the tuition including real 23.5K Gold. Cost: \$300 per person. Save \$30 off the tuition if you are a member of the Sacred Arts Guild of Alberta (SAGC). Limit 18 students. To register please contact the parish office at (403) 249-4818 or by email office@protomartyr.ca

Fr. Bo Nahachewsky, in addition to being a Ukrainian Catholic priest since 2003, has been writing (painting) Icons since 1995. In 2002 he was consecrated an iconographer by Metropolitan (then Bishop) Lawrence Huculak. He has taught icon workshops in several locations across Canada.

Calgary's Lenten Weekend

Icon Writing Workshop

Friday Evening & All Day Saturday & Sunday, March 3-5, 2017

To register please call the parish office at 403-249-4818 ex 0, or email office@protomartyr.ca, or register in person.

A \$50 deposit is required to hold your spot.

