



ST. STEPHEN PROTOMARTYR

UKRAINIAN CATHOLIC CHURCH

MARCH 19TH-2017

3rd Sunday of the Great Fast: Veneration of the Holy Cross

Changeable Parts for Today's Divine Liturgy:

The Divine Liturgy of St. Basil the Great is celebrated today.

Epistle
Hebrews 4:14-5:6

Troparion: Let the heavens be glad, let the earth rejoice,* for the Lord has done a mighty deed with His arm.* He trampled death by death. He became the first-born of the dead;* He saved us from the abyss of Hades* and granted great mercy to the world.

Troparion: Save Your people, O Lord, and bless Your inheritance.* Grant victory to Your faithful people against enemies,* and protect Your community by Your cross.

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

Kontakion: No longer does the flaming sword guard the gate of Eden;* the tree of the Cross has quenched its flames gloriously.* The sting of death and the victory of Hades are banished,* and You O my Saviour came and called to those in Hades: "Return again to Paradise!"

Instead of Holy God

To Your Cross, O Master,* we bow in veneration,* and we glorify Your holy Resurrection!

Prokeimenon:

Save Your people, O Lord, and bless Your inheritance.

verse: Unto You I will cry, O Lord my God, lest You turn from me in silence. (Psalm 27:9,1)

Brothers and Sisters, we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast to our confession. For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who in every respect has been tested as we are, yet without sin. Let us therefore approach the throne of grace with boldness, so that we may receive mercy and find grace to help in time of need. Every high priest chosen from among mortals is put in charge of things pertaining to God on their behalf, to offer gifts and sacrifices for sins. He is able to deal gently with the ignorant and wayward, since he himself is subject to weakness; and because of this he must offer sacrifice for his own sins as well as for those of the people. And one does not presume to take this honour, but takes it only when called by God, just as Aaron was. So also Christ did not glorify himself in becoming a high priest, but was appointed by the one who said to him, "You are my Son, today I have begotten you"; as he says also in another place, "You are a priest forever, according to the order of Melchizedek."

Please gather your children at the altar to hold candles and meet with their Sunday school teacher.

Alleluia

verse: Remember Your congregation which You acquired from the beginning.
verse: But God is our king before the ages; He has wrought salvation in the midst of the earth. (Psalm 73:2,12)

ADDRESS:

4903 – 45th Street S.W.
Calgary, Alberta
Canada T3E 3W5

Office Hours:

Mon-Thurs: 8:30am - 4:00pm
Friday: Closed
Saturday: 8:30-4:00pm
Sunday: Open btwn
liturgies

Telephone:

403 249-4818, press 0

Fax:

403-685-9001

For Pastoral Emergencies:

403 249-4818, press 9

Email:

Office@Protomartyr.ca

Parish Website:

www.saintstephencalgary.ca

Eparchy Website:

www.edmontoneparchy.com

DIVINE LITURGIES

Sundays:

8:30am – Ukrainian [chanted]
10:30am – English [choir]
1:00pm -Arabic/English
[Melkite]
5:00pm – English [recited]

WEEKDAY SERVICES:

See Lenten Schedule inside

Confessions:

Saturdays at 4pm,
occasionally on Sundays from
10-11 and/or by appt.

Marriage:

Arrangements with Fr. Bo.

**Sacraments of Initiation
(Baptism-Chrismation-
Eucharist):**

Arrangements with Fr. Bo.

Anointing of the Sick:

For emergencies call
403 249-4818, press 9

Funerals:

Arrangements with Fr. Bo.

Assistant Pastor and
Administrator:

Fr. Bo (Bohdan)

Nahachewsky

403-249-4818, ext. 202
FatherBo@Protomartyr.ca

Deacon and Intern:

Dcn. Andrij Nykyforuk

403-249-4818, ext. 203
DeaconAndrij@Protomartyr.ca

St. Basil's Melkite Church:

Fr. Ephrem Kardouh

1-514-223-1664 or
403-249-4818, ext. 302
emkardouh@gmail.com

Pastor (on Sabbatical):

Fr. Mark Bayrock

mabayrock.iphone@gmail.com

Parish Staff:

Office Administrator:

Linda Buck

403-249-4818, ext. 0
office@protomartyr.ca

Sacramental Coordinator:

Violet Bird

coordinator@protomartyr.ca

Maintenance:

John Kowal

403-249-4818 ext. 207
maintenance@protomartyr.ca

Hall Rental Inquiries:

Brett Bernakevitch

403-615-9561
blebernak@gmail.com

Kitchen Phone:

403-249-4818, ext. 204

**Gospel
Mark 8:34-9:1**

The Lord said, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels." And he said to them, "Truly I tell you, there are some standing here who will not taste death until they see that the kingdom of God has come with power."

Hymn to the Mother of God

In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins' pride and

boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider that all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

Communion Hymn

Let the light of Your countenance, O Lord* shine upon us.* Alleluia, alleluia,*



Lectures and Seminars: These events are available at cpcassoc.ca (Christian Pastoral Caregivers Association)



•**"May I Sit With You Awhile?"**
\$65.00 Friday, April 21st evening and

Saturday, April 22nd all day,
location: TBA

•**"Love At Last Breath"** \$65.00
Friday, May 26 evening and
Saturday, May 27 all day, location
TBA.

EXAMINATION OF CONSCIENCE- FOR ADULT CONFESSION**5. You shall not kill.**

1. Have I been directly or indirectly responsible for the death of another or series injury to others by evil intent, culpable neglect or recklessness?
2. Have I tried to kill myself?
3. Have I sought, caused, or in any way been involved in the procuring of an abortion? Have I promoted euthanasia?
4. Have I hated others? refused to speak to them? rejoiced at their misfortunes? rejected the apologies of those who have offended me? or sought vengeance against them?
5. Have I shown hatred to other groups of people because of race, age, nationality or religious differences?
6. Have I been impatient or uncharitable in words or actions because others irritated me? stubborn in my own views and critical of other people? Have I been jealous of others?
7. Have I drunk to excess? Has my drinking deprived my family of proper support, good example, respect in the community? Has it led me to other sins of thought, word or deed?
8. Have I seriously endangered my own life and the lives of others by disregarding traffic regulations, by driving under the influence, or by allowing my children to drive even though they are not qualified?
9. Have I been a source of scandal to others?
10. Have I endangered my health by abuse of food, alcohol, tobacco, medicine, etc.?
11. Have I engaged in illegal use of drugs? drug trafficking? Firearms?
12. Have I neglected to work to bring about peace and justice in the world?

GLORY BE TO JESUS CHRIST!

LITURGICAL HELP & ANNOUNCEMENTS

	TODAY, March 19th	NEXT WEEK, March 26th
EPISTLE READERS	8:30 am - Knights of Columbus 10:30 am - Knights of Columbus 5:00 pm - Knights of Columbus	8:30 am - Knights of Columbus 10:30 am - Knights of Columbus 5:00 pm - Knights of Columbus
HOSTS/USHERS	8:30 am - Knights of Columbus 10:30 am - Knights of Columbus	8:30 am - Knights of Columbus 10:30 am - Knights of Columbus
ROSARY	10:00 am - Knights of Columbus	10:00 am - Knights of Columbus
ARK STORE	Bobyn Family	Chubaty Family

Prayer & Catechesis

****Sunday School Today****
There will be Sunday School next week too!

For the duration of lent weekday Divine Liturgies will be replaced by the Presanctified Gifts Service on Wednesdays and Fridays.

CONFESSIONS

at 4:00 pm every Saturday.

GREAT VESPERS

at 5:00 pm every Saturday

CARDS & DIVINE LITURGY

If you know someone in our Parish Family who the Love & Care Committee should be attending to, please contact Anne Lozinski at 403-241-8905.

NEXT BAPTISMAL PREP

COURSE will take place on Saturday, March 25th. If you know of anyone who would like to present their child for the Sacraments of Baptism, Chrismation and Eucharist, please have them call the office.

CHOIR PRACTICE

We love to sing! Next practice is Tuesday March 22nd at 7:00pm.

LENTEN MISSION

The next Lenten Mission begins at Assumption March 24th with Father

Gregory Hrynkiw. More on this pg. 6.



Jeff gives it up for Lent.

Parish Meetings & Events

ANNUAL GENERAL MEETING TODAY

Participate in your parish! Sunday March 19th. Knight's of Columbus will host a pancake breakfast after 8:30am and 10:30am Divine liturgies.

YOUNG ADULT'S

Hold the Date: Friday May 5 Young Adults Party "Ain't Your Baba's Zabava". See back page of bulletin for details.

PASS IT ON

(St. Stephen's Clothing Giveaway) is happening this year on October 14th. **Please start saving your winter clothing and footwear!** Clothing Collection Day is Sunday, Oct. 1, Sort Day is Monday October 2nd.

FINANCIAL STATEMENTS

For your parish as of December 31, 2016 are available in the atrium. Prepare for the AGM!

ARK STORE

For the Lenten journey, prayer ropes and Lenten reading material including copies of "The Way of the Pilgrim/The Pilgrim Continues his Way", "The Lenten Spring", "Journey through the Great Fast" as well as "Christ our Pascha: Catechism of the Ukrainian Catholic Church" are available for purchase in the Ark. Supplies for making pysanky are also in stock.

YOUTH RETREAT

To be held at Camp Oseila! Check it out; March 24-27th. There will be zip-lining. See last page of bulletin for details.

BABKA WORKBEE

Saturday, March 25th, 2017, Please contact Carolyn Sclanders at 403-238-4736. Sign up today in the atrium!

PLUS 50 LUNCHEON and MEETING

March 28th: A video titled "New Home in the West", about a Ukrainian settlement in Western Canada, will be shown at 11:00am.

Divine Liturgy Intentions

Sunday, March 19: THIRD SUNDAY OF LENT

8:30am – for Happy Birthday Blessings for Fr. Rendy Yakimec – Mnohaya Lita!

10:30am – in memory of the repose of the soul of +John Maduck

5:00pm – for the intentions and needs of all parishioners

Monday, March 20:

No Divine Liturgy

Tuesday, March 21:

No Divine Liturgy

Wednesday, March 22:

7:00pm - Pre-sanctified Liturgy – for the repose of the soul of +Joe Ewanchyna

Thursday, March 23:

No Divine Liturgy

Friday, March 24:

10:00am (Westview) – for the intentions and needs of all parishioners

7:00pm – Pre-sanctified Liturgy – for the repose of the soul of +Ron Rubachuk

Saturday, March 25: FEAST OF THE ANNUNCIATION

9:00am – for the intentions and needs of all parishioners

Sunday, March 26: FOURTH SUNDAY OF LENT

8:30am – in memory of the repose of the soul of +John VanDyk

10:30am – for blessings for the kindness of Bill and Theresa Lewchuk

5:00pm – for the intentions and needs of all parishioners

**CHARITABLE COMMITTEES,
ACTIVITIES &
ORGANIZATIONS**

Charity Subcommittee:

Coordinate & market the efforts of all parish charitable activity.
Contact: Eugene Woychyshyn
587-891-9898
eugene.woychyshyn@gmail.com

Pass It On: Donates clothing to needy families in Calgary.
Contact: Theresa Lewchuk
403-815-6055;
lewchukt@hotmail.com

Men's Dinner: Annual major church fundraiser for capital expenses plus Inn From the Cold endeavours.
Contact: Greg Bobyn
403-271-0011;
greg.bobyn@mnp.ca
The Helping Others Network:
Distributes used furnishings and clothing to the needy.
Contact: Des Peplinski
403-271-0804
dlp238@shaw.ca

UCWLC: Responds to parish and community needs through volunteerism, pastoral works, Ukrainian culture & aid.
Contact: Stacey Bobyn
403-860-2185
sbobyn1@telusplanet.net






Plus 50 Club: Provides social interaction for parish seniors, promotes Ukrainian cultural events, and raises funds for the parish.
Contact: Ed Tysowski
403-547-3226
tysow@shaw.ca

Support Network: Provides support, encouragement & help for parishioners facing various difficulties/situations with referrals to services or help they need.
Contact: Marilyn Comchi
403-220-9624
marilyncomchi@shaw.ca











International Trust Fund:
Solicits & invests donations and disburses earned income to international charities in 2nd & 3rd world countries.
Contact: Gene Woychyshyn
587-891-9898

St. Stephen Protomartyr Ukrainian Catholic Church

March & April 2017

Sunday	Monday	Tuesday
19 Third Sunday of Lent: Sunday of the Holy Cross KofC Pancake Breakfast after 8:30am + 10:30am DLs PARISH AGM <ul style="list-style-type: none"> 8:30 am Divine Liturgy 9:00 am First Solemn Communion Class 10:30 am Divine Liturgy with Sunday School 1:00 pm Melkite Divine Liturgy 5:00 pm Divine Liturgy English SANDWICHES FOR DROP-IN CENTRE	20  No Meat <ul style="list-style-type: none"> 10:00 am Open Iconography Studio 4:00 pm Newman College Course 7:00 pm Great Complines in Arabic 7:00 pm Bible Study 7:00 pm 50th Parish Anniversary Meeting 	21 <ul style="list-style-type: none"> 6:30 pm Ukrainian Language Class Regnum Christi 1-3pm 7:00 pm Choir Practice
26 Fourth Sunday of Lent: St. John Climacus (of the Ladder) <ul style="list-style-type: none"> 8:30 am Divine Liturgy No FSC Classes 10:30 am Divine Liturgy with no Sunday School 1:00 pm Melkite Divine Liturgy 5:00 pm Divine Liturgy English Eparchial Youth Retreat Lenten Mission at Assumption Parish 	27  No Meat <ul style="list-style-type: none"> Eparchial Youth Retreat Spring Break for CCSD 4:00 pm Newman College Course 7:00 pm Great Complines in Arabic No Bible Study 	28 <ul style="list-style-type: none"> Spring Break for CCSD 11 am Plus 50 Meeting 6:30 pm Ukrainian Language Class 7:00 pm Art Committee
2 Fifth Sunday of Lent: Mary of Egypt <ul style="list-style-type: none"> 8:30 am Divine Liturgy No FSC Classes 10:30 am Divine Liturgy with no Sunday School 1:00 pm Melkite Divine Liturgy 5:00 pm Divine Liturgy English 	3  No Meat <ul style="list-style-type: none"> 10:00 am open iconography studio 4:00 pm Newman College Course 5:30 pm Baptismal Prep 7:00 pm Great Complines in Arabic No Bible Study 	4 <ul style="list-style-type: none"> 1:00 Newman College Course 6:30 pm Ukrainian Language Class 7:00 pm PPC Meeting
9 Palm Sunday: Lord's Entrance into Jerusalem Blessing of Pussy Willows at all liturgies <ul style="list-style-type: none"> Easter Bake Sale 8:30 am Divine Liturgy 9:00 am First Solemn Communion Class 10:30 am Divine Liturgy with Sunday School 1:00 pm Melkite Divine Liturgy 5:00 pm Divine Liturgy English 	10  No Meat <ul style="list-style-type: none"> 4:00 pm Newman College Course 5:00 pm Confessions 5:30 pm Baptismal Prep 6:00 pm Pre-sanctified No Bible Study 	11  <ul style="list-style-type: none"> Setting up the tomb/flowers 1:00 Newman College Course 5:00 pm Confessions 5:30 pm Baptismal Prep 6:00 pm Pre-sanctified 6:30 pm Ukrainian Language Class 7:00 pm Choir Practice
16 EASTER SUNDAY, PASCHA Resurrection of our LORD SERVICES TBA	17 BRIGHT MONDAY <ul style="list-style-type: none"> 9:00 am Divine Liturgy 4:00 pm Newman College Course 	18 BRIGHT TUESDAY <ul style="list-style-type: none"> 9:00 am Divine Liturgy

For the most up to date calendar please go our website; www.protomartyr.ca

Wednesday	Thursday	Friday	Saturday
22  <ul style="list-style-type: none"> 7:00 pm Presanctified Liturgy in English 7:00 pm Ukrainian Language Class 	23 <ul style="list-style-type: none"> 7:00 pm Great Complines in Arabic 	24  <ul style="list-style-type: none"> 10:00 am Divine Liturgy: Westview Community 7:00 pm Presanctified Liturgy in English 8:00 pm Akathist to the Mother of God in Arabic Eparchial Youth Retreat Lenten Mission at Assumption Parish 	25 Annunciation <ul style="list-style-type: none"> 9:00 am Festal Divine Liturgy 10:00 am Baptismal Prep Course 1:00 pm PLAST Babka Boot Camp #1 No confessions or Vespers Eparchial Youth Retreat Lenten Mission at Assumption Parish
29  <ul style="list-style-type: none"> Spring Break for CCSD 7:00 pm Presanctified Liturgy in English 7:00 pm Ukrainian Language Class 	30 <ul style="list-style-type: none"> Spring Break for CCSD Babka Boot Camp #2 7:00 pm Great Complines in Arabic 	31  <ul style="list-style-type: none"> Spring Break for CCSD 10:00 am Divine Liturgy: Westview Community 7:00 pm Presanctified Liturgy in English 8:00 pm Akathist to the Mother of God in Arabic 	April 1 <ul style="list-style-type: none"> 9:00 am Divine Liturgy 1:00 pm PLAST 4:00 pm Confessions 5:00 pm Vespers
5  <ul style="list-style-type: none"> 7:00 pm Presanctified Liturgy in English 7:00 pm Ukrainian language Class 	6 <ul style="list-style-type: none"> 7:00 pm Knight's of Columbus 3rd Degree 7:00 pm Great Complines in Arabic 	7  <ul style="list-style-type: none"> 10:00 am Divine Liturgy: Westview Community 7:00 pm Presanctified Liturgy in English 	8 <ul style="list-style-type: none"> 9:00 am Divine Liturgy Hall set-up for Easter Bake Sale 1:00 pm PLAST 4:00 pm Confessions 5:00 pm Vespers
12 Holy Wednesday  <ul style="list-style-type: none"> 5:00 pm Confessions 6:00 pm Anointing of the sick 7:00 pm Pre-sanctified Liturgy in English 7:00 pm Ukrainian language Class 	13 Holy Thursday  <ul style="list-style-type: none"> 9:00 am Divine Liturgy 7:00 pm Knight's of Columbus 3rd Degree 7:00 pm TWELVE GOSPELS 8:30 pm Confessions 	14 Good Friday  <p>SERVICES TBA</p>	15 Holy Saturday  <ul style="list-style-type: none"> 10:00 am Altar Guild Votive Cleaning <p>SERVICES TBA</p>
19 BRIGHT WEDNESDAY	20 BRIGHT THURSDAY <ul style="list-style-type: none"> 9:00 am Divine Liturgy 	21 BRIGHT FRIDAY <ul style="list-style-type: none"> 10:00 am Divine Liturgy Westview Community 	22 BRIGHT SATURDAY <ul style="list-style-type: none"> 8:00 am Baptism 9:00 am Divine Liturgy 3:00 pm PLAST post-Easter Event 4:00 pm Confessions 5:00 pm Vespers

Family Support Trust Fund:

Solicits & invests donations and disburses earned income to parishioners in need.
Contact: Eugene Woychyshyn
587-891-9898
eugene.woychyshyn@gmail.com

Calgary Pro-Life Association:

Raises funds for educational awareness programs.
Contact: John Siroishka
403-271-2128;
johnsiroishka@shaw.ca

Parish Library:

A great place to borrow great books about our faith.

Contact: Olga Kizlyk-Scarpari
ststephens.library@gmail.com

ARK Store:

Looking for the perfect religious item? Check it out at the entrance to our hall. Open most Sunday mornings after Liturgy.

Contact: Donna Chelack
403-764-0811
dchelack@shaw.ca
ststephens.library@gmail.com

Knights of Columbus:

Provide financial aid & support for members & their families, and help the sick, needy & disabled in our parish, city & abroad.

Contact: Earle Kowalewich
403-831-5503
eugene.woychyshyn@gmail.com

Family Support Trust Fund:

Solicits & invests donations and disburses earned income to parishioners in need.
Contact: Gene Woychyshyn
587-891-9898
eugene.woychyshyn@gmail.com

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johnsiroishka@shaw.ca

Parish Library:

A great place to borrow great books about our faith.

Contact: Olga Kizlyk-Scarpari
ststephens.library@gmail.com

Religious Art Committee:

discusses & plans new religious artwork for our church.
Contact: Jim Ochitwa
jim.ochitwa@maryngroup.com

Type to enter text **Mothers and Fathers in Action (M.A.F.I.A.):** A group for parents and little ones from 'in utero' to Preschool.
Contact: Zenon Berg
zenonberg@gmail.com

Sunday School: A program run on most Sundays during the 10:30am Divine Liturgy for preschoolers through grade 2 children.
Contact: Lynsey Lowey
lklowe@hotmail.com

First Solemn Communion (FSC): Sacramental Classes for children in and around grade 2 who are ready to approach for the Sacraments of Reconciliation and Eucharist on their own.
Contact: Karen McMillan
s.david.mcmillan@gmail.com

Children of Mary & Altar Servers: Elementary school children who have completed their FSC, are encouraged to get involved by serving at the Altar, learning, playing and growing together.
Contact: Fr. Bo Nahachewsky
fr.bo.nahachewsky@gmail.com

Junior Youth & Senior Youth: This is an active group of Jr. & Sr. High School students who work, play and grow together in Christ.
Contact: Philip Bird
philipdbird@gmail.com

Young Adults: Those aged 18 - 35 are encouraged to gather as a community and learn, embrace and celebrate their faith.
Contact: Philip Bird
philipdbird@gmail.com

Adult Catechism (RCIA): This program is open to Adults and Teens who want to receive the sacraments or just understand the faith.
Contact: Fr. Bo Nahachewsky
fr.bo.nahachewsky@gmail.com

Bible Study: On many Mondays we study our faith through Sacred Scripture. Join us.
Contact: Fr. Bo Nahachewsky
fr.bo.nahachewsky@gmail.com



Teach English in Ukraine

The Ukrainian Catholic University in Lviv seeks volunteers for its English Summer School

TEACH
Ukrainian Students and Seminarians
by sharing yourself, your faith, and your knowledge of English



EXPERIENCE
Eastern Christianity within the Ukrainian Catholic Church

More information and application form www.ess.ucu.edu.ua

Ukraine, Lviv July 2 - 24, 2017

Application deadline: May 1, 2017

Ain't Your Baba's Zabava!

Welcome! ласкаво просимо!
Bienvenido!
Please join us in a night of fun and Ukrainian flare (Cinco de Mayo style.) YOU HEARD THAT RIGHT!

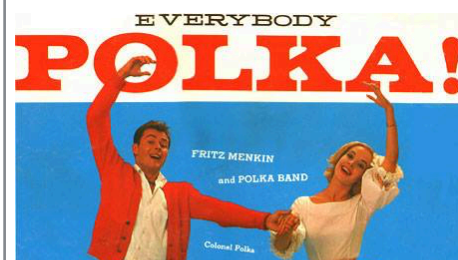
The young adults (18-35) of St. Stephens Parish are excited to invite you to come and enjoy a night of dancing, live music, cheap drinks and a great excuse to kick-off the summer.

When/ Where: May 5th 7:30pm at St. Stephen Protomartyr Church (in Church Hall).

Live Music by: **ABSOLUTE Dance Band**

Check out our Facebook page for details.

<https://www.facebook.com/events/1817639011894066/>



LENTEN MISSION 2.0!

Parish Great Fast Mission – Assumption Parish Calgary
March 24 to 26, 2017
By Father Gregory Hrynkiw
ALL WELCOME!

Hieromonk Gregory Hrynkiw, ASTH, has been a Byzantine-Catholic monk since 1989. While serving as Protohegumenos of the Basilian Order in Ukraine from February 2004 to July 2007, he fought on the front lines against systemic corruption. After suffering threats to his life, he was ordered to return to Rome, and in 2010 professed his solemn monastic vows into the Hermitage of the Three Holy Hierarchs. In 2014, Hieromonk Gregory obtained a doctorate from the Pontifical University of Saint Thomas Aquinas in Rome. He now lives in Saskatoon, preaching and teaching, and publishes *The Asketerion*, the journal of the Hermitage of the Three Holy Hierarchs.



2017 LENTEN GREAT FAST MISSION SCHEDULE

Assumption Ukrainian Catholic Church

704 6th Street NE, Calgary

Friday, March 24, Fore-feast of the Annunciation of the Mother of God

6 pm Confessions
6 pm Liturgy of the Presanctified Gifts and Sorokoysty (Ukr/Eng), homily to follow, *“Jesus Christ - The Apostle of the Eternal Father”*

Saturday, March 25, Feast of the Annunciation of the Mother of God

9:30 am Confessions
10 am Divine Liturgy (Ukr/Eng), homily, *“Mary - Full of Grace”*
5 pm Confessions
5 pm Vespers (Ukr/Eng), homily to follow, *“Family - An Icon of the Trinity”*

Sunday March 25, Fourth Sunday of Lent St John Climacus

8:30 Confessions
9 am Divine Liturgy (Ukr)
10:30 Confessions
11 am Divine Liturgy (Eng), homily *“The Life of Christ - Our Life”*

COUNTING OUR BLESSINGS DURING LENT ... THE GREAT FAST

A few Sundays ago, as Lent was beginning, Father Bo wrote an inspiring article for the bulletin that talked about ways to observe Lent. He said that we often look at Lent as thinking of things we should give up rather than what we can do for good. The food box is starting to fill up, and as Bill Lewchuk mentioned in his article in a previous VFTP, this is a great way to do good during Lent.

This was written by Pope Francis on how to fast this Lent. We are a few weeks into the Great Fast, but still have several weeks to go. My hope in sharing this with you is that you are as inspired as I was to Fast during Lent.



Fr. Stephen Wojcichowsky Preaching at our lenten mission. Photo credit Stan K.

DO YOU WANT TO FAST THIS LENT? In the words of Pope Francis

- Fast from hurting words and say kind words.
- Fast from sadness and be filled with gratitude.
- Fast from anger and be filled with patience.
- Fast from pessimism and be filled with hope.
- Fast from worries and have trust in God.
- Fast from complaints and contemplate simplicity.
- Fast from pressures and be prayerful.
- Fast from bitterness and fill your hearts with joy.
- Fast from selfishness and be compassionate to others.
- Fast from grudges and be reconciled.
- Fast from words and be silent so you can listen.

Please Submit your "Views from the pews" to Laurie Kindrachuck, editor

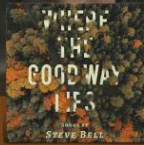
Email: laurie.kindrachuck@shaw.ca

Cell: 403-614-5581

Editor's note: In last Sunday's VFTP there was an error in the date that the UCWLC was formed at St. Stephen's. The correct date is 1985.

STEVE BELL

IN CONCERT



NEW ALBUM: WHERE THE GOOD WAY LIES

10827 24 STREET SW, CALGARY
HOLY SPIRIT CATHOLIC CHURCH

FRIDAY APRIL 7
7:30 PM

TICKETS
\$20

PURCHASE YOUR TICKETS ONLINE AT:

STVEBELL.COM

or call 1-800-854-3499



Silent Auction will be held
(doors open at 6:30 PM)
FREE PARKING AVAILABLE



Check out
these great summertime
opportunities!

1. **High School Upgrading** - July
24th to Aug 1st

We are offering English 30-1 and

Math 30-1 equivalent courses that may be used for post-
secondary admission. Given our late admission deadline, a
student could take one of these upgrading courses this summer
and use it for September admission at STMU.

2. **University Transition Programs** - August

These are non-credit booster classes aimed at students looking
to hone their math and english skills. All students headed to
any and all institutions are WELCOME! <http://www.stmu.ca>

KIDS SUMMER CAMP: MAKER FUN FACTORY

Created by God, Built with a Purpose
Join us July 10th-14th (wrap up Sunday
July 16th) this summer for our kids day
camp. Please contact
Lynsey Lowey: lklowey@hotmail.com



Spring Teen Retreat

March 24th – 27th, 2017

Ages; 13 - 17

Start your Spring Break right! Unwind, recharge
and share some prayers and fun at this year's
Eparchial Spring Break Retreat. Bring a friend and
spread the word! Sunday Zip-lining at Camp
Warwaw included in registration fee.

Drop off: 5:00 -7:00 pm Friday, March 24th at Camp
Oselia

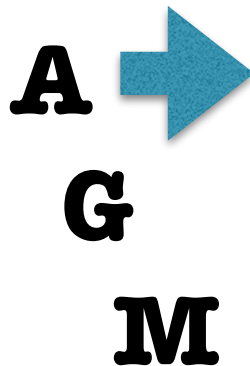
Pick-up: 6:00 pm Monday, March 27th at Camp Oselia

COST: \$75.00



Register with payment by Monday, March 20th.

Contact Millie Schietzsch for more information at
youth@eepearchy.com, 780-424-5496 or
780-446-1061. Registration form is @
www.camposelia.com/programs.



did you know...

OUR ANNUAL GENERAL MEETING IS TODAY.

Our AGM will be in the Parish Hall following the 10:30am
Divine Liturgy. Election of the 2017-2018 Parish Pastoral
Council will take place, as well as a review of our parish
finances, directorate reports, projects and issues of
concern to all parishioners. *We need a quorum of 47
eligible voting members.* The current Council Executives
and Directors will be available to answer questions.

The Knights of Columbus are hosting a Pancake
Breakfast. Come for the pancakes, stay for the meeting!

If you are interested in serving on Council and would like
your name to be included in a list of nominees for
election, please speak to Chair Mark Ewanchyna, vice-
chair Jay Lalach or Nominating Committee Member
Ambrose Comchi. You may also step forward at the
AGM.



A LIFE LINE FOR MARRIED COUPLES

**You Can Help Your
Marriage.**

- * Do you Feel Alone?
- * Are you frustrated or angry with each other?
- * Do you argue... or have you stopped talking to each other?
- * Does talking about it only make it worse?

Retrouvaille helps couples through difficult times in their marriages.
This program has helped 10's of 1000's of couples experiencing
difficulties in their marriages. For confidential information about or
to register for an upcoming weekend call 403.879.7893 or email
coordinator@retrouvaillecalgary.com or visit our website at <http://www.helpourmarriagecalgary.com>