



ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

A PLACE TO ENCOUNTER THE LIVING CHRIST

SEPTEMBER 25 - 2016

NINETEENTH SUNDAY AFTER PENTECOST

Our Venerable Mother Euphrosyne

Troparia and Kontakia

Troparion: When You went down to death, O Life Immortal,* You struck Hades dead with the blazing light of Your divinity.* When You raised the dead from the nether world,* all the powers of heaven cried out:* "O Giver of Life, Christ our God, glory be to You!"

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion: You rose from the tomb, O almighty Saviour,* and Hades, seeing this wonder, was stricken with fear; and the dead arose.* Creation saw and rejoices with You, and Adam exults.* And the world, my Saviour, sings Your praises for ever.

Now and for ever and ever. Amen.

Theotokion: The tomb and death could not hold the Mother of God,* unceasing in her intercession and an unfailing hope of patronage,* for as the Mother of Life she was transferred to life* by Him Who had dwelt in her ever-virgin womb.

Prokeimenon

The Lord is my strength and my song of praise, and He has become my salvation.

verse: The Lord has indeed chastised me, but He has not delivered me to death.

The Lord is my strength and my song of praise, and He has become my salvation.

Epistle

2 Corinthians 11:31-12:9

Brothers and Sisters, the God and Father of the Lord Jesus (blessed be he forever!) knows that I do not lie. In Damascus, the governor under King Aretas guarded the city of Damascus in order to seize me, but I was let down in a basket through a window in the wall, and escaped from his hands. It is necessary to boast; nothing is to be gained by it, but I will go on to visions and revelations of the Lord. I know a person in Christ who fourteen years

ago was caught up to the third heaven – whether in the body or out of the body I do not know; God knows. And I know that such a person – whether in the body or out of the body I do not know; God knows – was caught up into Paradise and heard things that are not to be told, that no mortal is permitted to repeat. On behalf of such a one I will boast, but on my own behalf I will not boast, except of my weaknesses. But if I wish to boast, I will not be a fool, for I will be speaking the truth. But I refrain from it, so that no one may think better of me than what is seen in me or heard from me, even considering the exceptional character of the revelations. Therefore, to keep me from being too elated, a thorn was given me in the flesh, a messenger of Satan to torment me, to keep me from being too elated. Three times I appealed to the Lord about this, that it would leave me, but he said to me, "My grace is sufficient for you, for power is made perfect in weakness." So, I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me.

At the end of the Epistle parents may send their children to the back of the church to get candles for the reading of the Holy Gospel.

Alleluia

Alleluia, alleluia, alleluia!

verse: The Lord will hear you in the day of tribulation; the name of the God of Jacob will shield you.

Alleluia, alleluia, alleluia!

verse: Lord, grant victory to the king and hear us in the day that we shall call upon You.

Alleluia, alleluia, alleluia!

Gospel

Luke 6:31-36

THE Lord said, "Even as you wish men to do to you, so also do you to them. And if you love those who love you, what merit have you? For even sinners love those who love

Address

4903 – 45th Street S.W.
Calgary, Alberta
Canada T3E 3W5

Office Hours

M-F: 8:30am - 12:00pm
12:30pm - 4:00pm
Closed Statutory Holidays

Telephone:

403-249-4818, press 0

Facsimile:

403 685-9001

For Pastoral Emergencies:

403-249-4818, press 9

Email:

Office@Protomartyr.ca

Parish Website:

www.saintstephencalgary.ca

Eparchy Website:

www.edmontoneparchy.com

DIVINE LITURGIES

Sundays:

8:30am – Ukrainian [chanted]
10:30am – English [choir]
1:00pm – Arabic / English [Melkite]
5:00pm – English [recited & incense free]

Mon/Tues/Thurs/Sat

9:00am – English

Fridays:

10:00am at Westview—English

Feast Days: (subject to change)

9:00am – English
7:00pm – English

HOLY MYSTERIES

Confession:

Saturdays at 4pm, occasionally on
Sundays from 10—11am, and by
appointment.

Marriage: Arrangements with Fr. Bo.

Baptism-Chrismation-Eucharist:
Arrangements with Fr. Bo.

Anointing of the Sick: For emergencies
call 403-249-4818, press 9.

Funeral: Arrangements with Fr. Bo.

CLERGY and RELIGIOUS

Priest and Administrator:

Fr. Bo (Bohdan) Nahachewsky
403-249-4818, ext. 202
<FatherBo@Protomartyr.ca>

Deacon and Intern:

Dcn. Andrij Nykyforuk
403-249-4818, ext 209
<email is coming soon>

Pastor, St. Basil's Melkite Catholic Church

Fr. Ephrem Kardouh
1-514-223-1664
403-249-4818, ext. 302
<emkardouh@gmail.com>
<www.facebook.com/St-Basils-Melkite-
Greek-Catholic-Church-Calgary-
1567658193459037/>

Pastor (on sabbatical):

Fr. Mark A. Bayrock
403-249-4818, ext. 201
<frmarkbayrock@mac.com>
<www.sviaschenik.com>

PARISH OFFICE

Parish Interim Office Administrator
Linda Buck
403-249-4818, ext. 0
<office@Protomartyr.ca>

MAINTENANCE

John Kowal
403-249-4818, ext. 207
<maintenance@Protomartyr.ca>

HALL RENTAL INQUIRIES

Brett Bernakevitch
Director, Parish Centre Management
403-615-9561
<blebernak@gmail.com>

HALL KITCHEN

403-249-4818, ext. 204

them. And if you do good to those who do good to you, what merit have you? For even sinners do that. And if you lend to those from whom you hope to receive in return, what merit have you? For even sinners lend to sinners that they may get back as much in return. But love your enemies, and do good, and lend, not hoping for any return, and your reward shall be great, and you shall be children of the Most High, for he is kind

towards the ungrateful and evil. Be merciful, therefore, even as your Father is merciful."

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest.*

Alleluia, alleluia,* alleluia.

A NOTE FROM FR. MARK...

Dear All;

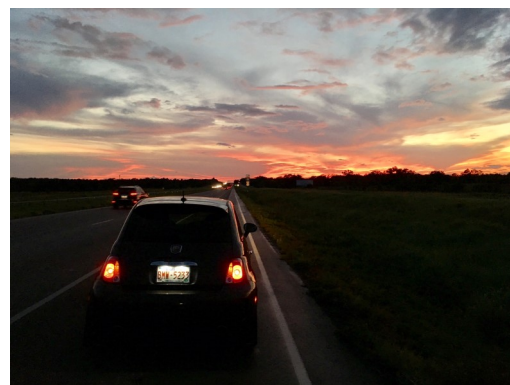
God is good all the time! My "Road Trip of Epic Proportions" is coming to an end in one week. By the time you read this I will be celebrating Sunday Divine Liturgy at Fr Chirovsky's parish in Tuscon, AZ, and lifting up everyone at St Stephens in prayer. Soon I will be at Mt Tabor Monastery near San Francisco, there to stay for awhile. Some highlights of the trip are: ringing the Sunday bells at St Andrew's Presbyterian Church in Ottawa, blessing dogs and their owners at interstate rest stops and Tim Hortons, receiving prayer at Bourbon Street New Orleans by street preachers, and overall - realizing how God is present in all places and all things. I pray on this Praznyk Sunday that the Lord does not disappoint in showing you how much He cares for you and is present in your lives. (Er, blog will be updated next month!). God bless and much love.

"In his mind a man plans his course, but the LORD directs his steps"
PROVERBS 16:9

-Fr MARK



"Fredo" and Freyda"
blessed at Tim Hortons
in Barry's Bay, Ontario



Texas road, sans tumbleweeds



Bella invaded by trucks at Motel 6, San Antonio TX

PROSPHORA—What is it?

Prospora (singular *prosporon*) is a Greek word meaning “offering.” The term originally meant any offering made to a temple. Therefore, in one sense, all that we offer for the use of the Church is *prospora*: wine, incense, charcoal, oil, candles, flowers, and bread. However, in the Church usage the term has come to mean specifically the bread offered at the Divine Liturgy.

“He causes the grass to grow for the cattle, and vegetation for the service of man, that he may bring forth food from the earth, and wine that makes glad the heart of man, oil to make his face shine, and bread which strengthen man’s heart” (Psalm 103:14-15, LXX). The Eastern Orthodox and Eastern Catholic Churches use leavened bread for the Eucharist. Bread has been a staple food in the ancient Middle East, where the Church was born, and it is a staple in our diet today, giving us the strength we need. In the Lord’s Prayer Jesus taught us to pray “give us this day our daily bread” — since bread represents all the food that we need to sustain our life. Jesus also said “I am the living Bread which came down from heaven. If anyone eats of this bread he will live forever; and the bread which I shall give is My flesh, which I shall give for the life of the world” (John 6:51). Again, bread nurtures and sustains us physically. And when this bread (prospora) becomes the real Body of our Lord Jesus Christ (during the Anaphora (the Consecration) at the Divine Liturgy) it nonetheless remains the real bread at the same time. This is a great Mystery.

When it comes to making the Prospora, only four ingredients are used: white flour, water, salt and yeast. The Holy Tradition mentions nothing else.

There are two prospora traditions that may be used in our Church: the Slavic tradition and the Greek tradition.



The Slavic tradition uses a small seal (IC-XC NIKA), stamped on five loaves, in honour of the “feeding of the 5000.” These small loaves are made with two layers to represent both the two-fold nature of Christ (Human and Divine) and the uniting of heaven and earth.



The Greek tradition, which uses one large loaf marked with IC-XC NIKA in the center, surrounded by several other seals, signifies the one Body of Christ.



Preparing the prospora is a very special and holy service to God. By reflecting on the bread’s use, the baking of it becomes a prayerful and solemn undertaking.

We would like to say **THANK YOU** to Dave and Judy Shewchuk and their group for over **24 years** of stewardship in preparing the Prospora for our parish. They have spent countless hours in their service and for that we have been so blessed. In the near future we will be seeking new volunteers for this important ministry.

**ST. STEPHEN CHARITABLE
COMMITTEES, ACTIVITIES &
ORGANIZATIONS**

Charity Subcommittee: Coordinate and market the efforts of all parish charitable activity.

Contact: Eugene Woychyshyn
587-891-9898;

<eugene.woychyshyn@gmail.com>

Pass It On: Donates clothing to needy families in Calgary.

Contact: Theresa Lewchuk
403-208-0850;

<lewchukt@hotmail.com>

Men's Dinner: Annual major church fundraiser for capital expenses plus Inn From the Cold endeavours.

Contact: Greg Bobyn
403-271-0011; <greg.bobyn@mnpc.ca>

The Helping Others Network:

Distributes used furnishings and clothing to the needy.

Contact: Des Peplinski
403-238-0804; <dlp238@shaw.ca>

Art Committee: discusses religious artwork for parish.

Contact: Jim Ochitwa
<jim.ochitwa@maryngroup.com>

UCWLC: Responds to parish and community needs through volunteerism, pastoral works, Ukrainian culture & aid.

Contact: Stacey Bobyn
403-860-2185
<sbobyn1@telusplanet.net>

Knights of Columbus: Provide financial aid & support for members and their families, and help the sick, needy and disabled in our parish, city and abroad.

Contact: David McMillan
<s.david.mcmillan@gmail.com>

Plus 50 Club: Provides social interaction for parish seniors, promotes Ukrainian cultural events, and raises funds for the parish.

Contact: Ed Tysowski
403-547-3226; <tysow@shaw.ca>

SEPTEMBER / OCTOBER 2016

SUNDAY	MONDAY	TUESDAY	W
Our Venerable Mother Euphrosyne			
25 NINETEENTH SUNDAY AFTER PENTECOST <ul style="list-style-type: none"> ◆ PRAZNYK with Bishop David ◆ 8:30 am Divine Liturgy: Ukr. ◆ 10:30 am Divine Liturgy: Eng. With Baptism and Sunday School ◆ PRAZNYK feast after 10:30 Liturgy ◆ 2:00 pm Parish Pastoral Council Meeting with Bishop ◆ 1:00 pm Melkite Divine Liturgy ◆ 5:00 pm Divine Liturgy: Eng. 	26 <ul style="list-style-type: none"> ◆ 9:00 am Divine Liturgy ◆ 6:00 pm Certificate of Eastern Christian Traditions ◆ 7:00 pm Friends of UCU Meeting 	27 <ul style="list-style-type: none"> ◆ 9:00 am Divine Liturgy ◆ 10:30 am Parish Staff Meeting ◆ 11:00 am Plus 50 Meeting and Potluck ◆ 1:00 pm Certificate of Eastern Christian Traditions ◆ 6:30 pm Ukrainian Language Class ◆ 7:00 pm Diocesan Pastoral Care Course ◆ 7:45 pm Ukrainian Language Class 	28 <ul style="list-style-type: none"> ◆ ◆ ◆
2 TWENTIETH SUNDAY AFTER PENTECOST <ul style="list-style-type: none"> ◆ 8:30 am Divine Liturgy: Ukr. ◆ 10:30 am Divine Liturgy: Eng. With Sunday School ◆ 1:00 pm Melkite Divine Liturgy ◆ 5:00 pm Divine Liturgy: Eng. 	3 <ul style="list-style-type: none"> ◆ 9:00 am Divine Liturgy ◆ 6:00 pm Certificate of Eastern Christian Traditions ◆ 7:00pm Finance Committee Meeting 	4 <ul style="list-style-type: none"> ◆ 9:00 am Divine Liturgy ◆ 10:30 am Parish Staff Meeting ◆ 1:00 pm Certificate of Eastern Christian Traditions ◆ 6:30 pm Ukrainian Language Class ◆ 7:00 pm Diocesan Pastoral Care Course ◆ 7:45 pm Ukrainian Language Class 	5 <ul style="list-style-type: none"> ◆ ◆
9 TWENTY-FIRST SUNDAY AFTER PENTECOST <ul style="list-style-type: none"> ◆ Fr. Bo teaches Icon Workshop in Edmonton ◆ 8:30 am Divine Liturgy: Ukr. ◆ 10:30 am Divine Liturgy: Eng. ◆ NO Sunday School ◆ 1:00 pm Melkite Divine Liturgy ◆ 5:00 pm Divine Liturgy: Eng. 	10 THANKSGIVING DAY <ul style="list-style-type: none"> ◆ Fr. Bo teaches Icon Workshop in Edmonton ◆ 9:00 am Divine Liturgy ◆ 6:00 pm Certificate of Eastern Christian Traditions ◆ No School (CCSD) 	11 <ul style="list-style-type: none"> ◆ 9:00 am Divine Liturgy ◆ 10:30 am Parish Staff Meeting ◆ 1:00 pm Certificate of Eastern Christian Traditions ◆ 6:30 pm Ukrainian Language Class ◆ 7:00 pm Diocesan Pastoral Care Course ◆ 7:00 pm Parish Pastoral Council Meeting ◆ 7:45 pm Ukrainian Language Class 	12 <ul style="list-style-type: none"> ◆ ◆ ◆
16 COMMEMORATION OF THE FATHERS OF THE SEVENTH ECUMENICAL COUNCIL <ul style="list-style-type: none"> ◆ 8:30 am Divine Liturgy: Ukr. ◆ Fundraising Brunch (Melkite) ◆ 10:30 am Divine Liturgy: Eng. With Sunday School ◆ 1:00 pm Melkite Divine Liturgy ◆ 5:00 pm Divine Liturgy: Eng. 	17 <ul style="list-style-type: none"> ◆ 9:00 am Divine Liturgy ◆ 6:00 pm Certificate of Eastern Christian Traditions without clergy 	18 <ul style="list-style-type: none"> ◆ 9:00 am Divine Liturgy ◆ 1:00 pm Certificate of Eastern Christian Traditions without clergy ◆ 6:30 pm Ukrainian Language Class ◆ 7:00 pm Diocesan Pastoral Care Course ◆ 7:00 pm Bishop's Sobor in Edmonton ◆ 7:45 pm Ukrainian Language Class 	19 <ul style="list-style-type: none"> ◆ ◆ ◆
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WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
No Divine Liturgy 7:00 pm Ukrainian Language Class 7:00 pm Choir Practice	29 ♦ 9:00 am Divine Liturgy ♦ 9:00 am Cabbage Roll Workbee ♦ 6:00pm "Pass It On" Wrap up Dinner	30 (DAY OF FASTING) ♦ 10:00 am Divine Liturgy at West View Lodge ♦ 1:00 pm KofC Fall Supper Set up ♦ 6:00 pm FAITH FRIDAY	OCTOBER 1st MAJOR FEAST: Protection of the Mother of God ♦ 9:00 am Festal Divine Liturgy ♦ 12:00 noon Start of RCIA / Adult Faith Development ♦ 4:00 pm Confessions ♦ 5:00 pm Vespers ♦ 4:30 & 6:30 pm Knights of Columbus Fall Supper
No Divine Liturgy 7:00 pm Ukrainian Language Class	6 ♦ Fr. Bo teaches Icon Workshop in Edmonton ♦ 9:00 am Divine Liturgy ??? ♦ 7:00pm KofC 3rd degree Meeting ♦ 7:00 pm UCWLC General Meeting	7 (DAY OF FASTING) ♦ Fr. Bo teaches Icon Workshop in Edmonton ♦ 10:00 am Divine Liturgy at West View Lodge ♦ No School (CCSD)	8 ♦ Fr. Bo teaches Icon Workshop in Edmonton ♦ NO SERVICES
No Divine Liturgy 7:00 pm Ukrainian Language Class 7:00 pm Choir Practice	13 ♦ 9:00 am Divine Liturgy ♦ 7:00 pm KofC 4th Degree Meeting ♦ UCU/UCF Fundraising Gala	14 (DAY OF FASTING) ♦ 10:00 am Divine Liturgy at West View Lodge ♦ Baptism ♦ 6:00 pm FAITH FRIDAY	15 ♦ 9:00 am Divine Liturgy ♦ 10:00 am BAPTISMAL PREP COURSE ♦ 12:00 noon RCIA / Adult Faith Development ♦ 4:00 pm Confessions ♦ 5:00 pm Vespers
No Divine Liturgy 7:00 pm Ukrainian Language Class Property Management Meeting	20 ♦ 9:00 am Divine Liturgy ♦ 12:30 Eparchy Investment Meeting	21(DAY OF FASTING) ♦ 10:00 am Divine Liturgy at West View Lodge	22 ♦ 9:00 am Divine Liturgy ♦ 12:00 noon RCIA / Adult Faith Development ♦ 4:00 pm Confessions ♦ 5:00 pm Vespers

St. Stephen's Choir: Provides music ministry to the parish for liturgical services and other events.
Contact: Linda Dudar
403-238-0461; <linda.dudar@stmu.ca>

Prayer & Support Group: Accepts prayer requests for the confidential needs and intentions of parishioners.
Contact: Marilyn Comchi
403-220-9624;
<marilyncomchi@shaw.ca>

Support Network: Provides support, encouragement & help for parishioners facing various difficulties/situations with referrals to services or help they need.
Contact: Marilyn Comchi
403-220-9624
<marilyncomchi@shaw.ca>

International Trust Fund: Solicits & invests donations and disburses earned income to international charities in 2nd and 3rd world countries.
Contact: Steve Groch
403-239-4699; <swgctc@aol.com>

Family Support Trust Fund: Solicits & invests donations and disburses earned income to parishioners in need.
Contact: Eugene Woychyshyn
587-891-9898;
<eugene.woychyshyn@gmail.com>

Calgary Pro-Life Association: Raises funds for educational awareness programs.
Contact: John Siroishka
403-271-2128;
<johnsiroishka@shaw.ca>

Snowflakes for Zambia: Raises funds to build schools for orphaned/at risk children in developing countries.
Contact: Jeanette O'Reilly
403-826-5481
<jhendrickson689@gmail.com>

Parish Library: A great place to borrow great books about our faith.
Contact: Olga Kizlyk Scarpari
<ststephens.library@gmail.com>

ARK Store: Looking for the perfect religious item? Check it out at the entrance to our hall. Open most Sunday mornings after Liturgy.
Contact: Donna Chelack
403-764-0811; <dchelack@shaw.ca>

Mothers and Fathers in Action

(M.A.F.I.A.): A group for parents and little ones from 'in utero' to Grade 6.

Contact: Zenon Berg

<zenonberg@gmail.com>

Sunday School: A program run on most Sundays during the 10:30am Divine

Liturgy for preschoolers age 4 through grade 2 children.

Contact: Lynsey Lowey

<lklowey@hotmail.com>

First Solemn Communion (FSC):

Sacramental Classes for children around GRADE 2 who are ready to approach for the Sacraments of Reconciliation and Eucharist on their own.

Contact: Karen McMillan

<s.david.mcmillan@gmail.com>

Children of Mary & Altar Servers:

Elementary school children who have completed their FSC, are encouraged to get involved by serving at the Altar, learning, playing and growing together.

Contact: Fr. Bo Nahachewsky

<fr.bo.nahachewsky@gmail.com>

Junior Youth & Senior Youth: This is an active group of Jr. & Sr. High School students who work, play and grow together in Christ.

Contact: Philip Bird

<philipbird@gmail.com>

Young Adults: Those aged 18 - 35 are encouraged to gather as a community and learn, embrace and celebrate their faith.

Contact: Philip Bird

<philipbird@gmail.com>

Adult Catechism (RCIA): This program is open to Adults and Teens who want to receive the sacraments or just understand the faith.

Contact: Fr. Bo Nahachewsky

<fr.bo.nahachewsky@gmail.com>

Bible Study: On many Mondays we study our faith through Sacred Scripture. Join us.

Contact: Fr. Bo Nahachewsky

<fr.bo.nahachewsky@gmail.com>

Glory be to Jesus Christ!

LITURGICAL HELP

EPISTLE READERS

8:30am - Vince Letwin

10:30am - Craig Pichach

5:00pm - Patricia Harasym

HOSTS/USHERS

8:30am - Vince Letwin

10:30am - Craig Pichach

ROSARY (10:00am): Bill Lewchuk

ARK STORE - Longfield family

PRAYERS & CATECHESIS

CONFESSIONS: Saturdays at 4:00pm or by appointment.

GREAT VESPERS: Saturdays at 5:00pm. Come join us in this hour of beautiful prayers.

SUNDAY SCHOOL: during the 10:30am Divine Liturgy. All children aged 3 to Gr. 2 are welcome!

FEAST OF THE PROTECTION OF THE MOTHER OF GOD: on Saturday, Oct 1. Festal Divine Liturgy at 9:00am.



RCIA / Adult Catechesis begins at 12:00 noon on Saturday, Oct. 1

and runs until Easter (April 16, 2017). Please come and check it out if you are looking to learn more about the Catholic Faith, or are considering Baptism/Chrismation (Confirmation). Please contact the office or Fr. Bo for more information.

FIRST COMMUNION CLASSES: Begin in January, but you can sign up your child today. Just call or email the office.

PASTORAL WORKSHOP - "MAY I SIT WITH YOU AWHILE?" Training Program for Pastoral Care Volunteers. Open to all St Stephen's Parishioners and others too. Usually this program is held over 3 Saturdays but presenters have collapsed it for us into one weekend. Please join us: Friday, Nov 4, 6:30 pm – 10:30 pm; and Saturday, Nov 5, 8:00 am – 4:30 pm.

CHILD BAPTISMAL PREP COURSES:

* October 15, 2016, 10am - 4pm

* January 21, 2017, 10am - 4pm

* March 25, 2017, 10am - 4pm

If you know of someone who is pregnant, or who wants to, but has not yet baptised their child, ask them to contact the parish.

CARDS AND DIVINE LITURGIES: The Pastoral Care Committee sends cards and makes requests for Divine Liturgies on behalf of St. Stephen's parishioners for all of our parishioners. If you know of someone in our Parish Family who the committee should be attending to, please contact Anne Lozinski at 403-241-8905.

PARISH NOTICES



We wish to announce that **Teri deJonge** has made the difficult decision to leave her role as Office Administrator. We thank Teri for her many years of service to our parish. The HR Committee will be reviewing the job requirements and when complete will be advertising for a permanent replacement. In the meantime, Linda Buck will continue as Interim Office Administrator. Teri, you will be missed and we wish you the best. Mnohaya Lita!

THE OFFICE AND STAFF HAVE NEW EMAIL ADDRESSES (but the old ones still work too):

- **Fr. Bo:** FatherBo@Protomartyr.ca
- **Office:** office@Protomartyr.ca
- **Maintenance:** maintenance@Protomartyr.ca

Please be patient as our telephones, computers and all other present technical difficulties are being addressed.

PARISH MEETINGS & EVENTS

PRAZNYK DINNER: TODAY! Sunday, Sept. 25 at 12:15pm after Divine Liturgy in the hall. Please see invitation on the back page of the bulletin for more details.

**CERTIFICATE IN EASTERN
TRADITIONS CLASS: start
TOMORROW, Monday**

**Sept. 26 at 6:00pm Tuesday Sept. 27 at
1:00pm.** Students must register **BEFORE
TOMORROW** online at:
<http://www.newman.edu/>

**PLUS 50 LUNCHEON & MEETING: on
Tuesday, Sept. 27 at 11:00am.** Please note
this is a POTLUCK luncheon!

CHOIR PRACTICE: on Wednesday, Sept. 28
at 7:00pm in the loft.

**CABBAGE ROLL WORKBEE FOR FALL
SUPPER: on Thursday, Sept. 29 at 9:00am**
in the kitchen. All welcome!

**FAITH FRIDAY: at 6:00pm on Friday, Sept.
30.**
All welcome!

CONGRATULATIONS

To William Hunter who receives the
Sacraments of Baptism and Chrismation in
our parish TOAY! May God bless you and
your family as you enter into the family of
Our Lord. Mnohaya Lita!



We would like to acknowledge all the parishioners, friends and family that
have put in countless hours this week sorting, moving and giving away clothes
for Pass It On, prepping or making perogies, for all our church events (100 lbs
of potatoes!), making cabbage roles for Praznyk or whatever else you have done to make our
parish a busy and wonderful place to be. All the events we have, the beautiful altar our
priests serve at, and the general feel of the parish all comes from YOU! May God continue to
bless us with your kindness and generosity!

Did you know??

Teplota (Ukrainian for "warmth") or *Zeon* (Greek for "boiling" or "fervor") is a liturgical action which
takes place in the Divine Liturgy of the of the Byzantine tradition, during which hot water is added to
the chalice. The same term is used as a noun to describe the vessel and the water used for this pur-
pose. The historical beginnings of this practice are unknown, however it is an ancient Byzantine tradi-
tion. Immediately following the breaking of the Holy Bread, the deacon presents the vessel with hot
water to the priest and says, " Master, bless the hot water." The priest blesses it with his right hand
saying, "Blessed be the fervor of Thy saints always, now and for ever and ever. Amen." The deacon
pours a portion of the hot water into the chalice, making the Sign of the Cross with the water, as he
says, "The fervor of faith, full of the Holy Spirit." This little dialogue between the priest and the deacon
points out that the *Zeon* is symbolic of the Holy Spirit setting our hearts on fire for God, much like the
Apostles became fervent preachers when tongues of fire came upon them on the day of Pentecost.

Furthermore, the adding of warmth to the chalice reminds us that the communicants partake of the
Resurrected Body and Blood of Christ, which is the Living and life-giving Body of Christ. In partaking of
the Holy Body and Blood of Christ we are being transformed, we are enlivened, and therefore we are
inspired to have "the fervor of Thy saints."

INVITATIONS

**Calgary Friends of Ukrainian Catholic
University (UCU) Fundraising Banquet
Thursday Oct 13, St. Stephen's Cultural
Centre.** UCU is a leading institution for
advancement of civil society in Ukraine and
is involved in an active student exchange
with St. Mary's University, Calgary. Special
guest of Honour, Most Rev. Bishop Borys
Gudziak, Bishop of Paris and President of
UCU. For more Information 403-670-9145.
Tickets on sale Aug 1. Please contact: Ed
Krakiwsky: 403-671-0049; Deborah
Johnson: 403-201-6225; Don Bobyn:
403-830-3515.

**Don't miss out on the KNIGHTS OF
COLUMBUS ANNUAL FALL SUPPER!** This
Saturday, Oct 1. Seating times are 4:30pm
and 6:30pm; Prices: \$20/adult, \$10/6—
12yrs, under 6 free. For tickets please
call Terry: 403-540-0411, Earle: 403-831-
5503, Ron: 403-239-5555, or Ambrose: 403-
862-3269. Tickets available after today's
liturgies as well. Volunteers needed!!
Please sign up at the back of the church

Liturgy Intentions for this week:

Sunday, September 25 - NINETEENTH SUNDAY AFTER PENTECOST:

8:30am – for blessings and good
health for Dick Lotocky

10:30am – for the intentions and
needs of all parishioners

5:00pm – for blessings for good
health for Ann Rondeau

Monday, September 26:

9:00am – for blessings for a speedy
recovery for Orest Horbachewski

Tuesday, September 27:

9:00am – for health and blessings
for Teri

Wednesday, September 28:

No Divine Liturgy

Thursday, September 29:

9:00am – for blessings and
congratulations to Michael and
Margaret Zwyer on their 50th
Wedding Anniversary

Friday, September 30:

10:00am (Westview) – for the inten-
tions and needs of all parishioners

Saturday, October 1: FEAST OF THE PROTECTION OF THE MOTHER OF GOD

9:00am – Festal Divine Liturgy

Sunday, October 2 - TWENTIETH SUNDAY AFTER PENTECOST:

8:30am – for the repose of the soul
of +Victoria Lotocky

10:30am – for blessings on the new
school year for the Ewanchyna
grandchildren

5:00pm – for the intentions and
needs of all parishioners

At St. Stephen Protomartyr we know that we are not perfect, but we strive to grow closer to God in all that we do.

Our faith is Christ-Centered, saturated with sacred scripture, holy Tradition, authentic, profound, and ancient - yet completely relevant.

As a community we understand that we must know, love and serve God and all people in order to become balanced and complete. This call to profound personal intimacy is beautiful and real; both solemn and joyful at the same time.

What's a Byzantine - Ukrainian Catholic Church?

Byzantine Christians are those whose traditions, theology and spirituality flow from the early Church in the Middle East and Eastern Europe. Most Eastern Christians are commonly called Orthodox.

Byzantine Catholics are those who proudly maintain their rich Eastern (Orthodox) liturgical, spiritual and theological ways, and yet are in full communion with the Roman Catholic Church. We recognize the leadership of the Pope of Rome, but are not ourselves Roman Catholic.

Our liturgical life is rich with meaning and actions, that speak to our whole beings. Much of our worship remains unchanged from that of our Fathers and Mothers of the early centuries of Christianity.

At St. Stephen Protomartyr, ALL PEOPLE ARE WELCOME who wish to live a Christian and Catholic way of life, regardless of their ethnic, economic, history or any other backgrounds. We are part of God's Holy Church, here to joyfully lead the life taught by the Risen Christ, reaching out with love and proclaiming His word to all people for the glory of God.

If you are spiritually hungry, and if you are looking for a vibrant community to grow with, we welcome you to check us out at <protomartyr.ca> or visit us in person. We look forward to getting to know you.



KIDS CORNER

Hey Kids—let's have some fun!
Liturgical activity sheets also on the bulletin board by the office.
Solve the puzzle and give it to Fr. Bo.
He would love to see it!

After the Little Entrance, we sing a special hymn:

“Holy God, Holy Mighty, Holy Immortal, have mercy on us.”

Let's see if you can figure out what this hymn means. First, define the words in the hymn. You might want to use a dictionary. Then, fill in the blanks by writing the correct word or phrase next to its meaning. Use the words from the list below.

Immortal

God

Have mercy on us

Holy

Mighty

Creator of the universe _____
 Great, strong, powerful _____
 Never ending, will live forever _____
 Deserves respect and honor, special _____
 Forgive us and help us _____

When you look at the meanings of all of the words in the hymn, you can see that we are giving God the highest praise. We worship God alone above all things. But sometimes we do not live the way God wants us to. We therefore need to ask Him to have mercy on us.

Would you like to find out the name of this hymn? Change each letter into the letter that comes before it in the alphabet.

U S J T B H J P O I Z N O
 _ _ _ _ _

This hymn is called the _____
 It is also called the **Thrice-Holy Hymn.**