

Address 4903 – 45th Street S.W. Calgary, Alberta Canada T3E 3W5

Office Hours May - July: M-F: 8:30am - 12:00pm 12:30pm - 4:00pm Closed Statutory Holidays Telephone: 403-249-4818, press 0

Facsimile: 403 685-9001

For Pastoral Emergencies: 403-249-4818, press 9

Email: office@Protomartyr.ca

Parish Website: www.saintstephencalgary.ca

Eparchy Website: www.edmontoneparchy.com

DIVINE LITURGIES

Sundays: 8:30am – Ukrainian [chanted] 10:30am – English [choir] 1:00pm – Arabic / English [Melkite] 5:00pm – English [recited & incense free]

Mon/Tues/Thurs/Sat: 9:00am – Enalish **SEPTEMBER 18 - 2016**

SUNDAY AFTER THE EXALTATION OF THE CROSS

Post-feast of the Nativity of the Mother of God; St. Theodora of Alexandria

Troparia and Kontakia

Troparion: You came down from oh high, O Merciful One,* and accepted three days of burial* to free us from our sufferings.* O Lord, our life and our resurrection,* glory be to You.

Glory be to the Father and to the Son and to the Holy Spirit.

Troparion: Your nativity, O Virgin Mother of God,* has made joy known to all the world,* for from you dawned the Sun of Righteousness, Christ our God.* He abolished the curse and gave the blessing;* and by making death of no effect He bestowed on us eternal life.

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion: When You rose from the tomb,* You also raised the dead and resurrected Adam.* Eve exults in Your resurrection,* and the ends of the world celebrate Your rising from the dead,* O most merciful One.

Now and for ever and ever. Amen.

Kontakion: By your birth, O immaculate one,* Joachim and Anna were freed from the reproach of childlessness,* and Adam and Eve* from the corruption of death.* And your people, redeemed from the guilt of their sins,* celebrate as they cry out to you:* "The barren one gives birth to the Mother of God* and nourisher of our life."

Now and for ever and ever. Amen.

Prokeimenon

Epistle Galatians 6:11-18

Brothers and Sisters, see what large letters I make when I am writing in my own hand! It is those who want to make a good showing in the flesh that try to compel you to be circumcised—only that they may not be persecuted for the cross of Christ. Even the circumcised do not themselves obey the law, but they want you to be circumcised so that they may boast about your flesh. May I never boast of anything except the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world. For neither circumcision nor uncircumcision is anything; but a new creation is everything! As for those who will follow this rule—peace be upon them, and mercy, and upon the Israel of God. From now on, let no one make trouble for me; for I carry the marks of Jesus branded on my body. May the grace of our Lord Jesus Christ be with your spirit, brothers and sisters. Amen.

At the end of the Epistle parents may send their children to the back of the church to get candles for the reading of the Holy Gospel.

Alleluia

I have exalted one chosen from the people and with my holy oil anointed him.

verse: My hand shall always be with him and my arm shall make him strong.

I have exalted one chosen from the people and with my holy oil anointed him.

Gospel

John 3:13-17

The Lord said "No one has accorded into

...

Marriage: Arrangements with Fr. Bo.

Baptism-Chrismation-Eucharist: Arrangements with Fr. Bo.

Anointing of the Sick: For emergencies call 403-249-4818, press 9.

Funeral: Arrangements with Fr. Bo.

CLERGY and RELIGIOUS

Priest and Administrator Fr. Bo (Bohdan) Nahachewsky 403-249-4818, ext. 202 <FatherBo@protomartyr.ca>

Deacon and Intern Dcn. Andrij Nykyforuk 403-249-4818, ext 201 <email will be ready next week>

Pastor, St. Basil's Melkite Catholic Church Fr. Ephrem Kardouh 1-514-223-1664 403-249-4818, ext. 302 <emkardouh@gmail.com> <www.facebook.com/St-Basils-Melkite-Greek-Catholic-Church-Calgary-1567658193459037/>

Pastor (on sabbatical): Fr. Mark A. Bayrock 403-249-4818, ext. 201 <frmarkbayrock@mac.com> <www.sviaschenik.com>

PARISH OFFICE

Parish Office Administrator Teri deJonge 403-249-4818, ext. 0 <office@Protomartyr.ca>

MAINTENANCE

John Kowal 403-249-4818, ext. 207 <maintenance@Protomartyr.ca>

HALL RENTAL INQUIRIES

Brett Bernakevitch Director, Parish Centre Management 403-615-9561 <blebernak@amail.com>

Hymn to the Mother of God

O my soul, magnify the Virgin Mary, born from a barren womb.

Communication regime

Praise the Lord from the heavens;* praise Him in the highest.*

Alleluia, alleluia, * alleluia.

SUNDAY SCHOOL

Welcome Back Sunday School

Sunday School starts for a new school year today. Many blessings on all the teachers who volunteer countless hours making our children's experience at Church great.

To have your child join this Sunday School, go to the back of the church during the Epistle reading. They will give you a candle to hold during the Gospel. After venerating the Gospel follow the teacher and the rest

of the students to the classrooms for a adventure that includes scripture stories and magnificent crafts. ALL KIDS aged 3 to 7 welcome.

Are you an adult who wants to understand what the Ukrainian Catholic Church is about? Have you ever though of becoming Baptized or Chrismated / Confirmed? Are you already baptized, but you don't understand your own faith?

Come and join our RCIA Class (Rite of Christian Initiation of Adults). We are a small intimate group of young adults (older adults also welcome, but currently we are all young Adults) who get together on Saturdays to have lunch and to learn about and explore the Church, the Faith and what and why we do the things we do.

Although set up primarily for those who are considering joining the Church, it is for all who are curious about it, baptised or not.

If you are interested in joining our class, please call the parish office at 403-249-4818. Classes begin Oct. 1.



HEY KIDS!

Make the Gospel Book

You can pick up a bigger version of this week's Kid's Divine Liturgy Activity on the bulletin board by the offices.

In order to make you picture of the Gospel Book, you will need to begin by connecting the dots. Then you can draw in icons of Jesus on the Cross, the evangelists Matthew, Mark, Luke & website www.saintstephencalgary.ca/ukrainian-language-classes OR contact Deborah Johnson at 403-201-6225 lornejn@telusplanet.net.



It's now time to "PASS IT ON"! At all liturgies on Sunday September 18 ONLY, we will accept clean, gently used fall and winter clothing, coats, boots, mitts, hats and footwear for all ages (babies to adults) and toys. (Gently used = freshly laundered, in good repair, no animal hair.) It would be wonderful if each family could also donate 1 winter coat.

Please package clothing and label according to gender and size (e.g. boys size 12). We will also accept donations of store-bought cookies and juice boxes, to share with our guests at the Giveaway event.

Please consider giving the gift of your time! We will need volunteers for Collection Day: Sunday Sept. 18, Sort Day: Monday Sept. 19, and Giveaway Day: Saturday Sept. 24. SIGN UP SHEETS ARE NOW IN THE ATRIUM or sign up online at www.saintstephencalgary.ca/ pass-it-on.

Attention Everyone of All Ages: Infants, Children, Youth, Young Adults, Regular Adults, Seniors... Get ready for the most ambitious, incredible, fun, social and educational program in all history:



Potluck at 6pm, Catechesis at 7pm

IN GENERAL:

AGE: Cradle to Grave (via Breakout sessions)

DESCRIPTION: A multi-byzantine parish intergenerational catechetical program with food. Similar to "Generations of Faith", this program starts with a community meal, then goes into a group introduction of the topic of the day, followed by age appropriate breakout sessions.

DATES: Typically twice a month on Fridays. Normally but not always on the 2nd and 4th Fridays. See Schedule to the right.

TIMES: 6:00pm meal; 7pm – 9pm Interactive and Fun Faith Learning This week's Topic: Intro to the program & Who are we as Byzantine Catholics? (A bit of Church History)

Schedule:

6:00-7:00	Meal and cleanup
7:00-7:10	Prayer
7:10-7:30	Intro
7:30-7:40	Split into Breakout Groups
7:40-8:30	Age appropriate Breakout Groups
8:30-8:40	Gather back together
8:40-9:00	Summary and Preview

Potluck Meal:

Our first event will be a Potluck, with large Pots of traditional soups being made by Mirna & Jess.

If your last name begins with the letter "A" through "L" please bring a Main Course. "M-R" please bring a salad or some vegetables. For family names starting with "S-Z" we would love you to bring a dessert (please indicate if it has nuts of any sort).

SEVENTEENTH SUNDAY AFTER PENTECOST:

8:30am – for the repose of the soul for +Helen Keller

10:30am – for repose of the soul of +Peter (Peco) Chorney

5:00pm – for the intentions and needs of all parishioners

Monday, September 12:

9:00am – for blessings for good health for Teri

Tuesday, September 13:

9:00am – for blessings and birthday wishes for Diana Plishka

Wednesday, September 14: THE FEAST OF THE EXALTATION OF THE HOLY CROSS

9:00am – Festal Divine Liturgy

7:00pm – Festal Divine Liturgy

Thursday, September 15:

9:00am – for blessings and congratulations on the 55th Wedding Anniversary of Alex and Rose Storoshenko and good results on the medical tests for Rose

Friday, September 16:

10:00am (Westview) – for blessings for health and wellbeing for Ann Storoschuk

Saturday, September 17:

9:00am – for blessings while you are kept in prayers for Orest Sachkiw & family

Sunday, September 18 -EIGHTEENTH SUNDAY AFTER PENTECOST:

8:30am – for the repose of the soul for +Helen Keller

10:30am – for blessings for good health and comfort for Olga and Frank Kizlyk Scarpari

 Sunday before the Exaltation of the Cross; Post-feast of the Nativity of the Mother of God Saint: Theodora of Alexandria 8:30 am Divine Liturgy: Ukr. 10:30 am Divine Liturgy: Eng. Sunday School Class Begin @ 10:30 Liturgy 1:00 pm Melkite Divine Liturgy 3:00 pm Knight of Columbus Evnet 5:00 pm Divine Liturgy: Eng. 7:00 pm IMPORTANT FAITH FRIDAY MEETING 	12 • 9:00 am Divine Liturgy	 13 9:00 am Divine Liturgy 10:30 am Parish Staff Meeting 6:30 pm Ukrainian Language Classes 7:00 pm Parish Pastoral Council Meeting 	14 (DAY O MAJO Exalt • 9:00 ai • 7:00 pi • 7:00 pi
 18 Sunday after the Exaltation of the Cross Saint: Eumenes, Bishop of Gortyna "Pass It On" Clothing Collection Day Sandwiches for "Drop-In Centre" Blessing of Students, Teachers & other School Staff at each Liturgy Members of PLAST attending 8:30 Liturgy 8:30 am Divine Liturgy: Ukr. 10:30 am Divine Liturgy: Eng. With Sunday School 1:00 pm Melkite Divine Liturgy 5:00 pm Divine Liturgy: Eng. 	 9:00 am Divine Liturgy 7:00 pm Newcomer Committee Meeting 	 20 9:00 am Divine Liturgy 10:30 am Parish Staff Meeting 6:30 pm Ukrainian Language Classes 	21 • 6:30 pi Lan • 7:00 pi Comm
 25 Nineteenth Sunday after Pentecost Saint: Our Venerable Mother Euphrosyne PRAZNYK with Bishop David 8:30 am Divine Liturgy: Ukr. 10:30 am Divine Liturgy: Eng. With Baptism and Sunday School PRAZNYK feast after 10:30 Liturgy 2:00 pm Parish Pastoral Council Meeting with Bishop 1:00 pm Melkite Divine Liturgy 5:00 pm Divine Liturgy: Eng. 	 9:00 am Divine Liturgy 7:00 pm Friends of UCU Meeting 	 27 9:00 am Divine Liturgy 10:30 am Parish Staff Meeting 11:00 am Plus 50 Meeting and Potluck 1:00 pm Certificate of Eastern Christian Traditions 6:30 pm Ukrainian Language Classes 7:00 pm Diocesan Pastoral Care Course 	28 • 7:00 pi Lan • 7:00 pi
2 Twentieth Sunday after Pentecost Saint: The Holy Priest-Martyr Cyprian; the Holy Martyr Justina; and the Holy Andrew, Fool for the Sake of Christ	 9:00 am Divine Liturgy 7:00pm Finance Committee Meeting 	4 • 9:00 am Divine Liturgy • 1:00 pm Certificate	5 • 7:00 pi

F FASTING) IR FEAST: ation of the Holy Cross m Festal Divine Liturgy m Festal Divine Liturgy m Choir Practice	 9:00 am Divine Liturgy 7:00 pm UCWLC Regular General Meeting 	 16 (DAY OF FASTING) CCSD No School 10:00 am Divine Liturgy at West View Lodge 4:00 pm Prosphora Prep 6:00 pm FAITH FRIDAY 	 9:00 am Divine Liturgy 9:00 am Prosphora Baking 4pm Confessions 5pm Vespers
m Ukrainian guage Classes m Property Management ittee Meeting	 9:00 am Divine Liturgy 7:00 pm Pastoral Care Meeting 	 23 (DAY OF FASTING) 9:00am Cabbage Roll Workbee 10:00 am Divine Liturgy at West View Lodge "Pass It On" Clothing Give away at Marlborough Community Centre 	 9:00 am Divine Liturgy "Pass It On" Clothing Give away at Marlborough Community Centre Setup for Parish Praznyk 4pm Confessions 5pm Vespers
m Ukrainian Iguage Classes m Choir Practice	 29 9:00 am Divine Liturgy 9:00 am Cabbage Roll Workbee 6:00pm "Pass It On" Wrap up Dinner 	30 (DAY OF FASTING) • 10:00 am Divine Liturgy at West View Lodge • 1:00 pm KofC Fall Supper Set up • 6:00 pm FAITH FRIDAY	October 1 MAJOR FEAST: Protection of the Mother of God 9:00 am Festal Divine Liturgy 12:00 noon Start of RCIA / Adult Faith Development 4pm Confessions 5pm Vespers 4:30 & 6:30 pm Knights of Columbus Fall Supper
Ukrainian	 9:00 am Divine Liturgy ??? Fr. Bo teaches Icon Workshop in 	 7 (DAY OF FASTING) Fr. Bo teaches Icon Workshop in Edmonton 	8 • Fr. Bo teaches Icon Workshop in Edmonton

LITURGICAL HELP

EPISTLE READERS

8:30am - Myron & Larysa Gellata 10:30am - Darrell Maleski 5:00pm - Jay Lalach

HOSTS/USHERS

8:30am - Myron & Larysa Gellata 10:30am - Darrell Maleski

ROSARY (10:00am): Bill Lewchuk

ARK STORE - Ritchie family

PRAYERS & CATECHESIS

CONFESSIONS: Saturdays at 4:00pm or by appointment.

GREAT VESPERS: Saturdays at 5:00pm. Come join us in this hour of beautiful prayers.

SUNDAY SCHOOL: begins TODAY during the 10:30am Divine Liturgy. All children aged 3 to Gr. 2 are welcome!

MAJOR FEAST OF THE EXALTATION OF THE HOLY CROSS: on Wednesday, Sept. 14. Festal Divine Liturgies at 9:00am and 7:00pm. (this is also a fasting day)

BLESSINGS OF ALL STUDENTS TEACHERS AND SCHOOL STAFF: will take place after each liturgy on September 18th. Invite your friends and family to come and share in the blessings.

RCIA / ADULT CATECHESIS: Are you looking to learn about the Catholic Faith? Do you want to understand the faith you have been raised in? Are you considering getting Baptised? Or Chrismated (Confirmed?) Our RCIA program is for all adults who want to learn about who we are as a church. Our first session begins Sat., October 1 from 12:00 - 3:00pm and runs until Easter (April 16, 2017). More info: contact Fr. Bo.

PASTORAL WORKSHOP - "MAY I SIT WITH

Friday, Nov 4, 6:30 pm – 10:30 pm; and Saturday, Nov 5, 8:00 am – 4:30 pm.

CHILD BAPTISMAL PREP COURSES:

- * October 15, 2016, 10am 4pm
- * January 21, 2017, 10am 4pm
- * March 25, 2017, 10am 4pm

If you know of someone who is pregnant, or who wants to, but has not yet baptised their child, ask them to contact the parish.

PARISH NOTICES

THE OFFICE AND STAFF HAVE NEW EMAIL ADDRESSES:

- Fr. Bo: FatherBo@Protomartyr.ca
- Office: office@Protomartyr.ca
- Maintenance: maintenance@Protomartyr.ca

CALLING ALL ALTER BOYS! Our parish would like to invite all boys, Gr 3 or older, who have received their First Solemn Holy Communion, to serve as an alter boy during the Divine Liturgies. Anyone interested should come to Faith Friday on Sept. 16th where they can meet other alter boys and get an introduction to serving on the alter.

CARDS AND DIVINE LITURGIES: The Pastoral Care Committee sends cards and makes requests for Divine Liturgies on behalf of St. Stephen's parishioners for all of our parishioners. If you know of someone in our Parish Family who the committee should be attending to, please contact Anne Lozinski at 403-241-8905.

PARISH MEETINGS & EVENTS

PARISH COUNCIL MEETING: on Tuesday, Sept. 13 at 7:00pm.

UCWLC REGULAR GENERAL MONTHLY MEETING will be held on September 15th at 7:00pm – please spread the word.

Our first FAITH FRIDAY will take place this Friday, September 16th at 6:00pm (with meal) and 7:00pm with program. days on Sunday, Sept. 18 & Monday, Sept. 19; Set up on Friday, Sept. 23 & Giveaway on Saturday, Sept. 24.

PROPERTY MANAGEMENT MEETING: on Wednesday, Sept. 21 at 7:00pm in the Knights room.

PASTORAL CARE MEETING: on Thursday, Sept. 22 at 7:00pm in the Knights room.

PEROGY WORKBEE—PREP: on Tuesday Sept. 20 at 9:00am – noon.

PEROGY WORKBEE - PINCHING:

on Wednesday Sept. 21 at 9:00am – 1pm. Please consider coming out to help as many hands are needed! For more info contact Carolyn Sclanders at 403-828-4736.

CABBAGE ROLL WORKBEE FOR PRAZNYK: on Friday, Sept. 23 at 9:00am in the kitchen. All welcome!

PRAZNYK DINNER: on Sunday, Sept. 25 at 12:15pm after Divine Liturgy in the hall.

Working Together for Safer Environments: Meeting soon.

Parish Website & Social Media People: Meeting soon.

CONGRATULATIONS

To Mikilo Johnson and **Emily Whitehead** who both received the **Sacraments of Baptism and Chrismation** in our parish yesterday. May God bless you and your family always as you enter into the family Our Lord. Mnohaya Lita!

INVITATIONS

Calgary Friends of Ukrainian Catholic University (UCU) Fundraising Banquet Thursday Oct 13, St. Stephen's Cultural Centre. UCU is a leading institution for advancement of civil society in Ukraine and is involved in an active student exchange with St. Mary's University, Calgary. Special guest of Honour, Most Rev. Bishop Borys Gudziak, Bishop of Paris and President of

conversal exaltation of the freeloas and life of the Cross is celebrated each year on September 14. The Feast commem- both hands so that all of the people gathered could see it. The

orates the finding of the True Cross of our Lord and Savior Jesus Christ by Saint Helen, the mother of the Emperor Constantine.

In the twentieth year of his reign (326), the Emperor Constantine sent his mother Saint Helen to Jerusalem to venerate the holy places and to find the site of the Holy Sepulchre and of the Cross. Relying upon the oral tradition of the faithful, Saint Helen found the precious Cross together with the crosses of the two thieves crucified with our Lord. However, Helen had no way of determining which was the Cross of Christ.

With the healing of a dying woman who touched one of the crosses, Patriarch Macarius of Jerusalem identified the True Cross of Christ.

Saint Helen and her court venerated the Precious and Life-Giving Cross along with many others who came to see this great instrument of Redemption.

THE HOLY CROSS EXALECTION OF

crowd responded with "Lord have mercy". This became the occasion of the institution in all of the Churches of the Exaltation of the Precious Cross, not only in memory of the event of the finding of the Cross, but also to celebrate how an instrument of shame was used to overcome death and bring salvation and eternal life.

The Feast is an opportunity outside of the observances of Holy Week to celebrate the full significance of the victory of the Cross over the powers of the world, and the triumph of the wisdom of God through the Cross over the wisdom of this world. This Feast also gives the Church an opportunity to relish the full glory of the Cross as a source of light, hope and victory for Christ's people. It is also a time to celebrate the universality of the work of redemption accomplished through

the Cross: the entire universe is seen through the light of the Cross, the new Tree of Life which provides nourishment for those who have been redeemed in Christ.

Taken from: http://www.goarch.org/special/listen_learn_share/exaltholycross/index_html

This Major Feast is celebrated this Wednesday. Festal Divine Liturgies will be held at 9am & 7pm. Please join us in this celebration!

(The Synod of Bishops has now declared this and all major feasts obligatory.)

ATTENTION ALL VOLUNTEERS

& THOSE WHO WANT TO EXPLORE THEIR FAITH SERIOUSLY

Certificate in Eastern Christian Traditions.

This certificate includes six 5 week courses: 1> The Theology of Eastern Christianity Part I; 2> The Theology of Eastern Christianity Part II; 3> Worship and Spirituality of Eastern Catholic Churches - Praying with Icons; 5> The Holy Mysteries: An Introduction; Scripture

PROFESSOR: Sr. Dr. Zoe Bernatsky SSMI

WHO IS THIS FOR?: Volunteer catechists; Catholic school teachers; Pastoral Assistants in the parishes; Others whose ministry would be enriched by formal certification in this field (including Pastoral Care Volunteers); General Interest in your personal faith formation

NORMAL COST: \$85.00 per course. "APPROVED PARISH VOLUNTEER" COST: FREE! See Fr. Bo or contact office.

ADDITIONAL INFORMATION: The Certificate in Catholic



It includes courses of approximately 25 hours each over a five week period. Each course requires the completion of readings, assignments, and participation in online discussions.

Students may register online at: <u>http://</u> www.newman.edu/ "Approved Parish Volunteers" will be refunded their tuition when they show us their registration receipt. **REGISTER NOW!**

LET'S LEARN TOGETHER: We are offering a class room so that those interested can take these courses together here in the Church every Tuesday at 1pm. Following the class there will be shared discussion and resources on

IMPORTANT FAITH FRIDAY VOLUNTEER MEETING TODAY at 7pm (Sunday, Sept 11th)

