



# ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

>>WE WELCOME ALL WHO JOIN US TODAY IN WORSHIP!<<

MAY 22 - 2016

## FIRST SUNDAY AFTER PENTECOST SUNDAY OF ALL SAINTS

The Holy Martyr Basiliscus (286-305)

### *Troparia and Kontakia*

*Troparion:* You came down from on high, O Merciful One,\* and accepted three days of burial\* to free us from our sufferings.\* O Lord, our life and our resurrection,\* glory be to You!

Glory be to the Father, and to the Son, and to the Holy Spirit.

*Troparion:* Clothed as in purple and fine linen\* with the blood of Your martyrs throughout the world,\* Your Church cries out to You through them, O Christ God:\* send down Your loving-kindness on Your people;\* grant peace to Your community,\* and to our souls great mercy.

Now and for ever and ever. Amen.

*Kontakion:* O Lord, Master of nature,\* the world offers You the godly martyrs as the first-fruits of nature.\* By their supplications, through the Mother of God,\* preserve Your Church and Your people in profound peace,\* O most merciful One.

### *Prokeimenon*

Pray and give thanks to the Lord our God.

verse: In Judea God is known; His name is great in Israel.

Pray and give thanks to the Lord our God.

### *Epistle*

Hebrews 11:33-12:2

Brothers and Sisters, it is the saints who through faith conquered kingdoms, administered justice, obtained promises, shut the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight. Women received their dead by resurrection. Others were tortured, refusing to accept release, in order to obtain a better resurrection. Others suffered mocking and flogging, and even chains and imprisonment. They were stoned to death, they were sawn in two, they were killed by the sword; they went about in skins of sheep and goats, destitute, perse-



cuted, tormented— of whom the world was not worthy. They wandered in deserts and mountains, and in caves and holes in the ground. Yet all these, though they were commended for their faith, did not receive what was promised, since God had provided something better so that they would not, apart from us, be made perfect.

Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight and the sin that clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfecter of our faith, who for the sake of the joy that was set before him endured the cross, disregarding its shame, and has taken his seat at the right hand of the throne of God.

**At the end of the Epistle parents may send their children to the back of the church to get candles for the reading of the Holy Gospel.**

### **Address**

4903 – 45<sup>th</sup> Street S.W.  
Calgary, Alberta  
Canada T3E 3W5

### **Office Hours May - July:**

M-F: 8:30am - 12:00pm  
12:30pm - 4:00pm  
Closed Statutory Holidays

### **Telephone:**

403-249-4818, press 0

### **Facsimile:**

403 685-9001

### **For Pastoral Emergencies:**

403-249-4818, press 9

### **Email:**

<stephens\_office@shaw.ca>

### **Parish Website:**

<protomartyr.eeparchy.com>

### **Eparchy Website:**

<www.edmontoneparchy.com>

### **DIVINE LITURGIES**

#### **Sundays:**

8:30am – Ukrainian [chanted]  
10:30am – English [choir]  
1:00pm – Arabic / English [Melkite]  
5:00pm – English [recited]

#### **Weekdays:**

8:00am – English  
[9:00am – on Statutory Holidays]

#### **Saturdays:**

9:00am – English

#### **Feast Days: (subject to change)**

9:00am – English  
7:00pm – English

## HOLY MYSTERIES

### Confession:

Sundays and Feast days one-half hour before Divine Liturgies, and by appointment.

**Marriage:** Arrangements with Fr. Mark.

**Baptism-Chrismation-Eucharist:** Arrangements with Fr. Bo.

**Anointing of the Sick:** For emergencies call 403-249-4818, press 9.

**Funeral:** Arrangements with either Pastor: Fr. Mark or Fr. Bo.

## CLERGY and RELIGIOUS

### Pastor:

Fr. Mark A. Bayrock  
403-249-4818, ext. 201  
<frmarkbayrock@mac.com>  
<www.sviaschenik.com>

### Assistant Pastor:

Fr. Bo (Bohdan) Nahachewsky  
403-249-4818, ext. 202  
<fr.bo.nahachewsky@gmail.com>

Pastor, St. Basil's Melkite Catholic Church

Fr. Ephrem Kardouh  
1-514-223-1664  
403-249-4818, ext. 302  
<emkardouh@gmail.com>  
<www.facebook.com/St-Basils-Melkite-Greek-Catholic-Church-Calgary-1567658193459037/>

## PARISH OFFICE

Parish Office Administrator  
Teri deJonge  
403-249-4818, ext. 0  
<stephens\_office@shaw.ca>

## MAINTENANCE

John Kowal  
403-249-4818, ext. 207  
<stephens\_maint@shaw.ca>

## HALL RENTAL INQUIRIES

Brett Bernakevitch  
Director, Parish Centre Management  
403-615-9561  
<blebernak@gmail.com>

## HALL KITCHEN

403-249-4818, ext. 204

## Alleluia

Alleluia, alleluia, alleluia!

verse: The just cried out and the Lord heard them, and delivered them out of their afflictions.

Alleluia, alleluia, alleluia!

verse: The afflictions of the just are many, and out of them all will the Lord deliver them.

Alleluia, alleluia, alleluia!

## Gospel

Matthew 10:32-33, 37-38; 19:27-30

The Lord said to his disciples, "Everyone who acknowledges me before men, I also will acknowledge before my Father in heaven. But whoever disowns me before men, I in turn will disown before my Father in heaven. Anyone who loves father or mother more than me is not worthy of me; and anyone who loves son or daughter more than me is not worthy of me and anyone who does not take up his cross and follow me, is not worthy of me." Then Peter addressed him saying, "Behold, we have left all and followed you; what then shall we have?" And Jesus said to them, "Amen I say

to you that you who have followed me, in the regeneration when the Son of Man shall sit on the throne of his glory, shall also sit on twelve thrones, judging the twelve tribes of Israel. And everyone who has left house, or brothers, or sisters, or father, or mother, or wife, or children, or lands, for my name's sake, shall receive a hundredfold, and shall possess life everlasting. But many who are first now will be last, and many who are last now will be first."

## In place of: "It is truly right ..."

O my soul, magnify the one Divinity in three Persons. Rejoice, O Queen, boast of the virgins and mothers, for every tongue, though capable and eloquent, cannot hymn you as is your due, and every mind is confounded in seeking to comprehend the way in which you gave birth. Wherefore with one accord we glorify you.

## Communion Hymn

Praise the Lord from the heavens;\* praise Him in the highest. \* Rejoice in the Lord, O you just;\* praise befits the righteous.  
Alleluia, alleluia, alleluia!



## Did you know that we are on the doorstep of one of the Church's fasts?

Every year on the Monday after All Saints Sunday we begin the Apostle's Fast. It lasts till June 29th. Since the date of Easter varies from year to year, the length of the fast also varies.

## How should we observe this fasting period?

Well, there are no particular rules set out by the current synod of Bishops for this particular fast. We should at minimum continue to observe the usual "No meat on Friday" rule, and if we are able consider expanding this to Wednesdays and perhaps even Mondays. In the "olden days" we typically would not have any festivities such as marriages or parties of any sort. But today, fasting rules have been relaxed for the faithful to nothing more than the ordinary. My recommendation: Be healthy with your diet. Refrain from sin of course. Also from excess "noise" such as TV, computer games and pointless surfing, cell phones apps that aren't productive, and other unnecessary uses of time that take away from our ability to pray and spend time with our loved ones.

Last Week we forgot to include a "Congratulations", so here it is... one week late.

**Congratulations:** and best wishes to the **Berg family** on the occasion of the Baptism, Chrismation and first Communion, of the servant of God Garrick Xavier, son of Zenon and Andrea Berg. We welcome Garrick into the family of God. Mnohaya Lita! Many Happy Years!





**ST. STEPHEN CHARITABLE  
COMMITTEES, ACTIVITIES &  
ORGANIZATIONS**

**Charity Subcommittee:** Coordinate and market the efforts of all parish charitable activity.

Contact: Eugene Woychyshyn  
587-891-9898;

<eugene.woychyshyn@gmail.com>

**Pass It On:** Donates clothing to needy families in Calgary.

Contact: Theresa Lewchuk  
403-208-0850;

<lewchukt@hotmail.com>

**Men's Dinner:** Annual major church fundraiser for capital expenses plus Inn From the Cold endeavours.

Contact: Greg Bobyn  
403-271-0011; <greg.bobyn@mnpc.ca>

**The Helping Others Network:**

Distributes used furnishings and clothing to the needy.

Contact: Des Peplinski  
403-238-0804; <dlp238@shaw.ca>

**Art Committee:** discusses religious artwork for parish.

Contact: Jim Ochitwa  
<jim.ochitwa@maryngroup.com>

**UCWLC:** Responds to parish and community needs through volunteerism, pastoral works, Ukrainian culture & aid.

Contact: Stacey Bobyn  
403-860-2185  
<sbobyn1@telusplanet.net>

**Knights of Columbus:** Provide financial aid & support for members and their families, and help the sick, needy and disabled in our parish, city and abroad.





Contact: David McMillan  
<s.david.mcmillan@gmail.com>

**Plus 50 Club:** Provides social interaction for parish seniors, promotes Ukrainian cultural events, and raises funds for the parish.

Contact: Ed Tysowski  
403-547-3226; <tysow@shaw.ca>

# MAY / JUNE 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
<b>First Sunday after Pentecost - All Saints Sunday</b>	<b>Our Venerable Father and Confessor Michael, Bishop of Synada (826); Venerable Euphrosyne of Polotsk, Hegumena of the Monastery of the Holy Saviour (1173)</b>	<b>Our Venerable Father Simon of the "Mountain of Wonders" (596)</b>	<b>The Precious Blood of Our Lord Jesus Christ</b>
<b>22</b> 8:30 am Divine Liturgy: Ukr. 10:00 am Elementary School Catechesis 10:30 am Divine Liturgy: Eng. with Children's Homily 1:00 pm Melkite Divine Liturgy 5:00 pm Divine Liturgy: Eng.	<b>23 VICTORIA DAY</b> 9:00 am Divine Liturgy	<b>24</b> 8:00 am Divine Liturgy 7:00 pm UCEF Meeting  <b>7:00 PM WEBSITE AND SOCIAL MEDIA MEETING (ALL WELCOME!)</b>	<b>25</b> 8:00 am Divine Liturgy 1:00 pm Melkite Divine Liturgy 7:00 pm UCEF Meeting
<b>29</b> 8:30 am Divine Liturgy: Ukr. 10:00 am Elementary School Catechesis 10:30 am Divine Liturgy: Eng. 10:30 am Sunday School 1:00 pm Melkite Divine Liturgy 5:00 pm Divine Liturgy: Eng.  <b>UCWLC MOTHER-DAUGHTER LUNCH</b>	<b>30</b> 8:00 am Divine Liturgy 9:00 am Open Icon Studio 7:00 pm Bible Study	<b>31</b> 8:00 am Divine Liturgy 11:00 am Plus 50 Lunch and Meeting	<b>01</b> 9:00 am Divine Liturgy 1:00 pm Melkite Divine Liturgy
<b>05</b> 8:30 am Divine Liturgy: Ukr. 10:00 am Elementary School Catechesis 10:30 am Divine Liturgy: Eng. 10:30 am Sunday School 1:00 pm Melkite Divine Liturgy 5:00 pm Divine Liturgy: Eng.	<b>06</b> 9:00 am Divine Liturgy 7:00 pm Bible Study 7:00 pm Finance Committee Meeting	<b>07</b> 9:00 am Divine Liturgy 7:00 pm Parish Pastoral Council Meeting	<b>08</b> 9:00 am Divine Liturgy 1:00 pm Melkite Divine Liturgy
<b>12</b> 8:30 am Divine Liturgy: Ukr. 10:00 am Elementary School Catechesis 10:30 am Divine Liturgy: Eng. 10:30 am Sunday School 1:00 pm Melkite Divine Liturgy 5:00 pm Divine Liturgy: Eng.	<b>13</b> No Divine Liturgy 7:00 pm Finance Committee Meeting	<b>14</b> No Divine Liturgy 7:00 pm Parish Pastoral Council Meeting	<b>15</b> No Divine Liturgy 1:00 pm Melkite Divine Liturgy 7:00 pm UCEF Meeting

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Third Finding of the Precious Head of the Holy, Precious Prophet, Forerunner and Baptist John; Passion into Eternal Life (1951)</b> <b>Blessed Mykola (Nicholas) Tsehelsky, Priest Martyr</b>	<b>Most Holy Eucharist; The Holy Apostle Carpus, One of the Seventy Disciples</b>	<b>The Holy Priest-Martyr Therapontus (254-59)</b>	<b>Our Venerable Father Nicetas, Bishop of Chalcedon (716-40)</b>
8:00 am Divine Liturgy 9:00 pm LightWeigh Program 10:00 pm Property Management Meeting	<b>26</b> 8:00 am Divine Liturgy  <b>6:30 PM PARISH PASTORAL COUNCIL RETREAT</b>	<b>27</b>  8:00 am Divine Liturgy 10:00 am Westview Liturgy	<b>28</b> 9:00 am Divine Liturgy 5:00 pm Vespers
8:00 am Divine Liturgy 9:00 pm LightWeigh Program	<b>02</b> 9:00 am Divine Liturgy	<b>03</b> 9:00 am Divine Liturgy 10:00 am Westview Liturgy	<b>04</b> 9:00 am Divine Liturgy 10:00 am M.A.F.I.A. Meeting & Playdate 6:00 pm Youth and Young Adult Laser Tag  <b>10:00 AM BAPTISMAL PREPARATION COURSE</b>
8:00 am Divine Liturgy 9:00 pm LightWeigh Program	<b>09</b> 9:00 am Divine Liturgy 10:00 am M.A.F.I.A. Play-date 6:00 pm UCWLC SAGM & Dinner	<b>10</b>  9:00 am Divine Liturgy 10:00 am Westview Liturgy 7:00 pm Religious Education & Youth Programming Meeting	<b>11</b> 9:00 am Divine Liturgy  <b>11:00 AM SSMI DIVINE LITURGY CELEBRATION AT ASSUMPTION (ABVM) AND RECEPTION TO FOLLOW</b>
8:00 am Divine Liturgy 9:00 pm LightWeigh Program 10:00 pm Property Management Meeting	<b>16</b> No Divine Liturgy 10:00 am M.A.F.I.A. Play-date 6:00 pm UCWLC SAGM & Dinner	<b>17</b>  No Divine Liturgy 10:00 am Westview Liturgy	<b>18</b> 9:00 am Divine Liturgy
<b>PARISH PROPERTY RETREAT</b> 			

**St. Stephen's Choir:** Provides music ministry to the parish for liturgical services and other events.  
 Contact: Linda Dudar  
 403-238-0461; <linda.dudar@stmu.ca>

**Prayer & Support Group:** Accepts prayer requests for the confidential needs and intentions of parishioners.  
 Contact: Marilyn Comchi  
 403-220-9624;  
 <marilyncomchi@shaw.ca>

**Support Network:** Provides support, encouragement & help for parishioners facing various difficulties/situations with referrals to services or help they need.  
 Contact: Marilyn Comchi  
 403-220-9624  
 <marilyncomchi@shaw.ca>

**International Trust Fund:** Solicits & invests donations and disburses earned income to international charities in 2<sup>nd</sup> and 3<sup>rd</sup> world countries.  
 Contact: Steve Groch  
 403-239-4699; <swgctc@aol.com>

**Family Support Trust Fund:** Solicits & invests donations and disburses earned income to parishioners in need.  
 Contact: Eugene Woychysyn  
 587-891-9898;  
 <eugene.woychysyn@gmail.com>

**Calgary Pro-Life Association:** Raises funds for educational awareness programs.  
 Contact: John Siroishka  
 403-271-2128;  
 <johnsiroishka@shaw.ca>

**Snowflakes for Zambia:** Raises funds to build schools for orphaned/at risk children in developing countries.  
 Contact: Jeanette O'Reilly  
 403-826-5481  
 <jhendrickson689@gmail.com>

**Parish Library:** A great place to borrow great books about our faith.  
 Contact: Olga Kizlyk Scarpari  
 <ststephens.library@gmail.com>

**ARK Store:** Looking for the perfect religious item? Check it out at the entrance to our hall. Open most Sunday mornings after Liturgy.  
 Contact: Donna Chelack  
 403-764-0811; <dchelack@shaw.ca>



### **Mothers and Fathers in Action**

**(M.A.F.I.A.):** A group for parents and little ones from 'in utero' to Grade 6.

Contact: Zenon Berg

<zenonberg@gmail.com>

**Sunday School:** A program run on most Sundays during the 10:30am Divine Liturgy for preschoolers age 4 through grade 2 children.

Contact: Lynsey Lowey

<lklowey@hotmail.com>

### **First Solemn Communion (FSC):**

Sacramental Classes for children around GRADE 2 who are ready to approach for the Sacraments of Reconciliation and Eucharist on their own.

Contact: Karen McMillan

<s.david.mcmillan@gmail.com>

### **Children of Mary & Altar Servers:**

Elementary school children who have completed their FSC, are encouraged to get involved by serving at the Altar, learning, playing and growing together.

Contact: Fr. Bo Nahachewsky

<fr.bo.nahachewsky@gmail.com>

**Junior Youth & Senior Youth:** This is an active group of Jr. & Sr. High School students who work, play and grow together in Christ.

Contact: Philip Bird

<philipbird@gmail.com>

**Young Adults:** Those aged 18 - 35 are encouraged to gather as a community and learn, embrace and celebrate their faith.

Contact: Philip Bird

<philipbird@gmail.com>

**Adult Catechism (RCIA):** This program is open to Adults and Teens who want to receive the sacraments or just understand the faith.

Contact: Fr. Bo Nahachewsky

<fr.bo.nahachewsky@gmail.com>

**Bible Study:** On many Mondays we study our faith through Sacred Scripture. Join us.

Contact: Fr. Bo Nahachewsky

<fr.bo.nahachewsky@gmail.com>

## **LITURGICAL HELP**

### **EPISTLE READERS**

8:30am - UCWLC

10:30am - UCWLC

5:00pm - UCWLC

### **HOSTS/USHERS**

8:30am - UCWLC

10:30am - UCWLC

**ROSARY** (10:00am): UCWLC

**ARK STORE** - OPEN: Chubaty Family

## **PRAYER & CATECHESIS**

**NOTE: EFFECTIVE JUNE 1, REGULAR WEEKDAY MORNING DIVINE LITURGIES (M-F) WILL CHANGE TO 9:00AM.**

### **ELEMENTARY SCHOOL CATECHESIS CLASS:**

**today** from 10:00am - 10:25am in the boardroom.

**NO SUNDAY SCHOOL TODAY:** Children's Homily at 10:30am Divine Liturgy.

**NO BIBLE STUDY:** on Monday, May 23 due to Victoria Day Holiday. Classes will resume on Monday, May 30 at 7:00pm in the hall. Everyone is welcome!

**GREAT VESPERS:** the final Saturday Vesper service at 5:00pm will take place on May 28. Everyone is welcome. After the end of May, services will resume in September.

**VICTORIA DAY, MONDAY, MAY 23:** Please note Divine Liturgy will be celebrated at 9:00am.

## **PARISH MEETINGS & PROGRAMS**

**LIGHTWEIGH MEETING:** on Wednesday, May 25 at 1:00pm in the boardroom.

**PROSPHORA GROUP:** Preparation on Friday, May 20 and baking on Saturday, May 21.

**WEBSITE AND SOCIAL MEDIA MEETING:** on Tuesday, May 24 at 7:00pm in the Knights Room. All welcome!

**UCEF MEETING:** on Tuesday, May 24 at 7:00pm in the Boardroom.

**PROPERTY MANAGEMENT COMMITTEE MEETING:** on Wednesday, May 25 at 7:00pm in the Boardroom.

**KNIGHTS OF COLUMBUS PANCAKE BREAKFAST TODAY: CANCELLED**

**PARISH OFFICE HOURS:** Office hours will change during the period of May 16 - July 22, 2016 as follows:

Monday - Friday

Open: 8:30am - 12:00pm noon

Closed: 12:00pm - 12:30pm

Open: 12:30pm - 4:00pm

The Parish Office is closed on weekends and statutory holidays.

## **SSMI - "CELEBRATION OF THANKGIVING":**

Our Calgary home of the Sisters Servants of Mary Immaculate has closed. A Thanksgiving Divine Liturgy will be celebrated by Bishop David and clergy at 11:00am, Saturday, June 11, at Assumption of the Blessed Virgin Mary Parish, Calgary. Sr Patricia Lacey, Provincial Superior, and members of the SSMI Community will be attendance. Reception to follow in the hall. Tickets are \$15. For tickets or more information, contact Dennis Yurkiw at 403-818-9883.

## **SATURDAY, AUGUST 27, 2016**

Calgary is celebrating two huge anniversaries: 125 years of Ukrainian settlement in Canada and 25 years of Ukraine's Independence! Gala Banquet and Dance/Zabava with live dance music with Tyt i Tam from Saskatoon and much more, will be held at St. Stephen Protomartyr Ukrainian Catholic Church Parish Hall. Guest speaker is Ukraine's Ambassador to Canada - Andriy Shevchenko. Tickets: \$75/person, \$30/person Dance Only. Proceeds are in support of the Ukrainian Canadian Archives and Museum of Alberta (UCAMA) and the Guardian Angels-Ukraine Project. Organized by the League of Ukrainian Women in Canada, Calgary Branch. St. Stephen parish contact: Eileen Boyko (403-607-7927) or LUWC president, Oksana Kuzyshyn (403-685-1030) or Maria Shysh (403-288-5981).

## **THURSDAY OCTOBER 13, 2016**

The **Calgary Friends of the Ukrainian Catholic University (UCU)** announce that their 8<sup>th</sup> annual fundraiser in support of UCU will be held on Thursday October 13<sup>th</sup>, 2016, with the participation of a special guest, the Most Reverend Bishop Borys Gudziak, Bishop for Ukrainian Catholics in France and also the President of UCU. Details to follow.

## BAPTISMAL PREPARATION COURSE

For all parents who wish to have their child(ren) baptised in the next few months, our next parish course will be held on Saturday, June 4 from 10:00am to 3:30pm/4:00pm. Baptismal prep is required before any baptism may take place. To register, please contact the parish office at <stephens\_office@shaw.ca> or 403-249-4818, ext 0.

**God-parents are encouraged to attend** with the parents to understand their roles and responsibilities, and they need to have a firm and healthy understanding of the faith.

*"Train children in the right way, and when old, they will not stray."* Proverbs 22:6

## "MEN'S SILENT RETREAT WEEKEND": June 10-12 2016

At Mount St. Francis Retreat Centre near Cochrane. <mtfrancis@shaw.ca>

Begins with Dinner at 6pm Friday June 10<sup>th</sup>, through Lunch on Sunday June 12. 1pm.

Lecture sessions based on; " **CREATION: Loving gift of God**"

Silent Retreat is where you can take advantage of the quiet and peaceful environment for reflection and prayer. Opportunities also exist for reconciliation and private interviews with the Franciscan staff. Please call **Ken Moen Jr 403-452-7868** or e-mail:

<ken@certifiedalarms.ca> (email is preferred) for further information or to Register.

Car Pooling is an option.

## SOCIAL MEDIA SAWPY?

We are looking anybody interested in helping us to get into the 21st century with our web-site and social media ministries.

**Join us Tuesday, May 24 at 7:00 PM** @ Church. Contact Laurie Kindrachuk at 403-614-5581 or <laurie.kindrachuk@shaw.ca> if you can help in any way.



## YEEHAW!

It's time to grab your boots and come on out for our Annual

## UKIE STAMPEDE STOMP!

**Saturday, June 25th, 2016**

**St. Stephen's Parish Centre**

**6:00PM** - Doors Open

**7:00PM** - BBQ Steak and Perogie Dinner

**9:00PM** - Entertainment & Dance

**For tickets please contact:**

Terry: 403-540-0411

Ron: 403-239-5555

Ambrose: 403-862-3269



Clothing Collection  
Shared with  
Calgary Families  
in Need

## START SAVING TO

## PASS IT ON!

This event is a partnership between St. Stephen's and the Calgary Catholic School District and is a great way to help Calgary families in need receive free winter clothing! The annual Clothing Collection and Give Away will be held on Sat. Sept. 24, 2016 at Calgary Marlborough Community Association. We will be looking for clean and gently used clothing donations, with a focus on winter items and boots. We will also need volunteers to help our clothing collection on Sun. Sept. 18, the clothing sort day on Mon. Sept. 19, event set up on Friday, Sept. 23 and the Giveaway day on Saturday Sept. 24. Last year we helped make winter bearable for almost 800 people in 4 hours! For information or more details please contact Theresa Lewchuk at 403-815-6055 or <lewchukt@hotmail.com>.

*To the parents of our young children may we suggest...*

*Relax! God put the wiggle in children; don't feel you have to suppress it in God's house. But do prevent them from kicking people in the pews.*

*Sit towards the front where it is easier to see and hear.*

*Quietly explain the parts of the Liturgy to your children.*

*Sing the hymns, pray and voice the responses. Children learn liturgical behaviours by copying you.*

*If you need to leave Liturgy with your child, please feel free to do so, but please come back. You can also take advantage of the "cry room".*

*Remember that the way we welcome children in church directly affects the way they respond to Church, to God and to Christ. Let them know that they are at home in this sacred space.*

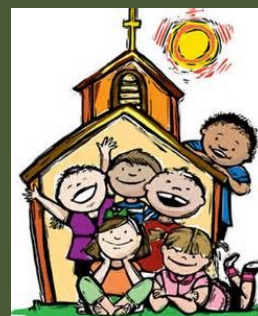
*We love pew art! Please use the blank papers and colouring sheets provided in the "cry room" (not pew envelopes) for your child to draw us some beautiful art. We can hang them on our parish bulletin boards for all to enjoy.*

*Do your best to attend Liturgy on time.*

*In fact we'd love it if you would come up to the priests before service and give them a "high five". When kids know the priest they feel more comfortable.*

*To the members of our parish...*

*A smile of encouragement is always welcome to parents with small, active children.*





At St. Stephen Protomartyr we know that we are not perfect, but we strive to grow closer to God in all that we do.

Our faith is Christ-Centered, saturated with sacred scripture, holy Tradition, authentic, profound, and ancient - yet completely relevant.

As a community we understand that we must know, love and serve God and all people in order to become balanced and complete. This call to profound personal intimacy is beautiful and real; both solemn and joyful at the same time.

What's a Byzantine - Ukrainian Catholic Church?

Byzantine Christians are those whose traditions, theology and spirituality flow from the early Church in the Middle East and Eastern Europe. Most Eastern Christians are commonly called Orthodox.

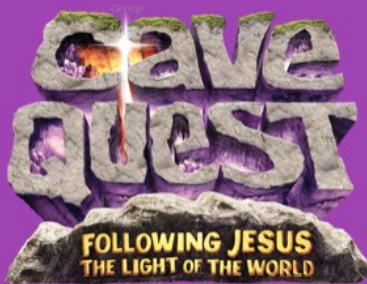
Byzantine Catholics are those who proudly maintain their rich Eastern (Orthodox) liturgical, spiritual and theological ways, and yet are in full communion with the Roman Catholic Church. We recognize the leadership of the Pope of Rome, but are not ourselves Roman Catholic.

Our liturgical life is rich with meaning and actions, that speak to our whole beings. Much of our worship remains unchanged from that of our Fathers and Mothers of the early centuries of Christianity.

At St. Stephen Protomartyr, ALL PEOPLE ARE WELCOME who wish to live a Christian and Catholic way of life, regardless of their ethnic, economic, history or any other backgrounds. We are part of God's Holy Church, here to joyfully lead the life taught by the Risen Christ, reaching out with love and proclaiming His word to all people for the glory of God.

If you are spiritually hungry, and if you are looking for a vibrant community to grow with, we welcome you to check us out at <protomartyr.ca> or visit us in person. We look forward to getting to know you.

## St. Stephen Protomartyr's SUMMER DAY CAMP 2016



Bible and Byzantine Learning Fun  
**July 11 - 15, 2016**

for all kids going into K-6



### Bible and Byzantine Learning Fun

Every morning follow Jesus through Bible adventures, making new friends, incredible music, wild games, amazing crafts and snacks.

Every afternoon explore our Byzantine Catholic faith through dance, music, church exploration, crafts and crazy games.

## REGISTER TODAY

WE NEED TO KNOW HOW MUCH COOL STUFF TO BUY FOR YOU!

MORE INFO IN THE CHURCH'S ATRIUM OR BY EMAIL @ [LKLOWEY@HOTMAIL.COM](mailto:LKLOWEY@HOTMAIL.COM)

THE YOUTH OF ST. STEPHEN PROTOMARTYR  
INVITE YOU TO OUR INDOOR, MASSIVE, ALL-OUT EVENING OF

# LASER

# TAG



**Sat. June 4, 2016 from 6pm till 9pm.**

at St. Stephen Protomartyr Ukrainian Catholic Church  
Only \$5 plus an item for the food bank  
Snacks available for purchase.

equipment and referees  
brought to you by:



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## ALL AGES ARE WELCOME!

TEENS NOT SO YOUNG ADULTS  
KIDS PRE-TEENS  
YOUNG ADULTS

Please bring  
appropriate  
shoes.