

ST. STEPHEN PROTOMARTYR **UKRAINIAN CATHOLIC CHURCH**

>>WE WELCOME ALL WHO JOIN US TODAY IN WORSHIP!<<

JANUARY 31 - 2016

SUNDAY OF MEAT-FARE SUNDAY OF THE LAST JUDGEMENT

The Holy Wonderworkers and Unmercenaries Cyrus and John (284 - 305)

Troparia and Kontakia

Troparion: Let the heavens be glad, let the earth rejoice, for the Lord has done a mighty deed with His arm. He trampled death by death. He became the first-born of the dead; He saved us from the abyss of Hades and granted great mercy to the world.

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever.

Kontakion: When You come on earth, O God, in glory, and the universe trembles, while the river of fire flows before the seat of judgement, and the books are opened and all secrets disclosed, then deliver me from the unquenchable fire, and count me worthy to stand at Your right hand, O Judge Who are most just.

Prokeimenon

Great is our Lord and great is His strength; and of His knowledge there is no end.

verse: Praise the Lord, for a psalm is good; may praise be sweet to Him.

Great is our Lord and great is His strength; and of His knowledge there is no end.

Epistle

1 Corinthians 8:8-9:2

Brothers and Sisters, "Food will not bring us close to God." We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died

are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall. Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are you not my work in the Lord? If I am not an apostle to others, at least I am to you; for you are the seal of my apostleship in the Lord.

At the end of the Epistle parents may send their children to the back of the church to get candles for the reading of the Holy Gospel.

Alleluia

Alleluia, alleluia, alleluia!

verse: Come, let us rejoice in the Lord; let us acclaim God our Saviour.

Alleluia, alleluia, alleluia!

verse: Let us come before His face with praise, and acclaim Him in psalms.

Alleluia, alleluia, alleluia!

Gospel

Matthew 25:31-46

he Lord said, "At that time when the Son of Man shall come in His majesty, and all the angels with Him, then He will sit on the throne of His glory; and before Him will be gathered all the nations, and He will separate them one from another, as the shepherd separates the sheep from the goats; and He will set the sheep on His right hand, but the goats on the left. Then the King will say to those on His right hand, 'Come, blessed of my Father, take possession of the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me to eat; I was thirsty and you gave me to drink; I was a stranger and you took me in; naked and you covered me; sick and you visited me; I was

4903 – 45th Street S.W. Calgary, Alberta

Canada T3E 3W5

Office Hours & Telephone:

M-F: 10:30am - 1:00pm 2:00pm - 6:00pm Closed Statutory Holidays 403-249-4818, press 0

Facsimile: 403 685-9001

For Pastoral Emergencies: 403-249-4818, press 9

<stephens office@shaw.ca>

Parish Website: otomartyr.eeparchy.com>

Eparchy Website: <www.edmontoneparchy.com>

DIVINE LITURGIES

Sundays:

8:30am - Ukrainian [chanted]

10:30am – English [choir] 1:00pm – Arabic / English [Melkite] 5:00pm – English [recited]

Weekdays:

8:00am - English

[9:00am – on Statutory Holidays]

9:00am - English

Feast Days: (subject to change)

9:00am – English 7:00pm – English

HOLY MYSTERIES

Confession:

Sundays and Feast days one-half hour before Divine Liturgies, and by appointment.

Marriage: Arrangements with Fr. Mark.

Baptism-Chrismation-Eucharist: Arrangements with Fr. Bo.

Anointing of the Sick: For emergencies call 403-249-4818, press 9.

Funeral: Arrangements with either Pastor: Fr. Mark or Fr. Bo.

CLERGY and RELIGIOUS

Pastor:

Fr. Mark A. Bayrock 403-249-4818, ext. 201 <frmarkbayrock@mac.com> <www.sviaschenik.com>

Assistant Pastor: Fr. Bo (Bohdan) Nahachewsky 403-249-4818, ext. 202 <fr.bo.nahachewsky@gmail.com>

Pastor, St. Basil's Melkite Catholic Church Fr. Ephrem Kardouh 1-514-223-1664 403-249-4818, ext. 302 <emkardouh@gmail.com> <www.facebook.com/St-Basils-Melkite-Greek-Catholic-Church-Calgary-1567658193459037/>

Deacons:

Deacon John Doll (retired)
Deacon Richard Nibogie (retired)

Sisters Servants of Mary Immaculate: Sr. Laura Prokop, SSMI 403-230-8171 <ssmicalgary@telus.net>

PARISH OFFICE

Parish Office Administrator Teri deJonge 403-249-4818, ext. 0 <stephens_office@shaw.ca>

MAINTENANCE

John Kowal 403-249-4818, ext. 207 <stephens_maint@shaw.ca>

HALL RENTAL INQUIRIES
Brett Bernakevitch

Brett Bernakevitch
Director, Parish Centre Management
403-615-9561

debernak@gmail.com>

HALL KITCHEN 403-249-4818, ext. 204 in prison and you came to me.' Then the just will answer Him, saying, 'Lord, when did we see You hungry, and feed You; or thirsty, and give You to drink? An when did we see You a stranger, and take You in; or naked, and clothe You? Or when did we see You sick, or in prison, and come to You?' And answering, the King will say to them, 'Amen I say to you, every time you did it for one of these, the least of my brethren, you did it for me.' Then He will say to those on His left hand, 'Go away from me, accursed ones, into the everlasting fire which was prepared for the devil and his ministers. For I was hungry, and you did not give me to eat; I was thirsty and you gave me no drink; I was a stranger and you did not take me in; naked, and you did not

clothe me; sick, and in prison, and you did not visit me.' Then they also will answer and say, 'Lord, when did we see You hungry, or thirsty, or a stranger, or naked, or sick, or in prison, and did not take care of You?' Then He will answer them, saying, 'Amen I say to you, as long as you did not do it for one of these least ones, you did not do it for me.' And these will go into everlasting punishment, but the just into everlasting life."

Communion Hymn

Praise the Lord from the heavens; praise Him in the highest. Rejoice in the Lord, O you just; praise befits the righteous. Alleluia, alleluia, alleluia.

CATECHESIS BY THEODORE THE STUDITE ON MEAT-FARE SUNDAY

onsider the Gospel we are going to listen to, thinking, while the canon is being chanted, about the great and manifest day of the coming of our Lord Jesus Christ, when the Judge will stand the sheep on his right but the goats on his left. And to those on the right He will utter that blessed and most longed for invitation, Come, blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; while to those on the left He will utter that most unwelcome and piteous sentence, Depart from me, accursed, into the everlasting fire that was prepared for the devil and his angels. These words are full of dread, fear and alarm; they should make us, and them, as we reflect fall down and weep and make God merciful to us, before He has come to test those who listen. But although they are thus, let us, I beg, hear and heed the message of the Gospel, striving keenly to serve the Lord with fear and trembling, removing all wickedness from the soul, introducing instead all knowledge of good works, compassionate pity, goodness, humility, meekness, longsuffering, and whatever else is good and estimable, that when we have led lives worthy of the Gospel of Christ we may become heirs of the kingdom of heaven, in Christ Jesus our Lord, to Whom belongs glory and might with the Father and the Holy Spirit, now and for ever, and to the ages of ages. Amen.

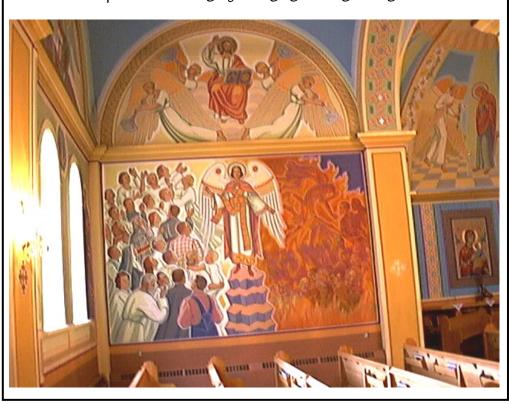


grew up going to St Josaphat's Cathedral in Edmonton. When I think about it now, it seems a bit surreal that my parents packed all of us in a Station Wagon, not an SUV, early Sunday morning, and heading up 97 Street to get there in time for the 9am DLiturgy sung by the choir. My Dido lived ten blocks away, however, and often it was a treat to sleepover SAT night. We'd make it to church in plenty of time to get our favourite seats—right under the main dome. Dido would fall asleep in about ten minutes. So, I'd start looking around at the fascinating (to me) frescoes, and without the benefit of an adult catechesis, wonder what they were about. I would later learn the artist, Julian Butzmaniiuk, c1950s, had a definite idea of what God



the Father looked like (left) and what the Last Judgement looked like (below). As a child | decided | did not like God the Father. (But | liked the Father in the story of the Prodigal Son!) Standing before the Judgement fresco | also remember thinking | did not like anybody in hell, either.

Painted in post WWII times, the images of Hitler and Stalin were to be seen in the bottom right corner, the occupants of Hell. (These images have been redone and rubbed out, however, since a restoration cleanup in 1988.) But the Artist made sure he was in the line going up to heaven! So he painted himself; he can been seen in the bottom left, the person in white, slightly bowing, right hand gesturing. —Fr MArk



Liturgy Intentions for this week:

Sunday, January 31 — Sunday of Meat-Fare:

8:30am – for blessings for Bill Kennedy for his work with the Syrian refugee family

10:30am – in memory for the repose of the souls of the +Swidzinski family 5:00pm – for the intentions and needs of all parishioners

Monday, February 1: 8:00am – for the repose of the soul of +Ellen Lukey

Tuesday, February 2 - Feast of the Presentation of Our Lord: 9:00am – Festal Divine Liturgy 7:00pm – Festal Divine Liturgy

Wednesday, February 3: 8:00am – for the repose of the soul of +Ellen Lukey

Thursday, February 4: 8:00am – for the repose of the soul of +Ellen Lukey

Friday, February 5: 8:00am – for the repose of the soul of +Ellen Lukey

Saturday, February 6: 9:00am – for the repose of the soul of +Ellen Lukey

Sunday, February 7 – Sunday of Cheese-Fare:

8:30am – for healing and recovery for Chuck Haarsma

10:30am – in memory for the repose of the souls of the +Brykalo family 5:00pm – for the intentions and needs of all parishioners

ST. STEPHEN CHARITABLE COMMITTEES, ACTIVITIES & ORGANIZATIONS

Charity Subcommittee: Coordinate and market the efforts of all parish charitable activity.

Contact: Eugene Woychyshyn
587-891-9898;
<eugene.woychyshyn@gmail.com>

Inn From The Cold: Monthly provides food & shelter for Calgary's homeless. Contact: Ambrose Comchi 403-220-9624; awc@shaw.ca

Pass It On: Donates clothing to needy families in Calgary.

Contact: Theresa Lewchuk

403-208-0850; <lewchukt@hotmail.com>

Men's Dinner: Annual major church fundraiser for capital expenses plus Inn From the Cold endeavours. Contact: Greg Bobyn 403-271-0011; <greg.bobyn@mnp.ca>

The Helping Others Network:

Distributes used furnishings and clothing to the needy.
Contact: Des Peplinski
403-238-0804; <dlp238@shaw.ca>

Art Committee: discusses religious artwork for parish.
Contact: Jim Ochitwa
<jim.ochitwa@maryngroup.com>

UCWLC: Responds to parish and community needs through volunteerism, pastoral works, Ukrainian culture & aid.
Contact: Stacey Bobyn 403-860-2185 <sbobyn1@telusplanet.net>

Knights of Columbus: Provide financial aid & support for members and their families, and help the sick, needy and disabled in our parish, city and abroad. Contact: David McMillan <s.david.mcmillan@gmail.com>

Plus 50 Club: Provides social interaction for parish seniors, promotes Ukrainian cultural events, and raises funds for the parish.
Contact: Ed Tysowski
403-547-3226; <tysow@shaw.ca>

WEEKEND 10:30am - Noon

JANUARY / FEBRUARY 2016

SUNDAY	MONDAY	TUESDAY	WE
Sunday of Meat-Fare - Sunday of the Last Judgement; The Holy Wonderworkers and Unmercenaries Cyrus and John (284- 305)	Fore-feast of the Encounter; the Holy Martyr Tryphon (249-51)	THE ENCOUNTER OF OUR LORD GOD AND SAVIOUR JESUS CHRIST	Post- ter; the Sime God a Anna
31 SUNDAY OF MEAT-FARE 8:30 am Divine Liturgy: Ukr. 9:00 am First Solemn Communion Class 10:00 am Elementary School Catechesis 10:30 am Divine Liturgy: Eng. 10:30 am Sunday School 1:00 pm Melkite Divine Liturgy 5:00 pm Divine Liturgy: Eng.	01 8:00 am Divine Liturgy 7:00 pm Bible Study 7:00 pm Finance Committee Meeting	02 FEAST OF THE ENCOUNTER OF OUR LORD 9:00 am Festal Divine Liturgy 7:00 pm Festal Divine Liturgy	03 8:00 a 9:00 a 6:30 p
07 SUNDAY OF CHESSE-FARE 8:30 am Divine Liturgy: Ukr. 9:00 am First Solemn Communion Class 10:00 am Elementary School Catechesis 10:30 am Divine Liturgy: Eng. 10:30 am Sunday School 1:00 pm Melkite Divine Liturgy 5:00 pm Divine Liturgy: Eng.	08 FIRST DAY OF THE GREAT FAST - LENT 6:00 pm Pre-Sanctified Liturgy 7:00 pm Bible Study 7:00 pm Finance Committee Meeting	09 6:00 pm Pre-Sanctified Liturgy 7:00 pm Adult Beginner Language Class 7:00 pm Parish Pastoral Council Meeting	10 6:00 6:30 7:00
14 FIRST SUNDAY OF LENT 8:30 am Divine Liturgy: Ukr. 10:00 am Elementary School Catechesis 10:30 am Divine Liturgy: Eng. (Children's Homily) 1:00 pm Melkite Divine Liturgy 5:00 pm Divine Liturgy: Eng.	15 FAMILY DAY 6:00 pm Pre-Sanctified Liturgy	16 6:00 pm Pre-Sanctified Liturgy 7:00 pm Adult Beginner Language Class Inn From The Cold	17 6:30 p
21 SECOND SUNDAY OF LENT 8:30 am Divine Liturgy: Ukr. 9:00 am First Solemn Communion Class 10:00 am Elementary School Catechesis 10:30 am Divine Liturgy: Eng. 10:30 am Sunday School 1:00 pm Melkite Divine Liturgy 5:00 pm Divine Liturgy: Eng. MARRIAGE PREPARATION	22 6:00 pm Pre-Sanctified Liturgy 7:00 pm Bible Study	23 11:00 AM Plus 50 Lunch and Meeting 6:00 pm Pre-Sanctified Liturgy 7:00 pm Adult Beginner Language Class	24 6:00 p

DNESDAY	THURSDAY	FRIDAY	SATURDAY
east of the Encoun- e Holy and Just on Who Received nd the Prophetess	Post-feast of the Encounter; Our Venerable Father Isidore of Pelusium (408-50)	Post-feast of the Encounter; The Holy Martyr Agatha (249-51)	Leave-taking of the Encoun- ter; Our Venerable Father Boucolus, Bishop of Smyr- na; the Holy Priest-Martyr Sylvanus, Bishop of Emessa and Those with Him
m Divine Liturgy m Cabbage Roll Workbee m Adult Language Class p for Men's Dinner	04 8:00 am Divine Liturgy 1:00 pm LightWeigh Program Set-up for Men's Dinner	8:00 am Divine Liturgy 10:00 am Divine Liturgy at Westview MEN'S DINNER FUNDRAISER	06 9:00 am Divine Liturgy No Vespers
om Pre-Sanctified Liturgy om Adult Language Class om Choir Practice w/ Open House	11 10:00 am M.A.F.I.A. Playdate 1:00 pm LightWeigh Program 6:00 pm Pre-Sanctified Liturgy	12 10:00 am Divine Liturgy at Westview 4:00 pm Prosphora Preparation 6:00 pm Pre-Sanctified Liturgy 7:00 pm Youth Event	13 8:00 am Prosphora Baking Group 9:00 am Divine Liturgy 10:00 am M.A.F.I.A. Meeting and Playdate 5:00 pm Vespers "FIREPROOF" Married Couples Evening Retreat and Dinner 5pm Vespers - 10pm
n From The Cold om Adult Language Class om Property Management Committee Meeting	18 1:00 pm LightWeigh Program 6:00 pm Pre-Sanctified Liturgy	10:00 am Divine Liturgy at Westview 6:00 pm Pre-Sanctified Liturgy MARRIAGE PREPARATION WEEKEND 7pm - 9pm	9:00 am Divine Liturgy w/Sorokousty 5:00 pm Vespers MARRIAGE PREPARATION WEEKEND 9am DLiturgy - 4:30pm
om Pre-Sanctified Liturgy om Adult Language Class	25 1:00 pm LightWeigh Program 6:00 pm Pre-Sanctified Liturgy	26 10:00 am Divine Liturgy at Westview 6:00 pm Pre-Sanctified Liturgy 7:00 pm Youth Event	9:00 am Divine Liturgy w/Sorokousty 5:00 pm Vespers BAPTISMAL PREPARATION COURSE 10am - 4pm

Prayer & Support Group: Accepts prayer requests for the confidential needs and intentions of parishioners.

Contact: Marilyn Comchi
403-220-9624;

<marilyncomchi@shaw.ca>

Support Network: Provides support, encouragement & help for parishioners facing various difficulties/situations with referrals to services or help they need.

Contact: Marilyn Comchi
403-220-9624

<marilyncomchi@shaw.ca>

International Trust Fund: Solicits & invests donations and disburses earned income to international charities in 2nd and 3rd world countries.

Contact: Steve Groch
403-239-4699; <swgctc@aol.com>

Family Support Trust Fund: Solicits & invests donations and disburses earned income to parishioners in need.

Contact: Eugene Woychyshyn
587-891-9898;
<eugene.woychyshyn@gmail.com>

Calgary Pro-Life Association: Raises funds for educational awareness programs.

Contact: John Siroishka
403-271-2128;
<johnsiroishka@shaw.ca>

Snowflakes for Zambia: Raises funds to build schools for orphaned/at risk children in developing countries.

Contact: Jeanette O'Reilly
403-826-5481

specification-

Parish Library: A great place to borrow great books about our faith. Contact: Olga Kizlyk-Scarpari <ststephens.library@gmail.com>

ARK Store: Looking for the perfect religious item? Check it out at the entrance to our hall. Open most Sunday mornings after Liturgy.

Contact: Donna Chelack

403-764-0811 <dchelack@shaw.ca>

Mothers and Fathers in Action

(M.A.F.I.A.): A group for parents and little ones from 'in utero' to Preschool.
Contact: Zenon Berg
<zenonberg@gmail.com>

Sunday School: A program run on most Sundays during the 10:30am Divine Liturgy for preschoolers age 4 through grade 2 children.

Contact: Lynsey Lowey </klowey@hotmail.com>

First Solemn Communion (FSC):

Sacramental Classes for children around GRADE 2 who are ready to approach for the Sacraments of Reconciliation and Eucharist on their own.

Contact: Kathrine Strashok <kathrine@strashok.com>

Children of Mary & Altar Servers:

Elementary school children who have completed their FSC, are encouraged to get involved by serving at the Altar, learning, playing and growing together.
Contact: Dan Oryschak
<Daniel.Oryschak@gmail.com>

Junior Youth & Senior Youth: This is an active group of Jr. & Sr. High School students who work, play and grow together in Christ.
Contact: Dan Oryschak
<Daniel.Oryschak@gmail.com>

Young Adults: Those aged 18 - 35 are encouraged to gather as a community and learn, embrace and celebrate their faith.

Contact: Dan Oryschak <Daniel.Oryschak@gmail.com>

Adult Catechism (RCIA): This program is open to Adults and Teens who want to receive the sacraments or just understand the faith.

Contact: Fr. Bo Nahachewsky <fr.bo.nahachewsky@gmail.com>

Bible Study: On many Mondays we study our faith through Sacred Scripture. Join us.

Contact: Fr. Bo Nahachewsky <fr.bo.nahachewsky@gmail.com>

LITURGICAL HELP

EPISTLE READERS

8:30am - Paul Kyba 10:30am - Glen Kulak 5:00pm - Walter Machny

HOSTS/USHERS

8:30am - Paul & Lynne Kyba 10:30am - Glen Kulak & Family

ROSARY (10:00am): Bill Lewchuk

ARK STORE - OPEN: Longfield Family

PRAYER & CATECHESIS

FIRST SOLEMN COMMUNION: classes **today**, at 9:00am. Please meet in the Knights room.

SUNDAY SCHOOL: classes at 10:30am in the classrooms.

ELEMENTARY SCHOOL CATECHESIS CLASS:

from 10:00am - 10:25am in the classroom, for all children grades 2 -6 who have completed their First Solemn Communion.

BIBLE STUDY: on Monday, Feb. 1 at 7:00pm in the hall. Everyone is welcome!

FEAST OF THE ENCOUNTER OF OUR LORD: on **Tuesday, Feb. 2** with Festal Divine Liturgies at 9:00am and 7:00pm.

LITURGY OF THE PRE-SANCTIFIED GIFTS:

During the Great Fast (Lent), weekday morning Divine Liturgies will be replaced by evening Pre-Sanctified Liturgies at 6:00pm beginning Monday, Feb. 8 (First Day of Lent).

GREAT VESPERS: next on Saturday, Feb. 13 at 5:00pm. We invite all to join in these beautiful evening prayers.

FAMILY SOROKOUSTY RECORDS: Parish families are encouraged to review their existing remembrance list of names. Please contact the parish office to update your family's list, or to create a new one. As Sorokousty is a special remembrance of your departed relatives and friends, every effort should be made to personally attend these services.

SOROKOUSTY SERVICE (Remembrance of the Deceased): will be held with the 9:00am Divine Liturgy on each of the following Saturdays: February 20 and 27

March 5 and May 21

MARRIAGE PREPARATION COURSE: for all couples who are planning to be married in 2016 or early 2017 (and hopefully have already spoken with Fr. Mark), the course will

take place Friday evening, Feb. 19, Saturday, Feb. 20 and culminating on Sunday, Feb. 21. Please register by emailing the parish office at <stephens office@shaw.ca>.

parents who are wanting to have their child/ (ren) baptised in the coming months, the next course will be on Saturday, Feb. 27, 2016 from 10:00am - 4:00pm. Please register through the parish office <stephens_office@shaw.ca>.

PARISH MEETINGS & PROGRAMS

FINANCE COMMITTEE MEETING: on Monday, Feb. 1 at 7:00pm in the boardroom.

ADULT UKRAINIAN LANGUAGE CLASSES: advanced level students on Wednesday, Feb. 3 at 6:30pm in the boardroom.

LIGHT WEIGH PROGRAM: on Thursday, Feb. 4 at 1:00pm in the boardroom.

PARISH PASTORAL COUNCIL MEETING: on Tuesday, Feb. 9 at 7:00pm.

PARISH EVENTS & NOTICES

MEN'S DINNER SILENT AUCTION: Today is the last day for donations to the silent auction. Your support is greatly appreciated. Thank you! Contact Mike Siroishka (403-990-8299) or Dave Ewanchyna (403-560-4003).

2015 PARISHIONER DONATION TAX RECEIPTS: are available for pick-up in the atrium. Please help us save postage by not having to mail these to you. Thank you.

UCWLC 2016 MEMBERSHIP DRIVE: The fee is \$25.00 (both new members and renewals) and can be paid in the atrium TODAY after any Sunday Divine Liturgy. Thank you renewing members and welcome to the new members.

COMMUNITY

SADOCHOK OPEN HOUSE: Feb. 3, 5pm – 7pm at St. Vladimir's 404 Meredith Rd NE. Sadochok is Calgary's only accredited Ukrainian bilingual preschool. Contact: 403-264-3437 or www.ukrainianpreschool.ca.

95th PARISH ANNIVERSARY: Ss Peter & Paul Ukrainian Greek Catholic Parish in Lethbridge with the support of the St. Patrick K of C Council are celebrating their 95th anniversary on Saturday, February 6th with a dinner, dance and auction. Tickets for the dinner and dance are \$35 each and include one free drink ticket. Reserve tickets by calling Omer Corbiere at 1-403-320-8246.



BLESSING OF HOMES

Every priest has their own style and ritual for a blessing of a home; but the essence is the same - to dedicate the family and dwelling into a living temple for the Lord. Call Fr. Mark or Fr. Bo to book your house blessing.



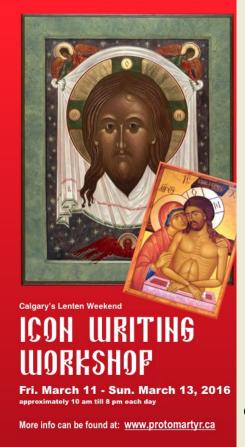
This Valentine's Day Weekend: Ignite Your Marriage

with a Romantic and Spiritual "Dinner and a Movie" Evening Retreat for Married Couples.

Saturday, February 13th

Time: 6:00pm

Cost: \$50.00 per Couple
Tickets: available through the Parish Office.
Registration deadline: Friday, Feb. 5.



ATTENTION: CALLING ALL
THOSE PARISHIONERS WHO
HAVE BEEN YEARNING TO
LEARN TO WRITE AN ICON
OR TO EXPERIENCE THAT
SPECIAL SPIRITUAL
BLESSING ONCE AGAIN!

Join our own in-house Priest-Iconographer Fr. Bo Nahachewsky the weekend of Friday, Mar. 11 through Sunday, Mar. 13.

Cost: \$250 per person.
All materials provided.
Registration is limited.
Deadline to register is

Monday, Feb. 29.
Call or email the Parish Office
to register.

To the parents of our young children may we suggest...

Relax! God put the wiggle in children; don't feel you have to suppress it in God's house. But do prevent them from kicking people in the pews.

Sit towards the front where it is easier to see and hear.

Quietly explain the parts of the Liturgy to your children.

Sing the hymns, pray and voice the responses. Children learn liturgical behaviours by copying you.

If you need to leave Liturgy with your child, please feel free to do so, but please come back. You can also take advantage of the "cry room".

Remember that the way we welcome children in church directly affects the way they respond to Church, to God and to Christ. Let them know that they are at home in this sacred space.

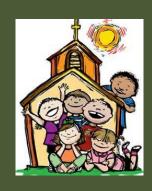
We love pew art! Please use the blank papers and colouring sheets provided in the "cry room" (not pew envelopes) for your child to draw us some beautiful art. We can hang them on our parish bulletin boards for all to enjoy.

Do your best to attend Liturgy on time.

In fact we'd love it if you would come up to the priests before service and give them a "high five". When kids know the priest they feel more comfortable.

To the members of our parish...

A smile of encouragement is always welcome to parents with small, active children.



At St. Stephen Protomartyr we know that we are not perfect, but we strive to grow closer to God in all that we do.

Our faith is Christ-Centered, saturated with sacred scripture, holy Tradition, authentic, profound, and ancient - yet completely relevant.

As a community we understand that we must know, love and serve God and all people in order to become balanced and complete. This call to profound personal intimacy is beautiful and real; both solemn and joyful at the same time.

What's a Byzantine - Ukrainian Catholic Church?

Byzantine Christians are those whose traditions, theology and spirituality flow from the early Church in the Middle East and Eastern Europe. Most Eastern Christians are commonly called Orthodox.

Byzantine Catholics are those who proudly maintain their rich Eastern (Orthodox) liturgical, spiritual and theological ways, and yet are in full communion with the Roman Catholic Church. We recognize the leadership of the Pope of Rome, but are not ourselves Roman Catholic.

Our liturgical life is rich with meaning and actions, that speak to our whole beings. Much of our worship remains unchanged from that of our Fathers and Mothers of the early centuries of Christianity.

At St. Stephen Protomartyr, ALL PEOPLE ARE WELCOME who wish to live a Christian and Catholic way of life, regardless of their ethnic, economic, history or any other backgrounds. We are part of God's Holy Church, here to joyfully lead the life taught by the Risen Christ, reaching out with love and proclaiming His word to all people for the glory of God.

If you are spiritually hungry, and if you are looking for a vibrant community to grow with, we welcome you to check us out at protomartyr.ca> or visit us in person. We look forward to getting to know you.

CITY OF CALGARY RECYCLING - NEW REQUIREMENTS -



New City of Calgary Recycling Bylaw changes are coming into effect throughout 2016 and will affect all individuals and commercial residents. This impacts our Parish and Facilities.

The first immediate change effective February 1, 2016 requires all acceptable paper and cardboard products to be recycled i.e. these are no longer permitted to be thrown in the garbage. We are committed to meeting these requirements and have increased the number of recycling bins throughout our parish facilities, as well as having a separate bin for "Cardboard Recycling" installed next to the waste enclosure located in the north parking lot.

Through each of us making conscientious, diligent efforts to keep recyclables out of the garbage and landfills this ensures that our Parish will not face the dreaded "fines" for non-compliance.

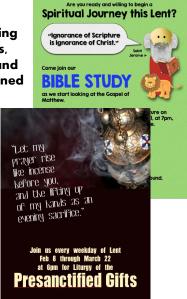
Thank you for your cooperation!

Pierre Loczy, Property Management Director



Many Exciting weekends, programs and events are lined up for the next few months.

CHECK
OUT ALL
OF THE
POSTERS
IN THE
ATRIUM





St. Stephen's choir welcomes all parishioners to a choir "Open

House" on Feb 10th following

the 6:00pm Pre-Sanctified Liturgy. This evening is dedicated to those who may be interested in joining the choir or are



simply choir fans. The evening will consist of a little singing, sharing of a few ideas and lots of fun.

An informal reception will be provided.



"He's here to hit the high notes."