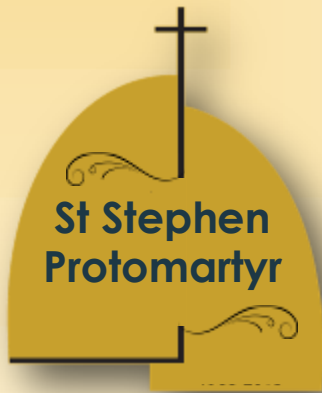


ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

JUNE 4TH, 2023



Address:
4903 – 45th Street S.W.
Calgary, Alberta T3E 3W5 Canada

Office Hours
Mon-Thurs 9:00am -2:00pm

Telephone:
403-249-4818, press 0

Pastoral Emergencies:
403-249-4818, press 9

Email:
Office@Protomartyr.ca
Coordinator@Protomartyr.ca

Parish Website:
www.saintstephencalgary.ca

Parish Calendar:
[www.saintstephencalgary.ca/
calendar1.html](http://www.saintstephencalgary.ca/calendar1.html)

Facebook:
[https://www.facebook.com/
protomartyr.ca](https://www.facebook.com/protomartyr.ca)

Eparchy Website:
www.edmontoneparchy.com

DIVINE LITURGIES:

Sunday Services:
8:30 am—Bilingual
10:05—Rosary
10:30 am – English
Vigil Liturgy, **Saturday** at 5:00 pm

Weekday Services:
Wednesday and Thursdays
9:00am



First Sunday after Pentecost

All Saints Sunday; Our Holy Father Metrophanes, Patriarch of Constantinople (312-37)

Troparia and Kontakia

Troparion, Tone 8: You came down from on high, O Merciful One,* and accepted three days of burial* to free us from our sufferings.* O Lord, our life and our resurrection,* glory be to You!

Troparion, Tone 4: Clothed as in purple and fine linen* with the blood of Your martyrs throughout the world,* Your Church cries out to You through them, O Christ God:* send down Your loving-kindness on Your people;* grant peace to Your community,* and to our souls great mercy.

Glory be to the Father, and to the Son, and to the Holy Spirit, now and for ever and ever. Amen.

Kontakion, Tone 8: O Lord, Master of nature,* the world offers You the godly martyrs as the first-fruits of nature.* By their supplications, through the Mother of God,* preserve Your Church and Your people in profound peace,* O most merciful One.

Prokeimenon, Tone 8

Pray and give thanks to the Lord our God.

verse: In Judea God is known; His name is great in Israel. (Psalm 76:12,2)

Epistle—Hebrews 11:33-12:2

A reading from the Epistle of the Holy Apostle Paul to

the Hebrews.

Brothers and sisters, the saints who through faith subdued kingdoms, worked righteousness, obtained promises, stopped the mouths of lions, quenched the violence of fire, escaped the edge of the sword, out of weakness were made strong, became valiant in battle, turned to flight the armies of the aliens. Women received their dead raised to life again.

Others were tortured, not accepting deliverance, that they might obtain a better resurrection. Still others had trial of mockings and scourgings, yes, and of chains and imprisonment. They were stoned, they were sawn in two, were tempted, were slain with the sword. They wandered about in sheepskins and goatskins, being destitute, afflicted, tormented— of whom the world was not worthy. They wandered in deserts and mountains, *in dens and caves of the earth.*

And all these, having obtained a good testimony through faith, did not receive the promise, God having provided something better for us, that they should not be made perfect apart from us.

Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of *our*



HOLY MYSTERIES

CONFESSION:

Saturdays 4:00 to 4:45 pm
Sundays before the 8 am and 10 am
Liturgies OR by appointment
403-249-4818, ext. 2

MARRIAGE, BAPTISM-CHRISMATION- EUCCHARIST, FUNERALS :

Contact the Sacramental Coordinator
Kim Bombak:
Sacraments@Protomartyr.ca

ANOINTING OF THE SICK:

For emergencies call
403-249-4818, ext. 9

DIVINE LITURGY INTENTIONS :

Arrangements with the office

CLERGY & RELIGIOUS

Pastor :

Fr. Michael Bombak
FatherMichael@Protomartyr.ca
Office:403-249-4818, ext. 1

Pastor, St. Basil's Melkite Greek Catholic Church

Fr. Samer Naaman
stbasilmelkitecalgary@gmail.com
Facebook: St Basils Melkite Greek
Catholic Church Calgary

PARISH OFFICE

Office Administrator:

Linda Buck 403-249-4818, ext. 0
office@Protomartyr.ca

Sacramental Coordinator:

Kim Bombak
403-249-4818 ext 2
Sacraments@Protomartyr.ca

Communications Coordinator:

Mirna Farahat
coordinator@Protomartyr.ca

Ukrainian Newcomer Coordinator:

Anastasia Gyrshanovych
newcomers@protomartyr.ca

HALL RENTAL INQUIRIES

Maria Dwulit,
403-249-4818 ext 5
email: Hall@Protomartyr.ca

faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

Alleluia, Tone 4

verse: The just cried out and the Lord heard them, and delivered them out of their afflictions.

verse: The afflictions of the just are many, and out of them all will the Lord deliver them. (Psalm 33:18,20)

Gospel—Matthew 10:32-33, 37-38; 19:27-30

The Lord said to His disciples, "Whoever confesses Me before men, him I will also confess before My Father who is in heaven. But whoever denies Me before men, him I will also deny before My Father who is in heaven.

"He who loves father or mother more than Me is not worthy of Me. And he who loves son or daughter more than Me is not worthy of Me. And

he who does not take his cross and follow after Me is not worthy of Me.

Then Peter answered and said to Him, "See, we have left all and followed You. Therefore what shall we have?"

So Jesus said to them, "Assuredly I say to you, that in the regeneration, when the Son of Man sits on the throne of His glory, you who have followed Me will also sit on twelve thrones, judging the twelve tribes of Israel. And everyone who has left houses or brothers or sisters or father or mother or wife or children or lands, for My name's sake, shall receive a hundredfold, and inherit eternal life. But many who are first will be last, and the last first."

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest. (Psalm 148:1)* Rejoice in the Lord, O you just;* praise befits the righteous. (Psalm 32:1) Alleluia, alleluia,* alleluia.

Announcements and Upcoming Events

- ❖ From the time of the Monday after All-Saints Sunday to the Feast of Sts. Peter and Paul (June 29th) we engage in the "Apostle's Fast." This is a time to focus on the proclamation of the saving message of the Good News (gospel) about Jesus Christ and His victory over sin and death. What practical steps can I take to help communicate this life saving gospel and be a missionary in my daily life? **During this time, the Church asks us to abstain from meat and meat products on Wednesdays and Fridays.**
- ❖ The Clergy of the Edmonton Eparchy will be meeting this upcoming week for the annual Clergy Retreat, and Fr. Michael will travel directly from the retreat to his Professional Development in Edmonton at St. Joseph Seminary. **Please keep all the clergy in your prayers.** Fr. Anton will serve at St. Stephen's next Sunday, June 11th, while Fr. Michael is away. Typika will be served on Saturday, June 10th. Upcoming UCWLC Meetings : June 8 , 2023 @ 6:30 pm
- ❖ **Children's Summer Bible Camp July 24-28— We only have 5 adult volunteers. We need 8 plus backups to be able to run the camp. Please consider volunteering.** We are working hard to reignite our Children's Summer Bible Camp! For this program to run smoothly we require 8 adult volunteers to help in a fulltime capacity from Mon July 24-Fri July 28. Please contact Kathryn Livesey" <kalivesey@shaw.ca>, "Lynsey Lowey, childrensprogram@protomartyr.ca to offer your support or raise any questions you have.

Sandwich & SNACK SUNDAY June 11th, 2023

UCWLC request parish members and families to participate in supporting the "Street Sisters" who are in need of 65 lunches. **WHAT IS NEEDED?** A loaf of sandwiches, ONLY peanut butter and jam/jelly, Cheeze Whiz or Nutella. Pack each sandwich in individual sandwich bags. **ALSO:** granola bars, juice boxes, bottled water, bags of apples or oranges and fruit cups. Contact Katherine Letwin 403-922-9768 Cell/Text

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1. Create an account or login <https://formed.org/signup>
2. Search for St. Stephen Protomartyr Parish.
3. Enter your name and email and enjoy!



iPraises
App

Find Peace in Prayer.

The Ukrainian Catholic Eparchy of Edmonton embarked on a journey to develop a unique mobile application tailored specifically for Ukrainian Catholics in Canada and around the world. Find more information here : <https://tinyurl.com/k2nrx9ja>



St. Stephen would like to welcome Olesya Matskiv with the Wounded Volunteers Fund (WVF) to our church on Sunday, June 11th. Olesya is the head of the WVF and she began with the WVF by volunteering in Lviv when the war started in Eastern Ukraine Olesya in 2014.

The WVF is a volunteer organization that was established in response to social needs related to the ongoing war in Ukraine. Please consider supporting the Wounded Volunteers Fund.



DIVINE LITURGY INTENTIONS

Saturday, June 3:

- ❖ 9:00am – Blessing of Graves – St. Mary's
- ❖ 11:00am – Blessing of Graves – Eden Brook
- ❖ 1:00pm – Blessing of Graves – Queen's Park
- ❖ 4:00pm - Confessions
- ❖ 5:00pm – for the intentions and needs of all parishioners

Sunday, June 4:

- ❖ 8:30am – for blessings and good health for Don Jumaga
- ❖ 10:30am – for blessings and congratulations to Don & Marcy Bobyn as they celebrate their 60th Wedding Anniversary. Mnohaya Lita!

Wednesday, June 7:

- ❖ 9:00am – CANCELED

Thursday, June 8:

- ❖ 9:00am – CANCELED

Saturday, June 10:

- ❖ 4:00pm – CANCELED - Confessions
- ❖ 5:00pm – Typica

Sunday, June 11:

- ❖ 8:30am – in memory of the repose of the soul of +Fr. Tom Dobrovski
- ❖ 10:30am – for the repose of the soul of +Vasyl and peace and comfort for his family



Please beware of scam emails or messages using Fr. Mike. Hackers are constantly targeting people asking for money or information using other people's information. **Fr. Mike would never send an email or text message asking for money or a favor.** Always call the office directly if you are in any way uncertain.



St Stephen's Kids Summer Camp

July 24-28



Bible and Byzantine Learning Fun

Every morning follow Jesus through bible adventures, making new friends, incredible music, wild games, amazing crafts and snacks. Every afternoon explore our Byzantine Catholic faith through dance, music, church exploration crafts and games.

- ❖ Children Ages: 4 - 12 years
- ❖ Youth entering grade 7 or older & adults are encouraged to volunteer
- ❖ The Fun lasts from: 9:00 am to 3:30 pm.
- ❖ Doors Open: 8:45 am—Half Day: 9:00 am to 12:00 pm
- ❖ Fees: \$100 / child or \$50 / child for half-day program Family rate (3 or more children) \$250
- ❖ Camp Registration: <https://tinyurl.com/2wwhjcu>
- ❖ Volunteers Registration: <https://tinyurl.com/52brc32a>
- ❖ Payments accepted by the church office.
- ❖ Contact: Lynsey Lowey ChildrensPrograms@protomartyr.ca

Дитячий Біблійний Літній Табір при церкві Св. Стефана

24-28 Липня

Вивчення Біблії та Візантії

Щоранку слідує за Ісусом через Біблійні пригоди, нових друзів, неймовірну музику, активні ігри, дивовижні ремесла та снеки. У обідній час досліджуй Візантійську Католицьку віру через танці, музику, церковно-дослідницьке ремесло та ігри.

- ❖ Дитячий вік: 4-12 років
- ❖ Молодь, яка вступає до 7 класу і старше та дорослі, заохочуються до волонтерства
- ❖ Забава триває з 9.00 і до 15.30
- ❖ Двері відкриті: з 8:45 – Півдня: з 9.00 - 12.00
- ❖ Збори/оплата: 100\$/з дитини або 50\$/з дитини на Півдня. Сім'я, в якій 3 і більше дітей 250 \$
- ❖ Регістрація у табір: <https://tinyurl.com/2wwhjcu>
- ❖ Регістрація для волонтерів: <https://tinyurl.com/52brc32a>
- ❖ Оплату можна зробити у церковному офісі.
- ❖ За детальною інформацією пишть Lynsey Lowey ChildrensPrograms@protomartyr.ca

ST. STEPHEN'S



**UKRAINE
SUPPORT
COMMITTEE
(USC)**

Our parish provides support to recent newcomers from Ukraine.

If you have any questions, please contact us at ukrainesupport@protomartyr.ca.

Newcomers: Please register with Anastasia Gyrshanovych at newcomers@protomartyr.ca to get information about how we can help and newcomer events at our church.

Будь-ласка, відправте, будь-ласка, вашу контактну інформацію за адресою newcomers@protomartyr.ca, щоб отримувати інформацію про заходи для новоприбулих у нашій церкві від нашої координаторки для новоприбулих від Анастасія Гиршанович

DONATIONS WELCOME

Please consider a small donation to support our initiative. Please visit our [website](#) for details.



SCAN ME

SUBSCRIBE TO OUR ST STEPHEN'S TELEGRAM CHANNEL

✓ Actual vacancies
✓ Announcements of events for new arrivals
✓ Current and verified news
It can be found at
https://t.me/UANewcomers_StStephens

ПІДПИСУЙТЕСЬ НА НАШ ОФІЦІЙНИЙ ТЕЛЕГРАМ-КАНАЛ УКРАЇНСЬКОЇ ЦЕРКВИ СВ. СТЕФАНА

✓ Актуальні вакансії
✓ Анонси заходів для новоприбулих
✓ Актуальні та перевірені новини

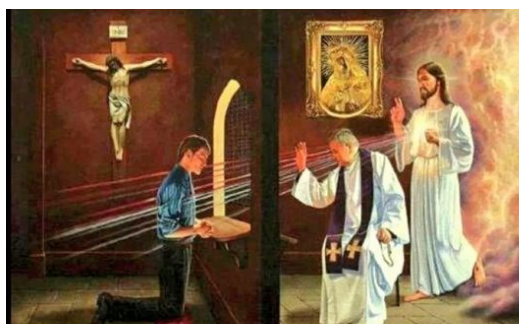


**NEW ALL NEWCOMERS IN NEED OF HOUSEHOLD ITEMS ARE INVITED TO OUR DONATION CENTRE.

Contact Doris Watson at watson.dw@hotmail.com. And to our Calgary community - we welcome your donations of household items. Please contact Doris to make arrangements.

Запрошуємо усіх новоприбулих, які потребують побутових речей для дому, до нашого Донорського Центру. Щоб організувати зустріч у Центр, зв'яжіться з Доріс Ватсон за електронною адресою: watson.dw@hotmail.com
Для спільноти у Калгарі: Ми приймаємо ваші пожертви побутових речей. Щоб домовитись з організацією, також зв'яжіться, будь ласка, з Доріс Ватсон за тією ж адресою.

PREPARING FOR HOLY CONFESSION



The purpose of the Mystery of Repentance is to confront the fact that, in spite of our Baptism into Christ and the putting on of Christ, sin is still in us. We constantly fall away from the

New Life we have received.

This forgiveness is seen most clearly in the Mystery of Repentance. As a Sacrament, it is an encounter in which we meet Jesus Christ and through which we are saved. Christ is seen in His Body the Church, represented by the priest-confessor. Because he stands in the name of His Body, the priest stands in the place of Christ.

At the time of Confession we confess to Christ and before the priest. The priest accepts our confession of sins and our desire to be reconciled on behalf of the Church, the Body of Christ. We are accountable to the other members of this Body. No one member of the Body of Christ stands alone.

The priest not only receives our confession on behalf of the community, but he also invokes God's mercy and forgiveness for us on its behalf. Christ forgives us as the sign of His love for us, and the priest speaks to us of this love as He urges us to return to Christ with all our hearts.

The Mystery of Reconciliation is often called "a second Baptism" or the "Baptism of tears" – a Baptism into Christ Who is the forgiveness of our sins. In this "second Baptism," into Christ we are restored to New Life in Christ in His Church.

THE LORD SAYS: "YOU SHALL LOVE THE LORD YOUR GOD WITH YOUR WHOLE HEART."

- ❖ Is my heart set on God so that I really love him above all things as a child loves its father? Am I faithful to his commandments or am I more concerned about the things of this world? Have I a right intention in what I do?
- ❖ Have I prayed morning and evening? When I pray, do I really raise my mind and heart to God or is it a matter of words only? Do I offer God my difficulties, my joys, and my sorrows? Do I turn to God in time of temptation?
- ❖ Have I love and reverence for God's name? Have I offended him in blasphemy, swearing falsely, or turning his name in vain? Have I shown disrespect for the Mother of God and the saints?
- ❖ Do I keep Sundays and feast days holy by taking a full part, with attention and devotion, in the liturgy.
- ❖ Are there false gods that I worship by giving them greater attention and deeper trust than I give to God: money, superstition, spiritism, or other occult practices?

THE LORD SAYS: "LOVE ONE ANOTHER AS I HAVE LOVED YOU."

- ❖ Have I a genuine love for my neighbors? Or do I use them for my own ends, or do to them what I would

not want done to myself?

- ❖ Have I contributed to the well-being and happiness of the rest of my family by patience and genuine love? Do I share my possessions with the less fortunate? Do I do my best to help the victims of oppression, misfortune, and poverty? Or do I look down on my neighbors, especially the poor, the sick, the elderly, strangers, and people of other races?
- ❖ Does my life reflect the mission I received in baptism and chrismation? Do I share in the apostolic and charitable works of the Church and in the life of my parish?
- ❖ Am I concerned for the good and prosperity of the human community in which I live, or do I spend my life caring only for myself? Do I share to the best of my ability in the work of promoting justice, morality, harmony, and love in human relations?
- ❖ In my work or profession am I just, hardworking, honest, serving society out of love for others? Have I paid a fair wage to my employees? Have I been faithful to my promises and contracts?
- ❖ If I am in a position of responsibility or authority, do I use this for my own advantage or for the good of others, in a spirit of service?
- ❖ Have I been truthful and fair, or have I injured others by deceit, calumny, detraction, rash judgment, or violation of a secret?
- ❖ Have I done violence to others by damage to life or limb, reputation, honor, or material possessions? Have I been responsible for advising an abortion or procuring one? Have I kept up hatred for others? Am I estranged from others through quarrels, enmity, insults, anger? Have I been guilty of refusing to testify to the innocence of another because of selfishness?
- ❖ Have I stolen the property of others? Have I desired it unjustly and inordinately? Have I damaged it? Have I made restitution of other people's property and made good their loss?
- ❖ If I have been injured, have I been ready to make peace for the love of Christ and to forgive, or do I harbor hatred and the desire for revenge?

CHRIST OUR LORD SAYS: "BE PERFECT AS YOUR FATHER IS PERFECT."

- ❖ Where is my life really leading me? Is the hope of eternal life my inspiration? Have I tried to grow in the life of the Spirit through prayer, reading the word of God and meditating on it, receiving the sacraments, self-denial? Have I been anxious to control my vices, my bad inclinations and passions, e.g., envy, love of food and drink? Have I been proud and boastful, despising others as less important than myself? Have I imposed my own will on others, without respecting their freedom and rights?
- ❖ What use have I made of time, of health and strength of the gifts God has given me to be used like the talents in the Gospel? Do I use them to become more perfect every day? Or have I been lazy and too much given to leisure?
- ❖ Have I kept my senses and my whole body pure and chaste as a temple of the Holy Spirit? Have I dishonored my body by fornication, impurity, unworthy conversation or thoughts, evil desires, or actions?
- ❖ Have I gone against my conscience out of fear or hypocrisy?

Source : Eparchy of Newton