

4903 – 45<sup>th</sup> Street S.W. Calgary, Alberta T3E 3W5 Canada

#### Office Hours:

Mon-Friday: 8:30am - 4:00pm Saturday and Sunday - Closed Closed Statutory Holidays

#### Telephone:

403-249-4818, press 0

**Pastoral Emergencies:** 403-249-4818, press 9

#### Email:

Office@Protomartyr.ca

Coordinator@Protomartyr.ca

#### Parish Website:

www.saintstephencalgary.ca

#### Facebook:

St. Stephen Protomartyr Ukrainian Catholic Church

#### **Eparchy Website:**

www.edmontoneparchy.com

#### **DIVINE LITURGIES**

#### **Sunday Services:**

8:30am - Ukrainian 10:30am - English

1:00pm - Arabic / English [Melkite]

5:00pm - English

#### Weekday Services:

Monday - Saturday - English @ 9:00 am

Friday at Westview - English @ 10:00 am

## ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

>>WE WELCOME ALL WHO JOIN US TODAY IN WORSHIP!<<

#### SEVENTEENTH SUNDAY AFTER PENTECOST

THE PROTECTION OF THE MOST HOLY MOTHER OF GOD,
HOLY APOSTLE ANANIAS, ONE OF THE SEVENTY DISCIPLES; OUR VENERABLE FATHER
ROMAN WHO SANG SWEETLY; PASSING INTO ETERNAL LIFE OF BLESSED NYKYTA BUDKA

#### Troparion and Kontakia

Troparion: You came down from on high, O Merciful One,\* and accepted three days of burial\* to free us from our sufferings.\* O Lord, our life and our resurrection,\* glory be to You.

Troparion: Today we believers radiantly celebrate,\* flooded in light by your coming to us, O Mother of God;\* beholding your pure image,\* we say with contrition:\* shelter us with your precious protection\* and deliver us from every evil,\* entreating Your Son, Christ our God, to save our souls.

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion: Today the Virgin stands before us in the church\* and together with the choirs of saints invisibly prays to God for us.\* Angels are worshipping with hierarchs,\* Apostles exult with prophets,\* for the Mother of God prays in our behalf to the eternal God.

Now and for ever and ever. Amen.

Kontakion: When You rose from the tomb,\* You also raised the dead and resurrected Adam.\* Eve exults in Your resurrection,\* and the ends of the world celebrate Your rising from the dead,\* O most merciful One.

#### Prokeimenon

Pray and give thanks to the Lord our God. *verse:* In Judea God is known; His name is great in Israel.

My soul magnifies the Lord, and my spirit has rejoiced in God my Saviour

### Epistle 2 Corinthians 6:16-7:1

rothers and Sisters, we are the temple of the living God; as God said, "I will live in them and walk among them, and I will be their God, and they shall be my people. Therefore come out from them, and be separate from them, says the Lord, and touch nothing

unclean; then I will welcome you, and I will be your father, and you shall be my sons and daughters, says the Lord Almighty." Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and of spirit, making holiness perfect in the fear of God.

#### Alleluia

Alleluia, Alleluia, Alleluia!

verse: Come, let us rejoice in the Lord; let us acclaim God our Saviour.

verse: Let us come before His countenance with praise and acclaim Him with psalms. verse: Hear, O daughter, and see, and incline your ear.

*verse*: The rich among the people shall entreat your countenance.

#### Gospel

Matthew 15:21-28

t that time, Jesus went away to the district of Tyre and Sidon. Just then a Canaanite woman from that region came out and started shouting, "Have mercy on me, Lord, Son of David; my daughter is tormented by a demon." But he did not answer her at all. And his disciples came and urged him, saying, "Send her away, for she keeps shouting after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before him, saying, "Lord, help me." He answered, "It is not fair to take the children's food and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table." Then Jesus answered her, "Woman, great is your faith! Let it be done for you as you wish." And her daughter was healed instantly.

#### Communion Hymn

Praise the Lord from the heavens;\* praise Him in the highest. (Psalm 148:1)\* I will take the cup of salvation;\* and I will call upon the name of the Lord.\* Alleluia, alleluia,\* alleluia.

#### **HOLY MYSTERIES**

#### Confession:

Sunday 10:00 am −12:00 pm

Saturday @ 8:00-9:00am

Tue & Wed 8:30am—9:00am or by appointment

Marriage, Baptism-Chrismation-Eucharist, Funerals :

Arrangements with the office

#### Anointing of the Sick:

For emergencies call 403-249-4818, press 9

#### **Divine Liturgy Intentions**:

Arrangements with the office

#### **CLERGY and RELIGIOUS**

#### Pastor:

Fr. Mark A. Bayrock 403-249-4818, ext. 201 FatherMark@Protomartyr.ca

#### **Associate Pastor:**

Fr. Bo (Bohdan) Nahachewsky 403-249-4818, ext. 202 FatherBo@Protomartyr.ca

## Pastor, St. Basil's Melkite Greek Catholic Church

Fr. Ephrem Kardouh 1-514-224-1664 403-249-4818, ext. 302 emkardouh@gmail.com

Facebook: St Basils Melkite Greek Catholic Church Calgary

#### PARISH OFFICE

Office Administrator: Linda Buck 403-249-4818, ext. 0 office@Protomartyr.ca

Sacramental Coordinator: coordinator@Protomartyr.ca

#### **MAINTENANCE**

John Kowal 403-249-4818, ext. 207 maintenance@Protomartyr.ca

#### HALL RENTAL INQUIRIES

Brett Bernakevitch

Parish Centre Management

403-615-9561

#### LITURGICAL HELP

#### **EPISTLE READERS**

8:30 am: Paul Kyba

10:30 am: Harry & Annette Kozicki 5:00 pm: Cynthia Tremblay

HOSTS/USHERS 8:30 am— Paul Kyba

10:30— Harry & Annette Kozicki
ROSARY 10:00 am: Donna Korchinkski

**ARK STORE:** Longfield

#### **OCTOBER 8TH**

#### **EPISTLE READERS**

8:30 am: Gerald Strashok 10:30 am: Mark Ewanchyna 5:00 pm: Patricia Harasym

**HOSTS/USHERS** 

8:30 am— Gerald Strashok 10:30— Mark Ewanchyna ROSARY 10:00 am: Bill Lewchuk

ARK STORE: Siroishka

## Father Mark's Farewell will be on October 8<sup>th</sup> following the 10:30 am liturgy.

There will be a short program with a few presentations along with cake and coffee.



St Stephen is proud to offer **LOVE AT LAST BREATH**. Sessions will be held on Friday, Oct 20 6:30 pm and Saturday, Oct 21 8:30 pm. The cost of registration is \$65.00. Please contact Marylin Comchi or office for details. Bursa-

#### Opcoming Workers — Volunteers Needed!

The UCWLC will be preparing cabbage rolls and perogies for the Fall Supper and Christmas, so please mark these dates down and consider coming out to help. Many hands (including men's hands) make lighter work! Hope to see you there!

- ❖ Tues, October 24, 9:00-12:00 perogy work bee prep
- ❖ Wed, October 25, 9:00-1:00 make perogies
- ❖ Tues, November 14, 9:00-12:00 perogy work bee prep
- ❖ Wed, November 15, 9:00-1:00 make perogies



## Praznyk Feast Day & 30<sup>th</sup> Anniversary of the Ordination to the Priesthood of Father Michael Bohun

Sunday October 15, 2017 at Assumption of the Blessed Virgin Mary Ukrainian Catholic Church

- •Divine Liturgy at 10 am, followed by Dinner at 12 Noon.
- •Dinner tickets by advance sale only: \$15 for adults; \$10 seniors and youth 6-16 \$10.
- •To purchase tickets please call Luba Welke 403-256-0076 or Anne Ilnyckyj 403-241-8288.

#### Gift from Calgary realizes Ukrainian seminary's dream

Patriarch Sviatoslav consecrates Holy Trinity Church at Kyiv's Three Holy Hierarchs Seminary; Calgary couple key benefactors.

The gift from Calgary couple, Stan and Marge Owerko, was the primary funding that enabled the seminary to realize its dream of having a church attached to it.

Approximately 40 pilgrims, mostly from Calgary, including family members, accompanied the Owerkos, parishioners of St Stephen Parish, Calgary, to the consecration. "We are so proud of them!" noted Bishop David Motiuk of the Ukrainian Catholic Eparchy of Edmonton, prominent participant in the consecration. Numerous bishops from Ukraine and around the world concelebrated with His Beatitude Patriarch Sviatoslav Shevchuk and Bishop David.



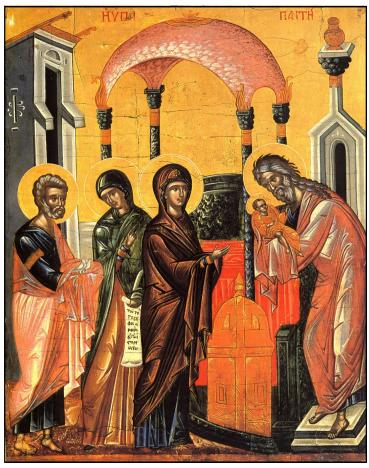




Stan and Marge Owerko, primary benefactors, at the
ssecration of the Holy Trinity Ukrainian Catholic Church,
Kviv

Patriarch and bishops consecrate the altar

#### PRESENTATION OF CHRIST | TEMPLE AND CHURCH



The LORD said to Moses, "Consecrate to me all the first-born; whatever is the first to open the womb among the people of Israel, both of man and of beast, is mine." (Book of Exodus, Chapter 15)

According to the Mosaic law recorded in Exodus, the first-born son of every observant Jew should be dedicated to God in the Temple at Jerusalem forty days after his birth, where the mother would also complete her ritual purification. Forty days after the birth of Christ is celebrated, and bringing the Nativity cycle of feasts to a close, the dedication of the

infant Jesus is remembered as the **Feast of the Presentation** (or Meeting, or Dedication) **of the Lord in the Temple**, known in the West as Candlemas, on Feb 2/15.

Beneath the mere outward act of submission to the Mosaic law by Ss Joseph, Mary, and Jesus lays an epochal point in the history of our salvation. This deeper meaning is revealed in the icons of this feast.

The story of Christ's dedication in the Temple is described in Luke's Gospel (Luke 2: 22-40). The elderly St Symeon, described in hymns as a "priest", is inspired by the Holy Spirit to take up the Christ-child in His arms and declare: "Lord, now let Your servant depart in peace, according to Your word; for my eyes have seen Your salvation." Symeon's recognition of baby Jesus as the Messiah is shown in his deep reverence: bowing low and holding Christ with covered hands. Christ Himself is shown as actively blessing those present, appearing as Lord and Saviour, rather than a helpless babe-in-arms.

The Mother of God has just given her Son into the arms of Symeon, whilst nearby is Anna, recognizable as a prophetess by the scroll she holds: sometimes closed, sometimes open. Completing the scene is Joseph, who brings a sacrificial offering to the Temple. In Leviticus, it states that forty days after the birth of the first-born son, the mother must bring a lamb and a turtledove to the priest as a burnt-offering. "And if she is not able to bring a lamb [i.e. she is too poor], then she may bring two turtledoves or two young pigeons—one as a burnt offering and the other as a sin offering." (Lev 12:8) Joseph is shown with two turtledoves, reinforcing the humble background into which Christ was born. He carries the turtledoves on behalf of Mary, the Mother, which reminds us that despite the doubts described in the Nativity Icon, Joseph is finally reconciled to his betrothed and trusts the infant Jesus to be truly the Messiah.

https://iconreader.wordpress.com/2013/02/17/presentation-of-christ-temple-and-church/

#### LITURGY INTENTIONS

## Sunday, October 1: PROTECTION OF THE MOTHER OF GOD

8:30am – in memory of the repose of the soul of +Walter Dowhaniuk 10:30am – for blessings for health and healing for Verna Mason (Herchak)

5:00pm – for the intentions and needs of all parishioners

#### Monday, October 2:

9:00am – for the intentions and needs of all parishioners

#### **Tuesday, October 3:**

9:00am – for the intentions and needs of all parishioners

#### Wednesday, October 4:

9:00am – for the intentions and needs of all parishioners

#### Thursday, October 5:

9:00am – for the intentions and needs of all parishioners

#### Friday, October 6:

9:00am – for the intentions and needs of all parishioners 10:00am – WestView – for the intentions and needs of all parishioners

#### Saturday, October 7:

9:00am – for the intentions and needs of all parishioners

## Sunday, October 8: 18th SUNDAY AFTER PENTECOST

8:30am – in memory of the repose of the soul of +Peter Lotocky 10:30am – for the intentions and needs of all parishioners 5:00pm – for the intentions and needs of all parishioners

## ST. STEPHEN CHARITABLE COMMITTEES, ACTIVITIES & ORGANIZATIONS

#### Charity Subcommittee:

Coordinates and markets the efforts of all parish charitable activity. Contact: Eugene Woychyshyn 587-891-9898; eugene.woychyshyn@gmail.com

#### Pass It On:

Donates clothing to needy families Contact: Theresa Lewchuk 403-208-0850; lewchukt@hotmail.com

#### Men's Dinner:

Annual major church fundraiser for capital expenses plus Inn From the Cold endeavors. Contact: Greg Bobyn 403-271-0011; greg.bobyn@mnp.ca

#### The Helping Others Network:

Distributes used furnishings and clothing to the needy.
Contact: send an email to connect@helpingothersnetwork.com or call Des Peplinski at 403-238-0804

#### Art Committee:

Studies and plans new religious artwork for parish. Contact: Jim Ochitwa jim.ochitwa@maryngroup.com

#### **UCWLC:**

Responds to parish and community needs through volunteerism, pastoral works, Ukrainian culture & aid. Contact: Stacey Bobyn 403-860-2185 sbobyn1@telusplanet.net

#### **Knights of Columbus:**

Provide financial aid & support for members and their families, and help the sick, needy and disabled in our parish, city and abroad. Contact: Earle Kowalewich at 403-831-5503, earlekoko@shaw.ca

#### Plus 50 Club:

Provides social interaction for parish seniors, promotes Ukrainian cultural events, and raises funds for the parish.
Contact: Ed Tysowski
403-547-3226; tysow@shaw.ca

SUNDAY	MONDAY	Tuesday
1 PROTECTION OF THE MOTHER OF GOD  • 8:30 am Divine Liturgy: Ukrainian  • 10:30 am Divine Liturgy with Sunday School  • 1:00 pm Melkite Divine Liturgy - Arabic  • 5:00 pm Divine Liturgy: English  PASS IT ON COLLECTION DAY	2 • 9:00 am Divine Liturgy • 7:00 pm Bible study  PASS IT ON SORT DAY	3  • 9:00 am Divine Liturgy  • 6:30 pm Ukrainian Language Class  • 6:30 pm Festival Wrap- up meeting  • 7:00 pm Art Committee Mtg
READINGS OF THE DAY: 2 Corinthians 6:16-7:1; Hebrew 9:1-7; Matthew 15:21-28; Luke 10:38-42, 11:27-28  SAINTS OF THE DAY: 17th Sunday after Pentecost; Octoechos Tone 8; The Protection of the Most Holy Mother of God; Holy Apostle Ananias, One of the Seventy Disciples; Our Venerable Father Roman Who Sang Sweetly (560); Passing into eternal life of Blessed Nykyta Budka (1949), First Bishop of Canada and Confessor of Karaganda	Ephesians 4:25-32; Luke 3:19-22 The Holy Priest-Martyr Cyprian; the Holy Martyr Justina; and the Holy Andrew, Fool for the Sake of Christ	Ephesians 5:20-26; Luke 3:23-4:1 The Holy Priest-Martyr Dionysius the Areopagite
8 18TH SUNDAY AFTER PENTECOST  • 8:30 am Divine Liturgy: Ukrainian  • 10:30 am Divine Liturgy No Sunday School and Farewell to Fr. Mark  • 1:00 pm Melkite Divine Liturgy - Arabic  • 5:00 pm Divine Liturgy: English  Fr. Mark's Farewell	• 9:00 am Divine Liturgy • No Bible study  Happy hanksgiving	10  • 9:00 am Divine Liturgy  • 6:30 pm Ukrainian Language Class  • 7:00 pm Choir Mtg  • 7:00 pm PPC Mtg
15 COMMEMORATION OF THE FATHERS OF THE SEVENTH ECUMENICAL COUNCIL  • 8:30 am Divine Liturgy: Ukrainian  • 10:30 am Divine Liturgy with Sunday School  • 1:00 pm Melkite Divine Liturgy - Arabic  • 5:00 pm Divine Liturgy: English  SANDWICHES FOR THE DROP-IN CENTRE	16 • 9:00 am Divine Liturgy • 7:00 pm Bible study • 4th degree Exemplification Mtg	17 • 9:00 am Divine Liturgy • 6:30 pm Ukrainian Language Class
<ul> <li>22 20TH SUNDAY AFTER PENTECOST</li> <li>8:30 am Divine Liturgy: Ukrainian</li> <li>10:30 am Divine Liturgy with Sunday School</li> <li>1:00 pm Melkite Divine Liturgy - Arabic</li> <li>5:00 pm Divine Liturgy: English</li> </ul>	<ul> <li>9:00 am Divine Liturgy</li> <li>7:00 pm Bible study</li> <li>7:00 pm 50th Anniversary Mtg</li> <li>7:00 pm Finance</li> </ul>	<ul> <li>9:00 am Divine Liturgy</li> <li>9:00 am Pyrogy workbee</li> <li>6:30 pm Ukrainian Language Class</li> </ul>

Committee Mtg

## ER 2017

WEDNESDAY	Thursday	FRIDAY	SATURDAY	Contact: Linda Dudar 403-238-0461; lindadudar@shaw.ca
<ul> <li>9:00 am Divine Liturgy</li> <li>7:00pm Ukrainian Language Class</li> <li>7:00pm Finance Committee Mtg</li> </ul>	<ul> <li>9:00 am Divine Liturgy</li> <li>7:00 pm UCWLC Mtg</li> <li>7:00 pm KofC 3rd Degree Mtg</li> </ul>	• 9:00 am Divine Liturgy	7 • 9:00 am Divine Liturgy	Prayer & Support Group:  Accepts prayer requests for the confidential needs and intentions of parishioners. Contact: Marilyn Comchi 403-220-9624; marilyncomchi@shaw.ca
Ephesians 5:25-33; Luke 4:1-15  The Holy Priest-Martyr Hierotheus, Bishop of Athens; Ammon the Anchorite (350); Vladimir, Prince of Novgorod and his mother, Anne (1051); our Venerable Father Francis of Assisi (1181-1226)	Ephesians 5:33-6:9; Luke 4:16-22 The Holy Martyr Charitina	1 Corinthians 4:9-16; John 20:19-31 † The Holy and Glorious Apostle Thomas	1 Corinthians 15:39-45; Luke 4:31-36 The Holy Martyrs Sergius and Bacchus (293-305)	Provides support, encouragement & help for parishioners facing various difficulties/situations with referrals to services or help they need. Contact: Marilyn Comchi 403-220-9624 marilyncomchi@shaw.ca  International Trust Fund: Solicits & invests donations and disburses earned income to international charities in 2 <sup>nd</sup>
11  • 9:00 am Divine Liturgy  • 7:00 pm Property management Mtg  • 7:00pm Ukrainian Language Class  • 7:00 pm 50th Anniversary Mtg	12 • 9:00 am Divine Liturgy • 7:00 pm KofC 4th Degree Mtg	• 9:00 am Divine Liturgy PASS IT ON SETUP DAY	14 • 9:00 am Divine Liturgy • 10:00am Light Weigh orientation  PASS IT ON GIVEAWAY DAY	and 3 <sup>rd</sup> world countries. Contact: Steve Groch 403-239-4699; swgctc@aol.com  Family Support Trust Fund:  Provides temporary financial support to parishioners in need. Donations to this fund are always welcome. Contact: Eugene Woychyshyn 587-891-9898; eugene.woychyshyn@gmail.com
18 • 9:00 am Divine Liturgy • 7:00pm Ukrainian Language Class	19 • 9:00 am Divine Liturgy	9:00 am Divine Liturgy     6:00 pm Love at last Breath presentation	21  • 9:00 am Divine Liturgy  • 9:00 am Love at last Breath presentation  • 10:00 am Light Weigh	Calgary Pro-Life Association:  Raises funds for educational awareness programs. Contact: John Siroishka 403-271-2128; johnsiroishka@shaw.ca  Parish Library:  A great place to borrow great books about our faith.Contact: Olga Kizlyk Scarpari ststephens.library@gmail.com
<ul> <li>9:00 am Divine Liturgy</li> <li>9:00 am Pyrogy Worbee</li> <li>7:00pm Ukrainian Language Class</li> <li>7:00 pm Choir Practice</li> </ul>	<ul> <li>9:00 am Divine Liturgy</li> <li>5:30 pm UCU Fundraiser</li> </ul>	• 9:00 am Divine Liturgy	28 • 9:00 am Divine Liturgy • 10:00am Light Weigh	ARK Store:  Looking for the perfect religious item? Check it out at the entrance to our hall. Open most Sunday mornings after Liturgy.Contact: Donna Chelack 403-764-0811; dchelack@shaw.ca

St. Stephen's Choir:

Provides music ministry to the parish for liturgical services and other events.

## Mothers and Fathers in Action (M.A.F.I.A.):

A group for parents and little ones from 'in utero' to Grade 6. Contact: Zenon Berg zenonberg@gmail.com

#### Sunday School:

A program run on most Sundays during the 10:30am Divine Liturgy for preschoolers age 4 through grade 2 children. Contact: Lynsey Lowey lklowey@hotmail.com

#### First Solemn Communion (FSC):

Sacramental Classes for children around GRADE 2 who are ready to approach for the Sacraments of Reconciliation and Eucharist on their own. Contact: Karen McMillan s.david.mcmillan@gmail.com

#### Children of Mary & Altar Servers:

Elementary school children who have completed their FSC, are encouraged to get involved by serving at the Altar, learning, playing and growing together. Contact parish office

#### Junior Youth & Senior Youth:

This is an active group of Jr. & Sr. High School students who work, play and grow together in Christ. We are currently looking for a youth group leader, so if interested, please contact parish office

#### Young Adults:

Those aged 18 - 35 are encouraged to gather as a community and learn, embrace and celebrate their faith.

We are currently looking for a young adults leader, so if interested, please contact parish office

#### Adult Catechism (RCIA):

This program is open to Adults and Teens who want to receive the





This past Sunday we hosted the "Festival of the Mother of God". This event went incredibly well, beyond our expectations. Obviously with the joy of the people, the beautiful weather, and the profound messages both to and from the crowd, the Holy Spirit through the prayers of our Lady was moving. Some people even said that they saw in the clouds overhead the Spirit of God revealing Himself.

After this positive event, on Monday the 25th, I celebrated the usual morning liturgy. During the reading of this Gospel we heard the passage where Jesus walked with his crowd to Jericho, and the local blind man shouted out to regain his sight from the Lord. This passage moved me. The blind man of Jericho yelled, just like the Israelites of old yelled in order to have the barriers to their Lord dropped. Like the walls which crumbled, the cloak of the blind man, which would have been his security fell to the ground and the man came to the Lord.

We too dropped something this past weekend when we proclaimed, sung and joyfully shouted on the amplified stage of the festival. We who normally keep ourselves securely nestled in the four walls of our church, opened ourselves to the neighborhood and saw God.

The neighborhood responded too! A lady sitting at the edge of the park, suffering from lung cancer told me how she heard the music, and walked about half a mile from her 5th floor apartment to come and listen AND SING ALONG (even with her bad lungs). People walking by with their dogs looked and greeted us saying "I haven't heard this message for a long while" and continued forward with renewed joy. Even the energy level of our own hearts have been lifted.

Let us not be afraid of yelling out to God! Like the blind man let's chase after Him and drop our security blankets and cling to the Source of Life. May we as a parish not get comfortable in our old routines and spaces, but rather boldly profess His glory to all.

And to those who missed last weekends event... It's not too late! Let us shout out and set the world ablaze with Mis Love.

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A Huge Thank You to all who have donated, volunteered and helped in making the Festival of the Mother of God a successful event.













To the parents of our young children may we suggest...

Relax! God put the wiggle in children; don't feel you have to suppress it in God's house. But do prevent them from kicking people in the pews.

Sit towards the front where it is easier to see and hear.

Quietly explain the parts of the Liturgy to your children.

Sing the hymns, pray and voice the responses. Children learn liturgical behaviours by copying you.

If you need to leave Liturgy with your child, please feel free to do so, but please come back. You can also take advantage of the "cry room".

Remember that the way we welcome children in church directly affects the way they respond to Church, to God and to Christ. Let them know that they are at home in this sacred space.

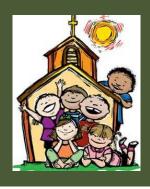
We love pew art! Please use the blank papers and colouring sheets provided in the "cry room" (not pew envelopes) for your child to draw us some beautiful art. We can hang them on our parish bulletin boards for all to enjoy.

Do your best to attend Liturgy on time.

In fact we'd love it if you would come up to the priests before service and give them a "high five". When kids know the priest they feel more comfortable.

To the members of our parish...

A smile of encouragement is always welcome to parents with small, active children.



#### PASS IT ON Today!

PASS Clothing Collection Shared with Calgary Families in Need

We will need volunteers for

♦ Sort Day: Monday Oct. 2,

♦ Set Up Day: Friday Oct. 13,

♦ Giveaway Day: Saturday Oct. 14.

SIGN UP SHEETS ARE IN THE ATRIUM or sign up online at www.saintstephencalgary.ca/pass-it-on

Today ONLY from 8:30am - 5:00pm, we will accept clean, gently used fall and winter clothing, coats, boots, mitts, hats and footwear for all ages (babies to adults) and toys. (Gently used= freshly laundered, in good repair, no animal hair.)

It would be wonderful if each family could also donate 1 winter coat.

Please package clothing and label bags by gender and size (e.g. boys size 12). We will also accept donations of store-bought cookies and juice boxes, to share with our guests at the Giveaway event. For more details contact Theresa Lewchuk at 403-815-6055 or lewchukt@hotmail.com.



Light Weigh, a Catholic Faith Based weight loss program A 13 week program which will meet each Saturday beginning with orientation

on Sat Oct 14, from 10 am till 12:00 noon. To order materials and register please call Arlene Franko (403)246-0633

arlenejfranko@gmail.com. Cost: one time only of \$160. Program may be repeated multiple times free of charge. May view additional info about Light Weigh program at www.lightweigh.com

A New Generation for a **New Ukraine** 

> Нове покоління для нової України





Calgary Friends of the Ukrainian Catholic University (UCU)

#### **2017 GALA UKRAINIAN BANQUET**

Please join us for our ninth annual event on THURSDAY, OCTOBER 26, 2017 at 5:30 PM St. Stephen Protomartyr Ukrainian Catholic Cultural Centre 4903 45 Street SW, Calgary

1-866-871-8007

Support UCU and its programs, including its active Student Exchange with St. Mary's University, Calgary

#### Update on upcoming Fundraising Event October 26, 2017.

The Calgary Friends of UCU announce that Yuriy Didula, a graduate of the Ukrainian Catholic University (UCU), has accepted our invitation to be a special guest at the upcoming Ukrainian Gala Banquet in support of UCU.

Mr. Didula, manager of the L'viv Education Foundation's eastern Ukraine portfolio, is helping to re-build damaged areas, and develop a sense of Ukrainian unity, in eastern Ukraine.

Among other things, Mr. Didula has organized volunteers to rebuild living quarters in Kramatorsk and established a badly needed community center. We also note that Ivanka Diman, an UCU graduate and former UCU exchange student in Calgary, is working with Mr. Didula. For more details, please view our Facebook page at https://www.facebook.com/ CalgaryFriendsofUCU/.

The Catholic Psychotherapy Association of Canada (CPAC) exists to serve the Church in Canada and to support our members in their professional work – work that recognizes the truths of and is informed by a Catholic anthropology. We believe that authentic Catholic teaching which encompasses an understanding of the human person, family, and society gives insight into those who suffer and who seek growth for themselves and their relationships. We invite all mental health workers and those who support them, who share in this vision, to join us actively and in their prayers. Friday, November 3

# November 3 & 4, 2017 Catholic Psychotherapy St. Peter's Parish Association of Canada

541 Silvergrove Drive, NW | Calgary, Alberta

12:00 pm ..... registration opens 1:00 pm ...... Rosary 1:30 - 2:30 pm ..... CPAC Annual General Meeting 3:00 pm ...... Chaplet of Divine Mercy 3:30 – 4:00 pm ...... The Spiritual/Psychological Mesh of Sin – Sacramental Freedom (Fr J. Lavigne) 5:30 - 6:30 pm ..... supper 6:45 - 7:00 ...... opening remarks & welcome (E. Peterson) 7:00 - 8:00 pm ...... KEYNOTE: Anxiety, Courage, and Trust in the Therapist's Office (G. Lucki) 8:00 – 8:45 pm ...... panel discussion: professional conscience rights (Dr C. Barry, J. Cameron, Fr J. Lavigne, G. Lucki) 9:00 - 10:00 pm ..... wine & cheese reception

#### Saturday, November 4

8:00 am ...... Rosary, with the parish 8:30 am ...... Holy Mass, with the parish 8:30 - 9:00 am ..... continental breakfast 9:00 – 10:00 am ........... The Impact of Substance Abuse in the Family (J. Pender) 10:15 - 10:45 am ......... Witnessing the Truth About Marriage (Fr D. Dowle) 11:00 - 11:30 am ........ Tiptoing Between Confession and Spiritual Direction (Fr M. Bayrock) 11:45 am - 12:15 pm .... The Devil Made Me Do It (Fr C. Bouvette) 12:15 - 1:00 pm ..... lunch  $1:00-1:30 \ pm$  ...... Anxiety in Action (T. Tomiak) 1:45 - 2:45 pm ...... Mindful Practices for Children and Teens (T. Smith)  $3:00-4:15\ pm$  ..... small group discussions 3:30 pm ...... Confession available, in the parish 4:15 - 4:30 pm ...... closing remarks (W. Ottenbreit)

More details, including registration options, can be found at www.CatholicHealingCanada.ca/conference. Direct questions through email: info@CatholicHealingCanada.ca, or, text: (403) 281-2229.